



**A company limited by guarantee and a charity**

**Report and Accounts**

**For the Year Ended**

**31 March 2021**

**Registered Office:**  
The Brady Centre  
192-196 Hanbury Street London  
E1 5HU

**Charity Registration No.** 1033764  
**Company Registration No.** 2897750

## **Women's Health & Family Services (WHFS)**

### **Trustees' Report For the year ended 31st March 2021**

The Directors, who are also Trustees, present their report and audited accounts for the financial year which ended 31 March 2021.

**Directors/Trustees:**

Annie Karlin (Chair)  
Dong Chen (Treasurer)  
Dr Shoba Poduval  
Mufeedah Bustin  
Joanna Fowler  
Amelia Guilfoyle  
Katherine Brintworth  
Camilla Hampton

Myra Garrett became an Honorary member of the Board, stepping away from her formal Trusteeship duties.

**Chief Executive:** Karen Wint

**Registered Office:** The Brady Centre  
192-196 Hanbury Street London  
E1 5HU

**Charity Registration No.** 1033764

**Company Registration No.** 2897750

**Accountants:** Accountability Europe Ltd  
39-41 North Road London  
N7 9DP

**Independent Examiner:** Goldwins  
Chartered Accountants  
75 Maygrove Road London  
NW6 2EG

**Bankers:** CAF Bank  
25 Kings Hill West Malling Kent  
ME19 4JQ

## **Women's Health & Family Services (WHFS)**

### **Trustees' Report For the year ended 31st March 2021**

The Board of Trustees, who are also Directors for the purposes of company law, are pleased to be presenting their annual report and financial statements for the year ending March 31st 2021.

#### **Structure, Governance and Management**

##### **Governing Document**

WHFS is a registered charity and company limited by guarantee, incorporated on 14 February 1999 with a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding one pound.

##### **Recruitment and responsibilities of Trustees**

The company is governed by a Board of Directors who are also known as Trustees for the purposes of charity law and under the company's Articles of Association are known members of Management Committee. General meetings need at least three full Trustees' for a quorum.

Recruitment is by advertisement through national job websites, and by networking and targeting specific groups to attract a diverse Trustees' membership. The Trustees have the power to co-opt members to fill specialist roles.

The Trustees are responsible for setting the strategic direction of the organisation, policy development, senior staff recruitment and financial management. There are currently eight Trustees from a variety of professional backgrounds to support the delivery and success of the charity.

##### **Risk Management**

A risk register is reviewed at each Board meeting which includes strategies to manage risk, this includes financial reporting. The Board receives written reports as well as presentations made by the Chief Executive and staff to ensure transparency and good governance. Board members are invited to events for direct engagement with our volunteers to hear of their experiences and for further transparency and governance.

##### **Statement on Public Benefit**

The Trustees confirm that they have complied with the Charity Commission's general guidance on public benefit and that the purpose and aims of WHFS are for the greater good. All our charitable activities focus on empowering women with multiple disadvantages with knowledge and confidence to develop social connections, access the health services they need to improve the health and wellbeing for themselves and their family and prevent future harmful practices.

## **Women's Health & Family Services (WHFS)**

### **Trustees' Report For the year ended 31st March 2021**

#### **Our Objectives**

Women's Health and Family Services is a multi-cultural community health charity with a long history of working closely with the disadvantaged women and their families in East London, to improve their health and wellbeing in a meaningful and sustainable way, by giving them the support and confidence they need to do it for themselves.

One of the key ways we do this, is to train local volunteers to support women through pregnancy or when they have experienced female genital mutilation/cutting. We believe a relationship between one woman and another who is vulnerable can be transforming for both women.

The charity's objectives are:

- a) To advance education, knowledge and empowerment amongst women residents in Tower Hamlets and other East London boroughs, across all communities, before, during and after pregnancy and survivors of FGM/C.
- b) To preserve and protect the health of the inhabitants of the London Borough of Tower Hamlets and elsewhere.
- c) To promote equality and diversity by challenging discrimination and encouraging services to meet the diverse needs of the local communities; the sharing of experiences in order to bring about equality in health and wellbeing, and good relationships across local communities.

Our three areas work covers prevention, intervention and recovery:

- Continuity of care for pregnant women facing multiple social complexities through a one-to-one tailored relationship with trained volunteers from the local community who enable to navigate maternity, women's health and social services
- Community engagement to raise awareness and educate about the health complications of FGM/C
- Empower women affected by FGM/C to access clinical care to improve their quality of life
- Empower local women volunteering with confidence, knowledge and skills to pursue their goals which often includes employment and further education in healthcare.

## **Women's Health & Family Services (WHFS)**

### **Trustees' Report For the year ended 31st March 2021**

#### **Overall Financial Review**

Funding for overheads continues and the strategies implemented in the previous year saw positive results. At the beginning of March, at the start of the COVID-19 pandemic, we took swift steps to estimate the additional costs to work from home, redesigning our services and the wellbeing of our beneficiaries and volunteers; and switched our fundraising approach to generating income to support these costs.

Our actual income during the year was £567,981 (2020: £451,914) and the actual expenditure was £471,059 (2020: £393,019). £144,866 of our income was raised to fund our COVID-19 Pandemic Response.

The reserves are needed to meet the working revenue requirements of the charity. The current level of reserves available to the charity is £89,262 of which £40,000 are restricted reserves and £49,262 unrestricted.

#### **Reserves policy**

The Trustees have examined the charity's requirements for reserves in light of the main risks to the organisation resulting from shortfall in funding and time expired project, that are not refunded. They have established a policy whereby any surplus and unrestricted funds held should be between 3 and 6 months operating costs. Sufficient reserve is needed to ensure that projects are not hampered by delays in receiving grant income and to fund any revenue shortfall. There is also the need to bear the cost of cover for the likes of maternity leave and redundancies which, in a not-for-profit charity, is never funded.

We would like to be in a position to increase our reserves, in order to weather the unexpected eventualities; and investment in strengthening the organisation's capacity and capabilities, for expansion to reach more women with our support services.

#### **Income, fundraising and COVID-19 Pandemic Recovery**

This year our focus during the year was to raise additional income to fund our pandemic response and we are grateful to our funders for their commitment and support. As we begin to enter a new phase of the pandemic and reflect on our learnings from the last twelve months, a new funding strategy will underpin our fundraising efforts for the next 24 months. This will form part of our planned work on our three year business plan in the next financial year.

We would like to take this opportunity to thank our volunteers and staff, who went beyond the call of duty, to ensure we could continue to support vulnerable women in our communities during an extremely frightening and isolating time. Our team worked collaboratively with the midwifery, women's health teams and other heroic community organisations, to provide women with continued emotional and practical support.

## **Women's Health & Family Services (WHFS)**

### **Trustees' Report For the year ended 31st March 2021**

#### **Statement of Trustees and Directors Responsibilities**

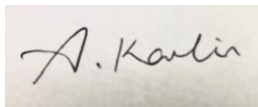
The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for the year. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the board of trustees on **1 December 2021**  
and signed on their behalf by:



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**Annie Karlin**  
**Chair**



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**Dong Chen**  
**Trustee**

**Independent examiner's report to the trustees of  
Women's Health & Family Services  
For the year ended 31st March 2021**

I report on the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since the Company's gross income exceeded £250,000, I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

14 December 2021

**Anthony Epton BA FCA CTA FCIE  
Goldwins  
Chartered accountants  
75 Maygrove Road  
West Hampstead  
London NW6 2EG**

# Women's Health and Family Services

## Statement of financial activities

(incorporating an income and expenditure account)

For the year ended 31 March 2021

		Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
	Note				
<b>Income from:</b>					
Donations	3	2,039	-	2,039	12,057
Charitable activities:					
Grants received	4	60,000	505,856	565,856	439,564
Investment income	6	86	-	86	293
<b>Total income</b>		<b>62,125</b>	<b>505,856</b>	<b>567,981</b>	<b>451,914</b>
<b>Expenditure on:</b>					
Raising funds	7	5,294	-	5,294	22,196
Charitable activities:	7	39,816	425,949	465,765	370,823
<b>Total expenditure</b>		<b>45,110</b>	<b>425,949</b>	<b>471,059</b>	<b>393,019</b>
<b>Net income / (expenditure) for the year</b>		<b>17,015</b>	<b>79,907</b>	<b>96,922</b>	<b>58,895</b>
<b>Net movement in funds</b>		<b>17,015</b>	<b>79,907</b>	<b>96,922</b>	<b>58,895</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		72,247	160,887	233,134	174,239
<b>Total funds carried forward</b>		<b>89,262</b>	<b>240,794</b>	<b>330,056</b>	<b>233,134</b>

There were no other recognised gains or losses other than those stated above.

The attached notes form part of these financial statements.



# Women's Health and Family Services

## Balance sheet

As at 31 March 2021

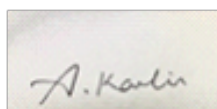
	Note	2021 £	2021 £	2020 £	2020 £
<b>Fixed assets:</b>					
Tangible assets	11		3,661		3,190
<b>Current assets:</b>					
Debtors	12	73,476		127,971	
Cash at bank and in hand		<u>309,736</u>		<u>118,793</u>	
		<b>383,212</b>		<b>246,764</b>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	<u>(56,817)</u>		<u>(16,820)</u>	
<b>Net current assets</b>			<b>326,395</b>		<b>229,944</b>
<b>Total net assets</b>			<b>330,056</b>		<b>233,134</b>
<b>Funds</b>	15				
Restricted funds			240,794		160,887
Unrestricted funds:					
Designated funds		40,000		40,000	
General funds		<u>49,262</u>		<u>32,247</u>	
Total unrestricted funds			<b>89,262</b>		<b>72,247</b>
<b>Total funds</b>			<b>330,056</b>		<b>233,134</b>

The Trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 and members have not required the charitable company to obtain an audit for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its net incoming/(outgoing) resources for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Approved by the board of trustees on...1 December... 2021  
and signed on their behalf by:



**Annie Karlin**  
Chair



**Dong Chen**  
Trustee

**Company registration no. 02897750**

The attached notes form part of the financial statements.

**Women's Health and Family Services**  
**Statement of cash flows**  
**For the year ended 31 March 2021**

	Note	2021 £	2021 £	2020 £	2020 £
<b>Cash flows from operating activities:</b>					
Net cash provided by / (used in) operating activities	a		192,634		(114,618)
<b>Cash flows from investing activities:</b>					
(Purchase) of fixed assets		(1,691)		-	
<b>Cash provided by / (used in) investing activities</b>			(1,691)		-
<b>Change in cash and cash equivalents in the year</b>			190,943		(114,618)
Cash and cash equivalents at the beginning of the year			118,793		233,410
<b>Cash and cash equivalents at the end of the year</b>	b		<b>309,736</b>		118,793

**a) Reconciliation of net income/(expenditure) to net cash flow from operating activities**

	2021 £	2020 £
<b>Net (expenditure) for the reporting period</b> (as per the statement of financial activities)	<b>96,922</b>	58,895
Depreciation	1,220	1,063
(Increase)/ decrease in debtors	54,495	(106,324)
Increase in creditors	39,997	(68,252)
<b>Net cash provided by/ (used in) operating activities</b>	<b>192,634</b>	(114,618)

**b) Analysis of cash and cash equivalents**

	At 1 April 2020 £	Cash flows £	Other changes £	At 31 March 2021 £
Cash at bank and in hand	118,793	190,943	-	<b>309,736</b>
Total cash and cash equivalents	<u>118,793</u>	<u>190,943</u>	<u>-</u>	<u><b>309,736</b></u>

# Women's Health and Family Services

## Notes to the financial statements

### For the year ended 31 March 2021

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#### 1 Accounting policies

##### Basis of preparation

The financial statements have been prepared under the historical cost convention with assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note(s) to these accounts. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charitable company meets the definition of a public benefit entity under FRS 102.

##### Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

##### Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

##### Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

##### Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

##### Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**Women's Health and Family Services**  
**Notes to the financial statements**  
**For the year ended 31 March 2021**

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**1 Accounting policies (continued)**

**Allocation of support costs**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include office costs, finance, personnel, payroll and governance costs which support the charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The bases on which support costs have been allocated are set out in note 7.

**Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £500. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rate in use is as follows:

~ Office equipment	25% reducing balance
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**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Women's Health and Family Services**  
**Notes to the financial statements**  
**For the year ended 31 March 2021**

**2 Detailed comparatives for the statement of financial activities**

	2020 Unrestricted £	2020 Restricted £	2020 Total £
Income from:			
Donations	6,017	6,040	12,057
Charitable activities:			
Grants received	10,000	429,564	439,564
Other trading activities			-
Investments	293	-	293
Total income	<u>16,310</u>	<u>435,604</u>	<u>451,914</u>
Expenditure on:			
Raising funds	22,196	-	22,196
Charitable activities:	-	370,823	370,823
Total expenditure	<u>22,196</u>	<u>370,823</u>	<u>393,019</u>
Net income / expenditure before gains / (losses) on investments	(5,886)	64,781	58,895
Transfers between funds	-	-	-
Net movement in funds	(5,886)	64,781	58,895
Total funds brought forward	<u>78,133</u>	<u>96,106</u>	<u>174,239</u>
Total funds carried forward	<u><u>72,247</u></u>	<u><u>160,887</u></u>	<u><u>233,134</u></u>

**3 Income from donations:**

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Donations	2,039	-	<b>2,039</b>	12,057
	<u>2,039</u>	<u>-</u>	<u><b>2,039</b></u>	<u>12,057</u>

**Women's Health and Family Services**  
**Notes to the financial statements**  
**For the year ended 31 March 2021**

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**4 Income from charitable activities**

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
<b>Grants received:</b>				
Big Lottery Fund (Reaching Communities)	-	-	-	77,595
CCG Tower Hamlets (Maternity Mates)	-	64,216	<b>64,216</b>	65,000
Tower Hamlets Public Health/VAWG	-	91,101	<b>91,101</b>	43,038
Henry Smith Charity	-	35,000	<b>35,000</b>	52,500
Bart's NHS Trust (Maternity Mates)	-	50,548	<b>50,548</b>	70,844
CCG Newham (Maternity Mates)	-	85,716	<b>85,716</b>	87,680
Mind (Side by Side)	-	-	-	11,408
Allen & Overy	-	-	-	5,000
Royal London Foundation	-	-	-	5,000
Lloyds Foundation	20,000	26,909	<b>46,909</b>	15,000
Tampox Tax	-	3,500	<b>3,500</b>	6,500
Garfield Weston Foundation	20,000	-	<b>20,000</b>	-
David Ruth Lewis Family Trust	20,000	-	<b>20,000</b>	-
LCF & TNL Community Fund	-	100,646	<b>100,646</b>	-
City of London - Wave 3	-	24,220	<b>24,220</b>	-
MM Hub	-	24,000	<b>24,000</b>	-
<b>Total income from charitable activities</b>	<b>60,000</b>	<b>505,856</b>	<b>565,856</b>	<b>439,564</b>

**6 Income from investments**

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Bank interest	86	-	<b>86</b>	293
	<b>86</b>	<b>-</b>	<b>86</b>	<b>293</b>

**Women's Health and Family Services**  
**Notes to the financial statements**  
**For the year ended 31 March 2021**

**7 Analysis of expenditure**

Current year	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	2021 Total £	2020 Total £
Staff costs	Staff time	-	231,165	-	231,165	208,490
Other Direct costs	Direct	-	112,492	6,588	119,080	34,280
Premises costs		-	-	11,224	11,224	18,508
Other office costs		-	-	19,532	19,532	17,783
Legal & professional costs		-	30,200	41,664	71,864	93,874
IT costs		-	-	10,156	10,156	13,001
Marketing costs		-	-	3,197	3,197	3,901
Depreciation		-	-	1,220	1,220	1,062
Independent examiner's fee		-	-	2,200	2,200	2,120
Insurance		-	-	1,421	1,421	-
		-	<b>373,857</b>	<b>97,202</b>	<b>471,059</b>	393,019
Support costs allocation		5,294	91,908	(97,202)	-	-
<b>Total expenditure 2021</b>		<b>5,294</b>	<b>465,765</b>	<b>-</b>	<b>471,059</b>	393,019

Of the total expenditure, £45,110 was unrestricted (2020: £22,196) and £425,949 was restricted (2020: £370,823).

**Analysis of expenditure**

Prior year	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	2020 Total £
Staff costs	Staff time	-	205,043	3,447	208,490
Other Direct costs	Direct	-	33,384	896	34,280
Premises costs		-	-	18,508	18,508
Other office costs		-	-	17,783	17,783
Legal & professional costs		-	-	93,874	93,874
IT costs		-	-	13,001	13,001
Marketing costs		-	-	3,901	3,901
Depreciation		-	-	1,062	1,062
Independent examiner's fee		-	-	2,120	2,120
Governance costs		-	-	-	-
		-	238,427	154,592	393,019
Support costs		22,196	132,396	(154,592)	-
<b>Total expenditure 2020</b>		<b>22,196</b>	<b>370,823</b>	<b>-</b>	<b>393,019</b>

**Women's Health and Family Services**  
**Notes to the financial statements**  
**For the year ended 31 March 2021**

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**8 Net income / (expenditure) for the year**

This is stated after charging / (crediting):	<b>2021</b>	2020
	<b>£</b>	<b>£</b>
Depreciation	<b>1,220</b>	1,063
Independent examiner's fee	<b>2,200</b>	2,120
	<b><u>2,200</u></b>	<b><u>2,120</u></b>

**9 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:	<b>2021</b>	2020
	<b>£</b>	<b>£</b>
Salaries and wages	<b>215,337</b>	194,619
Social security costs	<b>12,754</b>	11,148
Pension	<b>3,074</b>	2,723
	<b><u>231,165</u></b>	<b><u>208,490</u></b>

There were no employees who received annual emoluments of £60,000 or more (2020: none).

The total employee benefits including pension contributions and employer's national insurance of the key management personnel were £42,984 (2020: £40,008).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil) neither were they reimbursed expenses during the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

**Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2021</b>	2020
	<b>No.</b>	<b>No.</b>
Direct charitable activities	<b>11</b>	12
Support	<b>2</b>	2
	<b><u>13</u></b>	<b><u>14</u></b>

**10 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.



**Women's Health and Family Services**  
**Notes to the financial statements**  
**For the year ended 31 March 2021**

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**11 Tangible fixed assets**

	Office equipment £	Total £
<b>Cost</b>		
At the start of the year	35,474	<b>35,474</b>
Additions in year	1,691	<b>1,691</b>
At the end of the year	<u>37,165</u>	<u><b>37,165</b></u>
<b>Depreciation</b>		
At the start of the year	32,284	<b>32,284</b>
Charge for the year	1,220	<b>1,220</b>
At the end of the year	<u>33,504</u>	<u><b>33,504</b></u>
<b>Net book value</b>		
<b>At the end of the year</b>	<u>3,661</u>	<u><b>3,661</b></u>
At the start of the year	<u>3,190</u>	<u>3,190</u>

All of the above assets are used for charitable purposes.

**12 Debtors**

	2021 £	2020 £
Grants and other income receivable	<b>70,308</b>	89,484
Prepayments	<b>3,168</b>	3,168
Accrued income	-	35,319
	<u><b>73,476</b></u>	<u>127,971</u>

**13 Creditors: amounts falling due within one year**

	2021 £	2020 £
Trade creditors	<b>17,164</b>	7,450
Taxation and social security	<b>1,367</b>	739
Accrued expenses	<b>15,000</b>	3,500
Deferred income - Grants received in advance	<b>19,362</b>	-
Other creditors	<b>3,924</b>	5,131
	<u><b>56,817</b></u>	<u>16,820</u>

**Deferred income**

	2021 £	2020 £
Balance at the beginning of the year	-	-
Amount released to income in the year	-	-
Amount deferred in the year	<b>19,362</b>	-
Balance at the end of the year	<u><b>19,362</b></u>	<u>-</u>

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**14 Analysis of net assets between funds**

<b>Current year</b>	General unrestricted £	Designated £	Restricted £	<b>Total funds £</b>
Tangible fixed assets	3,661	-	-	<b>3,661</b>
Net current assets	45,601	40,000	240,794	<b>326,395</b>
<b>Net assets at the end of the year</b>	<b>49,262</b>	<b>40,000</b>	<b>240,794</b>	<b>330,056</b>
<b>Prior year</b>	General unrestricted £	Designated £	Restricted £	<b>Total funds £</b>
Tangible fixed assets	3,190	-	-	3,190
Net current assets	29,057	40,000	160,887	229,944
<b>Net assets at the end of the year</b>	<b>32,247</b>	<b>40,000</b>	<b>160,887</b>	<b>233,134</b>

**15 Movements in funds**

<b>Current year</b>	<b>At the start of the year £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Transfers £</b>	<b>At the end of the year £</b>
<b>Unrestricted funds:</b>					
General funds	32,247	62,125	45,110	-	<b>49,262</b>
Designated funds	40,000	-	-	-	<b>40,000</b>
<b>Total unrestricted funds</b>	<b>72,247</b>	<b>62,125</b>	<b>45,110</b>	<b>-</b>	<b>89,262</b>
<b>Restricted funds:</b>					
CCG Tower Hamlets (Maternity Mates)	25,966	64,216	58,685	-	<b>31,497</b>
Tower Hamlets Public Health/VAWG (MOPAC)	33,407	91,101	84,647	-	<b>39,861</b>
Henry Smith Charity	20,705	35,000	35,563	-	<b>20,142</b>
Bart's NHS Trust (Maternity Mates)	36,686	50,548	45,292	-	<b>41,942</b>
CCG Newham (Maternity Mates)	22,623	85,716	63,047	-	<b>45,292</b>
Lloyds Foundation	15,000	26,909	33,383	-	<b>8,526</b>
Tampox Tax	6,500	3,500	-	-	<b>10,000</b>
LCF & TNL Community Fund	-	100,646	100,646	-	-
City of London - Wave 3	-	24,220	4,686	-	<b>19,534</b>
MM Hub	-	24,000	-	-	<b>24,000</b>
<b>Total restricted funds</b>	<b>160,887</b>	<b>505,856</b>	<b>425,949</b>	<b>-</b>	<b>240,794</b>
<b>Total funds</b>	<b>233,134</b>	<b>567,981</b>	<b>471,059</b>	<b>-</b>	<b>330,056</b>

**Purposes of restricted funds**

The income of the charity includes grants received for specific restricted projects. The trustees' report includes a brief description of the activities of each project.

The financial movements on the restricted funds are summarised above. On completion of a project, any small funding surplus or deficit is cleared by a transfer to or from unrestricted funds.

**Purposes of designated funds**

During the previous years, the trustees agreed that it would be prudent to set up a designated fund to finance any future liabilities that would be incurred on the closure of the organisation. In this financial year, the initial £40,000 transferred is considered sufficient for this purpose.

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**Movements in funds (continued)**

Movements in funds -Prior year	At the start of the year £	Income £	Expenditure £	Transfers £	At the end of the year £
Unrestricted funds:					
General funds	38,133	16,310	22,196	-	32,247
Designated funds	40,000	-	-	-	40,000
Total unrestricted funds	<u>78,133</u>	<u>16,310</u>	<u>22,196</u>	<u>-</u>	<u>72,247</u>

**Movements in funds (continued)**

Prior year	At the start of the year £	Income £	Expenditure £	Transfers £	At the end of the year £
Restricted funds:					
CCG Tower Hamlets (Maternity Mates)	4,098	66,643	44,775	-	25,966
Tower Hamlets Public Health/VAWG	47,273	43,038	56,904	-	33,407
Henry Smith Charity	-	52,500	31,795	-	20,705
Bart's NHS Trust (Maternity Mates)	-	72,487	35,801	-	36,686
CCG Newham (Maternity Mates)	517	89,323	67,217	-	22,623
Lloyds Bank Foundation	-	15,000	-	-	15,000
Tampox Tax Fund	-	6,500	-	-	6,500
Big Lottery Fund (Reaching Communities)	33,279	78,555	111,834	-	-
Mind (Side by Side)	10,940	11,558	22,498	-	-
Total restricted funds	<u>96,106</u>	<u>435,604</u>	<u>370,823</u>	<u>-</u>	<u>160,887</u>
Total funds	<u>174,239</u>	<u>451,914</u>	<u>393,019</u>	<u>-</u>	<u>233,134</u>

**16 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. Each member is liable to contribute a sum not exceeding £1 in the event of the charity being wound up.

**17 Related party transactions**

There are no related party transactions to disclose for 2021 (2020: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.