# ENFIELD CARERS CENTRE ANNUAL IMPACT REPORT 2021-2022



# OUR VISION — OUR TRUSTEES



- To ensure family/informal Carers are involved in the provision and development of services for the people they care for.
- To ensure Carers have access to a range of support, advice, training and other services that empower them to continue caring.

We support Carers so that they:

- ❖ Are able to have a life of their own
- ❖ Do not fall into financial hardship
- Stay mentally and physically well
- Have access to reliable, professional and quality homecare
- Can enjoy and achieve, especially if under 18 years old

- Tim Hellings Chair
- Neil Yeomans Treasurer
- Pamela Learmonth Company Secretary
- Hannah Lison
- Pamela Odukoya
- Amanda Flexman
- Patience Wilson
- Ann Campbell
- Caroline Bernard-Moxey

Resigned: Laura Brady 29-07-21

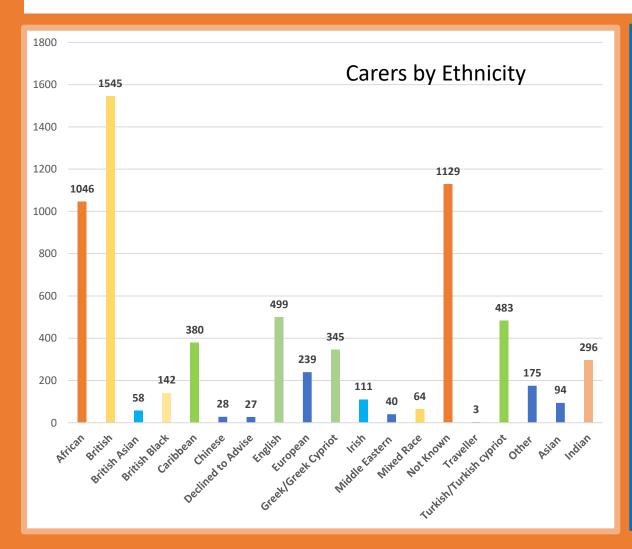
# Support for Carers & Cared For

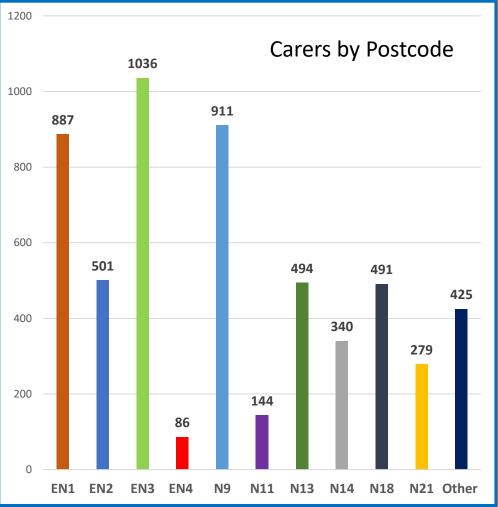


Carers Support	Care At Home Services
Peer Support Groups & Carers Social & Leisure Breaks	Dementia Care
Counselling & Wellbeing Support	Learning Disability/Autism Care
Training & Information Workshops	Companionship / Assisting with Appointments
Legal Information & Benefits Advice	Medication Management
Carers Assessments & Social Care Referrals	Live-in Care / 24-hour Care
Information, Advice & Signposting	Overnight Care (Sleeping/Waking Nights)
Young Carers Support & Activities (5-18yrs)	Respite & Replacement Care

# Adult Carers by Ethnicity & Postcode

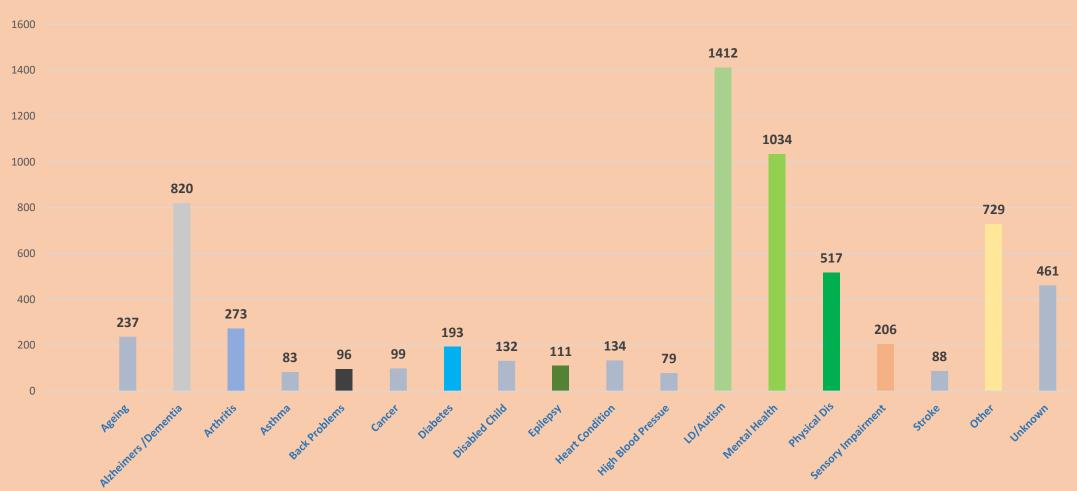






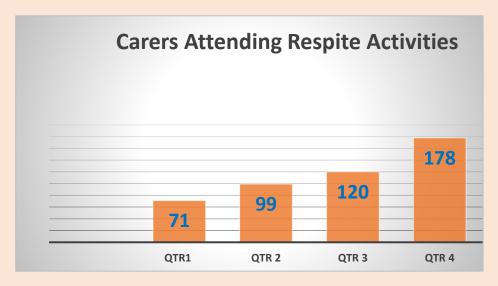
# Conditions of Cared For Persons

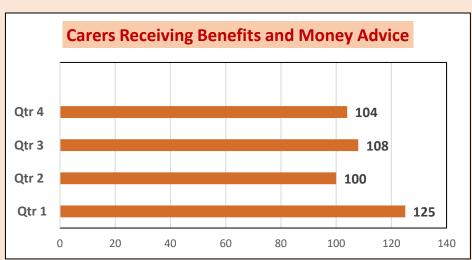


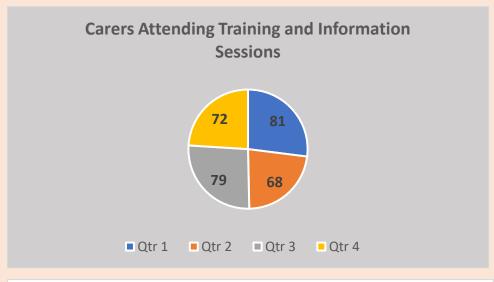


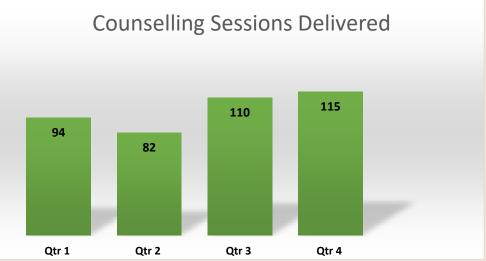
# A Snapshot of Services Delivered to Adult Carers in 21-22











# 134 New **Young Carers** identified during 21-22

**1073 young** carers accessed 2538 support services

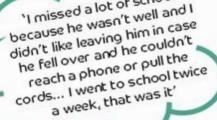


#### **EyPIC Young Carers' Ages**

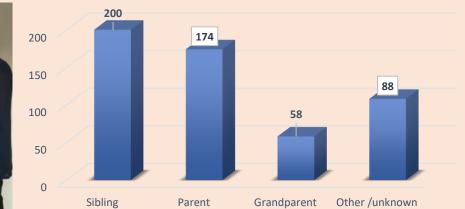




'I missed a lot of school because he wasn't well and I he fell over and he couldn't reach a phone or pull the



## Who are the EyPIC Young Carers Caring For?







'It has helped me to accept my role as a carer and help understand and realise that my role can be supported and has helped me be assured my parents can be cared for when I move on'. Jack aged 15









### **21-22** Activities

- Weekly Yoga Sessions
- Arts & Crafts
- Create Workshops
- Weekly Homework Club
- Epping Forest Nature Outings
- Escape Rooms
- Adventure Golf
- Summer Picnics
- Therapy Dog Session
- Games Hub
- Halloween Arts & Crafts
- Pottery Workshop
- Theatre Workshop
- Kindness Club/ Mental Health Support
- Xmas Party
- Music Workshop
- Reading Group

# Impact of Covid



- Many Carers still reluctant to attend in person sessions or appointments
- People struggling to adapt to and access online and hybrid services
- The impact of Covid and Long Covid on the health of both the Carer and the cared for person has inevitably made Carers' lives even more difficult
- Ongoing issues around access to GPs and long waiting times for hospital appointments and delayed or postponed procedures
- Post-pandemic mental health crisis now results in long waiting lists across all MH services
- Increased financial hardship as many people were furloughed, lost income or jobs due to Lockdown
- Long term effects of loss and grief: many Carers lost loved ones and couldn't be with them due to Covid Restrictions
- Re-building ECC's relationships across all sectors particularly in primary and secondary healthcare settings
- Adapting to new ways of working and change in demand for services for example, we have seen less demand for respite activities and an increase in need for information and training
- Cost of living crisis and lack of Benefits form-filling services in borough to support the demand



# Winter Wellbeing & Carers' Hospital Discharge Projects 21-22 Enfield Carers Centre



**Empowering Carers** 

**ECC's Winter Wellbeing Project** was commissioned to help deliver NCL's integrated communications and engagement programme to support residents to stay well during the Winter months, avoid covid and to help them access care in the right place at the right time.

## Outcomes/Benefits included:

- NCL Winter Wellbeing messages and documentation widely distributed in English and in over 10 local community languages
- Residents reported increased confidence after receiving this health advice information, particularly in relation to breathing difficulties and child health issues
- Residents reported increased understanding of how to access services

ECC's Hospital Discharge Project was funded to extend its reach to Family/Unpaid Carers and NHS Staff at North Middx. Hospital. ECC's Nurse-led "Basic Nursing Skills" training for Carers helped keep patients well, safe and at home following their discharge from hospital.

## Benefits included:

- Carers reported increased confidence caring for loved ones after discharge from hospital
- Lower failed discharge numbers
- Less re-admissions to hospital
- Increased Carer recognition and involvement in discharge planning

# Tackling Poverty & The Cost-of-Living Crisis



- Fortnightly "Money Management" Sessions delivered online
- Benefits and income maximization services delivered to 437 Carers
- ECC 'Hardship Fund' for clothes, household goods etc.
- LBE's 'Emergency Fund' for help with household bills, domestic emergencies, replacement of white goods etc.
- Referrals made to Debt Management, Citizens Advice Bureau, Enfield Council Finance team etc. For welfare support and advice
- £2500 awarded to Carers via Carers Trust Grants for respite, white goods etc.
- Foodbank vouchers





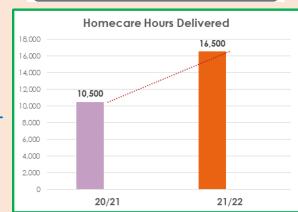


# CARE AT HOME FROM A CHARITY YOU CAN TRUST



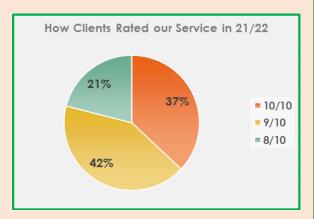
"I can confidently go
out knowing that dad
is in capable hands
and that mum can
get on with whatever it
is she wants to do
without worrying about
the dad





" although we initially booked a few hours care we soon increased this as the care provided put a smile back on Emma's face





"The Service has made a massive difference to 'E' as she has never been able to go out before."

www.enfieldhomecare.org

# ECC Homecare Rated Good by CQC Professional Homecare



'It allows me to go out shopping and to hospital appointments and have social interaction with someone other than family. '

> 100% said they always feel listened to and respected by

Our oldest service user will reach 100 in January 2023. He previously had a negative experience in a care home where he spent some time, following a fall. Despite his complex needs, we managed to keep him safe at home during the pandemic. He gained weight and more confidence in his mobility as we supported him with daily exercises and walks in the local park.

Inspected and rated

Good

**Care Quality** 

'ECC Provides a very good scheduled times.'

'The Service has made a huge difference to me, as a Carer, having somebody come to visit my husband and do his personal care relieves some of the stress for me and I know he is well looked after, '



One of our service users, in her late 80s, has been living with the impact of mixed dementia for some time. We support her daily in getting ready for the day centre where she can mix with other people and feel less isolated and part of the community. This arrangement keeps her socially engaged and boosts her emotional well-being. It also helps to keep her stimulated and active.

# Carers' Voices on ECC Support

that they would not have otherwise

been able to enjoy.



l just felt as if a burden had been lifted from my shoulders and that I wasn't 86% stated that the support they received from ECC 'Thank you for keeping me going it alone" has helped them to cope better with their caring informed of services available role. and the phone calls during the pandemic good to know someone cared' 75% of Respondents **ECC Carers Annual** 'Without the ECC there's no way said their quality of life that Carers would be helped in **Survey 21-22** dealing with the issues we has improved after suffer' using ECC's Services. 'In my experiences all staff are 'I feel my needs are recognised and staff 61% stated that ECC has provided knowledgeable, the range of very helpful and are always activities is extensive and very them with social and Leisure activities understanding,

patient making me

feel like I matter"

"The support I received saved my life"

# Looking to the Future



Carers said	Our Response
'I wish I'd known about you sooner'	We are increasing our community work and promotions across all sectors to encourage more referrals
'The services feel as though they are aimed at Carers of older people'	ECC Services are targeted at all ages, and we systematically review the demographic of attendance at events to enable us to plan inclusively
'I think you could make your reputation better with clearer communications that express your voice'	We are always looking to improve our online presence and do distribute a quarterly newsletter across the borough
'Events like art, comedy, films, music nights get more people involved and talking together'	We are working with 'Create' and are running a series of creative workshops including ceramics and creative writing. We regularly provide theatre trips and music evenings. Thanks - we're always open to suggestions and ideas
'Since COVID Enfield Carers activities have reduced more activities for young Carers.'	YC activities are now back to pre-Covid levels with regular clubs, outings, and activities, both face to face and online
'If possible, please do occasionally visit Carers'	We do undertake occasional home visits for people who are housebound or cannot leave their cared for

# Looking to the Future



Carers said	Our Response
Separate news and information. target better young Carers, provide home care for old people	Young Carers receive regular what's app and text information about services, and we now provide homecare for older people
More information for people that need care as well as being a carer yourself	Our team, although focused on Carers are always willing to help you to find information and support for your cared for person
Out of hours support	We always offer at least one evening Carer group where working carers can meet a staff member
I would like to have someone available in the office whenever needed thank you, I always need guidance	There are advertised regular drop-in times and always somebody in the office Mon – Friday 9-5 pm.
A bit more working with Parent Carers of children below 25yrs age	We have a group for Parent Carers of children with a Learning Disability and we are looking to expand this area of support.
More practical advice on local services such as handymen electricians etc. would be useful so we have confidence in using trustworthy trades, information on practical help in a crisis would be useful	We cannot recommend trades people as we do not have expertise in this field but can suggest using 'Trust a Trader' or Check-A-Trader.com

# And Finally...



Many thanks to our funders, private donors and local businesses

and

A huge thanks to all our staff & volunteers without whose commitment, hard work and flexibility during the pandemic we wouldn't have functioned!







REGISTERED COMPANY NUMBER: 07149774 (England and Wales) REGISTERED CHARITY NUMBER: 1140089 (England and Wales)

# ENFIELD CARERS CENTRE (A COMPANY LIMITED BY GUARANTEE)

#### REPORT OF THE TRUSTEES AND

ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Cox Costello & Horne
Chartered Accountants and Statutory Auditors
26 Main Avenue
Moor Park
HA6 2HJ

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#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The Trustees' report also represents the Directors' report as required by Company Law. The financial statements have been prepared in accordance with the accounting policy set out in the note to the financial statements. The annual report complies with the charity's governing document, the requirements of the Companies Act 2006 and the Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statement in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) the Charity SORP (FRS 102)'.

#### **ENFIELD CARERS CENTRE (ECC) OBJECTIVES**

The charity's purpose as set out in its Memorandum and Article of Association are as follows:

The relief of persons in need by reason of age, physical or mental disability, ill health, financial hardship or other disadvantage by the provision of advice, support and information to such persons and to those caring for such persons, principally but not exclusively in the London Borough of Enfield.

The relief of sickness, the preservation of health and the promotion of well-being, principally but not exclusively among persons residing permanently or temporarily in the London Borough of Enfield.

The assistance of carers in need by raising awareness of issues affecting carers, principally but not exclusively in the London Borough of Enfield.

The charity's aim is to improve the lives of carers in Enfield by providing a recognisable and easily accessible resource providing advice, information, training, support, breaks, counselling and reliable high-quality homecare services which meet the needs of carers and their cared for persons.

#### **REVIEW OF THE YEAR ENDED 31 MARCH 2022**

#### **Building Our Homecare Provision**

Following the initial transfer between ECC and Carers Trust Lea Valley Crossroad Care Services Limited (Crossroads) in November 2020 ECC continues to increase its volume of homecare services delivered. The final transfer of assets in the form of a donated £33,859 payment occurred during the year, represents the final transaction following the transfer. Crossroads has now been dissolved under the oversight of its remaining Trustees and no longer exists as a separate charity. This payment gave rise to an exceptional donation in the current year and adds to the donation made in the previous year (2020/21) of £192,552. The transfer of assets allows (ECC) to provide a "one-stop-shop" for carers offering support for family/unpaid carers and homecare services for cared for people. In July 2021, we said goodbye to Jill Raines, the retiring CEO of Crossroads, celebrated the end of an era and welcomed in the new era of change for our Homecare Team.

ECC is committed to building on and continuing the excellent reputation of Crossroads which had in excess of 35 years' experience in the regulated care sector. We kept in regular contact with the Crossroads' clients as they moved over to ECC during the transfer and assured them that their services would continue without changes to staff wherever possible We also assured them that as a charitable organisation our emphasis is on quality not profit.

Covid 19 presented significant challenges for our Homecare Team and they rose to the challenge admirably. Times are tough in the care sector anyway and the pandemic stretched the capacity and tenacity of our Homecare Team. However, thanks to the dedication and commitment of our Homecare Office Team and our excellent Care Support Workers out there on the front line, they rose to the challenge, put their clients first and deserved the applause they received throughout the lockdown period and thereafter. They were the true Heroes of the pandemic and we've also done our best to acknowledge and thank them for their flexibility, patience and sheer hard work during the most difficult time anyone has ever faced in the past few decades.

In December 2021 we achieved a "GOOD" rating in our first Care Quality Commission (CQC) inspection as an Enfield Carers Centre regulated service. This achievement is once again due to our staff who were determined that ECC got the recognition it deserved for all the work everyone had put into bringing two organisations together successfully under difficult circumstances and to our staff for continuing to operate safely and responsively. Our new Registered Homecare Manager, who joined us in October 2020 and our two Homecare Coordinators were instrumental in guiding and supporting our Care Support Workers as they transferred to new ways of working that brought them into the modern age. Our office-based Homecare Team worked hard to ensure that our systems and procedures were updated as we moved from a paper-based system to electronic record-keeping.

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

In their inspection report, the CQC confirmed that "ECC homecare staff arrived at the time stipulated in the care plan and were involved in a meaningful way with the people they worked with. Cared-for people were supported so that they have maximum choice and control of their lives." Their report went on to say that "Enfield Carers Centre's homecare staff supported them in the least restrictive way possible and in their best interests; the policies and systems in the service supported this practice". Our homecare staff were described as, "Tremendous", "A life saver", "Dedicated" and "Lovely".

Staff that the CQC spoke with were passionate about the care they provided and knew people well. The CQC report also noted that:

- ECC clients usually had the same care staff visiting them and that they were treated with dignity and respect and recognised as individuals with their own likes and dislikes.
- Cared-for clients had detailed care plans which reflected how they wanted to receive their care.
- · Care plans were reviewed regularly.
- They and their relatives were fully involved in all aspects of planning care.
- Cared-for clients were encouraged to take part in activities that were meaningful to them.

ECC's Professional Homecare Service provides a range of personal care and other support at home services. During the year covered by these financial statements approximately 19,000 care hours were provided by approximately 23-25 Care Support Workers. The types of care we provide varies: short visits throughout the day; live-in services; and emergency respite cover. We also provide free replacement care for carers booked to attend training or counselling sessions or other activities provided by our Carers Centre. We understand that reliable, quality homecare from a trusted provider is crucial to family carers having a well-earned break.

Carer Feedback on our homecare service included the following comments, noted by CQC:

"I like my carers. They are kind and caring. I like being with them."

"[Named] likes to have cuddles and the carers do this well. He likes his carers very much and knows when they are due. Both carers are kind, calm and sweet natured. They are also very patient" and "the carers are kind and caring and know what they are doing. The children really like them."

Relatives were also positive around the support they and their loved ones received and felt their needs were fully understood and respected: Feedback included the following comments:

- "My carer is lovely, and she understands my needs and works with me accordingly."
- "The support we get from this organisation is just what we wanted and really needed. Without them, I don't know what I would have done. Sometimes it really gets on top of me, and they help me through it."
- "Carers are great with the kids. They know exactly what each of them need and it is going well."
- "My daughter's care plan is reviewed every six months and changes recorded and updated".

ECC has attracted some new Care Support staff, but the challenge continues as existing staff reach retirement age or move into different areas of work. We wait to see what support the Government brings for the care sector to provide greater stability for a sector a population with an ever-growing need.

#### **Carers Support**

ECC main council contract (delivering carers support services) has continued achieving its key performance targets in line with the terms of the council contract which is set to be renewed in November 2024.

The Caring Services contract includes support services, carers' breaks, counselling and wellbeing support and a training and information programme. ECC continue to offer and deliver replacement care and emergency respite cover via its own homecare service or its partner Alpha Care Specialists, subject to demand. There is a continuing commitment by ECC to also engage other home care agencies thereby allowing for personal preference by carers.

ECC's Carers Advice and Support staff team has been reconfigured to allow it to focus on carers' health and wellbeing. This is especially important for carers following Covid 19 – a difficult time for family carers and especially for Young Carers. A new triage system has been introduced as part of the carer registration process which asks specific questions to determine which ECC services will benefit the carer and help improve or reach their health and wellbeing goals.

#### **Carers Benefits Advice Service**

Designated Funds continue to be set aside from ECC's unrestricted funds, for this key service. The funds cover the annual cost of one Benefits Adviser and ensures carers can access benefits advice and form filling assistance. As there are insufficient benefits advice services which also provide form filling in the borough, ECC's service is constantly oversubscribed but continues to provide a valuable service for carers. In the financial year covered by this report 437 carers received assistance from our Benefits Adviser and support with form filling or advice on benefit entitlement.

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### **REVIEW OF THE YEAR ENDED 31 MARCH 2022**

#### **GP & Hospital Support Project**

Designated funds have also been set aside by Trustees for this key service area. Carers continue to need assistance liaising with their GP practices and in hospital settings. During 2021-22, ECC has worked hard to re-establish its presence in both primary and secondary care venues for the benefit of carers with varying degrees of success.

Following the onset of Covid-19, the NHS has refreshed its "Commitment to Carers" document which stresses the importance of including and involving carers in discharge planning. The Enfield Clinical Commissioning Group (CCG) is going through a period of change and (in July 2022) evolved into an Integrated Care System (ICS). ECC hopes to establish the carers' voice through representation on the various boards and steering groups related to the Enfield Integrated Care Partnership which will form part of the North Central London ICS.

During this financial period 67 new carers were referred via GP surgeries and/or helped with primary care related issues. As Hospital staff began to "get back to the new normal" 130 new carers were supported by staff in our GP & Hospital Liaison Project or after being referred by local hospital staff and social workers.

#### **CEPN Safer Discharge Project**

Funds have been carried forward for this mental health carers discharge project which stalled during the pandemic. ECC staff are currently striving to reactivate and mobilise the project which focuses on improving the involvement of carers in safe and timely discharge of mental health in-patients. The project includes the production of a carers training video, regular staff training sessions and carer support sessions.

#### **EyPIC (Enfield Young People In Caring) Young Carers Project**

Using designated funds, ECC employs a full-time Project Manager, a part-time Young Carers Worker and sessional staff for the fortnightly Young Carers Activity Hubs. The funds also cover the cost of quarterly outings, venue hire and transport. This is a dedicated Young Carers service, where children and young people aged 5 to 18 years enjoy a break from caring, meet other children and young people in similar circumstances and receive support, training and information about services for their cared for persons. ECC's fundraising activities take place during the year and all donations and funds raised are set aside specifically for Young Carers support. ECC is also actively applying for funding from Trusts and Grants to prolong and expand our Young Carers service.

During 2021-22 a total of 134 new Young Carers were registered, assessed and supported. This brought the total peak number of Young Carers on ECC's register to 583.

Activities for Young Carers included: Create Workshops; Weekly Homework Club; Epping Forest Nature Outings; Escape Rooms; Adventure Golf; Summer picnics; Therapy Dog Session; Games Hub; Halloween; Arts & Crafts; Pottery Workshop; Theatre Workshop; Kindness club/MH support; Xmas Party.

#### **Transitions Advocacy Project**

This project was inherited by ECC when it merged with Crossroads in November 2020 and was previously funded by BBC Children in Need and Lloyds Bank. When both funding streams ended soon after the transfer, ECC agreed to continue the funding (whilst viable) using designated reserves for a fixed period of time i.e., until March 2023. ECC is actively seeking funds to prolong the life of this project, but if no funds are secured, this project will unfortunately be ceased.

During this financial year, the project provides support and advocacy for 36 parents of disabled children aged 16-25. Two part-time members of staff provide one-to-one advice as well as liaising with statutory services on their behalf. The service provides holistic and complex support. Individual carers may have complex social care and educational issues and require advocacy to navigate not only the complexities of obtaining an educational aim, but also arranging additional support from social services and SEN Teams as well as interim support whilst a resolution is sought. The advocates are often working with families that are completely overwhelmed by their caring responsibilities and efforts needed to navigate complex statutory services; the advocates empower them to do this, whilst providing emotional support and practical advice.

#### Alpha Care Ltd: Home from Hospital Project

ECC continues its partnership working arrangement with Alpha Care Specialists (the trading arm of Greek & Greek Cypriot Community of Enfield) by providing a Carers Hospital Discharge Support Officer. The contract arrangement was varied in the light of difficulties accessing secondary healthcare sites during the pandemic and the worker's hours (and contribution from Alpha Care) has been reduced in Quarters 2 & 3 from 30 hours to 7 hours each week.

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### **REVIEW OF THE YEAR ENDED 31 MARCH 2022**

#### Alpha Care Ltd: Home from Hospital Project cont'd

ECC looks forward to rebuilding its relationships with Hospital staff and particularly the Discharge Team to encourage increased referrals for the Alpha Care Home From Hospital project and support patients and their families.

#### Carers Assessments/Improved Access to Psychological Therapies (IAPT) Accredited Counselling Service

Enfield Carers Centre continues to perform its role as Enfield Council's appointed Trusted Assessor for carers' assessments since winning a renewed tender contract in April 2020. Despite the challenges raised by the pandemic and staffing capacity issues, ECC still achieved its targets and delivered Carers Assessments and Reviews to 1586 adult carers.

The IAPT Service has yet to fully mobilise due to difficulties recruiting the specialist psychotherapy posts during Covid 19. Enfield Council has approved ECC's proposed service model redesign and have agreed that the funds can be held in restricted reserve until approval from Enfield CCG is received and the service is fully staffed and operational.

#### Age UK Enfield I-Can Project

Enfield Carers Centre is a delivery partner on Age UK Enfield's I-Can Project which supports vulnerable people in the community living with dementia, diabetes, stroke or at risk of falling. Funding covers costs related to project expenses and the salary for a full-time Navigator/Social Prescriber focussing on the Edmonton area. In this financial year, ECC had a change of postholder, but despite the change and a small hiatus whilst recruitment was completed, 72 people have been supported by the ECC Ican Navigator. Support included helping with a variety of issues, providing advice, information and hosting activities which reduced their social isolation such as Tea & Chatter sessions, group dining-out and other get togethers.

#### Enfield Wellbeing Network - Partnership with Enfield Voluntary Action, Age UK Enfield & Mind in Enfield

The Enfield Wellbeing Network (EWN) is a partnership of voluntary and community organisations including: Enfield Carers Centre, Age UK Enfield, Enfield Voluntary Action and Mind in Enfield. These partners have come together to help local people to boost their health and wellbeing and to improve the self-management of long-term conditions. Each partner employs a Wellbeing Officer. The aim of the Network is to give people the confidence, knowledge and skills to manage their own health and wellbeing effectively, both to prevent new health conditions and to manage existing ones. Enfield Carers Centre recruited a full-time Wellbeing Officer in February 2022 with funding from this contract which began in January 2022. In the period February to March 2022, 20 individuals have been actively supported by the ECC Wellbeing Officer.

All EWN activities are based in Enfield and support could include any of these (and more):

- Self-care management tools and techniques
- Health awareness including mental health
- · Movement and exercise
- · Diet and nutrition
- · Wellbeing support for carers, and
- Mindfulness

#### **Public Benefit**

In shaping our objectives for the year and planning our activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance "Public Benefit: Running a Charity (PD2). The achievements and activities above demonstrate the public benefit arising through the Charity's activities.

#### **Volunteers**

The Charity has been supported in its activities by an able and generous group of volunteers. Number of volunteers this year has been 20 to 25 (2021:20). Our volunteer roles include: administration, IT & digital support, telephone support, Young Carers' Tutors, Mentors and Student Psychotherapy Counsellors.

## FINANCIAL REVIEW Financial Position

The Statement of Financial Activities showed a net surplus of £30,955 (2021 - £256,764) for the year and funds stand at £1,224,902 (2021 - £1,193,947). The financial position at the year revealed by the Balance Sheet on page 14 shows net current assets or working capital of £1,214,865 (2021 - £1,185,976). The net book value of tangible fixed assets held, all of which are used directly for charitable purposes, amounted to £10,037 (2021 - £7,971).

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### **FINANCIAL REVIEW**

#### **Principal Funding Sources**

The main funding sources for the Charity are listed on pages 18 and 19 in Note 2 to Note 4 of the financial statement. The London Borough of Enfield is the Funder of the Charity's two main contracts plus income arising from individual homecare contracts.

#### **Reserves Policy**

The Board of Trustees has assessed the Charity's requirements in the light of main risks to the organisation. As a result, the Board has approved a policy whereby, unrestricted funds not committed or represented by tangible fixed assets, should be held in reserve and maintained at a level which ensure that ECC's activity can continue during a period of unforeseen difficulty. The current reserve figure is approximately £430k. The target reserve is agreed by Trustees as six months' expenditure equivalent to £440,729 for the new financial year. The charity aims to increase the current reserve figure by generating unrestricted income via its Homecare Services and fundraising activities.

In addition, designated funds for the new financial year, as agreed by Trustees, are outlined as follows and based on actual expenditure in this financial year. For example, successful fundraising for Young Carers Services during 2021-22 significantly reduced the designated amount needed.

Designated Funds are agreed by Trustees for specific, priority operational services that support carers from falling into financial hardship, prevent carer breakdown, reduce isolation and assist the organisation in meeting its Key Performance Indicators (KPIs) e.g., reaching the target of 8,000 carers registered by the end of main caring contract, benefits advice, Young Carer support and GP & hospital support.

The Development Fund has been set aside by Trustees for the specific purpose of raising the visibility and profile of the organisation as a whole and to support a marketing and communications exercise for the promotion of the income generating division of the charity: its professional Homecare Service. The costs covered by this fund include a Service Development Manager post, promotional and recruitment advertising, staff training and development costs and website enhancement/design costs.

emancement/design costs.	Actual 2021-22	Designated 2022-23
Development Fund	50,000	80,000
EyPIC Young Carers	45,000	60,000
Carers Benefits Adviser	40,000	44,000
GP & Hospital Support	39,813	40,000
Transition Project Staff	32,729	35,500

#### **Adapting To Change**

2021-22 presented another challenging working environment for the charity, as the pandemic continued and carers continued to face difficulties managing their caring situations. ECC staff demonstrated their ongoing commitment in the face of changing times and growing pressure and the organisation experienced very low staff turnover.

ECC continued to operate a rotational staff office cover system and gradually expanded its service-user offer by reintroducing cautious and limited face-to-face support groups and training events. Covid safety guidelines were adhered to and risk assessments were updated to incorporate pe-booked face-to-face places and ongoing distancing arrangements etc.

All carers received contact from the charity via a variety of methods: emails; texts; letters and quarterly newsletters explaining the charity's cautious return to face-to-face activities, off-site and open-air events.

The charity has remained financially secure during this financial year, having secured contracts prior to lockdown and attracted several additional, small covid 19 related grants and Government assistance which resulted in a much more positive end position than originally forecasted. The demand for the charity's services continues to be high and the charity continues to be a viable organisation moving forward with an excellent reputation locally and with its main funder.

ECC's new Homecare Service division presented a new challenge for the charity in terms of change management, adapting to new working cultures and nationally recognised Care Support Worker staff recruitment and retention issues. Trustees established a Marketing & Communications Sub-Group to focus on how best to establish a greater local, visible presence and promote ECC as the new professional homecare provider of choice in the borough. An ECC Dementia Carers campaign was launched in January 2021 aimed at encouraging known carers to take a break after the difficult lockdown period and consider trialling a few hours respite with ECC Homecare staff. Although there was limited interest

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### **FINANCIAL REVIEW**

#### Adapting To Change cont'd

and take up, one benefit was that the campaign highlighted some internal gaps in monitoring and handling new enquiries which have since addressed, as well as showing that many current carers were not yet able or ready to accept the true cost of care services. The CEO, Homecare Manager and Service Development Manager together with the able assistance of our Digital Volunteer, have been working together to address the changes needed within the office as well as within the Care Support Worker team to prepare for further expansion of ECC's homecare customer base.

#### **FUTURE PLANS**

ECC intends to continue raising the profile of the Centre and its services in all parts of the borough. We also continue to rebuild our presence at GP surgeries and hospitals as these have historically been the highest source of new carer registrations and referrals.

ECC will be focussing on helping carers improve and protect their health and wellbeing. After all, if carers are not well, they cannot continue to look after their loved ones either. To help carers in this area, ECC offers Healthy Living Days where carers can have a free health check and receive advice on healthy eating and preventing long-term conditions.

The Charity aims to build up its homecare customer base, establish itself firmly in the homecare market and focus on securing additional funding for Young Carers services. Our focus is on raising funds in order to minimise total dependence on Council and NHS contracts. The transfer of assets from Crossroads as specifically completed to move the organisation into a stronger financial position.

It is evident that ECC's new homecare division presents a viable source of income generation, but that growth and associated income will be slow and internal changes in ways of working, review of pricing structure and increased staffing were also necessary to reach this goal. Trustees have agreed a Homecare Breakeven Strategy which includes incremental price increases, special rates for half-hour and 45-minute visits and Council-only rates. In the next financial year, ECC will be developing a robust marketing strategy and using the designated Development Fund to generate income from and boost the visibility of our homecare services.

Following the CQC inspection in December 2021 and January 2022 – ECC achieved a GOOD status from the regulator. This is an excellent achievement for a first inspection and will stand ECC in good stead as it promotes and publicises its homecare services.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

ECC is a charitable company limited by guarantee, incorporated on 8 February 2010 and registered as a charity with the Charity Commission on 27 January 2011. The charitable company is governed by its Memorandum and Articles of Association last updated 26 April 2020. The Trustees are appointed or reappointed annually at the Annual General Meeting. Appointment and retirement of Trustees is in accordance with the Articles of Association. All Trustees give their time voluntarily and receive no benefits from the charity.

The Trustees are responsible for making the charity's strategic decisions, they meet every other month for general meetings and hold additional Finance and Marketing & Comms sub-group meetings as well as the Annual General Meeting. The day-to-day operations of the charity are managed by the Senior Management Team: CEO and the Operational Director/Deputy CEO. The middle management team: Homecare Manager, Carers Advice & Support Manager, Young Carers Project Manager, Healthcare Support Manager and Service Development Manager report to the Senior Managers and meet quarterly. Operational Reports are compiled and presented by the CEO, Operational Director and Homecare Manager at every board meeting. Occasionally, Trustees hear presentations directly from Middle Managers as part of the Board meeting which describe project activity and outcomes in greater detail. Such presentations include case studies, qualitative and quantitative data. The Treasurer receives detailed financial reports from the Finance team prior to each Board meeting. The reports detail the cash position of the organisation, the income and expenditure report of the organisation as a whole and a utilisation and forecast report for the Homecare division. Trustees also consider financial/management account reports at every Board meeting.

The organisation advertises for Trustees via Reach or appoints them on recommendation. Trustees with the appropriate skill sets are appointed and training is given to all incoming Trustees as part of their induction training. Training is sourced from National Council of Voluntary Organisation (NCVO) or Enfield Voluntary Action. Trustees then receive a copy of the charity's governing document, last annual report, the latest Carer Voice Newsletter and Charity Commission Publications including: The essential trustee: what you need to know, what you need to do (CC3); Charity trustee: what's involved (CC3a).

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

The Trustees have given consideration to the major risks to which the charity is exposed and satisfied themselves that systems or procedures are established in order to manage those risks. The organisational risk register documents risks which specifically relate to funding uncertainty or withdrawal, regulated care provision, increased safeguarding risks and Coronavirus.

Area and Definition of Risk	Consequence(s) of Risk	Mitigation of Risk & Timetabling
Financial Sustainability	Employee redundancies  Carers lose valued services	Ongoing consideration of partnership working/merger opportunities
	ECC's loses its reputation as key provider of services for carers	Submit further funding applications – ongoing
	Increase in/continuing deficit in Homecare income/clients	Marketing Campaigns to attract new clients Registration with Enfield Marketplace/Children Services
Succession Planning	Lack of clear staff/organisational leadership	Restructure and introduction of Middle Management Tier
	Problems with Banking	Annual review of financial policy and procedure
	Reduced staff confidence  Trustees impelled to perform operational duties	Operational Director and Finance Manager have been added to CAF Bank
	Delays in payments/representation	Consideration will be given to adding the Operational Director as a signatory and issued with a debit card
Data Protection Breach	Loss of Reputation  Possible Financial Penalty	a) Annual audit review     b) Appointment of Service Development     Manager who has responsibility to
	Reduced Carer confidence	perform ongoing audit / ensure compliance. c) Staff Training/information Refresher Sessions
Safeguarding Alerts	Loss of reputation  Reduced Carer confidence	Safeguarding Policies & Procedures reviewed annually.
	Neduced Garer confidence	Ongoing Staff Training
		Maintaining close relationships with Councils MASH Safeguarding Team
		ECC membership of Enfield Council Adults & Children Safeguarding Board
Reduced CQC Rating	Reduced Carer/client confidence	Homecare Manager employed with responsibility for ensuring compliance
	Loss of Reputation Loss of income Removal from Council's approved provider list	Regular policy reviews and updates via Carers Trust
	provider not	Regular audit/spot checks and training of Care Support Staff
Contract Revocation	Failure to meet terms/KPIs of contract	Quarterly monitoring against KPIs
	Funding awards cancelled	Middle Management overseeing front line delivery
	Possible redundancies	Project Team Meetings
	Loss of Reputation	Management Team Meetings

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

The pay and remuneration of the charity's key management personnel (KMP) is set by the board of Trustees following initial discussion of benchmarks, parameters and criteria at the Finance Sub-Group level and reports and recommendations provided by the Chief Executive officer.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number: 07149774 (England and Wales)

Registered Charity Number: 1140089 (England and Wales)

**Registered Office:** 

Britannia House 137-143 Baker Street

London Enfield Middlesex EN1 3JL

#### Trustees:

The following served as Trustees on the date that this report is signed or during the reporting period.

Amanda Flexman
Ann Campbell - (appointed 17.5.21)
Caroline Bernard - Moxey - (appointed 7.2.22)
Hannah Victoria Lison
Laura Brady – (retired 19.7.21)
Neil Yeomans - Treasurer
Pamela Learmonth Graham
Pamela Odukoya
Patience Anne Wilson
Timothy Hellings - Chairperson

Chief Executive Officer: Pamela Burke

**Operational Director/Deputy CEO:** Fiona Jones

#### Auditors

Cox Costello & Horne Chartered Accountants and Statutory Auditors 26 Main Avenue Moor Park HA6 2HJ

#### **Bankers**

CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ

Website: www.enfieldcarers.org

#### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

#### STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees (who are also the directors of Enfield Carers Centre for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

#### **AUDITORS**

The auditors, Cox Costello & Horne, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of Trustees on 31 October 2022 and signed on its behalf by:

Docusigned by:

Tim Hellings

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Tim Hellings - Chairman

## REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ENFIELD CARERS CENTRE

#### **Opinion**

We have audited the financial statements of Enfield Carers Centre (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its result, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The Trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

## REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ENFIELD CARERS CENTRE

#### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

#### **Responsibilities of Trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the nature of the charity's industry and its control environment and reviewed the charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management, and others within the entity about their own identification and assessment of the risks of irregularities.

We obtained an understanding of the legal and regulatory frameworks that the charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. These included the Charity's constitution, tax legislation and Companies Act 2006; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charity's ability to operate or to avoid a material penalty. These included the Charity Commission for England and Wales (Charity Commission) regulations, Health and Safety Act, employment law, pensions legislation, Charities Act, fundraising regulations and Child safeguarding.

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the charity for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following areas, and our specific procedures performed to address them are described below:

- Recognition of grant income: this involves judgement around whether grants have performance conditions attached to them which have to be met before income can be recognised, as well as judgement over whether or not those conditions have been satisfied. On a sample basis, we have assessed the judgements and estimates made by management in the recognition of this income.
- Appropriate allocation of restricted income: there is a risk that restricted income may not have been identified and allocated as such. We reviewed the allocation of income to restricted or unrestricted funds on initial recognition to ensure restrictions were appropriately identified and applied, and we reviewed fund transfers from restricted to unrestricted funds to assess the rationale for those movements.

## REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ENFIELD CARERS CENTRE

#### Our responsibilities for the audit of the financial statements

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the operations rationale of any significant transactions that are unusual or outside the normal course of operations.

In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance, reviewing correspondence with HMRC and with the Charity Commission.
- Ensuring that testing undertaken on both the Statement of Financial Activity (SoFA) and the Balance Sheet includes a number of items selected on a random basis.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

#### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

−DocuSigned by:

M F (øy

Michael F Cox FCA (Senior Statutory Auditor)

for and on behalf of Cox Costello & Horne Chartered Accountants and Statutory Auditors

26 Main Avenue Moor Park HA6 2HJ

Date: 31 October 2022

# STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING THE INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

				31.3.22	31.3.21 Restated
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
INCOME AND EXPENDITURE Donations-Non-Exceptional Donations-Exceptional	2 2	6,455 33,859	33,173	39,628 33,859	9,053 192,552
Charitable activities Home Care Services Carers Support	3 4	365,279 400,160	- 382,568	365,279 782,728	108,863 827,193
Deposit Account interest		406		406	560
Total		806,159	415,741	1,221,900	1,138,221
EXPENDITURE ON Raising Funds	5	13,688	-	13,688	12,845
Charitable activities Home Care Services	5	376,125	-	376,125	12,845
Carers Support	5	558,468	242,664	801,132	868,612
Total		948,281	242,664	1,190,945	881,457
NET INCOME		(104,009)	242,664	30,955	256,764
Transfers Between Funds	15	(8,867)	(8,867)		
Net Movement in Funds		(133,255)	164,210	30,955	256,764
RECONCILIATION OF FUNDS					
Total Funds Brought Forward		833,062	360,885	1,193,947	937,183
TOTAL FUNDS CARRIED FORWARD		699,807	525,095	1,224,902	1,193,947

#### **BALANCE SHEET** 31 MARCH 2022

	Notes	31.3.22 £	31.3.21 £
FIXED ASSETS Tangible Assets	11	10,037	7,971
CURRENT ASSETS Debtors Cash at Bank and in Hand	12	264,240 _1,024,517	137,300 1,128,022
		1,288,757	1,265,322
CREDITORS Amounts Falling Due Within One Year	13	(73,892)	(79,346)
NET CURRENT ASSETS		1,214,865	1,185,976
TOTAL ASSETS LESS CURRENT LIABILITIES		1,224,902	1,193,947
NET ASSETS		1,224,902	1,193,947
FUNDS Unrestricted Funds Restricted Funds	15 15	699,807 525,095	833,062 360,885
TOTAL FUNDS		1,224,902	1,193,947

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 October 2022 and were signed on its behalf by:



Tim Hellings – Chairman



Neil Yeomans -Treasurer

#### STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2022

	Notes	31.3.22 £	31.3.21 £
Cash Flows from Operating Activities Cash Generated from operations	18	(96,986)	228,915
Cash Flows from Investing Activities Purchase of Tangible Fixed Assets Interest Received  Net Cash Used in Investing Activities		(6,925) 406 (6,519)	(6,226) 560 (5,666)
Change in Cash in the Year  Cash at the Beginning of the Year		(103,505) 1,128,022	223,249 904,773
Cash at the End of the Year		1,024,517	<u>1,128,022</u>

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES

#### **Basis of Preparing the Financial Statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statement in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (Charity SORP (FRS 102)), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Enfield Carers Centre meets the definition of a public benefit entity under FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest  $\mathfrak{L}$ .

#### Preparation of Financial Statement on a Going Concern Basis

The Charity's Financial Statements show net income of £30,955 for the year and free reserves of £439,497. The Trustees have prepared the financial statements on a going concern basis. In making their assessment they have considered a period of at least 12 months from the date of the signing of the balance sheet. This assessment has been made as part of the Trustees' wider risk assessment of risks and has considered amongst other things: "the fact that the three large council contracts provide ongoing security for the charity; forecasts; modest budgets; a new 4-year contract with BBC Children in Need secured in October 2022 for our EyPIC Young Carers Project, which removes the need for such a large subsidy from core unrestricted funds and the positive trend in income generated by the Homecare Services division."

Having made their assessment the Trustees consider that there is no material uncertainty regarding the going concern status of the charity.

#### Income

#### **Income Recognition**

All income is included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

#### **Donations and Grants**

Donation and grants which have the characteristics of a gift are recognised immediately on receipt. This is unless there are time constraints imposed by the donor or conditions or terms are imposed which must be met prior to entitlement passing which are not wholly within the control of the charity.

Grants which have the characteristics of a gift which have restrictions on their usage to certain activities or purposes within the charity are treated as restricted income.

These incoming resources are recognised as donations.

#### **Contractual Income and Grants with Performance Conditions**

Contractual Income and Grants with performance related conditions are recognised as performance conditions are met (i.e., as related goods and services are provided).

These income resources are recognised as income from charitable activities.

#### **Investment Income**

Investment income is included when receivable.

#### Volunteers and Donated Services, Facilities and Goods

Donated professional services and donated facilities are recognised as income when the Charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the Charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Charity is not recognised in the main body of the financial statement, but detail is contained in the Trustees' Report.

On receipt, donated professional services, donated facilities and goods are recognised on the basis of the value of the gift to the Charity which is the amount the Charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

## NOTES TO THE FINANCIAL STATEMENTS – continued FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES - continued

#### **Expenditure**

#### **Expenditure Recognition and Irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- (a) Costs of raising funds comprise the costs of seeking grants and donations and other trading activities that raise funds and their associated support costs.
- (b) Expenditure on charitable activities include expenditure associated with the main objectives of the Charity and include both directs costs and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### **Allocation of Support Costs**

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Charity's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 5.

#### **Leasing Commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the lease term.

#### **Tangible Fixed Assets**

Tangible fixed assets are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures and Fittings 25% on cost Computer Equipment 25% on cost

#### **Fund Structure**

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the Trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Page 17 continued...

## NOTES TO THE FINANCIAL STATEMENTS – continued FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES - continued

#### **Cash and Cash Equivalents**

Cash and cash equivalents includes cash and short-term cash deposits.

#### **Provisions**

Provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

#### **Financial Instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments including trade and other debtors and trade creditors. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### **Pension Costs**

Contributions are charged to the Statement of Financial Activities in the period in which they are payable. The charity contributes towards personal pension schemes. The contributions payable by the charity and staff are deposited in the respective pension funds within 30 days following the deduction. The pension cost charge (note 9) represents contributions payable by the charity to the fund and amounted to £16,899 (2021 - £13,647). Contributions totalling £2,194 (2021 - £2,722) were payable to the fund at the year end and are included in creditors.

#### **Taxation**

The Charity is a registered Charity and, therefore, is not liable to Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

#### **Exceptional Item**

Exceptional items are material or significant irregular items of income and expense which the Foundation believes should be disclosed in the Statement of Financial Activities to assist in understanding the underlying performance achieved by the Foundation by virtue of their nature or size.

#### **Judgement and Key Sources of Estimation Uncertainty**

In the application of the Charity's accounting policies, the Charity is required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 2. DONATIONS

			31.3.22	
	Unrestricted	Restricted	Total	
	Funds	Funds	Funds	31.3.21
	£	£	£	£
Donations-Non-Exceptional	6,455	33,173	39,628	9,053
Donations-Exceptional (Crossroads)	33,859	<del>-</del>	33,859	192,552
·	£ 6,455	£ 33,173	£ 39,628	9,05

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# NOTES TO THE FINANCIAL STATEMENTS – continued FOR THE YEAR ENDED 31 MARCH 2022

#### 3. CHARITABLE ACTIVITIES - HOME CARE SERVICES

		31.3.22	31.3.21 Restated
	Unrestricted	Total	Total
	Funds	Funds	Funds
	£	£	£
Home Care Services	329,533	329,533	108,863
London Borough of Enfield (Adults)	2,038	2,038	-
London Borough of Enfield (Child)	28,359	28,359	-
CJRS Funding	5,349	5,349	
	365,279	365,279	108,863

Income from Home care services is earned by providing home care hours, live in care services and emergency care services.

#### 4. CHARITABLE ACTIVITIES – CARERS SUPPORT

31.3.22	31.3.21
	Restated
£	£
<u>782,728</u>	827,193
	£

The income from Carers support received in 2021 totalling £827,193 was attributed to: £374,759 unrestricted funds and £452,434 restricted funds.

Contractual income received, included in the above, are as follows:

			31.3.22	31.3.21 Restated
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
Strategic Support Funding	324,959	-	324.959	324.959
Carers Assessment Project	-	310,707	310,707	310,707
EyPIC - Young Carers Project	-	-	-	50,435
Carers Hospital Discharge Project	25,000	-	25,000	25,000
Global Make Some Noise	, -	-	, <u>-</u>	45,000
Age UK -ICAN	-	34,438	34,438	21,292
Enfield Voluntary Action – Wellbeing Project	-	17,933	17,933	6,865
London Borough of Enfield - Vaccination	-	· -	· -	880
Grant				
User Contribution and Other Income	12,259	-	12,259	13,927
L.B. Enfield -Workforce Capacity Grant	-	-	-	10,000
L.B. Enfield -IPC Payment	-	-	-	12,372
L.B.Enfield -Covid 19 PPE Payment	-	-	-	5,756
Enfield Voluntary Action - TPI Grant	2,942	-	2,942	-
Jack Petchey Foundation	-	2,100	2,100	-
Alpha Care Specialists Ltd	-	15,625	15,625	-
London Borough of Enfield (Adults)	2,500	-	2,500	-
London Borough of Enfield (Child)	2,500	-	2,500	-
Enfield Voluntary Action - Royal Free- Long	-	1,765	1,765	-
Covid				
NHS: NCL CCG Comms: Enfield Winter	30,000	-	30,000	-
Outreach				
	400,160	382,568	782,728	827,193

#### **NOTES TO THE FINANCIAL STATEMENTS - continued** FOR THE YEAR ENDED 31 MARCH 2022

#### 5. **CHARITABLE COSTS**

Charitable Activities		Direct Costs £ 1,108,967	Support Costs (see note 6) £ 81,978	Totals £ 1 <u>,190,945</u>
Raising Funds				
			31.3.22 £	31.3.21
Staff Costs			13,140	£ 12,262
Communication and IT Costs			548	467
Postage and Stationery			<del>-</del>	116
			13,688	12,845
			31.03.22	31.03.21
	Home Care	Carara		Restated
	Services	Carers Support	Total	Total
	£	£	£	£
Wages	332,313	500,005	832,318	554,047
Social Security	14,174	50,453	64,627	40,985
Pensions	6,656	10,243	16,899	13,647
Premises and Equipment Cost Other Direct Costs	- 11 170	57,445 102,955	57,445	60,828
Communication and IT Costs	11,170 11,812	11,741	114,125 23,553	113,981 40,121
Postage and Stationery	-			116
	276 125	732,842	1,108,967	823,725
	376,125	132,042	1,100,907	023,123
CURRENT COOTS				
SUPPORT COSTS			Governance	
		Management	Costs	Totals

#### 6.

		Governance	
	Management	Costs	Totals
	£	£	£
Carers Support	63,887	18,091	81,978

The Charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between the Charity's key activities undertaken (see note 6) in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of staff time allocated to each activity.

Support costs, included in the above, are as follows:

#### Management

a.ia <b>g</b> onioni	31.3.22 Carers Support £	31.3.21 Total Activities £
Premises Office Costs	3,023	3,201
Insurance	8,635	48
Communication and IT Costs	14,580	24,655
Professional Expenses	19,862	11,668
Sundries	4,103	2,109
Depreciation of Tangible Fixed Assets	4,859	4,528
Printing and Stationery	8,825	
	63,887	46,209

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

	Governance Costs		
		31.3.22	31.3.21
		Carers	Total Activities
		Support £	£
	Staff Costs	11,474	4,445
	Auditors' Remuneration	6,000	6,000
	Communication and IT Costs	479	518
	Training Expense	<u>138</u>	560
		18,091	11,523
7.	NET INCOME/(EXPENDITURE)		
	Net income/(expenditure) is stated after charging:		
	3	31.3.22 £	31.3.21 £
	Auditors' Remuneration	5,000	5,000
	Auditors' Remuneration – Other Services	1,000	1,000
	Depreciation - Owned Assets Other Operating Leases	4,859 35,067	4,528 34.800
	Other Operating Leades	35,007	<del>3-1,000</del>

#### 8. TRUSTEES' REMUNERATION AND BENEFITS

There were no Trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### Trustees' expenses

There were no Trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### 9. STAFF COSTS

	£	£
Wages and Salaries	843,793	558,492
Social Security Costs	64,627	40,985
Other Pension Costs	16,899	13,647
	925,319	613,124
The average monthly number of employees during the year was as follows:		
	31.3.22	31.3.21
Direct Charitable Work	28	23
Support/Administration	20_	25

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	31.3.21	31.3.20
£60,000 - £70,000	1_	1_

#### **Key Management Remuneration**

The key management personnel of the charity comprise of two employees including the Chief Executive Officer. The total wages of the key management personnel of the charity were £114,714 (2021: £156,226).

31.3.22

48

31.3.21

48

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

#### 10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

INCOME AND EXPENDITURE Donations-Non exceptional Donations-Exceptional	Unrestricted Funds £ 9,053 192,552	Restricted Funds £ -	Restated Total Funds £ 9,053 192,552
Charitable activities Home Care Services Carers Support	108,863 374,759	- 452,434	108,863 827,193
Investment Income	560	<del>-</del>	560
Total	685,787	452,434	1,138,221
EXPENDITURE ON Raising Funds	12,845	-	12,845
Charitable activities Carers Support	590,331	278,281	868,612
Total	603,176	278,281	881,457
NET INCOME	82,611	174,153	256,764
Transfers Between Funds	(18,207)	18,207	<u>-</u>
Net Movement in Funds	64,404	192,360	256,764
RECONCILIATION OF FUNDS			
Total Funds Brought Forward	768,658	168,525	937,183
TOTAL FUNDS CARRIED FORWARD	833,062	360,885	1,193,947

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

11.	TANGIBLE FIXED ASSETS		Fixtures		
			and Fittings £	Computer Equipment £	Totals £
	COST At 1 April 2021 Additions		11,537	54,503 6,925	66,040 6,925
	At 31 March 2022		11,537	61,428	72,965
	DEPRECIATION At 1 April 2021 Charge for Year		11,537 	46,532 4,859	58,069 4,859
	At 31 March 2022		11,537	51,391	62,928
	NET BOOK VALUE At 31 March 2022			10,037	10,037
	At 31 March 2021			7,971	7,971
12.	DEBTORS: AMOUNTS FALLING DUE WITH	N ONE YEAR		31.3.22	31.3.21
	Trade Debtors			£ 213,834	£ 124,656
	Other Debtors Prepayments and Accrued Income			50,406	2,204 10,440
	1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1			264,240	137,300
13.	CREDITORS: AMOUNTS FALLING DUE WIT	HIN ONE YEAR		31.3.22	31.3.21
	Trade Creditors Social Security and Other Taxes Other Creditors Deferred Income Accrued Expenses			£ 9,129 16,573 2,194 7,500 38,496	£ 13,208 16,078 2,469 7,500 40,091
				73,892	79,346
14.	ANALYSIS OF NET ASSETS BETWEEN FUN	IDS			
•••		Unrestricted Funds £	Restricted Funds £	31.3.22 Total Funds £	31.3.21 Total Funds £
	Fixed Assets Current Assets Current Liabilities	10,037 763,662 (73,892)	525,095 	10,037 1,288,757 (73,892)	7,971 1,265,322 (79,346)
		699,807	525,095	1,224,902	1,193,947

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

#### 15. MOVEMENT IN FUNDS

Unrestricted Funds	At 1.4.21 £	Net Movement in Funds £	Transfers Between Funds £	At 31.3.22 £
General Fund	380,632	143,243	(83,568)	440,307
Designated funds Development Fund Services for Young Carers Carers Benefits Advice	260,120 72,000 44,810	(180,120) (38,113) (34,403)	- 26,113 33,593	80,000 60,000 44,000
Carers GP & Hospital Support Transition Project Staff	40,000 35,500	(32,729)	32,729	40,000 35,500
Postricted funds	833,062	(142,122)	8,867	699,807
Restricted funds Carers Assessment Project EyPIC - Young Carers Project	242,475 -	174,553 -	-	417,028
Carers Fire Prevention Project CEPN Safer Discharge Project Carers GP & Hospital Support Project	8,867 59,831 38,952	- - (24,188)	(8,867) - -	- 59,831 14,764
Replacement Care for Ambassadors Global Make Some Noise	1,385 301	(301)	-	1,385
Age UK - ICAN Enfield Voluntary Action – Wellbeing Project	9,074 	11,731 11,282		20,805 11,282
	360,885	173,077	(8,867)	525,095
TOTAL FUNDS	1 <u>,193,947</u>	30,955	<del></del>	1,224,902
Net movement in funds, included in the above a	are as follows:	Incoming Resources	Resources	Movement in Funds
Unrestricted Funds	are as follows:	Resources £	Expended £	in Funds £
Unrestricted Funds General Fund	are as follows:	Resources	Expended	in Funds
Unrestricted Funds	are as follows:	Resources £	Expended £ (662,916) (38,113) (180,120) (32,729)	in Funds £
Unrestricted Funds General Fund  Designated funds Services for Young Carers Development fund	are as follows:	Resources £	Expended £ (662,916) (38,113) (180,120)	in Funds £ 143,243 (38,113) (180,120)
Unrestricted Funds General Fund  Designated funds Services for Young Carers Development fund Transition Project Staff Carers Benefits Advice	are as follows:	Resources £ 806,159	Expended £ (662,916) (38,113) (180,120) (32,729) (34,403)	in Funds £ 143,243 (38,113) (180,120) (32,729) (34,403)
Unrestricted Funds General Fund  Designated funds Services for Young Carers Development fund Transition Project Staff	are as follows:	Resources £ 806,159	Expended £ (662,916)  (38,113) (180,120) (32,729) (34,403)  (948,281)  (136,154) (35,273) (6,651)	in Funds £ 143,243 (38,113) (180,120) (32,729) (34,403) (142,122) 174,553 - 11,282
Unrestricted Funds General Fund  Designated funds Services for Young Carers Development fund Transition Project Staff Carers Benefits Advice  Restricted funds Carers Assessment Project EyPIC - Young Carers Project Enfield Voluntary Action – Wellbeing Project Global Make Some Noise Age UK - ICAN Alpha Care Specialists Ltd Carers GP & Hospital Support Project		Resources £ 806,159 - - - 806,159 310,707 35,273 17,933 - 34,438 15,625 -	Expended £ (662,916)  (38,113) (180,120) (32,729) (34,403)  (948,281)  (136,154) (35,273) (6,651) (301) (22,707) (15,625) (24,188)	in Funds £ 143,243 (38,113) (180,120) (32,729) (34,403) (142,122)
Unrestricted Funds General Fund  Designated funds Services for Young Carers Development fund Transition Project Staff Carers Benefits Advice  Restricted funds Carers Assessment Project EyPIC - Young Carers Project Enfield Voluntary Action – Wellbeing Project Global Make Some Noise Age UK - ICAN Alpha Care Specialists Ltd		Resources £ 806,159 - - - 806,159 310,707 35,273 17,933 - 34,438 15,625 - 1,765	Expended £ (662,916)  (38,113) (180,120) (32,729) (34,403)  (948,281)  (136,154) (35,273) (6,651) (301) (22,707) (15,625) (24,188) (1,765)	in Funds £ 143,243 (38,113) (180,120) (32,729) (34,403) (142,122) 174,553 - 11,282 (301) 11,731 - (24,188)
Unrestricted Funds General Fund  Designated funds Services for Young Carers Development fund Transition Project Staff Carers Benefits Advice  Restricted funds Carers Assessment Project EyPIC - Young Carers Project Enfield Voluntary Action – Wellbeing Project Global Make Some Noise Age UK - ICAN Alpha Care Specialists Ltd Carers GP & Hospital Support Project		Resources £ 806,159 - - - 806,159 310,707 35,273 17,933 - 34,438 15,625 -	Expended £ (662,916)  (38,113) (180,120) (32,729) (34,403)  (948,281)  (136,154) (35,273) (6,651) (301) (22,707) (15,625) (24,188)	in Funds £ 143,243 (38,113) (180,120) (32,729) (34,403) (142,122) 174,553 - 11,282 (301) 11,731

# NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

#### 15. MOVEMENT IN FUNDS - continued

#### **Comparatives for Movement in Funds**

		Net	Transfers	
		Movement	Between	
	At 1.4.20	in Funds	Funds	At 31.3.21
	£	£	£	£
Unrestricted Funds				
General Fund	351,728	82,611	(53,707)	380,632
Development Fund	260,120	-	-	260,120
Services for young Carers	72,000	-	-	72,000
Carers Benefits Advice	44,810	-	-	44,810
Carers GP & Hospital Support	40,000	-	-	40,000
Transition Project Staff	<u>-</u> _	<u>-</u> _	35,500	35,500
	<u> </u>	<u></u>		
	768,658	82,611	(18,207)	833,062
Restricted Funds				
Carers Assessment Project	35,750	206,725	-	242,475
EyPIC - Young Carers Project	1,801	(20,008)	18,207	-
Carers Fire Prevention Project	8,867	-	-	8,867
CEPN Safer Discharge Project	72,244	(12,413)	-	59,831
Carers GP & Hospital Support Project	38,952	-	-	38,952
Older Carers Benefits & Advice Project	9,526	(9,526)	-	-
Replacement Care for Ambassadors	1,385	-	-	1,385
Global Make Some Noise	-	301	-	301
Age UK - ICAN		9,074		9,074
	168,525	<u>174,153</u>	18,207	360,885
TOTAL FUNDS	937,183	256,764	_	1,193,947

Comparative net movement in funds, included in the above are as follows:

	Incoming Resources £	Resources Expended £	Movement in Funds £
Unrestricted Funds			
General Fund	685,787	(603,176)	82,611
Restricted funds			
Carers Assessment Project	310,707	(103,982)	206,725
EyPIC - Young Carers Project	50,435	(70,443)	(20,008)
CEPN Safer Discharge Project	-	(12,413)	(12,413)
Older Carers Benefits & Advice Project	-	(9,526)	(9,526)
Home From Hospital Project	25,000	(25,000)	-
Global Make Some Noise	45,000	(44,699)	301
Age UK - ICAN	21,292	(12,218)	9,074
	452,434	(278,281)	174,153
TOTAL FUNDS	1,138,221	(881,457)	256,764

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

#### 15. MOVEMENT IN FUNDS - continued

#### **Description, Nature and Purpose of Restricted Funds:**

**Carers Assessment Project** - This funding is for the Appointed Trusted Assessor for Enfield Council. It is for the provision of stand-alone (Carers only) assessments and processing of carers direct payments where appropriate.

**EyPIC - Young Carers Project -** This project is funded by both grants and donations. The project involves working closely with local schools delivering assemblies and teacher training to raise awareness about YCs and YACs aimed at:

- a) identifying hidden carers and adopting a Schools 'Young Carers' Protocol.
- b) referring them to ECC for ongoing support.
- c) reducing absenteeism.
- d) improving educational attainment and their future prospects.

**Carers Fire Prevention Project** - This funding is from London Fire Brigade for identifying carers and cared for persons with mobility or sensory impairment in need of fire prevention equipment or services (e.g., smoke alarms, flame retardant bedding, etc.)

Community Education Providers Networks (CEPN) Safer Discharge Project - This funding from CEPN NHS England aimed at reducing hospital readmissions and promoting the involvement of carers in smoother, faster, safer discharges from hospital. Also, the production of 2 videos: one aimed at hospital staff - improving carer awareness and promoting the advantages of including carers in discharge planning. The second video is aimed at family / unpaid carers and explains the discharge process; the need for carer involvement and the importance of planning for the discharge date. The project also provides a post-discharge training program for carers covering topics such as medication management, signs of infection, dehydration and pressure sores, etc.

**Carers GP & Hospital Support Project** - This funding from The Henry Smith Charity to identify and support carers at GP practices and hospitals at an earlier stage and establish improved support for Carers. To support practice and hospital staff with carer awareness training and increase signposting to Enfield Carers Centre.

Older Carers Benefits & Advice Project - This funding from City Bridge Trust is for the support of carers aged 65+ to maximise their income by ensuring that they receive full financial and welfare benefit entitlements and do not experience financial hardships.

**Replacement Care for Ambassadors** - ECC has assisted Enfield Council in recruiting Carers Ambassadors who will represent carers of specific disability areas at Carers Partnership Board and other meetings. The Ambassadors are provided with direct payment from the Council as reimbursement for expenses. The £1,385 funding allocated to ECC is restricted for the purpose of reimbursing Ambassadors for replacement care and expenses.

Alpha Care Ltd "Home from Hospital Project" - ECC is a formal partner on this project. ECC provides a Hospital Discharge Liaison Officer working over three hospitals: Chase Farm; North Middlesex University (North Mid). and Barnet. The Officer works closely with the multi-disciplinary discharge teams and supports Carers to be involved in discharge planning as well as promoting referrals to the Home from Hospital services.

**Global Make Some Noise** - Funding for a transport fund helping vulnerable people avoid public transport or the expense of taxis, plus continuation of a sessional worker to continue making support and befriending calls to the most vulnerable carers. In addition, a contribution towards a new project element, a Carers and Young Carers Hardship Fund, to provide support in areas such as food emergencies, replacement of essential equipment, winter clothing and respite, plus overhead costs to manage the fund.

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

#### 15. MOVEMENT IN FUNDS - continued

#### **Description, Nature and Purpose of Unrestricted Funds:**

**Age UK- ICAN** - ECC has partnered with Age UK Enfield as one of four delivery partners on their iCan Service project. The project aims to support vulnerable adults to remain living healthily and independently in the community, improving the self-management of their health conditions and reducing the need for access to primary and secondary care services. The project supports adults aged 18 and over.

ECC employs a Navigator to work with service users living in the Edmonton area in a holistic manner and identify their physical, emotional, psychological, social and practical needs.

**Development Fund** - To support the charity's merger proposals and subsequent expansion of services in the home care field. To evaluate and undertake the promotion and development of new services which will generate unrestricted income, build future sustainability and effectively meet service user needs through areas of work appropriate for the charity to undertake.

**Services for Young Carers** - To ensure that the charity continues to operate and meet the needs of vulnerable young carers.

Carers Benefits Advise - To allow the Charity to continue supporting carers of all ages to maximise their income by ensuring that they receive full financial and welfare benefit entitlements and do not experience financial hardship.

Carers GP & Hospital Support - To ensure the Charity's presence in healthcare settings and meet its aim of identifying and supporting carers at GP practices and hospitals at an earlier stage and establish improved support for Carers. To support practice and hospital staff with carer awareness training and increase signposting to Enfield Carers Centre.

**Transition Project Staff** - Our experienced staff support parents and carers of young people and adults aged 14 to 25 who have learning, physical or other additional needs with the transition from children to adult services. We also support parents and carers with other transition issues such as moving into independent living or making further education/career choices.

**General Funds:** General funds represent the balance of the unrestricted funds available to be applied as the Trustees in their discretion think fit towards attaining the charitable objects and purposes of the charity.

#### **Transfers Between Funds**

During the year one restricted fund with the permission of the original donors was dissolved into the general fund.

#### 16. RELATED PARTY DISCLOSURES

Other than Key Management Compensation disclosed in Note 9, there were no related party transactions for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### 17. LEASING COMMITMENTS IN RELATION TO PROPERTY

 31.3.22
 31.3.21

 £
 £

 £
 £

 Within One year
 35,067
 34,800

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

18.	RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES			
		31.3.22	31.3.21	
		£	£	
	Net Income for the year (as per the Statement of Financial Activities)	30,955	256,764	
	Adjustments for:			
	Depreciation Charges	4,859	4,528	
	Interest Received	(406)	(560)	
	Increase in Debtors	(126,940)	(84,385)	
	Increase/(Decrease) in Creditors	(5,454)	52,568	
	Net Cash Provided by Operations	(96,986)	228,915	

#### 19. RECLASSIFICATIONS AND COMPARATIVE FIGURES

Charitable income and expenditure reclassifications have been made to the comparative figures to enhance comparability with the current year's financial statements.

#### 20. DEFERRED INCOME

DEI ERRED INCOME	31.3.22 £	31.3.21 £
Balance as at 1 <sup>st</sup> April Amount Released to Income during the Year Amount deferred in the Year	7,500 (7,500) 	7,500 - 
Balance as at 31st March	7,500	7,500

Deferred income represents funding received from London Borough of England towards cost of carers assessments to be carried out in future years.

#### 21. SHARE CAPITAL

The company is limited by guarantee and does not have a share capital divided by shares.