

Company registration number: 07176549

Charity registration number: 1135223

RISE NORTH EAST

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Rise North East

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Rise North East

Reference and Administrative Details

Trustees

S E Duncan (resigned 29 September 2021)
M Cormack
P A Price
K E Storie
S Gordon
N Erevik
G R Nash
D Henderson
A Pilkington (appointed 27 July 2021)
S Bell (appointed 27 July 2021)
A Puri (appointed 1 October 2021)
J Cairns (appointed 1 October 2021)

Key Management Personnel

Clare Morley, Chief Executive Officer
David Marrin, Strategic Director (South of Tyne)
Lee Sprudd, Strategic Director (North of Tyne)

Registered Office

Royal Quays Business Centre
Coble Dene
Royal Quays
North Shields
NE29 6DE

The charity is incorporated in England & Wales.

Rise North East

Reference and Administrative Details

Company Registration Number 07176549

Charity Registration Number 1135223

Bankers

Barclays Bank PLC
Fawcett Street
53 Fawcett Street
Sunderland
SR1 1RS

The Co-operative Bank Plc
Central Customer Services
PO Box 250
Delf House
Skelmersdale
Lancashire
WN8 6WT

Nationwide Building Society
Nationwide House
Pipers Way
Swindon
SN38 1NW

Virgin Money
Edinburgh
83 George Street
Edinburgh
EH2 3ES

Auditor

Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Rise North East

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2022.

Structure, governance and management

Nature of governing document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3rd March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2nd November 2021. These changes related to updating the sub-committees of the Board, updating the associated cross-referencing, and updating the name of the company.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and appointment of trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification. In the year ended March 2022, four new trustees were appointed to the Board (Adam Pilkington, Steven Bell, Joanne Cairns and Anoop Puri) and one trustee retired (Steve Duncan). Also in the year, Debbie Henderson was appointed as the Senior Independent Trustee, replacing Steve Duncan.

All trustees, including the Chair, are volunteers and so receive no remuneration.

Induction and training of trustees

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of Interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

In April 2021, the Board received an external evaluation report from management and recruitment consultancy, Campbell Tickell. This highlighted that a good governance foundation has been established at Rise, but there were minor areas where further development and strengthening would add to our existing good governance approach. An action plan was developed and is due to be fully completed by December 2022.

Rise North East

Trustees' Report

Organisational structure

The Board comprises all of the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

Compliance with the Sport England / UK Sport Code of Governance

During the year ended March 2022, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with by Sport England's stated deadlines. A full self-assessment in December 2021 identified that of the 49 Code requirements, only 3 requirements were "not met" (Requirements 2.1, 3.4 and 4.7) and 9 requirements were "partially met" (1.3, 2.2, 2.3, 3.1, 4.1, 4.2, 4.4, 4.6 and 5.2). Rise was compliant with all other Code requirements. An action plan to achieve full compliance by Sport England's stated deadlines was agreed at the February 2022 Board meeting.

Objectives and activities

Objects and aims

The charity has the following objectives:

1. To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
2. To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
3. To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
4. To advance the education of the public, particularly, but not exclusively those working with children or vulnerable adults, their carers and families, and children, young people, and vulnerable adults themselves, in child and vulnerable adults protection; and
5. To advance such other charitable purposes beneficial to the community and consistent with the objects set out above;

for the benefit of the inhabitants of Northumberland, Tyne & Wear and the surrounding areas.

Objectives, strategies and activities

Rise is one of 42 Active Partnerships across England. We are primarily funded and supported by Sport England, and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities – health, social, economic and environmental – that have stubbornly existed across our region for many years.

Rise North East

Trustees' Report

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact preferences of all public donors.

Public benefit

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Rise North East

Trustees' Report

Achievements and performance

The year 2021-2022 has been the first under our new ten-year strategy, Rise Together. On launching the strategy in April 2021, we were excited about the opportunities it presented to really position the role of physical activity and sport at the heart of driving positive changes for communities that need it the most in Northumberland and Tyne & Wear. One year on and we remain just as excited about both the prospects of the work we can do, and the results of the work we've focussed on over the last twelve months.

We have learnt a lot in this last year, not least about working with complexity and the role of whole systems on individuals, communities and wider populations. There has been no clear road map on how to approach topics as diverse as male mental wellbeing in an isolated coastal town, attitudes and practices to deconditioning in older adults, the role of planning in supporting active communities and how to create an active school environment.

However, learning (a key principle of the Rise Together strategy) from all of our experiences this year will position us well to kick on into 2022-2023 and beyond as we seek to make headway towards achieving our ten-year strategic aims. Right now, some of those aims feel more achievable than others, but we trust that by focusing on tackling inequalities, maximising our use of insight and advocating for whole system approaches, alongside our other priorities and principles, we will achieve our vision.

In line with our values, over the last year we have:

- developed some great new collaborations, as well as cementing existing relationships. Our work with the Police & Crime Commissioner's Office and many of our local authorities' Public Health teams continued to go from strength to strength, and we have created new relationships with, among others, primary care networks, emerging leaders within our local Integrated Care System and a plethora of amazing local VCSE organisations who are driving forward the work directly with our communities, to name but a few.
- positively disrupted some of the established processes and accepted ways of thinking in relation to areas as diverse as the role of physical activity in living longer better, and what activities children and young people might actually want to engage with at school.
- catalysed change, leading the exploration around topics including the role and skills of the Early Years workforce in supporting physical activity; how to incorporate youth voice into our and others' approaches; and how a modal shift towards active travel could support improved air quality around our local schools.

This summary provides a synopsis of just some of the work that our team has focussed on this last year and highlights the true breadth of the places, spaces and systems within which physical activity can play a crucially beneficial role.

The following sections provide a brief overview of some of the work as it relates to our strategic priorities.

Rise North East

Trustees' Report

Strategic Priority: Strong & Influential Leadership for Physical Activity

1. Partnership Working in South Tyneside

We created, co-ordinated and chaired a small strategic steering group, comprising of ourselves and senior leads from South Tyneside Council's public health team and Adult Services department. The group meets bi-monthly and aims to improve outcomes for residents across South Tyneside, including improving health, reducing falls, and increasing levels of physical activity. The group is a very strong partnership which has a high level of commitment to drive change, and a high level of trust has been built between the members. It has led to us:

- a. being invited to attend other networks to discuss our work, therefore providing us with the opportunity to influence wider stakeholders, such as the South Tyneside Healthy Ageing Alliance;
- b. helping to influence the content of, and the training associated with, the Frailty Toolkit, which will lead to social work staff having more regular discussions about physical activity with residents identified as being frail, or at risk of frailty;
- c. developing better links with the Primary Care Networks and discussing how the Live Longer Better programme could be embedded to help to improve health outcomes across South Tyneside; and
- d. helping to influence the Transport team, via Adult Services, to apply for up to £500k of funding through the Department for Transport's 'Tackle Loneliness with Transport' fund, and being a key member of the steering group co-ordinating the application. In addition to submitting the bid, regular catch-up sessions are now taking place between Rise and South Tyneside's Public Health, Transport, Road Safety, and Climate Change teams to discuss a holistic approach to encouraging active travel across the borough.

2. Active Ageing: Primary Care/VCSE Collaborative Project

- a. The NHS Ageing Well long-term plan acknowledges the inextricable link between physical activity and wide-ranging factors which are crucial aspects for wellbeing in older adults. During 2021-2022 we have been developing a multi-agency, community-based physical and social activity intervention which is facilitated by Primary Care healthcare professionals and local VCSE partners.
- b. The mixed-approach model combines proactive case-finding with activity-conscious social prescribing, underpinned by evidence-based physical activity messaging, embedded within the existing primary care and community link pathways in the west end of Newcastle.
- c. Participants are being supported to improve physical ability and resilience over a 16-week period, with the aim of reducing the likelihood of worsening health and related dependence on health and care services. A workforce development offer has also been coordinated to improve shared knowledge, skills, and confidence to deliver physical activity messaging across local healthcare channels. NIHR Applied Research Collaboration North East and North Cumbria will support the intervention by way of a rapid service evaluation considering acceptability, feasibility and challenges to implementation.

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3. Early Years National Strategic Group

a. We have been instrumental in developing the new national Active Partnership (AP) Strategic Networking Group for Early Years, which has now also incorporated an additional maternity group.

b. This has allowed Rise and other APs to share good practice and ideas and is beginning to develop opportunities for collaborative working at a national scale. For example, five APs (including Rise) from the maternity group worked collaboratively with the National Childbirth Trust (NCT) to build a business case to bid for Sport England 'Specialist Partner Investment' for a project whereby the NCT's successful Walk & Talk programme could be expanded into diverse and inactive communities using the in-depth local knowledge of APs. If successful, in 2022/23, this project will support new mothers' activity levels and their mental health where it is needed most and will work to ensure diverse groups benefit in five areas nationally, including Northumberland and Tyne & Wear. This project aims to act as a pilot to precede a national roll out.

4. Creating Active Schools Framework

a. In September 2021, we signed up to be part of the Creating Active Schools Framework, which was developed by Yorkshire Sport Foundation (YSF) in collaboration with other education stakeholders. This is designed to sustainably embed physical activity throughout the school so that everyone understands its benefits and can easily implement it into their practice.

b. In October, our Children & Young People Development Manager was seconded part time for 12 months to support YSF in the role of National CAS Programme Manager. This role includes the responsibility for overseeing the national pilot programme, and supporting 18 other APs as well as some targeted local authorities involved in the initial pilot of the programme and Sport England's Local Delivery Pilots.

c. The learning from this role has helped to focus our priorities in working with local schools in locations where insight indicates high inactivity levels combined with poor health and wellbeing outcomes.

5. Active Sunderland Board & Living Well Board

a. Throughout the year, we have continued to support the Active Sunderland Board (including fulfilling the role of Vice-Chair), a key strategic group which pulls together a wide variety of partners across the city to work together to increase levels of physical activity. A newly-created Living Well Board launched in 2021 as a sub-group of the Sunderland Health & Wellbeing Board. We represent the Active Sunderland Board on that group and seek to influence the wider system in relation to the role physical activity can play in improving wider social and health outcomes.

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Trustees' Report

Strategic Priority: Building Back Fairer

1. Tackling Inequalities Fund (TIF)

a. Throughout the pandemic, we used the three phases of the TIF to identify and work closely with a wide range of community organisations who understand people in the four priority groups (culturally diverse communities, people with a disability, people with a long-term health condition, and people from lower socio-economic groups) and the barriers which prevent them from being active, in order to provide bespoke projects to help those groups increase their levels of physical activity.

b. From the outset, we strove to make connections with those organisations that are closer to the communities we needed to reach. We applied a broader scope to identify new partners, rather than solely focusing on our established partners such as sports clubs and other organisations that primarily engage in the delivery of traditional sporting activities.

c. In total, we distributed £347,214 to 62 different projects, leading to thousands of residents in our communities becoming more physically active.

d. We have also ensured that the process has been used as an opportunity to reflect and learn about how we engage with these new partners and used this to inform our processes in subsequent phases.

2. Barclays Project

a. Rise was chosen as one of Barclays UK's partners to help deliver their £100m Community Aid Package, linked to the meaningful work Barclays are doing supporting communities and in particular, isolated older people.

b. We worked in partnership with our local authorities' reablement teams to distribute 4,000 activity packs that have been used as a tool to improve the strength, coordination and balance of those older people at risk of slips, trips and falls.

c. The project also provided us with an opportunity to develop new partnerships with local authority health and social care teams. Utilising the remaining funding we worked with each local authority to deliver further physical activity interventions targeting those that have experienced high levels of deconditioning since the pandemic started.

3. Young People Forward Project

a. Rise was awarded £75,000 funding through the London Marathon Charitable Trust to work with eight organisations who support young people who are homeless or at risk of being homeless, to utilise physical activity opportunities to support their young people, as well as providing wrap around support.

b. The Young People Forward project allowed us to work in partnership with organisations such as Crisis, YMCA Newcastle and North Tyneside and Patchwork to embed physical activity into their package of support for their young people. The organisations consulted with their young people to identify appropriate and meaningful physical activity opportunities which would support their needs. The activities delivered as part of the project ranged from multi sports, fitness, and gym-based training to woodland walks and team building activities.

c. The funding also allowed the organisations to provide additional wrap-around support for their young people through employability and financial support, and housing and relationship advice. The impact of the project upon the young people was very positive and supported them both physically, mentally and socially by increasing their physical activity levels, allowing them to form new relationships and get advice around relationships and financial worries.

Rise North East

Trustees' Report

Strategic Priority: Community Building

1. Opening School Facilities

a. The objective of the Phase 2 Opening School Facilities funding was to support schools in opening their facilities outside set school hours - after school clubs, evenings, weekends and holidays - thus presenting young people with more opportunities to be physically active, as part of the Department for Education's Covid-19 Recovery Plan.

b. We were successful with an application of £300,000 and supported 35 schools across the area with funding. Some of the examples of the projects we supported were:

- i. funding a school to develop a cycling hub to create an outdoor space for cycling lessons, after school clubs, outdoor mechanic workspace and outdoor classroom area for both the young people and the wider community;
- ii. creating a healthy lifestyles hub to encourage students and parents to become more active;
- iii. supporting schools to restart their extra-curricular provision for their young people; and
- iv. funding new sports equipment for schools to provide a wider range of activities.

2. Place-Based Approach to Tackling Inequalities in Berwick

a. Over the past 12 months we have cemented our relationship with the Northumbria Police & Crime Commissioner's Office and their Violence Reduction Unit, embedding our Key Worker in Berwick.

b. Since the inception of the post in May 2021, we have engaged 21 young men aged 16-30 years old who were suffering with poor mental health, suicidal ideation, isolation, unemployment, learning difficulties, drug/alcohol abuse, debt, poverty, housing issues and/or offending.

c. Working in partnership with key stakeholders, our approach has been to use physical activity interventions as a method for tackling the issues and inequalities that exist for these individuals.

d. Our Key Worker in Berwick has adopted a public health approach to engaging and working with young men to improve their wellbeing. Since May 2021:

- i. 78% of the young males engaged now have an action plan;
- ii. 74% reported increased resilience, feelings of safety and ability to cope;
- iii. 78% reported improved confidence to make positive choices in their lives;
- iv. 60% have demonstrated improved engagement in employment and career progression opportunities;
- v. 42% are demonstrating reduced risk of violence and anti-social behaviour;
- vi. 70% are reporting improvements in hopes and dreams; and
- vii. 72% are engaged in physical activity when they hadn't been previously.

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Trustees' Report

3. Leading Link Pilot

a. In 2021-2022, we commissioned Leading Link, a small independent charity, to develop place-based approaches in Northumberland, working with four secondary schools to empower Year 10 and 11 students to deliver sustainable extra-curricular activities for their peers.

b. The aim of the programme was to explore the power of young people by training and upskilling them to act as a successful alternative channel to engage their peers in physical activity, especially those who do not normally associate with being physically active. The young leaders developed by Leading Link were the driving force for an after-school club programme as they planned, led and produced the content of activities.

c. The project has produced some clear evidence indicating how the young volunteers have really grown and used their training, building up confidence to engage with their peers at school to develop after-school clubs. The subsequent activities delivered in after-school settings have all been led and organised by the young leaders, who have shown real leadership and innovation in creating opportunities and space for their peers to be active, many of whom do not engage in regular sport or physical activity.

d. Plans are now in place to utilise our newly trained young leaders to recruit the next generation of leaders and provide the required support to sustain existing extra-curricular activities, whilst continuing to ensure that youth voice remains at the heart of future decision-making.

Strategic Priority: Tackling Our Climate Crisis

1. Social Prescribing and Active Travel

a. During the year, the Department for Transport released a fund to create pilot projects across the country to combine social prescribing with active travel proposals. Expressions of interest for the funding were required from consortiums and we were invited to be part of the steering group for the bid by Sunderland City Council. The Expression of Interest was successful, and funding has been awarded to carry out a feasibility study for the pilot proposal which is due to be submitted at the end of April 2022.

b. The bid encouraged partnership working and it provides an opportunity for further collaboration moving forward, should the feasibility study result in an award of funding to implement the pilot proposal.

c. Also, Gateshead Council have been successful in progressing to the feasibility stage of the social prescribing and active travel bid and we have been in discussions about supporting the pilot proposal if the project is awarded funding.

2. Design Council

a. Following our successful application last year to become a Corporate Partner of the Design Council (the Government's advisors on design) several networking events have been attended during the last 12 months with other Corporate Partners. The networking events have given us the opportunity to meet and collaborate with a varied cross section of different experts in the field of design.

b. The Design Council's focus for the Corporate Partnership over the next 12 months seeks expertise which complements and extends their capability in several areas including sustainable design and planning, and active travel and modal shift amongst other requirements, which aligns with the strategic aims and objectives of our Infrastructure and Environment workstream.

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Trustees' Report

Strategic Priority: Healthy Minds for Healthy Lives

1. Andy's Man Club

a. To support our 1:1 offer for young males and the wider community of Berwick, we worked with the Police and Crime Commissioner's Violence Reduction Unit and Mind to establish an 'Andy's Man Club' offer to bridge the gap between the existing clubs in Newcastle and Scotland. Andy's Man Club are talking groups to support men suffering with mental health issues and aid in suicide prevention.

b. Five males attended the initial session with numbers growing week on week. From attending Andy's Man Club and addressing their mental wellbeing, four of the participants felt able to transition to Newcastle United Foundation's "12th Man" programme which we commissioned to support men to improve their emotional wellbeing and physical health.

Strategic Priority: Harnessing Data, Digital & Tech

1. Active Giving App

a. The Active Giving app is free to use and allows users to convert their physical activity (recorded either through Strava or directly on the app) into contributions to a range of environmental and social projects across the globe. Activities that can be tracked include walking, cycling, and running as well as some less traditional pursuits, such as kayaking and rock climbing.

b. Following our discussions with Active Giving throughout the year, we have arranged for the app to also be able to be used to support local causes. The Great Northumberland Forest and the North East Community Forest have been identified as two major tree planting and regeneration projects covering all our local authority areas as the projects to benefit from our work with the app.

c. Through physical activity recorded in the app, we aim to engage with businesses and schools in order to be able to plant over 700 trees across the Great Northumberland Forest and the North East Community Forest in 2022-2023.

For further examples of our work in 2021-2022, please see our Annual Impact Report.

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Financial review

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Tackling Inequalities Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net outgoing funds of £163,740 including restricted funds of £160,677.

Policy on reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves – those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. The trustees consider that it would be appropriate to hold the equivalent of six months' operational costs which would equate to holding approximately £580,000-£625,000 in free reserves.

The directors have designated £340,000 (2021: £391,000) of reserves to cover:

- Staff redundancy costs and other associated costs arising in the event of a winding up of the charity of £131,000 (2021: £123,000);
- A deficit budget for 2023-2024 of £185,000 (2021: £220,000);
- A contingency budget for protection against public sector cuts arising from Covid that would negatively impact on our ability to deliver the NASP Social Prescribing Project, being £24,000 (2021: £48,000); and

At the year end, undesignated reserves, including those being accumulated to be held towards the equivalent of six months' operating costs, were £523,000. This is a minimum of £57,000 and a maximum of £102,000 short of the target of holding six months' operating costs of £580,000-£625,000.

Going concern

The trustees have prepared a budget and cashflow forecast, and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis they have continued to adopt the going concern basis when preparing the financial statements.

Rise North East

Trustees' Report

Risk Management

The Trustees have assessed the major risks to which the Charity is exposed and is satisfied that there are systems in place to mitigate exposure to major risks. The Board reviews the Risk Register at every Board meeting, concentrating on live and future risks to the organisation. The Charity's Risk Management Strategy gives guidance around analysis and evaluation of risk and risk appetite.

Grant making policies

Due to the nature of the charity, we give a variety of grants to different organisations. Although there is not a company wide policy, each individual programme that has this function has a grant making policy that is steered by officers, partners and funders.

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased annually in line with average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control & Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October
- Approval of annual budget in May
- Regular consideration by trustees of financial results and variations from budget
- Monitoring of performance against the annual plan
- Delegation of authority and separation of duties

Rise North East

Trustees' Report

Plans for future periods

Looking forward to 2022-2023, we will be refreshing our 2021-2023 Implementation Plans and later in the year, reflecting on progress and then setting the next set of objectives for the period beyond 2023 as we work towards the twelve strategic aims of our Rise Together 2021-2031 strategy.

In addition to our six strategic priorities (referenced above in the Achievements & Performance section), our ten-year strategy is also built around five principles, or approaches (below), that will guide how we set about our work during this period. These principles act as a guide to how we will work going forward, alongside our values, appreciating that how we work in turn leads to what we work on. They are likely to be refined over time depending on prevailing circumstances in order to be adaptive to the systems work within the region. We will be working to ensure that we develop ourselves and our relationships to be able to act in accordance with these principles.

1. Tackling Inequalities - We are humans trying to help humans, and so we will always ask: "How does this piece of work support a reduction in inequality?" We will recommend a proportionate universalism approach to target resources where they are most needed by reason of health or other socio-economic inequalities

2. Insight - We advocate for the use of intelligence, quantitative and qualitative, as well as shared value, to guide our approaches and those of the wider system in order to ensure the work has the greatest possible impact.

3. Whole System Approaches - We strongly support whole system approaches and take a person-centred stance, advocating for co-creation techniques as standard and demonstrating collaborative leadership behaviours.

4. Learning - We celebrate our collective successes and learn from our collective failures, sharing all learning across the system and recognising that in complex systems, we all need to be comfortable with the chaos and that systems change is a long-term endeavour.

5. Focus With Flexibility - There are many unknown unknowns in the next 10 years; we are focused on our vision but remain flexible in the detail.

Going into 2022-2023, we are entering a new, five-year funding cycle with our main funder, Sport England. As one of their system partners, we will continue to ensure that in addition to relating to our own strategy, our work contributes to the delivery aspirations set out in Sport England's 'Uniting the Movement' strategy. Alongside this, throughout the year we will be working on our various action plans which ensure that we are fully compliant with the December 2021 updated version of the Sport England/UK Sport Code of Governance. As a Tier 3 organisation, this will involve, inter alia:

- the development and implementation of our inaugural People Plan;
- the transition of our existing EDI Action Plan into a Diversity and Inclusion Action Plan (DIAP), which for the first time will involve us publishing clear ambitions to ensure our leadership represents and reflects the diversity of the local community; and
- the appointment of a welfare lead on the Board to ensure our responsibilities towards the welfare and safety of our people (including but not limited to employees, participants and volunteers) are factored into the decisions we make.

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Finally, following confirmation of the Sport England five-year funding picture in December 2021 for the period April 2022 - March 2027, financial forecasting has highlighted the need for an uplift in income if we are to match our aspirations of achieving our Rise Together strategic aims. The emerging income diversification and sustainability strategy therefore seeks to significantly increase non-Sport England income to the charity by the end of 2025, with further growth thereafter. Investment from the reserves to achieve this objective has been approved by the Board and will include a new Business Development Director leading this area of work.

Rise North East

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

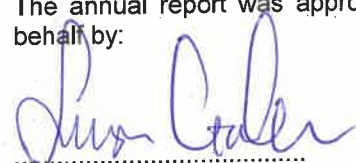
Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

Reappointment of auditor

Azets Audit Services Limited, trading as Azets Audit Services, were appointed auditor to the company following their acquisition of the trade of Tait Walker LLP, trading as MHA Tait Walker, on 1 May 2022.

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Azets Audit Services as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

The annual report was approved by the trustees of the charity on 22/11/2022 and signed on its behalf by:



S Gordon
Trustee

Rise North East

Independent Auditor's Report to the Members of Rise North East

Opinion

We have audited the financial statements of Rise North East (the 'charity') for the year ended 31 March 2022, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

Rise North East

Independent Auditor's Report to the Members of Rise North East

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities [set out on page 17], the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Rise North East

Independent Auditor's Report to the Members of Rise North East

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiries with management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing board minutes
- Challenging assumptions and judgements made by management in their significant accounting estimates;
- Review financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Because of the field in which the client operates, we identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; employment law (including the Working Time Directive); and compliance with the UK Companies Act and Charities Act.

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Rise North East

Independent Auditor's Report to the Members of Rise North East

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Simon Brown BA ACA DChA (Senior Statutory Auditor)

For and on behalf of
Azets Audit Services
Chartered Accountants
Statutory Auditor

Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Date: 8/12/22

Azets Audit Services is a trading name of Azets Audit Services Limited

Rise North East

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	3	2,277	228,339	230,616	271,302
Charitable activities	4	-	1,340,404	1,340,404	1,289,835
Other trading activities	5	21,129	-	21,129	4,000
Investment income	6	112	-	112	604
Total Income		<u>23,518</u>	<u>1,568,743</u>	<u>1,592,261</u>	<u>1,565,741</u>
Expenditure on:					
Raising funds	7	(11,168)	-	(11,168)	(2,673)
Charitable activities	8	<u>(48,868)</u>	<u>(1,695,965)</u>	<u>(1,744,833)</u>	<u>(1,364,771)</u>
Total Expenditure		<u>(60,036)</u>	<u>(1,695,965)</u>	<u>(1,756,001)</u>	<u>(1,367,444)</u>
Net (expenditure)/income		(36,518)	(127,222)	(163,740)	198,297
Transfers between funds	23	<u>33,455</u>	<u>(33,455)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(3,063)	(160,677)	(163,740)	198,297
Reconciliation of funds					
Total funds brought forward		<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>	<u>1,111,087</u>
Total funds carried forward	23	<u>882,130</u>	<u>263,514</u>	<u>1,145,644</u>	<u>1,309,384</u>

All of the charity's activities derive from continuing operations during the above two periods.

Rise North East

Comparative Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

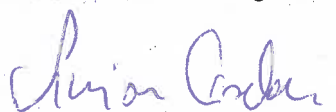
	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	51	271,251	271,302
Charitable activities	4	465,763	824,072	1,289,835
Other trading activities	5	4,000	-	4,000
Investment income	6	604	-	604
Total income		<u>470,418</u>	<u>1,095,323</u>	<u>1,565,741</u>
Expenditure on:				
Raising funds	7	(2,673)	-	(2,673)
Charitable activities	8	(441,268)	(923,503)	(1,364,771)
Total expenditure		<u>(443,941)</u>	<u>(923,503)</u>	<u>(1,367,444)</u>
Net income		26,477	171,820	198,297
Transfers between funds		<u>30,615</u>	<u>(30,615)</u>	<u>-</u>
Net movement in funds		57,092	141,205	198,297
Reconciliation of funds				
Total funds brought forward		<u>828,101</u>	<u>282,986</u>	<u>1,111,087</u>
Total funds carried forward	23	<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>

Rise North East

(Registration number: 07176549)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	15	19,098	20,570
Current assets			
Debtors	16	24,428	49,867
Cash at bank and in hand	17	<u>1,310,887</u>	<u>1,292,868</u>
		1,335,315	1,342,735
Creditors: Amounts falling due within one year	18	<u>(208,769)</u>	<u>(53,921)</u>
Net current assets		<u>1,126,546</u>	<u>1,288,814</u>
Net assets		<u>1,145,644</u>	<u>1,309,384</u>
Funds of the charity:			
Restricted		263,514	424,191
Unrestricted income funds			
Unrestricted		<u>882,130</u>	<u>885,193</u>
Total funds	23	<u>1,145,644</u>	<u>1,309,384</u>

The financial statements on pages 22 to 43 were approved by the trustees, and authorised for issue on 30/11/22 and signed on their behalf by:



S Gordon
Trustee

Rise North East

Statement of Cash Flows for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash (expenditure)/income		(163,740)	198,297
Adjustments to cash flows from non-cash items			
Depreciation	15	6,716	7,784
Investment income	6	(112)	(604)
		<u>(157,136)</u>	<u>205,477</u>
Working capital adjustments			
Decrease/(increase) in debtors	16	25,439	(23,461)
(Decrease)/increase in creditors	18	(3,440)	22,435
Increase in deferred income		<u>158,288</u>	<u>-</u>
Net cash flows from operating activities		<u>23,151</u>	<u>204,451</u>
Cash flows from investing activities			
Purchase of tangible fixed assets	15	(5,244)	(9,319)
Sale of tangible fixed assets		-	850
Investment income		<u>112</u>	<u>604</u>
Net cash flows from investing activities		<u>(5,132)</u>	<u>(7,865)</u>
Net increase in cash and cash equivalents		18,019	196,586
Cash and cash equivalents at 1 April		<u>1,292,868</u>	<u>1,096,282</u>
Cash and cash equivalents at 31 March		<u>1,310,887</u>	<u>1,292,868</u>

All of the cash flows are derived from continuing operations during the above two periods.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling which is the functional currency of the entity.

Going concern

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Sports Equipment	33% Straight line
Office Equipment	15% Reducing balance
Computer Equipment	33% Reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Trade debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provision are normally recognised at their settlement amount after allowing for any trade discounts due.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

Contributions to a defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations from individuals and institutions	377	-	377
Grants, including capital grants;			
Grants from other charities	1,900	228,339	230,239
	<u>2,277</u>	<u>228,339</u>	<u>230,616</u>
	Unrestricted funds General £	Restricted funds £	Total 2021 £
Donations and legacies;			
Donations from individuals and institutions	51	1,000	1,051
Grants, including capital grants;			
Grants from other charities	-	270,251	270,251
	<u>51</u>	<u>271,251</u>	<u>271,302</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Sport England		1,340,404	1,340,404
	Unrestricted funds General £	Restricted funds £	Total 2021 £
Sport England	465,763	824,072	1,289,835

5 Income from other trading activities

	Unrestricted funds General £	Total 2022 £
Events income;		
Conferences and similar events	10,855	10,855
Property rental income	160	160
Other income from other trading activities	10,114	10,114
	21,129	21,129
	Unrestricted funds General £	Total 2021 £
Events income;		
Conferences and similar events	4,000	4,000
	4,000	4,000

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Investment income

	Unrestricted funds General £	Total 2022 £
Interest receivable and similar income;		
Interest receivable on bank deposits	112	112
	<u>112</u>	<u>112</u>
	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	604	604
	<u>604</u>	<u>604</u>

7 Expenditure on raising funds

a) Costs of generating donations and legacies

	Unrestricted General £	Total 2022 £	Total 2021 £
Course and event costs	11,168	11,168	2,673
	<u>11,168</u>	<u>11,168</u>	<u>2,673</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Expenditure on charitable activities

		Unrestricted		Total 2022 £	Total 2021 £
	Note	General £	Restricted £		
Sport England		37,627	1,686,796	1,724,423	1,338,300
Allocated support costs	9	6,716	-	6,716	8,634
Governance costs	9	4,525	9,169	13,694	17,837
Total for 2022		<u>48,868</u>	<u>1,695,965</u>	<u>1,744,833</u>	<u>1,364,771</u>

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Promotion of Sport and health in Tyne & Wear and Northumberland	44,343	1,686,796	1,731,139
Governance costs	4,525	9,169	13,694
	<u>48,868</u>	<u>1,695,965</u>	<u>1,744,833</u>

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Promotion of Sport and health in Tyne & Wear and Northumberland	426,431	920,503	1,346,934
Governance costs	14,837	3,000	17,837
	<u>441,268</u>	<u>923,503</u>	<u>1,364,771</u>

	Activity undertaken directly £	Activity support costs £	2022 £
Promotion of Sport and health in Tyne and Wear and Northumberland	1,731,139	-	1,731,139
Governance costs	-	13,694	13,694
	<u>1,731,139</u>	<u>13,694</u>	<u>1,744,833</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

	Activity undertaken directly £	Activity support costs £	2021 £
Promotion of Sport and health in Tyne and Wear and Northumberland	1,346,934	-	1,346,934
Governance costs	-	17,837	17,837
	<u>1,346,934</u>	<u>17,837</u>	<u>1,364,771</u>

9 Analysis of governance and support costs

Raising funds expenditure

Governance costs

	Unrestricted funds General £	Restricted funds £	Total funds 2022 £
Audit fees			
Audit of the financial statements	4,500	-	4,500
Legal fees	-	9,169	9,169
Allocated support costs	25	-	25
Total for 2022	<u>4,525</u>	<u>9,169</u>	<u>13,694</u>
Total for 2021	<u>14,837</u>	<u>3,000</u>	<u>17,837</u>

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Audit fees			
Audit of the financial statements	4,320	-	4,320
Legal fees	9,233	3,000	12,233
Allocated support costs	1,284	-	1,284
	<u>14,837</u>	<u>3,000</u>	<u>17,837</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

10 Income received from public investors

	Sports England	Other Grants	Lawn Tennis Association	Non Public Money	Total
Revenue Grant	1,340,404	227,090	8,250	16,517	1,592,261
	1,340,404	227,090	8,250	16,517	1,592,261
Staff Costs Including On Costs	727,356	75,878			803,234
Equipment Hire/Purchase	18,492	1,242			30,944
Hire of Facilities	3,453	2,324	315		6,092
Promotion and Publicity	21,212	4,181			25,393
Coach Fees/Expenses	25,544				25,544
Transport/ Travel Costs	2,957	694			3,651
Other (Training)	7,834	28,980			36,814
Other (Office Related Costs & ICT)	44,785	5,999			50,784
Other - Professional Fees	27,638				27,638
Other (Grants to Local Organisations)	545,991	140,173	6,507		692,672
Other (Refreshments and Misc)	1,772	283			2,055
Other (Other Operational Costs)	22,166	54			22,220
Other - Management fee		28,461	500		28,961
	1,449,200	299,479	7,322		1,756,001

11 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2022 £	2021 £
Audit fees	4,500	4,320
Depreciation of fixed assets	6,716	7,784

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses from the charity during the year.

13 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	677,647	550,224
Social security costs	58,209	45,864
Pension costs	77,521	72,410
	<u>813,377</u>	<u>668,498</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Management	7	7
Charitable Activities	14	10
	<u>21</u>	<u>17</u>

21 (2021 - 17) of the above employees participated in the Defined Contribution Pension Schemes.

The number of employees whose emoluments fell within the following bands was:

	2022 No	2021 No
£60,001 - £70,000	-	1
£70,001 - £80,000	<u>1</u>	<u>-</u>

The total employee benefits of the key management personnel of the charity were £191,676 (2021 - £184,167).

14 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	81,455	81,455
Additions	5,244	5,244
Disposals	(6,127)	(6,127)
At 31 March 2022	80,572	80,572
Depreciation		
At 1 April 2021	60,885	60,885
Charge for the year	6,716	6,716
Eliminated on disposals	(6,127)	(6,127)
At 31 March 2022	61,474	61,474
Net book value		
At 31 March 2022	19,098	19,098
At 31 March 2021	20,570	20,570

16 Debtors

	2022 £	2021 £
Trade debtors	17,968	37,872
Prepayments	6,460	9,778
Accrued income	-	2,217
	24,428	49,867

17 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	1,310,887	1,292,868

18 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	39,217	47,618
Accruals	11,264	6,303
Deferred income	158,288	-
	208,769	53,921

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

	2022 £	2021 £
Deferred income at 1 April 2021	-	-
Resources deferred in the period	158,288	-
Amounts released from previous periods	-	-
Deferred income at year end	<u>158,288</u>	<u>-</u>

19 Commitments

Other financial commitments

The charitable company had commitments for operating leases.

The total amount of other financial commitments not provided in the financial statements was £7,680 (2021 - £7,680).

20 Analysis of net assets between funds

	Unrestricted		Restricted	Total funds
	General £	Designated £	£	£
Tangible fixed assets	19,098	-	-	19,098
Net current assets/(liabilities)	<u>523,033</u>	<u>340,000</u>	<u>263,514</u>	<u>1,126,547</u>
Total net assets	<u>542,131</u>	<u>340,000</u>	<u>263,514</u>	<u>1,145,645</u>

	Unrestricted			Total funds at 31 March 2021
	General £	Designated £	Restricted £	£
Tangible fixed assets	20,570	-	-	20,570
Net current assets/(liabilities)	<u>473,623</u>	<u>391,000</u>	<u>424,191</u>	<u>1,288,814</u>
Total net assets	<u>494,193</u>	<u>391,000</u>	<u>424,191</u>	<u>1,309,384</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Related party transactions

During the year the charity made the following related party transactions:

John Spence Community High School

One of the trustees, Adam Pilkington, is a teacher at the school. Grants totaling £38,359 were awarded to the school through the normal application and approval process.

At the balance sheet date the amount due to/from John Spence Community High School was £Nil (2021 - £Nil).

22 Analysis of net funds

	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	1,292,868	18,019	1,310,887
Net funds	1,292,868	18,019	1,310,887
	At 1 April 2020 £	Financing cash flows £	At 31 March 2021 £
Cash at bank and in hand	1,096,282	196,586	1,292,868
Net funds	1,096,282	196,586	1,292,868

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

23 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General Fund	228,682	23,518	(60,036)	349,966	542,130
Northumberland Sport	265,511	-	-	(265,511)	-
	<u>494,193</u>	<u>23,518</u>	<u>(60,036)</u>	<u>84,455</u>	<u>542,130</u>
Designated					
Budgeted Deficits in future Years	220,000	-	-	(35,000)	185,000
Redundancy Fund	123,000	-	-	8,000	131,000
Contingency	48,000	-	-	(24,000)	24,000
	<u>391,000</u>	<u>-</u>	<u>-</u>	<u>(51,000)</u>	<u>340,000</u>
Total unrestricted funds	<u>885,193</u>	<u>23,518</u>	<u>(60,036)</u>	<u>33,455</u>	<u>882,130</u>
Restricted funds					
MIND	3,853	5,500	(3,600)	(3,400)	2,353
TW - Workforce	3,232	40,571	(34,147)	-	9,656
TW - DfE Leadership & Volunteering	4,440	-	(4,440)	-	-
TW - Satellite Clubs	38,521	-	(50,386)	11,865	-
Access to Schools	500	327,399	(327,899)	-	-
NS - Workforce	14,305	40,000	(43,850)	-	10,455
NS - Satellite	11,865	-	-	(11,865)	-
Disability Tennis Network	9,845	8,250	(6,822)	250	11,523
Daily Mile	11,094	21,500	(32,594)	-	-
NS -DfE Leadership & Volunteering	5,100	-	(5,100)	-	-
Royal Foundation - Coach Core	5,389	57,940	(56,305)	(3,000)	4,024
Barclays	37,696	-	(26,916)	(5,000)	5,780
Community Foundation	5,000	-	(6,000)	1,000	-
Homelessness	6,646	43,000	(40,646)	(9,000)	-
Police and Crime Commissioner	41,648	-	(31,179)	1,000	11,469
Rugby Football Union – Families Fund	9,807	-	(4,307)	(5,500)	-
Tackling Inequalities Fund	152,666	-	(152,468)	-	198
Thriving Communities	13,620	51,616	(49,333)	5,046	20,949
Children and Young People Programme	46,122	362,132	(369,184)	-	39,070

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
County Durham Sport – Infrastructure & Environment	2,842	18,473	(17,052)	-	4,263
Rollover - Primary Role	-	455,773	(325,546)	(14,851)	115,376
LA Participation Data	-	8,108	(8,108)	-	-
NHS - CNTW	-	31,657	(18,000)	-	13,657
Bikeability	-	34,324	(31,083)	-	3,241
Commonwealth Games	-	62,500	(51,000)	-	11,500
Total restricted funds	<u>424,191</u>	<u>1,568,743</u>	<u>(1,695,965)</u>	<u>(33,455)</u>	<u>263,514</u>
Total funds	<u>1,309,384</u>	<u>1,592,261</u>	<u>(1,756,001)</u>	<u>-</u>	<u>1,145,644</u>

The transfers were the amounts of funding the projects allowed for management fees and when assets were purchased as part of the restricted spend.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

Sport England – Rollover Award

Our main grant from Sport England provided us with rollover funding up to March 2022, aimed at tackling inequalities and reducing inactivity. The funding was provided for us to have a strong granular understanding of our place and people, an ability to broker and facilitate a much wider range of relationships, support for Sport England's workforce priorities, as well as working to develop and deliver positive experiences for young people.

Sport England – Primary Role (underspend)

Underspend from our 2020-21 grant from Sport England, focusing upon us having a strong granular understanding of our place and people, an ability to broker and facilitate a much wider range of relationships, where necessary supporting projects and relationships on Sport England's behalf, and supporting local authorities by consent.

Sport England – Workforce (underspend)

Underspend from our 2020-21 grant from Sport England to deliver an agreed plan to understand and develop the workforce locally to increase the quantity and improve the quality of activities in our local area. This includes establishing attractive volunteering, coaching, education, employment and career pathways, and establishing a workforce that is recognised for providing excellent service.

Sport England – Satellite Clubs (underspend)

Underspend from our Satellite Clubs funding, which was provided to help young people aged 14-19 to become active and create regular activity habits, with a focus on those from under-represented groups. Sport England provide us with programme funding for us to establish and sustain these clubs, as well as capacity funding to manage the programme.

Sport England – Opening School Facilities

Awarded by Sport England to the Charity for us to support schools to open up their sports facilities outside of the normal school day, in order to broaden the offer of extra-curricular and out of school sporting and physical activities available to pupils in the wider community. The programme is targeted predominantly to support schools with a high percentage of pupils eligible for free school meals, the least active and pupils with disabilities.

Department for Education – Leadership & Volunteering

We receive funding from Sport England to identify, train and deploy volunteers, to support the planning, delivery and evaluation of the School Games programme as well as other projects.

Sport England – Daily Mile

We received an extension to our previous Sport England award, which focused on recruiting and employing a local co-ordinator to increase the number of primary schools signed up to The Daily Mile and delivering this to a high quality.

Sport England – Tackling Inequalities Fund

Funding provided by Sport England to reduce the negative impact of COVID-19 and the widening of inequalities in sport and physical activity. The focus of the programme is to provide funding to community and voluntary sector organisations/groups so that they can continue to exist and retain the resources and capacity needed to keep people active during the COVID-19 lockdown and recovery stages. The funding was targeted towards culturally diverse communities, those from lower socioeconomic groups, and those with a disability or long-term health condition.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Sport England - Commonwealth Games

Awarded by Sport England to support the Charity to focus upon the legacy of the Commonwealth Games, including connecting plans and provision to the event. The funding is to help support the network of SGOs across Tyne & Wear and Northumberland to focus on inequalities and inactivity and supporting the children and young people who need the most support to be active.

Sport England - Moving Communities

Sport England's Moving Communities programme is a service that helps local authorities, leisure providers and policymakers to understand the performance of their leisure centres. It captures data on participants, visits, finances and customer experience, and enables better strategic decisions to be made about where time, effort and money is best invested in order to benefit local communities. The funding provided is to enable Active Partnerships to access the service to support their strategic planning and also to promote it locally.

Sport England - Thriving Communities

Through the Thriving Communities Fund we are hosting a Regional Physical Activity Advisor to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project will seek to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by COVID-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health

Disability Tennis Network

The grant we received from the Lawn Tennis Association was funding to manage the NE Disability Tennis network, more specifically to oversee the management and reporting of activity focused on providing tennis opportunities for people with disabilities.

Mind

An extension to our previous funding award from Mind to lead the development of a regional network of sport, physical activity and mental health organisations.

Coach Core

Funded by Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. The Charity is responsible for managing and overseeing the programme locally, which will enhance the coaching offer and provide the apprentices with valuable experience.

Barclays

Funding to provide activity packs to thousands of vulnerable households across our region (namely adults on the reablement pathway) to enable them to undertake physical activity in their own homes whilst they are self-isolating or shielding during the coronavirus pandemic, and other activity aimed at enabling more older people to be more physically active.

Community Foundation

Funding to trial a football-based programme in Berwick-upon-Tweed to engage men aged 16-55 years who are experiencing mental health problems.

Homelessness Project

The London Marathon Charitable Trust awarded a grant to numerous Active Partnerships, including us, for the Young People Forward project. The project targets young people aged 16-25, who are homeless or at risk of becoming homeless, and aims to improve their health and wellbeing using the power of sport and physical activity.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Police and Crime Commissioner

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

Rugby Football Union - Families Fund

Funding aimed at supporting families from lower socio-economic groups to become active together. Underpinning the investment is the need to ensure experiences are fun and enjoyable for children and their wider family.

County Durham Sport - Infrastructure & Environment

Funding provided by County Durham Sport to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across County Durham.

Yorkshire Sport Foundation

Funding provided for our Children and Young People Development Manager to be seconded to work on a national programme aimed at leading the development of the Creating Active Schools programme.

Bikeability Trust

Awarded by the Bikeability Trust to manage a project aimed at getting more people cycling in Silksworth in Sunderland. Funding will be spent on programme delivery, training, equipment, promotion and transport costs.

NHS CNTW Project

Funding provided for the ICS Mental Health Home Working project, which aims to address isolation, provide access to advice and support in relation to managing weight gain, and helping managers to support their staff. The programme aims to make improvements to the health and wellbeing of staff, with the interventions offered having both physical and mental health benefits and addressing wider health inequalities in the workforce.

