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FEED UP WARM UP

Trustees' Annual Report and Financial Statements For the period ended 31 December 2021

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FEED UP WARM UP REFERENCE AND ADMINISTRATIVE DETAILS

Charity registration 1186381 number:

Registered Office: Our Lady & St Andrews Church 16 Nightingale Road Hitchin SG5 1QS

Trustees: Richard Andrew Joseph O'Brien Elizabeth Anne Wills Kelvin Robert Hopkins (resigned 31 May 2022) Ricky Thorpe Joan Watson (appointed 1 October 2022)

Bankers:

Lloyds 79 High Street Chesham HP5 1BT

Independent Examiner: Leadermans St Christopher House 126 Ridge Road Letchworth Garden City SG6 1PT

Trustees' Report for the period ended 31 December 2021

Trustees' Report for the period ended 31 December 2021

The Trustees have pleasure in presenting their Annual Report and Financial Statements for the period ended 31 December 2021

Structure, Governance and Management

The Charity was formed on 15th November 2019 and is a Registered Charity, Number 1186381. The Charity is managed by the Trustees in accordance with its constitution. None of the Trustees receives remuneration from the Charity.

Objectives and Activities

To relieve the needs of homeless persons, or those at risk of homelessness by the provision of drop-in centres providing food, drink, shelter, warmth, replacement clothing, haircuts, access to footcare, companionship, advice, signposting and support.

Achievements and Performance

Feed Up Warm Up is a North Hertfordshire based charity supporting those who are homeless and those at risk of homelessness. We operate 2 weekly drop in centres in Hitchin and Stevenage where anybody is welcome to come and spend the evening with us. We offer live music, counselling services, a hot meal, free haircuts, food parcels, addiction advice and a warm welcoming smile and a chat. We support on average 100 guests a week between both drop in services.

We are funded by donations from kind members of the public and local businesses.

This year we have been able to tap into various grants that have been available from the local council in our area.

We have helped many local people with respite by paying for nights in hotels as well as supporting them with counselling sessions.

Our belief is that all people should be treated with dignity, respect, kindness, equality and included in the local community.

Financial Review

The Financial results for the year are detailed in the financial statements. During the year ended 31 December 2021, the charity received £82,206 in donations and grant funding (2020: £73,252). Of this, £11,854 was restricted for specific projects providing food, hotel rooms and COVID-19 support to beneficiaries. The charity had a greater level of activity in 2021 in comparison to the first year of operation, with a total of £37,136 being spent on charitable activities (2020: £24,714). Total expenditure for the period was £44,855, a substantial increase from the previous year (2020: £28,570).

At the end of the period, the charity held total funds of £112,059 of which £12,759 is restricted. Free reserves stand at £99,300, more than 24 months of operating costs at current levels of activity.

Trustees' Report for the period ended 31 December 2021 (continued)

Financial Review (continued)

Over the next year, the Charity plans to extend the reach and scope of its work, thereby utilising a greater proportion of the reserves and providing a greater level of support to its beneficiaries.

Statement of Trustees Responsibilities

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- a) Select suitable accounting policies and apply them consistently:
- b) Observe the methods and principles in the Charities SORP;
- c) Make judgements and accounting estimates that are reasonable and prudent:
- d) State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in operation.

The trustees are responsible for keeping proper accounting records that are sufficient to show and explain the CIO's transactions and disclose with reasonable accuracy at any time the financial position of the CIO and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporation and financial information included on the CIO's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees and signed on their behalf by

Elizabeth Wills

Elal. Date 14/11/22

Independent Examiner's Report to the Trustees for the year ended 31 December 2021

I report to the trustees on my examination of the accounts of the charity for the year ended 31 December 2021

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or

2. the accounts do not accord with those records; or

3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

SmyShit.

Sandeep Mansukh Shah FCCA Leadermans St Christopher House Ridge Road Letchworth Garden City SG6 1PT

Date 21 / 11/22

Statement of Financial Activities

For the year ended 31 December 2021

| | | Unrestricted | Restricted | 2021 Total | 2020 Total |
|--|----------|-----------------------------------|-----------------------|---------------------------|---------------------------|
| Income and endowments from: | Note | £ | £ | £ | £ |
| Donations and grants Trading activities Total income | 2 3 | 70,352 28,598 98,950 | 11,854 | 82,206 28,598 | 73,252 |
| | | 30,930 | 11,854 | 110,804 | 74,680 |
| Expenditure on: Raising funds Charitable activities Total expenditure | 4 5/6 | 7,719 32,921 40,640 | 4,215 4,215 | 7,719 37,136 44,855 | 3,856 24,714 28,570 |
| Net income for the year | 8 | 58,310 | 7,639 | 65,949 | 46,110 |
| Net movement in funds | | 58,310 | 7,639 | 65,949 | 46,110 |
| Reconciliation of funds | | | | | |
| Total funds brought forward | | 40,990 | 5,120 | 46,110 | - |
| Total funds carried forward | 15 | 99,300 | 12,759 | 112,059 | 46,110 |

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 15 to the financial statements.

The notes set out on pages 9 to 16 form part of these accounts.

Balance Sheet

As at 31 December 2021

| | Nutur | 2021 Total | 2020 Total |
|--|----------|------------------------|-------------------------|
| | Note | £ | £ |
| Fixed Assets | 9 | 4,009 | 5,310 |
| Current Assets: Cash at bank and in hand Debtors | 10 | 112,294 112,294 | 41,854 246 42,100 |
| Creditors: amounts falling due within one year Funds held as custodian | 11 12 | (1,250) (2,994) | (1,300) _ |
| Net current assets | | 108,050 | 40,800 |
| Total assets less current liabilities | | 112,059 | 46,110 |
| Net assets | 14 | 112,059 | 46,110 |
| The funds of the charity Restricted income funds Unrestricted income funds | 15 15 | 12,759 99,300 | 5,120 40,990 |
| Total Funds | | 112,059 | 46,110 |

The financial statements were approved and authorised for issue by the Board on

Signed on behalf of the Board of Trustees

Signature

Elizabeth Wills

Trustee

Notes to the financial statements

For the year ended 31 December 2021

1. Accounting Policies

a) Basis of preparation

The financial statements have been prepared in accordance with applicable United Kingdom accounting standards, the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP 2015), in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) applicable to smaller entities and the Charities Act 2011. The presentational currency of the financial statements Pound Sterling (£).

The charity is a Charitable Incorporation Organisation (CIO) registered with the Charity Commission. The registered office address is given in the charity information page.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

b) Public benefit entity

The CIO meets the definition of a public entity under FRS 102

c) Going concern

The trustees consider that there are no material uncertainties about the CIO's ability to continue as a going concern. Further details are provided in the Trustees' Report.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Income

Income is received by way of grants and donations and generated through trading activities. Income is included in full in the Statement of Financial Activities, recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income tax receivable in relation to Gift Aid donations is recognised at the time the relevant income is receivable.

e) Expenditure and allocation of support costs

Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration on each activity, comprising general office costs and other overheads, is apportioned on a basis which is an estimated, based on the proportion of each activity to the total cost of all activities.

Notes to the financial statements (continued)

For the year ended 31 December 2021

f) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor, or grant maker. Expenditure which meets these criteria is charged to the fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes and are available for use at the discretion of the Trustees in furtherance of the general objects of the CIO.

g) Depreciation

Depreciation is provided on all tangible fixed assets of over £100 at rates calculated to write off the cost less estimated residual value on a straight line basis over their estimated useful lives as follows:

| Plant & Machinery | 4 years |
|-------------------|---------|
| | |

Motor Vehicles 4 years

h) Creditors

Creditors and provision are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

i) Financial Instruments

The CIO has only basic financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Notes to the financial statements (continued)

For the year ended 31 December 2021

2. Income from donations and legacies

| | | | 2021 | 2020 |
|---------------|--------------|------------|--------|--------|
| | Unrestricted | Restricted | Total | Total |
| | £ | £ | £ | £ |
| Donations | 70,352 | 4,720 | 75,072 | 70,752 |
| Gifts in Kind | - | - | - | 2,500 |
| Grants | - | 7,134 | 7,134 | - |
| | 70,352 | 11,854 | 82,206 | 73,252 |

Grants received during the year total £2,000 from Stevenage Borough Council towards the cost of storing food and other charitable supplies, and £5,134 COVID support.

3. Income from trading activities

| | Unrestricted £ | Restricted £ | 2021 Total £ | 2020 Total £ |
|--------------------|-------------------|-----------------|--------------------|--------------------|
| Fundraising Events | 27,383 | - | 27,383 | 1,220 |
| Stall Sales | 1,215 | - | 1,215 | 208 |
| | 28,598 | - | 28,598 | 1,428 |

4. Expenditure on raising funds

| | Unrestricted £ | Restricted £ | 2021 Total £ | 2020 Total £ |
|-------------------------|-------------------|-----------------|--------------------|--------------------|
| Advertising & Marketing | 250 | - | 250 | 3,555 |
| Event Costs | 6,306 | - | 6,306 | - |
| Cost of goods sold | 1,092 | - | 1,092 | 301 |
| Other fundraising costs | 71 | _ | 71 | - |
| | 7,719 | | 7,719 | 3,856 |

5. Costs of charitable activity by fund type

| | Unrestricted £ | Restricted £ | 2021 Total £ | 2020 Total £ |
|------------------------------|-------------------|-----------------|--------------------|--------------------|
| Provision of support for the | | | | |
| homeless | 32,921 | 4,215 | 37,136 | 24,714 |
| | 32,921 | 4,215 | 37,136 | 24,714 |

Notes to the financial statements (continued)

For the year ended 31 December 2021

6. Costs of charitable activity by activity type

| | Activities Undertaken Directly | Support Costs | 2021 Total | 2020 Total |
|-----------------------------|--------------------------------------|------------------|---------------|---------------|
| Provision of support to the | £ | £ | £ | £ |
| homeless | 18,595 | 18,541 | 37,136 | 24,714 |
| | 18,595 | 18,541 | 37,136 | 24,714 |

7. Analysis of support costs

| | Provision of support for the homeless | Provision of support for the homeless |
|--|--|--|
| | 2021 Total £ | 2020 Total |
| Bank fees | Σ. | £ 38 |
| Consultancy Fees | 10,500 | |
| Depreciation | 1,532 | 664 |
| Volunteer and Trustee expenses | 610 | 1,416 |
| Office costs | 2,144 | 727 |
| Insurance | 1,806 | 1,401 |
| Equipment & Resources | 779 | - |
| Accountancy Fees | 1,170 | 1,300 |
| | 18,541 | 5,546 |
| 8. Net income / (expenditure) for the year | | |
| | 2021 | 2020 |

| This is stated after charging | £ | £ |
|-------------------------------|-------|-------|
| Accountancy Fees | 1,170 | 1,300 |
| Depreciation | 1,532 | 664 |

Notes to the financial statements (continued)

For the year ended 31 December 2021

9. Fixed Assets

| | Motor Vehicles | Plant & Machinery | TOTAL |
|--------------------------------|-------------------|----------------------|-------|
| Cost or valuation | | | |
| At 1 January 2021 | 3,601 | 2,373 | 5,974 |
| Additions | - | 231 | 231 |
| At 31 December 2021 | 3,601 | 2,604 | 6,205 |
| Depreciation | | | |
| At 1 January 2021 | 515 | 149 | 664 |
| Charge for the year | 900 | 632 | 1,532 |
| At 31 December 2021 | 1,415 | 781 | 2,196 |
| | | | |
| Net book value | | | |
| At 1 January 2021 | 3,086 | 2,224 | 5,310 |
| At 31 December 2021 | 2,186 | 1,823 | 4,009 |
| 10. Debtors | | | |
| TU. Debtors | | | |
| | | | 2021 |
| | | | £ |
| Prepayments | | | - |
| | | 1 | |
| | | | |
| 11. Creditors falling due with | iin one year | | |
| | | | 2021 |
| | | | £ |
| Accruals | | | 1,250 |
| | | | 1,250 |

12. Funds held as Custodian

Feed Up Warm Up is co-located with The Hitchin Pantry ("the Pantry"), a membership food shop focused on the Hitchin area. The Pantry is part of Westminster Roman Catholic Diocesan Trust and Other Trust Funds Administered By the Westminster Roman Catholic Diocesan Trustee (charity number 233699). During the year, Feed Up Warm Up received £6,100 on behalf of the Pantry. Of this, £3,106 was spent during the year on activities related to the Pantry. At 31 December 2021, a total of £2,994 was held by Feed Up Warm Up on behalf of the Pantry.

Notes to the financial statements (continued) For the year ended 31 December 2021

13. Comparative Statement of financial activities

| Income and | Unrestricted £ | Restricted £ | 2020 Total £ |
|--|----------------------------------|-----------------------|---------------------------|
| endowments from: Donations and grants Trading activities Total income | 67,085 1,428 68,513 | 6,167 | 73,252 1,428 74,680 |
| Expenditure on: Raising funds Charitable activities Total expenditure | 3,856 23,667 27,523 | 1,047 1,047 | 3,856 |
| Net income for the year | 40,990 | 5,120 | 46,110 |
| Net movement in funds | 40,990 | 5,120 | 46,110 |
| Reconciliation of funds Total funds brought forward Total funds carried forward | 40,990 | 5,120 | - 46,110 |

14. Analysis of net assets

Current Year

| | Tangible Fixed Assets | Net Current Assets | Total 2021 |
|--------------------|-----------------------------|-----------------------|---------------|
| | £ | £ | £ |
| Restricted Funds | - | 12,759 | 12,759 |
| Unrestricted Funds | 4,009 | 95,291 | 99,300 |
| | 4,009 | 108,050 | 112,059 |

Notes to the financial statements (continued) For the year ended 31 December 2021

Prior year

| | Tangible Fixed Assets | Net Current Assets | Total 2020 |
|--|-----------------------------|-----------------------|---------------|
| | £ | £ | 2020 £ |
| Restricted Funds Unrestricted Funds | - | 5,120 | 5,120 |
| | 5,310 | 35,680 | 40,990 |
| | 5,310 | 40,800 | 46,110 |

15. Movement in funds

| | Balance brought forward at 1 January 2021 | Income | Expenditure | Balance carried forward at 31 December 2021 |
|--------------------|---|---------|-------------|---|
| Destricted Evends | £ | £ | £ | £ |
| Restricted Funds | 5,120 | 11,854 | (4,215) | 12,759 |
| Unrestricted Funds | 40,990 | 98,950 | (40,640) | 99,300 |
| | | | | |
| Total | 46,110 | 110,804 | (44,855) | 112,059 |

Prior year

| | Balance brought forward at 19 November 2019 £ | Income £ | Expenditure £ | Balance carried forward at 31 December 2020 £ |
|--------------------|--|-------------|------------------|--|
| Restricted Funds | - | 6,167 | (1,047) | 5,120 |
| Unrestricted Funds | - | 68,513 | (27,523) | 40,990 |
| Total | | 74,680 | (28,570) | 46,110 |

Notes to the financial statements (continued)

For the year ended 31 December 2021

16. Related Parties

No Trustees received any remuneration during the period (2020: £nil).

No Trustees received expenses during the period, (2020: £310 paid to Trustees).

During the year ended 31 December 2021, the charity made payments of £10,700 to Mr Shane Cole (Founder) in respect of consultancy services supplied to the charity (£10,500) and in respect of expenses incurred whilst on charity business (£200). There were no outstanding monies owed to Mr Cole at 31 December 2021.

As disclosed in note 12 above, at 31 December 2021, the charity held £2,994 on behalf of the Pantry which is part of Westminster Roman Catholic Diocesan Trust and Other Trust Funds Administered By the Westminster Roman Catholic Diocesan Trustee (charity number 233699). Elizabeth Wilson, a trustee of Feed Up Warm Up is involved in the day to day administration and activities of the Pantry.

| | Income received on behalf of related party | Expenditure on behalf of related party | Funds held at 31 December 2021 | |
|--------------------|--|---|-----------------------------------|--|
| The Hitchin Pantry | £ | £ | £ | |
| | 6,100 | 3,106 | 2,944 | |

Kelvin Robert Hopkins, a trustee of the charity, also holds Trusteeship with the Institute of Fundraising and the Chartered Institute of Fundraising. There were no transactions between either of these entities and Feed Up Warm Up during the year.