

# **RAPE AND SEXUAL ABUSE (RASA) CENTRE LIMITED**

## **ANNUAL REPORT YEAR TO 31-03-2021**

**CARING FOR SURVIVORS OF SEXUAL VIOLENCE SINCE 1986**





## FINANCE AND STRATEGIC DEVELOPMENT MANAGER REPORT 2020-21

No one who worked their way through 2020-21 can claim it was anything other than bizarre, sad, frightening and somehow amazing, all at the same time. We each learned a lot more about ourselves and each other, than we knew before all the mayhem began.

We ended our previous year in a flurry of laptop purchasing and learning a whole new language of Zooming, Teams Meetings, Skype, Lateral Flow Tests and of course, Covid-19.

We were, as an organisation, in a very strong position at this time to carry on doing what we do best – supporting survivors of sexual violence, as our counsellors and independent sexual violence advocates transferred, as far as possible, to online working.

Having all our data stored in a remote cloud, somewhere far away, meant we didn't need to carry pen drives around, we just had to log on to our shared database as if we were in the office. Never have we been more delighted to have chosen this route several years previously.

*RASA helped me through a very challenging time. Without the support of this organisation, I wouldn't be the person I am today. EMPOWERED.*

But we were afraid – and not just of an unseen virus. We were afraid of circumstances in which we were locking up abusers and abused, women with their partners, children with their abusing relatives.

These were indeed “unprecedented” times but for some, we were aware, they could have long lasting impacts – impacts we may not even hear about for another thirty years – the length of

time it will take many victims to talk about their abuse happening today.

Certain departments within the government realised the impact on victims and on victim services and throughout the year we were pleased to receive many more grants and supportive funding streams than we had ever known before.

In total, we received £183,387 additional funding due to Covid-19. This funding was used in the main for additional salary cost and new counsellors. (£150,185)

£11,563 was used to cover the increased costs of phone calls (all staff mobiles needed additional data and minutes for working away from the centre) and for memberships and subscriptions to zoom and other online accounts.

The balance was spent on training staff in new modes of counselling and in upskilling and fine-tuning existing specialisms to deal with the new situation and the challenges they were facing. (Single Session Therapy, EMDR, Specific Situation Training, Mindfulness and Relaxation Techniques etc)

We will always be grateful for this additional support, which allowed us to continue to serve our clients effectively. Perhaps a special thank you to The Steve Morgan Foundation that stepped in very early on, quickly assessing the upcoming storm, and allowed us to immediately implement an emergency plan.

We delivered more counselling and support sessions than ever before, albeit in the main, remotely.

And it had surprising results. We found that young people really liked this online working – they actually stayed engaged.



Since finishing my sessions with [REDACTED] I've gone from strength to strength. The absolutely invaluable help RASA has given me has given me my life back in so many ways and I'll forever be thankful. I have recommended RASA to a couple of friends and continue to share Instagram posts for those who might need help. Thank you so much RASA (especially [REDACTED])

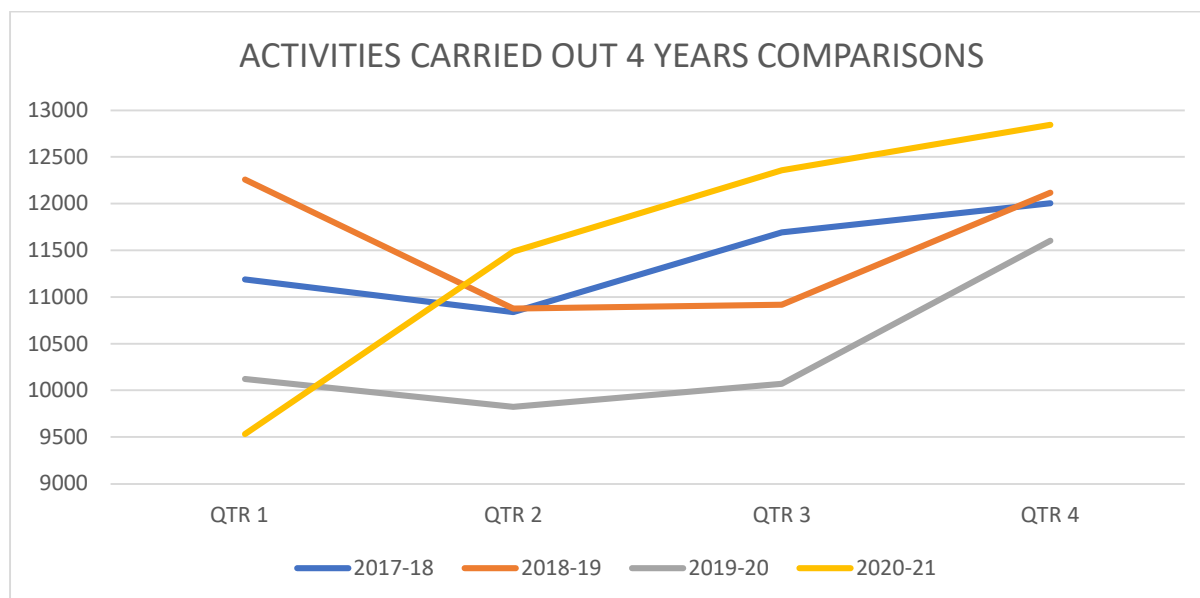
We have been so pleased with outcomes from remote counselling that we are planning to embed it in our standard ways of working in the long term. Advantages of this are – accessible at a time that suits counsellor and client – less pressure on counselling space which has become a big issue as we have grown, and less travel for both parties.

It does of course require additional supervision hours, as counselling, be it remote or in person is strictly regulated within our service and enhanced numbers of hours worked = enhanced counselling requirements.

To have some sort of context, the chart below demonstrates activities carried out each quarter for four years, including this one. The previous three years follow a similar pattern, starting high, dipping in quarter two and then steadily rising again in the fourth quarter, once Christmas is out of the way.

In the first quarter of this year, we witnessed a huge drop in new referrals – and consequent activity, followed by a huge increase in quarter two. The timings and dates correspond exactly with the start and end of restrictions due to Covid-19, but we were so completely overwhelmed by the rush for support in quarter two that our waiting lists started to spiral upwards.

And there were/are many reasons for this. Yes we were gaining many more new clients than ever before, but those clients are/were presenting with ever more complex needs and were staying in service longer as a result. Counsellors were taking on more and more clients in an attempt to control the upward spiral and all our new funding was being invested in additional hours.



Throughout the year, counsellors trained in new techniques such as EMDR, mindfulness, hypnotherapy, relaxation therapy to reduce anxiety and distress.

And so, while we start the new year with a larger waiting list than any of us would like to have, we know that we do so as the best and strongest team that we can be, ready to better serve our clients in the years to come.





And while we can look at facts and figures and reach conclusions through data, we can be proud that we came through the year as a team, without a day of lost service, working in homes across Merseyside, against all odds, surrounded by test kits, battling home schooling, juggling laptops and routers, learning a whole new way of working and still – delivering the best possible aftercare service for survivors of sexual violence in all its forms.

I have never been prouder of RASA

Josephine Wood MBE

Finance and Strategic Development Manager

\*\*\*\*\*

### Annual Report - Clinical Lead

It goes without saying that this year has been like no other (20/21). During the pandemic the impact on survivors of sexual violence can be felt in a multitude of ways. The safety measures to protect ourselves and others from COVID-19 presented unique difficulties to survivors as they navigate challenges, like a change in routine, an interruption to their healing, or loneliness and isolation (just to name a few).

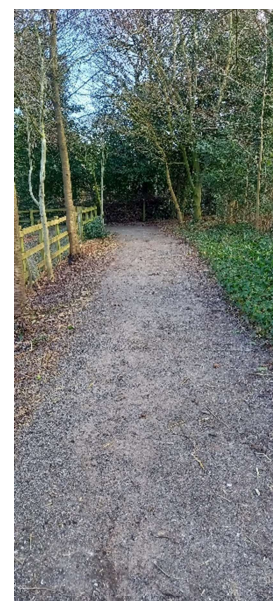
For our clients the known adverse psychological impact of restrictions was self-isolation, which intensified loneliness and reduced a sense of connectedness, purpose and meaning in personal lives, additionally exacerbating sleep problems, anxiety, depression, PTSD symptoms, all of which are already associated with their trauma. And at times therapy had to pause and refocused on the presenting issues the pandemic brought. This meant that clients often spent longer time in therapy.

Additionally, the impact of the Covid-19 pandemic on sexual abuse survivors going through the criminal justice system has been 'huge' with support services nationally reporting referral increases of up to 366 per cent. They also reported supporting clients for much longer periods of time because of the delays now being seen in the criminal justice system.

We also observed a drop in referrals during the pandemic restrictions and now a concerning increase in referrals. The impact of the pandemic has inevitably meant that waiting lists have increased. The opportunity, created by lockdowns, for survivors to sit and reflect, lack of opportunity to engage other coping mechanisms, and broader impacts of the pandemic on mental wellbeing are possible reasons for increased referrals to support services.

Since the outbreak of COVID-19, emerging data, and reports from those on the front lines, have shown that all types of violence against women and girls have increased. The increase in reports of sexual abuse and violence is happening at the same time that services were and still are compromised.

Thankfully we were able to still operate, we did not suspend our support, our responsive approach meant we worked remotely in the first instances of the applied restrictions of the pandemic. We adapted our face-to-face service provision so that this could resume.



*During the Covid-19 pandemic, RASA were able to adapt in a responsive and flexible way to accommodate remote working to ensure staff and clients were kept safe. Existing clients were provided with the option of continuing with their sessions remotely or waiting until face-to-face support could resume. New clients started their sessions remotely either online or over the telephone. RASA checked in with clients on a weekly basis by email and text. This support was described as invaluable during what was already a difficult time for clients, which was then exasperated by the impacts*

*“Over the telephone has been fine because I've been in a safe space. I've been in my own space. So, it's been I've been comfortable enough to talk about things over the phone. It's, it's not been an issue for me whatsoever” (Client 8)*

*of the pandemic, including isolation and limited support networks associated with the national lockdown measures. Whilst many clients were keen to have face-to-face contact, they did find remote support more accessible, reducing travel and allowing them to attend during work hours. RASA were keen to continue to provide a blended offer going forward, giving the clients the option and choice of remote or face-to-face engagement, or a mixture of the two.*

### Development, Training & Research

As we enter 20/21 now is the time to reset our services and service sustainability. Although there is much concerning us when we consider today there is much to be excited about, with additional funding to support us during the pandemic we have been able to both upskill and add to our teams, expanding the ISVA and Children's team, as well as more counsellors coming on board. I have witnessed is overwhelming supportive, strength and courage in difficult times from staff and volunteers, always keeping the client and the heart of the support we provide. Looking ahead I am hugely optimistic.

Although some service development was halted during this time, ideas were shared, and innovative service delivery continues. Research shows that accommodating clients' preferences in therapy can lead to better therapeutic alliances, lower dropout, and improved outcomes. We are endeavouring to offer access a wider choice of therapeutic interventions within in one service. That gives clients choice and a sense of autonomy in their care. To provide therapeutic care that recognises the lifelong psychological and physiological impact.



- **Counselling**– F2F, On-line, Telephone.
- **Pre-trial Therapy**
- **Single Session**- CBT/ REWIND/  
Hypnotherapy - *(Is a therapy that lasts for one single session, so you the client are choosing and agreeing to being able to work with the problem in one 5session. It is a structured session to aim to maximise the therapeutic work).*
- **RADS Groups**- Our RADS group is a clinical hypnotherapy group, providing 3 sessions of clinical hypnotherapy, over a 3 week period, working on reducing your symptoms of anxiety, depression and stress.
- **RASA Group Support**- ‘Taking back control’ This an 8-week group work programme with structured sessions, that involve reflection, discussions, activities and to learn from each other. It will run over 8 consecutive weeks, each session last 2 hours.

## RASA Research Project



We are conducting a review of our service for male survivors of sexual abuse, this involved exploring the services available to support male victims and survivors and the new framework for working with male victims and survivors. The research will explore the characteristics and help seeking behaviours of male survivors; service provision, use and engagement for male survivors of sexual violence within RASA; the outcomes for male survivors accessing the service; and views on the quality standards for male service provision and if and how they related to RASA service provision and perceived needs of male survivors accessing RASA.

**Title of Project:** A review of service provision for and needs of male survivors of sexual violence within RASA Merseyside undertaken by Liverpool John Moore's University – PHI Public Health Institute. *Full research available 1<sup>st</sup> December 2021.*

\*\*\*\*\*

### Testimony from a client December 2021



I'd like to say a massive thank you to [REDACTED] for all her amazing work in facilitating and guiding my healing journey over the last few months.

At the assessment before we started therapy I was suffering from severe anxiety, depression, and complex PTSD. These issues have controlled my whole life for years and especially the last year making me unable to work, function fully as a parent and having suicidal thoughts. I was in desperate need of help unable to talk to anyone about it. After an assault in the city centre, I was referred to RASA from the police and my sister who recommended them.

[REDACTED] at RASA helped me more than I could have imagined! The talking therapy worked so well for me, it was amazing to have the space for my emotions to be held and learn about healthy relationships. She was very professional, empathetic and a brilliant facilitator in my healing! I cannot thank her enough. She showed me understanding and acceptance on a level which I had never felt in my life.

This was a big step up for me and gave me a lot of confidence to move forward from trauma. I used to have about four hard depression days a week unable to cope and get out of bed, now over 2 weeks on from finishing I've only had 4 hours one day feeling a bit glum in bed. I feel much more comfortable with having moments of different and sad emotions; however, I am not overwhelmed by it anymore and I can easily let it out in a healthy way. After our sessions, I now have no symptoms of depression or PTSD present.

With therapy at RASA, I've learned how value myself so much more and have a happy balanced life. Therapy has changed so much in my life for the better and I really hope many more people can experience this healing service.

Thank you all millions!!

## **April 2021 End of Year Report – Ally Cavanagh - Liverpool ISVA and Counsellor**



The end of the financial year for RASA Merseyside in 2021 brings with it the end of one of the strangest and most challenging 12 months of the past decade. As we start to see the world opening up once more, recovering from the COVID-19 pandemic, we can now reflect more clearly on the work that has been achieved by RASA staff during such a devastating time for our client base.

I took on the role of Liverpool ISVA in August 2020, as we welcomed a new staff member to take on the Wirral ISVA and assessment officer role and had a mini shake-up of the team. This changeover in and of itself was a strange one; re-entering the office environment whilst also training a new staff member and saying goodbye to the Wirral caseload without having seen them face to face for 6 months. Thankfully our new Wirral ISVA hit the ground running, and the changeover for me to the Liverpool caseload was similarly seamless.

Though after August the UK was going to be hit with more rises in COVID cases and more subsequent lockdowns, RASA Merseyside was given all clear to continue with office work; the MOJ having been in touch to inform us that we are an essential service. This, I feel, reflected the constantly increasing need of our clients throughout the pandemic.

As support systems crumbled and coping strategies became less and less obtainable, RASA clients and their mental health took a huge hit throughout the pandemic; I myself have noticed an increase in suicidal thoughts and intent, requests for appointments and need for contacting GP's. This has all coincided with a grid-locked criminal justice system where court cases were being postponed and officers in charge were inundated, in turn creating further distress for our clients and again a more intense need for support and advocacy. All in all, the last 12 months have been extremely challenging for the role of an ISVA.

Communication between myself and other agencies has been absolutely crucial during this period. Managing a clear and open line of communication between myself and investigating officers has meant that although there have been tremendous delays in cases, clients have nonetheless been fully informed (in most cases) as to the reasons for this. In those cases where communication hasn't been achieved; this has been challenged and dealt with by me as the clients advocate.

In some cases, police officers have reached out to me to let me know just how crucial this has been for their role, where they have often felt that they are letting victims down due to their own work pressures I have been able to link in and manage client expectations and emotions. This has been extremely challenging particularly with an increasingly emotional client base, however reflecting back on the last few months I am proud of having been able to keep clients engaging in the CJS despite increasingly frustrating barriers.

Similarly clear communication with GP surgeries and other support workers has been a must; as support networks have been reduced during lockdown and coping strategies stripped bare, the reflective increase in suicidal thoughts and personal risk for our clients has been a major issue. Managing this risk with our own policies and linking in with mental health







services has fortunately prevented any long-lasting harm. I will say, however, as the NHS has been overwhelmed with COVID-19 I feel that a lot of this risk has been held mainly with the ISVA.

Clients have reported waiting on the phone for hours to arrange a simple mental health or medication check with their GP. I have found myself attempting to meet clients' needs myself by putting 6/7 ISVA support sessions in per day, often feeling that a client left for 3 or 4 weeks without an appointment is a client at severe risk.

As we are starting to come out of the last lockdown and the world seems to be opening up further, I can recognise that the work done for my caseload over the last few months has been intense and in one of my client's own words, "lifesaving".

I can only hope that this work continues to be recognised in the wider community. As always, linking in with domestic violence services has been particularly important.

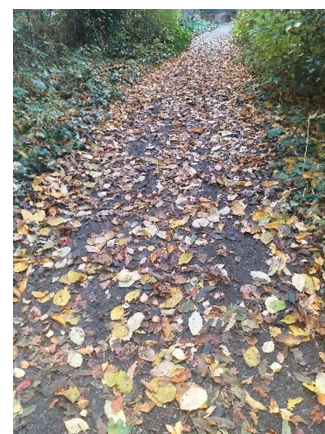
During lockdown we recognise that risk of domestic violence, and violence against children, has been a serious problem in many communities. Being hyper aware of this risk and assessing each individual case fully, as well as linking in with established DV workers has been an imperative.

As already highlighted, it has been a strange time for victims in the criminal justice system in a number of ways. Not only have there been delays in investigation stages, but we have also been contending with cancelled court dates sometimes postponed for 12 months in advance. Emotionally this has been devastating for clients who have spent months building themselves up to attend court. As an ISVA, supporting client mental health whilst keeping them engaged in the process has been tough. In certain cases, news of cancellation/ postponement has been extremely last minute.

My team leader, Sarah Tipton, has been fighting what I know has been a frustrating battle with Crown Court staff in order to ensure clients have good understanding and full reasoning for why their cases have been cancelled or changed. I am aware that this battle still rages on. Over the last few months, I have attended court twice; once for a full trial and once for a section 28. The full trial was, as always, difficult for the client and for me as the ISVA in managing client needs. There were 4 days in total, each delay by "COVID"; we did not receive any further information other than this.

As 2021 moves forward, we are seeing more and more cases go to Section 28 in order to offset a backlog in sexual violence cases and get victims testimony dealt with earlier on rather than wait for their postponed trial date.

This is a positive in terms of Crown Court recognising that the delays and wait to give evidence can be extremely difficult for victims; however, it has also meant that supporting the client is more difficult. As we know, for an ISVA to be in the room whilst a client completes a S28 is a big ask; for most clients the prospect of giving their evidence without this is terrifying.





This leaves a challenge for our role over the next 12 months; fighting for our clients right to have us present during their pre-recorded cross-examination. Fortunately, our team lead has provided a pathway through Crown Court which should make this process easier; for ourselves and for our clients.

In terms of training, I have been able to not only fully complete my ISVA role training but also EMDR and Clinical Hypnotherapy training.

As the new year has progressed, I have recognised that I would personally enjoy using more of my counselling skills where appropriate and as such have embarked on a journey to further develop these skills alongside my ISVA role.

It is an important aspect of our team that we are all trained counsellors, and I am hoping that over the next 12 months we will have more opportunity to use these skills for clients outside of the criminal justice process.

Fortunately, with additional funding during the COVID-19 pandemic I was able to pick up a hypnotherapy group and 2 RASA counselling clients for 3 months, outside of my usual work hours. This work I found enriched my ISVA role as it gave me a broader client perspective, and also provided some respite through a very challenging time in working with victims in the criminal justice process.

In my last report I mentioned work being carried out for the Good Night out Campaign. I, and a member of Public Protection were busy visiting nightlife venues twice a month to deliver training to bar and nightclub staff; empowering them not only to recognise and understand sexual violence in their venues but also to act upon it where appropriate.

Unfortunately, as the pandemic has progressed, the hospitality industry has come to a standstill meaning that this training has been postponed. I have, however, recently been in touch with my training partner and am in the process of confirming future dates. She has also informed me that her manager would like this training to be delivered to Police Officers in Merseyside. This feels like a step in the right direction regarding issues of sexual violence and the need to address it. This, I hope, is a further positive step towards the future for RASA Merseyside and our status as a pillar of the community.

I would like to sign off, as always, by acknowledging the team I have been fortunate to work with for the past 12 months. One of the most challenging aspects of working from home during the COVID 19 pandemic was not having regular access to the support and camaraderie I have learned is crucial to our role.

I am so proud of the work we have done, and continue to do, for our clients during the most challenging of times. At a moment where many services came to a stop, or crumbled under the pressure, I feel RASA Merseyside has taken the baton and ran with it. We have refused to let any of our clients down and have continued to push ourselves to deliver the best possible support. I only hope that this is continued to be recognised well into the future of our fantastic organisation.



Alex Cavanagh – Counsellor and ISVA



### Olivia Lewis - ISVA (Liverpool)

**Summary of day-to-day role: Independent Sexual Violence Advisor for Sefton Area/Assessment Lead. Supporting clients through the criminal justice system who have reported or wish to report to the police. Practical and emotional support.**

Over the past year, I have transitioned from being the Liverpool ISVA to Assessment Lead and Sefton ISVA. I have settled into the role and have become more used to it and am managing my time as efficiently as possible, particularly as I have reduced my working week to four days. The role continues to be demanding, particularly as there is no ISVA waiting list and have continued to be distinctly under resourced staff wise, so the pressure continues to be on. The addition of Nadia to the team has been extremely refreshing and helpful, particularly within my role as Nadia provides assessment support for Liverpool clients.

My line manager has continued to offer support throughout the year and ensured that I continue to implement necessary adjustments in order to sustain an acceptable level of service. She has been very supportive throughout the very unusual and disconcerting circumstances that we have all found ourselves in since March 2020. Recently, we have been informed that as a result of the significantly challenging role that members of staff have needed to take some time off.

This has highlighted just how impactful the role can be on our emotional and mental well-being and how uniquely impactful vicarious trauma can be within the work that we do. This being said, it has also highlighted the importance of taking care of ourselves and asking for support as/when we need it, particularly due to the large workloads we all have to carry. We are a fantastic team who work very well together. We perform our very demanding roles despite all of the ongoing pressures and no pay increases, with remarkable resilience and professionalism and I'm very proud of us for this. I look forward to the very much needed/long overdue additions to the ISVA team that have finally been approved to start soon.

The impact of the pandemic upon the criminal justice process has been pervasive and caused a huge detrimental impact to those of my clients who have had their trials postponed over the past year. Supporting them to manage the impact of this has added another layer to the regular support that they receive.

It has also meant that the timeframes in which they would have been expected to have come to the end of their ISVA support have consequently been extended, therefore increasing the workload. The unknown that exists still, relating to the rescheduled trial dates, carries some further anxious anticipation for my clients and exacerbates the uncertainty that is already a factor when it comes to crown court in under normal circumstances. Due to the number of trials either booked or rescheduled, I will now be in court at least once per month until July.

*The thought of counselling was terrifying, I paced outside before my first session deciding whether to go in. But as soon as I entered the centre I was greeted with the warmest of welcomes by the receptionist. She made me feel 'normal', it wasn't clinical or scary. My counsellor has completely changed my wellbeing, I now understand my trauma and have new ways of thinking, it is the most valuable thing I have ever done. Thank you.*





I have now returned to the office for half of my working week, and I am thoroughly enjoying being back in the enjoyable and supportive environment with my colleagues.

It is also really nice to be with some new additions to the counselling team. The environment feels refreshed and reinvigorated. I continue to take things in my stride given the impact of the past year and realise that my mental health and wellbeing has never been so important to look after.

\*\*\*\*\*

#### **April 2020 – March 2021 My Year at RASA – Sarah Tipton – ISVA & ISVA Service Manager**



In the past year I have carried out the role of ISVA Team Lead for the adult service and officially changed to ISVA Service Manager in December.

As everyone will be voicing, it has been an incredibly difficult year due to the pandemic. Most ISVA work has been carried out remotely and in many ways, I am thankful that the ISVA service has been able to adapt when needed to be running entirely over the phone or online.

I have provided line management to two ISVA team members, which increased to 3 in August, and I have hosted monthly team meetings. I have also been providing any additional support and advice to the team when needed.

My role has included liaising/meeting with other professionals (mostly online due to restrictions), establishing communication pathways with new contacts in the criminal justice system (CJS) and championing not only for RASA as a service, but for the victims/survivors who are taking part in the CJS.

I have also continued to provide ISVA (Independent Sexual Violence Adviser) support to clients. Some who are long standing clients that I have kept on my caseload, others who are based in Southport and new referrals for Southport.

In August, due to staff needs, we changed the ISVAs around in their roles, recruited for a new team member, and went through a process of most of the area caseloads being allocated a new ISVA worker. This was not an easy task to organise, especially while most staff were still working remotely. However, having two incredible team members and an extremely helpful flexible new team member to orchestrate this change, we managed it with very few bumps in the road. Since then, my case load has been between 20 - 25 clients at a time.

My counselling skills continue to be of great benefit to carrying out the ISVA role and now the role of a manager. Empathy, non-judge mentality, and congruent person skills are needed to be transferred into the relationship I build with both ISVA clients and ISVA team members.

With regards to providing ISVA support, we have continued to provide a full risk and needs assessment in each session with clients.





In the ISVA role, we provide a voice for those clients who don't feel they are able to communicate their needs to others in the criminal justice system, an explanation in understandable terms for the client with informed choice sessions, regular communication with experience of supporting others through this process and independent advice based on the client's best interest with a person-centred approach.

Throughout the support, I will manage client expectations of the criminal justice process and help to focus them on their best coping strategies. I can assist clients in helping other professionals involved and on occasions their employers, to understand the process and to have some concept of what the client is going through.

We provide a multi-agency approach by liaising with other professionals, seeking advice and support within the RASA team and referring clients to other support when needed.

Referrals mainly come from the police, Sexual Assault Referral Centres (SARC), followed by various other agencies and self-referrals.

The criminal justice system was fractured before the pandemic, so the last 12 months has almost broken it, and the main ones affected by the fallout has been all the victims with cases going to court.

Cases have often taken even longer to be investigated, clients are waiting even longer for a case decision and if the case goes to court, there has been enormous amounts of delays and postponements.

Clients with pending court trials between the end of March and July had their cases postponed due to court closures, most being told it is to be booked in again for 9+ months' time, some even longer at 13+ months.

Since then, client's second or potentially third trial (if there have been other previous postponements to the case), has been postponed yet again due to the courts running at reduced capacity. This process is often incredibly damaging for clients mental health. On many occasions a case postponement decision has been as late as the day before or on the day the trial is due to start.

As ISVAs we have managed the client's expectations of this to the best of our knowledge at the time but have unfortunately encountered many barriers with courts and CPS providing lack of information. Clients have voiced that the lack of information from courts and CPS has added to their trauma through the CJS and we as ISVAs have heard first-hand how this has been affecting client mental health and wellbeing.

Sadly, a client of mine who had his trial listed for a third time in November after 2 previous postponements, died the day before his trial was due to start due to ill health.

The only justice I can hold on to in this case, was due to their being other victims involved, the offender previously being found guilty of similar offences in the eighties and most victim accounts of the abuse being so similar. Not only was the trial able to go ahead for the other victims, but an exception was made for the client's evidence to be accounted for and heard at the trial still. The client still had a voice and justice was fully served in that the offender was found guilty on all counts.

One other sad situation to mention. The Centre for Women's Justice took a case to the courts, which was prosecuting the CPS for its low number of cases resulting in a decision to charge in sexual offence cases. This case was unsuccessful unfortunately.

The case shone light on evidence that the CPS decision making process for sexual violence cases had been unlawfully adapted. So, we have to see the positive awareness this has raised and hope that CPS as a whole is now under more strict observation with their decision-making processes moving forward.

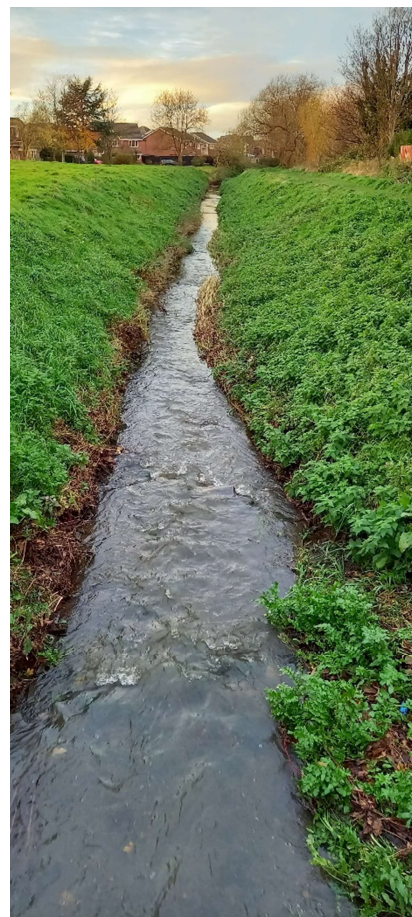
For those cases where a trial has gone ahead, there have been positive outcomes. The trial for the other victims involving my client who passed away, resulted in 9 years prison for the perpetrator and Sex Offender Register (SOR) for life.

I had one case where the perpetrator put in a guilty plea at trial. He was sentenced to 5 years prison, SOR and Sexual Harm Prevention Order.

Another perpetrator was found guilty at trial of rape and false imprisonment, he received 15 years prison, SOR for life and an indefinite restraining order.

Other case results have varied, a number have been deemed by CPS or by the police that there hasn't been enough evidence for the case to go to court. In total four of my client's trials have been postponed, one of which for the second time.

I have supported in 1 Section 28 (pre-recorded questioning) at the courts. The other trials that went ahead I had either already supported in a section 28, the client didn't attend due to being deceased or the client chose other social support due to limit on number of people able to attend for support because of COVID regulations.



In relation to my ISVA Service Manager role, I am enjoying carrying out this work and supporting the ISVA team. I have received some lovely feedback about the support I have given and continue to review with their input on how the team can best be supported.

It is an enormous help and reassurance to be part of such a great team. We try to support one another as each of us have particularly heavy workloads and the pandemic has taken its toll on the service and staff. We are recruiting another team member because of the service/staff needs, so I look forward to being able to give more to the role once we have recruited another team member.

I often seek advice and support from my line manager. Her knowledge and support are an integral part of me being able to sustain the roles and work I do. I am thankful and appreciative of her input.



I continue to undergo supervision for quality of work and self-care, as well as keeping record of information and activity within my roles. I also continue with my personal development attending training and workshops around the work I carry out and keeping up to date with standards, policies, and safeguarding.

There are so many things I feel both RASA and I individually have achieved over this last year, too many to include in this report. To list two things I have particularly progressed with over the last 12 months. First is providing feedback in a meeting I had in person with Merseyside Police Corporate Support & Development Officer. Amongst other things, this was to champion for further recognition with the ISVA role from the police and to improve communication pathways from them. The feedback was then taken to the National Rape Review and is starting to be filtered down locally. A National Framework is soon to be put in place for use by the police and CPS across England and Wales. The framework outlines minimum standards on liaising and communicating with ISVAs. Which if adhered to will make huge improvements, for us and for victims/survivors.

Second, is managing to initiate a monthly meeting with the Crown Prosecution Service (CPS), Witness Care Unit (WCU) and occasionally Mersey & Cheshire Courts will attend. The communication pathway with CPS in the past has been very limited, and although they are still resistant to making many changes, it is a really positive step to be able to have this platform to voice the need for change. I have asked them to particularly acknowledge recent issues with lack of communication regarding hearing/trial postponements and the affects this is having.

I have developed in my role as a person and the team have grown stronger in many ways, despite having such heavy workloads and going through a really difficult time in their lives. I look forward to the opportunity for further development, continuing to lead and support the ISVA team.

I said it in the last year-end report, and I'll say it again, once the country has come through the other side of the current pandemic, I hope the rest of the year will be kind to us and we will allow ourselves time to reflect on what is important.



\*\*\*\*\*



## KEY ACHIEVEMENTS - OPERATIONAL MANAGER LORRAINE WOOD

*Counselling here is the best thing I ever did. My counsellor was so committed to my journey and stuck with me every step of the way. Although immensely difficult, it has absolutely changed my life thanks to the care & support of this service. A safe environment with very intelligent & compassionate counsellors. Can't recommend enough.*

We continued to work throughout this year, despite the challenges and have remained open since the national lockdown was lifted. In July 2020 a full risk assessment was completed in both centres which led to huge changes in how we work. Screens were installed, people allocated to individual offices and working patterns changed. New contracts and agreements were put into place for clients who could no longer wait for face-to-face support.

Because of all the changes that we have instigated and put in place, we have remained open through the second and third lockdown which is something that many other organisations were unable to do.

Following the initial success of our Reducing Anxiety Depression and Stress (RADS) courses, we gained funding to train all of our qualified counsellors in hypnotherapy. A total of twenty-two counsellors have received this training which has led to clinical hypnotherapy becoming a core part of our counselling service used to install stabilisation and reduce anxiety, stress, and depression.

I am hugely proud of the RASA Team and of how we have all coped with this challenging and difficult year. Let's hope 21-22 is better for all of us.

**1 year**

**52 weeks**

**2,057 new clients**

**479 sexually abused children**

**1,000 clients from previous year**

**2,585 females – 441 males – 31 others**

**47,595 activities – 888,261 minutes logged with clients**

**798 Wirral clients – 1,538 Liverpool clients – 721 Sefton clients**

**2,480 counselling clients – 564 ISVA clients – 13 other activities clients**

**606 rapes as a primary cause for presenting – 28 sexually exploited adults**

**680 multiple sexual violence incidents – 267 affected relatives and friends**

**987 adult survivors of child sexual abuse**

**2,578 sexually violated adults**

**10 domestic violence victims**

**52 weeks**

**1 year**



REGISTERED COMPANY NUMBER: 04538556 (England and Wales)  
REGISTERED CHARITY NUMBER: 1094462

Report of the Trustees and  
Financial Statements for the Year Ended 31 March 2021  
for  
Rape and Sexual Abuse Centre (RASA) Ltd

Robinson Rice Associates  
93 Banks Road  
West Kirby  
CH48 0RB

Rape and Sexual Abuse Centre (RASA) Ltd

Contents of the Financial Statements  
for the Year Ended 31 March 2021

	Page
Report of the Trustees	1 to 11
Report of the Independent Auditors	12 to 14
Statement of Financial Activities	15
Balance Sheet	16
Cash Flow Statement	17
Notes to the Cash Flow Statement	18
Notes to the Financial Statements	19 to 35
Detailed Statement of Financial Activities	36 to 37

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The full Trustee's Report is filed separately at Charities Commission.

Central to RASA's purpose is the principle of providing a safe, confidential place for survivors of sexual violence to be listened to, believed, and supported, with no pressure put on them. This work encompasses a helpline and email contact service, face-to-face counselling and emotional support, facilitated support groups, advocacy for those dealing with the criminal justice system (ISVA), training for survivors and for the public, family support, mindfulness and meditation, complimentary therapies, and signposting to other services.

## **OBJECTIVES AND ACTIVITIES**

### **Significant activities**

The aims of The Rape & Sexual Abuse (RASA) Centre are

1. To provide a free, confidential and non-judgemental support service for women and girls who have been victims of sexual violence in Merseyside (under the trading name RASA).
2. To raise public awareness of the damaging and life-changing effects of rape and sexual abuse.

In order to fulfil these aims, the objectives of The Rape & Sexual Abuse (RASA) Centre are:

- \* To provide a service for women and girls, which includes telephone, one-to-one and group support, in women only space at designated times and at the request of the woman or girl.
- \* To provide a telephone support service for supporters of survivors, both male and female.
- \* To provide information and advice to other individuals and agencies to provide training and talks to external agencies in the local community to recruit volunteers.
- \* To provide adequate training, support and supervision for staff and volunteers.
- \* To monitor and evaluate service provision and policies on a continual basis involving staff, volunteers and women who use the service.
- \* To work with other individuals and agencies to further the aims of The Rape & Sexual Abuse (RASA) Centre to raise funds to meet the needs of the service to identify areas of unmet need and take appropriate action.
- \* To provide parity of service for male survivors of sexual violence, noting that such support and counselling will not encroach on the women only space of the RASA Safe House or any of the centres where RASA works in a face to face capacity with victims of sexual violence.

RASA does not employ male staff or volunteers as we are keenly aware that the vast proportion of sexual violence is perpetrated by men against women and it would therefore be inappropriate for male workers to be evident in a professional sexual violence counselling and support service

Working from a feminist perspective: What it means for RASA

Since it was established in Birkenhead in 1986, RASA Merseyside has always had a feminist ethos, and has aimed to support survivors of sexual violence from a feminist perspective.

People have different understandings of the term 'feminism', and the social and political movements that have been called 'feminist' are diverse, sometimes taking opposing positions on particular issues.

At RASA, we embrace diverse understandings and views, while ensuring that all RASA staff and volunteers share a common set of values on sexual violence through our recruitment and training practices.

Our ethos has been shaped by our experience of working with survivors of sexual violence, and by the lived experience of the women who have volunteered and worked for RASA, over the last 33 years.

This has led to an outward-looking approach, allowing us to respond to the needs of the community we are part of. Over the years, we have moved from being a collective of women offering peer support to other women in their community via a phone line, to the professional organisation we are today, offering counselling and ISVA services to women, children and men across Merseyside.

While much has changed in the way we work, and the number of survivors we are able to help has grown, our core ethos has changed little.



## **OBJECTIVES AND ACTIVITIES**

We continue to describe our ethos as feminist for the following reasons:

- \* Gender inequality, specifically discrimination against and oppression of women and girls, persists in our society and around the world.
- \* While gender inequality has many consequences and effects, sexual violence is among the most severe and pervasive worldwide. This is evidenced by the fact that the vast majority of incidents of sexual violence are perpetrated by a man against a woman or girl.
- \* Sexual violence is a means of exerting power and control over victims, and a means of diminishing the victim's own power and control over their own life. On a societal level, it is a means of enforcing patriarchal power and control through violence against individuals, and through the fear of violence.
- \* Without recognising the gendered nature of sexual violence with individual survivors and as an organisation, we cannot help survivors to recover from trauma, or find long-term strategies to address sexual violence in our community.
- \* Patriarchal violence, perpetrated by overwhelmingly be men, affects men and boys, and transgendered/non-binary people, as well as women and girls. Understanding the common pattern of sexual violence as a means of power and control and recognising the specific ways people of different genders are affected, is entirely compatible with a feminist approach to supporting survivors of sexual violence.
- \* Maintaining a women-only workforce and providing women-only spaces remains crucial to our ability to support all survivors effectively. The survivors who come to us tell us this consistently.

### **Our Ethos**

- \* RASA Merseyside is a women-led, women-run service founded on feminist principles. We believe that by working in an all-women environment, we challenge structures that discriminate against women, providing the opportunity to empower ourselves and claim control of our own lives.
- \* Rape and sexual abuse are crimes of violence and abuse of power, not 'unwanted sex'.
- \* Rape and sexual abuse are never the fault of the survivor, and we work with all survivors towards this understanding of what happened to them.
- \* Rape and sexual abuse are gendered crimes - the majority of victims are women and children, and the majority of perpetrators are men. Sexual violence is both an expression of, and a means of enforcing and increasing, discrimination against women and gender inequality.
- \* Because women and girls live with sexism, the degradation of the female body and the threat of sexual violence in society at large, we create and maintain women-only spaces to offer relief and safety for survivors, and for the women who work at RASA. We know that this benefits survivors and helps them to heal.

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

#### **OBJECTIVES AND ACTIVITIES**

\* When children have experienced sexual abuse or sexual exploitation, they require specialist support. We strive to develop ways of working that help children recover from this trauma, and live happy and healthy lives. We reach out to families, schools and the wider community to raise awareness and help prevent the sexual abuse and exploitation of children and young people.

\* We know that transgender people are at increased risk of sexual violence and abuse, as well as transphobic violence. We aim to welcome all trans and non-binary gender survivors in a safe space for them, and work with other organisations locally to ensure they get the specialist support they need.

\* We work with men and boys to the same feminist principles, recognizing the different ways that sexual violence affects them, and offering men-only support groups for survivors facilitated by a RASA worker. At RASA we see all sexual violence as a cause and a consequence of the patriarchal societal structure we live in, acknowledging that almost all men and boys who experience sexual violence are abused by a man. As such, we believe a service working to feminist principles is well placed to help male survivors of sexual violence.

\* Recognising the oppression that many groups experience in today's society, we aim to work in a non-oppressive, anti-discriminatory way with people of any race, class, culture, immigration status, nationality, faith, sexuality, gender identity, age, disability, or health status. We work towards making our service accessible and available to all, and actively seek to make links with the diverse communities in Merseyside.

#### **Volunteers**

RASA retains volunteers very effectively, because RASA is a great place to work but it is also due largely, we believe, to the support and development opportunities afforded within the organisation.

#### **STRATEGIC REPORT**

##### **Achievement and performance**

##### **Charitable activities**

We continued to work throughout this year, despite the challenges and have remained open since the national lockdown was lifted. In July 2020 a full risk assessment was completed in both centres which led to huge changes in how we work. Screens were installed, people allocated to individual offices and working patterns changed. New contracts and agreements were put into place for clients who could no longer wait for face-to-face support.

Because of all the changes that we have instigated and put in place, we have remained open through the second and third lockdown which is something that many other organisations were unable to do. Following the initial success of our Reducing Anxiety Depression and Stress (RADS) courses, we gained funding to train all of our qualified counsellors in hypnotherapy. A total of twenty-two counsellors have received this training which has led to clinical hypnotherapy becoming a core part of our counselling service used to install stabilisation and reduce anxiety, stress, and depression.

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STRATEGIC REPORT**

**Achievement and performance**

**Internal and external factors**

**Development, Training & Research**

As we enter 20/21 now is the time to reset our services and service sustainability. Although there is much concerning us when we consider today there is much to be excited about, with additional funding to support us during the pandemic we have been able to both upskill and add to our teams, expanding the ISVA and Children's team, as well as more counsellors coming on board. I have witnessed is overwhelming supportive, strength and courage in difficult times from staff and volunteers, always keeping the client and the heart of the support we provide. Looking ahead I am hugely optimistic.

Although some service development was halted during this time, ideas were shared, and innovative service delivery continues. Research shows that accommodating clients' preferences in therapy can lead to better therapeutic alliances, lower dropout, and improved outcomes. We are endeavouring to offer access a wider choice of therapeutic interventions within in one service. That gives clients choice and a sense of autonomy in their care. To provide therapeutic care that recognises the lifelong psychological and physiological impact.

**Financial review**

**Financial position**

At the end of this year RASA holds in the region of £82,000, which is sufficient to pay necessary redundancy and to enable key members of staff to wind down the Charity and to dissolve and disperse assets and clients as appropriate.

RASA has in place a comprehensive Financial Procedure (updated and reviewed in January 2020. It is available upon request.

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

#### **STRATEGIC REPORT**

##### **Financial review**

##### **Principal funding sources**

##### **PCC FOR MERSEYSIDE**

In partnership with RASASC, RASA successfully won the tender to provide counselling and support for sexual violence survivors across Merseyside. This tender, valid for three years (April 2018 to April 2021) is to provide an ageless and genderless service to all five boroughs. The service includes the provision of Independent Sexual Violence Advisors (ISVA Service) for all five boroughs.

RASA clients reside in Liverpool, Wirral and Sefton Boroughs.

2179 new clients were welcomed into RASA service in this year - 902 client cases were carried forward from the previous year - 3081 unique individuals in total were therefore seen in service in the year.

With the onset of Covid-19 in March 2020, a decision was made to extend, without re-tendering, this contract, for an additional 12 months to 31-03-2022.

##### **MINISTRY OF JUSTICE FUND FOR FEMALE RAPE AND SEXUAL ABUSE SURVIVORS**

RASA achieved funding through the female Rape Support Fund administered by the Ministry of Justice for 3 years from April 2018 - March 2021. This allows us to work as counsellors and supporters for females over the age of 13. This valued fund compliments and ensures a full equitable service is available to all female survivors of sexual violence crimes in Wirral, Sefton and Liverpool.

##### **MINISTRY OF JUSTICE FUND FOR MALE RAPE AND SEXUAL ABUSE SURVIVORS**

RASA achieved funding through the male Rape Support Fund administered by the Ministry of Justice for 3 years from April 2018 - March 2021. This allows us to work as counsellors and supporters for males over the age of 13. This valued fund compliments and ensures a full equitable service is available to all male survivors of sexual violence crimes in Wirral, Sefton and Liverpool.

##### **MINISTRY OF JUSTICE CSE FUNDING UPLIFT**

As recipients of the Rape Support Fund, RASA was pleased to accept an uplift in funding to enable us to meet the challenges of increasing numbers of adult survivors of non-recent Childhood Sexual Abuse and Exploitation as a result of high-profile national media and the promotion of the Independent Inquiry into Child Sexual Abuse.

This allows us to provide additional support to adult survivors of non-recent Childhood Sexual Abuse and Rape.

##### **WIRRAL BOROUGH COUNCIL PUBLIC HEALTH**

RASA is additionally commissioned to deliver counselling and support to adult victims of sexual violence living in Wirral. This commission was achieved in 2017 and runs from April 2017- March 2022.

##### **CHILDREN IN NEED**

RASA is funded through Children in Need to deliver a Children's Sexual Violence Support Service. This is newly achieved funding and will build on the previous Children in Need funding that saw a Children's Service fully established for the boroughs of Sefton, Liverpool and Wirral. The service has been able to grow to meet demand.



Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STRATEGIC REPORT**  
**Financial review**

This funding commenced on 01-10-2019 and is due to end on 30-09-2021.

**PROCEEDS OF CRIME FUND**

This project equips parents and carers with the skills and knowledge to spot the signs a child is being sexually abused or is in danger of such and will be able to effectively encourage disclosure and act on that disclosure to support the child safely and in their best interests. In addition, the training aims to STOP abuse before it starts by equipping adults with the skills to recognise early warnings and empowering them to act effectively and promptly to protect the child from harm. This is a twelve-month funding opportunity.

This funding was awarded in late 2018 and is due to be expended in this year.

**JOHN MOORES FOUNDATION**

RASA achieved funding for a contribution towards the post of Volunteer Coordinator and Trainer. The RASA Education Manager is an ABC accredited trainer capable of delivering nationally recognised qualifications in a variety of counselling modules. As part of this funding, RASA has been able to further develop training courses available to volunteers and staff and to increase the opportunities for self-sustainability.

**RCEW DIGITAL TRANSFORMATION FUND**

RASA achieved funding through Rape Crisis England and Wales to make contribution towards the national Digital Transformation Project.

The main aims of the project are to:

- " Increase the number of women and girls supported, and to reach marginalised women and girls by integrating digital technologies into specialist sexual violence services and prevention.
- " Build specialist knowledge, capacity and infrastructure, and develop quality approaches to respond to technology related challenges.

**THE BROOK TRUST**

RASA achieved funding from The Brook Trust to cover the shortfall in funding that would have a detrimental effect and put core and essential services at risk. The aim of the fund is to protect and sustain existing services, not to fund new services or expansion. The fund is to retain existing key staff and services in the short term, enabling RASA to take measures to increase the chances of longer-term sustainability.

**NHS ENGLAND HIGH VOLUME FUNDING**

In November 2019 RASA received funding through NHS England to better manage the increased need for counselling and to reduce waiting times.

**COMMUNITY FOUNDATION FOR MERSEYSIDE**

In December 2019, RASA was awarded funding to run an interim support service for clients awaiting counselling and support. The RADS (Reducing Anxiety, Depression and Stress) service uses clinical hypnotherapy in a group setting with the effect of stabilising survivors and holding them engaged in the recovery process.

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

#### **STRATEGIC REPORT** **Financial review**

##### **STEVE MORGAN FOUNDATION**

At the outset of Covid-19, Steve Morgan Foundation offered emergency support for charities hit by sudden change and a need to carry on service delivery. RASA successfully applied for, and received this funding which allowed us to purchase equipment to immediately commence remote working with clients.

##### **RASA EDUCATION LIMITED**

The RASA Centre Training division formed as a separate Limited Company in June 2019 with the sole aim of supporting the work of RASA Merseyside and developing and strengthening the Training School Curriculum. In this year the training contributed 8% of RASA Income.

##### **SPORT ENGLAND**

RASA was awarded funding in this year to run yoga courses for survivors of sexual violence.

##### **Reserves policy**

RASA aims to build a reserve fund to cover 3 months running costs of the Charity. Currently such a reserve would be in the region of £250,000. As RASA works to contract budget deadlines, it is unlikely that RASA will achieve full reserve cover without substantial unrestricted donations being received as all available funding is being used to maintain and develop services for clients.

At 31st March 2021 the total funds held are £194,818 made up of Restricted Funds of £48,467 and Unrestricted Funds of £146,351.

Included in unrestricted funds is the balance of the property owned by the property held at a value of £18,260.

The total reserves not including the property is £176,558.

##### **Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

##### **Principal risks and uncertainties**

During the Covid-19 pandemic, RASA were able to adapt in a responsive and flexible way to accommodate remote working to ensure staff and clients were kept safe. Existing clients were provided with the option of continuing with their sessions remotely or waiting until face-to-face support could resume. New clients started their sessions remotely either online or over the telephone. RASA checked in with clients on a weekly basis by email and text. This support was described as invaluable during what was already a difficult time for clients, which was then exasperated by the impacts of the pandemic, including isolation and limited support networks associated with the national lockdown measures. Whilst many clients were keen to have face-to-face contact, they did find remote support more accessible, reducing travel and allowing them to attend during work hours. RASA were keen to continue to provide a blended offer going forward, giving the clients the option and choice of remote or face-to-face engagement, or a mixture of the two

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

RASA is a company limited by guarantee incorporated in England / Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 9 of these financial statements.

**Recruitment and appointment of new trustees**

RASA welcomes individuals who wish to be considered as a potential trustee.

Prospective trustees are recommended, self-refer or respond to advertisements on volunteer websites.

Prospective trustees progress through to appointment via the safer recruitment process under which they are interviewed by two senior staff members and/or an existing trustee.

As an accredited member of Rape Crisis England and Wales, RASA must ensure that the trustee board remains women lead. Men are welcome to apply to be trustees but will be unable to take key board positions.

Following safer recruitment process completion, prospective candidates are forwarded for election at the next AGM. At this point they must present a short biography to allow members to decide who they wish to elect. Existing elected trustees may also decide to recommend individuals to be co-opted onto the Board of Trustees. This must be carried out in line with the RASA Constitution.

**Decision making**

Day to day decisions are made by the operational management team consisting of Josephine Wood, Vicky Green and Lorraine Wood.

**Induction and training of new trustees**

Individuals must then successfully complete the RASA training for non-client focused staff. This process is carefully monitored by Education Centre staff for suitability to work with RASA.

**Key management remuneration**

Trustees have set the remuneration for key management.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04538556 (England and Wales)

**Registered Charity number**

1094462

**Registered office**

15 Morpeth Close

Moreton

Wirral

CH46 6HQ

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**Principal address**

Units 2 and 3 Stella Nova  
Washington Parade  
Bootle  
L20 4TZ

**Trustees**

K Teeboon (resigned 27.7.20)  
L Pilling  
P Smith  
D Blaylock  
J Smith

**Company Secretary**

J Wood

**Senior Statutory Auditor**

Beverley Rice

**Auditors**

Robinson Rice Associates  
93 Banks Road  
West Kirby  
CH48 0RB

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Rape and Sexual Abuse Centre (RASA) Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;  
and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Robinson Rice Associates, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ..... 03-06-2022 ..... and signed on the board's behalf by:



.....  
J Smith - Trustee

Report of the Independent Auditors to the Members of  
Rape and Sexual Abuse Centre (RASA) Ltd

**Opinion**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The corresponding figures in respect of the prior year have not been audited.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption preparing the trustees' report and from the requirement to prepare a strategic report

Report of the Independent Auditors to the Members of  
Rape and Sexual Abuse Centre (RASA) Ltd

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities such as fraud are inherently more difficult to detect than irregularities from error but we tailor our audit to provide reasonable assurance that the accounts are free from such misstatements. Fraud and other errors could occur due to no segregation of duties so we have reviewed the charities internal controls, organisation structure and their risk assessment practices. We have discussed in detail with the management the workings of the organisation to obtain a clear understanding of the entities laws and regulations and their control procedures in the organisation. In doing so we have reviewed the effectiveness of the charities controls based on the organisations functions and through this process identified areas that we believe would be higher risk areas for misstatement. We then check our understandings by testing these systems and risk areas to enable us to draw conclusions to the accuracy of the accounts.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

Report of the Independent Auditors to the Members of  
Rape and Sexual Abuse Centre (RASA) Ltd

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Beverley Rice (Senior Statutory Auditor)  
for and on behalf of Robinson Rice Associates  
93 Banks Road  
West Kirby  
CH48 0RB

Date: 7 June 2022



**Rape and Sexual Abuse Centre (RASA) Ltd**

**Statement of Financial Activities**  
**for the Year Ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	8,239	-	8,239	19,230
<b>Charitable activities</b>	4				
Provision of services		85,780	934,822	1,020,602	778,759
Other trading activities	3	<u>645</u>	<u>-</u>	<u>645</u>	<u>138,740</u>
<b>Total</b>		94,662	934,824	1,029,486	936,729
<b>EXPENDITURE ON</b>					
Raising funds	5	-	4,124	4,124	45,221
<b>Charitable activities</b>	6				
Provision of services		7,677	942,059	949,736	908,924
<b>Total</b>		<u>7,677</u>	<u>946,183</u>	<u>953,860</u>	<u>954,145</u>
<b>NET INCOME/(EXPENDITURE)</b>		86,985	(11,359)	75,626	(17,416)
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		59,366	59,826	119,192	136,608
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>146,351</u>	<u>48,467</u>	<u>194,818</u>	<u>119,192</u>

The notes form part of these financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Balance Sheet  
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	14	4,005	29,780	33,785	30,706
<b>CURRENT ASSETS</b>					
Stocks	15	-	-	-	8,000
Debtors	16	30,780	83,070	113,850	50,375
Cash at bank and in hand		<u>120,327</u>	<u>(37,971)</u>	<u>82,356</u>	<u>54,389</u>
		151,107	45,099	196,206	112,764
<b>CREDITORS</b>					
Amounts falling due within one year	17	(8,758)	(26,415)	(35,173)	(24,278)
<b>NET CURRENT ASSETS</b>		<u>142,349</u>	<u>18,684</u>	<u>161,033</u>	<u>88,486</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>146,354</u>	<u>48,464</u>	<u>194,818</u>	<u>119,192</u>
<b>NET ASSETS</b>		<u>146,354</u>	<u>48,464</u>	<u>194,818</u>	<u>119,192</u>
<b>FUNDS</b>	18				
Unrestricted funds				146,351	59,366
Restricted funds				<u>48,467</u>	<u>59,826</u>
<b>TOTAL FUNDS</b>				<u>194,818</u>	<u>119,192</u>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP

The financial statements were approved by the Board of Trustees and authorised for issue on 07-06-2022 and were signed on its behalf by: J Smith - Trustee

 .....

The notes form part of these financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Cash Flow Statement  
for the Year Ended 31 March 2021

	Notes	31.3.21 £	31.3.20 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>40,164</u>	<u>(20,563)</u>
Net cash provided by/(used in) operating activities		<u>40,164</u>	<u>(20,563)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(12,197)	(8,531)
Net cash used in investing activities		<u>(12,197)</u>	<u>(8,531)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		27,967	(29,094)
Cash and cash equivalents at the beginning of the reporting period		<u>54,389</u>	<u>83,483</u>
Cash and cash equivalents at the end of the reporting period		<u>82,356</u>	<u>54,389</u>

The notes form part of these financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2021

**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.21 £	31.3.20 £
<b>Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b>	<b>75,626</b>	<b>(17,416)</b>
<b>Adjustments for:</b>		
Depreciation charges	6,705	6,541
Loss on disposal of fixed assets	2,414	258
Decrease/(increase) in stocks	8,000	(500)
Increase in debtors	(63,475)	(7,914)
Increase/(decrease) in creditors	<u>10,894</u>	<u>(1,532)</u>
<b>Net cash provided by/(used in) operations</b>	<b><u>40,164</u></b>	<b><u>(20,563)</u></b>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.20 £	Cash flow £	At 31.3.21 £
<b>Net cash</b>			
Cash at bank and in hand	<u>54,389</u>	<u>27,967</u>	<u>82,356</u>
	<u>54,389</u>	<u>27,967</u>	<u>82,356</u>
<b>Total</b>	<b><u>54,389</u></b>	<b><u>27,967</u></b>	<b><u>82,356</u></b>

The notes form part of these financial statements



Notes to the Financial Statements  
for the Year Ended 31 March 2021

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Allocation and apportionment of costs**

All splits are based on the numbers of clients served by the particular costs - or in the case of supervision - actual costs itemised in invoices. In the case of funds to be split across boroughs, funds are split in accordance with population of the borough in question (%).

**Tangible fixed assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- in accordance with the property
Improvements to property	- 33% on cost
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on cost

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**2. DONATIONS AND LEGACIES**

	31.3.21	31.3.20
	£	£
Donations	<u>8,239</u>	<u>19,230</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.21	31.3.20
	£	£
Shop income	-	40,582
Training courses	595	78,158
Room hire	<u>50</u>	<u>20,000</u>
	<u>645</u>	<u>138,740</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.3.21 £	31.3.20 £
Commissioned work	Provision of services	-	26,125
Grants	Provision of services	<u>1,020,602</u>	<u>752,634</u>
		<u>1,020,602</u>	<u>778,759</u>

Grants received, included in the above, are as follows:

	31.3.21 £	31.3.20 £
Grant Income	<u>1,020,602</u>	<u>752,634</u>

**5. RAISING FUNDS**

**Other trading activities**

	31.3.21 £	31.3.20 £
Opening stock	8,000	7,500
Purchases	(8,000)	22,341
Closing stock	-	(8,000)
Staff costs	-	17,386
Hire of plant and machinery	<u>4,124</u>	<u>5,994</u>
	<u>4,124</u>	<u>45,221</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Provision of services	<u>928,163</u>	<u>13,130</u>	<u>8,442</u>	<u>949,735</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**7. GRANTS PAYABLE**

	31.3.21	31.3.20
	£	£
Provision of services	<u>13,130</u>	<u>10,677</u>

A grant was given to the organisation End Violence Against Women for the collected funds to hold CPS to account for their appalling failure to progress cases on a merits based approach.  
<https://www.crowdjustice.com/case/justice-after-rape/>

**8. SUPPORT COSTS**

	Finance	Governance costs	Totals
	£	£	£
Provision of services	<u>69</u>	<u>8,373</u>	<u>8,442</u>

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Auditors' remuneration	6,500	-
Depreciation - owned assets	6,703	6,546
Hire of plant and machinery	4,124	5,994
Deficit on disposal of fixed assets	<u>2,414</u>	<u>258</u>

**10. AUDITORS' REMUNERATION**

	31.3.21	31.3.20
	£	£
Fees payable to the charity's auditors and their associates for the audit of the charity's financial statements	6,500	-

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**12. STAFF COSTS**

	31.3.21	31.3.20
	£	£
Wages and salaries	<u>605,247</u>	<u>595,196</u>
	<u>605,247</u>	<u>595,196</u>

Salary costs include amounts paid to subcontracted workers.

They also include:

Employers National Insurance £36,673  
Employer Pension Contributions £7,583

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Management	8	8
Counsellors and support workers	<u>19</u>	<u>16</u>
	<u>27</u>	<u>24</u>

No employees received emoluments in excess of £60,000.

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	19,230	-	19,230
<b>Charitable activities</b>			
Provision of services	26,125	752,634	778,759
Other trading activities	<u>98,158</u>	<u>40,582</u>	<u>138,740</u>
<b>Total</b>	143,513	793,216	936,729
<b>EXPENDITURE ON</b>			
Raising funds	1,226	43,995	45,221
<b>Charitable activities</b>			
Provision of services	133,180	775,744	908,924
<b>Total</b>	<u>134,406</u>	<u>819,739</u>	<u>954,145</u>
<b>NET INCOME/(EXPENDITURE)</b>	9,107	(26,523)	(17,416)



Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	50,263	86,352	136,615
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>59,370</b>	<b>59,829</b>	<b>119,199</b>
	<hr/>	<hr/>	<hr/>

**14. TANGIBLE FIXED ASSETS**

	Freehold property £	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>					
At 1 April 2020	41,500	16,920	23,126	43,995	125,541
Additions	-	-	-	12,197	12,197
Disposals	-	-	(1,561)	(6,114)	(7,675)
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2021	41,500	16,920	21,565	50,078	130,063
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
<b>DEPRECIATION</b>					
At 1 April 2020	22,410	16,920	18,821	36,684	94,835
Charge for year	830	-	881	4,992	6,703
Eliminated on disposal	-	-	(823)	(4,437)	(5,260)
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2021	23,240	16,920	18,879	37,239	96,278
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
<b>NET BOOK VALUE</b>					
At 31 March 2021	18,260	-	2,686	12,839	33,785
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
At 31 March 2020	19,090	-	4,305	7,311	30,706
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**15. STOCKS**

	31.3.21	31.3.20
	£	£
Stocks	<u>-</u>	<u>8,000</u>

**16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Other debtors	-	555
Prepayments and accrued income	<u>113,850</u>	<u>49,820</u>
	<u>113,850</u>	<u>50,375</u>

**17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Accruals and deferred income	<u>35,173</u>	<u>24,278</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	52,706	91,227	143,933
Lime Culture for Truth Project	8,909	(1,855)	7,054
Education Service	<u>(2,249)</u>	<u>(2,384)</u>	<u>(4,633)</u>
	59,366	86,988	146,354
<b>Restricted funds</b>			
Justice for Jane	176	(44)	132
Hoylake Holistics	3,161	(3,161)	-
Wirral Borough Council Safe House *	19,128	(839)	18,289
Rape Crisis Regional Funding *	109	(27)	82
Victims Fund Sefton (PCC from 1/10/14) *	60	(15)	45
Home Office Funding for ISVA *	320	(25)	295
Liverpool City Safe *	98	(25)	73
Rape Services Funding	1,382	2,192	3,574
SARC Counselling Funding *	45	(11)	34
Liverpool *	13	(13)	-
PCC Victims and Witnesses Fund *	111	(28)	83
Children In Need for CHISVA Service	1,172	(428)	744
Wirral Borough Council Public Health	578	(147)	431
Wirral CSP	47	(12)	35
Jill's Fund	13,105	(10,000)	3,105
MOJ Additional Funding	-	403	403
OPCC Contract	30	291	321
Proceeds of Crime Fund	7,099	(5,261)	1,838
RCEEW Digital Transformation Fund	304	(152)	152
Community Foundations for RADS	7,533	-	7,533
Big Lottery for Yoga Sessions	6,782	(1,971)	4,811
Steve Morgan Foundation	<u>(1,427)</u>	<u>1,427</u>	<u>-</u>
Merseyside Violence Reduction Partnership	-	306	306
MOJ Covid 19 fund to October 20	<u>-</u>	<u>6,178</u>	<u>6,178</u>
	<u>59,826</u>	<u>(11,362)</u>	<u>48,464</u>
<b>TOTAL FUNDS</b>	<u>119,192</u>	<u>75,626</u>	<u>194,818</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	94,662	(3,435)	91,227
Lime Culture for Truth Project	-	(1,855)	(1,855)
Education Service	-	(2,384)	(2,384)
	94,662	(7,677)	86,988
<b>Restricted funds</b>			
Justice for Jane	-	(44)	(44)
Hoylake Holistics	-	(3,160)	(3,160)
Wirral Borough Council Safe House *	-	(840)	(840)
Rape Crisis Regional Funding *	-	(27)	(27)
Victims Fund Sefton (PCC from 1/10/14) *	-	(15)	(15)
Home Office Funding for ISVA *	-	(25)	(25)
Liverpool City Safe *	-	(24)	(24)
Rape Services Funding	167,000	(164,808)	2,192
SARC Counselling Funding *	-	(11)	(11)
Liverpool *	-	(13)	(13)
PCC Victims and Witnesses Fund *	-	(28)	(28)
Children In Need for CHISVA Service	52,015	(52,443)	(428)
Wirral Borough Council Public Health	49,919	(50,066)	(147)
Wirral CSP	-	(12)	(12)
Jill's Fund	-	(10,000)	(10,000)
MOJ Additional Funding	34,000	(33,598)	402
OPCC Additional Funding for Counselling	25,618	(25,618)	-
OPCC Contract	448,502	(448,211)	291
Proceeds of Crime Fund	-	(5,261)	(5,261)
RCEEW Digital Transformation Fund	-	(152)	(152)
Big Lottery for Yoga Sessions	-	(1,971)	(1,971)
Steve Morgan Foundation	10,000	(8,573)	1,427
Merseyside Violence Reduction Partnership	7,334	(7,028)	306
MOJ Covid 19 fund to October 20	46,306	(40,128)	6,178
MOJ Covid 19 funds to March 21	47,250	(47,250)	-
Smallwood Trust	9,829	(9,829)	-
MOJ ISVA Funding	37,051	(37,051)	-
	934,824	(946,186)	(11,362)
<b>TOTAL FUNDS</b>	1,029,486	(953,860)	75,626

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	43,453	8,498	755	52,706
Designated Fund for Training and Development	304	451	(755)	-
Lime Culture for Truth Project	2,177	6,732	-	8,909
Education Service	4,329	(6,578)	-	(2,249)
	50,263	9,103	-	59,366
<b>Restricted funds</b>				
Justice for Jane	1,321	(1,145)	-	176
Hoylake Holistics	14,250	(11,089)	-	3,161
Wirral Borough Council Safe House *	19,996	(868)	-	19,128
Rape Crisis Regional Funding *	145	(36)	-	109
Victims Fund Sefton (PCC from 1/10/14) *	79	(19)	-	60
Home Office Funding for ISVA *	353	(33)	-	320
Liverpool City Safe *	130	(32)	-	98
Rape Services Funding	1,015	367	-	1,382
SARC Counselling Funding *	60	(15)	-	45
Liverpool *	17	(4)	-	13
PCC Victims and Witnesses Fund *	433	(322)	-	111
Children In Need for CHISVA Service	13,254	(12,082)	-	1,172
Wirral Borough Council Public Health	773	(195)	-	578
Wirral CSP	63	(16)	-	47
Jill's Fund	23,105	(10,000)	-	13,105
OPCC Contract	40	(10)	-	30
Proceeds of Crime Fund	2,599	4,500	-	7,099
RCEEW Digital Transformation Fund	8,719	(8,415)	-	304
Community Foundations for RADS	-	7,533	-	7,533
Big Lottery for Yoga Sessions	-	6,782	-	6,782
Steve Morgan Foundation	-	(1,427)	-	(1,427)
	86,352	(26,526)	-	59,826
<b>TOTAL FUNDS</b>	<b>136,615</b>	<b>(17,423)</b>	<b>-</b>	<b>119,192</b>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	19,231	(10,726)	8,505
Designated Fund for Training and Development	917	(466)	451
Lime Culture for Truth Project	26,126	(19,394)	6,732
Merseycare	20,000	(20,000)	-
Education Service	<u>77,239</u>	<u>(83,817)</u>	<u>(6,578)</u>
	143,513	(134,403)	9,110
<b>Restricted funds</b>			
Justice for Jane	-	(1,145)	(1,145)
Hoylake Holistics	40,580	(51,669)	(11,089)
Wirral Borough Council Safe House *	-	(868)	(868)
Rape Crisis Regional Funding *	-	(36)	(36)
Victims Fund Sefton (PCC from 1/10/14) *	1	(20)	(19)
Home Office Funding for ISVA *	-	(33)	(33)
Liverpool City Safe *	1	(33)	(32)
Rape Services Funding	99,999	(99,632)	367
SARC Counselling Funding *	-	(15)	(15)
Liverpool *	-	(4)	(4)
PCC Victims and Witnesses Fund *	(1)	(321)	(322)
Children In Need for CHISVA Service	36,751	(48,833)	(12,082)
Wirral Borough Council Public Health	49,920	(50,115)	(195)
Wirral CSP	-	(16)	(16)
Jill's Fund	-	(10,000)	(10,000)
MOJ Additional Funding	34,000	(34,000)	-
OPCC Contract	448,500	(448,510)	(10)
Proceeds of Crime Fund	7,500	(3,000)	4,500
RCEEW Digital Transformation Fund	2,025	(10,440)	(8,415)
NHS Funding for Counselling	56,637	(56,637)	-
Community Foundations for RADS	7,680	(147)	7,533
Big Lottery for Yoga Sessions	9,623	(2,841)	6,782
Steve Morgan Foundation	-	(1,427)	(1,427)
	<u>793,216</u>	<u>(819,742)</u>	<u>(26,526)</u>
<b>TOTAL FUNDS</b>	<u>936,729</u>	<u>(954,145)</u>	<u>(17,416)</u>



# Rape and Sexual Abuse Centre (RASA) Ltd

## Notes to the Financial Statements - continued for the Year Ended 31 March 2021

### **18. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	43,453	99,734	755	143,942
Designated Fund for Training and Development	304	451	(755)	-
Lime Culture for Truth Project	2,177	4,877	-	7,054
Education Service	4,329	(8,962)	-	(4,633)
	50,263	96,100	-	146,363
<b>Restricted funds</b>				
Justice for Jane	1,321	(1,189)	-	132
Hoylake Holistics	14,250	(14,250)	-	-
Wirral Borough Council Safe House *	19,996	(1,707)	-	18,289
Rape Crisis Regional Funding *	145	(63)	-	82
Victims Fund Sefton (PCC from 1/10/14) *	79	(34)	-	45
Home Office Funding for ISVA *	353	(58)	-	295
Liverpool City Safe *	130	(57)	-	73
Rape Services Funding	1,015	2,559	-	3,574
SARC Counselling Funding *	60	(26)	-	34
Liverpool *	17	(17)	-	-
PCC Victims and Witnesses Fund *	433	(350)	-	83
Children In Need for CHISVA Service	13,254	(12,510)	-	744
Wirral Borough Council Public Health	773	(342)	-	431
Wirral CSP	63	(28)	-	35
Jill's Fund	23,105	(20,000)	-	3,105
MOJ Additional Funding	-	403	-	403
OPCC Contract	40	281	-	321
Proceeds of Crime Fund	2,599	(761)	-	1,838
RCEEW Digital Transformation Fund	8,719	(8,567)	-	152
Community Foundations for RADS	-	7,533	-	7,533
Big Lottery for Yoga Sessions	-	4,811	-	4,811
Merseyside Violence Reduction Partnership	-	306	-	306
MOJ Covid 19 fund to October 20	-	6,178	-	6,178
	86,352	(37,888)	-	48,464
<b>TOTAL FUNDS</b>	<b>136,615</b>	<b>58,212</b>	<b>-</b>	<b>194,818</b>

**Rape and Sexual Abuse Centre (RASA) Ltd**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021**

**18. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	113,894	(14,160)	99,734
Designated Fund for Training and Development	917	(466)	451
Lime Culture for Truth Project	26,126	(21,249)	4,877
Merseycare	20,000	(20,000)	-
Education Service	77,239	(86,201)	(8,962)
	238,176	(142,076)	96,100
<b>Restricted funds</b>			
Justice for Jane	-	(1,189)	(1,189)
Hoylake Holistics	40,579	(54,829)	(14,250)
Wirral Borough Council Safe House *			
Rape Crisis Regional Funding *	1	(1,708)	(1,707)
Victims Fund Sefton (PCC from 1/10/14) *	-	(63)	(63)
Home Office Funding for ISVA *	1	(35)	(34)
Liverpool City Safe *	-	(58)	(58)
Rape Services Funding	-	(57)	(57)
SARC Counselling Funding *	266,999	(264,440)	2,559
Liverpool *	-	(26)	(26)
PCC Victims and Witnesses Fund *	-	(17)	(17)
Children In Need for CHISVA Service	(1)	(349)	(350)
Wirral Borough Council Public Health	88,766	(101,276)	(12,510)
Wirral CSP	99,839	(100,181)	(342)
Jill's Fund	-	(28)	(28)
MOJ Additional Funding	-	(20,000)	(20,000)
OPCC Additional Funding for Counselling	68,001	(67,598)	403
OPCC Contract	25,618	(25,618)	-
Proceeds of Crime Fund	897,002	(896,721)	281
RCEEW Digital Transformation Fund	7,500	(8,261)	(761)
NHS Funding for Counselling	2,025	(10,592)	(8,567)
Community Foundations for RADS	56,637	(56,637)	-
Big Lottery for Yoga Sessions	7,680	(147)	7,533
Steve Morgan Foundation	9,623	(4,812)	4,811
Merseyside Violence Reduction Partnership	10,000	(10,000)	-
MOJ Covid 19 fund to October 20	7,334	(7,028)	306
MOJ Covid 19 funds to March 21	46,306	(40,128)	6,178
Smallwood Trust	47,250	(47,250)	-
	9,829	(9,829)	-

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

MOJ ISVA Funding	37,051	(37,051)	-
	1,728,040	(1,765,928)	(37,888)
<b>TOTAL FUNDS</b>	<b>1,966,216</b>	<b>(1,908,004)</b>	<b>58,212</b>

**19. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**20. OTHER FINANCIAL COMMITMENTS**

**Operating Lease Commitments**

A new lease for rent for the Unit in Bootle was signed in February 2020 running to 30 September 2025.

The total rent due to be paid within one year are £42,751 (2020 £40,633)

There is a photocopier lease and the payments due in the next year are £4,504.

The total due within one year is £47,256 (2020 £45,137).

The rent due more than one year is £188,818 (2020 £192,380).

Other rents are paid on rolling contracts.

**21. FUNDS**

\* These funds relate to historic fixed asset capital donations.

**PCC FOR MERSEYSIDE**

In partnership with RASASC, RASA successfully won the competitive tender to provide counselling and support for sexual violence survivors across Merseyside. This tender, valid for three years (April 2018 - April 2021) is to provide an ageless and genderless service to all five boroughs.

RASA clients reside in Liverpool, Wirral and Sefton Boroughs.

The full service includes the provision of Independent Sexual Violence Advisors (ISVA Service) for all five boroughs as well as a children's provision, pre-trial therapy, and counselling.

2062 new clients were welcomed into RASA service in this year - 1003 client cases were carried forward from the previous year - 3065 unique individuals in total were therefore seen in service in the year.

With the onset of Covid-19 in March 2020, a decision was made to extend, without re-tendering, this contract, for an additional 12 months to 31-03-2021

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**21. FUNDS - continued**

**MINISTRY OF JUSTICE FUND FOR RAPE AND SEXUAL ABUSE SURVIVORS - RAPE SUPPORT FUND**

RASA achieved funding through the female Rape Support Fund administered by the Ministry of Justice for 3 years from April 2018 - March 2021. This allows us to work as counsellors and supporters for females over the age of 13. This valued fund compliments and ensures a full equitable service is available to all female survivors of sexual violence crimes in Wirral, Sefton and Liverpool.

**MINISTRY OF JUSTICE CSE FUNDING UPLIFT**

As recipients of the Rape Support Fund, RASA was pleased to accept an uplift in funding to enable us to meet the challenges of increasing numbers of adult survivors of non-recent Childhood Sexual Abuse and Exploitation as a result of high-profile national media and the promotion of the Independent Inquiry into Child Sexual Abuse.

This allows us to provide additional support to adult survivors of non-recent Childhood Sexual Abuse and Rape. 792 such cases were referred or self-referred in this year.

**WIRRAL BOROUGH COUNCIL PUBLIC HEALTH**

RASA is additionally commissioned to deliver counselling and support to adult victims of sexual violence living in Wirral. This commission was achieved in 2017 and runs from April 2017- March 2022. 553 new Wirral cases were referred in this year.

**MINISTRY OF JUSTICE EXTRAORDINARY COVID-19 SUPPORT**

RASA was awarded funding under this emergency grant fund, to allow us to extend the ability of counsellors and ISVAs to provide effective remote support to try and keep the waiting lists and waiting times, steady throughout the pandemic. RASA used this funding to employ additional staff to provide appropriate support and assistance to those in need after becoming victims of sexual violence an abuse.

A second round of this funding was released for application and RASA was again awarded a similar value to allow sustained, enhanced and increased levels of counselling and support.

**MINISTRY OF JUSTICE ISVA FUNDING**

Merseyside OPCC applied for additional ISVA funding on behalf of RASA and RASASC to allow us to enhance and improve our response to those individuals who wished to make reports to the police and be supported through the criminal justice system. Throughout this year, it was indeed essential to provide this additional support to such victims as justice systems were stalled and/or halted by the pandemic and survivors of rape and abuse needed considerably heightened support at this very difficult time.

**OPCC COVID 19 FUNDING**

Merseyside OPCC applied for a small pot of funding to fill gaps in service required during the first 6 months of this year. RASA used this funding to provide remote, sessional counselling, allowing victims and survivors to achieve, or continue receiving, remote counselling from home.

**21. FUNDS - continued**

**CHILDREN IN NEED**

RASA is funded through Children in Need to deliver a Children's Sexual Violence Support Service. This is newly achieved funding and will build on the previous Children in Need funding that saw a Children's Service fully established for the boroughs of Sefton, Liverpool and Wirral. The service has been able to grow to meet demand.

This funding commenced on 01-10-2019 and is due to end on 30-09-2021

**PROCEEDS OF CRIME FUND**

Funding achieved under this grant equips parents and carers with the skills and knowledge to spot the signs a child is being sexually abused or is in danger of such and enable them to effectively encourage disclosure and act on that disclosure to support the child safely and in their best interests.

In addition, the training aims to STOP abuse before it starts by equipping adults with the skills to recognise early warnings and empowering them to act effectively and promptly to protect the child from harm. This is a twelve-month funding opportunity.

This funding was awarded in late 2018 and was extended due to Covid-19. It will be fully expended in this year.

**COMMUNITY FOUNDATION FOR MERSEYSIDE**

In December 2019, RASA was awarded funding to run an interim support service for clients awaiting counselling and support. The RADS (Reducing Anxiety, Depression and Stress) service uses clinical hypnotherapy in a group setting with the effect of stabilising survivors and holding them engaged in the recovery process. Due to restrictions under Covid-19, this funding has been extended to be expended in this year. This did not happen and at the close of the year, the balance remained the same.

**STEVE MORGAN FOUNDATION**

At the outset of Covid-19, Steve Morgan Foundation offered emergency support for charities hit by sudden change and a need to carry on service delivery. RASA successfully applied for and received this funding which allowed us to purchase equipment to immediately commence remote working with clients. This funding was received right at the end of last year and was expended swiftly at the start of this one. It allowed us to quickly equip our counsellors and ISVAs with the necessary laptops and online platforms they required to carry on with their work, but remotely.

**SMALLWOOD TRUST**

To assist in the recovery process and to better retain clients during restricted access times and in the aftermath of lockdown, RASA developed appropriate clinical hypnotherapy courses to be delivered on site. These sessions were warmly welcomed by clients who found strength and support from being engaged in them.

## 21. FUNDS - continued

### MERSEYSIDE VIOLENCE REDUCTION PARTNERSHIP

This funding allowed a cohort of specifically trained counsellors to provide a trauma informed response to survivors of sexual violence, focussing on psych education, which includes physiological impact of trauma and developing an understanding how they have been impacted by the sexual violence experienced, developing positive coping strategies and resilience building. In addition to counselling, we offer Clinical Hypnotherapy, which is extremely successful at treating anxiety, depression, stress, and PTSD.

### RASA EDUCATION LIMITED

The RASA Centre Training division formed as a separate Limited Company in June 2019 with the sole aim of supporting the work of RASA Merseyside and developing and strengthening the Training School Curriculum. In this year the training contributed 7% of RASA Income.

### SPORT ENGLAND

RASA was awarded funding in early 2020 to run yoga courses for survivors of sexual violence. As we have been unable to carry out "in person" yoga classes in this year, we have adapted several sessions to become virtual and have requested a change in direction to allow us to provide a lasting online platform to endure beyond the limits of this grant.

### JILL'S FUND

This public collection of donations is being held by RASA following the sudden and unexpected death of Jill Saward in January 2017. It has been held by RASA until such time as Jill's family determine it's most beneficial use for continuing the work Jill was unable to complete. Jill was a supported of RASA Merseyside for many years and was closely engaged, right up until the time of her death.

### MERSEY-CARE

This income is received from allowing sessional room hire within the RASA Centre.

### LIME CULTURE FOR TRUTH PROJECT

RASA was commissioned by Lime Culture to deliver effective professional support to those individuals choosing to make representation to the IICSA.

### HOYLAKE HOLISTICS

RASA opened the West Wirral Centre in 2012 with a grant from the Big Lottery with the aim of creating a social enterprise to underpin the sexual violence support work we do in West Wirral. Hoylake Holistics runs as a shop providing holistic therapies to the general public, with discreet facilities for survivors to access support. However due to the circumstances resulting from COVID in 2020 the shop is unlikely to be able to continue past 2021.

### JUSTICE FOR JANE

These funds are held in trust for the family of Jane Clough. They are donated funds to be used by the family to fund awareness raising and education around rape and domestic violence. The family retired from this role at the end of year to 31-03-2020 and requested that the small remaining balance be donated to RASA to be used as appropriate.



Rape and Sexual Abuse Centre (RASA) Ltd

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	8,239	19,230
<b>Other trading activities</b>		
Shop income		40,582
Training courses	595	78,158
Room hire	50	20,000
	<hr/> 645	<hr/> 138,740
<b>Charitable activities</b>		
Commissioned work	-	26,125
Grants	1,020,602	752,634
	<hr/> 1,020,602	<hr/> 778,759
<b>Total incoming resources</b>	1,029,486	936,729
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Opening stock	8,000	7,500
Purchases	(8,000)	22,341
Wages	-	17,386
Hire of plant and machinery	4,124	5,994
Closing stock	-	(8,000)
	<hr/> 4,124	<hr/> 45,221
<b>Charitable activities</b>		
Wages	605,248	577,810
Rates and water	1,857	3,137
Insurance	7,059	7,246
Light and heat	6,889	10,323
Telephone	41,531	23,713
Postage and stationery	4,423	6,055
Advertising	-	7,507
Rent	59,523	70,386
Survivor travel	615	750
Travel and expenses	235	4,032
Carried forward	727,380	710,959

This page does not form part of the statutory financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>Charitable activities</b>		
Brought forward	727,380	710,959
Training	47,095	32,762
Canteen & household costs	16,773	5,455
Awards and exam costs	-	8,415
Repairs and maintenance	7,137	4,587
Software and IT costs	22,604	25,911
Subscriptions	1,007	1,602
PPE equipment	1,042	-
Partner's payments	96,007	98,000
Freehold property	830	830
Fixtures and fittings	884	1,534
Computer equipment	4,991	4,177
Loss on sale of tangible fixed assets	2,414	258
Grants to institutions	13,130	10,000
Grants to individuals	-	677
	<u>941,294</u>	<u>905,167</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	69	676
<b>Governance costs</b>		
Auditors' remuneration	6,500	-
Accountancy and legal fees	<u>1,873</u>	<u>3,081</u>
	<u>8,373</u>	<u>3,081</u>
Total resources expended	<u>953,860</u>	<u>954,145</u>
Net income/(expenditure)	<u>75,626</u>	<u>(17,416)</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 04538556 (England and Wales)  
REGISTERED CHARITY NUMBER: 1094462

Report of the Trustees and  
Financial Statements for the Year Ended 31 March 2021  
for  
Rape and Sexual Abuse Centre (RASA) Ltd

Robinson Rice Associates  
93 Banks Road  
West Kirby  
CH48 0RB

Rape and Sexual Abuse Centre (RASA) Ltd

Contents of the Financial Statements  
for the Year Ended 31 March 2021

	Page
Report of the Trustees	1 to 11
Report of the Independent Auditors	12 to 14
Statement of Financial Activities	15
Balance Sheet	16
Cash Flow Statement	17
Notes to the Cash Flow Statement	18
Notes to the Financial Statements	19 to 35
Detailed Statement of Financial Activities	36 to 37

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The full Trustee's Report is filed separately at Charities Commission.

Central to RASA's purpose is the principle of providing a safe, confidential place for survivors of sexual violence to be listened to, believed, and supported, with no pressure put on them. This work encompasses a helpline and email contact service, face-to-face counselling and emotional support, facilitated support groups, advocacy for those dealing with the criminal justice system (ISVA), training for survivors and for the public, family support, mindfulness and meditation, complimentary therapies, and signposting to other services.

## **OBJECTIVES AND ACTIVITIES**

### **Significant activities**

The aims of The Rape & Sexual Abuse (RASA) Centre are

1. To provide a free, confidential and non-judgemental support service for women and girls who have been victims of sexual violence in Merseyside (under the trading name RASA).
2. To raise public awareness of the damaging and life-changing effects of rape and sexual abuse.

In order to fulfil these aims, the objectives of The Rape & Sexual Abuse (RASA) Centre are:

- \* To provide a service for women and girls, which includes telephone, one-to-one and group support, in women only space at designated times and at the request of the woman or girl.
- \* To provide a telephone support service for supporters of survivors, both male and female.
- \* To provide information and advice to other individuals and agencies to provide training and talks to external agencies in the local community to recruit volunteers.
- \* To provide adequate training, support and supervision for staff and volunteers.
- \* To monitor and evaluate service provision and policies on a continual basis involving staff, volunteers and women who use the service.
- \* To work with other individuals and agencies to further the aims of The Rape & Sexual Abuse (RASA) Centre to raise funds to meet the needs of the service to identify areas of unmet need and take appropriate action.
- \* To provide parity of service for male survivors of sexual violence, noting that such support and counselling will not encroach on the women only space of the RASA Safe House or any of the centres where RASA works in a face to face capacity with victims of sexual violence.

RASA does not employ male staff or volunteers as we are keenly aware that the vast proportion of sexual violence is perpetrated by men against women and it would therefore be inappropriate for male workers to be evident in a professional sexual violence counselling and support service

Working from a feminist perspective: What it means for RASA

Since it was established in Birkenhead in 1986, RASA Merseyside has always had a feminist ethos, and has aimed to support survivors of sexual violence from a feminist perspective.

People have different understandings of the term 'feminism', and the social and political movements that have been called 'feminist' are diverse, sometimes taking opposing positions on particular issues.

At RASA, we embrace diverse understandings and views, while ensuring that all RASA staff and volunteers share a common set of values on sexual violence through our recruitment and training practices.

Our ethos has been shaped by our experience of working with survivors of sexual violence, and by the lived experience of the women who have volunteered and worked for RASA, over the last 33 years.

This has led to an outward-looking approach, allowing us to respond to the needs of the community we are part of. Over the years, we have moved from being a collective of women offering peer support to other women in their community via a phone line, to the professional organisation we are today, offering counselling and ISVA services to women, children and men across Merseyside.

While much has changed in the way we work, and the number of survivors we are able to help has grown, our core ethos has changed little.



## **OBJECTIVES AND ACTIVITIES**

We continue to describe our ethos as feminist for the following reasons:

- \* Gender inequality, specifically discrimination against and oppression of women and girls, persists in our society and around the world.
- \* While gender inequality has many consequences and effects, sexual violence is among the most severe and pervasive worldwide. This is evidenced by the fact that the vast majority of incidents of sexual violence are perpetrated by a man against a woman or girl.
- \* Sexual violence is a means of exerting power and control over victims, and a means of diminishing the victim's own power and control over their own life. On a societal level, it is a means of enforcing patriarchal power and control through violence against individuals, and through the fear of violence.
- \* Without recognising the gendered nature of sexual violence with individual survivors and as an organisation, we cannot help survivors to recover from trauma, or find long-term strategies to address sexual violence in our community.
- \* Patriarchal violence, perpetrated by overwhelmingly be men, affects men and boys, and transgendered/non-binary people, as well as women and girls. Understanding the common pattern of sexual violence as a means of power and control and recognising the specific ways people of different genders are affected, is entirely compatible with a feminist approach to supporting survivors of sexual violence.
- \* Maintaining a women-only workforce and providing women-only spaces remains crucial to our ability to support all survivors effectively. The survivors who come to us tell us this consistently.

### **Our Ethos**

- \* RASA Merseyside is a women-led, women-run service founded on feminist principles. We believe that by working in an all-women environment, we challenge structures that discriminate against women, providing the opportunity to empower ourselves and claim control of our own lives.
- \* Rape and sexual abuse are crimes of violence and abuse of power, not 'unwanted sex'.
- \* Rape and sexual abuse are never the fault of the survivor, and we work with all survivors towards this understanding of what happened to them.
- \* Rape and sexual abuse are gendered crimes - the majority of victims are women and children, and the majority of perpetrators are men. Sexual violence is both an expression of, and a means of enforcing and increasing, discrimination against women and gender inequality.
- \* Because women and girls live with sexism, the degradation of the female body and the threat of sexual violence in society at large, we create and maintain women-only spaces to offer relief and safety for survivors, and for the women who work at RASA. We know that this benefits survivors and helps them to heal.

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

#### **OBJECTIVES AND ACTIVITIES**

\* When children have experienced sexual abuse or sexual exploitation, they require specialist support. We strive to develop ways of working that help children recover from this trauma, and live happy and healthy lives. We reach out to families, schools and the wider community to raise awareness and help prevent the sexual abuse and exploitation of children and young people.

\* We know that transgender people are at increased risk of sexual violence and abuse, as well as transphobic violence. We aim to welcome all trans and non-binary gender survivors in a safe space for them, and work with other organisations locally to ensure they get the specialist support they need.

\* We work with men and boys to the same feminist principles, recognizing the different ways that sexual violence affects them, and offering men-only support groups for survivors facilitated by a RASA worker. At RASA we see all sexual violence as a cause and a consequence of the patriarchal societal structure we live in, acknowledging that almost all men and boys who experience sexual violence are abused by a man. As such, we believe a service working to feminist principles is well placed to help male survivors of sexual violence.

\* Recognising the oppression that many groups experience in today's society, we aim to work in a non-oppressive, anti-discriminatory way with people of any race, class, culture, immigration status, nationality, faith, sexuality, gender identity, age, disability, or health status. We work towards making our service accessible and available to all, and actively seek to make links with the diverse communities in Merseyside.

#### **Volunteers**

RASA retains volunteers very effectively, because RASA is a great place to work but it is also due largely, we believe, to the support and development opportunities afforded within the organisation.

#### **STRATEGIC REPORT**

##### **Achievement and performance**

##### **Charitable activities**

We continued to work throughout this year, despite the challenges and have remained open since the national lockdown was lifted. In July 2020 a full risk assessment was completed in both centres which led to huge changes in how we work. Screens were installed, people allocated to individual offices and working patterns changed. New contracts and agreements were put into place for clients who could no longer wait for face-to-face support.

Because of all the changes that we have instigated and put in place, we have remained open through the second and third lockdown which is something that many other organisations were unable to do. Following the initial success of our Reducing Anxiety Depression and Stress (RADS) courses, we gained funding to train all of our qualified counsellors in hypnotherapy. A total of twenty-two counsellors have received this training which has led to clinical hypnotherapy becoming a core part of our counselling service used to install stabilisation and reduce anxiety, stress, and depression.

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STRATEGIC REPORT**

**Achievement and performance**

**Internal and external factors**

**Development, Training & Research**

As we enter 20/21 now is the time to reset our services and service sustainability. Although there is much concerning us when we consider today there is much to be excited about, with additional funding to support us during the pandemic we have been able to both upskill and add to our teams, expanding the ISVA and Children's team, as well as more counsellors coming on board. I have witnessed is overwhelming supportive, strength and courage in difficult times from staff and volunteers, always keeping the client and the heart of the support we provide. Looking ahead I am hugely optimistic.

Although some service development was halted during this time, ideas were shared, and innovative service delivery continues. Research shows that accommodating clients' preferences in therapy can lead to better therapeutic alliances, lower dropout, and improved outcomes. We are endeavouring to offer access a wider choice of therapeutic interventions within in one service. That gives clients choice and a sense of autonomy in their care. To provide therapeutic care that recognises the lifelong psychological and physiological impact.

**Financial review**

**Financial position**

At the end of this year RASA holds in the region of £82,000, which is sufficient to pay necessary redundancy and to enable key members of staff to wind down the Charity and to dissolve and disperse assets and clients as appropriate.

RASA has in place a comprehensive Financial Procedure (updated and reviewed in January 2020. It is available upon request.

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

#### **STRATEGIC REPORT**

##### **Financial review**

##### **Principal funding sources**

##### **PCC FOR MERSEYSIDE**

In partnership with RASASC, RASA successfully won the tender to provide counselling and support for sexual violence survivors across Merseyside. This tender, valid for three years (April 2018 to April 2021) is to provide an ageless and genderless service to all five boroughs. The service includes the provision of Independent Sexual Violence Advisors (ISVA Service) for all five boroughs.

RASA clients reside in Liverpool, Wirral and Sefton Boroughs.

2179 new clients were welcomed into RASA service in this year - 902 client cases were carried forward from the previous year - 3081 unique individuals in total were therefore seen in service in the year.

With the onset of Covid-19 in March 2020, a decision was made to extend, without re-tendering, this contract, for an additional 12 months to 31-03-2022.

##### **MINISTRY OF JUSTICE FUND FOR FEMALE RAPE AND SEXUAL ABUSE SURVIVORS**

RASA achieved funding through the female Rape Support Fund administered by the Ministry of Justice for 3 years from April 2018 - March 2021. This allows us to work as counsellors and supporters for females over the age of 13. This valued fund compliments and ensures a full equitable service is available to all female survivors of sexual violence crimes in Wirral, Sefton and Liverpool.

##### **MINISTRY OF JUSTICE FUND FOR MALE RAPE AND SEXUAL ABUSE SURVIVORS**

RASA achieved funding through the male Rape Support Fund administered by the Ministry of Justice for 3 years from April 2018 - March 2021. This allows us to work as counsellors and supporters for males over the age of 13. This valued fund compliments and ensures a full equitable service is available to all male survivors of sexual violence crimes in Wirral, Sefton and Liverpool.

##### **MINISTRY OF JUSTICE CSE FUNDING UPLIFT**

As recipients of the Rape Support Fund, RASA was pleased to accept an uplift in funding to enable us to meet the challenges of increasing numbers of adult survivors of non-recent Childhood Sexual Abuse and Exploitation as a result of high-profile national media and the promotion of the Independent Inquiry into Child Sexual Abuse.

This allows us to provide additional support to adult survivors of non-recent Childhood Sexual Abuse and Rape.

##### **WIRRAL BOROUGH COUNCIL PUBLIC HEALTH**

RASA is additionally commissioned to deliver counselling and support to adult victims of sexual violence living in Wirral. This commission was achieved in 2017 and runs from April 2017- March 2022.

##### **CHILDREN IN NEED**

RASA is funded through Children in Need to deliver a Children's Sexual Violence Support Service. This is newly achieved funding and will build on the previous Children in Need funding that saw a Children's Service fully established for the boroughs of Sefton, Liverpool and Wirral. The service has been able to grow to meet demand.

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STRATEGIC REPORT**  
**Financial review**

This funding commenced on 01-10-2019 and is due to end on 30-09-2021.

**PROCEEDS OF CRIME FUND**

This project equips parents and carers with the skills and knowledge to spot the signs a child is being sexually abused or is in danger of such and will be able to effectively encourage disclosure and act on that disclosure to support the child safely and in their best interests. In addition, the training aims to STOP abuse before it starts by equipping adults with the skills to recognise early warnings and empowering them to act effectively and promptly to protect the child from harm. This is a twelve-month funding opportunity.

This funding was awarded in late 2018 and is due to be expended in this year.

**JOHN MOORES FOUNDATION**

RASA achieved funding for a contribution towards the post of Volunteer Coordinator and Trainer. The RASA Education Manager is an ABC accredited trainer capable of delivering nationally recognised qualifications in a variety of counselling modules. As part of this funding, RASA has been able to further develop training courses available to volunteers and staff and to increase the opportunities for self-sustainability.

**RCEW DIGITAL TRANSFORMATION FUND**

RASA achieved funding through Rape Crisis England and Wales to make contribution towards the national Digital Transformation Project.

The main aims of the project are to:

- " Increase the number of women and girls supported, and to reach marginalised women and girls by integrating digital technologies into specialist sexual violence services and prevention.
- " Build specialist knowledge, capacity and infrastructure, and develop quality approaches to respond to technology related challenges.

**THE BROOK TRUST**

RASA achieved funding from The Brook Trust to cover the shortfall in funding that would have a detrimental effect and put core and essential services at risk. The aim of the fund is to protect and sustain existing services, not to fund new services or expansion. The fund is to retain existing key staff and services in the short term, enabling RASA to take measures to increase the chances of longer-term sustainability.

**NHS ENGLAND HIGH VOLUME FUNDING**

In November 2019 RASA received funding through NHS England to better manage the increased need for counselling and to reduce waiting times.

**COMMUNITY FOUNDATION FOR MERSEYSIDE**

In December 2019, RASA was awarded funding to run an interim support service for clients awaiting counselling and support. The RADS (Reducing Anxiety, Depression and Stress) service uses clinical hypnotherapy in a group setting with the effect of stabilising survivors and holding them engaged in the recovery process.

## Rape and Sexual Abuse Centre (RASA) Ltd

### Report of the Trustees for the Year Ended 31 March 2021

#### **STRATEGIC REPORT** **Financial review**

##### **STEVE MORGAN FOUNDATION**

At the outset of Covid-19, Steve Morgan Foundation offered emergency support for charities hit by sudden change and a need to carry on service delivery. RASA successfully applied for, and received this funding which allowed us to purchase equipment to immediately commence remote working with clients.

##### **RASA EDUCATION LIMITED**

The RASA Centre Training division formed as a separate Limited Company in June 2019 with the sole aim of supporting the work of RASA Merseyside and developing and strengthening the Training School Curriculum. In this year the training contributed 8% of RASA Income.

##### **SPORT ENGLAND**

RASA was awarded funding in this year to run yoga courses for survivors of sexual violence.

##### **Reserves policy**

RASA aims to build a reserve fund to cover 3 months running costs of the Charity. Currently such a reserve would be in the region of £250,000. As RASA works to contract budget deadlines, it is unlikely that RASA will achieve full reserve cover without substantial unrestricted donations being received as all available funding is being used to maintain and develop services for clients.

At 31st March 2021 the total funds held are £194,818 made up of Restricted Funds of £48,467 and Unrestricted Funds of £146,351.

Included in unrestricted funds is the balance of the property owned by the property held at a value of £18,260.

The total reserves not including the property is £176,558.

##### **Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

##### **Principal risks and uncertainties**

During the Covid-19 pandemic, RASA were able to adapt in a responsive and flexible way to accommodate remote working to ensure staff and clients were kept safe. Existing clients were provided with the option of continuing with their sessions remotely or waiting until face-to-face support could resume. New clients started their sessions remotely either online or over the telephone. RASA checked in with clients on a weekly basis by email and text. This support was described as invaluable during what was already a difficult time for clients, which was then exasperated by the impacts of the pandemic, including isolation and limited support networks associated with the national lockdown measures. Whilst many clients were keen to have face-to-face contact, they did find remote support more accessible, reducing travel and allowing them to attend during work hours. RASA were keen to continue to provide a blended offer going forward, giving the clients the option and choice of remote or face-to-face engagement, or a mixture of the two

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

RASA is a company limited by guarantee incorporated in England / Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 9 of these financial statements.

**Recruitment and appointment of new trustees**

RASA welcomes individuals who wish to be considered as a potential trustee.

Prospective trustees are recommended, self-refer or respond to advertisements on volunteer websites.

Prospective trustees progress through to appointment via the safer recruitment process under which they are interviewed by two senior staff members and/or an existing trustee.

As an accredited member of Rape Crisis England and Wales, RASA must ensure that the trustee board remains women lead. Men are welcome to apply to be trustees but will be unable to take key board positions.

Following safer recruitment process completion, prospective candidates are forwarded for election at the next AGM. At this point they must present a short biography to allow members to decide who they wish to elect. Existing elected trustees may also decide to recommend individuals to be co-opted onto the Board of Trustees. This must be carried out in line with the RASA Constitution.

**Decision making**

Day to day decisions are made by the operational management team consisting of Josephine Wood, Vicky Green and Lorraine Wood.

**Induction and training of new trustees**

Individuals must then successfully complete the RASA training for non-client focused staff. This process is carefully monitored by Education Centre staff for suitability to work with RASA.

**Key management remuneration**

Trustees have set the remuneration for key management.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

04538556 (England and Wales)

**Registered Charity number**

1094462

**Registered office**

15 Morpeth Close

Moreton

Wirral

CH46 6HQ



Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**Principal address**

Units 2 and 3 Stella Nova  
Washington Parade  
Bootle  
L20 4TZ

**Trustees**

K Teeboon (resigned 27.7.20)  
L Pilling  
P Smith  
D Blaylock  
J Smith

**Company Secretary**

J Wood

**Senior Statutory Auditor**

Beverley Rice

**Auditors**

Robinson Rice Associates  
93 Banks Road  
West Kirby  
CH48 0RB

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Rape and Sexual Abuse Centre (RASA) Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Rape and Sexual Abuse Centre (RASA) Ltd

Report of the Trustees  
for the Year Ended 31 March 2021

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;  
and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Robinson Rice Associates, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ..... 03-06-2022 ..... and signed on the board's behalf by:



.....  
J Smith - Trustee

Report of the Independent Auditors to the Members of  
Rape and Sexual Abuse Centre (RASA) Ltd

**Opinion**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The corresponding figures in respect of the prior year have not been audited.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption preparing the trustees' report and from the requirement to prepare a strategic report

Report of the Independent Auditors to the Members of  
Rape and Sexual Abuse Centre (RASA) Ltd

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities such as fraud are inherently more difficult to detect than irregularities from error but we tailor our audit to provide reasonable assurance that the accounts are free from such misstatements. Fraud and other errors could occur due to no segregation of duties so we have reviewed the charities internal controls, organisation structure and their risk assessment practices. We have discussed in detail with the management the workings of the organisation to obtain a clear understanding of the entities laws and regulations and their control procedures in the organisation. In doing so we have reviewed the effectiveness of the charities controls based on the organisations functions and through this process identified areas that we believe would be higher risk areas for misstatement. We then check our understandings by testing these systems and risk areas to enable us to draw conclusions to the accuracy of the accounts.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

Report of the Independent Auditors to the Members of  
Rape and Sexual Abuse Centre (RASA) Ltd

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

A handwritten signature in black ink, appearing to read 'B Rice', with a large, loopy flourish above the name.

Beverley Rice (Senior Statutory Auditor)  
for and on behalf of Robinson Rice Associates  
93 Banks Road  
West Kirby  
CH48 0RB

Date: 7 June 2022

**Rape and Sexual Abuse Centre (RASA) Ltd**

**Statement of Financial Activities**  
**for the Year Ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	8,239	-	8,239	19,230
<b>Charitable activities</b>	4				
Provision of services		85,780	934,822	1,020,602	778,759
Other trading activities	3	<u>645</u>	<u>-</u>	<u>645</u>	<u>138,740</u>
<b>Total</b>		94,662	934,824	1,029,486	936,729
<b>EXPENDITURE ON</b>					
Raising funds	5	-	4,124	4,124	45,221
<b>Charitable activities</b>	6				
Provision of services		7,677	942,059	949,736	908,924
<b>Total</b>		<u>7,677</u>	<u>946,183</u>	<u>953,860</u>	<u>954,145</u>
<b>NET INCOME/(EXPENDITURE)</b>		86,985	(11,359)	75,626	(17,416)
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		59,366	59,826	119,192	136,608
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>146,351</u>	<u>48,467</u>	<u>194,818</u>	<u>119,192</u>

The notes form part of these financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Balance Sheet  
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	14	4,005	29,780	33,785	30,706
<b>CURRENT ASSETS</b>					
Stocks	15	-	-	-	8,000
Debtors	16	30,780	83,070	113,850	50,375
Cash at bank and in hand		<u>120,327</u>	<u>(37,971)</u>	<u>82,356</u>	<u>54,389</u>
		151,107	45,099	196,206	112,764
<b>CREDITORS</b>					
Amounts falling due within one year	17	(8,758)	(26,415)	(35,173)	(24,278)
<b>NET CURRENT ASSETS</b>		<u>142,349</u>	<u>18,684</u>	<u>161,033</u>	<u>88,486</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>146,354</u>	<u>48,464</u>	<u>194,818</u>	<u>119,192</u>
<b>NET ASSETS</b>		<u>146,354</u>	<u>48,464</u>	<u>194,818</u>	<u>119,192</u>
<b>FUNDS</b>	18				
Unrestricted funds				146,351	59,366
Restricted funds				<u>48,467</u>	<u>59,826</u>
<b>TOTAL FUNDS</b>				<u>194,818</u>	<u>119,192</u>

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP

The financial statements were approved by the Board of Trustees and authorised for issue on 07-06-2022 and were signed on its behalf by: J Smith - Trustee

  
.....

The notes form part of these financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Cash Flow Statement  
for the Year Ended 31 March 2021

	Notes	31.3.21 £	31.3.20 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>40,164</u>	<u>(20,563)</u>
Net cash provided by/(used in) operating activities		<u>40,164</u>	<u>(20,563)</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(12,197)	(8,531)
Net cash used in investing activities		<u>(12,197)</u>	<u>(8,531)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		27,967	(29,094)
Cash and cash equivalents at the beginning of the reporting period		<u>54,389</u>	<u>83,483</u>
Cash and cash equivalents at the end of the reporting period		<u>82,356</u>	<u>54,389</u>

The notes form part of these financial statements



Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Cash Flow Statement  
for the Year Ended 31 March 2021

**1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.21 £	31.3.20 £
<b>Net Income/(expenditure) for the reporting period (as per the Statement of Financial Activities)</b>	<b>75,626</b>	<b>(17,416)</b>
<b>Adjustments for:</b>		
Depreciation charges	6,705	6,541
Loss on disposal of fixed assets	2,414	258
Decrease/(increase) in stocks	8,000	(500)
Increase in debtors	(63,475)	(7,914)
Increase/(decrease) in creditors	<u>10,894</u>	<u>(1,532)</u>
<b>Net cash provided by/(used in) operations</b>	<b><u>40,164</u></b>	<b><u>(20,563)</u></b>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.20 £	Cash flow £	At 31.3.21 £
<b>Net cash</b>			
Cash at bank and in hand	<u>54,389</u>	<u>27,967</u>	<u>82,356</u>
	<u>54,389</u>	<u>27,967</u>	<u>82,356</u>
<b>Total</b>	<b><u>54,389</u></b>	<b><u>27,967</u></b>	<b><u>82,356</u></b>

The notes form part of these financial statements

Notes to the Financial Statements  
for the Year Ended 31 March 2021

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Allocation and apportionment of costs**

All splits are based on the numbers of clients served by the particular costs - or in the case of supervision - actual costs itemised in invoices. In the case of funds to be split across boroughs, funds are split in accordance with population of the borough in question (%).

**Tangible fixed assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- in accordance with the property
Improvements to property	- 33% on cost
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on cost

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**2. DONATIONS AND LEGACIES**

	31.3.21	31.3.20
	£	£
Donations	<u>8,239</u>	<u>19,230</u>

**3. OTHER TRADING ACTIVITIES**

	31.3.21	31.3.20
	£	£
Shop income	-	40,582
Training courses	595	78,158
Room hire	<u>50</u>	<u>20,000</u>
	<u>645</u>	<u>138,740</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.3.21 £	31.3.20 £
Commissioned work	Provision of services	-	26,125
Grants	Provision of services	<u>1,020,602</u>	<u>752,634</u>
		<u>1,020,602</u>	<u>778,759</u>

Grants received, included in the above, are as follows:

	31.3.21 £	31.3.20 £
Grant Income	<u>1,020,602</u>	<u>752,634</u>

**5. RAISING FUNDS**

**Other trading activities**

	31.3.21 £	31.3.20 £
Opening stock	8,000	7,500
Purchases	(8,000)	22,341
Closing stock	-	(8,000)
Staff costs	-	17,386
Hire of plant and machinery	<u>4,124</u>	<u>5,994</u>
	<u>4,124</u>	<u>45,221</u>

**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Grant funding of activities (see note 7) £	Support costs (see note 8) £	Totals £
Provision of services	<u>928,163</u>	<u>13,130</u>	<u>8,442</u>	<u>949,735</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**7. GRANTS PAYABLE**

	31.3.21	31.3.20
	£	£
Provision of services	<u>13,130</u>	<u>10,677</u>

A grant was given to the organisation End Violence Against Women for the collected funds to hold CPS to account for their appalling failure to progress cases on a merits based approach.  
<https://www.crowdjustice.com/case/justice-after-rape/>

**8. SUPPORT COSTS**

	Finance	Governance costs	Totals
	£	£	£
Provision of services	<u>69</u>	<u>8,373</u>	<u>8,442</u>

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Auditors' remuneration	6,500	-
Depreciation - owned assets	6,703	6,546
Hire of plant and machinery	4,124	5,994
Deficit on disposal of fixed assets	<u>2,414</u>	<u>258</u>

**10. AUDITORS' REMUNERATION**

	31.3.21	31.3.20
	£	£
Fees payable to the charity's auditors and their associates for the audit of the charity's financial statements	6,500	-

**11. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**12. STAFF COSTS**

	31.3.21	31.3.20
	£	£
Wages and salaries	<u>605,247</u>	<u>595,196</u>
	<u>605,247</u>	<u>595,196</u>

Salary costs include amounts paid to subcontracted workers.

They also include:

Employers National Insurance £36,673  
Employer Pension Contributions £7,583

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Management	8	8
Counsellors and support workers	<u>19</u>	<u>16</u>
	<u>27</u>	<u>24</u>

No employees received emoluments in excess of £60,000.

**13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	19,230	-	19,230
<b>Charitable activities</b>			
Provision of services	26,125	752,634	778,759
Other trading activities	<u>98,158</u>	<u>40,582</u>	<u>138,740</u>
<b>Total</b>	143,513	793,216	936,729
<b>EXPENDITURE ON</b>			
Raising funds	1,226	43,995	45,221
<b>Charitable activities</b>			
Provision of services	133,180	775,744	908,924
<b>Total</b>	<u>134,406</u>	<u>819,739</u>	<u>954,145</u>
<b>NET INCOME/(EXPENDITURE)</b>	9,107	(26,523)	(17,416)

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	50,263	86,352	136,615
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>59,370</u>	<u>59,829</u>	<u>119,199</u>

14. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>					
At 1 April 2020	41,500	16,920	23,126	43,995	125,541
Additions	-	-	-	12,197	12,197
Disposals	-	-	(1,561)	(6,114)	(7,675)
At 31 March 2021	<u>41,500</u>	<u>16,920</u>	<u>21,565</u>	<u>50,078</u>	<u>130,063</u>
<b>DEPRECIATION</b>					
At 1 April 2020	22,410	16,920	18,821	36,684	94,835
Charge for year	830	-	881	4,992	6,703
Eliminated on disposal	-	-	(823)	(4,437)	(5,260)
At 31 March 2021	<u>23,240</u>	<u>16,920</u>	<u>18,879</u>	<u>37,239</u>	<u>96,278</u>
<b>NET BOOK VALUE</b>					
At 31 March 2021	<u>18,260</u>	<u>-</u>	<u>2,686</u>	<u>12,839</u>	<u>33,785</u>
At 31 March 2020	<u>19,090</u>	<u>-</u>	<u>4,305</u>	<u>7,311</u>	<u>30,706</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**15. STOCKS**

	31.3.21	31.3.20
	£	£
Stocks	<u>-</u>	<u>8,000</u>

**16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Other debtors	-	555
Prepayments and accrued income	<u>113,850</u>	<u>49,820</u>
	<u>113,850</u>	<u>50,375</u>

**17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Accruals and deferred income	<u>35,173</u>	<u>24,278</u>



Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	52,706	91,227	143,933
Lime Culture for Truth Project	8,909	(1,855)	7,054
Education Service	<u>(2,249)</u>	<u>(2,384)</u>	<u>(4,633)</u>
	59,366	86,988	146,354
<b>Restricted funds</b>			
Justice for Jane	176	(44)	132
Hoylake Holistics	3,161	(3,161)	-
Wirral Borough Council Safe House *	19,128	(839)	18,289
Rape Crisis Regional Funding *	109	(27)	82
Victims Fund Sefton (PCC from 1/10/14) *	60	(15)	45
Home Office Funding for ISVA *	320	(25)	295
Liverpool City Safe *	98	(25)	73
Rape Services Funding	1,382	2,192	3,574
SARC Counselling Funding *	45	(11)	34
Liverpool *	13	(13)	-
PCC Victims and Witnesses Fund *	111	(28)	83
Children In Need for CHISVA Service	1,172	(428)	744
Wirral Borough Council Public Health	578	(147)	431
Wirral CSP	47	(12)	35
Jill's Fund	13,105	(10,000)	3,105
MOJ Additional Funding	-	403	403
OPCC Contract	30	291	321
Proceeds of Crime Fund	7,099	(5,261)	1,838
RCEEW Digital Transformation Fund	304	(152)	152
Community Foundations for RADS	7,533	-	7,533
Big Lottery for Yoga Sessions	6,782	(1,971)	4,811
Steve Morgan Foundation	<u>(1,427)</u>	<u>1,427</u>	<u>-</u>
Merseyside Violence Reduction Partnership	-	306	306
MOJ Covid 19 fund to October 20	<u>-</u>	<u>6,178</u>	<u>6,178</u>
	<u>59,826</u>	<u>(11,362)</u>	<u>48,464</u>
<b>TOTAL FUNDS</b>	<u>119,192</u>	<u>75,626</u>	<u>194,818</u>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	94,662	(3,435)	91,227
Lime Culture for Truth Project	-	(1,855)	(1,855)
Education Service	-	(2,384)	(2,384)
	94,662	(7,677)	86,988
<b>Restricted funds</b>			
Justice for Jane	-	(44)	(44)
Hoylake Holistics	-	(3,160)	(3,160)
Wirral Borough Council Safe House *	-	(840)	(840)
Rape Crisis Regional Funding *	-	(27)	(27)
Victims Fund Sefton (PCC from 1/10/14) *	-	(15)	(15)
Home Office Funding for ISVA *	-	(25)	(25)
Liverpool City Safe *	-	(24)	(24)
Rape Services Funding	167,000	(164,808)	2,192
SARC Counselling Funding *	-	(11)	(11)
Liverpool *	-	(13)	(13)
PCC Victims and Witnesses Fund *	-	(28)	(28)
Children In Need for CHISVA Service	52,015	(52,443)	(428)
Wirral Borough Council Public Health	49,919	(50,066)	(147)
Wirral CSP	-	(12)	(12)
Jill's Fund	-	(10,000)	(10,000)
MOJ Additional Funding	34,000	(33,598)	402
OPCC Additional Funding for Counselling	25,618	(25,618)	-
OPCC Contract	448,502	(448,211)	291
Proceeds of Crime Fund	-	(5,261)	(5,261)
RCEEW Digital Transformation Fund	-	(152)	(152)
Big Lottery for Yoga Sessions	-	(1,971)	(1,971)
Steve Morgan Foundation	10,000	(8,573)	1,427
Merseyside Violence Reduction Partnership	7,334	(7,028)	306
MOJ Covid 19 fund to October 20	46,306	(40,128)	6,178
MOJ Covid 19 funds to March 21	47,250	(47,250)	-
Smallwood Trust	9,829	(9,829)	-
MOJ ISVA Funding	37,051	(37,051)	-
	934,824	(946,186)	(11,362)
<b>TOTAL FUNDS</b>	1,029,486	(953,860)	75,626

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	43,453	8,498	755	52,706
Designated Fund for Training and Development	304	451	(755)	-
Lime Culture for Truth Project	2,177	6,732	-	8,909
Education Service	4,329	(6,578)	-	(2,249)
	50,263	9,103	-	59,366
<b>Restricted funds</b>				
Justice for Jane	1,321	(1,145)	-	176
Hoylake Holistics	14,250	(11,089)	-	3,161
Wirral Borough Council Safe House *	19,996	(868)	-	19,128
Rape Crisis Regional Funding *	145	(36)	-	109
Victims Fund Sefton (PCC from 1/10/14) *	79	(19)	-	60
Home Office Funding for ISVA *	353	(33)	-	320
Liverpool City Safe *	130	(32)	-	98
Rape Services Funding	1,015	367	-	1,382
SARC Counselling Funding *	60	(15)	-	45
Liverpool *	17	(4)	-	13
PCC Victims and Witnesses Fund *	433	(322)	-	111
Children In Need for CHISVA Service	13,254	(12,082)	-	1,172
Wirral Borough Council Public Health	773	(195)	-	578
Wirral CSP	63	(16)	-	47
Jill's Fund	23,105	(10,000)	-	13,105
OPCC Contract	40	(10)	-	30
Proceeds of Crime Fund	2,599	4,500	-	7,099
RCEEW Digital Transformation Fund	8,719	(8,415)	-	304
Community Foundations for RADS	-	7,533	-	7,533
Big Lottery for Yoga Sessions	-	6,782	-	6,782
Steve Morgan Foundation	-	(1,427)	-	(1,427)
	86,352	(26,526)	-	59,826
<b>TOTAL FUNDS</b>	<b>136,615</b>	<b>(17,423)</b>	<b>-</b>	<b>119,192</b>

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	19,231	(10,726)	8,505
Designated Fund for Training and Development	917	(466)	451
Lime Culture for Truth Project	26,126	(19,394)	6,732
Merseycare	20,000	(20,000)	-
Education Service	<u>77,239</u>	<u>(83,817)</u>	<u>(6,578)</u>
	143,513	(134,403)	9,110
<b>Restricted funds</b>			
Justice for Jane	-	(1,145)	(1,145)
Hoylake Holistics	40,580	(51,669)	(11,089)
Wirral Borough Council Safe House *	-	(868)	(868)
Rape Crisis Regional Funding *	-	(36)	(36)
Victims Fund Sefton (PCC from 1/10/14) *	1	(20)	(19)
Home Office Funding for ISVA *	-	(33)	(33)
Liverpool City Safe *	1	(33)	(32)
Rape Services Funding	99,999	(99,632)	367
SARC Counselling Funding *	-	(15)	(15)
Liverpool *	-	(4)	(4)
PCC Victims and Witnesses Fund *	(1)	(321)	(322)
Children In Need for CHISVA Service	36,751	(48,833)	(12,082)
Wirral Borough Council Public Health	49,920	(50,115)	(195)
Wirral CSP	-	(16)	(16)
Jill's Fund	-	(10,000)	(10,000)
MOJ Additional Funding	34,000	(34,000)	-
OPCC Contract	448,500	(448,510)	(10)
Proceeds of Crime Fund	7,500	(3,000)	4,500
RCEEW Digital Transformation Fund	2,025	(10,440)	(8,415)
NHS Funding for Counselling	56,637	(56,637)	-
Community Foundations for RADS	7,680	(147)	7,533
Big Lottery for Yoga Sessions	9,623	(2,841)	6,782
Steve Morgan Foundation	-	(1,427)	(1,427)
	<u>793,216</u>	<u>(819,742)</u>	<u>(26,526)</u>
<b>TOTAL FUNDS</b>	<u>936,729</u>	<u>(954,145)</u>	<u>(17,416)</u>

# Rape and Sexual Abuse Centre (RASA) Ltd

## Notes to the Financial Statements - continued for the Year Ended 31 March 2021

### **18. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	43,453	99,734	755	143,942
Designated Fund for Training and Development	304	451	(755)	-
Lime Culture for Truth Project	2,177	4,877	-	7,054
Education Service	4,329	(8,962)	-	(4,633)
	50,263	96,100	-	146,363
<b>Restricted funds</b>				
Justice for Jane	1,321	(1,189)	-	132
Hoylake Holistics	14,250	(14,250)	-	-
Wirral Borough Council Safe House *	19,996	(1,707)	-	18,289
Rape Crisis Regional Funding *	145	(63)	-	82
Victims Fund Sefton (PCC from 1/10/14) *	79	(34)	-	45
Home Office Funding for ISVA *	353	(58)	-	295
Liverpool City Safe *	130	(57)	-	73
Rape Services Funding	1,015	2,559	-	3,574
SARC Counselling Funding *	60	(26)	-	34
Liverpool *	17	(17)	-	-
PCC Victims and Witnesses Fund *	433	(350)	-	83
Children In Need for CHISVA Service	13,254	(12,510)	-	744
Wirral Borough Council Public Health	773	(342)	-	431
Wirral CSP	63	(28)	-	35
Jill's Fund	23,105	(20,000)	-	3,105
MOJ Additional Funding	-	403	-	403
OPCC Contract	40	281	-	321
Proceeds of Crime Fund	2,599	(761)	-	1,838
RCEEW Digital Transformation Fund	8,719	(8,567)	-	152
Community Foundations for RADS	-	7,533	-	7,533
Big Lottery for Yoga Sessions	-	4,811	-	4,811
Merseyside Violence Reduction Partnership	-	306	-	306
MOJ Covid 19 fund to October 20	-	6,178	-	6,178
	86,352	(37,888)	-	48,464
<b>TOTAL FUNDS</b>	<b>136,615</b>	<b>58,212</b>	<b>-</b>	<b>194,818</b>

**Rape and Sexual Abuse Centre (RASA) Ltd**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021**

**18. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	113,894	(14,160)	99,734
Designated Fund for Training and Development	917	(466)	451
Lime Culture for Truth Project	26,126	(21,249)	4,877
Merseycare	20,000	(20,000)	-
Education Service	77,239	(86,201)	(8,962)
	238,176	(142,076)	96,100
<b>Restricted funds</b>			
Justice for Jane	-	(1,189)	(1,189)
Hoylake Holistics	40,579	(54,829)	(14,250)
Wirral Borough Council Safe House *	1	(1,708)	(1,707)
Rape Crisis Regional Funding *	-	(63)	(63)
Victims Fund Sefton (PCC from 1/10/14) *	1	(35)	(34)
Home Office Funding for ISVA *	-	(58)	(58)
Liverpool City Safe *	-	(57)	(57)
Rape Services Funding	266,999	(264,440)	2,559
SARC Counselling Funding *	-	(26)	(26)
Liverpool *	-	(17)	(17)
PCC Victims and Witnesses Fund *	(1)	(349)	(350)
Children In Need for CHISVA Service	88,766	(101,276)	(12,510)
Wirral Borough Council Public Health	99,839	(100,181)	(342)
Wirral CSP	-	(28)	(28)
Jill's Fund	-	(20,000)	(20,000)
MOJ Additional Funding	68,001	(67,598)	403
OPCC Additional Funding for Counselling	25,618	(25,618)	-
OPCC Contract	897,002	(896,721)	281
Proceeds of Crime Fund	7,500	(8,261)	(761)
RCEEW Digital Transformation Fund	2,025	(10,592)	(8,567)
NHS Funding for Counselling	56,637	(56,637)	-
Community Foundations for RADS	7,680	(147)	7,533
Big Lottery for Yoga Sessions	9,623	(4,812)	4,811
Steve Morgan Foundation	10,000	(10,000)	-
Merseyside Violence Reduction Partnership	7,334	(7,028)	306
MOJ Covid 19 fund to October 20	46,306	(40,128)	6,178
MOJ Covid 19 funds to March 21	47,250	(47,250)	-
Smallwood Trust	9,829	(9,829)	-

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**18. MOVEMENT IN FUNDS - continued**

MOJ ISVA Funding	37,051	(37,051)	-
	1,728,040	(1,765,928)	(37,888)
<b>TOTAL FUNDS</b>	<b>1,966,216</b>	<b>(1,908,004)</b>	<b>58,212</b>

**19. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**20. OTHER FINANCIAL COMMITMENTS**

**Operating Lease Commitments**

A new lease for rent for the Unit in Bootle was signed in February 2020 running to 30 September 2025.

The total rent due to be paid within one year are £42,751 (2020 £40,633)

There is a photocopier lease and the payments due in the next year are £4,504.

The total due within one year is £47,256 (2020 £45,137).

The rent due more than one year is £188,818 (2020 £192,380).

Other rents are paid on rolling contracts.

**21. FUNDS**

\* These funds relate to historic fixed asset capital donations.

**PCC FOR MERSEYSIDE**

In partnership with RASASC, RASA successfully won the competitive tender to provide counselling and support for sexual violence survivors across Merseyside. This tender, valid for three years (April 2018 - April 2021) is to provide an ageless and genderless service to all five boroughs.

RASA clients reside in Liverpool, Wirral and Sefton Boroughs.

The full service includes the provision of Independent Sexual Violence Advisors (ISVA Service) for all five boroughs as well as a children's provision, pre-trial therapy, and counselling.

2062 new clients were welcomed into RASA service in this year - 1003 client cases were carried forward from the previous year - 3065 unique individuals in total were therefore seen in service in the year.

With the onset of Covid-19 in March 2020, a decision was made to extend, without re-tendering, this contract, for an additional 12 months to 31-03-2021

Rape and Sexual Abuse Centre (RASA) Ltd

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**21. FUNDS - continued**

**MINISTRY OF JUSTICE FUND FOR RAPE AND SEXUAL ABUSE SURVIVORS - RAPE SUPPORT FUND**

RASA achieved funding through the female Rape Support Fund administered by the Ministry of Justice for 3 years from April 2018 - March 2021. This allows us to work as counsellors and supporters for females over the age of 13. This valued fund compliments and ensures a full equitable service is available to all female survivors of sexual violence crimes in Wirral, Sefton and Liverpool.

**MINISTRY OF JUSTICE CSE FUNDING UPLIFT**

As recipients of the Rape Support Fund, RASA was pleased to accept an uplift in funding to enable us to meet the challenges of increasing numbers of adult survivors of non-recent Childhood Sexual Abuse and Exploitation as a result of high-profile national media and the promotion of the Independent Inquiry into Child Sexual Abuse.

This allows us to provide additional support to adult survivors of non-recent Childhood Sexual Abuse and Rape. 792 such cases were referred or self-referred in this year.

**WIRRAL BOROUGH COUNCIL PUBLIC HEALTH**

RASA is additionally commissioned to deliver counselling and support to adult victims of sexual violence living in Wirral. This commission was achieved in 2017 and runs from April 2017- March 2022. 553 new Wirral cases were referred in this year.

**MINISTRY OF JUSTICE EXTRAORDINARY COVID-19 SUPPORT**

RASA was awarded funding under this emergency grant fund, to allow us to extend the ability of counsellors and ISVAs to provide effective remote support to try and keep the waiting lists and waiting times, steady throughout the pandemic. RASA used this funding to employ additional staff to provide appropriate support and assistance to those in need after becoming victims of sexual violence an abuse.

A second round of this funding was released for application and RASA was again awarded a similar value to allow sustained, enhanced and increased levels of counselling and support.

**MINISTRY OF JUSTICE ISVA FUNDING**

Merseyside OPCC applied for additional ISVA funding on behalf of RASA and RASASC to allow us to enhance and improve our response to those individuals who wished to make reports to the police and be supported through the criminal justice system. Throughout this year, it was indeed essential to provide this additional support to such victims as justice systems were stalled and/or halted by the pandemic and survivors of rape and abuse needed considerably heightened support at this very difficult time.

**OPCC COVID 19 FUNDING**

Merseyside OPCC applied for a small pot of funding to fill gaps in service required during the first 6 months of this year. RASA used this funding to provide remote, sessional counselling, allowing victims and survivors to achieve, or continue receiving, remote counselling from home.



**21. FUNDS - continued**

**CHILDREN IN NEED**

RASA is funded through Children in Need to deliver a Children's Sexual Violence Support Service. This is newly achieved funding and will build on the previous Children in Need funding that saw a Children's Service fully established for the boroughs of Sefton, Liverpool and Wirral. The service has been able to grow to meet demand.

This funding commenced on 01-10-2019 and is due to end on 30-09-2021

**PROCEEDS OF CRIME FUND**

Funding achieved under this grant equips parents and carers with the skills and knowledge to spot the signs a child is being sexually abused or is in danger of such and enable them to effectively encourage disclosure and act on that disclosure to support the child safely and in their best interests.

In addition, the training aims to STOP abuse before it starts by equipping adults with the skills to recognise early warnings and empowering them to act effectively and promptly to protect the child from harm. This is a twelve-month funding opportunity.

This funding was awarded in late 2018 and was extended due to Covid-19. It will be fully expended in this year.

**COMMUNITY FOUNDATION FOR MERSEYSIDE**

In December 2019, RASA was awarded funding to run an interim support service for clients awaiting counselling and support. The RADS (Reducing Anxiety, Depression and Stress) service uses clinical hypnotherapy in a group setting with the effect of stabilising survivors and holding them engaged in the recovery process. Due to restrictions under Covid-19, this funding has been extended to be expended in this year. This did not happen and at the close of the year, the balance remained the same.

**STEVE MORGAN FOUNDATION**

At the outset of Covid-19, Steve Morgan Foundation offered emergency support for charities hit by sudden change and a need to carry on service delivery. RASA successfully applied for and received this funding which allowed us to purchase equipment to immediately commence remote working with clients. This funding was received right at the end of last year and was expended swiftly at the start of this one. It allowed us to quickly equip our counsellors and ISVAs with the necessary laptops and online platforms they required to carry on with their work, but remotely.

**SMALLWOOD TRUST**

To assist in the recovery process and to better retain clients during restricted access times and in the aftermath of lockdown, RASA developed appropriate clinical hypnotherapy courses to be delivered on site. These sessions were warmly welcomed by clients who found strength and support from being engaged in them.

## 21. FUNDS - continued

### MERSEYSIDE VIOLENCE REDUCTION PARTNERSHIP

This funding allowed a cohort of specifically trained counsellors to provide a trauma informed response to survivors of sexual violence, focussing on psych education, which includes physiological impact of trauma and developing an understanding how they have been impacted by the sexual violence experienced, developing positive coping strategies and resilience building. In addition to counselling, we offer Clinical Hypnotherapy, which is extremely successful at treating anxiety, depression, stress, and PTSD.

### RASA EDUCATION LIMITED

The RASA Centre Training division formed as a separate Limited Company in June 2019 with the sole aim of supporting the work of RASA Merseyside and developing and strengthening the Training School Curriculum. In this year the training contributed 7% of RASA Income.

### SPORT ENGLAND

RASA was awarded funding in early 2020 to run yoga courses for survivors of sexual violence. As we have been unable to carry out "in person" yoga classes in this year, we have adapted several sessions to become virtual and have requested a change in direction to allow us to provide a lasting online platform to endure beyond the limits of this grant.

### JILL'S FUND

This public collection of donations is being held by RASA following the sudden and unexpected death of Jill Saward in January 2017. It has been held by RASA until such time as Jill's family determine it's most beneficial use for continuing the work Jill was unable to complete. Jill was a supported of RASA Merseyside for many years and was closely engaged, right up until the time of her death.

### MERSEY CARE

This income is received from allowing sessional room hire within the RASA Centre.

### LIME CULTURE FOR TRUTH PROJECT

RASA was commissioned by Lime Culture to deliver effective professional support to those individuals choosing to make representation to the IICSA.

### HOYLAKE HOLISTICS

RASA opened the West Wirral Centre in 2012 with a grant from the Big Lottery with the aim of creating a social enterprise to underpin the sexual violence support work we do in West Wirral. Hoylake Holistics runs as a shop providing holistic therapies to the general public, with discreet facilities for survivors to access support. However due to the circumstances resulting from COVID in 2020 the shop is unlikely to be able to continue past 2021.

### JUSTICE FOR JANE

These funds are held in trust for the family of Jane Clough. They are donated funds to be used by the family to fund awareness raising and education around rape and domestic violence. The family retired from this role at the end of year to 31-03-2020 and requested that the small remaining balance be donated to RASA to be used as appropriate.

Rape and Sexual Abuse Centre (RASA) Ltd

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	8,239	19,230
<b>Other trading activities</b>		
Shop income		40,582
Training courses	595	78,158
Room hire	50	20,000
	<u>645</u>	<u>138,740</u>
<b>Charitable activities</b>		
Commissioned work	-	26,125
Grants	<u>1,020,602</u>	<u>752,634</u>
	<u>1,020,602</u>	<u>778,759</u>
<b>Total incoming resources</b>	<b>1,029,486</b>	<b>936,729</b>
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Opening stock	8,000	7,500
Purchases	(8,000)	22,341
Wages	-	17,386
Hire of plant and machinery	4,124	5,994
Closing stock	-	(8,000)
	<u>4,124</u>	<u>45,221</u>
<b>Charitable activities</b>		
Wages	605,248	577,810
Rates and water	1,857	3,137
Insurance	7,059	7,246
Light and heat	6,889	10,323
Telephone	41,531	23,713
Postage and stationery	4,423	6,055
Advertising	-	7,507
Rent	59,523	70,386
Survivor travel	615	750
Travel and expenses	235	4,032
Carried forward	<u>727,380</u>	<u>710,959</u>

This page does not form part of the statutory financial statements

Rape and Sexual Abuse Centre (RASA) Ltd

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>Charitable activities</b>		
Brought forward	727,380	710,959
Training	47,095	32,762
Canteen & household costs	16,773	5,455
Awards and exam costs	-	8,415
Repairs and maintenance	7,137	4,587
Software and IT costs	22,604	25,911
Subscriptions	1,007	1,602
PPE equipment	1,042	-
Partner's payments	96,007	98,000
Freehold property	830	830
Fixtures and fittings	884	1,534
Computer equipment	4,991	4,177
Loss on sale of tangible fixed assets	2,414	258
Grants to institutions	13,130	10,000
Grants to individuals	-	677
	<u>941,294</u>	<u>905,167</u>
<b>Support costs</b>		
<b>Finance</b>		
Bank charges	69	676
<b>Governance costs</b>		
Auditors' remuneration	6,500	-
Accountancy and legal fees	<u>1,873</u>	<u>3,081</u>
	<u>8,373</u>	<u>3,081</u>
Total resources expended	<u>953,860</u>	<u>954,145</u>
Net income/(expenditure)	<u>75,626</u>	<u>(17,416)</u>

This page does not form part of the statutory financial statements