

**REGISTERED COMPANY NUMBER: 07166088 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1137754**

**TRUSTEES REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022 FOR  
YOGAMOBILITY  
(COMPANY LIMITED BY GUARANTEE)**

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FOR THE YEAR ENDED 28 FEBRUARY 2022**

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**MOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**REFERENCE AND ADMINISTRATIVE DETAILS  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

<b>TRUSTEES</b>	T Watkins J Bryant-Plenty E Grimshaw E F R Edwards J Hill R N Howitt P Marshall O Townsend F Young J E Leigh	(Chair)  (appointed 23 June 2021)     (appointed 23 June 2021)
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<b>COMPANY SECRETARY</b>	J E Leigh
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<b>TREASURER</b>	F J Young
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<b>REGISTERED OFFICE</b>	18 Fairfield Close Cardiff CF5 1AD
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<b>REGISTERED COMPANY NUMBER</b>	07166088 (England and Wales)
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<b>REGISTERED CHARITY NUMBER</b>	1137754
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<b>BANKERS</b>	HSBC
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## YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES (INCORPORATING THE DIRECTORS' REPORT) FOR THE YEAR ENDED 28 FEBRUARY 2022

The trustees present their report and the financial statements for the year ended 28 February 2022. The trustees, who are also directors of YogaMobility for the purposes of company law, who served during the year and up to the date of this report are set out on page 1.

#### Structure, governance and management

##### *Governing document and charity constitution*

The organisation was a registered charity and company limited by guarantee, incorporated on 23 February 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed by its Articles of Association. In the event of the company being wound up, members are each required to contribute an amount not exceeding £10.

YogaMobility converted to a charitable incorporated organisation on 29 July 2022.

##### *Methods policies and procedures for recruitment, appointment, induction and training of new trustees*

YogaMobility recognises the importance of effective governance by trustees. Recruitment and appointment of potential trustees is carried out by existing trustees in accordance with organisational policies and best practice. Consideration is given to experience, knowledge and skills required and on completion of a satisfactory vetting outcome, the trustees will vote to confirm appointment and the new trustee will be formally invited to join the board. There is no maximum trustees set in the governing documents (articles of association), but there should be a minimum of 3 trustees which represent the quorum.

#### Objectives and activities

##### *Charitable objects*

YogaMobility's objects are specifically restricted to the following:

- To promote, improve and protect good health and well-being through the practice of yoga.
- To assist in the treatment of adults suffering from physical or mental disabilities by providing yoga to those persons and their carers and families.
- To advance the education of the public in yoga.

##### *Charitable activities and achievements*

YogaMobility was operating four classes per week until classes were suspended in March 2020. The majority of participants had mobility problems and some were in wheelchairs, needing additional support to participate in a yoga class,

After normal classes were suspended because of the pandemic, our tutors provided 2 online classes a week during lockdown. Class fees were not charged but people attending were asked to make donations if they wished to do so.

The zoom sessions were popular with up to 24 people attending classes. They enabled participants, many of whom were shielding and isolated, to exercise and to connect with other people in a similar position.

Monday and Thursday morning classes held at Sbectrwm Community Centre in Fairwater, Cardiff, which were long established and popular, were able to resume in June 2021, initially with restricted numbers. These classes were also available on zoom so that people still shielding could take part.

Over 40 different people attended at least one class either in person or online.

Many participants find classes so helpful that they have attended regularly for many years.

## YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES (INCORPORATING THE DIRECTORS' REPORT) FOR THE YEAR ENDED 28 FEBRUARY 2022

#### ***Charitable activities and achievements continued***

Each YogaMobility class is run by at least one of our 2 (2021 – 3) professional tutors who are specialists in working with disabled people. This expertise is essential for providing safe classes. They are supported by volunteers who assist students throughout the class. YogaMobility has 2 (2021 – 3) volunteers who help in this way.

#### ***Public benefit***

YogaMobility's activities are for public benefit because we provide specialist yoga classes to adults with a range of disabilities. Some participants have neurological conditions which have included multiple sclerosis, motor neurone disease, muscular dystrophy and parkinsons disease. Others have medical conditions which have included heart conditions, cancer, COPD, diabetes, chronic pain, arthritis and amputation.

YogaMobility's beneficiaries range from those with moderate mobility problems through to those who are wheelchair-bound. YogaMobility provides beneficiaries with specialised and personalised movement plans (adapted from classical yoga) based on their physical abilities.

Beneficiaries are encouraged to optimise (within safe limits) their physical strength, mobility, balance, confidence and communication skills. Participants are also taught mindfulness-based self-help practices in relation to: diet, thoughts and beliefs (particularly overcoming negative attitudes to disability), stress and relaxation, and pain management.

#### ***Support from volunteers and donors***

YogaMobility received support from 4 main groups:

1. Two volunteer class assistants supported our yoga tutors at the Sbectrwm classes.
2. A larger group of volunteers has helped Yogamobility by managing and arranging our fundraising activities once these could recommence.
3. YogaMobility is grateful to members of the public and businesses who donate monies.
4. YogaMobility also receives support from the Funky Love Posse - a musical group of disabled and able-bodied musicians whose performance fees are donated to the charity.

#### ***Fundraising achievements***

1) Grant funding is important to YogaMobility as without these monies the charity might not be able to continue to provide all its classes or to purchase the equipment it needs. YogaMobility did not receive any grants during the financial year ((2021 - £866).

2) Funky Love Posse donate all of the proceeds of their professional gigs to YogaMobility. The Funky Love Posse were unable to perform until the latter part of the financial year and raised £172 (2021- nil).

3) Fundraising events recommenced in July 2021 with the garden party which was very popular as people could finally come together outdoors. Takings were £1,467. Proceeds from the winter fayre were £528 and the Christmas party £321. Jo's bake off raised £104 and other fundraising activities £35 so the total was £2,627 (2021- £16)

4) Class fees - In 2021/22 YogaMobility charged a fee of £6, the same as prior to the pandemic, for attending a class. 2 Sbectrwm classes a week recommenced in June 2021 fees received totalled £4,659 (2021 - £815).

**REPORT OF THE TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

***Fundraising achievements continued***

5) Donations – These have been essential during the pandemic in allowing YogaMobility to retain the services of its tutors, offer online classes and recommence normal classes as restrictions were eased. In 2021/22 YogaMobility received £13,437 (2021- £16,004) including gift aid.

- Regular donors paid by monthly standing order.
- There were one off donations from individuals and businesses
- Online donations were made through Give as you Live, Everyclick, and Charitable Trust.
- Birthday and other gifts made through PayPal giving are a significant source of funds.
- YogaMobility did not charge for its online zoom classes but instead asked for voluntary donations to help towards costs. **Many people attending classes did donate and £3,295 (2021 - £5,785) was received, which was a major source of income during the year. This has reduced as people returned to normal classes and paid standard class fees.**

***Financial Review***

The financial performance of the charity is comprehensively disclosed in the attached financial statements. YogaMobility aims to hold sufficient unrestricted funds in reserve to cover 6 months' general running costs. At the end of 2021/2022 financial year, YogaMobility held £24,433 in unrestricted reserves along with £100 in restricted reserves. The trustees are satisfied with the financial performance and the adequacy of reserves to meet the ongoing requirements of the charity.

***Statement of trustees' responsibilities***

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees (who are also directors of YogaMobility for the purpose of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

**YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

***Statement of trustees' responsibilities continued***

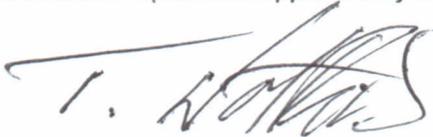
In preparing these financial statements, the trustees are required to:

- select suitable accounting policies;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

**Small company provisions**

This report has been prepared in accordance with the special provisions of the Companies Act 2006 applicable to companies subject to the small companies regime.

This trustees report was approved by the board on 10 August 2022 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'T. Watkins', written over a horizontal line.

**T WATKINS**  
Trustee/Director/Chair

YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 28 FEBRUARY 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	Unrestricted funds £	Restricted funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>							
Donations and legacies	2	13,427	0	<b>13,427</b>	16,004	866	<b>16,870</b>
Charitable activities – yoga classes		4,659	0	<b>4,659</b>	815	0	<b>815</b>
Activities for generating funds	3	2,627	0	<b>2,627</b>	16	0	<b>16</b>
Accountancy refund		0	0	<b>0</b>	1,100	0	<b>1,100</b>
Investments	4	0	0	<b>0</b>	1	0	<b>1</b>
<b>Total incoming resources</b>		<b>20,713</b>	<b>0</b>	<b>20,713</b>	<b>17,936</b>	<b>866</b>	<b>18,802</b>
<b>EXPENDITURE ON</b>							
Raising funds	5	0	0	<b>0</b>	0	0	<b>0</b>
Charitable activities - yoga classes	6	17,253	1,502	<b>18,755</b>	20,297	2,368	<b>22,665</b>
<b>Total expenditure</b>		<b>17,253</b>	<b>1,502</b>	<b>18,755</b>	<b>20,297</b>	<b>2,368</b>	<b>22,665</b>
<b>NET INCOME/MOVEMENT OF FUNDS</b>		<b>3,460</b>	<b>-1,502</b>	<b>1,958</b>	<b>-2,361</b>	<b>-1,502</b>	<b>-3,863</b>
<b>RECONCILIATION OF FUNDS</b>							
<b>TOTAL FUNDS BROUGHT FORWARD</b>		<b>20,973</b>	<b>1,602</b>	<b>22,575</b>	<b>23,334</b>	<b>3,104</b>	<b>26,438</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>24,433</b>	<b>100</b>	<b>24,533</b>	<b>20,973</b>	<b>1,602</b>	<b>22,575</b>

**YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**BALANCE SHEET AT 28 FEBRUARY 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	Unrestricted funds £	Restricted funds £	2021 Total funds £
<b>FIXED ASSETS</b>							
Tangible assets	12	0	0	0	0	1,502	1,502
<b>CURRENT ASSETS</b>							
Debtors	13	3,192	0	3,192	4,604	0	4,604
Cash at Bank		22,229	100	22,329	19,009	100	19,109
		25,421	100	25,521	23,613	100	23,713
<b>CREDITORS</b>							
Amounts falling due within one year	14	-988	0	-988	-2,640	0	-2,640
<b>NET CURRENT ASSETS</b>		24,433	100	24,533	20,973	100	21,073
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		24,433	100	24,533	20,973	1,602	22,575
<b>NET ASSETS</b>		24,443	100	24,533	20,973	1,602	22,575
<b>FUNDS</b>							
Unrestricted funds				24,433			20,973
Restricted funds				100			1,602
<b>TOTAL FUNDS</b>				24,533			22,575

**YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**BALANCE SHEET AS AT 28 FEBRUARY 2022 – CONTINUED**

In approving these financial statements, as trustees of the company, we hereby confirm.

- the company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2021;
- that no notice has been deposited at the registered office of the company pursuant to section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 28 February 2021;
- that we acknowledge our responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of the accounts;
- these financial statements have been prepared in accordance with the provisions of the Companies Act 2006 applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 10 August 2022 and were signed on its behalf by:



**T WATKINS**  
Trustee/Director/Chair

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

**1 ACCOUNTING POLICIES**

**Basis of preparing the financial statement and accounting policies**

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)', and the Companies ACT 2006. The financial statements have been prepared under the historical cost convention.

The presentation is £ sterling with figures rounded to the nearest pound.

The principal accounting policies are summarised below. They have been applied consistently throughout the current and preceding year.

**Financial Reporting Standard 102 - reduced disclosure conventions**

The charity has taken advantage of the following disclosure exceptions in preparing these financial statements as permitted by FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland

- the requirements of section 7 Statement of Cash Flows.

**Fund accounting**

The charity maintains two types of funds as follows:

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees in furtherance of the general objectives of the charity,
- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

The following specific policies are applied to particular categories of income:

- donations and legacies includes all income received by the charity that is, in substance, a gift made to it on a voluntary basis and includes income received by way of grants, donations and gifts and are included in full in the statement of financial activities (SOFA) when receivable. Grants, including those for the purchase of fixed assets, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised in full in the SOFA when the charity becomes unconditionally entitled to the grant.
- income from tax reclaims on donations are included in the SOFA at the same time as the donation to which they relate.

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022

1 ACCOUNTING POLICIES - continued

Expenditure

Expenditure is accounted for on an accruals basis and includes any VAT which is not recoverable as the organisation is not VAT registered. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and that the amount can be measured reliably.

Expenditure has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

The following specific policies are applied to particular categories of expenditure:

- charitable expenditure comprises those costs incurred by the charity in delivery of its charitable aims, objectives and activities and those related to the provision of services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature necessary to support them (support costs). Support costs are incurred directly in support of expenditure on the objects of the charity and include governance costs (which are those associated with meeting the constitutional and statutory requirements of the charity and include those related to the preparation and examination of statutory accounts).

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and equipment – 25 to 33% straight line on cost.

2 DONATIONS AND LEGACIES

	2022			2021		
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Grants	0	0	0	0	866	866
One off donations	505	0	505	337	0	337
Regular donations	4,300	0	4,300	4,574	0	4,574
Online donations	4,292	0	4,292	4,125	0	4,125
Class donations	3,295	0	3,295	5,785	0	5,785
Gift aid	1,035	0	1,035	1,183	0	1,183
	13,427	0	13,427	16,004	866	16,870

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

**3 ACTIVITIES FOR GENERATING FUNDS**

	2022			2021		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	funds	funds	funds	funds	funds	funds
	£	£	£	£	£	£
FLP gigs	172	0	172	0	0	0
Garden party/summer fete	1,467	0	1,467	0	0	0
Winter fayre	528	0	528	0	0	0
Christmas party	321	0	321	0	0	0
Jo's bake off	104	0	104	0	0	0
Other fundraising activities	35	0	35	16	0	16
	2,627	0	2,627	16	0	16

**4 INVESTMENT INCOME**

	2022			2021		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	funds	funds	funds	funds	funds	Funds
	£	£	£	£	£	£
Bank interest receivable	<u>0</u>	<u>0</u>	<u>0</u>	<u>1</u>	<u>0</u>	<u>1</u>

**5 EXPENDITURE ON RAISING FUNDS**

No Costs were incurred raising funds during the years ended 28 February 2022 and 28 February 2021.

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022

6 CHARITABLE ACTIVITIES EXPENDITURE

	2,022			2,021		
	Unrestricted funds	Restricted funds	Total Funds	Unrestricted funds	Restricted funds	Total Funds
	£	£	£	£	£	£
Tutor class fees	8,890	0	8,890	1,200	0	1,200
Tutor zoom class fees	3,080	0	3,080	11,690	0	11,690
Tutor retainers	1,650	0	1,650	5,600	0	5,600
Tutor Christmas bonus	1,000	0	1,000	1,000	0	1,000
Room hire	1,544	0	1,544	247	0	247
Insurance	534	0	534	508	0	508
Equipment and consumables	230	0	230	0	866	866
Equipment repairs and maintenance	240	0	240	0	0	0
Sundry expenses (DBS check)	13	0	13	52	0	52
Bank charges	37	0	37	0	0	0
Zettle reader	35	0	35	0	0	0
Plant & equipment depreciation	0	1,502	1,502	0	1,502	1,502
	17,253	1,502	18,755	20,297	2,368	22,665

7 ANALYSIS OF SUPPORT COSTS

	2,022			2,021		
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
DBS check	13	0	13	52	0	52

8 NET INCOME

Net income is stated after charging:

	2022	2021
	£	£
Depreciation	1,502	1,502

9 TRUSTEES' TRANSACTIONS, REMUNERATION AND BENEFITS

Trustees' expenses were nil for the year ended 28 February 2021 and for the year ended 28 February 2020. There were no trustees' remuneration or other benefits for the year ended 28 February 2021 nor for the year ended 28 February 2020.

	2022	2021
	£	£
Trustees' donations	1,255	2,284

**YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

**10 STAFF COSTS**

There were no staff costs for the year ended 28 February 2022 nor for the year ended 28 February 2021.

The charity has no employees so no salaries or wages have been paid to any individuals, including the trustees, during the year (all yoga tutors are self-employed freelance individuals).

**11 TAXATION**

The charity's activities fall within the exemptions afforded by the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge in these accounts.

**12 TANGIBLE FIXED ASSETS**

	Plant & equipment £
<b>COSTS</b>	
As at 1 March 2021	<u>10,950</u>
<b>DEPRECIATION</b>	
As at 1 March 2021	9,448
Charge for year	<u>1,502</u>
As at 28 February 2022	<u>10,950</u>
<b>NET BOOK VALUE</b>	
28 February 2021	<u>1,502</u>
28 February 2022	<u>0</u>
<b>COSTS</b>	
As at 1 March 2020	<u>10,950</u>
<b>DEPRECIATION</b>	
As at 1 March 2020	7,946
Charge for year	<u>1,502</u>
As at 28 February 2021	<u>9,448</u>
<b>NET BOOK VALUE</b>	
28 February 2020	<u>3,104</u>
28 February 2021	<u>1,502</u>

**13 DEBTORS**

	2022 £	2021 £
Gift aid recoverable	<u>3,192</u>	<u>4,604</u>

## YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 28 FEBRUARY 2022

#### 14 CREDITORS

	2022	2021
	£	£
Creditors	<u>988</u>	<u>2,640</u>

#### 15 COMPANY LIMITED BY GUARANTEE

YogaMobility is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as maybe required (not exceeding £10) to the assets of the company in the event of it being wound up while he or she is a member, or within one year after he or she ceases to be a member.

#### 16 MOVEMENT IN FUNDS

	At 01.03.2021 £	Net movement in funds £	At 28.02.2022 £
<b>Unrestricted funds (i)</b>			
General fund	20,973	3,460	24,433
<b>Restricted funds (ii)</b>			
Restricted fund	<u>1,602</u>	<u>-1,502</u>	<u>100</u>
<b>TOTAL FUNDS</b>	<u>22,575</u>	<u>1,958</u>	<u>24,533</u>

	At 01.03.2020 £	Net movement in funds £	At 28.02.2021 £
<b>Unrestricted funds (i)</b>			
General fund	23,224	-2,361	20,973
<b>Restricted funds (ii)</b>			
Restricted fund	<u>3,104</u>	<u>-1,502</u>	<u>1,602</u>
<b>TOTAL FUNDS</b>	<u>26,438</u>	<u>-3,863</u>	<u>22,575</u>

(i) The purpose of the general unrestricted funds is to enable the charity to carry out its charitable aims and objectives and represent funds available for future general running costs and related expenditure which are at the discretion of the trustees.

(ii) The purpose of the restricted funds is to enable the charity to continue to run and support specific projects relating to its charitable aims and objectives but the use of the funds is restricted to the specific project cost the income was received towards.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

Net movement in funds, included in the above are as follows:

Year ended 28 February 2022	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted fund</b>			
General fund	20,713	-17,253	3,460
<b>Restricted fund</b>			
Restricted fund	<u>0</u>	<u>-1,502</u>	<u>-1,502</u>
<b>TOTAL FUNDS</b>	<u>20,713</u>	<u>-18,755</u>	<u>1,958</u>

Year ended 28 February 2021	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted fund</b>			
General fund	17,936	-20,297	-2,361
<b>Restricted fund</b>			
Restricted fund	<u>366</u>	<u>-2,368</u>	<u>-1,502</u>
<b>TOTAL FUNDS</b>	<u>18,802</u>	<u>-22,665</u>	<u>-3,863</u>

**17 RESTRICTED FUND ANALYSIS**

	Year ended 28 February 2022	Brought forward	Incoming resources £	Resources expended £	Carried forward £
1	Donation for hoist	100	0	0	100
2	Wesleyan Community Fund	1,502	0	(1,502)	0
		1,602	0	(1,502)	100

	Year ended 28 February 2021	Brought forward	Incoming resources £	Resources expended £	Carried forward £
1	Donation for hoist	100	0	0	100
2	Wesleyan Community Fund	3,004	0	(1,502)	1,502
		3,104	0	(1,502)	1,602

The Wesleyan Community Fund grant was received for the purchase of equipment.

**YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

	2022			2021		
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total Funds
	£	£	£	£	£	£
<b>INCOME</b>						
<b>Donations and legacies</b>						
Grants	0	0	0	0	866	866
One off donations	505	0	505	337	0	337
Regular donations	4,300	0	4,300	4,574	0	4,574
Online donations	4,292	0	4,292	4,125	0	4,125
Class donations	3,295	0	3,295	5,785	0	5,785
Gift aid	1,035	0	1,035	1,183	0	1,183
	13,427	0	13,427	16,004	866	16,870
<b>Income from charitable activities</b>						
Class fees	4,659	0	4,659	815	0	815
<b>Activities for generating funds</b>						
FLP gigs	172	0	172	0	0	0
Garden party/summer fete	1,467	0	1,467	0	0	0
Winter fayre	528	0	528	0	0	0
Christmas party	321	0	321	0	0	0
Jo's bake off	104	0	104	0	0	0
Other fundraising activities	35	0	35	16	0	16
	2,627	0	2,627	16	0	16
<b>Other income</b>						
Accountancy refund	0	0	0	1,100	0	1,100
<b>Investment income</b>						
Bank interest receivable	0	0	0	1	0	1
<b>Total incoming resources</b>	<b>20,713</b>	<b>0</b>	<b>20,713</b>	<b>17,936</b>	<b>866</b>	<b>18802</b>

**YOGAMOBILITY (A COMPANY LIMITED BY GUARANTEE)**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 28 FEBRUARY 2022**

			<b>2,022</b>			<b>2,021</b>
	Unrestricted	Restricted	<b>Total</b>	Unrestricted	Restricted	<b>Total</b>
	funds	funds	<b>Funds</b>	funds	funds	<b>funds</b>
	£	£	£	£	£	£
<b>EXPENDITURE</b>						
Cost of raising funds	0	0	0	0	0	0
<b>Charitable activities expenditure</b>						
Tutor class fees	8,890	0	<b>8,890</b>	1,200	0	<b>1,200</b>
Tutor zoom class fees	3,080	0	<b>3,080</b>	11,690	0	<b>11,690</b>
Tutor retainers	1,650	0	<b>1,650</b>	5,600	0	<b>5,600</b>
Tutor Christmas bonus	1,000	0	<b>1,000</b>	1,000	0	<b>1,000</b>
Room hire	1,544	0	<b>1,544</b>	247	0	<b>247</b>
Insurance	534	0	<b>534</b>	508	0	<b>508</b>
Equipment and consumables	230	0	<b>230</b>	0	866	<b>866</b>
Equipment repairs and maintenance	240	0	<b>240</b>	0	0	<b>0</b>
Sundry expenses (DBS check)	13	0	<b>13</b>	52	0	<b>52</b>
Bank charges	37	0	<b>37</b>	0	0	<b>0</b>
Zettle reader	35	0	<b>35</b>	0	0	<b>0</b>
Plant & equipment depreciation	0	1,502	<b>1,502</b>	0	1502	<b>1,502</b>
	17,253	1,502	<b>18,755</b>	20,297	2,368	<b>22,665</b>
<b>TOTAL EXPENDITURE</b>	<b>17,253</b>	<b>1,502</b>	<b>18,755</b>	<b>20,297</b>	<b>2,368</b>	<b>22,665</b>
<b>NET INCOME/FUNDS MOVEMENT</b>	<b>3,460</b>	<b>-1502</b>	<b>1,958</b>	<b>-2,361</b>	<b>-1,502</b>	<b>-3,863</b>