### TRUSTEES' ANNUAL REPORT

AND

### INDEPENDENTLY EXAMINED CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

**FOR** 

THE INTERNATIONAL CONTINENCE SOCIETY

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### Reference and Administrative Details of the Charity, its Trustees and Advisors

**Company Number** 3589542 **Registered Charity Number** 1074929

**Registered Office** Bath House, 6-8 Bath Street, Bristol, BS1 6HL,

Correspondence Address 19 Portland Square, Bristol, BS2 8SJ

E-mail <u>info@ics.org</u>

Website <u>www.ics.org</u>

**Telephone** +44 (0) 117 944 4881

**General Secretary appointed** David Castro Diaz, 3 year term began 05/09/19

General appointed

Secretary-Elect

John Heesakkers, 1 year term began 20/10/21

**Treasurer appointed** John Heesakkers, 3 year term began 05/09/19

**Trustees appointed 2021** Frankie Bates, 3 year term began 20/10/2021

Trustees appointed 2020 Marcus Drake (reappointed for a 3 year term), Lori Birder, Manjula Annappa, Enrico

Finazzi Agro (3 year term)

Trustee appointed 2019 Philip Van Kerrebroeck

Trustee terms concluded 2021 Cristina Naranjo-Ortiz

**Company Secretary** Daniel Snowdon (appointed 14/01/2011)

Independent Examiner M Bracher of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL

**Solicitors** Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS

Bankers NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA

Investment Managers Crystal Wealth Management LLP

Staff

Daniel Snowdon Executive Director
Dominic Turner I.T. Director

Avicia Burchill Projects and Events Manager – part time

Ashley Brookes Senior Analyst Programmer
Roger Blackmore Flash Developer/Graphics Designer
Robert Lewis Video Editor / Post Production Assistant
Jennifer Ellis Projects and Events Coordinator

Tracy Griffin Administrator and Membership Secretary – part time Beth Clement Administrator (left employment 14 May 2022)

Sarah Ashworth Bookkeeper - self-employed Bookkeeper - self-employed

**ICS Honorary Members** 

Peter Caldwell (Deceased) Patrick Bates Pieter Donker (Deceased)
Peter Gammelgaard (Deceased) Eric Glen Axel Ingelman-Sundberg (Deceased)

Guus Kramer David Rowan (Deceased) Paul Abrams
Walter Artibani Jacques Corcos Jo Laycock
Sender Herschorn Karl-Erik Andersson Adrian Wagg



Linda Cardozo Jerzy Gajewski Ted Arnold Helmut Madersbacher Sherif Mourad Alan Wein

### What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

#### **ICS Mission Statement**

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2021 were to hold a successful annual meeting in Melbourne (later changed to an online meeting due to the pandemic, but still holding a significant Australian presence) to maintain



the ICS membership at 3,000 or more members, to review and implement a revised investment strategy, and to enable more accessible educational content for our global membership. Due to the pandemic a physical meeting was not possible and so a second virtual meeting was organised instead.

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, ICS TV, e-learning and the continued update and production of ICS standardisation reports. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

### History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe, before the pandemic took effect.

### Structure, Governance and Management

### **Board of Trustees**

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.



### Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

### ICS Committees 2021

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Meetings Committee where the General Secretary is always the Chair). Further information about the remit of each committee can be found on the ICS website.

### **Related Parties**

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

### Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the



risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (John Heesakkers). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 14.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 due to the COVID-19 pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

### **Objectives and Activities**

The strategies employed in the year to achieve the objectives of the Charity were:

 Following a strategic Board review meeting in February 2017 the trustees agreed the primary strategic aim for 2017 – 2022 is for the ICS "to be the global home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders".



- To host a successful Annual Scientific Meeting resulting in a surplus, and a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at 3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

### **Executive Summary**

The ICS continued to be challenged by the COVID-19 pandemic which first began in February 2020. The implications for the ICS annual meeting and educational courses were again greatly uncertain. The Board acted decisively in March 2021 to change the ICS Annual Meeting to an online event (previously to be held in Melbourne). The Board decided that an early decision was important in order to give the online meeting the very best chance of success and to limit the risk put on the society from attempting to hold a physical meeting in Australia with all of the uncertainty caused by the pandemic. The Board also took consideration that a cancelled meeting would mean all faculty being unable to present their valued content.

The Board's decision was prudent as at the time of planned live meeting it was not possible to hold a live meeting in Melbourne, so significant losses were avoided. The online meeting was highly successful and brought in 400 more attendees (1,644) than virtual ICS 2020.

ICS continued the educational product for the membership and global community in the form of 'ICS Live'. This involved ICS faculty presenting online with the opportunity for viewers to interact live with the presenters. A range of content was covered, with any related to COVID being streamed as free for all. All content remains available on the ICS website with more ICS Live events planned for 2022.

The ICS again exceeded 3,000 members, with a total of 3144 members for 2021. This continues to meet a strategic aim to consolidate and sustain a core ICS membership of 3,000 or more.

In financial terms the charity closed the year in with a small deficit position, which is regarded as a success given that no live annual meeting was possible. This speaks to the success of the online meeting and the support of the ICS community and membership. The year-end reserves ensure the ongoing financial health of the charity for the foreseeable future. The Board limit the financial risk of low ICS annual meeting income by ensuring that ICS is in Europe in alternate years. Other income generation projects are under consideration in order to further diversify the income of the Charity.

### **Achievements and Performance**

### ICS Annual Scientific Meeting 2021

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 51<sup>st</sup> Annual Meeting of the ICS again took place online due to the COVID-19 pandemic. The meeting was attended by 1,640 delegates. This was above expectations and was nearly 400 higher



than for ICS 2020, so is taken as a very strong attendance for a virtual meeting. The diversity of delegates, with over 60 countries represented, proved the international appeal of ICS meetings.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Helen O'Connell (Meeting Chair), Chris Maher (Co-Meeting Chair), Anna Rosamilia and Vincent Tse (Local Scientific Programme Chairs), Rowan Cockerell (CEO, Continence Foundation of Australia) and the whole ICS 2021 local organising committee for their dedicated efforts and commitment. This was proven with close to 25% of attendees coming from Australia. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

### **Awards and Fellowships**

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 3 Urodynamics and 2 Neurourology fellowships, with the funds provided through an educational grant from Pfizer. The reviewers emphasised awarding persons from less developed countries, although worthy candidates from more developed countries were also included.

### **Educational Courses 2021**

In the setting of the pandemic the ICS was able to offer faculty to several educational events around the world using online platforms. The hosts have enjoyed a variety of speakers, some of whom would have not been able to attend their event due to availability and cost. We have also received requests from new hosts which may have been a result of the launch of the new online application and associated marketing.

Educational Courses held in 2021 are outlined below.

Course	Location	Date	Speaker(s)
Masterclass on High-Risk Neurogenic Bladder by the Vattikuti Foundation	Online	March	Sanjay Sinha, India (Lead) Rizwan Hamid, Enrico Finazzi-Agro
Iranian Urological Association (IUA) Congress 2021	Online	May	David Castro-Diaz, Salvador Arlandis Philip Van Kerrebroeck
III PELVIC FLOOR WEEK	Online	May	Cristiane Carboni
ALAPP	Online	May	Adrian Wagg confirmed – sorting other speakers Carlos D'Ancona, Cristiane Carboni and a nurse
PACS 2021	Online	May	David Castro Diaz, Bruno Deval, Bary Berghmans
Association Marocaine d'Urologie	Online	June	Didn't proceed as no French speakers were located



Course	Location	Date	Speaker(s)
4th FUNCTIONAL UROLOGIC SURGERY COURSE WITH 3D PRINTED MODELS AND FRESH- FROZEN CADAVERS	Online	July	David Castro Diaz, Sherif Mourad, Alex Digesu, Emre Huri
ESSFU_EAU	Online	July	Marcio Averbeck
Tabriz international functional urology-TIFU2021	Online	August	Stefan de Wachter, Sajjad Rahnama'i:, Chris Gomes, Rizwan Hamid
SIUD	Italy	Sept	David Castro Diaz
2nd Oman Urological Society Conference	Oman	Sept	Dick Janssen, Sheriff Mourad, Bassem Wadie
PPCS	Japan	Sept	Howard Goldman
Endourocentre	Russia	October	Joanne Robinson & Ervin Kocjanic
Turkish Continence Society, 7th National Congress of Functional and Female Urology	Turkey	October	Multiple ICS members, Cüneyd Özkürkçügil, Mesut Gürdal, David C.Diaz, Tufan Tarcan, Ervin Kocjancic, Sherif Mourad,
SINUG	Spain	Nov	Paula Igualada-Martinez, Kristene Whitmore, Elise De, Amelia Stanton
ICS Educational Course during the 2021 Brazilian Urological Society	Brazil	December	David Castro Diaz, Enrico Finazzi Agró, Tufan Tarcan
IUGA	Singapore	Dec	Tricia Kuo
SIU joint parallel plenary	Dubai	Nov	Rizwan Hamid, David Castro Diaz, Sherif Mourad



### **ICS TV & ICS Live Review**



The ICS live events continued during 2021 with the aim to providing one per month as it was felt this was the office capacity and optimal saturation limit of people watching. It was noted that the numbers watching *live* greatly reduced probably owing to people returning to "normal" work patterns. However, watch-back times on demand continue with a post event marketing campaign. Due to the pandemic no studio recording was undertaken during 2021.

YouTube channel views: 570,500 this year alone! Followers now at 2771.

ALL ICS TV older than 5 years was watched and vetted by the Education/Scientific Committees. Outdated content was removed. This process is to be continued annually.

### **ICS Membership**

The ICS recorded 3,144 members for 2021 which represents the fifth successive year in exceeding 3,000 members.

The Board did not increase the membership fee for 2021. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2021 and some notable achievements are highlighted.

The full annual reports of each committee are available at <u>ICS Documents</u>. The below are a selection of ICS committee achievements.

### **Children and Young Adults Committee**

The Coloplast Fellowship geared to promote adolescent Urology was awarded to three recipients.

The following projects are in process:

- Finalisation of the document Management of bowel pathology in the Adolescent
- ICS course of Transitional Care of the Adolescent patient in Abu Dhabi postponed, aim to reinstate in 2022.
- Transitional Urology workshop for ICS 2022. Presentations recorded.
- Terminology paper for Adolescent Transition delivery expected in 2022.
- Completion of recommendations for clean intermittent catheterization expected 2021.



### **Developing World Committee**

The 9th ICS Fistula Course took place in December 2021 in Aswan, Egypt. The ICS Fistula Course is very popular among our membership and the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands-on workshop.

### **Education Committee**

This year workshops were selected for ICS 2021 with the concept of a hybrid meeting in mind. However, the committee delayed advising the workshop chairs of the acceptance of their applications until the Board confirmed that the meeting would be online. The committee then revisited the scores and selected the top scored for the live streamed sessions.

The Early Careers page was developed as a one stop microsite for those in their early career stages to find relevant parts of the ICS website. <a href="https://www.ics.org/earlycareers">https://www.ics.org/earlycareers</a>

Sadly, we lost Niko Veit-Rubin during this year. He had served on the Education Committee for 6 years.

#### **Ethics Committee**

The white paper, "Ethical Considerations in Caring for Older Adults with Urinary Incontinence" was published and Anne Suskind shared findings from this as part of an ICS 2021 Roundtable.

The Committee also created a workshop for ICS 2021 titled, "Is Telemedicine an Ethical Alternative to In-Person Care?" This was selected as a Live offering during the annual conference and focused on exploring the ethical considerations surrounding the use of telemedicine for incontinence care.

The committee updated their Terms of Reference to include a member to serve as a point of contact to the Education and Scientific Committee.

### **Neurourology Promotion Committee**

The year 2021 continued in the same vein as year 2020 with COVID-19 affecting all aspects of our lives. Unfortunately, no face-to-face meetings were possible but the NUPC continued to organise and participate in web-based teaching and training modules.

There were several collaborative workshops this year:

- Tabriz Functional urology. Tabriz, Iran Aug 2021
- A programme on Neurourology in Neurogenic bladder in association with Vattituki Institute in Jun 2021
- Colombian Urology Society, Dec 2021
- Joint SIU / ICS Couse at the annual meeting of SIU booked for Nov 2021 in Dubai
- NUPC nursing workshop at the annual ICS meeting in Oct 2021

Also, 'Recommendations for IC and underdevelopment countries' has been finalised by Emmanuel and all the lectures for the MOOCS teaching videos have been received, with recordings expected in a few months.

### **Nursing Committee**

The committee transitioned to virtual planning quickly, pre-recording a multidisciplinary workshop on "Telehealth and its Application to Continence Care: Evolving Best Practices" as well as hosting a Nursing Forum for the 2021 online conference.



A database of sites was set up that could host applicants for the Nursing Fellowship. However, this project has been put on hold due to the pandemic. This is also the case for the Nursing Educational Courses, due to take place in China.

Scheduled mailers providing the latest ICS nursing content and news throughout the year were scheduled to increase nursing exposure.

### **Physiotherapy Committee**

The committee are in the process of establishing additional podcasts to complement the series of podcasts which the Institute of physiotherapy created.

Due to continued Covid concerns, the Round Table was moved online. Changing to an online format this year was more difficult compared to the previous year, however the committee secured quality speakers for about 20-to-25-minute lectures followed by about a 10-minute question and answering session. There was also the 20<sup>th</sup> physiotherapy forum celebration.

Recruitment and planning have begun for Physiotherapy Forum in Vienna 2022.

### **Scientific Committee**

The number of abstracts received was down again at 618 (including 39 videos). However, this was more that we may have expected given the uncertainties around the Pandemic and the ongoing restrictions on novel research. We once again deliberately extended the abstract deadline to try and encourage late submissions. Given these restrictions, these numbers are very satisfactory and continues to reflect the high standing with which both clinicians and scientists hold ICS.

Rejection of abstracts was lower than ever and equally spread between breach of anonymity, duplication and incomplete data. This is very encouraging and reflects the hard work in improving the procedure, with increased clear and numerous checkpoints now incorporated into the submission process, along with clear instruction on minimum and maximal length (400 - 1200 words) and two figures.

The standard and uniformity of abstract marking continues to improve, and this was obvious on reviewing scoring from individual scorers where there is now a greater use of the entire score scale and a pleasing trend towards a Gaussian distribution. We continue to use the editorial board of the NUU and are grateful for their assistance. All abstracts were marked as required by a minimum of 3 reviewers one of which was a scientific committee member.

### **Standardisation Steering Committee**

The SSC's main focus is the creation of scientific content via terminology documents. The committee have completed/ Near completion: Ten (3 Published in 2017; 1 in 2018; 2 in 2019, 3 in 2020 and a further 1 in 2021). The document published in 2021 was, 'ICS Terminology for Pelvic Floor Muscle Assessment (SSCWG16).

The committee continue working on updates to the ICS Glossary. This is an online collation of 1455 terms/descriptors (as of August 2021) from all ICS documents back to 2000. This works well on mobile handsets. Features include: (i) access to all recent and past references for each term; (ii) instant copying of each reference; (iii) instant download of all reference documents; (iv) instant contribution to more extensive feedback via ICS Terminology Discussion (below); (v) instant short feedback to ICS Office. This provides the ultimate facility for terminology accessibility, exclusive to ICS.



### **Urodynamics Committee**

The project continues with the ongoing production of new modules, 2 of which were published this year. These were:

11: Wen JG, Djurhuus JC, Rosier PFWM, Bauer SB. ICS educational module: Cystometry in children. Neurourol Urodyn. 2018 Nov;37(8):2306-2310.

12: Wen JG, Djurhuus JC, Rosier PFWM, Bauer SB. ICS educational module: Pressure flow study in children. Neurourol Urodyn. 2018 Nov;37(8):2311-2314.

The committee has approved, along with the ED Committee, two applications to organize international ICS-validated Urodynamic Courses: 1-SINUG ICS-recognised Urodynamic Course, 2- ICS-Recognised Course: an online Urodynamics course, King Abdulaziz University Hospital, Jeddah, KSA.

The committee are also working on a new project to evaluate UD charts and give feedback to the applications on how to improve their UD practice according to ICS standards as well as continuing with the Urodynamics Book Project.

### **Information Technology Department – Development Projects**

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the "work smarter" ethos to everything we do at ICS.

### Covid-19 Global Pandemic

All our innovation in modern online collaborative platforms paid off during the pandemic and allowed ICS to continue to function remotely. After the success of our online meeting in Las Vegas in 2020, and with the pandemic effects on travel and events, we prepared to deliver the ICS 2021 Melbourne meeting online. An early strategic decision to hold this meeting online only cut the amount of reworking the scientific programme. Lessons learnt from 2020 made increasing the resilience of our online platform a top priority for 2021 and was one of the major technical projects delivered.

Major projects completed in 2021:

### **Remote Working**

ICS continued to work remotely due to government pandemic measures. Essential site maintenance tasks were permitted. We continued to develop our cloud based tools for remote working.

### ICS 2021 Scientific Committee Meeting

This 2 day highly complex meeting was again conducted online using Zoom and the ICS Website. A large committee was able to collaborate and construct a huge and complex scientific programme together across a broad range of disciplines, selecting the very best science to create an engaging programme for our members and delegates. This was a huge achievement for the committee and the team to accomplish this task in a virtual format.

### ICS 2021 Melbourne Online

A huge effort was made to create a range of new features for the ICS website to support live broadcasts and interaction for the online meeting. An enormous amount of content was created ahead of the annual meeting for on-demand playback and live stream were created for live broadcast during the meeting. Lessons were learnt from 2020 and a single stream with breaks between sessions over a much longer day pattern to appeal to our audience over a huge time zone span was created.



- 4 days of Live Broadcasts
- 61 Live Sessions nearly double 2020!
- 59 On Demand Sessions 10% more than 2020!
- New online programme explorer
- Improved live session platform
- Improved comments platform for sessions and abstracts
- Abstracts video upload direct to YouTube
- Paywall to restrict content to event delegates
- Virtual Industry Exhibition
- "Live Lounge" interactive explorable world to enable social networking for delegates

### ICS 2021 AGM Zoom Webinar

Production of a zoom webinar based AGM, meeting our company and charity legal obligations and holding a vital dialogue with our loyal members during a very trying period.

### ICI 7

ICS hosted the 7<sup>th</sup> International Consultation on Incontinence. Due to the pandemic this was also hosted online with all ICS 2021 delegates receiving free registration. ICS built a dedicated website for ICI7 which published their scientific programme of 22 chapters over 4 days of live streams. All the committee presentations were very popular. ICS plan to publish the resulting ICI book in 2022.

### Website Hosting Migration to Microsoft Azure

Fundamental change to hosting strategy from a dedicated server located in a datacentre in London by Elite PLC (formerly Tollon Ltd) since 1999 to a virtualized cloud based hosting platform. This required a major migration of the existing ICS website from Microsoft Website to the latest Web Application architecture. This involved migrating hundreds of systems within the legacy website that had incompatible tooling to the latest Wasabi interface.

- New platform allows instant resource scaling to increase the number of CPUs / Memory available during periods of high demand (e.g. during peak loads of virtual meeting)
- Advanced costing model to charge for hosting services dynamically based on utilisation.
- Enterprise level tools to handle spikes in demand.
- Advanced logging and diagnostic tools to monitor performance and diagnose problems,
- Access to Microsoft Engineers to log support issues.
- Automated fast deployment toolchain for website updates reducing downtime.
- Automated backup strategy for point-in-time recovery.

#### **Website Projects**

- New PayPal payments platform
- ICS 2021 Registration Wizard
- ICS 2021 VIP Registration
- Video Production Widget tracks video streaming metadata for technical staff
- Active User Metrics give realtime data on users engaging in content for industry symposia
- Migrated hundreds of outdated legacy systems to new Wasabi interface
- ICS Forums a new forum system migrating over from the old documents comments system

### **ICS Podcasts**

A new ICS platform for audio podcasts with a series of episodes broadcast throughout the year. Audience can subscribe to premium content in continence research and education with world experts in long format discussions via their favourite podcast platforms: Apple iTunes, Spotify,



### Google Play, Amazon

### **ICS Live Events**

To meet the needs of our members the Education Committee worked with the office to create an online format for education to broadcast our education courses online.

• 4 ICS Live events in 2021

### Video Projects

- ICS 2021 Promotional Videos Scientific Programme
- ICS 2022 Promotional Video (for ICS 2021)
- ICS 2021 Webcasts / ICS 2021 Melbourne Online

### **Financial Review**

### Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £20,100 (2020: net outgoing funds of £218,747) with closing consolidated funds of £1,180,535 (2020: £1,200,635).

#### **Consolidated Income**

Income in the year was from the Annual Meeting and trading of £309,491 (2020: £228,342), membership fees £237,710 (2020: £220,919), royalty income totalling £56,060 (2020: £7,742), donations of £29,615 (2020: £15,530), Educational activities totalling £1,121 (2020: £2,085) and interest from Investments of £31 (2020: £907)

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the virtual meeting, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of 3,144 and subscriptions to the NaU Journal. The majority of award costs were covered by an educational grant received from Pfizer.

The total profit of the trading subsidiary was £14,696 (2020: Loss of £103,707).

### **Consolidated Expenditure**

Expenditure in the year was on Educational Activities £162,200 (2020: £176,749), Annual Meeting expenditure £294,794 (2020: £310,824) and Publication and Membership £202,950 (2020: £230,379).

### **Annual Meeting**

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 10 March 2023), by Conticom-ICS Limited (the whollyowned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom-ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four



year rotation policy involves a European meeting every other year (from 2022), with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2021	2020	2019	2018	2017
Sponsorship & exhibition	324,141	312,172	486,948	640,194	801,445
Registrations	183,695	118,088	774,086	601,770	1,031,819
Other income	15,589	673	116,298	80,442	136,830
Total income	523,425	430,933	1,377,332	1,322,406	1,970,094
Total expenditure	391,073	401,367	1,114,308	1,243,573	1,341,113
Surplus/(Deficit)	132,352	29,566	263,024	78,833	628,981
Surplus of which Conticom received including Scientific Services Fee	298,592	218,009	395,734	190,627	635,335

### **Investment Performance**

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 0.75% in 2021, a profit of £5,816, which has been declared in the accounts as net gains on investments (2020: profit of £7,526).

£31 was received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2021 (2020: £907).

### **Reserves Policy**

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
  - Calculations are to be based on estimated future combined operating costs for the next two years.



- These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
  - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £600,455 for 2022 and £604,007 for 2023, giving a total of £1,204,462 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

### This gives a desired level of reserves of £1,304,462 as at 31.12.2021.

As of 31st December 2021, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of £1,180,535 (2020: £1,200,635); therefore below the level of reserves required by £123,927. The trading subsidiary continued to support the Charity in meeting its objectives.

The trustees acknowledge for 2021 the Charity will be under its reserve policy, although not by such a level that invites serious concern. The Board considered that this was due to exceptional circumstances due to the pandemic. The Board also considered that future running costs did not include near guaranteed income such as membership dues. The Board resolved to review the reserves policy again when ICS was able to return to European annual meeting destinations in person (ICS 2022 in Vienna being the first occasion). In the interim all costs should be restrained. Costs and activities of the ICS will be reviewed steadily in line with ICS strategy and objectives.

### **Plans for Future Periods**

### **ICS Annual Meeting 2022**

Annual Meeting Chair: Helmut Madersbacher

Local Scientific Programme Chairs: Barbara Bodner-Adler, Wilhelm Hubner, Elisabeth Udier

The 52<sup>nd</sup> Annual Meeting of the ICS is scheduled to take place at the Austria Convention Centre in Vienna, Austria. This will be the first in-person ICS annual meeting since ICS 2019 in Gothenburg. ICS 2022 will also offer online attendance to delegates, therefore making ICS 2022 the first truly hybrid ICS meeting.

### **Future Meetings**

ICS 2023: Toronto, Canada. Chair: Magdy Hassouna ICS 2024: Madrid, Spain. Chair: Pedro Hernandez

ICS 2026: Maastricht, Netherlands. Chair: Gommert Van Koeveringe

ICS 2027: Florence, Italy. Chair: Enrico Finazzi Agro

### **ICS Strategic Plan**

The Board will review and update the ICS strategic plan.

### **Governance review**

The Board will commission an external review of governance within ICS. Priority actions will be addressed in year, with a plan developed to implement the wider recommendations.



#### **ICS Journal**

The Board will consider options for improving the contractual deal and member experience for the ICS Journal.

### ICS Standards 2021/2022

The successful ICS Standards, a comprehensive e-publication bringing together many of the major initiatives of the ICS, publication will be reviewed and updated for 2022. This will ensure that core ICS publications are collated and easier accessible, therefore disseminating the important information more readily.

### **ICS COMMITTEES**

### **Standardisation Steering Committee**

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents, aiming to publish the following papers in 2022:

- ICS Report on the Terminology for Male Anorectal Dysfunction (WG 14)
- ICS IUGA Joint Report on the Terminology for Female Obstetric Trauma (WG 20)
- ICS Report on the Terminology for Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction (WG 22)

The committee are also undertaking a translation project for ICS reports and glossary using a web-based language translator. This will considerably speed up the process of translating ICS reports.

#### **Education Committee**

The Education Committee will recruit a new chair in 2022 as the current chair, Elise De, will be stepping down in 2022. Furthermore, next year the committee will work with the office to implement a new deadline for workshop submissions.

### **Urodynamics Committee**

The Urodynamics Committee plan to launch a new tool to measure the technical quality of their Urodynamics traces. Members will be able to upload an anonymised trace via survey monkey. Two members of the ICS Urodynamics committee will review the trace, give comments and score the technical quality.

### Information Technology Department – Future Plans (for 2022)

With so much uncertainty resulting from COVID, many plans are duplicated with a virtual and physical options being planned and prepared for. Our annual meeting destination is scheduled to be ICS 2022 Vienna but with international travel banned and lockdowns being in place in both locations there are no guarantees a physical event can go forward. To give us the maximum freedom of decision, we are delaying submission, programme construction and registration until later in 2022 to give the maximum chance that restrictions have lifted. The I.T. team is in a far better position, with a wealth of experience hosting online events and working efficiently in remote teams.

### ICS 2022 Online / Hybrid

Planning already for both eventualities – if a physical meeting were to go ahead we would intend to also provide some online access to those delegates unable to attend. If no physical meeting could happen, planning for an online meeting format.

### **Zettle Alternative Payments System**



For alternative card payments we will integrate the Zettle payments platform.

### New "Continence" Journal

ICS are launching 2 new open platform journals – "Continence" and "Continence Reports". We will work with the publisher to promote the new venture and encourage submissions. We will also publish our meeting abstracts in a supplement of our official journal.

### **Azure Front Door**

We will investigate the Azure "Front Door" platform which offers protection against bot and denial of service (DOS) attacks.

### **Azure Files**

We will migrate our network storage currently on a server in Portland Square to a cloud based service.

Approved by the Trustees and signed on their behalf by:

John Heesakkers Treasurer 23<sup>rd</sup> September 2022

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2021.

### Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns, other than the matter set out below, and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

### Matter of concern identified

The Trustees' view on the impact of COVID-19 is disclosed on the Trustees report. However, not all future events or conditions can be predicted. The COVID-19 viral pandemic is one of the most significant economic events for the UK with unprecedented levels of uncertainty of outcomes. It is therefore difficult to evaluate all of the potential implications on the charitable company's trade, suppliers and wider economy.

Matthew Bracher FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts Bristol Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

23<sup>rd</sup> September 2022

# THE INTERNATIONAL CONTINENCE SOCIETY STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted Year ended 31.12.21	Restricted Year ended 31.12.21	Total Year ended 31.12.21	Unrestricted Year ended 31.12.20	Restricted Year ended 31.12.20	Total Year ended 31.12.20
Income from:	Notes	£	£	£	£	£	£
Donations and legacies	2	15,135	14,480	29,615	130	15,400	15,530
Investments	3	31	14,400	29,013	891	13,400	891
Charitable activities:	3	31	-	31	071	-	091
Distribution from trading subsidiary		-	-	-	29,318	-	29,318
Subscription and royalties	4	293,770	_	293,770	228,661	_	228,661
Educational activities	6	1,121	_	1,121	2,085	_	2,085
Other income	5	-,	_	-,	8,077	_	8,077
					-,		-,
Total income	_	310,057	14,480	324,537	269,162	15,400	284,562
Expenditure on: Charitable activities:							
Educational activities	7	145,823	16,377	162,200	154,399	22,350	176,749
Publication and membership	7	202,950	´ -	202,950	230,379	-	230,379
•	_				· 		
Total expenditure		348,773	16,377	365,150	384,778	22,350	407,128
Net gain/(losses) on investments	14	5,816	-	5,816	7,526	-	7,526
Net income/(expenditure) and movement in funds	_	(32,900)	(1,897)	(34,797)	(108,090)	(6,950)	(115,040)
Reconciliation of funds:							
Fund balances brought forward		1,216,316	11,070	1,227,386	1,324,406	18,020	1,342,426
Fund balances carried forward	_	1,183,416	9,173	1,192,589	1,216,316	11,070	1,227,386

## THE INTERNATIONAL CONTINENCE SOCIETY CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted Year ended 31.12.21	Restricted Year ended 31.12.21	Total Year ended 31.12.21	Unrestricted Year ended 31.12.20	Restricted Year ended 31.12.20	Total Year ended 31.12.20
		£	£	£	£	£	£
Income from:	Notes						
Donations and legacies	2	15,135	14,480	29,615	130	15,400	15,530
Investments	3	31	-	31	907	-	907
Charitable activities: Annual meeting and trading	14	309,491	_	309,491	228,342	_	228,342
Subscription and royalties	4	293,770	-	293,770	228,661	_	228,661
Educational activities	6	1,121	-	1,121	2,085	_	2,085
Other income	5		-		16,154	-	16,154
Total income		619,548	14,480	634,028	476,279	15,400	491,679
Expenditure on: Charitable activities: Educational activities Publication and membership	7 7	145,823 202,950	16,377	162,200 202,950	154,399 230,379	22,350	176,749 230,379
Annual meeting	7	294,794	-	294,794	310,824	-	310,824
Total expenditure		643,567	16,377	659,944	695,602	22,350	717,952
Net gains/(losses) on investments	14	5,816	-	5,816	7,526	-	7,526
Net income/(expenditure) and movement in funds		(18,203)	(1,897)	(20,100)	(211,797)	(6,950)	(218,747)
Reconciliation of funds:							
Fund balances brought forward		1,189,565	11,070	1,200,635	1,401,362	18,020	1,419,382
Fund balances carried forward		1,171,362	9,173	1,180,535	1,189,565	11,070	1,200,635

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

### **BALANCE SHEET AS AT 31 DECEMBER 2021**

		2021	2021		0
EIVED AGGERG.	Notes	£	£	£	£
FIXED ASSETS:	10		1.554		1.700
Intangible assets	12		1,554		1,709
Investments	14		784,412		778,596
			785,966		780,305
CURRENT ASSETS:					
Debtors	15	205,337		126,390	
Cash at bank and in hand		295,883		380,020	
		501,220		506,410	
CREDITORS: Amounts falling					
due within one year	16	(94,597)		(59,329)	
NET CURRENT ASSETS:			406,623		447,081
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,192,589		1,227,386
FUNDS:					
Unrestricted funds	18		1,183,416		1,216,316
Restricted funds	18		9,173		11,070
			1,192,589		1,227,386

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 23<sup>rd</sup> September 2022 and were signed on their behalf by:

Dr J Heesakkers - TRUSTEE

Company Registration No. 03589542

### CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2021

		202	2021		)
FIXED ASSETS:	Notes	£	£	£	£
Intangible assets	12		1,554		1,709
Tangible assets	13		3,951		10,075
Investments	14		784,412 789,917		778,595 790,379
CURRENT ASSETS:					
Debtors	15	208,322		69,340	
Cash at bank and in hand		313,665 521,987		437,209 506,549	
<b>CREDITORS:</b> Amounts falling due within one year	16	(131,369)		(96,293)	
NET CURRENT ASSETS:			390,618		410,256
TOTAL ASSETS LESS CURRENT LIABILITIES:			1,180,535		1,200,635
FUNDS:					
Unrestricted funds	19		1,171,362		1,189,565
Restricted funds	19		9,173		11,070
			1,180,535		1,200,635

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the vear ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on 23rd September 2022 and were signed on their behalf by:

Dr J Heesakkers – TRUSTEE

Company Registration No. 03589542

### STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2021

	Notes	Charity 2021 £	Charity 2020 £	Group 2021 £	Group 2020 £
Cash flows from operating activities:	1	(94.179)	(14.006)	(122.045)	20 207
Net cash provided by (used in) operating activities	1	(84,168)	(14,886)	(123,047)	28,207
Cash flows from investing activities:					
Interest income		31	891	31	907
Purchase of property, plant and equipment		-	_	(528)	(2,800)
Disposal of property, plant and equipment		-	-	-	-
Purchase of investments		-	-	-	-
Net cash provided by (used in) investing activities	-	31	891	(497)	(1,893)
Change in cash and cash equivalents in the	2				
reporting period		(84,137)	(13,995)	(123,544)	26,314
Cash and cash equivalents at the beginning of the	-		, , ,	, , ,	·
reporting period	_	380,020	394,015	437,209	410,895
Cash and cash equivalents at the end of the	_	·			· · · · · · · · · · · · · · · · · · ·
reporting period	<u>-</u>	295,883	380,020	313,665	437,209

### NOTES TO CASH FLOWS:

### 1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2021 £	Charity 2020 £	Group 2021 £	Group 2020 £
Net movement in funds	(34,797)	(115,040)	(20,100)	(218,747)
Add back depreciation/amortisation charge	155	155	6,807	10,423
Deduct interest income shown in investing activities	(31)	(891)	(31)	(907)
Deduct/add net (gain)/loss on investments	(5,816)	(7,526)	(5,816)	(7,526)
Decrease (increase) in debtors	(78,947)	206,403	(138,983)	346,111
Increase (decrease) in creditors	35,268	(97,987)	35,076	(101,147)
Net cash (used)/gained in/from operating activities	(84,168)	(14,886)	(123,047)	28,207

### STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR ENDING 31 DECEMBER 2021

### **NOTES TO CASH FLOWS – continued:**

### 2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.21 £	Cash flow £	At 31.12.21 £
Net cash Cash at bank and in hand	380,020	(84,137)	295,883
	380,020	(84,137)	295,883
ANALYSIS OF CHANGES IN NET FUNDS - GROUP			
	At 1.1.21 £	Cash flow £	At 31.12.21
Net cash Cash at bank and in hand	437,209	(123,544)	313,665
	437,209	(123,544)	313,665

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest  $\pounds$ .

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. However, the COVID-19 pandemic is likely to have a profound impact on the global economy, and may in turn affect the charity. The trustees have considered the impact of this issue on the charitable company's current and future financial position. The charity holds unrestricted, group general reserves of £1,171,362 and a group cash balance of £313,665. The trustees consider that the charity has sufficient cash reserves to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

### (a) Income

All incoming resources are including in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

### (b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

### (c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 1. ACCOUNTING POLICIES - continued

### (d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

#### (e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions the assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

### (f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

### (g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings -25% on cost

Computer equipment -33% on reducing balance

### (h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

### (i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

### (j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 1. ACCOUNTING POLICIES - continued

### (l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

#### **Basic financial assets**

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

### **Basic financial liabilities**

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

### (m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

### (n) Government grants

Government grants received and receivable relate to the Job Retention Scheme and Business Support Grants set up by the government in response to the COVID-19 pandemic.

Government grants are recognised in the Statement of Financial Activities over the periods in which the entity recognises the related costs for which the grant is intended to compensate.

Those grants which become receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

2.	INCOME FROM DONATIONS AND LEGACIE	ES			
			Charity	Gro	oup
		2021	2020	2021	2020
		£	£	£	£
	Other donors	10	130	10	130
	Grants – Pfizer grant	14,480	15,400	14,480	15,400
	Grants, including EU Tech Project	15,125	-	15,125	-
		29,615	15,530	29,615	15,530
3.	INCOME FROM INVESTMENTS				
٥.	INCOME I ROM INVESTMENTS		Charity	Gro	oun
		2021	2020	2021	2020
		£ 2021	£ 2020	£ 2021	£020
		x	r	æ	£
	Interest receivable	31	891	31	907
		31	891	31	907
4.	INCOME FROM SUBSCRIPTIONS AND ROY	ALTIES			
	1,001,111,110,112,0020,01111,110,110,110			Charity &	& Group
				2021	2020
				£ 2021	£
	Subscription Income:			<b>&amp;</b>	~
	Deferred balance brought forward			8,670	69,627
	Membership income received during the year Deferred balance carried forward			232,962	159,962
	Deferred barance carried forward			(3,922)	(8,670)
				237,710	220,919
	Royalty income on subscriptions			56,060	7,742
				293,770	228,661
5.	OTHER INCOME				
			Charity	Gre	oup
		2021	2020	2021	2020
		£	£	£	£
	Furlough grant		8,077		16,154
	- unough grunt				
		-	8,077	-	16,154

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 6. INCOME FROM EDUCATIONAL ACTIVITES

					Charity	y & Group
					2021	2020
					£	£
	Other income				1,121	2,085
				_	1,121	2,085
7.	ANALYSIS OF CHARITABLE EX	KPENDITUR	E			
		Educational	Publication &	Annual	Total	Total
		<b>Activities</b>	Membership	meeting	2021	2020
		£	£	£	£	£
	Journal and other membership costs	-	45,718	-	45,718	65,218
	Travel and subsistence costs	-	-	-	-	-
	Advertising and promotional events	146	-	-	146	153
	Publication committee costs	26	-	-	26	-
	Education committee costs	9,841	-	-	9,841	6,188
	Standardisation committee costs	-	=	-	-	3,887
	Awards, grants and fellowships	16,329	=	-	16,329	15,923
	Educational activity costs	-	-	-	-	6,009
	Printing and postage costs	24	24	-	48	407
	Staff costs	96,120	117,494	-	213,614	215,417
	Finance costs	5,329	5,329	-	10,658	9,068
	Foreign exchange loss/(gain)	(298)	(298)	-	(596)	36
	Trustees' board costs	-	-	-	-	9,552
	Support costs (see note 8)	13,563	13,563	-	27,126	22,313
	Governance costs (see note 8)	21,120	21,120		42,240	52,957
	Charity total	162,200	202,950		365,150	407,128
	Annual meeting expenses	-	-	294,794	294,794	310,824
	Books and merchandising		<del>-</del>			
	Group total	162,200	202,950	294,794	659,944	717,952

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

			Chari	ty & Group
	<b>Educational Pub</b>	lication &		
	Activities Me	embership	Total	Total
	Costs	Costs	2021	2020
	£	£	£	£
Support costs:				
Phone	5,605	5,605	11,209	9,076
Insurance	484	484	968	1,116
Rent, rates, light and heat	4,709	4,709	9,418	10,040
Sundry	2,688	2,688	5,376	1,926
Amortisation	77	77	155	155
	13,563	13,563	27,126	22,313
Governance costs:				
Trustees' board costs	-	-	-	7,456
Indemnity insurance	134	134	268	251
Staff costs	12,264	12,264	24,528	24,722
Independent examiner's fee (see note 11)	3,300	3,300	6,600	7,080
Legal and professional	5,422	5,422	10,844	13,448
	21,120	21,120	42,240	52,957

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

### 9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2020: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

		Charit <b>2021</b> <b>Number</b>	y & Group 2020 Number	Charity <b>2021 £</b>	& Group 2020 £
	Travel and meeting expenses	1	9	2,251	9,371
10.	STAFF COSTS	Ch	narity	Gro	oup
		2021	2020	2021	2020
		£	£	£	£
	Wages and salaries	193,715	195,715	387,430	391,430
	National insurance contributions	19,571	19,420	39,142	38,839
	Pension contributions	24,856	25,005	49,712	50,010
	Recruitment and training	-	-	-	-
	-	238,142	240,140	476,284	480,279

One employee earned more than £60,000 during the year.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 10. STAFF COSTS - continued

The average monthly number of employees during the year were as follows:

	Charity		Group		
	2021	<b>2021</b> 2020		2020	
	Number	Number	Number	Number	
Governance	0.3	0.3	0.3	0.3	
Educational activities	1.79	1.95	1.95	1.95	
Publication and membership	2.09	2.25	2.25	2.25	
Meeting co-ordinators	-	-	4.18	4.5	
-	4.1	4.5		9	
The Large and the same of the	8		8.68		

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £179,536 (2020: £179,972).

### 11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2021	2020	2021	2020
	£	£	£	£
For independent examination	1,680	1,800	1,680	1,800
For accounting services	3,120	2,880	7,120	6,680
For preparation of consolidated accounts	1,800	1,560	1,800	1,560
For general advice, meetings & other services	-	840	-	840
	6,600	7,080	10,600	10,880

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

12.	CHARITY &	CONSOLIDATED INTANGIBLE FIXED A	SSETS

12.	CHARTI & CONSOLIDATED INTANGIBLE FIXED ASSI	E15	Domain name £	Totals £
	COST At 1 January 2021		3,106	3,106
	At 31 December 2021		3,106	3,106
	AMORTISATION At 1 January 2021 Charge for year		1,397 155	1,397 155
	At 31 December 2021	,	1,552	1,552
	NET BOOK VALUE At 31 December 2021		1,554	1,554
	At 31 December 2020	:	1,709	1,709
13.	CONSOLIDATED TANGIBLE FIXED ASSETS  au	Fixtures and fittings	Computer equipment	Total
	COST:	£	£	£
	At 1 January 2021 Additions	12,524 528	59,921 -	72,445 528
	At 31 December 2021	13,052	59,921	72,973
	<b>DEPRECIATION</b> At 1 January 2021 Charge for year	11,177 614	51,193 6,038	62,370 6,652
	At 31 December 2021	11,791	57,231	69,022
	NET BOOK VALUE:		<del></del>	
	At 31 December 2021	1,261	2,690	3,951
	At 31 December 2020	1,347	8,728	10,075

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 14. CHARITY FIXED ASSET INVESTMENTS

COST OR VALUATION: At 1 January 2021 Increase in market value of investments At 31 December 2021		£ 778,596 5,816  784,412
NET BOOK VALUE: At 31 December 2021 At 31 December 2020		784,412 778,596
Listed investments Unlisted investments	2021 £ 784,411 1	2020 £ 778,595 1
Total investments	784,412	778,596

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

### **Conticom - ICS Limited**

Company number: 03687688

Country of incorporation: England & Wales Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

Aggregate capital and reserves Profit/(loss) for the year	2021 £ (8,841) 17,909	2020 £ (26,750) (103,707)
Results and net assets/(liabilities) of Conticom – ICS Limited		0
Turnover: Annual meeting income Trading income		£ 309,491
Cost of sales		309,491 (2,845)
Gross profit		306,646
Administrative expenses		(283,946)
Operating profit/(loss) Finance costs and depreciation Net income/(expenditure)		22,700 (8,004) 14,696
Retained profit for the year Retained profit brought forward Retained profit/(loss)carried forward		14,696 (26,750) (12,054)
Assets Liabilities		165,928 (177,982)

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2021	<b>021</b> 2020 <b>20</b>		2020
	£	£	£	£
Trade debtors	_	26,683	129,431	63,602
Prepayments and accrued income	64,127	1,839	78,891	5,738
Amounts due from group undertaking	141,210	97,868	-	-
Other debtors	-	-	-	-
	205,337	126,390	208,322	69,340

### 16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Cl	Group		
	2021	2020	2021	2020
	£	£	£	£
Trade creditors	45,875	882	46,685	1,647
Other creditors	-	770	2,181	4,409
Social security and other taxes	-	-	14,765	16,722
Accruals and deferred income	48,722	57,677	66,742	72,963
VAT	-	-	996	552
	94,597	59,329	131,369	96,293

### 17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £6,575 (2020 - £10,382).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £13,149 (2020 - £20,282).

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 18. **STATEMENT OF FUNDS**

8. STATEMENT OF FUNDS	At 01 January 2021	Income £	Expenditure £	Gains on Investments £	At 31 December 2021 £
<b>Unrestricted funds:</b> General fund	1,216,316	310,057		5,816	
<b>Total unrestricted funds</b>	1,216,316	310,057	(348,773)	5,816	
Restricted funds: Laborie Fellowship fund Continence Promotion Committee fund 3 <sup>rd</sup> World Fistula work Pfizer grant	8 7,824 500 2,738	- - - 14,480	- - (16,377)	- - - -	8 7,824 500 841
<b>Total restricted funds</b>	11,070	14,480	(16,377)		
Total charity funds	1,227,386	324,537		5,816	
Subsidiary funds (unrestricted)	(26,751)	309,491	(294,794)	-	(12,054)
Intercompany adjustment	-	-	-	-	-
<b>Total consolidated funds</b>	1,200,635			5,816	
STATEMENT OF FUNDS - comparativ					
	At 01 January 2020 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2020 £
Unrestricted funds: General fund	1,324,406	269,162	, , ,	7,526	1,216,316
Total unrestricted funds				7,526	
Restricted funds: Laborie Fellowship fund Continence Promotion Committee fund 3 <sup>rd</sup> World Fistula work Pfizer grant	4,546 7,824 500 5,150	- - - 15,400	(4,538) - - (17,812)	- - - -	8 7,824 500 2,738
<b>Total restricted funds</b>	18,020	15,400	(22,350)		11,070
Total charity funds			(407,128)	7,526	1,227,386
Subsidiary funds (unrestricted)	76,956		(340,142)		(26,751)
Intercompany adjustment	-	(29,318)	29,318	-	-
<b>Total consolidated funds</b>				-	

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 18. STATEMENT OF FUNDS - continued

### **General fund (unrestricted)**

This fund represents the free funds of the charity, which are not designated for particular purposes.

### **Laborie Fellowship fund (restricted)**

The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

### **Continence Promotion Committee Fund (restricted)**

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

### 3<sup>rd</sup> World Fistula work (restricted)

This fund relates to a restricted donation received in November 2012 to fund 3<sup>rd</sup> world Fitsula work.

### Pfizer grant (restricted)

This fund relates to a Pfizer grant received each year to fund international scholarships.

### Fistula course fund (restricted)

This fund relates to a grant received during the year to support the Fistula repair course held in Sudan.

### 19. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY	Restricted Funds	Unrestricted Funds	Total Funds
Fund Balances at 31 December 2021 are represented by:	£	£	£
Fixed assets	-	785,966	785,966
Current assets	25,550	475,670	501,220
Current liabilities	(16,377)	(78,220)	(94,597)
Total Net Assets	9,173	1,183,416	1,192,589
	Restricted	Unrestricted	Total
GROUP	Funds	Funds	Funds
	£	£	£
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	-	789,917	789,917
Current assets	25,550	496,437	521,987
Current liabilities	(16,377)	(114,992)	(131,369)
Total Net Assets	9,173	1,171,362	1,180,535

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

### 19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

CHARITY	Restricted Funds	Unrestricted Funds	Total Funds
	£	£	£
Fund Balances at 31 December 2020 are represented by:			
Fixed assets	-	780,305	780,305
Current assets	33,420	472,990	506,410
Current liabilities	(22,350)	(36,979)	(59,329)
Total Net Assets	11,070	1,216,316	1,227,386
	Restricted	Unrestricted	Total
GROUP	Funds	Funds	Funds
T ID I 44D I 400	£	£	£
Fund Balances at 31 December 2020 are represented by:			
Fixed assets	_	790,379	790,379
Fixed assets Current assets	33,420	790,379 473,129	790,379 506,549
	33,420 (22,350)	,	790,379 506,549 (96,293)

### 20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £49,712 (2020: £50,011) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2020 - £Nil) as at 31 December 2021.

### 21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

### 22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2020 - £Nil) as at 31 December 2021.