

# NEST AYLESBURY VALE

Annual Report and Accounts 2021-2022

Registered Company Number: 5993373 Registered Charity Number: 1119763

### **CHAIR'S REPORT**

### FOR THE YEAR ENDED 31st MARCH 2022

### Chair's Annual Review April 2021- March 2022

After yet another COVID-affected year, Nest Aylesbury Vale continues to provide an amazing level of service to the families most at need. Now that we have a slow and steady return to normality, the long tail of lockdown and its various issues will be with us for many months.

For Nest it has been another year of battling against the odds, a term I used last year and was hoping to have filed away. Whilst COVID has now become an accepted part of day-to-day life for both our families and volunteers it still makes life difficult for all concerned. Fortunately, we have been able to continue to offer support where needed despite the operational problems thanks to the ever-present management from Shushana and Sheena.

Last year highlighted our improved financial position and we are delighted to confirm that we have had another strong financial year. Once again, donors have been amazing. Bucks CC have continued to offer support with £10,000, Heart of Bucks provided a further £10,000, Rothschild Foundation also donated £10,000, a private donor gave £5,000, Waitrose provided vouchers for our families at Christmas and we had further donations from Countess Howe, Sarah Vickers, The Garden Association, wedding donations, from our own volunteers, via an organised garden party, our continued support from Pledge and Promise donors, Buckinghamshire Lottery supporters and more. Yet another reflection on how Nest's service is recognised far and wide.

Once again, Shushana and Sheena have steered Nest through the roughest of waters. Such is the importance of the support we provide it is testament to their hard work that we continue our services despite so many external factors affecting operations. Sadly, we are being contacted with more and more requests for help yet Shushana always makes time available so she can meet with the families to see whether we can assist. It really is a truly challenging role but one she faces every day.

Our volunteers are the heartbeat of the charity. It is not possible to put into words how much their support means to our families. With the issues around day-to-day life it is an extraordinary affirmation of the kindness and generosity of spirit shown by all our volunteers that we maintain the levels of assistance. Not only have we continued with support, but we are delighted to welcome new volunteers into the Nest family to allow us to offer our services to more families. Yet again the volunteers should be proud of their hard work.

Last year I mentioned that we had a roadmap for recovery and for a return to normality. It appears that there were a few diversions on the way, but we are now heading back to the new normal. There are still challenges ahead, albeit of a different and nature, but once again Nest can continue to offer its support and help to those that need it most.

I wish you and your families well.

AJ Thompson

Chair

Charity registration number: 1119763 Company number: 5993373

### TRUSTEES' ANNUAL REPORT

### FOR THE YEAR ENDED 31st MARCH 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

### REFERENCE AND ADMINISTRATIVE DETAILS

### **Registered Company number**

5993373 (England and Wales)

### **Registered Charity number**

1119763

### Registered office

8 Temple Square Aylesbury Bucks HP20 2QH

### **Trustees**

A.J. Thompson (Chair)

E. Lucas (Vice Chair)

R. Clarke (Hon. Treasurer)

K. Nicolle – resigned 8th August 2022

### Independent Examiner

Paul Hammett FMAAT
Paul Hammett Accounting Solutions Ltd
11 Manor Road
Wendover
Bucks
HP22 6HL

### Bankers

NatWest Bank plc 22 Market Square Aylesbury Bucks HP20 1TR

### REPORT OF THE TRUSTEES

### FOR THE YEAR ENDED 31st MARCH 2022

### **OBJECTIVES AND ACTIVITIES**

### Objectives and aims

The Charity's objects (the Objects) are:

- a) to safeguard, protect and preserve the good health, both mental and physical of children and parents of children;
- b) to prevent cruelty to or maltreatment of children;
- c) to relieve sickness, poverty and need amongst children and parents of children;
- d) to promote the education of the public in better standards of childcare within the area of Aylesbury and its environs.

### The Vision

NEST Aylesbury Vale wants to see a society in which every parent has the support they need to give their children the best possible start in life.

### Core belief for NEST Aylesbury Vale

NEST Aylesbury Vale believes that children need a happy and secure childhood and that parents play the key role in giving their children a good start in life and helping them achieve their full potential.

### Mission

NEST Aylesbury Vale is a home visiting scheme for families where there is at least one child under five years of age. Help is offered at times of stress, so that difficulties do not turn into crises. Trained Volunteers work towards increasing the confidence and independence of parents by:

- Offering support, friendship and practical assistance to families.
- Visiting families in their own homes where the difficulties exist and where the individual's dignity and identity can be respected.
- Developing a one-to-one relationship in which the volunteer offers time, flexibility of approach and understanding.
- Encouraging the parent's strengths and emotional wellbeing in order that these may be transmitted to their children, thus enhancing their development.
- Reassuring parents that difficulties in bringing up children are not unusual and emphasising the pleasures of family life.
- Encouraging families to widen their network of relationships and to use community support and services effectively.

### REPORT OF THE TRUSTEES

### FOR THE YEAR ENDED 31st MARCH 2022

### **Public Benefit**

In setting its plans and priorities for areas of work, the trustees have had regard to the guidance from the charity commission on public statement of benefit. The summary of achievements demonstrates how NEST Aylesbury Vale has set out to fulfil its principal charitable objective, that is: the relief of children or parents in despair or in distress and the prevention of emotional, physical or mental abuse of such children.

### **Management of Service**

Nest Aylesbury Vale is managed by a committee of Trustees who are representatives from the local community, with a commitment to Nest Aylesbury Vale's core beliefs. The Trustees employ a Coordinator for 30 hours a week to recruit, train, support and manage the team of volunteers who work with the families. The Co-ordinator is supported by an administrator who works 15 hours per week.

### ACHIEVEMENTS AND PERFORMANCE

During the period 1<sup>st</sup> April 2021 to 31<sup>st</sup> March 2022, 45 families have been individually supported (22 rural - 23 town). This is up on last year.

Our reviewing process demonstrated that their needs were significantly improved or fully met.

A total of 20 home-visiting volunteers were involved in supporting families during this period.

### **FINANCIAL REVIEW**

### **Reserves Policy**

Nest Aylesbury Vale has budgeted and controlled its finances so that all likely expenses for up to three months are capable of being met out of cash resources currently held. In addition, a reserve is necessary to cover rent up to the next break point and any other statutory payments. In total this equates to approximately six months' expenditure. However, the timing and amount of grants received can increase this by up to a further six months, which means that our total reserves can fluctuate between six months and a full year. The current level of reserves represents approximately twelve months' activity at our current level.

There are no material commitments or expenditure planned which are not included in the balance sheet and have not been deducted from the assets in calculating the reserves.

### REPORT OF THE TRUSTEES

### FOR THE YEAR ENDED 31st MARCH 2022

### Finances - Honorary Treasurer's Review

The accounts for the 12 months to 31st March 2022 show a surplus of £19,221 (2021 – £4,963 deficit).

During the 12 months to 31st March 2022 donations and grants were received totalling £62,365 (2021 - £38,566). Expenditure during this period amounted to £44,927 (2021 - £44,940).

At 31st March 2022, there was a balance of £47,763 at bank and the accumulated fund at this date was £51,827.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

### **Governing document**

The charity is controlled by its governing document, the Memorandum and Articles of Association. It is a company limited by guarantee as defined by the Companies Act 2006.

### Recruitment and appointment of new trustees

Trustees are appointed by majority decisions of the existing trustees and after DBS checks. All new trustees receive a Welcome and Induction Pack, meet the staff and become fully acquainted with the administration of the office, policies and practices and roles and responsibilities of trusteeship.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the trustees and signed on their behalf by:

A.J. Thompson

Chair

Date: 5 10 2022

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEST AYLESBURY VALE LIMITED

### FOR THE YEAR ENDED 31st MARCH 2022

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022 which are set out on pages 7 to 18.

### Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Hammett FMAAT
Paul Hammett Accounting Solutions Ltd
11 Manor Road
Wendover
Bucks
HP22 6HL

Date: 4 October 2022

# Charity No. 1119763 Company No. 5993373 STATEMENT OF FINANCIAL ACTIVITIES (including summary income & expenditure account) FOR THE YEAR ENDED 31st MARCH 2022

	Note	Unrestricted Funds	Restricted Funds	Total Fu	unds
				2022	2021
INCOME		£	£	£	£
Income & endowments from:					
Donations and legacies	2	62,365		62,365	38,566
Other trading activities	2	1,780		1,780	1,397
Investments	2	3		3	14
TOTAL		64,148		64,148	39,977
EXPENDITURE					
Expenditure on:					
Raising funds	4	3,513		3,513	1,749
Charitable activities	4	41,414		41,414	43,191
TOTAL		44,927		44,927	44,940
Net income/(expenditure)		19,221		19,221	(4,963)
Transfer between funds		0		0	0
Net movement in funds		19,221	0	19,221	(4,963)
Reconciliation of funds:					
Total funds brought forward		32,606	0	32,606	37,569
Total funds carried forward		51,827	0	51,827	32,606

### Charity No. 1119763 Company No. 5993373 BALANCE SHEET AT 31st MARCH 2022

	Note	202	2	2021
		£	£	£
Fixed Assets				
Tangible assets	7		330	_660
Current Assets				
Debtors	8	5,126		7,503
Cash at bank and in hand	9	47,763		26,736
Total current assets		52,888		34,239
Creditors: Amounts falling due within one year	r 10	(1,392)		(2,293)
Net Current Assets/(Liabilities)			51,497	31,946
Total Assets Less Current Liabilities			51,827	32,606
Creditors: Amounts falling due after one year			0	0
Total net assets			51,827	32,606
Funds of the Charity				
Restricted Funds	13		0	0
Unrestricted Funds	13		51,827	32,606
Total Funds			51,827	32,606

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

# Charity No. 1119763 Company No. 5993373 BALANCE SHEET AT 31st MARCH 2022

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The notes on pages 11 to 19 form part of these financial statements.

### Note 1. Accounting policies

### **Charity information**

Nest Aylesbury Vale Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 8 Temple Square, Aylesbury, Buckinghamshire, HP20 2QH

### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' the and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

The financial statements are presented in sterling which is the functional currency of the charity.

### **Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

### Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Grants and donations are only included when the general income recognition criteria are met. In the case of performance related grants, income is only recognised to the extent that the charity has provided the specified goods or services.

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to

the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Income from interest is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

### Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

### Support costs

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity. Where support costs cannot be directly attributed to particular headings, they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources.

### Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended. Assets are capitalised if they are to be used for more than one year and cost at least £400. The depreciation rates and methods used are disclosed in tangible fixed asset note.

### **Debtors and creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price.

### Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

	Unrestricted Funds	Restricted Funds	Total 2022	2021
Note 2. Analysis of income	£	£	£	£
Donations and legacies				
Donations and gifts	56,675		56,675	33,772
Gift Aid	5,300		5,300	3,625
CJRS Grant	390		390	<u>1,169</u>
	62,365		62,365	38,566
Other trading activities				
Miscellaneous fundraising activities	1,780		1,780	1,397
	_ 1,780		1,780	1,397
Income from investments				
Interest	3		3	14
	3		3	14
TOTAL INCOME	64,148		64,148	39,977

### Note 3. Donated goods, facilities and services

The charitable activities are carried out by unpaid volunteers. In the current year a total of 20 volunteers were involved in supporting families. In total, they contributed around 80 hours per week. Goods to the approximate value of £100 were received from donors and were in turn donated by us to needy families.

Note 4.	Expenditure	Unrestricted Funds £	Restricted Funds £	Total 2022 £	2021 £
	•				
	liture on raising funds				
	d seeking grants	1,692	0	1,692	0
Staging	fundraising events	<u>1,821</u>	0	<u>1,821</u>	<u>1,749</u>
		3,513	0	3,513	1,749
Expend	liture on charitable activities				
Home v	visiting	41,414	0	41,414	43,191
TOTAL EXP	PENDITURE	44,927	0	44,927	44,940
Support Co	osts	Raising funds	Charitable	Total 2022	2021
		£	Activity £	2022 £	2021 £
Salaries an	d national insurance	3,384	30,474	33,858	34,065
Rent			4,308	4,308	4,293
Travel and	motor		2,565	2,565	1,806
	onery and advertising		696	696	309
Telephone			622	622	762
Training			022	022	0
	rt national levies				(460)
Insurance	e national levies		778	778	507
	and the second second			10000000	
DBS check			34	34	0
General ex		129	708	837	2,377
Depreciati	on		330	330	330
Governand	ce	0	899	899	<u>951</u>
		3,513	41,414	44,927	44,940

Note 5. Details of certain types of expenditure	2022	2021
Fees for examination of the accounts	£	£
Independent examiner's fees	899	<u>951</u>
Note 6. Staff costs		
Salaries and wages	33,858	34,065
Social security costs	0	0
	33,858	34,065

The average number of employees during the year was 2 (2021 - 2).

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

Note 7.	Tangible Fixed Assets		Fixtures & Fittings	Computer Equipment	Total
			£	£	£
Cost					
At the	e beginning of the year		747	1,539	2,286
Addit			-	-	-
Reval Dispo	uations		-		
	e end of the year		747	1,539	2,286
Depreciatio	n				
		Basis Rate	Straight line 10%	Straight line 33 <sup>1</sup> / <sub>3</sub> %	
At the	e beginning of the year		747	879	1,626
Dispo			-	-	-
	eciation irment		-	330	330
At the	e end of the year		747	1,209	1,956
Net book va	alue				
At the	e beginning of the year		0	660	660
At the	e end of the year		0	330	660

Note 8.	Debtors and prepayments	2022	2021
		£	£
Prep	payments and accrued income	354	253
Oth	er debtors	4,772	7,250
		5,126	7,503
Note 9.	Cash at bank and in hand	2022	2021
		£	£
Cash	h at bank and on hand – Current account	10,000	10,000
	Deposit account	<u>37,763</u>	16,736
		47,763	26,736
Note 10	. Creditors and accruals	2022	2021
		£	£
Acci	ruals and deferred income	<u>1,392</u>	2,293

### Note 11. Operating lease commitments

The charity had future minimum lease payments £2,548 due within one year (2021 - £2,548).

### Note 12. Fair value of assets and liabilities

The trustees take the view that charity has no exposure to credit risk as the amount owing by debtors is entirely in respect of Gift Aid on donations due from HMRC and therefore deemed to be secure. The other current assets are held as cash with NatWest bank and likewise deemed secure.

		Fund				Fund
		balances brought				balances carried
Note 13.	Movements in funds	forward	Income	Expenditure	Transfers	forward
Fund Name		41	£	£	£	£
		0	0	0	0	0
		0	0	0	0	0
Unrestricted funds General Fund		32,606	64,148	44,927	0	51,827
Total		32,606	64,148	44,927	0	51,827
		Fund				Fund balances
Comparativ	Comparatives for movements in funds	brought forward	Income	Expenditure	Transfers	carried
Fund Name		ч	ΕF	£	£	Ψ
Restricted funds S Edmundsen	Provide items of personal wear	0	1,363	1,363	0	0
		0	1,363	1,363	0	0
Unrestricted funds General Fund		37,569	38,614	43,577	0	32,606
Total		37,569	39,977	44,940	0	32,606

## Note 14. Comparative Statement of Financial Activities

•	Unrestricted Funds	Restricted Funds	Total Funds
			2021
INCOME	£	£	£
Income & endowments from:			
Donations and legacies	37,203	1,363	38,566
Other trading activities	1,397	0	1,397
Investments	14	0	14
TOTAL	38,614	1,363	39,977
EXPENDITURE			
Expenditure on:			
Raising funds	1,749		1,749
Charitable activities	41,828	1,363	43,191
TOTAL	43,577	1,363	44,940
Net income/(expenditure)	(4,963)	0	(4,963)
Transfer between funds	0	0	0
Net movement in funds	(4,963)	0	(4,963
Reconciliation of funds:			
Total funds brought forward	37,569	0	37,569
Total funds carried forward	32,606	0	32,606

### Note 15. Transactions with trustees and related parties

### Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity in the reporting period (2021: £nil)

### Trustees' expenses

No trustee expenses have been incurred in the reporting period (2021: £nil)

### Transactions with related parties

There have been no related party transactions in the reporting period (2021: £nil)