

ANNUAL REPORT

APRIL 2021 TO MARCH 2022

Involve Coventry is the operational name for Coventry AIMHS, which is a Registered Charity Charity Number 1136456. Registered company – Number 6507837

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WHAT DOES INVOLVE DO?

Involve Coventry is a mental health co-production and involvement charity; we currently work across Coventry, Warwickshire and surrounding areas.

What is co-production? You may be asking.... you can define co-production as:

A relationship where professionals and ordinary people **share** power to plan and deliver support **together**, recognising that



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both have vital contributions to make in order to improve quality of life for people and communities.

We work alongside people who access mental health services to provide free accredited training, volunteering and most importantly a variety of co-production, involvement and engagement opportunities - including peer led support groups and a walking group.

We facilitate consultation and research led opportunities, monitoring and feedback to mental health service providers in both the statutory and voluntary mental health sectors at a local and national level.

We facilitate local community mental health events to educate, inform and listen to the views of people who access mental health services and their Carers.

We attend mental health in-patient units and day hospitals across our area to hear about the experiences of people who are currently receiving care and feedback these collective experiences in an effort to improve care and patients perception of their care.

We also facilitate social events, which are designed to improve the social capital of people who may live alone, are isolated or are enduring food or fuel poverty.

We successfully support individuals who we have been working alongside for an extended period of time by attending their benefit reviews and appeals and we also provide low level advocacy.

We provide one to one support enabling people to complete complex forms, and provide information in relation to benefit entitlements.

ANNUAL OVERVIEW 2021 – 2022

This was the fourth year of our five-year contract to deliver our coproduction and involvement service under **Coventry City Council's Community Based Preventative Support Grant.**

Only one year of our current funding arrangements are remaining. Again, we have been successful in attracting additional external grant funding this year, without this we would not have been able to facilitate paid for social activities, and additional group activities such as the mental health and fitness group. A grant from the lottery paid for new computers in the office this year enabling us to offer internet access to the people we support on a regular basis.

Operating with a reduced budget continues to challenge us, some of these challenges are to be expected, but we also had to overcome some issues that were unforeseen and out of our control, in particular dealing with the shift in how people can access our support following the lockdown and how to continue delivering group support when new variants of Covid-19 are present and emerging.

Our staffing remains at one full time worker, and one sessional support worker. From April 2021 we will have a new part time support worker - Donato.

INVOLVE CO-PRODUCTION MEETINGS

Involve has historically hosted 6 weekly co-production meetings within the city centre to extend our reach, unfortunately these were suspended in March 2020 as larger public meetings were prohibited due to the lockdown. Due to COVID-19 these continue to be on hold, when social distancing measures were relaxed the venue we hired to host these meetings is no longer available and as new variants emerged, it is still viewed as a higher risk activity to host larger group meetings indoors. We review the current arrangements on a monthly basis in line with infection rates in our locality in conjunction with ongoing risk assessments.

When we are allowed to resume our co-production meetings, they will provide an opportunity for people who access mental health services to give their views on *current* issues within local services. At the moment

we are finding new ways to do this, increasingly this is via social media, *zoom* meetings, texts and email.

The vast majority of our co-production meetings are truly user led. Where possible, guest speakers from a variety of community providers are invited to participate, to give updates and insight into the services that they offer. This gives providers an opportunity to gain impartial feedback from people who access services in a truly independent setting. We feel strongly that feedback from people attending services which is gathered by the services themselves, is not always a true reflection of the efficacy of the support received. People rarely give negative feedback to the people who are supporting them – its human nature.

We had to suspend attending mental health inpatient units to gain feedback from patients due to the lockdown, following the statutory lockdown period, the wards remained closed to visitors to minimise risk of covid transmission, however Donato is currently arranging to reestablish the patient meetings in the hospital.

SUMMARY OF ENGAGEMENT

Involve has many achievements in the year commencing April 2021. Here is a summary of just a few of them:

We continued to provide **independent** feedback to service providers in our locality although the method in which we previously did this has changed somewhat.

We have participated in the online review of several key mental health services consultation and engagement exercises with commissioners from City Council and Coventry and Warwickshire Clinical Commissioning Group. We have also had input into online meetings and virtual consultations which have been facilitated by Public Health Coventry.



Throughout the year, we continued to provide a well-attended weekly mental health peer support group.

We gained additional funding which allowed us to increase our range of social activities, we held several events where people could meet up and enjoy time together.

Weather permitting, we continued to run a weekly walking group, which is supported by Andy and Donato every Monday.

A member of our Board of Trustees – Peter Sims continues to attend Coventry City Council's Adult Social Care Stakeholder Reference Group Meeting by Teams.

We held various virtual meetings with the Clinical Commissioning Group and Coventry City Council commissioners to provide feedback on service reviews and changes in our locality.

Alongside our weekly peer support group and walking groups, we also implemented a fitness and wellbeing opportunity at the Wave in Coventry where people can access the gym or pool, we have hosted several social events that took place in various locations within the City.

The demand for us to support people by telephone and online, via social media platforms increased exponentially during the lockdown – it appears that this is now the preferred way for people to make contact. There continues to be an increased number of people requesting help with filling in forms and to attend medical assessments as changes to benefits and review schedules affecting benefits is a continual process.

Through our members, we continue to have strong links with local groups in our community.

We routinely provide referral to other community organisations and support services – not all of these are mental health specific, they can be relating to; housing, benefits, legal, advocacy, refugee and employment & volunteering opportunities. We have strong links with partner organisations also funded through the Preventative Support Grant – these include Coventry and Warwickshire Mind, The Alzheimers Society, Carers Trust, housing support agencies and hoarding support services.

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New people *(self-refer)* or are referred to us from a variety of local agencies if they wish to participate in co-production activities or receive direct support.

Involve works in partnership with our two local universities and many other agencies in our city to ensure that we can offer a wide range of engagement and involvement opportunities. Donato set up a student mental health peer support group within the University this year.

We remain thankful for the support and involvement of people and professionals who engage with our services.

INVOLVE TRAINING

In 2021, our ability to offer free training opportunities was impacted, due to lockdown and lack of funding for these specific projects. We are hopeful that we will be able to apply for additional funding in 2022 to restart our training courses when social restrictions are eased. However, we were able to start projects which increased our reach in relation to exercise and fitness. The weekly exercise project delivered on Tuesdays at the Wave is one example of this.

Involve continues to work in collaboration with other providers in our locality ensure people are aware of training opportunities they are able



to participate in.

SOCIAL EVENTS

Involve Coventry has facilitated a variety of social events and sport & fitness related activities in 2021 to 2022 which continue to tie in with Coventry's 5 ways to wellbeing. We facilitate regular events in the City

Centre and at local public venues including public parks and cafes.

PEOPLE AND PATIENT INVOLVEMENT

Care Quality Derational name for Coventry AIMHS, which is a Registered Charity Commission 136456. Registered company – Number 6507837

Involve continues to work alongside the National Health Service Monitoring Organisations such as the **Care Quality Commission**, **Monitor** and **Coventry Healthwatch** to facilitate Patient Feedback from people in our locality.

Involve has historically had a good relationship with Public Health Coventry to provide engagement that gives people an opportunity to have some input into ongoing planned changes to healthcare in our locality.





Involve continues to engage with Coventry City Council on many stakeholder events relating to Social Care changes and new service pathway provisioning.

SIGNPOSTING, REFERRAL AND SUPPORT

Involve regularly provides signposting and referral to other organisations and one to one support for people who access mental health services and their family and Carers.

We also receive calls from organisations wishing to signpost or refer people for our engagement and support.

In the period following the lockdown there was a decrease in the number of referrals for group setting support, as was expected, however this was balanced by the increase in requests for online support, telephone support and one to one support.

Many of our newer members have not attended any of our group and social activities due to the fear of adequate social distancing of others

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outside of our control. However this is improving. We are hoping this will continue to improve in the coming year as the emphasis on social restrictions decrease and the outcomes of contracting Covid-19 become less severe.

The majority of the calls we receive at our office are for information, referral or emotional support. Sometimes all three in once call!

In the last year, we have seen a sharp increase in people accessing us whilst in a mental health crisis and having nowhere else to turn. The cost of living crisis is now having a real impact on people, and



we have seen a sharp increase in the demand for low level advocacy.

Social isolation and loneliness continue to be a significant issue for most of us to overcome and we have planned activities and events which help to alleviate this.

The main issues we have faced this year include people having money worries due to the increases in Gas and Electricity, the increasing cost of food.

A small number of the telephone calls that we receive can be difficult due to the caller having suicidal thoughts and wanting to end their life.

We continue to deal with ongoing issues where people needed an immediate intervention to ensure their own safety and wellbeing. We make referrals to the Safeguarding team when it is apparent that individuals have slipped into long periods of self-neglect. The outcomes of these referrals have for the most - been positive, with some people requiring support to move from independent living into supported accommodation or nursing home settings.

We try, where possible, to signpost callers who require sporadic ongoing out of hours telephone support to the Mental Health Helpline, The Samaritans and others, dependent on need and circumstances.

Individuals' issues, which require a more specialised intervention, are referred to external organisations such as the Law Society, Age UK,

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Independent Advocacy, The Samaritans, Rethink, Coventry and Warwickshire Mind or Coventry Carers Service.



lockdown period.

In the last year, we have responded to over **two thousand** enquiries for support and information; by telephone, email, social media, text and face to face. (*that's a lot of support for a service that survives on a shoestring budget*)!!

The level of demand for one to one support remains higher when compared to previous years. Although it is worth mentioning, there was a large increase in calls and for social media support following the

Changes to the type of support needs evolves and changes year on year, in the last year there has been a noticeable increase in the demand for low level advocacy, there has been an increase in social prescribing referrals, we have had more requests for people to access the internet using our equipment, we have referred more people to counselling, there has been an increase in the need for safeguarding reporting and intervention and we have started getting referrals for support from the discharge teams at the local mental health units.

Common themes within the group settings include, a significant decline in healthy eating, an increase in social isolation and a reduction in social capital, a decline in personal hygiene for some including laundry and bathing (this is attributed directly to the increase in utility costs and worries about money).

Involve regularly shares information and produces leaflets containing signposting and support services details.

People can (and often do) dip in and out of Involve peer and one to one support, feedback we receive regularly indicates that this kind of non-clinical



support helps to maintain people's mental wellbeing which is an important factor if you are recovering from mental ill health and living alone or feeling socially isolated.

One of our key main strengths is to monitor the mental health of people we know well, and take planned/ pre-arranged action when this is deteriorating.

This year our Mental Health Peer Support Group and walking groups continue to be well attended.

Peer support is an important factor and common theme throughout everything that we do - through our user led events and inpatient meetings and even our walking group and social activities.

Peer support occurs when people provide knowledge, experience and emotional, social or practical help to each other.

When it comes to publicising our organisation - Involve has a presence on **Facebook** and **Twitter** and more recently - **Instagram**.

These run alongside our website. **www.involvecoventry.com**

Did you know that Involve's social media pages and website consistently receive over 500 visits per month?

We receive on average five new requests for support every day! and we to signpost and refer at least three people every day when the need can be better met by a more specialised service for a specific intervention.

in our community suffer from loneliness.

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Social support means having friends and other people, including family, to turn to in times of need or crisis to give you a broader focus and positive self-image.



Social support enhances quality of life and provides a buffer against adverse life events".

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WIDER ENGAGEMENT

Mental Health Co-Production and Involvement refer to the processes by which people who are using or have used a service to become involved in the planning, development and delivery of that service.

Some of the organisations who regularly work in collaboration with us include the NHS/CCG, Coventry City Council, the Public Health Department, Our local Universities, GP Surgeries and Coventry Health Watch. We also work alongside other local organisations who are also funded through the preventative support grant fun



funded through the preventative support grant funding.

External grant funding has enabled us to continue facilitating a fitness and wellbeing project at the Wave here in Coventry

Additional grants pay for social activities which increase the social capital /reduce the feeling of loneliness experienced by those who live alone.

INVOLVE BOARD OF TRUSTEES AND STAFF MEMBERS APRIL 2021 TO MARCH 2022

COLIN TYSALL	SUSAN WILIAMS	FRAN FLINT
CHAIR	TREASURER	TRUSTEE
Email	Email	Email
info@involvecoventry.c	info@involvecoventry.c	info@involvecoventry.co
om	om	m
PETER SIMS TRUSTEE (PETER WAS ACTING CHAIR FOR PART OF THIS YEAR)	KELLY MCSORLEY TRUSTEE	PETER SMITH TRUSTEE
Email	Email	Email
info@involvecoventry.c	info@involvecoventry.c	info@involvecoventry.co
om	om	m
ANDREW COLLIS MANAGER	DONATO NAPOLETANO SESSIONAL SUPPORT WORKER	
Email	Email	Email
info@involvecoventry.co	info@involvecoventry.c	info@involvecoventry.co
m	om	m

'Without your ongoing support this year, I wouldn't have survived'. - Ian

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Finance Summary for the year ending 31 March 2022

Income and Expenditure:

Involve Coventry works under the umbrella of Coventry AIMHS Limited (A company limited by guarantee with no share capital).

Statement of Financial Activities for the Year: 1st of April 2021 to 31st of March 2022.

2021	Unrestricted		Restricted		Total			
2021	Fund £	ls	Funds £	5	2022 £		£	
Income and Expenditure: Coventry & Rugby Clinical Comm. 51,085	Group	0		51,08	5	51,08	5	
Heart of England Grant 2,000		0		1,000		1,000		
Tesco Grant	0		0		0		2,000	
Lottery COVID Grant Waddilove Grant 1,000	0	0	9,000		9,000 0		10,00 0	0
Groundwork - Comic relief Grant 1,000		2,000		0		2,000		
Barchester Health & Fitness	0		500		500		0	
Western Power Grant	0	-	10,000		10,00		0	
HMRC COVID-19 Grant		0		0		0		
20,415 Local Giving Donations		500		0		500		0
Donations		0	0	0	0	500	0	0
Other Income	0	0	0		0		0	
Total Incoming Resources:		<u>2,500</u>)	71,58	5		74,08	<u>35</u>
87,500								
Resources Expended:								
Direct Charitable Expenditure 70,947		3,211		68,094	4	71,304	4	
Management & Administration 4,435		80		7,329		7,409		
Publicity & Promotion Management Charges 0	0	(-1,00	800 0)		800 1,000		873 0	
Total Resources Expended 76,255		<u>2,291</u>		77,22	3		79,51	<u>L3</u>

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Fund balance carried forward 33,962	<u>25,957</u>	2,5	<u>76 28,534</u>
Fund balance brought forward 22,716	25,748	8,214	33,962
Net movement in funds 11.246	209	(-5,683)	(-5,428)

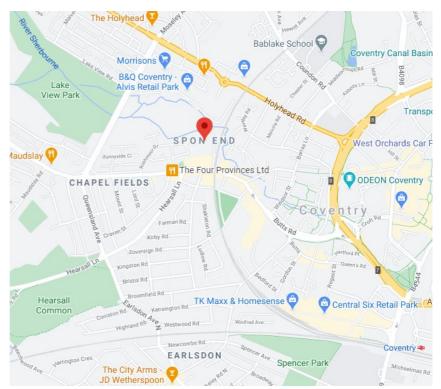
Involve Coventry is funded (in part) by:



Coventry & Rugby Clinical Commissioning Group

Where is our office located?

Suite 12 Koco Community Resource Center Arches Industrial Estate Spon End Coventry CV1 3JQ





You can reach us on Telephone Number: **02476 670 606**



Or Email us directly at: info@involvecoventry.com

Charity Number 1136456. Registered company – Number 6507837

Brandon Accountancy

Suite 2, The Koco Building The Arches, Spon End Coventry CV1 3JQ Telephone: 024 76 674333 Email: jbrandon28@aol.com

COVENTRY AIMHS LIMITED

(A Company Limited by Guarantee with no share capital)

Financial Statement for the Year Ended 31st March 2022

Registered Company No: 06507837 Registered Charity No. 1136456

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(A Company limited by guarantee with no share capital)

Legal and Administrative Company Information for the Year Ended 31st March 2022

Trustees / Directors:	Colin Tysall - Chairperson Susan Williams - Treasurer Peter Sims Peter Smith Fran Flint Kelly McSorley
Company Secretary:	Andrew Collis
Manager:	Andrew Collis
Registered Address:	The Koco Building The Arches Spon End Coventry CV1 3JQ
Registered Company No.:	06507837 (England and Wales)
Registered Charity No:	1136456 (England and Wales)
Bankers:	Lloyds Bank plc High Street Coventry
Independent Examiner:	Brandon Accountancy Suite 2, The Koco Building The Arches Spon End Coventry CV1 3JQ

(A company limited by guarantee with no share capital)

Trustees / Directors Report for the Year Ended 31st March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, submit their annual report along with the financial statements of the charity for the year ended 31st March 2022. The trustees/directors have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005, in preparing the annual report and financial statements. This report has also been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006, relating to small companies and with the Financial Reporting Standards for Smaller Entities, also with the accounting policies set out on page 7 and comply with all other applicable accounting standards.

The company was established in the 2002 and changing its name from User Development to Actively Influencing Health Services in March 2007. On 18 February 2008, Coventry AIMHS Limited became incorporated in England and Wales under the registered number of 06507837. The company is a Limited Company By Guarantee with no share capital, and is governed by a Memorandum and Articles of Association.

Objects

- · to support Coventry's Mental Health service user.
- to promote their health and well-being.
- to actively influence Mental Health services in line with client's needs.
- to positively advance the education of the general public and local employers in Mental Health services.

Achievements and Performance

The statement of financial activities for the year is set out on page 5 of the accounts. In summary, the incoming resources for the year amounted to $\pounds74,085$ (2021 - $\pounds87,500$) with the major portions coming from service level agreement with Coventry and Rugby Clinical Commissioning Group and other named grants. The expenditure was $\pounds79,513$ (2021 - $\pounds76,255$), with the main expense being salaries and support in line with the objects.

Organisation

The trustees/directors who have served during the year and since the year end are set out on page 1, and meet on a regular basis. The trustees / directors have ultimate control over all the affairs of the charitable company. Staff of Coventry AIMHS Limited, waged or unwaged, report to the manager who in turn reports to the trustees/directors.

Risk management

The trustees/directors conducts its own review of major risks to which the charitable company is exposed. These procedures are periodically reviewed to ensure that they meet the needs of the charitable company and are as follows:

- an annual review of the risks which the charitable company may face;
- the establishment of systems and procedures to mitigate those risks identified;
- the implementation of procedures designed to minimise any potential impact on the charitable company should any of the risks materialise.

(A company limited by guarantee with no share capital)

Trustees / Directors Report for the Year Ended 31st March 2022

(continued)

Trustees/Directors responsibilities

The law applicable to charities and companies in England and Wales requires the trustees/directors to prepare financial statements for each financial year which give a true and fair view of the financial activities carried out during the year and its financial position at the end of the year. In preparing financial statement, the trustees/directors should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgement and estimates that are reasonable and prudent; .
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements:
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that . the charitable company will continue to operate.

The trustees/directors are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charitable company and which enable them to ensure that the financial statements comply with the applicable accounting standards. The trustees/directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Brandon Accountancy have expressed their willingness to continue in examiners and a resolution for their re-appointment will be proposed at the forthcoming Annual General Meeting.

Approved by the Trustees / Directors and signed on its behalf by:

Signed: M. Mysh Date: 30/8/27 Print Name CB (YBACA

Position CHAIR

Independent Examiners' report to the Trustees / Directors of Coventry AIMHS Limited in respect of the year ended 31st March 2022

I report on the account for the year ended 31st March 2022 set on pages 5 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purpose of company law) are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for the year under Section 144 of the Charities Act 2011 and that an independent examination is required. It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Charities Act
- to follow the procedures laid down in the general Direction given by the Charity Commission (under Section 145 (5)(b) of the Act) and
- to state whether any particular matters have come to my attention.

Basis on the independent examiners' report

My examination was carried out in accordance with the general Direction given by the Charity Commission. An examination includes a review of the accounting records kept by the charitable company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors / trustees concerning any such matters. The procedures undertaken does not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and Section 130 of the Charities Act:
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice : Accounting and Reporting by Charities have been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Brandon Accountancy Limited Suite 2, The Koco Building The Arches, Spon End Coventry CV1 3JQ

28th July 2022

(A company limited by guarantee with no share capital)

Statement of Financial Activities for the Year to 31st March 2022

No	Unrestricted Funds les £	Funds	Total 2022 £	2021 £
Income & Expenditure	185 L	2	2	£
Incoming Resources:				
Coventry & Rugby Clinical Com. Group		51,085	51,085	51,085
Heart Of England Grant	0	1,000	1,000	2,000
Tesco Grant	0	0	0	2,000
Lottery Covid Grant	0	9,000	9,000	10,000
Waddilove Grant	0	0	0	1,000
Groundwork - Comic Relief Grant	2,000	0	2,000	1,000
Barchester Health & Fitness	0	500	500	0
Western Power Grant	0	10,000	10,000	0
H M R C - Covid-19 Grant	0	0	0	20,415
Giving Local Donations	500	0	500	0
Donations	0	0	0	0
Other Income	.0		0	0
Total Incoming Resources	2,500	71,585	74,085	87,500
Resources Expended:				
Direct Charitable Expenditure	3 3,211	68,094	71,304	70,947
Management & Administration	4 80	7,329	7,409	4,435
Publicity and Promotion	0	800	800	873
Management Charges	(-1,000)) 1,000	0	0
Total Resources Expended	2,291	77,223	79,513	76,255
Net movement in funds	209			11,246
Fund balance brought forward	25,748	8,214	33,962	22,716
Fund balance carried forward	25,957	2,576	28,534	33,962

(A company limited by guarantee with no share capital)

Balance Sheet for the Year Ended 31st March 2022

			2022		2021
	Notes	£	£	£	£
Fixed Assets					
Tangible Fixed Assets	7		3,961		6,874
Current Assets					
Debtors	6	0		0	
Current Bank Account (1)		1,383		642	
Current Bank Account (2)		26,443		29,500	
Petty Cash In Hand		11		11	
		27,837		30,153	
Less Current Liabilities	-				
Creditors: amounts falling due within one yea	a 5	3,264		3,065	
Total Assets less Current Liabilities			24,573		27,087
Net Assets			28,534		33,962
Represented by:					
Unrestricted Funds	8		25,957		25,748
Restricted Funds	8		2,576		8,214
Total Funds			28,534		33, 9 62

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022

The Directors have not required the charitable company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

a) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus and deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements have been prepared in accordance with the special provision of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Directors on signed on its behalf by:	30/8/22	and were
signed on its behalf by:	7,	

Signed	169-	hja	M	
Print Name		-		<u></u>
Position	CH ,	Q1P	-	

The note on pages 7 to 10 form part of this financial statement

(A company limited by guarantee with no share capital)

Notes to the Financial Statements for the Year Ended 31st March 2022

Note 1 Accounting Policies

- (a) The financial statements have been prepared under the going concern basis and the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities. The financial statements have also been prepared in accordance with the Statements of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in the the Charities Act in March 2005 and other applicable accounting standards.
- (b) The project a Company Limited by Guarantee. The directors of the charitable company are named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per director of the project.
- (c) Voluntary income is received by way of donations and gifts and is included in full in the Statements of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (d) Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Activities in the year in which they are receivable.
- (e) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.
- (f) Resources expensed are allocated to the particular activity where the cost relates directly to that activity.
- (g) Deprecation is provided at rates calculated to write off the cost of each asset over its expected useful life, which is estimated at 5 years for furniture, 4 years for equipment and 3 years for I T Equipment.
- (h) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.
- (i) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.
- (j) None of the tumover of the company is attributable to geographical markets outside the UK.

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Coventry AIMHS Limited is exempt from Corporation Tax on income and gains failing within Section 505 of the Taxation and Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

(A company limited by guarantee with no share capital)

Notes to the Financial Statements for the Year Ended 31st March 2022

		Unrestricted Funds	Restricted Funds	Total 2022	2021
Note 3	Direct Charitable Expenditure	e £	£	£	£
	Salaries and NIC	0	34,803	34,803	34,948
	Pensions	0	2,181	2,181	2,181
	Sessional and Fundraising Fee	<u> 297</u>	8,832	9,129	14,381
	Activities Equipment	0	0	0	50
	Office Rent	0	3,674	3,674	5,180
	Heat and Light	0	142	142	128
	Telephone, Internet & Mobile	0	578	578	2,918
	Printing, Stationery & Postage	0	1,423	1,423	96
	Equipment	0	11,525	11,525	2,960
	Service Users Expenses	0	512	512	198
	Volunteers Expenses	0	529	529	437
	Room Hire	0	934	934	637
	Catering and Refreshments	0	2,961	2,961	2,579
	Depreciation	2,914	0	2,914	4,253
		3,211	68,094	71,304	70,947
Note 4	Management & Administratio	£	£	£	£
	Staff Travel and Expenses	0	5,459	5,459	1,918
	Payroll Administration	0	550	550	595
	Insurance	0	368	368	366
	Web Charges	0	251	251	0
	Subscriptions and Licences	26	0	26	258
	Health & Safety	0	0	0	19
	Premises Maintenance	0	0	0	178
	Year End Accounts Fees	0	700	700	700
	Professional Fees	54	0	54	0
	Miscellaneous	0	0	0	400
		80	7,329	7,409	4,435

(A company limited by guarantee with no share capital)

Notes to the Financial Statements for the Year Ended 31st March 2022

		Unrestricted Funds	Restricted Funds	Total 2022	2021
Note 5	Creditors	£	£	£	£
	Salaries and NIC	0	2,303	2,303	2,288
	Pension	0	182	182	0
	Heat and Light	0	34	34	32
	Payroll Administration	0	45	45	45
	Year End Accounts Fees	0	700	700	700
		0	3,264	3,264	3,065
Note 6	Debtors	£	£	£	£
	Salaries and NIC	0	0	0	0
		0	0	0	0

Note 7 Tangible Fixed Assets

rungiolo i incu riccute			Computer	
	Equipment	Furniture	Equipment	Total
Cost	£	£	£	£
As at 1st April 2021	10,368	1,968	15,671	28,008
Additions	10,508	1,500	10,071	20,000 0
	0	0	0	0
Disposals	U		U	
As at 31st March 2022	10,368	1,968	15,671	28,008
Depreciation				
As at 1st April 2021	6,899	1,393	12,841	21,133
Charges for year	1,340	144	1,430	2,914
Disposals		0	0	0
As at 31st March 2022	8,239	1,537	14,271	24,047
Net Book Value at 31st March 2022	2,130	431	1,400	3,961
Net Book Value at 31st March 2021	3,469	574	2,830	6,874

(A company limited by guarantee with no share capital)

Notes to the Financial Statements for the Year Ended 31st March 2022

Note 8 Fund Breakdown

	2022	2021
Unrestricted Fund:	£	£
Capital still to depreciate	3,961	6,874
General purpose fund	21,997	18,874
	25,957	25,748
Restricted Fund:	£	£
Coventry & Rugby Clinical Com. Grou	2,576	0
Tesco Grant	0	1,986
Heart Of England Grant	0	2,000
Lottery Covid-19 Grant	0	4,228
Capital still to depreciate	0	0
	2,576	8,214
Total Funds	28,534	33,962

Brandon Accountancy

Suite 2, The Koco Building The Arches, Spon End Coventry CV1 3JQ Telephone: 024 76 674333 Email: jbrandon28@aol.com

COVENTRY AIMHS LIMITED

(A Company Limited by Guarantee with no share capital)

Financial Statement for the Year Ended 31st March 2022

Registered Company No: 06507837 Registered Charity No. 1136456

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Examiners' Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statement	7 to 10

(A Company limited by guarantee with no share capital)

Legal and Administrative Company Information for the Year Ended 31st March 2022

Trustees / Directors:	Colin Tysall - Chairperson Susan Williams - Treasurer Peter Sims Peter Smith Fran Flint Kelly McSorley
Company Secretary:	Andrew Collis
Manager:	Andrew Collis
Registered Address:	The Koco Building The Arches Spon End Coventry CV1 3JQ
Registered Company No.:	06507837 (England and Wales)
Registered Charity No:	1136456 (England and Wales)
Bankers:	Lloyds Bank plc High Street Coventry
Independent Examiner:	Brandon Accountancy Suite 2, The Koco Building The Arches Spon End Coventry CV1 3JQ

(A company limited by guarantee with no share capital)

Trustees / Directors Report for the Year Ended 31st March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, submit their annual report along with the financial statements of the charity for the year ended 31st March 2022. The trustees/directors have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005, in preparing the annual report and financial statements. This report has also been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006, relating to small companies and with the Financial Reporting Standards for Smaller Entities, also with the accounting policies set out on page 7 and comply with all other applicable accounting standards.

The company was established in the 2002 and changing its name from User Development to Actively Influencing Health Services in March 2007. On 18 February 2008, Coventry AIMHS Limited became incorporated in England and Wales under the registered number of 06507837. The company is a Limited Company By Guarantee with no share capital, and is governed by a Memorandum and Articles of Association.

Objects

- · to support Coventry's Mental Health service user.
- to promote their health and well-being.
- to actively influence Mental Health services in line with client's needs.
- to positively advance the education of the general public and local employers in Mental Health services.

Achievements and Performance

The statement of financial activities for the year is set out on page 5 of the accounts. In summary, the incoming resources for the year amounted to $\pounds74,085$ (2021 - $\pounds87,500$) with the major portions coming from service level agreement with Coventry and Rugby Clinical Commissioning Group and other named grants. The expenditure was $\pounds79,513$ (2021 - $\pounds76,255$), with the main expense being salaries and support in line with the objects.

Organisation

The trustees/directors who have served during the year and since the year end are set out on page 1, and meet on a regular basis. The trustees / directors have ultimate control over all the affairs of the charitable company. Staff of Coventry AIMHS Limited, waged or unwaged, report to the manager who in turn reports to the trustees/directors.

Risk management

The trustees/directors conducts its own review of major risks to which the charitable company is exposed. These procedures are periodically reviewed to ensure that they meet the needs of the charitable company and are as follows:

- an annual review of the risks which the charitable company may face;
- the establishment of systems and procedures to mitigate those risks identified;
- the implementation of procedures designed to minimise any potential impact on the charitable company should any of the risks materialise.

(A company limited by guarantee with no share capital)

Trustees / Directors Report for the Year Ended 31st March 2022

(continued)

Trustees/Directors responsibilities

The law applicable to charities and companies in England and Wales requires the trustees/directors to prepare financial statements for each financial year which give a true and fair view of the financial activities carried out during the year and its financial position at the end of the year. In preparing financial statement, the trustees/directors should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgement and estimates that are reasonable and prudent; .
- state whether applicable accounting standards have been followed subject to any material departures disclosed and explained in the financial statements:
- prepare the financial statement on the going concern basis unless it is inappropriate to presume that . the charitable company will continue to operate.

The trustees/directors are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charitable company and which enable them to ensure that the financial statements comply with the applicable accounting standards. The trustees/directors are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

Brandon Accountancy have expressed their willingness to continue in examiners and a resolution for their re-appointment will be proposed at the forthcoming Annual General Meeting.

Approved by the Trustees / Directors and signed on its behalf by:

Signed: M. Mysh Date: 30/8/27 Print Name CB (YBACA

Position CHAIR

Independent Examiners' report to the Trustees / Directors of Coventry AIMHS Limited in respect of the year ended 31st March 2022

I report on the account for the year ended 31st March 2022 set on pages 5 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors for the purpose of company law) are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for the year under Section 144 of the Charities Act 2011 and that an independent examination is required. It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Charities Act
- to follow the procedures laid down in the general Direction given by the Charity Commission (under Section 145 (5)(b) of the Act) and
- to state whether any particular matters have come to my attention.

Basis on the independent examiners' report

My examination was carried out in accordance with the general Direction given by the Charity Commission. An examination includes a review of the accounting records kept by the charitable company and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors / trustees concerning any such matters. The procedures undertaken does not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and Section 130 of the Charities Act:
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Section 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice : Accounting and Reporting by Charities have been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Brandon Accountancy Limited Suite 2, The Koco Building The Arches, Spon End Coventry CV1 3JQ

28th July 2022

(A company limited by guarantee with no share capital)

Statement of Financial Activities for the Year to 31st March 2022

No	Unrestricted Funds les £	Funds	Total 2022 £	2021 £
Income & Expenditure	185 L	2	2	£
Incoming Resources:				
Coventry & Rugby Clinical Com. Group		51,085	51,085	51,085
Heart Of England Grant	0	1,000	1,000	2,000
Tesco Grant	0	0	0	2,000
Lottery Covid Grant	0	9,000	9,000	10,000
Waddilove Grant	0	0	0	1,000
Groundwork - Comic Relief Grant	2,000	0	2,000	1,000
Barchester Health & Fitness	0	500	500	0
Western Power Grant	0	10,000	10,000	0
H M R C - Covid-19 Grant	0	0	0	20,415
Giving Local Donations	500	0	500	0
Donations	0	0	0	0
Other Income	.0		0	0
Total Incoming Resources	2,500	71,585	74,085	87,500
Resources Expended:				
Direct Charitable Expenditure	3 3,211	68,094	71,304	70,947
Management & Administration	4 80	7,329	7,409	4,435
Publicity and Promotion	0	800	800	873
Management Charges	(-1,000)) 1,000	0	0
Total Resources Expended	2,291	77,223	79,513	76,255
Net movement in funds	209			11,246
Fund balance brought forward	25,748	8,214	33,962	22,716
Fund balance carried forward	25,957	2,576	28,534	33,962

(A company limited by guarantee with no share capital)

Balance Sheet for the Year Ended 31st March 2022

			2022		2021
	Notes	£	£	£	£
Fixed Assets					
Tangible Fixed Assets	7		3,961		6,874
Current Assets					
Debtors	6	0		0	
Current Bank Account (1)		1,383		642	
Current Bank Account (2)		26,443		29,500	
Petty Cash In Hand		11		11	
		27,837		30,153	
Less Current Liabilities	-				
Creditors: amounts falling due within one yea	a 5	3,264		3,065	
Total Assets less Current Liabilities			24,573		27,087
Net Assets		÷	28,534		33,962
Represented by:					
Unrestricted Funds	8		25,957		25,748
Restricted Funds	8		2,576		8,214
Total Funds			28,534		33, 9 62

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022

The Directors have not required the charitable company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

a) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus and deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements have been prepared in accordance with the special provision of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Directors on signed on its behalf by:	30/8/22	and were
signed on its behalf by:	7,	

Signed	169-	hja	M	
Print Name		-		<u></u>
Position	CH ,	Q1P	-	

The note on pages 7 to 10 form part of this financial statement

(A company limited by guarantee with no share capital)

Notes to the Financial Statements for the Year Ended 31st March 2022

Note 1 Accounting Policies

- (a) The financial statements have been prepared under the going concern basis and the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities. The financial statements have also been prepared in accordance with the Statements of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in the the Charities Act in March 2005 and other applicable accounting standards.
- (b) The project a Company Limited by Guarantee. The directors of the charitable company are named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per director of the project.
- (c) Voluntary income is received by way of donations and gifts and is included in full in the Statements of Financial Activities when receivable. The value of services provided by volunteers has not been included.
- (d) Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Activities in the year in which they are receivable.
- (e) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.
- (f) Resources expensed are allocated to the particular activity where the cost relates directly to that activity.
- (g) Deprecation is provided at rates calculated to write off the cost of each asset over its expected useful life, which is estimated at 5 years for furniture, 4 years for equipment and 3 years for I T Equipment.
- (h) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.
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	Sessional and Fundraising Fee	<u> 297</u>	8,832	9,129	14,381
	Activities Equipment	0	0	0	50
	Office Rent	0	3,674	3,674	5,180
	Heat and Light	0	142	142	128
	Telephone, Internet & Mobile	0	578	578	2,918
	Printing, Stationery & Postage	0	1,423	1,423	96
	Equipment	0	11,525	11,525	2,960
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	Catering and Refreshments	0	2,961	2,961	2,579
	Depreciation	2,914	0	2,914	4,253
		3,211	68,094	71,304	70,947
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	Payroll Administration	0	550	550	595
	Insurance	0	368	368	366
	Web Charges	0	251	251	0
	Subscriptions and Licences	26	0	26	258
	Health & Safety	0	0	0	19
	Premises Maintenance	0	0	0	178
	Year End Accounts Fees	0	700	700	700
	Professional Fees	54	0	54	0
	Miscellaneous	0	0	0	400
		80	7,329	7,409	4,435

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	Salaries and NIC	0	2,303	2,303	2,288
	Pension	0	182	182	0
	Heat and Light	0	34	34	32
	Payroll Administration	0	45	45	45
	Year End Accounts Fees	0	700	700	700
		0	3,264	3,264	3,065
Note 6	Debtors	£	£	£	£
	Salaries and NIC	0	0	0	0
		0	0	0	0

Note 7 Tangible Fixed Assets

rungiolo i incu riccute			Computer	
	Equipment	Furniture	Equipment	Total
Cost	£	£	£	£
As at 1st April 2021	10,368	1,968	15,671	28,008
Additions	10,508	1,500	10,071	20,000
	0	0	0	0
Disposals	U		U	
As at 31st March 2022	10,368	1,968	15,671	28,008
Depreciation				
As at 1st April 2021	6,899	1,393	12,841	21,133
Charges for year	1,340	144	1,430	2,914
Disposals		0	0	0
As at 31st March 2022	8,239	1,537	14,271	24,047
Net Book Value at 31st March 2022	2,130	431	1,400	3,961
Net Book Value at 31st March 2021	3,469	574	2,830	6,874

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Notes to the Financial Statements for the Year Ended 31st March 2022

Note 8 Fund Breakdown

	2022	2021
Unrestricted Fund:	£	£
Capital still to depreciate	3,961	6,874
General purpose fund	21,997	18,874
	25,957	25,748
Restricted Fund:	£	£
Coventry & Rugby Clinical Com. Grou	2,576	0
Tesco Grant	0	1,986
Heart Of England Grant	0	2,000
Lottery Covid-19 Grant	0	4,228
Capital still to depreciate	0	0
	2,576	8,214
Total Funds	28,534	33,962