

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

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<u>INDEX</u>	<u>Page</u>
Company information	1
Report of the directors	4 - 8
Independent examiner's report	9
Statement of financial activities	10
Balance sheet	11
Notes to the financial statements	12

LONDON ARTS IN HEALTH FORUM

(A COMPANY LIMITED BY GUARANTEE)

COMPANY INFORMATION

COMPANY NUMBER : 06939695

CHARITY NUMBER : 1135543

DIRECTORS/TRUSTEES : Gail Babb
Kim Britten
Rishi Coupland
Mao Fong Lim
Suki Kaur
Dr Eugenia Lee
Dr Katharine Low
Judith Mellor, OBE (Chair - resigned)
Daniel Regan
Vivienne Reiss
Stephen Sandford
Dr Seyed Reza Shirazi
Leah Zakss
Joanna Latimer (chair from 14/2/22)

CHARITY ADDRESS AND : CAN Mezzanine
7-14 Great Dover Street
London
SE1 4YR

REGISTERED OFFICE : 75 Maygrove Road
West Hampstead
London
NW6 2EG

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
REPORT OF THE DIRECTORS

The trustees present their report and accounts for the year ended 31 March 2022.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102- effective 1 January 2015- (Charities SORP FRS 102).

Structure, Governance and Management

Directors and their interests

The directors who have served during the period are as follows:

Gail Babb, Creative Facilitator and Lecturer
Kim Britten, Fundraiser, Carer, Volunteer in Arts and Health
Rishi Coupland, Head of Research and Insight, British Film Institute
Mao Fong Lim, Trainee Psychiatrist
Suki Kaur, Deputy Director of Partnership Development, Tower Hamlets (Treasurer)
Dr Wing Cheung Eugenia Lee, General Practitioners.
Dr Katharine Low, Senior Lecturer, Community Performance and Applied Theatre, Royal Central School of Speech and Drama (Acting Chair October 2021-February 2022)
Judith Mellor, OBE (Chair – resigned 2021)
Daniel Regan, Photographic Artist and Founder and Executive Director, Arts and Health Hub
Vivienne Reiss, Director of Arts, Great Ormond Street Hospital
Stephen Sandford, Music Therapist and Lead for Allied Health Professionals
Dr Seyed Reza Shirazi, Accountant (Treasurer)
Leah Zakss, Music Programs, British Council PRS Foundation
Professor Joanna Latimer, Emerita Professor of Sociology, University of York (Chair from 14/2/22)

Each of the directors has a limited liability of £1.

Objects and activities for public benefit

London Arts in Health Forum (LAHF) is a strategic London based charity, which creates a bridge between the arts and health across the capital.

Our vision is that **the power of arts and culture transforms and enriches the lives and health of Londoners.**

We seek to make this happen through the **enjoyment, promotion and nurturing of arts and cultural activities to improve the health and wellbeing of all Londoners.**

LAHF is connected to all the leading arts in health programmes across London and the UK, and works in partnership with others to support this work, creating better provision for those who are currently underserved; particularly those who are excluded from opportunities to lead or participate in arts activities due to disability or long term health conditions. LAHF has already significantly changed attitudes across London and continues to shine a light on this work.

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
REPORT OF THE DIRECTORS (Cont'd)

Our work is focused on creating more opportunities for Londoners with the least access, and the most to gain, to engage meaningfully with the arts. With core funding from Arts Council England (ACE) LAHF is a strategic London based charity that bridges the arts and health across the capital. Our mission is to harness the power of culture, so that the lives and health of all Londoners can be transformed and enriched. Our values are to be transparent, inclusive, collaborative and collegiate. Most excitingly, we continue to connect, uplift and support grass-roots practitioners and local organisations engaged in making Londoners' lives healthier.

The health inequalities in the capital are stark. The capital has the biggest gap in life expectancy between local authorities of any region in England: “A boy born today in one part of London could be expected to die up to six years earlier than a boy born elsewhere in the city, whilst girls born in some boroughs could be expected to live up to a third of their life in poor health” (REFERENCE?) Mental health is also a key issue, with one in four people experiencing mental health support during their lifetimes.

We believe that participating in the arts and exploring creativity makes a crucial difference to the health and wellbeing of individuals and of society as a whole. LAHF is a central pillar in the fast emerging world of arts and health and has been at the forefront of this work for many years. It is hugely respected for the support it offers to individual artists, patients and service users, health professionals, communities and the wider public. The organisation works collaboratively in everything it does, partnering with a huge range of colleagues to increase the impact the arts can have on the health of everyone in society. It is a strategic organisation with a team of expert staff, a strong and engaged board, diverse and strong networks and a commitment to quality and transparency in the delivery of its work.

Achievements and performance

In 2021-2022 we continued to build on and offer sector support to creative practitioners, artists, health professionals and organisations across London through the provision of digital and in-person resources including a newsletter and website, peer support, training, an opportunities and jobs board, networking and advocacy. LAHF is proud to continue in its role as the London lead for the Culture, Health & Wellbeing Alliance (CH&WA).

LAHF has significantly changed attitudes to arts and health activities across London and whilst this remains our focus, we also continue to shine a light on this work across England with our online tools, and delivery of an annual festival, Creativity and Wellbeing Week (delivered in partnership with CH&WA).

As a membership organisation of over 28,000 people - cultural practitioners and health professionals drive our work in supporting the creative health sector. During the Covid-19 pandemic, we responded to member needs, rapidly responding, and supporting many to continue working. Through our digital learning and online peer support sessions, podcasts, Facebook group, and a newly launched website, members felt supported and less alone.

Partnerships are at the heart of our work. We have robust, established, relationships with key stakeholders such as the GLA who commissioned us to produce a digital resource to support cultural, social prescribing in London. We co-chair the London Action on Creative Health (LACH) network which ensures that the key leaders across the sector in the capital can access up to date research, building on the creative health zones being developed across London. The group is also actively working to rectify the need for better inclusivity in the field, bringing new and diverse voices from both the health and culture sectors together.

A core component of our work over the last 18 months has been to work with ACE and the GLA to respond to the explosion of interest, uptake, and opportunities around cultural social prescribing. We have been part of two successful Thriving Communities projects in London and worked in partnership with St. Margaret's House (The Health Tree) and OrganicLea in Waltham Forest. We supported both organisations with strategy, research and platforming of their work and relationships, using our own work on cultural social prescribing (supported by the GLA <https://cultureonprescription.org.uk>). We collaborated with a wide range of organisations to undertake research and scoping, including the English National Opera, Arts 4 Dementia, St. Margaret's House, Portugal Prints, Jane Willis, CH&WA, NASP, a range of link workers across London, UCLH, Entelechy Arts, Social Action for Health and many others to produce animation, podcasts and case studies. The impact of the social prescribing myth-buster has been huge. The original PDF document launched in March 2021 was downloaded over 2,000 times and the website has had a staggering 10,000 visits, achieved largely through promotion across our own and the GLA culture team's channels.

COVID-19 Pandemic

We continued to support practitioners particularly in online peer support and networking via the continued development of our Digital Sandpit tool, which we secured a further £10,000 towards development and delivery of free workshops for our members. Topics included Cultural Social Prescribing and practitioner care.

Despite the effects of the pandemic London Arts in Health Forum managed to grow its capacity during 21-22 by taking advantage of the Government Kickstart scheme enabling us to employ 6 dynamic and diverse young people interested in developing their skills working in an arts and health charity.

Creativity and Wellbeing Week

A key part of our public facing delivery is Creativity and Wellbeing Week which we deliver in conjunction with the Culture Health & Wellbeing Alliance (CH&WA). This national festival happens every May and aims to bring together and highlight some of the best work happening across the UK in the fields of arts, health, culture and wellbeing. Pre-pandemic in 2019 the festival had around 50,000 attendees with hundreds of events happening up and down the country. During the pandemic, we ran the festival online, focusing on themes of care in 2020, and hybridity and digital inclusion in 2021 with events from Great Ormond Street Hospital and the Arts and Health Hub to name but a few. In May 2022 the festival seeks to reorient itself around creativity, wellbeing, and nature, with core partners the Royal Horticultural Society and University Hospital Lewisham reflecting Lewisham's place as the London borough of Culture. The week promoted a range of cultural health partners including the global majority LGBTQIA+ collective, *Misery*, to think about inclusion, mental health and creativity in nature; the launch of Julie's Bicycle and Fast Familiar's digital climate tool for cultural organisations; and the celebration of excellence in the field by launching the 2022 CH&WA awards.

Board and Trustees

During 2021- 22 Judith Mellor resigned and LAHF planned with the board to recruit a new Chair of the Board of Trustees. Professor Joanna Latimer began as the new Chair in February 2022 and the charity thanks Judith Mellor for all her work for the organisation. As well as contacts from the academic, health and arts and creative health sector, Professor Latimer, a leading sociologist, brings experience in management and organization of public institutions, and a wealth of knowledge of research and policy on inclusion, health & wellbeing.

Partnerships

As one of the oldest arts and health networks LAHF sees itself as key to the ecosystem of creative health excellence and wants to encourage and support young people in a variety of roles across the

sector. We have a strong commitment to the next generation of arts and health practitioners and have already made great strides in delivering against this ambition. During 2021 and 2022 we recruited and hosted six diverse, intersectional Kickstart employees, alongside numerous placement students from both UCL and Royal Central School of Speech and Drama. This move has been driven by analysing our membership, recognising that young practitioners feel underserved and excluded from breaking into the sector. We created 'Digital Sandpit' sessions aimed at a younger demographic, encouraging a broad range of students to run research sessions, practitioner networking and creative workshops as part of our offer. One young volunteer is now a paid research assistant and on our letter of recommendation, has secured a place on the Creative Health MSc at UCL.

Further awards from ACE and the GLA fund the Artists' Represent Recovery Network (ARRN) which we lead, collaborating with RAW Material and Arts & Health Hub. The purpose of the ARRN is to create opportunity in the sector for Black and Global Majority artists working in, or who have the potential to work in the field of creative health. They will be supported to enter the sector across a comprehensive 12-month training programme. We are committed to making the sector as inclusive as possible by collaborating with organisations such as Arts & Health Hub to do this.

The City Arts and Health Hub

As a part of a scheme offered during the pandemic by landlords looking to support charities with temporary physical space, we took over a site near Monument tube station to create a free/ low-cost City Arts and Health Hub. We designed the Hub to particularly support lone practitioners and small groups and have hosted two refugee artists, numerous freelance practitioners and exhibitions including groups such as Arts 4 Dementia, Revoke and Counterpoint Arts.

Digital Reach

We are ambitious about quality and have undertaken the development and in 2021 the launch of a new website, providing accessible, inclusive services for our members. At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 6,000 subscribers. LAHF members can now upload their own content including stories, articles, jobs, and news. Highlights from members include interviews, blogs and podcasts produced with Hospital Rooms (mental health and visual art), Trapped in Zone One (young people, social prescribing, and mental and physical health), Arts & Health Hub (practitioner support), and Breathe Arts and Health Research (research). On social media, we have over 23,000 subscribers whom we engage regularly to update with the latest conferences, jobs, publications, news, and opportunities. LAHF has around 6000 followers on Facebook, 14,900 Twitter followers and 2439 Instagram followers.

Funding

LAHF is grateful to Arts Council England for its ongoing support for the organisation as the charity is funded as a National Portfolio Organisation (NPO) until 2022. At the heart of the organisation is support for individual practitioners, over the course of the year 21-22, LAHF responded to thousands of enquiries with support and guidance.

In addition, events provided significant networking opportunities for artists, newsletters and blogs offer information and signposting to resources and opportunities as well as guidance on best practice.

Our Creativity and Wellbeing Week has grown to offer a high-profile platform to our members, and we were able to increase the support we gave to those who held events.

We have also been able to diversify our funding. We secured grant funding to develop digital projects for our members from Catalyst and gained commissions from the GLA as well as generating income through online creative well-being sessions for example delivering projects with University's and other partners.

Reserves and future

Looking to the future, LAHF has applied (started early 2022 and submitted May 2022) to ACE to continue to be part of the NPO, as an IPSO organisation supporting the sector in London and nationally with Creativity and Wellbeing Week. Jenni Regan was the outgoing Director and was replaced in 2022 by Anna Woolf as the incoming Director, later supported by Matthew Couper the Co-Director. A bookkeeper has been employed to support the team in making sound financial decisions as well as a finance sub-committee on the board. The Directors and board continue to build and develop relationships with new funders as well as look to launch the membership model to offer further sustainability to the organisation moving forwards.

The Directors' Report is prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SIGNED ON BEHALF OF
THE BOARD OF DIRECTORS



Professor Joanna Latimer
Chair of the Board of Trustees
Director

The Highwood, Bircher, Herefordshire, HR60 0BN.

5 December 2022

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
LONDON ARTS IN HEALTH FORUM
FOR THE YEAR ENDED 31 MARCH 2022**

I report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 10 to 19.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').


Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Anthony Epton BA FCA CTA FCIE
Goldwins
Chartered accountants
75 Maygrove Road
West Hampstead
London NW6 2EG

6 December 2022

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted £	2022 Total £	2021 Total £
Income from:				
Charitable activities	3	122,937	122,937	91,320
Investments	4	-	-	17
Total income		<u>122,937</u>	<u>122,937</u>	<u>91,337</u>
Expenditure on:				
Charitable activities	5	137,523	137,523	86,171
Total expenditure		<u>137,523</u>	<u>137,523</u>	<u>86,171</u>
Net income/(expenditure) for the year		(14,586)	(14,586)	5,166
Transfers between funds		-	-	-
Net movement in funds		<u>(14,586)</u>	<u>(14,586)</u>	<u>5,166</u>
Reconciliation of funds:				
Total funds brought forward		27,435	27,435	22,269
Total funds carried forward		<u>12,849</u>	<u>12,849</u>	<u>27,435</u>

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET AS AT 31 MARCH 2022

	Note	£	2022 £	£	2021 £
Fixed assets:					
Tangible assets			-	-	-
Current assets:					
Debtors		-		2,950	
Cash at bank and in hand		14,203		25,839	
			14,203	28,789	
Liabilities:					
Creditors: amounts falling due within one year	10	(1,354)		(1,354)	
Net current assets / (liabilities)			12,849		27,435
Total assets less current liabilities			12,849		27,435
Total net assets / (liabilities)			12,849		27,435
The funds of the charity:					
Unrestricted income funds	12		12,849		27,435
Total charity funds			12,849		27,435

For the financial year ended 31 March 2022, the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006, and no notice has been deposited under Section 476. The directors acknowledge their responsibilities for ensuring that the Company keeps accounting records which comply with Section 386 of the Act and preparing Financial Statements which give a true and fair view of the state of affairs of the Company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the Company.

The Financial Statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Financial Statements were approved by the Board on **5th December 2022**

Professor Joanna Latimer
Director



Company No. 06939695

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
ACCOUNTING POLICIES
FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)

e) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

~ Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose

~ Expenditure on charitable activities includes the costs of delivering activities undertaken to further the purposes of the charity and their associated support costs

~ Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the staff costs and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies (continued)

j) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

k) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

l) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

m) Pensions

The Charity has no pension liabilities.

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2 Detailed comparatives for the statement of financial activities

	Note	Unrestricted £	2021 Total £
Income from:			
Charitable activities	3	91,320	91,320
Investments	4	17	17
Total income		<u>91,337</u>	<u>91,337</u>
Expenditure on:			
Charitable activities	5	86,171	86,171
Total expenditure		<u>86,171</u>	<u>86,171</u>
Net income/(expenditure) for the year		5,166	5,166
Transfers between funds		-	-
Net movement in funds		<u>5,166</u>	<u>5,166</u>
Reconciliation of funds:			
Total funds brought forward		22,269	22,269
Total funds carried forward		<u>27,435</u>	<u>27,435</u>

3 Income from charitable activities

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Income from funders				
Arts Council England	76,870	-	76,870	66,870
CAST	10,000	-	10,000	5,000
Thriving Communities	3,816	-	3,816	5,000
Income earned from charitable activities				
Fees	<u>32,251</u>	-	<u>32,251</u>	<u>14,450</u>
Total income from charitable activities	<u>122,937</u>	-	<u>122,937</u>	<u>91,320</u>

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

4 Income from investments

	Unrestricted	Restricted	2022	2021
	£	£	Total	Total
			£	£
Bank interest	-	-	-	17
	-	-	-	17

5 Expenditure	Charitable activities	Support costs	2022	2021
	£	£	Total	Total
			£	£
Staff costs	107,487	-	107,487	52,368
<i>Direct cost</i>				
Project expenses	8,625	-	8,625	24,966
Research and training costs	-	-	-	(120)
Events and meeting expenses	602	-	602	
Consultancy	6,798	-	6,798	-
<i>Support cost</i>				
Insurance	-	1,058	1,058	865
Telephone	-	470	470	174
PPS	-	-	-	265
Website Costs	-	3,170	3,170	4,404
Computer Expenses	-	4,797	4,797	272
Rent and rates	-	1,232	1,232	-
Subscription	-	185	185	-
Bank charges	-	96	96	69
Miscellaneous	-	974	974	32
Legal and professional	-	515	515	1,393
Independent examination	-	1,514	1,514	1,483
	123,512	14,011	137,523	86,171
Support costs	14,011	(14,011)	-	
Total expenditure 2022	137,523	-	137,523	
Total expenditure 2021	86,171	-	86,171	

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

5a Expenditure (prior year)	Charitable activities	Support costs	2021 Total	2020 Total
	£	£	£	£
Staff costs	52,368	-	52,368	58,520
Direct cost				
Project expenses	24,966	-	24,966	8,637
Events and meetings expenses	-	-	-	457
Research and training costs	(120)	-	(120)	279
Support cost				
Insurance	-	865	865	984
Telephone	-	174	174	167
PPS	-	265	265	232
Website Costs	-	4,404	4,404	6,077
Computer Expenses	-	272	272	152
Travel and subsistence	-	-	-	420
Bank charges	-	69	69	60
Miscellaneous	-	32	32	97
Legal and professional	-	1,393	1,393	-
Independent examination	-	1,483	1,483	1,413
	<u>77,214</u>	<u>8,957</u>	<u>86,171</u>	<u>77,495</u>
Support costs	8,957	(8,957)	-	
Total expenditure 2021	<u>86,171</u>	<u>-</u>	<u>86,171</u>	
Total expenditure 2020	<u>77,495</u>	<u>-</u>	<u>77,495</u>	

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2022 £	2021 £
Other staff costs	<u>107,487</u>	<u>52,368</u>
	<u>107,487</u>	<u>52,368</u>

No employees earned more than £60,000 per annum.

The total employee benefits including pension contributions of the key management personnel were £Nil (2021: £Nil).

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

Trustees' expenses represent the payment or reimbursement of travel and subsistence costs totalling £Nil (2021: £Nil).

Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2021	2020
	No.	No.
Charitable activities	6	-

7 Related party transactions

There are no related party transactions to disclose for 2022 (2021: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

8 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

9 Debtors

	2022	2021
	£	£
Trade debtors	-	2,950
	<u>-</u>	<u>2,950</u>

10 Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals	1,354	1,354
	<u>1,354</u>	<u>6,161</u>

11 Analysis of net assets between funds

	General unrestricted	Restricted	Total funds
	£	£	£
Net current assets	12,849	-	12,849
Net assets at the end of the year	<u>12,849</u>	<u>-</u>	<u>12,849</u>

LONDON ARTS IN HEALTH FORUM
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

11a Analysis of net assets between funds (prior year)

	General unrestricted	Restricted	Total funds
	£	£	£
Net current assets	27,435	-	27,435
Net assets at the end of the year	27,435	-	27,435

12 Movements in funds

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Unrestricted funds:					
General funds	27,435	122,937	(137,523)	-	12,849
Total unrestricted funds	27,435	122,937	(137,523)	-	12,849
Total funds	27,435	122,937	(137,523)	-	12,849

12a Movements in funds (prior year)

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Unrestricted funds:					
General funds	22,269	91,337	(86,171)	-	27,435
Total unrestricted funds	22,269	91,337	(86,171)	-	27,435
Total funds	22,269	91,337	(86,171)	-	27,435

13 Operating lease commitments

At the balance sheet date, the charity had no financial commitment under non-cancellable operating leases.

14 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.