

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021
FOR
MINDSONG**

Andorran Limited
6 Manor Park Business Centre
Mackenzie Way
Cheltenham
Gloucestershire
GL51 9TX

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FOR THE YEAR ENDED 31 DECEMBER 2021**

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MINDSONG

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 DECEMBER 2021

TRUSTEES	Mitchell Watkins Chair from 8 February 2021 Elaine Grunbaum Treasurer Sylvia Ardron Secretary Helen Owen Chair until 8 February 2021 Anthea Holland Katy Bagnall Philippa Shaw Ashwin Pillay
PRINCIPAL ADDRESS	28 Vine Way Tewkesbury Gloucestershire GL20 5FJ
REGISTERED CHARITY NUMBER	1177043
INDEPENDENT EXAMINER	Andorran Limited 6 Manor Park Business Centre Mackenzie Way Cheltenham Gloucestershire GL51 9TX

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

About Mindsong

We have been in existence since 2007, became a charity in 2012 and changed to a CIO (Charitable Incorporated Organisation) in February 2018.

Our Core services are Music Therapy in someone's own home, Singing Groups both in the community and in care homes, Music Therapy in care homes, support for carers and for people with dementia at time of diagnosis.

Though we are primarily dementia focussed Mindsong is part of the innovative provision of Arts on Prescription (Social Prescribing) in Gloucestershire and works with people who have chronic lung conditions. We are founding members of Gloucestershire Creative Health Consortium.

We also provide training and support to professional musicians in running dementia-sensitive sessions in care homes.

Our Mission statement

We reach people with dementia through music and song, unlocking memories and offering hope and joy in a world where words and thoughts are lost.

Our values

We want to see music accepted as an integral part of older peoples' care; appearing in strategy documents and embedded in care plan thinking. We aim to lead the way in making music accessible for people with dementia across the county and regionally.

Charity Number: 1177043

Public benefit

The Trustees are aware of their responsibilities with respect to public benefit as defined by the Charities Act (2006) and they are confident that the activities of the charity deliver significant public benefit to participants drawn from a wide variety of sources within the local area. We act to ensure that no person is excluded from our activity where there is space for them and the appropriate equipment and support is available.

Objectives & Activities

According to our constitution:

The objects shall be to promote and protect the physical and mental health of people living with dementia and other neurodegenerative conditions, and other health conditions where music would have a significant impact, and those that care for them, through the provision of music therapy, meaningful music, support, education and practical advice.

How we meet our Objects

Mindsong provides a range of therapeutic services to people with mid- to late-stage dementia, and other neurological disorders such as Parkinson's and Huntingdon's disease, who live in care homes and private homes or who are resident on hospital wards or attend day centres.

We use highly skilled, HCPC (Health & Care Professions Council) registered Music Therapists (all of whom are educated to post-graduate level) to provide our music therapy services.

Our Together in Song Singing Group service is provided by our volunteers (many of whom are ex-health and mental health professionals) who are trained and supported by our Director of Volunteer-Led Services. We also take on additional projects where music can have a significant impact on health.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

OBJECTIVES AND ACTIVITIES

Who we work with

People who have mid to late-stage dementia and who live in care homes, or are being cared for in their own homes, are often wrongly assumed to be the least able to participate in or contribute to any activity. As well as problems with memory and confusion, people with dementia may experience challenges with verbal communication and social interaction, anxiety and depression. Difficulties with co-ordination and hearing/visual impairment may add to their communication problems. This can lead to isolation and loneliness both for the person with dementia and those that care for them.

Mindsong enters someone's life during its final phase. We believe in giving people with dementia a voice and enabling positive participation and contribution. We deliver our services with respect for those at their most vulnerable. The people we work with are at the centre of all that we do.

In addition, we use our skills as part of Arts on Prescription, running courses that will have an impact on health and wellbeing. In 2021 these courses were aimed at people with chronic lung disease, Long Covid and aphasia.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

An Overview

2020 was exhausting but we learnt a lot. We learned how well-positioned we were as an organisation to pivot quickly in the face of a crisis. Our normal supportive working environment meant we were able to work well under stress, ensuring we stayed well, which helped us be innovative and with the flexibility to meet the needs of people with dementia in such unpredictable circumstances.

2021 saw us continue to build on our initial response. Improving what we could offer as we spotted what was needed. Where others were still committed to dealing with Covid, we stepped in wherever we could. Filling the gaps and forming new partnerships.

It was another year that stretched us to our limits. Donations dwindled, funding was harder to come by and we were asked to provide more. We are proud that we were able to rise to the challenge.

We ended the year with plans for new work, based on those gaps we couldn't fill in 2021. We had the support from one of our staunchest funders to get us over the Covid hump. Our highest priority as the pandemic waned was, and remains, to continue to provide a safe welcoming space for people who were nervous about leaving home and being with others again and where that is not yet possible, to continue to provide online versions of all our services.

BIG HIGHLIGHT: We were awarded the **Queen's Award for Voluntary Service**, with a special commendation for our work during the pandemic. We had a bit of a do!



**The Queen's Award
for Voluntary Service**

MINDSONG

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2021

Charitable activities – continued

2021 Overview - Maggie Grady, Director of Music Therapy, Mindsong

Music Therapy

'It's absolutely mind-blowing - I've never seen such a turnaround in a person before. From being really down when [the therapist] arrives, Mum will start to hum along with the song then gradually sing a word or two. By the end of the first song she'll have a massive grin.'

Family carer, Music Therapy at Home

2021 was a busy year, with ongoing challenges from the pandemic resulting in high numbers of referrals and constant tweaks to our services in order to best meet the needs of the people we're working with whilst still mitigating risks of transmission as much as possible.

'It was the first positive response from an organisation - others withdrew due to Covid'.

Family carer, Music Therapy at Home

Our Music Therapy at Home (MT@H) service continued to be in high demand, with 102 referrals received from GPs, Community Dementia Nurses, Alzheimer's Society Dementia Advisers, Later Life Mental Health Teams, Social Prescribers and self-referrals. In total, we worked with 83 different families, providing Music Therapy in people's own homes.

For some of our clients, we were the only service providing in-person visits for quite some time. This helped to reduce social isolation and loneliness, but also gave us opportunities to pick up on vulnerable situations that needed extra support, in which we were either able to give, or signpost / advocate for.

'No-one else would come in... [the therapist] came and sat in the doorway'

Family carer, Music Therapy at Home

Feedback highlighted how successful Music Therapy is in supporting wellbeing, communication, strengthening a sense of identity and relationships. As well as the therapy itself, we work with family carers to develop bespoke practical uses of music to support daily care to use outside session times, and this has been invaluable too.

'The feeling that 'I mattered' for the first time - that meant so much - it really carried me through those difficult times.' Family carer, Music Therapy at Home

'I hadn't realised the sessions were as much for me as for Mum. [The therapist] was so easy to talk to - she helped me a lot' Family carer, Music Therapy at Home

Our Music Therapy team was both steadfast and inspiring, coping with changes in restrictions and continuing to support people in extremely difficult circumstances. My thanks to them and also to our wonderful Carer Supporter team, who have adapted their way of working to enable continued support for the people we work with. Their skill, patience and expertise in developing supportive relationships over the phone and picking up on potentially difficult situations invaluable underpins the work of the therapists delivering Music Therapy face-to-face.

'I feel I have come to know my mother so much better through the medium of music'.

Family carer, Music Therapy at Home

'It helped his self-esteem - he's a very good singer and [the therapist] complimented him on his singing. It's something he can still do' Family carer, Music Therapy at Home

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021

Charitable activities – continued

Music Therapy in Care Homes

We continued to provide Music Therapy in care homes, although this work was sporadic during 2021 because of home closures due to Covid 19. Our service here is best suited for people experiencing advanced or complex symptoms of dementia, or people who seem very withdrawn. One-to-one Music Therapy can still connect and engage with a person right through palliative care stages, providing a source of connection and comfort when other forms of communication are more difficult.

Breathe In Sing Out (BISO)

Our singing groups for people with lung conditions continued throughout the year, via Zoom. Our Vocal Leaders have become adept at using online resources, and have continued to support people, teaching good posture and breathing techniques, practising these in song, and providing space for people to meet and connect with each other.

This was valued by participants, many of whom were shielding during the year and had little contact with anyone else. Participants appreciated the regular contact, emotional support and being able to share experiences, having fun together each week, 'when the rest of our lives have fallen away'. BISO participant

'As I live alone, I sometimes panic because I have no family near me in Gloucester. I have been in isolation since 7 March and it looks as if we will all be fastened in for the foreseeable future. The one highlight is our Wednesday BISO session where we exercise and sing. It is lovely to learn new songs which also help my breathing and being in a group lessens the feeling of isolation.' BISO participant

Long Covid Support Groups

During 2021 we expanded our offer of support to include bespoke, online support groups for those recovering from Long Covid. These groups were facilitated by Music Therapists, and aim to provide holistic support but with a focus on developing good posture and breathing techniques. Again, this is a regular, shared, safe space for people to talk about how they're feeling, share tips regarding different symptoms and support each other.

'The vocal exercises have helped me to be able to talk. I can sing with no problems and when my talking voice becomes weaker, I sing and it makes it stronger.' Long Covid Support Group Participant

'To have others to talk to in the same situation has been such a help as it was a lonely journey to start with.' Long Covid Support Group Participant

Music Therapy at Revive

We began a new partnership with the NHS Homeless Healthcare Team and Gloucester City Mission Therapist, Cat Mitchell-Beamish, worked closely with the Mission to support people who are homeless or vulnerable in Gloucester. So far it's proved very successful and supportive and we have had a lot to learn. We will continue into 2022 hopefully taking Music Therapy to the new Winter Shelter and also meeting people on the streets where they are living.

Volunteer-Led Services: Kate Hicks Beach

Overview

2021 was an extraordinary year for Mindsong's volunteer-led services. Highlight of the year was the Queen's award which was an incredible achievement.

We managed to retain 249 of our volunteers and also gained 20+ new volunteers over the year. A new Sing 2 Remember group began in Bourton-on-the-Water, and we began singing groups in 3 new care homes.

Digital Innovations from our Mindsong Community included Feel Good Feb, a song a day on Facebook - also shared with all the care homes we work with in the county. In December it was a Musical Advent Calendar from various of our volunteer groups.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2021

Charitable activities – continued

We had picnics in celebration of being able to meet our Sing 2 Remember online members face-to-face and we had two wonderful singing events, one with the Churn Project in Cirencester Parish Church, and one online with the Orders of Saint John Care Trust.

It hasn't all been plain sailing, and in fact, if it hadn't been for the energy and creative thinking of the Area coordinator team, and for the loyalty and dedication of our volunteers, the year could have been decidedly different. In response to Covid, homes have switched between opening and closing their doors throughout the year and we have adapted to this with our willingness to do whatever homes need us to do to be safe: Singing in the garden, singing via Zoom, singing through windows, singing inside in full PPE, singing in the flowerbed, and quite a lot of singing in the rain.

Sing 2 Remember

We had 48 Sing 2 Remember Online sessions during 2021, the average attendance being 36 people. It was hard to tell from the screen who had dementia and who didn't, which is what was good about the group. Everyone needed support and got it and more on a Friday morning. The online groups linked members to relatives abroad or out of reach, and several family members came every week and participated fully in the sessions.

The online group worked well as a showcase for the benefits of what we do, although all visitors were required to participate in the sessions! The groups included poems, conversations about the songs and a lot of chat and laughter. The group was supported by a Newsletter which informed members of resources locally such as information from the Carer's Hub, local organisations, and dementia friendly events taking place. Plus, information on issues such as driving, fitness, hearing, eyesight, diet etc. with plenty of input from members including recipes, poems and stories.

We began a new group in October in Bourton-on-the-Water, which grew steadily. Both the Cirencester and Bourton groups returned to meeting in person, with a fortnightly online group for anyone not quite ready for that.

A few statistics

Average of 36 members online for 48 sessions: 1,728 hrs

Average face-to-face numbered 56 members over 14 sessions from Sept: 784 hrs

Estimated total of 2904 hrs provided by Sing 2 Remember in 2021

Summer Picnics

In August we had two picnics for Sing 2 Remember members, one at Prinknash Abbey in the gardens, one in the Abbey Grounds in Cirencester. People bought cakes and were overjoyed to see each other face-to-face, in some cases for the first time, having known each other online for well over a year. We sat in a large circle of deck chairs and mobility scooters and sang our favourite songs.

Sing for Joy

This is an annual event that stems from the Sing for Hope sessions out of which Sing 2 Remember developed. It was an online 2 hour singing session in December, joined by and contributed to by groups of residents from all of the Order of St John's Care Homes in the country. There were 86 screens on the zoom! Mindsong has always been involved in these events and along with an Oxfordshire organisation called Let's Sing, we lead the singing in each half.

Testimonials

The testimonials below show something of the reach of our work: from care home staff thanking us for cards, zooms, garden visits, to volunteers proud to be part of what we do and particularly what we did during 2020 and 2021, to members of our Sing 2 Remember groups who have had constant weekly contact for nearly 2 years online, and returned back to face-to-face in September 2021 (with online continuing weekly).

'Thank you very much for the delightful 2 days we had with you at the Singing Picnics. I considered it to be totally delightful and shall remember it for a long time. Thank you muchly, Kissy kissy kiss!! '

MINDSONG

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2021

Charitable activities – continued

'Thank you all so much for coming along and singing yesterday! You can't know what an impression you made. It may have been hard to tell from some of the residents' expressions, but you really lifted their moods and people were talking about the singalong and indeed singing some of the songs on/off for the rest of the day'. Activities Coordinator

'I just want to say a big 'congratulations' to you and everyone at Mindsong on achieving the Queen's Award for Voluntary Work. I feel so proud for you all and proud to be associated with you. It has been a real boost to have the volunteers back into the home and I can tell how enthusiastic they are to finally be able to visit. Look forward to seeing you before too long.' Activity Coordinator

'Just wanted to send an email to say a huge thank you for the lovely Mindsong videos you regularly send. Here at Monkscroft we find they are such a useful tool to use with our ipads on a 1:1 and/or small group basis.' Activity Coordinator

FINANCIAL REVIEW

Our policy on finances and reserves

Where possible we aim to begin each calendar year with funds in place for that year. We look for a broad portfolio of funding which includes grants and trusts, philanthropic giving, donations and earned income. We ask any funder to see any grant or donation as an investment in the work that we do and its progression. We rarely seek project funding unless we are piloting new work.

Where it is the wish of donors that funding is designated to specific projects, the trustees segregate money as appropriate with a view to allocating it to such projects as soon as practicable.

It is our intention to retain such reserves that will fulfil our obligations as employers, offer flexibility when offering our services to those in crisis and to provide stability when a grant ends.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2021**

FUTURE PLANS

We continue to develop, refine and expand the services we offer. We also look at where there are gaps in provision both geographically and demographically, and if there is need we will do our best to address it. We will look at any opportunities that are offered to us and, where they use our skills and relate to our Objects, we will find innovative ways to take on new challenges.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is established as a Charitable Incorporated Organisation and is controlled by its governing document as a Foundation CIO registered on 7 February 2018, as amended 1 March 2019.

How we work and govern ourselves

Mindsong is run by a team of experienced professionals and passionate volunteers, reporting to a board of trustees. Our governing document is our constitution and we are a CIO.

We believe we are an excellent employer, particularly for women, offering a range of part-time roles with flexible hours. We prize and encourage a good work/life balance.

We actively seek to appoint skilled trustees who take part not only in our planning and decision making, but who also take the time to volunteer with our singing groups and to support our delivery.

A large part of our work is delivered by our team of trained volunteers who donate their time and skills to benefit people with dementia.

We do not rent or own premises so we can use our funding to develop and expand the services we provide.

Our Core Team

Karen Lawton	Chief Executive
Julia Glaudot	Administrator
Maggie Grady	Director of Music Therapy
Ruth Melhuish	Deputy Director of Music Therapy
Shirley Grant	Administrator (music therapy)
Kate Hicks Beach	Director of Volunteer-Led Services

Maggie and Ruth manage our team of 11 music therapists and 2 Vocal Leaders

Kate manages our team of 6 Local Area Coordinators and together they support and train our amazing volunteers.

How to contact us

Administration Office: PO Box 205, Tewkesbury GL20 9EL

Phone: 01684 273656 | 07989 936270

Email: admin@mindsong.org.uk

Website: mindsong.org.uk

Approved by order of the board of trustees on 5/09/2022 and signed on its behalf by:


.....
Mitchell Watkins - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
MINDSONG**

Independent examiner's report to the trustees of Mindsong

I report to the charity trustees on my examination of the accounts of Mindsong (the Trust) for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Roger Downes
FCA
Andorran Limited
6 Manor Park Business Centre
Mackenzie Way
Cheltenham
Gloucestershire
GL51 9TX

5 September 2022

MINDSONG

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	Unrestricted fund £	Restricted funds £	31.12.21 Total funds £	31.12.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	11,943	-	11,943	26,265
Charitable activities					
Charitable		<u>214,564</u>	<u>83,000</u>	<u>297,564</u>	<u>303,920</u>
Total		<u>226,507</u>	<u>83,000</u>	<u>309,507</u>	<u>330,185</u>
EXPENDITURE ON					
Charitable activities	4				
Charitable		152,028	92,543	244,571	224,204
NET INCOME/(EXPENDITURE)		74,479	(9,543)	64,936	105,981
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>235,489</u>	<u>48,444</u>	<u>283,933</u>	<u>177,952</u>
TOTAL FUNDS CARRIED FORWARD		<u>309,968</u>	<u>38,901</u>	<u>348,869</u>	<u>283,933</u>

MINDSONG


STATEMENT OF FINANCIAL POSITION
31 DECEMBER 2021

	Notes	Unrestricted fund £	Restricted funds £	31.12.21 Total funds £	31.12.20 Total funds £
CURRENT ASSETS					
Debtors	10	1,832	-	1,832	930
Cash at bank		312,384	38,901	351,285	286,918
		<u>314,216</u>	<u>38,901</u>	<u>353,117</u>	<u>287,848</u>
CREDITORS					
Amounts falling due within one year	11	(4,248)	-	(4,248)	(3,915)
NET CURRENT ASSETS		<u>309,968</u>	<u>38,901</u>	<u>348,869</u>	<u>283,933</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>309,968</u>	<u>38,901</u>	<u>348,869</u>	<u>283,933</u>
NET ASSETS		<u>309,968</u>	<u>38,901</u>	<u>348,869</u>	<u>283,933</u>
FUNDS	12				
Unrestricted funds				309,968	235,489
Restricted funds				<u>38,901</u>	<u>48,444</u>
TOTAL FUNDS				<u>348,869</u>	<u>283,933</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

05/09/2022 and were signed on its behalf by:


Mitchell Watkins - Trustee


Elaine Grunbaum - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The trustees have considered the funding required by the charity for a period of more than 12 months from the date of approval of these financial statements. The charity relies on several sources of funding to raise its income and has secured sufficient funding for the foreseeable future to meet its operational plans. On this basis, the trustees consider the charity to be a going concern and have prepared the financial statements on that basis.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Revenue grants receivable are recognised as income on receipt unless they relate to service provision, in which case they are credited to income over the contracted period of service delivery. Clinical commissioning income and care home contributions are credited to income on receipt.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. DONATIONS AND LEGACIES

	31.12.21	31.12.20
	£	£
Donations	<u>11,943</u>	<u>26,265</u>

MINDSONG

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021**

3. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.12.21 £	31.12.20 £
Grants	Charitable	170,720	236,615
Care home contributions	Charitable	13,113	11,368
Other music therapy income	Charitable	535	3,417
Other delivery	Charitable	196	820
Clinical commissioning	Charitable	<u>113,000</u>	<u>51,700</u>
		<u>297,564</u>	<u>303,920</u>

Grants received, included in the above, are as follows:

	31.12.21 £	31.12.20 £
J & H Rausing Trust	100,000	45,000
Gloucestershire County Council	50,000	-
Gloucestershire Carers Legacy	10,000	-
Henry Smith Trust	10,000	10,000
National Lottery	-	81,380
Utley Foundation	-	32,135
Mercers co	-	28,100
Rank Foundation	-	10,000
Barnwood Trust	-	10,000
The Fore	-	5,000
Gloucestershire Communities Foundation	-	5,000
Notgrove Trust	-	5,000
Gloucestershire Association for Disability	-	2,500
Anonymous	-	1,500
Tewkesbury Borough Council	-	1,000
Coronavirus Job Retention Scheme	<u>720</u>	<u>-</u>
	<u>170,720</u>	<u>236,615</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5) £	Support costs (see note 6) £	Totals £
Charitable	<u>243,419</u>	<u>1,152</u>	<u>244,571</u>

MINDSONG

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021**

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.21	31.12.20
	£	£
Staff costs	9,272	8,199
Insurance	781	735
Marketing	1,050	48
Cost of fundraising	29	1,270
Volunteer costs and expenses	44,127	45,834
Delivery of music therapy	129,219	110,281
Other delivery	1,152	595
Training	343	1,865
Equipment	2,211	3,414
Travel	391	334
Administration	<u>54,844</u>	<u>50,429</u>
	<u>243,419</u>	<u>223,004</u>

6. SUPPORT COSTS

	Governance costs
	£
Charitable	<u>1,152</u>

Support costs, included in the above, are as follows:

	31.12.21	31.12.20
	Charitable	Total
	£	activities
	£	£
Independent examination	<u>1,152</u>	<u>1,200</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.21	31.12.20
	<u>12</u>	<u>11</u>
Admin		

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	26,265	-	26,265
Charitable activities			
Charitable	<u>215,485</u>	<u>88,435</u>	<u>303,920</u>
Total	<u>241,750</u>	<u>88,435</u>	<u>330,185</u>
EXPENDITURE ON			
Charitable activities			
Charitable	174,213	49,991	224,204
NET INCOME	67,537	38,444	105,981
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>167,952</u>	<u>10,000</u>	<u>177,952</u>
TOTAL FUNDS CARRIED FORWARD	<u>235,489</u>	<u>48,444</u>	<u>283,933</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21 £	31.12.20 £
Income due	<u>1,832</u>	<u>930</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21 £	31.12.20 £
Taxation and social security	2,353	2,064
Other creditors	<u>1,895</u>	<u>1,851</u>
	<u>4,248</u>	<u>3,915</u>

12. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	235,489	74,479	309,968
Restricted funds			
NHS Gloucestershire CCG	14,448	11,775	26,223
Utleigh Foundation	29,396	(19,365)	10,031
Mercer Co	<u>4,600</u>	<u>(1,953)</u>	<u>2,647</u>
	<u>48,444</u>	<u>(9,543)</u>	<u>38,901</u>
TOTAL FUNDS	<u>283,933</u>	<u>64,936</u>	<u>348,869</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	226,507	(152,028)	74,479
Restricted funds			
NHS Gloucestershire CCG	83,000	(71,225)	11,775
Utleigh Foundation	-	(19,365)	(19,365)
Mercer Co	-	(1,953)	(1,953)
	<u>83,000</u>	<u>(92,543)</u>	<u>(9,543)</u>
TOTAL FUNDS	<u>309,507</u>	<u>(244,571)</u>	<u>64,936</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	167,952	67,537	235,489
Restricted funds			
NHS Gloucestershire CCG	10,000	4,448	14,448
Utleigh Foundation	-	29,396	29,396
Mercer Co	-	4,600	4,600
	<u>10,000</u>	<u>38,444</u>	<u>48,444</u>
TOTAL FUNDS	<u>177,952</u>	<u>105,981</u>	<u>283,933</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	241,750	(174,213)	67,537
Restricted funds			
NHS Gloucestershire CCG	51,700	(47,252)	4,448
Utleigh Foundation	32,135	(2,739)	29,396
Mercer Co	4,600	-	4,600
	<u>88,435</u>	<u>(49,991)</u>	<u>38,444</u>
TOTAL FUNDS	<u>330,185</u>	<u>(224,204)</u>	<u>105,981</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2021

12. MOVEMENT IN FUNDS - continued

Restricted fund - NHS Gloucestershire CCG

Funding for the charity's 'Arts on Prescription' service, 'Breathe in Sing out', supporting people with chronic lung conditions through singing groups.

Restricted Fund - Utley Foundation Grant

A project using the skills of our Meaningful Music team, to give others in the UK (or beyond) the confidence to start their own singing groups for people with dementia, using our ethos, techniques and experience.

Restricted Fund - Mercers Co

Music Therapy for the homeless, in partnership with Gloucester City Mission (delivery postponed due to Covid).

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.