ALDER TRUST TRUSTEES' REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 28TH FEBRUARY 2022

ALDER TRUST (A COMPANY LIMITED BY GUARANTEE)

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CHARITY INFORMATION FOR THE YEAR ENDED 28TH FEBRUARY 2022

WORKING NAMES OF THE CHARITY:

Alder Trust

Firgrove

Lilies

Aldermoor Community Farm

TRUSTEES:

Dr P J Clarke

S Clarke

J Harding (from 10.11.21) D Barclay (from 25.05.22) A Arthur (from 01.01.22)

CHIEF EXECUTIVE OFFICER:

D Barclay

REGISTERED OFFICE:

107 Firgrove Southampton Hampshire SO15 3ET

REGISTERED COMPANY NUMBER:

08821484

REGISTERED CHARITY NUMBER:

1160393

BANKERS:

Lloyds Bank plc Cobden House 12 Mosley Street Manchester M2 3AU

INDEPENDENT EXAMINER:

Clara Whittington

CASA Accountancy & Bookkeeping

17 Lipizzaner Fields

Whiteley Hampshire PO15 7BH

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28TH FEBRUARY 2022

The Trustees present their report together with the financial statements of the Charity for the year ended 28th February 2022.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, applicable law and the requirements of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

FINANCIAL REVIEW

Total reported income was £135,825 (2021 £89,465). Unrestricted reserves at the 28^{th} February 2022 where £189,357 (2021 178,374), including the freehold property valued at £180,000 transferred from Firgrove Family Trust in 2018 and reverses policy of £3,142. Restricted funds at 28^{th} February 2022 were £14,359 (2021 £22,908).

Reserves Policy

The directors have considered the level of reserves they wish to retain, appropriate to the charity's needs. This is based on the charity's size and the level of financial commitments held. The directors aim to ensure the charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The directors will endeavour not to set aside funds unnecessarily.

The aspiration of the Trustees is to hold sufficient funds whereby the unrestricted funds not committed or invested in tangible fixed assets ('the free reserves') held by the Charity represent between three and six months running costs. This amounts to approximately £12,000 to £17,000.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28TH FEBRUARY 2022

ACHIEVEMENTS AND PERFORMANCE

What we do to achieve our Vision, Mission and Aims

Alder Trust remains agile, inclusive, sustainable, accessible and transformational to ensure that we benefit the community with what is required. We provide projects, initiatives and support to the local community focuses on the current need.

The primary focus for this years' activities has been:

- Keeping our projects going through the pandemic and various lockdowns within the year.
- Worked on updating all our policies and procedures to reflect up to date practices and realities for our organisations
- Within Firgrove & the Lilies we:
 - The client list was extensive on the back of the lockdowns and there was a lot of catch-up to do through this year making sure we saw as many people as we could
 - o Firgrove are now listed for signposting for post-adoption counselling
 - Made links with the Maternity Mental Health Service (MMHS) and continue to have good links with the bereavement midwives
 - o Offered clients the ability to have face to face counselling and on zoom where appropriate.
 - Continued group supervision and regularity with team meetings.
 - o Linked with Teddy's Wish in London as a resource for counsellors
 - We've had some staff changes:
 - Employed three new counsellors increasing the hours available for clients
 - Increased existing counsellors hours to cover evening sessions
 - Some counsellors stepped down
 - New trainee started
 - Employed a new administrator for the Centre
 - Introduced new supervisors for some of the team
 - o In-House training delivered for the counsellors including 'Feel it, Own it' and individually encouraged to do CDP with Deep Release.
 - o Received many clients through the Lilies as we merge the two organisations
 - Paused Step to well-being through the year but was able to restart once new boundaries were in place for clients
 - Met with Churches Together in Shirley to network with the local church for financial support and to market our service
 - Fundraised an annual Quiz night which was the first in-person event since COVID-19 hit and a sponsored walk
 - o Increased donations from clients
 - Raised money to fund a third counselling room at the Centre to increase the intake of clients.
 - Continued the work on changing the building of Firgrove to Alder Trust with the hope to complete very soon.
 - Worked on the handbook for new potential staff this is a work in progress.

• Aldermoor Farm:

- o Supported over 2,000 hours of volunteering, with 3 sessions per week including 34 regular volunteers
- Offered work experience for U18 doing Duke of Edinburgh, Y10 from local school and undergraduate from Sparsholt University.
- Supported 7 days per week in 4 part time roles at the beginning of the year, increasing to 9 days in November. The Farm Manager role has been 2 days paid and 3 days voluntary for several years, now is 4 days paid. (This is due to successful fundraising for this in August).

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28TH FEBRUARY 2022

- Staffing costs have eaten into reserves such that we had to stop paying for a Saturday shop assistant
 and reduce volunteering on Saturdays, but a grant of £8,000 from the Michael and Betty Little Trust in
 May has plugged the gap and funded Saturday Shop Assistant for the remainder of the year.
- We continued to operate as normal under the COVID-19 restrictions, only having to reduce operations for a week at one point due to isolation regulations.
- Our market garden system has matured and with the input of a Lead Grower for 2 days per week it was a very successful year in regard to the range and quality of veg grown. We have been enhancing our systems for manging the land including re-designing our composting process and making improvements to irrigation.
- The Farm Shop has been a much-appreciated community resource through the first year of lockdown. It has continued to grow as a point of connection for members of the local community. We have developed our product lines leading to increasing sales and income to support the work of the farm. We also had a successful Christmas season included sale of 100 Christmas trees. We were able to reinvested profit into display fridges in February 2022.
- Networking-wise, we joined A Rocha UK's Partners in Action Network, which links land-based projects like ours into a supportive network. The Farm Manager attended the national conference giving insight into environmental issues and peer-support regarding working with volunteers on the land.
- Hosted community events such as: Harvest Festival with food cooked from farm ingredients; Christmas open day with live music, soup and bread; Wreath-making workshop.
- Edible Schoolyard:
 - We crowdfunded for an Outdoor Kitchen resource for the Edible Schoolyard project, which will also support social gatherings and events in general on the farm. We surprised ourselves with the quality of the building that we created, working together on clearing the land, digging the footings, mixing 90 wheelbarrows of cement and erecting and beautiful timber-frame roof.
 - O Successfully delivered sessions to a local school creating a good partnership with the school for future sessions
 - The ESY Coordinator is now on maternity leave and ESY waits for 2023 to continue developing the work.

PLANS FOR THE FUTURE

The Trust has the following principle objectives for the coming year:

- To build the third counselling room at the Firgrove Centre
- To expand on post-abortion and post-adoption arms of the Firgrove & Lilies work
- To reignite the Healthy Relationships project and approach more schools within Southampton by employing a Healthy Relationships Coordinator
- To develop the property of the barn on the Farm making space for kitchen, shop and multifunctional work spaces.
- To continue developing the Farm Shop to increase income to make the Farm sustainable
- To offer more volunteering days for the community on the Farm
- To have a clear structure within the Alder Trust team that helps support all projects clearly and effectively.

These objectives will continue alongside our support of other Charities, which may include consultancy and potentially other charities where this is alignment of objects, vision and values coming under the leadership and governance of Alder Trust.

The Trust will aim to increase its Trustees to increase its public accountability and finances.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28TH FEBRUARY 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Charitable company was formed on 19th December 2013 and registered with the Charity Commission for England and Wales on 9th February 2015. It is governed by the Memorandum and Articles of Association dated 19th December 2013.

Trustees

Trustees are elected and removed by the existing trustees.

Trustees are recruited for various skills they bring to the organisation. New Trustees are issued with an induction pack and are invited to visit a number of projects during the year to gain first-hand knowledge of the value of the service we provide.

The Trustee Board meets up to 4 four times a year for formal business meetings at which long-term strategy, current direction and finance are considered. The Board currently comprises of five Trustees who delegate the day to day running of the charity to David Barclay. Trustees who served during the year are listed on Page 1.

Organisational Structure

The board of Trustees meet at least quarterly (with senior staff attending as appropriate). The operational management of the Charity is delegated to the Chief Executive Officer and her staff. They liaise with the Trustees on a frequent and regular basis.

Major Risks

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

Whilst there has been some inevitable disruption and changes to ways services are delivered due to the Covid-19 pandemic, it has not significantly affected the charity's operations or finances.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 28TH FEBRUARY 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are required under Charity law to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the financial activities of the Charity for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against loss or unauthorised use and to prevent and detect fraud and other irregularities.

In preparing this report, the Trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

On behalf of the board:

Dr P J Clarke Chair of Trustee

Date:

Ait 6 Trustee 3, October 2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ALDER TRUST

I report on the accounts of the charity for the year ended 28 February 2022, which are set out on pages 8 to 16.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- · the accounts do not accord with such records:
- the accounts do not comply with the accounting requirements of section 396 of the 2006
 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Clara Whittington CASA Accountancy & Bookkeeping 17 Lipizzaner Fields Whiteley Hampshire PO15 7BH

Date: 3 · 10 · 2022

Statement of financial activities for the year ending 28th February 2022

	Note	Unrestricted funds	Restricted income funds	Total funds 2022	Total fund 2021
		£	£	£	£
Income					
Donations and legacies		6,740	42,979	49,719	42,010
Charitable activities		66,283	19,823	86,106	47,353
Investments		-	-	-	102
Other		_			0
Total Income	2	73,023	62,802	135,825	89,465
Expenditure					
Charitable activities		8,842	124,550	133,392	101,691
Total Expenditure	3	8,842	124,550	133,392	101,691
Net movement in funds		64,181	-61,748	2,433	-12,226
Reconciliation of funds:					
Total funds brought forward at 1st March 2021		178,374	22,908	201,282	213,508
Total funds carried forward at 28th February 2022	9	242,555	-38,840	203,716	201,282

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial statements.

The notes on pages 10-16 form part of these financial statements

Balance sheet as at 28th February 2022

	Note		2022	20	21
	_	£	£		£
Fixed assets					×
Tangible assets	6		189,065		180,000
Total fixed assets					
Current assets					
Debtors	7	2,561		1,956	
Cash at bank and in hand		21,412		20,783	
Total current assets		23,973		22,739	
Creditors: amounts falling due within one year	8	-9,322		-1,457	
Net current assets/(liabilities)			14,651		21,282
Total assets less current liabilities			203,716		201,282
Funds of the Charity					
Restricted income funds			14,359		22,908
Unrestricted funds			189,357		178,374
Total funds			203,716		201,282

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed and dated by one or two trustees/directors on behalf of all the trustees/directors:

Signature	1 And Ce	
Print Name	PHILIP CLARKE	
Date of signing	03 OCTOBER 2022	

Accounting policies

INCOME

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- · the charity becomes entitled to the resources;
- · it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractica to do so.

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Support costs

The charity has incurred expenditure on support costs.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Accounting policies

EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Redundancy cost

The charity made no redundancy payments during the reporting period.

Deferred income

An amount of £6,753 has been deferred which relates to a reclaim in SMP paid in advance relating to the 22/23 financial year

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts

Basic financial instruments

The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

ASSETS

Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year, and cost at least £750.00

They are valued at cost.

The depreciation rates and methods used are as follows:

Plant & Equipment 33.3% Straight Line

DEBTORS

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2 Analysis of Income

Dona	tions	and	legacies:

	Unrestricted funds	Restricted income funds	2022	2021
	£	£	£	£
Donations and gifts	5,766	41,593	47,359	38,991
Gift Aid	974	1,386	2,360	3,019
Charitable activities:				
Aldermoor Farm	55,331	4,899	60,230	29,611
Aldermoor Outdoor Kitchen	-	474	474	- 111
Aldermoor Farm Farm Salaries		1,596	1,596	
Firgrove	830	6,243	7,073	13,834
Firgrove -The Big Give		5,500	5,500	-
Lillies		1,111	1,111	647
Purple Door		-	0	852
Edible School Yard	-	-	0	12
Other	10,122		10,122	2,397
Income from investments:				
Interest income				102
Transfer of assets				
Total Income	73,023	62,802	135,825	89,465

3 Expenditure on charitable activities

	Unrestricted funds	Restricted income funds	2022	2021
			£	£
Aldermoor Farm		71,974	71,974	42,270
Aldermoor Outdoor Kitchen		-	-	_
Aldermoor Farm Farm Salaries		988	988	
Firgrove	-	45,391	45,391	41,170
Firgrove - The Big Give		1,839	1,839	
Lillies	-	4,358	4,358	1,756
Purple Door				897
Edible School yard			- 1	
Other	8,842		8,842	15,598
Total expenditure	8,842	124,550	133,392	101,691

		2022	2024	
4	Fees for examination of the accounts	2022 £	2021 £	
	In dealer don't Everyline in Engl		1,000	
	Independent Examiners Fees	1,000 800	800	
	Accountancy Services		1,800	
	Total examination fees	1,800	1,800	
5	Employee costs			
		2022	2021	
		£	£	
	Wages and salaries	58,985	57,077	
	Social security costs	477		
	Total employee costs	59,462	57,077	
	No employee earned over £60,000 during the period			
	The average number of staff employed by the charit	y during the year.		
		2022	2021	
		No.	No.	
	Support costs	1	1	
	Charitable activities	17	17	
6	Tangible Fixed Assets	Freehold land &	Plant, machinery and	Total
		buildings	motor vehicles	
		£	£	£
	Cost at 1st March 2021	180,000	3,874	183,874
	Additions	180,000	9,065	9,065
	Revaluations		5,005	5,005
	Disposals	190,000	12 020	
	Cost at 28th February 2022	180,000	12,939	192,939
	Depreciation at 1st March 2021		3,874	3,874
	Disposals			-
	Depreciation			
	Impairment			
	Transfers*			
	Depreciation at 28th February 2022		3,874	3,874
	Depreciation at Zour Lebruary 2022		3,074	3,074
	Net book value			
	Net book value at 1st March 2021	180,000	<u>-</u>	180,000
		180,000 180,000	<u>-</u> -	180,000 189,065

7 Debtors	2022	2021
	£	£
Trade Debtors	360	300
Prepayments and accrued income	2201	1656
Other Debtors	-	
	2561	1956
8 Creditors: amounts falling due within one year	2022 £	2021 £
Trade Creditor	608	54
Accruals and Deferred income	8557	1800
Taxes and Social Security	157	-357
	9322	1497

9 Analysis of Funds

	2021	Income	Expenditure	Transfers	2022
	£	£	£	£	£
Restricted funds					
Aldermoor Farm	-3,909	17,480	-71,974	58,403	
Aldermoor Farm Outdoor Kitchen		1,611	-	-1,611	
Aldermoor Farm Farm Salaries		1,596	-988		608
Firgrove	22,361	33,120	-45,391	-45	10,045
Firgrove -The Big Give		5,500	-1,839	-3,581	80
Lillies	4,489	3,495	-4,358		3,626
Purple Door	-45	-	_	45	<u> </u>
Edible School Yard	12	_		-12	
Total Restricted funds	22,908	62,802	-124,550	53,199	14,359
Designated funds					
Aldermoor Farm		55,331		-55,331	<u>-</u>
Firgrove	-	830	-	-	830
Fixed Asset Reserve	180,000		-		180,000
General funds	-			<u>-</u>	
Unrestricted	-4,768	16,862	-8,842	2,133	5,385
Reserves Policy	3,142	-		III -	3,142
Total Unrestricted funds	178,374	73,023	-8,842	-53,198	189,357
Total Funds as per balance sheet	201,282	135,825	-133,392	_	203,716
2024					
Previous Year 2021	2020	Income	Expenditure	Transfers	2021
	£	£	£	£	£
De andre d'Euroda	Ľ	Ľ	L	_	-
Restricted funds	7.016	20.445	-42,270		-3,909
Aldermoor Farm	7,916	30,445		<u> </u>	22,361
Firgrove	20,768	42,762	-41,169		4,489
Lillies	545	5,700	-1,756 -897		-45
Purple Door		852 12	-097		12
Edible School Yard Total Restricted funds	29,229	79,771	-86,092		22,908
rotar nestricted jurius					
Designated funds					
Fixed Asset reserves	181,137	-	-	-1,137	180,000
General funds					
Reserves	-	9,693	-15,598	1,137	-4,768
Reserves Policy	3,142	_	_	_	3,142
Total Unrestricted funds	184,279	9,693	-15,598		178,374
Total Funds as per balance sheet	213,508	89,464	-101,690	_	201,282
The state of the s					

Restricted Funds

Aldermoor Community Farm that aims to nurture the potential of people and land. Promotes sustainability. An outdoor kitchen ha been built to help deliver the farms educational programmes. Fundraising has also been ongoing to increase the farm managers schedule.

Firgrove provides free support and information for those facing unintended pregnancy as well as pre and post abortion miscarriage and baby loss counselling in Southampton .They have built a third councelling unit with a grant from the Big Give.

Lillies provides free support and information for those facing unintended pregnancy as well as pre and post abortion miscariage an baby loss in Eastleigh .

Purple Door is a counselling programme to support anyone impacted by abortion

Edible School Yard is a curriculum that has been developed to deliver sessions for use in local schools, promoting health eating

All elegible income is subjuct to a 15% contribution to the support costs to the charity . This totalled £10122 in 2022 . This has been included in the above figures.

Designated Funds

The net book value of fixed assets is shown as a separate designated fund. The fixed asset reserve £180,000 is for use of Firgrove for charitable activity

The trustees have set up designated funds for both Aldermoor Farm and Firgrove, to allow them to create sustainability for the different areas of the charity, which will be internally managed at trustees meetings.

10 Related Party Transactions

No Trustee received any renumeration or expenses during the year (2021 nil) 2022 No donations were made in the year - In 2021 donations totalling £3000 were made in the year to Daisy Dip