



Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Sunflowers Suicide Support

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

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for the Year Ended 31 March 2022

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## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

### **Volunteers**

The Charity have a team of volunteers that have assisted in the operations of the Charity. During this period, volunteer roles have included administrative support, coordinating sunshine boxes, coordinating support packs, cleaning of our offices, support at our bereavement events and peer facilitation of our bereavement groups. We also have a team of volunteers as part of the fundraising committee who plan and deliver all of the Sunflowers led fundraising events.

## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

The total donations received during the period totalled £66,309 with the remaining income being generated from the fees from events and talks £15,875 and £5 bank interest. Grants received in the year totalled £55,879. The expenditure totalled £107,551 resulting in the excess of receipts over payments of £30,515 (2021: £65,445). The Charity has not claimed any gift aid on donations during the period other than through CAF Donate and Just Giving.

## **FINANCIAL REVIEW**

### **Principal funding sources**

The Charity's principal source of funds has been from donations made by individuals and through events such as presentations and quiz events. These will continue to be the primary sources of funding. During the period the Charity received grants from The Suicide Prevention Fund of £18,023 to cover liaison support and counselling, Stroud District Council's Art Bid of £3,950 to cover art, and the Morrisons Fund of £3,000. In addition to this, the Charity received their third instalment of their funding from The National Lottery which totalled £30,906.

Funds were also raised during the year from the annual Chase the Sun event, and the Charity was able to return to hosting the Sunset Ball following the Covid-19 pandemic, which limited this to a virtual event.

## **FINANCIAL REVIEW**

### **Investment policy and objectives**

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

We are in a period of growth and therefore we will continue to see an increase in investing funds in the operations of the Charity to develop infrastructure and manpower in accordance with the increasing demand we continue to see.

### **Reserves policy**

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

## **FUTURE PLANS**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document and is an incorporated charity. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

### **Recruitment and appointment of new trustees**

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

### **Organisational structure**

There are currently seven trustees and approximately thirty charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by both trustees, management team and volunteers.

### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Charity number**

1177266

### **Principal address**

The Cygnet  
Bonds Mill  
Stonehouse  
Gloucestershire  
GL10 3RF

**Trustees**

Ms K Turner  
Mrs S Bullingham (resigned 6.4.21)  
Mr N M Gardiner-Clark (resigned 6.4.21)  
Mr M Gardiner-Clark (resigned 6.4.21)  
Mr G Foxley (deceased 6.10.21)  
Mr H J Sagar  
Mr P Broad  
Ms M Crook  
Mr E Jennings (appointed 6.4.21)  
Mr I Taylor (appointed 6.4.21)  
Ms A duCros (appointed 6.4.21)

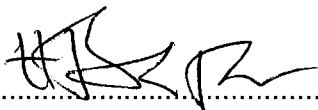
**REFERENCE AND ADMINISTRATIVE DETAILS****Independent Examiner**

Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

**COVID-19 IMPACT ON ACTIVITIES**

These accounts cover the period to 31 March 2022 and the charity had made significant changes in the way it operated in order to comply with the government restrictions in relation to the global pandemic. The COVID-19 pandemic and the reaction to it has caused numerous operational issues including the ability to fund raise, services offered being affected, having to transfer to online support, as well as cancellation of fundraising events.

Approved by order of the board of trustees on 6 September 2022  
and signed on its behalf by:



.....  
Mr H J Sagar - Trustee

**Independent examiner's report to the trustees of Sunflowers Suicide Support**

I report to the charity trustees on my examination of the accounts of Sunflowers Suicide Support (the Trust) for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

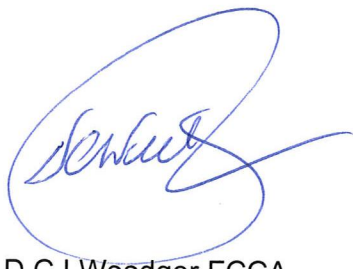
I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
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Gloucestershire  
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Date: 6 September 2022

# Sunflowers Suicide Support

## Statement of Financial Activities for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	fund £	Restricted Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies		73,901	55,878	129,779
Other trading activities	2	8,282	-	8,282
Investment income	3	<u>5</u>	<u>-</u>	<u>5</u>
<b>Total</b>		82,188	55,878	138,066
<b>EXPENDITURE ON</b>				
Raising funds		-	21,026	21,026
<b>Charitable activities</b>				
General activities		39,879	46,646	86,525
		<u>          </u>	<u>          </u>	<u>          </u>
<b>Total</b>		39,879	67,672	107,551
		<u>          </u>	<u>          </u>	<u>          </u>
<b>NET INCOME/(EXPENDITURE)</b>		42,309	(11,794)	30,515
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>		109,246	29,207	138,453
		<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>

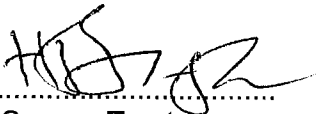


Sunflowers Suicide Support

Balance Sheet  
31 March 2022

	Notes	Unrestricted fund £	fund £	Restricted funds £	Total
<b>CURRENT ASSETS</b>					
Debtors	5	5,800	-	5,800	
Cash at bank and in hand		<u>146,489</u>	<u>17,413</u>	<u>163,902</u>	
		152,289	17,413	169,702	
<b>CREDITORS</b>					
Amounts falling due within one year	6	(734)	-	(734)	
		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	
<b>NET CURRENT ASSETS</b>					
		151,555	17,413	168,968	
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		151,555	17,413	168,968	
<b>NET ASSETS</b>					
		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	
<b>FUNDS</b>	7				
Unrestricted funds				151,555	
Restricted funds				<u>17,413</u>	
<b>TOTAL FUNDS</b>				<u>168,968</u>	

The financial statements were approved by the Board of Trustees and authorised for issue on 15 Sep 2022 and were signed on its behalf by:

  
.....  
Mr H J Sagar - Trustee

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## **2. OTHER TRADING ACTIVITIES**

Events and presentations	£ <u>8,282</u>
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## **3. INVESTMENT INCOME**

Deposit account interest	£ <u>5</u>
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## **4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	£
Trade debtors	<u>5,800</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	£
Taxation and social security	<u>734</u>

**7. MOVEMENT IN FUNDS**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	109,246	42,309	151,555
<b>Restricted funds</b>			
General restricted grants	29,207	(11,794)	17,413
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>138,453</u>	<u>30,515</u>	<u>168,968</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	82,188	(39,879)	42,309
<b>Restricted funds</b>			
General restricted grants	55,878	(67,672)	(11,794)
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>138,066</u>	<u>(107,551)</u>	<u>30,515</u>

**8. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

## Sunflowers Suicide Support

### Detailed Statement of Financial Activities for the Year Ended 31 March 2022

£

#### **INCOME AND ENDOWMENTS**

##### **Donations and legacies**

Donations	66,309
Training fees	7,591
Grants	<u>55,879</u>
	129,779

##### **Other trading activities**

Events and presentations	8,282
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##### **Investment income**

Deposit account interest	<u>5</u>
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<b>Total incoming resources</b>	138,066
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#### **EXPENDITURE**

##### **Raising donations and legacies**

Grief support costs	21,026
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##### **Charitable activities**

Wages	40,596
Social security	2,473
Pensions	834
Insurance	734
Light and heat	650
Telephone	782
Postage and stationery	559
Advertising	1,389
Sundries	2,778
Computer costs and website	8,068
Bank charges	96
Training and conferences	1,885
Event costs	4,305
ASIST	8,747
Mileage	1,661
Sunshine box and SOS pack	554
Family liaison meeting costs	<u>368</u>
	76,479

##### **Support costs**

###### **Other**

Rent	7,920
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###### **Governance costs**

Accountancy and legal fees	1,740
Legal and professional fees	386

This page does not form part of the statutory financial statements

	<u>2,126</u>
Total resources expended	<u>107,551</u>
<b>Net income</b>	<u><u>30,515</u></u>