

Trustees' Annual Report for the period

From

Period start date

To

Period end date

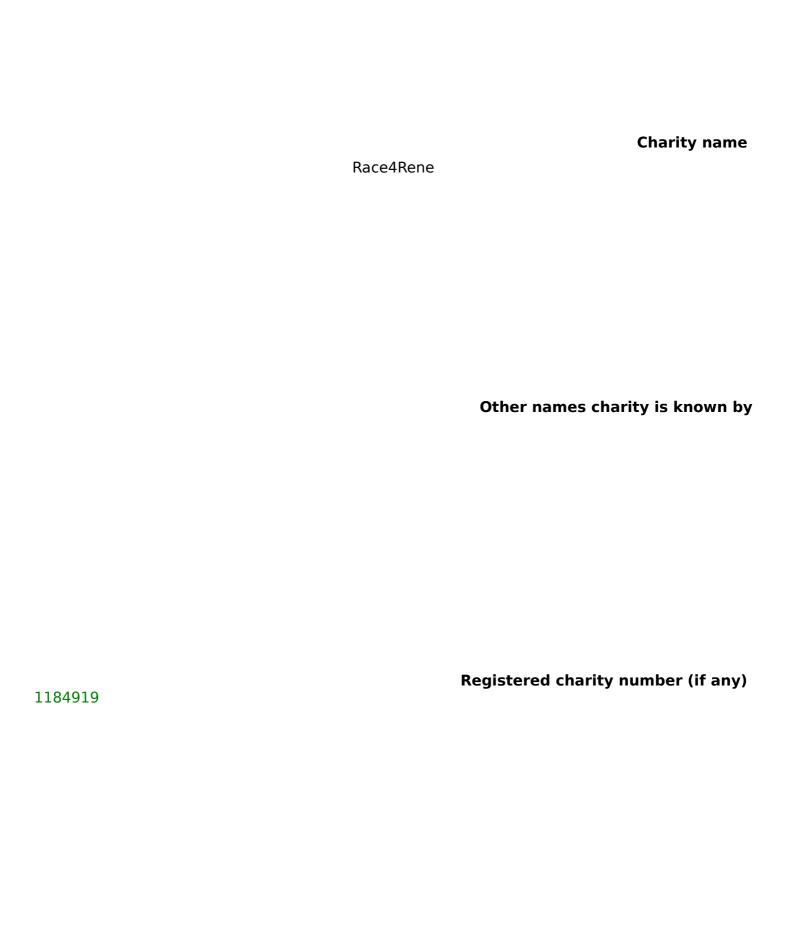
Day 01 Month 12 Year 2020

Day 30 Month 11 Year 2021

Section A

Reference and administration details

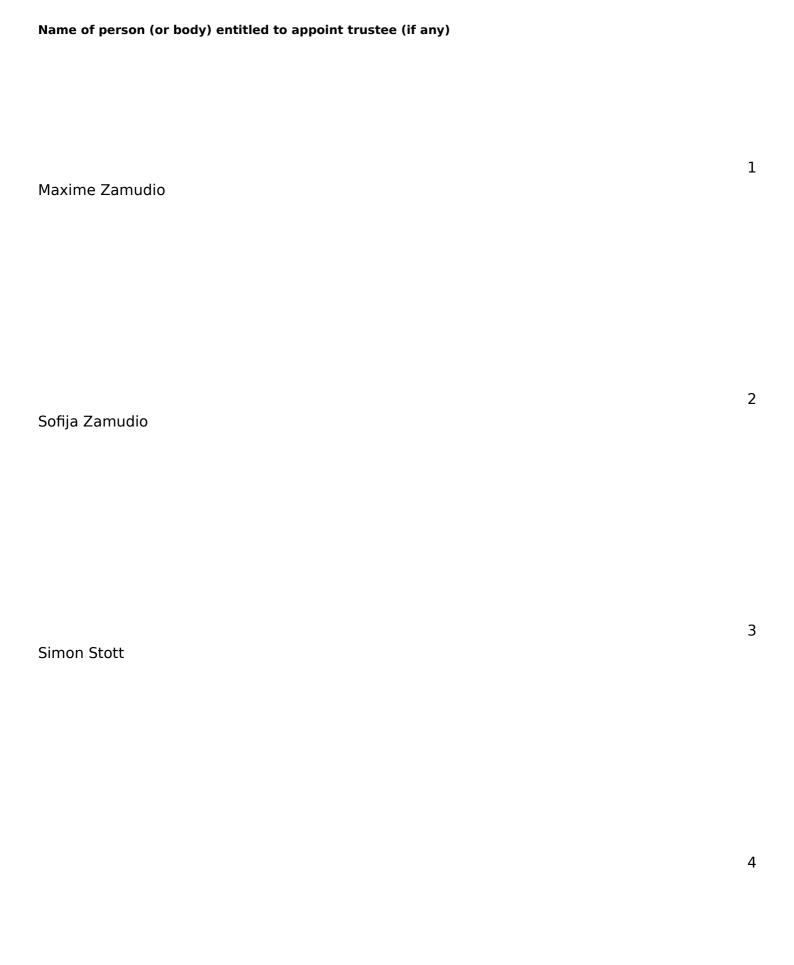
TAR 1 March **2012**



Charity's principal addres	Ch	arit _\	/'s i	prin	cipal	addı	es
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	charity 5 principal dadies
35 Cotswold Gardens	
London	
Postcode	
NW2 1QT	
Names of the charity trustees who manage the charity	

Trustee name Office (if any) Dates acted if not for whole year



TAR 4 March **2012**

Names and addresses of advisers (Optional information) Type of adviser Name	
Address	
Name of chief executive or names of senior staff members (Optional information)	
name of chief executive of hames of semot stall members (optional miorillation)	

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

(eg. trust deed, constitution)

Constitution

How the charity is constituted

(eg. trust, association, company)

CIO Foundation

Trustee selection methods

(eg. appointed by, elected by)

Appointed by existing trustees

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- · relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

THE OBJECT OF THE CIO IS TO PRESERVE AND PROTECT PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY RAISING AWARENESS OF MENTAL HEALTH AND THE DEVASTATING IMPACT OF SUICIDE AND GETTING PEOPLE TO TALK OPENLY IN ORDER TO DIRECT THEM TO THE APPROPRIATE PROFESSIONAL HELP THAT IS AVAILABLE.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Very limited activity due to COVID

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D	Achievements and performance
Summary of the main achievements of the charity during the year	Limited activity due to COVID.

Section E	Financial review
Brief statement of the charity's policy on reserves	There is no reserve policy
Details of any funds materially in deficit	
Further financial review de	etails (Optional information)
You may choose to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	
Section G	Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Max Zamudio

	Full name(s)
Maxime Rene Zamudio	
Chair	Position (eg Secretary, Chair, etc)

Date 01-08-2022



Charity Name	

Receipts and payments acco

For the period	Period start date	т-
from	12/01/2020	10

	Unrestricted	Restricted	Endowment
	funds	funds	funds
	to the nearest £	to the nearest £	to the nearest £
A1 Receipts			
Fundraising	1,770	-	-
	-	-	-
	-	-	-
	-	_	_
	-	-	-
	-	-	-
	-	-	-
Sub total(Gross income for AR)	1,770	-	_
A2 Asset and investment sales, (see table).			
	-	-	
	-	-	
Sub total	-	-	
Total receipts	1,770	-	-
A3 Payments Grants	1,770	_	_
Accounts	700	-	-
Trustee loan repayment	10,000	-	-
. ,	-	-	-
	-	-	-
	-	_	1
			-
	-	-	-
	-	-	-
Cb +-+-1	-	-	-
Sub total	- - - 12,470	-	-
A4 Asset and investment	- - - 12,470	-	-
A4 Asset and investment	- - 12,470	-	-
A4 Asset and investment	- - 12,470	-	-
A4 Asset and investment	-	-	-
A4 Asset and investment purchases, (see table) Sub total	- - -	-	-
A4 Asset and investment purchases, (see table)	- - -	-	-
A4 Asset and investment purchases, (see table) Sub total Total payments	- - - 12,470	-	-
A4 Asset and investment purchases, (see table) Sub total Total payments Net of receipts/(payments)	12,470	-	-
A4 Asset and investment purchases, (see table) Sub total Total payments	12,470	- - - - -	-

Cash funds this year end	10,700	-	-

Section B Statement of assets and liabilities at the end of

Categories	Details	funds
		to nearest £
B1 Cash funds	Bank account	317
		-
		-
	Total cash funds	317
	(agree balances with receipts and payments account(s))	Agreement Error
		Unrestricted funds
	Details	to nearest £
B2 Other monetary assets		-
		-
		-
		-
		-
		-
	Details	Fund to which asset belongs
B3 Investment assets	Details	disset belongs
	Details	Fund to which asset belongs
B4 Assets retained for the		
charity's own use		
	Details	Fund to which liability relates
B5 Liabilities		

Signed by one or two trustees on behalf of all the trustees	Signature	Print N
	Max Zamudio	Max Zaı

ounts CC16a Period end date 11/30/2021 **Total funds** Last year to the nearest £ to the nearest £ 1,770 --1,770 -1,770 1,770 700 10,000 --12,470 12,470 10,700

o (if any)

- 10,700 -

the period	
Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	_
-	-
-	-
OK	OK
Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
_	
-	-
-	-
-	-
-	-
Cost (optional)	Current value (optional)
-	-
-	-
-	_
-	-
Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
_	_
-	_
-	
-	-
Amount due (optional)	When due (optional)
-	
-	

Date of approval
08/01/2022