REGISTERED CHARITY NUMBER: 517899

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2021
FOR
SANDVILLE SELF HELP FOUNDATION

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2021

The trustees present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and Activities

The purpose of the charity is to complement the work of the National Health Service (NHS) by establishing and managing a self help centre and a home care service for persons suffering from chronic terminal illness, together with a support service for relatives and friends of such persons.

The charity operates countrywide and in particular in the South Wales area and areas which the NHS cannot reach. The facility is supported by qualified medical and nursing personnel.

The charity benefits from the selfless work of 104 volunteers.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The honeymoon Suite upstairs was completely renewed, all the furniture painted and renamed "Jills" room as she has left us £10,000 in her Will.

Conservatory at the front of the house had new Carpets.

Outside shop was presented with two steal containers by Mr Michael Nyder in memory of his wife Lydia, who died 4 years ago.

FINANCIAL REVIEW

Reserves policy

The trustees have reviewed the level of reserves (that is those funds that are readily available at any point of time) that the charity ought to have in relation to its size and operational activities. These reserves are needed to bridge the funding gaps between spending and receiving resources through donations that provide funding. Reserves are also held to cover possible emergency repairs to the building and other expenditure.

The unrestricted reserves as at 30 September 2021 were £1,735,501 (2020: £1,657,048). It is the trustees' view that it is prudent to ensure that there are sufficient reserves to provide financial flexibility should there be any unexpected events. In particular, the level of funds available is required to ensure the charity can continue operating over a period of time should its fundraising capacity be reduced.

FUTURE PLANS

Gwyneth Poacher, founder and centre director has retired, and a new centre director took position in April 2022.

The Centre is being deep cleaned with a full schedule of maintenance planned to get the Centre ready to reopen fully before the end of the summer.

The pool area is having a complete overhaul with new Hoist and flooring being installed.

Carers room downstairs is being transformed into the new Centre Office, with a counselling room being set up opposite.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Sandville Self Help Foundation is a registered charity with the Charity Commission and is governed by its Constitution dated 7 August 1986 and amended in August 2006.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

This is done at a trustees' meeting where new Trustees are invited along and given all the charity's literature before accepting the trustee appointment.

Organisational structure

The board of trustees, which consists of 5 trustees, administers the charity. The board meets on a regular basis covering development, membership, finance and audit.

Sister Gwyneth Poacher, who has been appointed by the trustees, manages the day to day operations of the charity. To facilitate effective operations, she has delegated authority for operational matters including finance, employment and performance related activity where necessary.

Gary Banks came into employment on 1 April 2008 and his post is reviewed every April.

Induction and training of new trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity law, the Constitution, the committee and decision making processes, and recent financial performance and to gain a better insight of the charity as a whole.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

517899

Principal address

Sandville Court Ton Kenfig Pyle Bridgend CF33 4PT

Trustees

Mrs I Keane Mrs J Hibberd Mrs M Beale A Beale G Dower

Founder and Nursing Director: Sister Gwyneth Poacher

Independent Examiner

J E Payne ACA ICAEW Graham Paul Limited Court House Court Road Bridgend CF31 1BE

G Dower - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SANDVILLE SELF HELP FOUNDATION

Independent examiner's report to the trustees of Sandville Self Help Foundation

I report to the charity trustees on my examination of the accounts of Sandville Self Help Foundation (the Trust) for the year ended 30 September 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act: or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J E Payne ACA ICAEW

ICAEW
Graham Paul Limited
Court House

Court Road Bridgend

CF31 1BE

Date: ... 10 6

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 SEPTEMBER 2021

| INCOME AND ENDOWMENTS FROM | Notes | Unrestricted fund £ | Restricted funds | 2021 Total funds £ | 2020 Total funds £ |
|---|--------|----------------------------|------------------|-----------------------------|-----------------------------|
| Donations and legacies | | 60,667 | - | 60,667 | 202,530 |
| Other trading activities Investment income Other income | 2 3 | 56,989 26,567 32,972 | - - - | 56,989 26,567 32,972 | 55,472 26,678 48,186 |
| Total | | 177,195 | _ | 177,195 | 332,866 |
| EXPENDITURE ON Raising funds | 4 | 54,695 | - | 54,695 | 66,760 |
| Charitable activities Hospice costs | | 103,436 | 600 | 104,036 | 162,439 |
| Other | | 1,200 | | 1,200 | 2,700 |
| Total | | 159,331 | 600 | 159,931 | 231,899 |
| Net gains/(losses) on investments | | 60,589 | - | 60,589 | (19,546) |
| NET INCOME/(EXPENDITURE) | | 78,453 | (600) | 77,853 | 81,421 |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 1,657,048 | 25,939 | 1,682,987 | 1,601,566 |
| TOTAL FUNDS CARRIED FORWARD | | 1,735,501 | 25,339 | 1,760,840 | 1,682,987 |
| | | | | | |

The notes form part of these financial statements

BALANCE SHEET 30 SEPTEMBER 2021

| | Notes | 2021 £ | 2020 £ |
|---|-------|--|-----------|
| FIXED ASSETS | Notes | L | L |
| Fangible assets | 9 | 398,156 | 420,697 |
| nvestments | 10 | 1,112,192 | 1,065,052 |
| | | 1,510,348 | 1,485,749 |
| CURRENT ASSETS | | | |
| Stocks | 11 | 1,872 | 1,872 |
| Debtors | 12 | 6,453 | 8,979 |
| Cash at bank | | 245,430 | 189,564 |
| | | 253,755 | 200,415 |
| CREDITORS | 40 | | |
| mounts falling due within one year | 13 | (3,263) | (3,177) |
| ET CURRENT ASSETS | | 250,492 | 197,238 |
| OTAL ASSETS LESS CURRENT | | | |
| IABILITIES | | 1,760,840 | 1,682,987 |
| IET ASSETS | | 1,760,840 | 1,682,987 |
| IIIDO | | the contraction to the contraction of the contracti | |
| UNDS Inrestricted funds destricted funds: | 16 | 1,735,501 | 1,657,048 |
| Building Improvements | | 15,59 1 | 16,191 |
| Donation for church | | 9,748 | 9,748 |
| | | 25,339 | 25,939 |
| OTAL FUNDS | | 1,760,840 | 1,682,987 |

G Dower - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property

- 2% on cost

Fixtures and fittings

- 20% on cost

Motor vehicles

- 25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items. Unsold donated items are not included.

Tayation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Financial instruments

Cash & cash equivalents in the balance sheet comprise cash at bank.

Debtors & creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activities in other expenses.

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

1. ACCOUNTING POLICIES - continued

Financial instruments

Government grants

The charity received grants of £32,972 (2020: £48,186) during the year which is recognised on the performance model basis.

Grants that do not impose specified future performance-related conditions are recognised as income when the grant proceeds are received or receivable.

Grants that impose specified future performance-related conditions are recognised in income only when the performance-related conditions are met.

Grants received before the revenue recognition criteria are satisfied are recognised as a liability.

| 2. | OTHER TRADING ACTIVITIES |
|----|---|
| | O I I I I I I I I I I I I I I I I I I I |

| | Fundraising events Trading activities | 2021 £ 5,496 51,493 56,989 | 2020 £ 28,505 26,967 55,472 |
|----|---------------------------------------|--|---|
| 3. | INVESTMENT INCOME | | |
| | Investment income | 2021 £ 26,567 | 2020 £ 26,678 |
| 4. | RAISING FUNDS | | |
| | Raising donations and legacies | | |
| | Support costs | 2021 £ 43,449 | 2020 £ 52,057 |
| | Investment management costs | 0004 | |
| | Portfolio management | 2021 £ 9,899 | 2020 £ 9,070 —— |
| | Aggregate amounts | 54,695 | 66,760 |

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

5. TRUSTEES' REMUNERATION AND BENEFITS

No trustees, or parties relating to trustees received any remuneration or benefits during the period.

The charity purchased professional indemnity insurance on behalf of the trustees.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2021 nor for the year ended 30 September 2020.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

| | 2021 | 2020 |
|----------------------------|------|------|
| Management | 1 | 1 |
| Administration and support | 3 | 2 |
| | | |
| | 4 | 3 |
| | | |

No employees received emoluments in excess of £60,000.

There were no high paid staff in the year.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted fund £ | Restricted funds | Total funds £ |
|---|---------------------|------------------|---------------------|
| INCOME AND ENDOWMENTS FROM Donations and legacies | 202,530 | £. | 202,530 |
| Other trading activities | 55,472 | - | 55,472 |
| Investment income Other income | 26,678 48,186 | - | 26,678 48,186 |
| Total | 332,866 | - | 332,866 |
| EXPENDITURE ON Raising funds | 66,760 | - | 66,760 |
| Charitable activities Hospice costs | 161,839 | 600 | 162,439 |
| Other | 2,700 | _ | 2,700 |
| Total | 231,299 | 600 | 231,899 |
| Net gains/(losses) on investments | (19,546) | | (19,546) |
| NET INCOME/(EXPENDITURE) | 82,021 | (600) | 81,421 |

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

| 7. | COMPARATIVES FOR THE STATEMENT | OF FINANCIAI | L ACTIVITIES - Unrestricted fund | continued Restricted funds £ | Total funds £ |
|----|--|-------------------|----------------------------------|------------------------------|---------------------|
| | RECONCILIATION OF FUNDS | | ~ | ~ | - |
| | Total funds brought forward | | 1,575,027 | 26,539 | 1,601,566 |
| | TOTAL FUNDS CARRIED FORWARD | | 1,657,048 | 25,939 | 1,682,987 |
| 8. | INDEPENDENT EXAMINERS FEES | | | | |
| | Fees payable to the independent examiner | were £1,200 (20 | 020 - £2,250). | | |
| 9. | TANGIBLE FIXED ASSETS | | P: 4 | | |
| | | Freehold property | Fixtures and fittings £ | Motor vehicles £ | Totals £ |
| | COST At 1 October 2020 and 30 September 2021 | 675,651 | 36,495 | 28,160 | 740,306 |
| | DEPRECIATION At 1 October 2020 Charge for year | 266,496 13,513 | 29,203 4,778 | 23,910 4,250 | 319,609 22,541 |
| | At 30 September 2021 | 280,009 | 33,981 | 28,160 | 342,150 |
| | NET BOOK VALUE At 30 September 2021 | 395,642 | 2,514 | _ | 398,156 |
| | At 30 September 2020 | 409,155 | 7,292 | 4,250 | 420,697 |

In the opinion of the trustees the market value of land and buildings at Sandville Court is considerably more than the carrying value in the accounts. At the time of approval of these financial statements it is not practicable to quantify this difference.

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

| FIXED ASSET INVESTMENTS | | Listed investments £ | Cash and settlements pending £ | Totals £ |
|---|--|---|--|--|
| MARKET VALUE | | ~ | ~ | ~ |
| At 1 October 2020 | | 1,041,635 | 23,417 | 1,065,052 |
| Additions | | 1,395,626 | 7,415 | 1,403,041 |
| Disposals | | (1,367,022) | (3,974) | (1,370,996 |
| Revaluations | | 15,095 | | 15,095 |
| At 30 September 2021 | | 1,085,334 | 26,858 | 1,112,192 |
| NET BOOK VALUE | | | | |
| At 30 September 2021 | | 1,085,334 | 26,858 | 1,112,192 |
| At 30 September 2020 | | 1,041,635 | 23,417 | 1,065,052 |
| Investments are held and managed by managed investments split as follows: Collective Investments | UK £ | Overseas £ | Total £ | a portfolio |
| Investments are held and managed by managed investments split as follows: Collective Investments Equities Cash | UK | Overseas | Total | a portfolio |
| managed investments split as follows: Collective Investments Equities | UK £ 90,005 | Overseas £ 826,698 | Total £ 916,703 168,631 | a portfolio |
| managed investments split as follows: Collective Investments Equities | UK £ 90,005 - 26,858 | Overseas £ 826,698 168,631 | Total £ 916,703 168,631 26,858 | a portfolio |
| managed investments split as follows: Collective Investments Equities Cash | UK £ 90,005 - 26,858 | Overseas £ 826,698 168,631 | Total £ 916,703 168,631 26,858 1,112,192 | 2020 |
| Collective Investments Equities Cash STOCKS | UK £ 90,005 - 26,858 | Overseas £ 826,698 168,631 | Total £ 916,703 168,631 26,858 1,112,192 | 2020 £ |
| managed investments split as follows: Collective Investments Equities Cash | UK £ 90,005 - 26,858 | Overseas £ 826,698 168,631 | Total £ 916,703 168,631 26,858 1,112,192 | 2020 |
| Collective Investments Equities Cash STOCKS | UK £ 90,005 26,858 ——————————————————————————————————— | Overseas £ 826,698 168,631 ———————————————————————————————————— | Total £ 916,703 168,631 26,858 1,112,192 2021 £ 1,872 | 2020 £ 1,872 |
| Collective Investments Equities Cash STOCKS Stocks | UK £ 90,005 26,858 ——————————————————————————————————— | Overseas £ 826,698 168,631 ———————————————————————————————————— | Total £ 916,703 168,631 26,858 1,112,192 2021 £ 1,872 | 2020 £ 1,872 ——— |
| Collective Investments Equities Cash STOCKS Stocks DEBTORS: AMOUNTS FALLING DUE W | UK £ 90,005 26,858 ——————————————————————————————————— | Overseas £ 826,698 168,631 ———————————————————————————————————— | Total £ 916,703 168,631 26,858 1,112,192 2021 £ 1,872 2021 £ | 2020 £ 1,872 ———————————————————————————————————— |
| Collective Investments Equities Cash STOCKS Stocks | UK £ 90,005 26,858 ——————————————————————————————————— | Overseas £ 826,698 168,631 ———————————————————————————————————— | Total £ 916,703 168,631 26,858 1,112,192 2021 £ 1,872 | 2020 £ 1,872 |

8,979

6,453

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

| 13. | CREDITORS: AMOUNTS FALLING DUE | WITHIN ONE | YEAR | | |
|-----|--|------------------|------------------|---------------|-----------------|
| | | 0,12 | LIMPALA | 2021 | 2020 |
| | T | | | £ | £ |
| | Trade creditors Taxation and social security | | | 2,003 | 110 |
| | Other creditors | | | 1,260 | 97 |
| | | | | 1,200 | 2,970 |
| | | | | 3,263 | 3,177 |
| | | | | | |
| 14. | LEASING AGREEMENTS | | | | |
| | Minimum lease payments under non-cance | ellable operatin | g leases fall du | e as follows: | |
| | | | | 2020 | 2019 |
| | 1860 | | | £ | £ |
| | Within one year | | | 830 | 1,233 |
| | Between one year and five years | | _ | 830 | 1,233 |
| | | | | 1,660 | 2,466 |
| | | | _ | | |
| 15. | ANALYSIS OF NET ASSETS BETWEEN | FUNDS | | | |
| | | | | 2021 | 2020 |
| | | Unrestricted | Restricted | Total | Total |
| | | fund £ | funds £ | funds £ | funds £ |
| | Fixed assets | 382,565 | 15,591 | 398,156 | 420,697 |
| | Investments | 1,112,192 | - | 1,112,192 | 1,065,052 |
| | Current assets | 244,007 | 9,748 | 253,755 | 200,415 |
| | Current liabilities | (3,263) | - | (3,263) | (3,177) |
| | | 1,735,501 | 25,339 | 1,760,840 | 1,682,987 |
| | | | | | |
| 16. | MOVEMENT IN FUNDS | | | | |
| | | | | Net | |
| | | | At | movement | At |
| | | | 1.10.20 £ | in funds | 30.9.21 |
| | Unrestricted funds | | L | £ | £ |
| | General fund | | 1,657,048 | 78,453 | 1,735,501 |
| | Restricted funds | | | | |
| | Building Improvements | | 16,191 | (600) | 1E E04 |
| | Donation for church | | 9,748 | (000) | 15,591 9,748 |
| | | | | - | |
| | | | 25,939 | (600) | 25,339 |
| | TOTAL FUNDS | | 1,682,987 | 77,853 | 1,760,840 |
| | | | | | |

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

16. MOVEMENT IN FUNDS - continued

Unrestricted funds General fund

Restricted funds
Building Improvements

TOTAL FUNDS

Net movement in funds, included in the above are as follows:

| Unrestricted funds | Incoming resources £ | Resources expended £ | Gains and losses | Movement in funds £ |
|--|----------------------------|----------------------------|----------------------------------|---------------------------|
| General fund | 177,195 | (159,331) | 60,589 | 78,453 |
| Restricted funds Building Improvements | - | (600) | - | (600) |
| TOTAL FUNDS | 177,195 | (159,931) | 60,589 | 77,853 |
| Comparatives for movement in funds | | | | |
| Ummandatada d Sun da | | At 1.10.19 £ | Net movement in funds £ | At 30.9.20 £ |
| Unrestricted funds General fund | | 1,575,027 | 82,021 | 1,657,048 |
| Restricted funds | | | | |
| Building Improvements | | 16,791 | (600) | 16,191 |
| Donation for church | | 9,748 | _ | 9,748 |
| | | 26,539 | (600) | 25,939 |
| TOTAL FUNDS | | 1,601,566 | 81,421 | 1,682,987 |
| Comparative net movement in funds, include | ed in the above | e are as follows: | | |
| | Incoming resources | Resources expended | Gains and losses | Movement in funds |

£

332,866

332,866

£

(231,299)

(231,899)

(600)

£

(19,546)

(19,546)

-12-

£

82,021

81,421

(600)

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

| | At 1.10.19 £ | Net movement in funds £ | At 30.9.21 £ |
|--|--------------------|----------------------------------|--------------------|
| Unrestricted funds General fund | 1,575,027 | 160,474 | 1,735,501 |
| Restricted funds | . , | 2 50 | |
| Building Improvements Donation for church | 16,791 9,748 | (1,200) | 15,591 9,748 |
| | 26,539 | (1,200) | 25,339 |
| TOTAL FUNDS | | | |
| TOTAL FUNDS | 1,601,566 | 159,274 | 1,760,840 |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

| Umma adaptata at Sana das | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|--|----------------------|----------------------|--------------------|---------------------|
| Unrestricted funds General fund | 510,061 | (390,630) | 41,043 | 160,474 |
| Restricted funds Building Improvements | - | (1,200) | - | (1,200) |
| TOTAL FUNDS | 510,061 | (391,830) | 41,043 | 159,274 |

Unrestricted Funds

The general reserve represents the funds of the charity which are not designated for specific purposes.

Restricted Funds

The building improvements commenced in 1998 to provide suitable toilet facilities and much needed additional space to support the general activities of the foundation. The fund represents a proportion of net book value of Freehold premises. The fund balance is reduced by the depreciation charge on the building.

Designated Funds

There were no designated fund balances at the year end.

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 SEPTEMBER 2021

17. RELATED PARTY DISCLOSURES

During the year the charity incurred expenditure of £1,710 with Mike Poacher & Sons Limited on an arms length basis in respect of motor vehicle repairs and related expenses.

The company is owned by the the son's of Sister Gwyneth Poacher, the centre manager.