

# **Z's Defence Academy**

**Report and financial statements**

**for the period ended 31 March 2022**

**Z's Defence Academy**  
**Charity Reference Number:1194054**  
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**Z's Defence Academy**  
**Reference and administrative details**  
**for the period ended 31 March 2022**

Charity Registration 1194054

Principal Office: Z's Defence Academy  
PO BOX 689  
Blackburn  
BB2 9RB

Trustees: Shameema Jogi (appointed 9 April 2021 and resigned 30 June 2022))  
Kamaldeep Kaur (appointed 1 September 2021)  
Shoaib Patel (appointed 1 September 2021 and resigned 30 June 2022)  
Dawn Wells (appointed 30 June 2022)  
Azmat Farid (appointed 30 June 2022)  
Raja Rehman (appointed 30 June 2022)

Bankers: NatWest Bank  
44 Copy Nook  
Eanam  
Blackburn  
BB1 3AN

Accountants: H&A Consultancy Services Ltd  
Ground Floor Front  
185 Audley Range  
Blackburn  
Lancashire  
BB1 1TH

**Z's Defence Academy**  
**Charity Reference Number:1194054**

**Trustee's Annual Report**  
**for the period ended 31 March 2022**

The Trustees present their report and accounts for the year ended 31 March 2022.

The financial statements have been prepared on an accruals basis in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's constitution, Charities Act 2011.

**Structure, governance and management**  
CIO - FOUNDATION Registered 09 Apr 2021

**Our objectives**

The objects of the CIO are:

- 1) to advance education and training for the public benefit in self-defence techniques in order to raise awareness of and protect personal safety
- 2) the promotion of community participation in healthy recreation for the public benefit through the provision of facilities to participate in sports and activities capable of promoting physical health and fitness. (for the purposes of this clause "facilities" means land, buildings, equipment, access to coaching and organising sporting activities).
- 3) to further such exclusively charitable purposes for the public benefit as the trustees in their absolute discretion shall determine by making donations to registered charities.

**Achievements and performance**

The charity received donations of £14,480 in its first year of operation since registration.

**Future Plans**

The charity aims to continue with its activities long term for the benefit of the community.

**Risk management**

The trustees actively review the major risk which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined the operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

**Reserves policy**

The Reserve Fund represents unrestricted funds. The Trustees aim to maintain sufficient reserves so as to give flexibility to cover temporary timing differences for donations received, adequate working capital for core costs and which will allow them to respond quickly to the needs of the Charity.

**Z's Defence Academy**  
**Charity Reference Number:1194054**

**Trustee's Annual Report**  
**for the period ended 31 March 2022**

**Trustees' responsibilities**

The Charities Act require the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in existence

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the trust. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees on 26 October 2022 and signed on its behalf by:

Azmat Farid  
Trustee

**Z's Defence Academy**

**Charity Reference Number:1194054**

**Independent Examiner's Statement, Report and Opinion on the Accounts**

I report to the trustees on my examination of the financial statements of the above for the period ended 31 March 2022.

**Respective responsibilities of trustees and examiner**

As the charity's trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the financial statements of Autism Forward carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Autism Forward as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

I Mulla (AFA MIPA) for and behalf of  
H&A Consultancy Services Ltd  
Ground Floor Front  
185 Audley Range  
Blackburn  
Lancashire  
BB1 1TH

26 October 2022

**Z's Defence Academy**  
**Charity Reference Number:1194054**  
**Statement of Financial Activities**  
**for the period ended 31 March 2022**

		<b><u>Unrestricted</u></b>
		<b><u>Funds</u></b>
		<b>2022</b>
		<b>£</b>
<b><u>Incoming resources from generated funds</u></b>		
Grants and donations		14,480
Interest received		17
		<hr/> 14,497 <hr/>
<b><u>Resources expended</u></b>		
Charitable activities	2	24,952
Governance costs	3	100
		<hr/> 25,052 <hr/>
<b>Total resources expended</b>		<hr/> 25,052 <hr/>
<b>Net incoming/(outgoing) resources for the year</b>		<hr/> (10,555) <hr/>
<b>Total funds brought forward</b>		10,325
<b>Total funds carried forward at 31 March 2022</b>		<hr/> (230) <hr/>

There are no gains or losses other than those recognised in the Statement of Financial Activities

All incoming resources and resources expended are derived from continuing activities

The notes attached on pages 7 to 9 form part of these accounts

**Z's Defence Academy**  
**Charity Reference Number:1194054**  
**Balance Sheet**  
**as at 31 March 2022**

	Notes	2022 £
<b>Current assets</b>		
Cash at bank and in hand		70
		<u>70</u>
<b>Current liabilities</b>		
Other liabilities and accruals	4	300
		<u>300</u>
<b>Net current assets</b>		(230)
<b>Net assets</b>		<u>(230)</u>
<b>Funded by</b>		
Unrestricted Revenue Funds		(230)
<b>Total Funds</b>		<u>(230)</u>

Approved by the trustees on 26 October 2022 and signed on its behalf by:

Azmat Farid  
Trustee



**Z's Defence Academy**  
**Charity Reference Number:1194054**  
**Notes to the Accounts**  
**for the period ended 31 March 2022**

**1 Accounting policies**

**Basis of preparation**

The accounts have been prepared under the historical cost convention.

The Charity has taken advantage of the exemption in Financial Reporting Standard No 1 from the requirement to produce a cash flow statement on the grounds that it is a small charity.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

**Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the coming resources and related expenditure are reported gross in the SoFA.

**Grants and donations**

Grants and donations are only included in the SoFA when the charity has been given notification of entitlement is received and the amount receivable can be measured with sufficient reliability.

**Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

**Gift in kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

**Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**Volunteer help**

The value of any voluntary help received is not included in the accounts.

**Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

**Z's Defence Academy**  
**Charity Reference Number:1194054**  
**Notes to the Accounts**  
**for the period ended 31 March 2022**

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:-

Plant and machinery	25% reducing balance
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**Debtors**

Debtors are measured at their recoverable amounts at the balance sheet date.

**Creditors**

Creditors and provision are measured and accounted for in accordance with usually accepted accruals principles.

**Taxation**

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

<b>2 Charitable activities</b>	<b><u>2022</u></b>
	<b><u>£</u></b>
Travel & Subsistence	299
Postage & Stationery	2,580
Activity costs	5,305
Prof fees	2,066
Storage	1,077
Premises and venue hire costs	2,276
Materials and equipment	10,840
Insurance	509
<b>Total</b>	<b><u>24,952</u></b>

<b>3 Governance</b>	<b><u>2022</u></b>
	<b><u>£</u></b>
Accountants fees	100
	<b><u>100</u></b>

<b>4 Creditors: amounts falling due within one year</b>	<b><u>2022</u></b>
	<b><u>£</u></b>
Other creditors	300
	<b><u>300</u></b>