# Report of the Trustees and

# **Unaudited Financial Statements for the Year Ended 31 December 2021**

<u>for</u>

Pathways Care Farm

CUNNINGHAMS Number Sixty One Alexandra Road Lowestoft Suffolk NR32 1PL

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## Report of the Trustees for the Year Ended 31 December 2021

The trustees present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### Objectives and aims

To provide vulnerable people, those with learning difficulties, mental ill-health and dementia, the opportunity to engage in activities that will stimulate, educate and enable them to live a more fulfilled life, to know they are accepted and grow in confidence;

To promote and preserve well-being by the provision of day placements in an environment that will develop the service user's own skills and abilities to help maximise their potential;

To advance education about agriculture, horticulture, animal husbandry, the environment and the rural economy to appropriate levels of ability;

To encourage the participation of the local community in the service users' progression through volunteering and associated activities, enabling local people to contribute to the well-being of all;

To support the work through the creation of sustainable community enterprises.

#### **Grant making**

The charity does not make grants and has no investment programme other than in people.

#### ACHIEVEMENT AND PERFORMANCE

Charitable activities

#### **BBC Radio Suffolk**

featured our work in February when Geoff was a guest on Lesley Dolphin's 'virtual' sofa.

## Learning and growing together: Edibles

We were awarded another European Social Fund grant and started our second LIFT course. Participants learnt how to grow, nurture and harvest vegetables and edible plants.

## Improvements and additions

A new pond for the ducks and geese designed, built and being loved by the birds. New drainage across the field to prevent a repeat of the recent flooding. A glass screen (wind-break) around the patio so that we can enjoy the outside more and use the indoors less.

#### VIP visits

BBC's Escape to the Country, with Jules Hudson, filmed the farm and interviewed three farm workers. Also, Edward Creasy (High Sheriff) and his wife Penny came to see what we do and presented us with the Suffolk Award for services throughout the pandemic.

#### New buildings

The Lodge was completed where David, who looks after the animals on site when we have all gone home, now lives. Also, the Goat Palace was built as a permanent home for our Golden Guernseys and a temporary home for chickens (for isolation or during outbreaks of avian flu).

## Music afternoon

A great celebration of food and music after a tough year.

### **Fundraising activities**

We are very grateful to every individual and every organisation that has supported Pathways Care Farm through buying our produce, attending events and encouraging us with your generosity. We are also overwhelmed with the incredible service we receive daily from our dedicated and caring staff and volunteers. We could not exist without you.

## Report of the Trustees for the Year Ended 31 December 2021

### ACHIEVEMENT AND PERFORMANCE

#### **Investment performance**

In the past year the charity has been successful in applying for a number of grants, particularly Suffolk Community Foundation, Tesco and Orbit Housing.

#### Memories and milestones from 2021

Looking back at what we've achieved can help us cope with the present and have hope for the future. Despite some of our perceptions a lot of good stuff has happened, some people have gone but some new relationships have been formed, repairs have been carried out and new structures put up... most importantly, many lives have been touched by friendship, love and kindness.

Sadly, John Ketteringham, 'Skipper', died. A much loved farm worker and a man who achieved so much in his work but also a man who brought so many smiles and laughter into our lives, even whilst living with dementia. He was a great character and it was a privilege to know him and work alongside him.

Resilience is so important. It can be an individual trait but it can also be built in community. By being kind and caring with each other we increase our ability to get through everything together. We notice this at the farm every day. People often come to us when they are hurting. Society can be unkind and often the people we support have been hurt by 'society', sometimes even by their family. Through gentle support, encouragement and love we see people develop into the best 'them' they can be

## Quotes from a farmworker who lives with alzheimer's:

"Look at that, isn't it just beautiful. What else do you need?"

"This is family right here. Sometimes I forget my words and it gets really frustrating, but I can't focus on that, I have to focus on what I can do when I'm at the farm".

"I like to do my bit. This is what its all about, being here with friends. Helping and laughing".

"When you come here it's a community, its like family. Everyone helps each other".

#### 3rd Year MSc OT Student

At Pathways I experienced farmworkers engaging in meaningful occupations and the joy and happiness that resulted. This in turn promoted motivation and encourages engagement in occupations as well as social interactions. The jobs that farmworkers did, were chosen by them, and helped them integrate as part of the group.

I saw friendships develop at the farm which is important because it helps to reduce the risk of social isolation and gain cognitive skills, which helps to improve confidence, self-esteem, a sense of purpose, meaning and value.

#### FINANCIAL REVIEW

## Reserves policy

The Trustees set the level of reserves to meet the Charity's needs and ensure that funds are not held unnecessarily.

The aim is to allow the charity will be able to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The level of reserves are set to allow the charity to continue operating for a rolling 12 month period, based on the current budget forecast. This position is reviewed at least twice during the financial year.

# Report of the Trustees for the Year Ended 31 December 2021

### **FUTURE PLANS**

This time last year we didn't exactly know what the future held. The pandemic was raging and isolation was far too common. This year we have more hope as we look to consolidate the great work we achieved despite numerous lockdowns and challenges to health and community.

Starting a new growing course was such an encouragement and the thrill of seeing people enjoy the freedom to meet and learn has motivated us to find more opportunities like this.

The planned café and a fully equipped 'teaching' kitchen has started and we are excited about where this will lead and discovering new opportunities for our farm workers and generate some income to subsidise the work of the farm.

We are very much looking forward to 2022 and seeing how the fruit of our labours, throughout a highly difficult period, work out.

There will be challenges ahead I'm sure, but helping people overcome is what we do.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

## REFERENCE AND ADMINISTRATIVE DETAILS

#### Registered Charity number

1159160

## Principal address

Leonard Drive Lowestoft Suffolk

NR32 4WB

### **Trustees**

Mr R W Foreman
Mr J Wicks
Mr S R Paylor
Ms S H Heil (resigned 31.8.21)
Mr R J Youngs (appointed 2.12.21)
Mrs E J Brown (appointed 2.12.21)

## **Independent Examiner**

Mr G Hall ACCA CUNNINGHAMS Number Sixty One Alexandra Road Lowestoft Suffolk NR32 1PL

# Report of the Trustees for the Year Ended 31 December 2021

Approved by order of the board of trustees on
Mr R W Foreman - Trustee

## Independent Examiner's Report to the Trustees of Pathways Care Farm

### Independent examiner's report to the trustees of Pathways Care Farm

I report to the charity trustees on my examination of the accounts of Pathways Care Farm (the Trust) for the year ended 31 December 2021.

#### Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr G Hall

ACCA

CUNNINGHAMS

Number Sixty One

Alexandra Road

Lowestoft

Suffolk

NR32 1PL

Date: 25 (13) 2022

# Statement of Financial Activities for the Year Ended 31 December 2021

INCOME AND ENDOWMENTS FROM	Notes	Unrestricted fund £	Restricted fund £	31.12.21 Total funds £	31.12.20 Total funds £
Donations and legacies		23,912	72,694	96,606	29,164
Charitable activities Fundraising Farming		147,139	-	147,139	300 145,680
Trading activities Investment income Other income	2 3	433 19 9,432		433 19 9,432	127 236 16,089
Total		180,935	72,694	253,629	191,596
EXPENDITURE ON Raising funds	4	5,205	-	5,205	90
Charitable activities Fundraising Farming Corporate governance		2,862 120,206 1,440	54,584	2,862 174,790 1,440	1,989 172,383 1,080
Trading activities		24,980	6,965	31,945	-
Total		154,693	61,549	216,242	175,542
NET INCOME		26,242	11,145	37,387	16,054
RECONCILIATION OF FUNDS					
Total funds brought forward		342,220	24,205	366,425	350,371
TOTAL FUNDS CARRIED FORWARD		368,462	35,350	403,812	366,425

## Balance Sheet 31 December 2021

EIVED ACCETS	Notes	Unrestricted fund £	Restricted fund	31.12.21 Total funds £	31.12.20 Total funds £
FIXED ASSETS Tangible assets	7	207,285	200,745	408,030	324,854
CURRENT ASSETS Debtors Cash at bank	8	167,450	21,944	189,394	3,273 233,787
		167,450	21,944	189,394	237,060
CREDITORS Amounts falling due within one year	9	(6,272)	(4,735)	(11,007)	(13,148)
NET CURRENT ASSETS		161,178	17,209	178,387	223,912
TOTAL ASSETS LESS CURRENT LIABILITY	IES	368,463	217,954	586,417	548,766
CREDITORS Amounts falling due after more than one year	10	12	(182,605)	(182,605)	(182,341)
NET ASSETS		368,463	35,349	403,812	366,425
FUNDS Unrestricted funds Restricted funds	11			368,463 35,349	342,220 24,205
TOTAL FUNDS				403,812	366,425
The financial statements were approved by the E were signed on its behalf by:	Board of Tru	stees and authorise	ed for issue on	2-1	 2022 and

Mr R W Foreman - Trustee

# Notes to the Financial Statements for the Year Ended 31 December 2021

#### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property

- 20% on cost, 10% on cost, 2% on cost and 1% on cost

Plant and machinery

- 10% on cost

Farming equipment - mechanical

- 15% on cost

Farming equipment - other

- 20% on cost

## Taxation

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## Notes to the Financial Statements - continued for the Year Ended 31 December 2021

	TRADING ACTIVITIES	
4.		

	31.12.21	31.12.20
	£	£
Farm gate sales	433	127
	(4 <del></del> )	

## 3. INVESTMENT INCOME

	31.12.21	31.12.20
	£	£
Bank interest received	19	236

## 4. RAISING FUNDS

## Raising donations and legacies

	31.12.21	31.12.20
	£	£
Support costs	-	90
	( <del></del> )	

## 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

## Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

## 6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.21	31.12.20
General staff	8	8

No employees received emoluments in excess of £60,000.

# Notes to the Financial Statements - continued for the Year Ended 31 December 2021

# 7. TANGIBLE FIXED ASSETS

		Long leasehold £	Improvements to property £	Plant and machinery £
COST At 1 January 2021 Additions		80,000	247,110 82,267	960 21,104
At 31 December 2021		80,000	329,377	22,064
<b>DEPRECIATION</b> At 1 January 2021 Charge for year		2,003 800	28,578 11,451	221 724
At 31 December 2021		2,803	40,029	945
NET BOOK VALUE At 31 December 2021		77,197	289,348	21,119
At 31 December 2020		77,997	218,532	739
COST	Farming equipment - mechanical	Farming equipment - other	Computer equipment £	Totals £
At 1 January 2021 Additions	36,097	14,572 1,274	3,992 878	382,731 105,523
At 31 December 2021	36,097	15,846	4,870	488,254
DEPRECIATION At 1 January 2021 Charge for year At 31 December 2021	18,051 5,415 23,466	8,514 2,940 ————————————————————————————————————	510 1,017 ————————————————————————————————————	57,877 22,347 80,224
NET BOOK VALUE At 31 December 2021	12,631	4,392	3,343	408,030
At 31 December 2020	18,046	6,058	3,482	324,854

# Notes to the Financial Statements - continued for the Year Ended 31 December 2021

8.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.12.21	31.12.20
	Other debtors		£	£ 3,273
9.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		31.12.21	31.12.20
	Trade creditors Social security and other taxes Other creditors Accrued expenses Deferred capital grants		£ 90 2,756 1,253 2,172 4,736  11,007	£ 3,918 2,143 2,172 4,915  13,148
10.	CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN	ONE YEAR	31.12.21	31.12.20
	Deferred capital grants		£ 182,605	£ 182,341
11.	MOVEMENT IN FUNDS		Net	
		At 1.1.21	movement in funds	At 31.12.21 £
	Unrestricted funds General fund	342,220	26,243	368,463
	Restricted funds Restricted fund	24,205	11,144	35,349
	TOTAL FUNDS	366,425	37,387	403,812
	Net movement in funds, included in the above are as follows:			
	Unrestricted funds	Incoming resources £	Resources expended £	Movement in funds £
	General fund	180,935	(154,692)	26,243
	Restricted funds Restricted fund	72,694	(61,550)	11,144
	TOTAL FUNDS	253,629	(216,242)	37,387

# Notes to the Financial Statements - continued for the Year Ended 31 December 2021

# 11. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

Unrestricted funds	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
General fund	329,511	12,709	342,220
Restricted funds Restricted fund	20,860	3,345	24,205
TOTAL FUNDS	350,371	16,054	366,425
Comparative net movement in funds, included in the above are as follows	s:		
	Incoming resources	Resources expended £	Movement in funds £
Unrestricted funds General fund	168,196	(155,487)	12,709
Restricted funds Restricted fund	23,400	(20,055)	3,345
TOTAL FUNDS	191,596	(175,542)	16,054
A current year 12 months and prior year 12 months combined position is	as follows:		
	At 1.1.20	Net movement in funds £	At 31.12.21
Unrestricted funds General fund	329,511	38,952	£ 368,463
Restricted funds Restricted fund	20,860	14,489	35,349
TOTAL FUNDS	350,371	53,441	403,812

## Notes to the Financial Statements - continued for the Year Ended 31 December 2021

## 11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	349,131	(310,179)	38,952
Restricted funds Restricted fund	96,094	(81,605)	14,489
TOTAL FUNDS	445,225	(391,784)	53,441

#### Cash

The charity continues to look for new ways to support vulnerable people, and has been successful in raising funds for a number of initiatives and projects. Funds are held securely in the bank waiting for the projects to start, with funds being spent over the coming year.

#### Reserves

The overall reserves look high as they include the cost of the 99 year lease, and a lot of building work we have been doing since taking on the farm. The total in no way reflects the unrestricted funds we can utilise, it is a consequence of the accounting process which requires the lease improvement projects we have completed to be added as assets.

## 12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

# Notes to the Financial Statements - continued for the Year Ended 31 December 2021

## 13. GRANTS

Donor	Purpose	Fund	£
Suffolk Community Foundation	Learning & Growing Together	Restricted	4,932
Co Op Local Community Fund	Mental Health Support	Restricted	643
Tesco Bags of Help	Talking Loneliness & isolation	Restricted	1,000
East Suffolk Council	Promoting Difference website & videos	Restricted	7,377
Norfolk County Council	Growing Edibles	Restricted	6,300
Suffolk Community Foundation	Support for Carers	Restricted	13,700
Education & Skills Funding Agency	Apprenticeship funding	Restricted	1,000
Norfolk County Council	LIFT	Restricted	5,000
Suffolk Community Foundation	Gardening Course	Restricted	2,000
East Suffolk Council	Clover Court Loneliness & Isolation visits x12	Restricted	500
Suffolk Community Foundation	Beccles Primary Academy Healthy Living	Restricted	4,500
East Suffolk Council	Growing and Living Together	Restricted	1,000
Suffolk Community Foundation	Pathway into Nature project	Restricted	2,000
East Suffolk Council	Green Gym Equipment	Restricted	5,000
Norfolk County Council	Growing Vegetables	Restricted	6,332
Suffolk Community Foundation	John Muir Award	Restricted	2,000
Co-Op	Sponsorship for Farm Worker attendance	Restricted	1,101
Suffolk Community Foundation	Health Course	Restricted	2,000
Norfolk County Council	Learning & Growing Healthily	Restricted	6,429
Suffolk Community Foundation	John Muir Award	Restricted	4,880

TOTAL GRANTS INCOMING

77,694

## <u>Detailed Statement of Financial Activities</u> for the Year Ended 31 December 2021

for the Year Ended 31 December 2021		
	31.12.21	31.12.20
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	22,621	5,644
Gift aid	1,291	120
Grants	72,694	23,400
	96,606	29,164
Trading activities		
Farm gate sales	433	127
Investment income		
Bank interest received	19	236
Charitable activities		
Service user fees	147,139	145,680
Training income	-	300
	-	
	147,139	145,980
Other income	0.422	16,000
Government Covid-19 grants	9,432	16,089
Total incoming resources	253,629	101 506
Total incoming resources	233,029	191,596
EXPENDITURE		
Charitable and the		
Charitable activities	72.077	54.047
Wages Social security	73,277	54,247
Pensions	2,256 1,080	1,171 736
Farm maintenance	37,339	23,846
Livestock costs	2,880	4,066
Fundraising expenses	2,186	1,989
2 and along on paragraphs		1,707
	119,018	86,055
Support costs		
Support costs Management		
Management Wages	57 01 A	EE 0.40
Social security	57,814 3,199	55,049 2,471
Pensions	1,072	2,471 1,062
Rates and water	293	1,002
Insurance	4,346	4,147
Carried forward	66,724	64,644
	00,721	01,011

# Detailed Statement of Financial Activities for the Year Ended 31 December 2021

	TOT THE TOTAL EMERGE OF DECEMBER 2022		
		31.12.21	31.12.20
		£	£
Management			
Brought forward		66,724	64,644
Light and heat		5,507	3,263
Administration costs		1,682	846
Postage and stationery		193	510
Staff training		2,082	239
Travel and subsistence		818	8
		77,006	69,502
Finance			
Bank charges		566	245
Depreciation			
Long leasehold		800	2,003
Improvements to property		7,555	7,794
Plant and machinery		424	192
Farming equipment - mechanical		5,415	5,415
Farming equipment - other		2,827	2,291
Computer equipment		411	
		17,432	17,695
Governance costs			
Accountancy and legal fees		2,220	2,045
Total resources expended		216,242	175,542
Net income		37,387	16,054