

Trustees' Annual Report for the period

From 01/04/2021 Period start date To 31/03/2022 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects. To relieve in need, in particularly mental and physical requirements of people who are living in residential care I. by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care II. by the provision of equipment and facilities otherwise unattainable
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have continued to support beneficiaries living in Government institutions in Romania. We do this by providing funding towards staffing for direct interventions to children and adults in Government homes and also for the provision of medical and educational activities. We would usually also support volunteer programmes in the institutions but this has not been possible again this year due to covid.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit

Achievements and Performance

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the start of the financial year we had a balance of £22, 833. Over the year we received £25, 763 in donations, £9, 000 of which was identified for specific projects (restricted) of which £1000 has been spent.
		Our expenditure was £16, 207. The account balance was £32,389 at the end of the accounting period – see accounts report for more detailed breakdown.

Statement explaining the policy for holding reserves stating why they are held	Para 1.22	As last year, during this year our outgoings were reduced due to covid. All funds held at the end of the year are automatically carried over to the opening balance of the new financial year. Previously our reserves were held at £4, 000 however we have reviewed this and have increased to £8, 000 to allow for additional project costs to be covered for 3-4 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£8,000
Reasons for holding zero	Para 1.22	n/a
reserves		
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required, for example this year Trustees undertook specific Trustee safeguarding training via NSPCC. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running

		of the charity, supported by committee members.
		We aim to meet on a monthly basis to oversee the work of the charity.
		We work in partnership with William Tyrell, a charity based in Romania.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield EN27BD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuiness			

Corporate trustees – names of the directors at the date the report was approved

Director name	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects		
Details of arrangements for safe custody and segregation of such assets from the charity's own assets		
Additional information (option Type of Name adviser	nal) Address	
Name of chief executive or na	mes of senior staff me	embers (Optional information)
Declarations The trustees declare that they	/ have approved the tr	rustees' report above.
Signed on behalf of the charit	ty's trustees	
_	-	
Dr Sophie Doswell		SEDSWOY
Trustee		



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Receipts and payments accounts

For the period	01/04/2021	Т.	31/03/2022
from		10	

Section A Receipts and	d payments				
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts	2				
Donations	16,763	9,000	-	25,763	24,409
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	_	_	-	_
Sub total (Gross income for AR)	16,763	9,000	-	25,763	24,409
A2 Asset and investment sales,					
(see table).					
	-	-	-	-	
Sub total	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	16,763	9,000	-	25,763	24,409
A3 Payments					
Staff salary	-	-	-	-	312
Project costs	13,154	1,000	-	14,154	9,224
Medical supplies	1,574	-	-	1,574	156
Website	144	-	-	144	300
Training Office rent	200 30	-	-	200 30	150 360
Accountant	-	-	-	-	900
Bank charges	105	_	-	105	-
3	-	-	-	-	-
Sub total	15,207	1,000	-	16,207	11,402
A4 Asset and investment					
purchases, (see table)					
				-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	15,207	1,000	-	16,207	11,402
Net of receipts/(payments)	1,556	8,000	-	9,556	13,007
A5 Transfers between funds	_	_	-		
A6 Cash funds last year end	22,833	_	_	22,833	9,826
Cash funds this year end	24,389	8,000		32,389	22,833
Casii iulius ulis year ellu	24,509	0,000	-	32,303	22,033

Section B Statement of assets and liabilities at the end of the period				
		Unrestricted	Restricted	Endowment
Categories	Details	funds to nearest £	funds to nearest £	funds to nearest £
B1 Cash funds		24,389	8,000	-
		-	-	-
		-	-	-
	Total cash funds	24,389	8,000	-
	(agree balances with receipts and payments	OK	OK	OK
	account(s))	OK Unrestricted	Restricted	Endowment
		funds	funds	funds
P2 Other menetem cocate	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets				
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which	Cost (optional)	Current value
B4 Assets retained for the	Details	asset belongs	- 1	(optional)
charity's own use			_	-
-			_	-
			-	
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on	Olamaki ing	D.i. (Name	Date of
behalf of all the trustees	Signature	Print I		approval
	SDSWOU	Dr Sophie D	Doswell	07/11/22



Independent examiner's report on the

accounts **Section A Independent Examiner's Report** Report to the trustees/ Charity NameThe Life Intervention Friendship and Education Foundation members of On accounts for the year 31 March 2022 Charity no 1166183 (if any) ended Set out on pages As above (remember to include the page numbers of additional sheets) I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2022. Responsibilities and As the charity's trustees, you are responsible for the preparation of the basis of report accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. Independent I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me examiner's statement cause to believe that in, any material respect: the accounting records were not kept in accordance with section 130 of the Charities Act; or the accounts did not accord with the accounting records; or the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Stall	Date:	07/11/2022	
Name:	Amanda Hall			
Relevant professional qualification(s) or body (if any):				
Address:	Counterculture Partnership LLP			
	Unit 115, Ducie House, Ducie Street, M	lanchester, M	1 2JW	