

Charity Registration No. 1015728

Company Registration No. 02758481 (England and Wales)

**THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)**

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED

(LIMITED BY GUARANTEE)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr Vas Selvaratnam (Chairperson) Mr Gregory Borkiewicz Ms Tora Colwill Ms Brigid Day Ms Amy Dickinson (resigned 29/10/2021) Mr Jamie Elliott (Treasurer) Mr Jeremy Laver Dr Feylyn Lewis Mr James Pike
Patrons	Mrs Caroline Lucas MP (Pavilion, Brighton) Prof Saul Becker, Provost at University of Sussex
Chief Executive Officer & Secretary	Mr T Lambert
Charity number	1015728
Company number	02758481
Principal Address and Registered office	18 Bedford Place Brighton East Sussex BN1 2PT
Independent Examiners	TC Group The Courtyard Shoreham Road Upper Beeding Steyning West Sussex BN44 3TN
Bankers	Charities Aid Foundation Bank Ltd Kings Hill West Malling Kent ME19 4TA

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED

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THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED (LIMITED BY GUARANTEE) TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31 March 2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the Trustees are elected at each Annual General Meeting by the Members of the organisation.

The Members have guaranteed to contribute a maximum of £1 each in the event of the company being wound up. The number of Members at 31 March 2022 was 34 (2020-21: 38).

The charity is run by a Board of Trustees, who delegates the day to day operation to the Chief Executive Officer and staff. The Board of Trustees meets six times per year to receive operational reports and review and agree policy and procedures, and on one or more occasions for the purposes of strategic planning.

Recruitment and appointment of new trustees

Trustees are recruited by general advertisement in local media, volunteer centre and the organisation's regular newsletter. Interested parties complete a full application form and references are taken up, before being invited to meet the trustees formally.

Induction and training of new trustees

There is a full induction and training programme in place for new trustees.

Risk Review

The Trustees have conducted their own review of the major risks to which the charity is exposed and systems have been established to mitigate those risks. The Financial Management Policy, Risk Management Policy and Reserves Policy were reviewed and updated at the Trustee Board meeting on 23rd June 2022. The Carers Centre board approved a new five-year Strategic Plan on 24th June 2021 which will be reviewed annually. The board also developed a new fundraising strategy which was approved on 22nd April 2021 and has a risk management plan. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

AIMS & OBJECTIVES OF THE ORGANISATION

OUR VISION

An improved quality of life for carers in Brighton & Hove

OUR MISSION

To make a positive difference to the lives of carers by encouraging a wider recognition of their caring role; enabling them to fulfil their own needs as individuals and offering them appropriate and suitable support

CARERS: A DEFINITION

- Carers provide physical and/or emotional support to family members, partners or friends in need because they have a long-term illness, disability, mental health condition or substance-dependence. The care they provide is unpaid.
- Young carers are children and young people aged 17 or under who provide, or intend to provide, care, assistance or support to another family member. They carry out, often on a regular basis, significant or substantial caring tasks and assume a level of responsibility, which would usually be associated with an adult.

OUR AIMS AND VALUES

Putting carers first

Our services will focus on supporting carers; seeing things from their point of view. Many carers need better services for the person they care for. We will therefore take a holistic approach to all our work, considering the needs of carers, and those they care for.

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Empowerment

In all our work we will aim to empower individual carers to take control of their lives, play a full part in the local community and to move on from their role when appropriate. We believe that carers themselves are a powerful force for change, and we aim to give carers a real voice in designing and influencing services.

Involvement

We are committed to providing services which respond to carers' needs and enable carers and former carers to take an active part in our work. We also offer carers safe spaces to provide invaluable peer support for each other.

Equality

We recognise that many groups and communities experience discrimination and firmly assert that this is wrong. We aim to ensure that all our services are accessible, flexible, adaptable and appropriate to all carers in Brighton & Hove.

Service delivery

We will work in partnership with statutory and voluntary agencies, whilst retaining our independence. In doing so, we will use our resources effectively to provide a responsive and high-quality service to carers. Where we have identified needs that are not best met by our organisation, we will work proactively with other organisations to ensure that appropriate and timely services are provided.

Challenging and supportive

We aim to provide a challenging workplace for staff and volunteers, with an open and consultative management style, and to provide the support that staff and volunteers need to do their jobs.

STRATEGIC OUTCOMES

As a result of contact with The Carers Centre for Brighton & Hove:

- carers are more informed, supported and resilient through accessing services appropriate to their needs
- carers' needs are identified and prioritised with carer participation at both individual and service-wide levels
- carers and former carers feel empowered to contribute to policy, research and the development of services both locally and nationally
- stakeholders, decision-makers and the general public have an increased understanding of carers' experiences and recognition of what being an unpaid carer means
- staff and volunteers are valued, supported and part of a sustainable, respected organisation with a positive, inclusive culture

OUR SERVICES

In 2021-22, the Carers Centre employed a total of 19 staff members (5 full-time and 13 part-time), 6 sessional workers and 63 volunteers (78 during 2020-21). The Chief Executive Officer is accountable to the Board of Trustees (9 trustees in 2021-22) and is line-managed by the Chairperson of the Board.

The Carers Centre provides a wide range of services, which are available to any unpaid carers in Brighton and Hove. By the end of the financial year 2021-22, the Carers Centre was 4½ years into delivery of the Carers Hub model which provides a 'front door' access point to all carers' support services in the city. Within the 3-tier system, the Carers Centre holds a dedicated phone line – 01273 977 000 between 9am and 5pm Monday to Friday; and a website – www.carershub.co.uk with online resources and links related to young and adult carers. The Hub is an effective and efficient single-entry point for carers to get information, advice, support and services through agreeing a series of pathways with the Adult Social Care Team, Childrens' Services, the Memory Assessment Service, Alzheimer's Society, Crossroads Care and other voluntary sector organisations.

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(I) Impact of Covid-19 Pandemic

As with all charities, The Carers Centre continued to be significantly impacted by the COVID-19 global pandemic throughout the financial year 2021-22. During the period, most of our staff and volunteers transitioned to a hybrid model of working with a flexible working trial period due to conclude in May 2022. At this point, the Senior Management Team will confirm any permanent changes to the home/office working balance.

Our major funders recognised the crucial role we play as a key strategic partner in supporting the unpaid family/friend carers of Brighton & Hove during the pandemic. As such, the majority of our funding has not been adversely affected to date (although some smaller projects were paused until in-person contact with service users became viable once more).

In terms of risk management, as statutory funders begin to take stock of the emergency spending they needed to make during the pandemic, we took the time to complete our work on the new Fundraising Strategy (listed below under 'Resources Development') which will see us work towards funding diversification.

Regarding our service response, we were able to resume many of our in-person support services with careful attention paid to social distancing requirements. While this was warmly received by carers, many of them have found during the past two years that our online activities are easier for them to access. For example, those who live on the edge of the city for whom travelling to city centre locations can be challenging. We are of course mindful of such provisions feeling less personal and difficult to participate in with other household members around. It is therefore our plan to continue to develop a hybrid of in-person and online support for carers.

We also worked with the NHS Sussex Health and Care Partnership and other Sussex-based carer support organisations to build upon the vaccination roll-out work we conducted towards the end of the previous period. Of particular note was our 'Stay Well This Winter' campaign which resulted in a 12% increase in carer registrations across Sussex versus the same period the previous year.

In the last quarter of the period (Jan-Mar 2022), we worked with the local authority to distribute £5,000 of the Government Household Support Fund. 20 financially disadvantaged families were identified for support grants which were used to cover rising energy and food costs. Discussions around a further round of grants are ongoing between The Carers Centre and Brighton & Hove City Council.

(II) Our Services for Adult Carers

Our services for adult carers include the provision of emotional support, information, guidance and peer-support activities to a wide range of carers, including carers of people with mental health conditions, learning disabilities, physical or sensory disabilities and life-limiting illnesses.

Between April 2021 and March 2022, 1,767 adult carers received information, support and services from the core Adult Carers Team (1,788 in 2020-21). 891 of these were newly referred carers, with 545 of those presenting with a variety of support requirements necessitating a carers contact assessment. These assessments established their eligible needs and formed an intervention plan resulting in onward referrals to both internal and external support projects. In addition, 2,170 anonymous clients (1,800 in 2020-21) were advised on specific matters which either did not require registration or where the client chose not to register.

The Carers Hub service delivery model has strengthened our approach to offer carers advice, information and the aforementioned carers contact assessments over the phone and/or email. During this financial year, Carers Hub has made over 23,400 contacts in person and by correspondence providing support, information and advice (21,000 in 2020-21).

Carers Peer Support

The Carers Centre continued to deliver a weekly online peer support provision during this period due to restrictions related to the COVID-19 pandemic. However, we were able to resume our in-person coffee mornings in central Brighton from quarter three and in Hove from quarter four. Carers received support to remain emotionally resilient and physically well, both through directed information, and through the impact of shared experience with other carers away from their caring role. During the period, 58 group sessions were organised with 357 carer attendances (262 in 2020-21).

The other two peer support groups not covered under the headings below are:

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- 1) our regular group for **carers of those with learning disabilities or autistic spectrum disorders**. During the period, 10 group sessions were organised with 23 carer attendances.
- 2) To complement our employer advice service, we were able to secure a small grant in early 2020 to develop a peer support group specifically for **working carers**. This provision also had to move online during the period but 20 different individuals attended 11 sessions across the year for a total of 47 attendances.

Carers Reablement Project

This project matches a skilled volunteer with a carer with a view to the carer learning a new skill or rediscovering an old hobby that had been lost due to their busy caring role.

While online interactions remained prevalent throughout the year and in quarter one particularly, in quarter two we opened up more face to face meetings with carers, following government guidance as to the best and safest ways to meet, including sitting with carers in outside spaces and later on, wearing a mask and having windows open indoors. Being able to visit carers in-person caused a surge in initial meetings and meeting with carers to help with digital devices, many of whom were unable to access the project or groups and extra support digitally during the lockdowns, so we were keen to make it to these carers just in case the pandemic situation changed. It also allowed some volunteers to re-meet with carers they were matched with before including one carer learning the piano.

Our volunteers have continued to work hard running our online groups throughout the year and have welcomed carers via zoom to our Monthly Book Club, monthly Meditation and monthly Music Appreciation groups. We have been able to continue our successful Wellbeing Walks in a number of locations around the city and in the run up to Christmas, with the help of a volunteer we hosted a fun Christmas craft activity in-person for a small group of carers. Our Reablement groups attracted 56 carers to 39 events for a total of 169 attendances.

End of Life Project

The End of Life support project continues to support carers of people with a range of life-limiting illnesses. The Project continues to provide 1:1 support (47 recipients during the period up from 44 in 2020-21 and 18 in 2019-20). The resumption of our previous monthly outreach at the Macmillan Cancer Horizon Centre has proved to be a useful way of providing face-to-face information and support to carers using the Centre on an ad hoc or appointment basis.

The Project also provides 13 months of support for bereaved carers with the addition of signposting to specialist bereavement services within the City. Furthermore, a peer support group for bereaved carers met 10 times during the year with a total of 47 attendances.

Memory Assessment Service (MAS) Link Work

During the period, the Memory Assessment Service Carers Link Worker offered support, information, signposting and help with the assessment process for carers of those living with dementia.

In addition, the Worker offered support to carers who are caring for someone with a diagnosis of Mild Cognitive Impairment (MCI), ensuring that the caring role for someone with a mild memory problem was still acknowledged and carers assessments accessed.

The post was expanded from 1 day per week to 2 days per week for this year and will remain as such for at least the forthcoming financial year. This will enable us to advocate for more carer inclusion within the memory assessment service and strengthen links with relevant voluntary sector agencies.

During the period, 477 carers of those living with dementia or MCI were in receipt of support from The Carers Centre.

Changes Ahead

Changes Ahead supports carers of those living with a mental health condition and has been a part of The Carers Centre's suite of services since December 2019. With a strong history of providing 1:1 and peer support for this group of carers, the successful integration of the Changes Ahead offer has built upon our ability to provide specialist services.

169 carers accessed support from the service during the year which is understandable given the challenges which the pandemic has brought to those living with mental health conditions and their families. Increasing resources for this provision is a significant target in our newly-developed Fundraising Strategy and we already increased funding for this project during the period, introducing an additional working day for one of our two Changes Ahead workers. 13 carers engaged with the 10 online Changes Ahead peer support sessions during the period for a total of 33 attendances.

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Carer Inclusion Project

Thanks to a generous legacy donation awarded to the organisation during 2018-19, the board resolved to establish a new Inclusion Project for carers with protected characteristics. The donor was a carer from the LGBTQ+ community and having successfully recruited a worker to the new role of Carers Inclusion and Development Worker, we are now able to offer additional outreach support to carers from underrepresented groups.

The sustainability of this role was secured in quarter three as we commenced delivery of Carers Trust's Making Carers Count project. This funded project is a partnership between The Carers Centre and two other carer support organisations in Sussex and sees each partner receive funding to support carers from ethnic minority backgrounds. The remaining funds from the original legacy donation will be used to continue our support of carers from the LGBTQ+ community.

During the year:

- Identification and monitoring of registered carers continued to improve. For example, we now have 449 carers from ethnic minorities registered (299 in March 2021 and 183 in Feb 2020) and 122 carers who identify as LGBTQ+ (71 in March 2021 and 23 in Feb 2020) plus 8 carers (up from 5) from Gypsy/Roma/Traveller communities registered with the service
- Internally, an Equalities Working Group now meets bi-annually to embed recommendations and good practice
- Our LGBTQ+ peer support group welcomed 21 individual carers to 14 sessions for a total of 64 attendances
- A translation feature was added to The Carers Centre website
- Our Mind the Gap engagement/research findings from spring 2021 were leveraged to secured further NHS engagement funding focused upon consulting carers from underrepresented communities

Activities and events

Other activities provided include the following:

- Free legal surgeries (30 sessions (30 also provided in 2020-21)) were held during the year, each with a solicitor offering appointments to carers. Issues covered in the sessions included wills & trusts, housing, community care and Power of Attorney. From time to time the solicitors also give additional free time to run workshops and information sessions for the Centre.
- 10 carer awareness training sessions were delivered to health and social care professionals in the statutory and voluntary sectors.
- The Adult Carers Team also delivered 37 Tai Chi/Qi Gong sessions online. This popular provision saw 28 individual carers make a total of 245 attendances.

(III) Our Services for Young Carers

The Young Carers Team aims to support children and young people who care for a member of their family who has a physical or mental health support need, substance misuse issue or sensory or learning disability. The Team supports children & young people whose social, emotional or educational development is negatively affected by their caring role.

The Team has two main aims: to reduce the actual caring role and / or to reduce the impact of the caring role. The first thing we do is try to improve the support provided to the family in order to reduce the reliance on children as carers. In particular we engage with Education, Children and Families Social Care, Adult Social Care, Health and Housing services. We also provide activities and run groups, to enable young carers to enjoy a break and develop their peer support network. Furthermore, the team provides one-to-one emotional support work to build the internal resilience of young carers when they face times of particular stress or transition.

During the period, the Young Carers Team received 118 new referrals (133 in 2020-21) for young carers aged 6-17, and offered information, advice and activities to a total number of 397 young carers (301 in 2020-21).

The Team supported young carers by offering:

- Casework and support to young carers and their families to improve the caring role and working in partnership with adult and Children & Families Services around the needs of the young carer and their families

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- 83 in-person and online group activities for young carers including comic book design, climbing, ice skating and art workshops. 266 different young carers accessed these activities, taking up a total of 693 places
 - 56 young adult carers aged 18-25 received advice and guidance (50 in 2020-21 and 25 in 2019-20). 27 young adult carers also attended 13 different targeted events including ecotherapy and a wellbeing residential for a total of 88 attendances

Schools work

In the academic year of September 2019 – August 2020 the Schools Worker worked with 25 schools, delivering training and running awareness sessions with pupils or teachers, attending schools conferences and cluster events. The Schools Worker's role includes Identifying young carers through partnerships with schools in the city; building knowledge and awareness of young carers issues and needs, and of the support available from the Young Carers Project (YCP); clarifying and supporting expectations around in-school support systems for young carers, including the use of policies and protocols; championing young carers in education settings in the city, and directly delivering PSHE (Personal, Social & Health Education) sessions to schools focused on the role of caring.

- 220 pupils attended a total of 10 PSHE sessions focused on young carers
- 120 pupils attended 2 school assemblies delivered by the YCP
- 5 training sessions delivered to 40+ teachers and school support staff to improve the identification of young carers
- 30 new YCP referrals generated plus 11 from School Nurses

Additional Achievements

- Support for young carers and young adult carers beyond school has been an evolving part of the Schools worker role over the last few years. Pre-pandemic the Young Carers Project was regularly invited onsite to college events such as fresher's fairs to raise awareness amongst students and staff. This year there were no visitors onsite so instead information was provided to distribute to students. Advice and guidance were also provided to the college wellbeing services throughout the year to help the college support students and make referrals
- Facilitating casework support where there have been school-based issues for individual carers. This has been more of an issue during the pandemic, both during lockdowns and as pupils returned, with problems arising around attendance and student safety, homework and access to technology. Facilitating good communication between schools and families and an understanding of the unique issues young carers and their families face helped to resolve these issues
- Continuing to contribute to the development of Widening Participation pathways for Young Carers. Liaison with Brighton University about how best to support students with a caring role as part of an online learning day about young carers. We shared findings from our research project Aiming High, including young carers thoughts and concerns about going to university, and in particular what barriers there were for young carers and how these could be addressed to make university a more accessible option for them. Current students were also able to express their views on managing their workload and other commitments alongside their caring role, with a view to helping the university improve their provision for both current and future young adult carers

Awareness raising

We held an incredibly successful Young Carers Action Day event, providing an evening of cabaret, food and activities for over 80 young carers and their family members. The venue was funded by a Carers Trust grant and the Council supported with funding for food and sessional hours to have a dedicated staff member to organise the event. This really utilised the wider skills of sessional workers. The activity was supported by two other children's organisations – Forward Facing and Kidzone.

Throughout the period, young carers reps and our Young Carers Team Manager were active participants in the National Young Carers Voice group, as well as having representation at Brighton Youth Council. Our own Young Carers Action Group continues to meet, with the group making contributions to the organisation's new strategic plan and fundraising strategy.

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(IV) Development Work Information

Carers News goes out four times a year to over 3,000 carers and professionals. This year we also included a special lockdown edition of the magazine to keep carers informed. The Centre continues to encourage carers to receive the electronic version of the newsletter in order to save printing and postage costs. The Carers Centre also produces a series of factsheets free to carers on a range of topics including respite, transport, community care, bereavement services and returning to employment. Each of the 11 factsheets is updated annually to provide as much up-to-date information to carers as possible. Carers can also get access to information and advice via Carers Hub phone line (9-5; Monday to Friday) and website – www.carershub.co.uk, which posts regular updates, news and activities relevant to the city's carers. Different social media methods, such as Facebook, Twitter and the Young Carers Project YouTube channel, have been used to stay in touch with and contact more carers in the City.

Primary Care Work

The role of Primary Care Carers Link Worker is a key part of our efforts to raise carer awareness amongst GP practices, pharmacists and other health sector professionals. We have helped to embed a carers hub referral form within the 2 main database systems used by GPs (carer prescriptions) and been a partner in the development of numerous GP surgery multi-disciplinary team meetings to advocate for carer awareness and support.

In addition, the Link Worker supported the vaccine rollout efforts via the COVID-19 Communications and Engagement Group facilitated by the local authority. Vaccination information relevant to carers was shared with GP practices. Furthermore, information packs have also been issued to 39 GP practices and the 21 healthy living pharmacies in the city.

Employment

The Carers Centre works with employers to support their workers who are also unpaid carers. Raising awareness and offering free online resources are the key focus at the initial stage. Further support is available to those seeking to embed good practice. 24 employers were visited in-person, a further 14 attended online awareness-raising sessions and there were 3 awareness-raising sessions attended by 12 members of the University of Sussex faculty. Finally, 6 additional employers attended the 'Carers UK – Employers for Carers (EFC)' event that we hosted during Carers Week 2021.

As an organisation, we also developed and launched our Carer Leave Policy which recognises and values the staff we employ who have caring roles in their own lives. It entitles them to additional paid leave throughout the year.

(V) Campaigning

Carers Week June 2021

For the second successive year we offered a virtual Carers Festival, running activities on Zoom calls throughout the week. We ran a wide variety of activities: coffee and chat sessions, the 1st anniversary session of our monthly book club, Tai Chi, a quiz, meditation and a bakery class with support from Stoneham Bakehouse.

In addition, we were also delighted to be able to deliver 5 in-person, socially-distanced, 'Tea in the Park' sessions at St. Ann's Well Gardens with 18 carers able to enjoy the sunshine. Indeed, for some it was the first in-person social event they had experienced for over a year.

Carers' Rights Day November 2021

On November 25th, we were lucky enough to be able to welcome 29 carers to one of our first in-person events to mark Carers Rights Day. We were hosted by St Augustine's Art and Events Centre which is a vibrant and colourful space. Carers were able to join a talk about social prescribing, from Together Co and Brighton and Hove City Council's Welfare Rights Team were able to talk through with carers around the issues of benefits. Also present was the NHS public engagement team, seeking the views of carers around planned care appointments.

Carers could have tea and cake and meet with staff and chat with each other for some of the missed informal peer support that we had only been able to offer online during the previous eighteen months. At the end of the sessions we gave all carers a free goody bag with useful information and two free tickets to Paradise park, kindly donated to us by Tate's Garden Centre, along with the New Encyclopedia of Brighton and Hove, another kind donation from the libraries team. We were also lucky to have a cake donated from Flour pot bakery.

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(VI) Carers Engagement

Carers are identified who are willing to be consulted as experts as and when required. We have 38 registered Carer Experts, 10 of whom were recruited during the period via outreach work and individual contacts by the Engagement Worker.

- Approx. 3,500 carers engaged with, plus 428 potential carers or employers via our Linked In page.

Positive impacts of our engagement work included –

- Our ongoing repository of feedback from our service users. These are coded according to a traffic light system with Green being only positive, Amber meaning an issue has been flagged that needs examination and Red being an urgent change/improvement to service is required. Amber and red items are flagged up for action by the relevant team and some examples of actions taken are: Request for ongoing support for bereaved carers where the carer is not bereaved but feels this way due to the cared-for being in a care home which is in lockdown. This also led to a discussion around support for bereaved carers in general and the realisation that support that lasts for one year ends on the anniversary of the bereavement, therefore this was changed to 13 months
- Feedback was also received about the new BHCC web portal for Learning Disability carers. This was able to be passed directly to the planning team as we attend the steering group
- A very recent service change we are currently looking at is making our digital edition of Carers News more accessible to people with visual impairments who use screen readers. It has been highlighted that screen readers cannot read all the text in a pdf format and we have not captioned our images. We are considering alternative software to publish our magazine and possibly also an audio version
- Following engagement work in 20/21, we have been working to have a Carer Awareness Training offer for anyone wishing to become a Carer Champion. 4 options aimed at general support staff, primary care staff, education staff and employers are under development and will be available in person or via our website

As of 31st March 2022, we had 2,384 followers on Twitter (plus a further 1,577 followers of our Young Carers Project account) and 1,342 followers and 1,054 likes on Facebook. We also have increased our Linked In followers from 300 to 428.

(VII) Volunteers

The Carers Centre has a committed team of volunteers. 63 volunteers supported our work during the period including the 9 voluntary members of the Board of Trustees. Our office volunteer works with us regularly to undertake office administrative tasks: updating and maintaining our information library, co-ordinating carer events, producing factsheets and updating our website. Our office volunteer received 6 supervision sessions during the year. We had 1 social work student on a 70-day placement with the Young Carers Project and 2 volunteers supporting the development of our social media.

Reablement Project: We had 22 Reablement volunteers during the period. During this period our team of volunteers have been fantastic, continuing to adapt their roles to support carers in these unusual and difficult times, offering support via zoom and face-to-face. In the past six months we have successfully recruited 4 new volunteers with a mixture of skills to add to the project. We continue to advertise on local volunteer websites and are targeting possible volunteers with particular skills, such as advertising in sewing shops for volunteers to help teach carers how to use a sewing machine. In this period, we held 2 new volunteer Induction Training sessions, the first was a daytime meeting and was attended by 4 new volunteers, the second being an evening session for those who could not make it in the daytime with 2 volunteers in attendance. We continue to hold monthly supervision for volunteers, usually over video conferencing software, but in September we held an in-person supervision outside at a café in Hove Park. In the future we will continue to offer a mix of virtual and in-person support sessions for our volunteers.

We have 38 Carer Experts who share their experiences and contribute to the aforementioned Carer Engagement work. Through the process, carers gain peer support and knowledge to sustain their caring role. It is also an empowerment mechanism to build carers' confidence and knowledge to challenge and influence policy and decision makers.

(VIII) Representation

In 2021-22, The Carers Centre represented carers at the following partnerships and working groups, with Carer Experts also involved in some of these meetings:

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- Carers Strategy Working Group
- COVID-19 Vulnerable People's Local Authority Cell
- COVID-19 Communications and Engagement Group
- Young Carers Strategy Group
- Carers Hub Operational Group
- Learning Disabilities Partnership Board
- Brighton Chamber of Commerce
- Local Authority Anti-Bullying Steering Group
- Triangle of Care Advisory Group – Sussex Partnership Foundation Trust
- Back on Track Project Steering Group – support for children of alcohol-dependent parents
- Community Works Voluntary Sector Reps Group
- NHS Mental Health Trust Service User and Carer Engagement Group
- NHS Carer Engagement Forum
- Our CEO is also Community Works Carers Rep and represents the voluntary sector on the Brighton & Hove Health and Wellbeing Board

FINANCIAL REVIEW

Results

There was a surplus for the year of £69,110 (2021: £34,638). This has been transferred to the accumulated fund, leaving a balance of funds carried forward of £1,004,215 at 1 April 2022 (2021: £935,105) of which £112,215 (2021: £115,442) has to be used on restricted projects. Unrestricted free reserves now stand at £584,910 (2021: £496,063).

Reserves Policy

The Trustees wish to maintain a level of reserves that would ensure the stability of the organisation in the medium term, whilst maximising the use of the charity's resources towards its charitable objects. In addition to the review of the organisation's financial management policy, the Trustees agreed a prudent reserves and legacy policy at the Trustee Board meeting on 24th June 2021. The Trustees have decided that a level of working reserves should be maintained to cover at least 9 months' running costs (this currently equates to £452,740), which are not committed or invested in tangible fixed assets.

Unrestricted free reserves now stand at £584,910 (2021: £496,063) which is in line with the organisation's Reserves Policy outlined above. The Board of Trustees see it is prudent to maintain the current level of reserves alongside the designated funds outlined below to ensure the cash flow of the organisation is funded and that the work of the Carers Centre continues into the future. Securing alternative funding and creating sustainability takes time and resources and it is important that these reserve levels are maintained, particularly in an ever-changing climate.

Designated funds are set aside for the following:

- IT funds £8,465 (over 3 years from April 2021) set aside to meet future IT investment/commitments
- Building funds £28,625 (over 3 years from April 2021) to support the maintenance and repair of the leased building
- Young Carers Services £105,000 (over 3 year from April 2021). The board has designated these funds due to this area of work being in deficit during the last year. This was principally due to the conclusion of a significant grant in March 2019 and we feel that these services are important to maintain
- Closure Contingency Fund £165,000. In the event that closure contingency is needed, this would fund 2 months operating costs, any redundancy payments due to employees, terminating service contracts such as office rent and equipment, accountancy, audit and other professional costs

Should unforeseen reductions in funding occur, our reserves will enable us to respond accordingly and maintain the organisation's offer of vital support and services to carers.

Investment Policy

The Trustees have considered the most appropriate policy for investing funds and are continuing to monitor the placement of funds.

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED (LIMITED BY GUARANTEE) TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

Principal Funding Sources

91% of income in 2021-22 (90% in 2020-21) came from statutory sources (Brighton & Hove City Council and the NHS Brighton & Hove Clinical Commissioning Group). 9% came from charitable trusts and organisations, including Carers Trust, National Lottery, Waitrose Community Grants, Alex Roberts-Miller Foundation etc. It is a long-term intention to reduce our reliance on statutory funders. Through the formation of a fundraising sub-committee, we have now completed a new, 5-year fundraising strategy which will help us move towards our aim of raising a greater proportion of our funds from charitable sources, and we work hard to maintain a close collaborative relationship with all our funders. The Carers Centre's contract as lead provider of the Carers Hub service has been extended until September 2022 with the possibility of a further extension thereafter. Both Alzheimer's Society and Crossroads Care Brighton & Hove are sub-contractors of the Carers Hub contract providing specific support and services to carers.

Fundraising performance

Fundraising priorities are set and an annual plan agreed by the Board of Trustees. In 2021-22 16 bids were submitted, for funding ranging from small amounts for one-off events to large ongoing projects, and 13 of these were successful. Due to the current financial climate, fundraising remains an ongoing challenge but The Carers Centre has a good record of securing charitable grants. We are actively reviewing our fundraising strategy and aim to increase our focus on charitable trust, community and corporate fundraising in the future.

Brokerage Grants

The team often applies for financial support for individual carers from charitable trusts. During the financial year we received £7,370 from the following:

- Carers Trust - £6,840
- Brighton Lions Club - £271
- Brighton District Nursing Association Trust - £259

The grants have been used for a variety of purposes according to the specific needs of the carers concerned. Examples include funding for a new domestic appliance, alternative therapies, respite opportunities and bus passes for Young Carers experiencing financial hardship.

Investment performance

We have no investments other than our deposit accounts with CAF Bank, Charity Bank, Shawbrook Bank and Virgin Money which pay standard interest rates on accessible funds (£2,385 in 2021-22, £3,914 in 2020-21).

PLANS FOR THE FUTURE

The Carers Centre's new five-year strategic business plan and fundraising strategy were launched at our AGM in July 2021, following extensive consultation with carers, staff, trustees, funders and other stakeholders, and these two key documents feature action plans which will be reviewed every year by staff and trustees. A key early action from these plans was to create and recruit to a Fundraiser post (recruitment is in progress at the time of writing (May 2022)). This will help us mobilise community, grass-roots supporters and diversify revenue streams. Regular consultation events with carers are held and feedback gathered from all events and activities in order to inform our future plans. We also actively participate in national and local consultation and research into the role of unpaid carers in society.

ON BEHALF OF THE BOARD:



Mr. Thomas Lambert – Company Secretary

Date: 20 July 2022

**THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
STATEMENT OF TRUSTEES' RESPONSIBILITIES**

FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also the directors of The Carers Centre for Brighton & Hove Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard Applicable in the UK and Republic of Ireland'

Company law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED (LIMITED BY GUARANTEE) INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022 which are set out on pages 13 to 24.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Mark Cummins FCCA

 accounts • tax • legal • financial planning

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Dated: 11 August 2022

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds £	Restricted funds £	Designated funds £	Total 2022 £	Total 2021 £
Income from:						
Donations, grants and gifts	3	3,681	26,483	-	30,164	30,881
Charitable activities	4	639,806	408	-	640,214	586,497
Investment income - Interest received		2,385	-	-	2,385	3,914
Total income		645,872	26,891	-	672,763	621,292
Expenditure on:	5					
Charitable activities						
Activities undertaken directly		481,257	29,157	37,847	548,261	530,833
Other costs		50,967	207	4,218	55,392	55,821
Total expenditure		532,224	29,364	42,065	603,653	586,654
Net income/(expenditure)		113,648	(2,473)	(42,065)	69,110	34,638
Transfer between funds	16, 17	(24,801)	(754)	25,555	-	-
Net movement in funds		88,847	(3,227)	(16,510)	69,110	34,638
Fund balances at 1 April 2021		496,063	115,442	323,600	935,105	900,467
Fund balances at 31 March 2022		584,910	112,215	307,090	1,004,215	935,105

All activities are classed as continuing. There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

The notes of pages 16 to 24 form a part of these accounts.

**THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
BALANCE SHEET**

AS AT 31 MARCH 2022

	Notes	£	2022 £	£	2021 £
Fixed assets	11		4,207		6,789
Current assets					
Debtors	12	17,923		33,038	
Cash at bank and in hand		1,010,947		919,227	
		1,028,870		952,265	
Creditors: amounts falling due within one year	13	(28,862)		(23,949)	
Net current assets			1,000,008		928,316
Total assets less current liabilities			1,004,215		935,105
Income funds					
Restricted funds	16		112,215		115,442
Unrestricted funds	17		584,910		496,063
Designated funds	17		307,090		323,600
			1,004,215		935,105

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

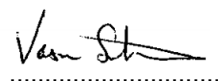
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Board on 23 June 2022



Mr V Selvaratnam

Trustee

Company Registration No. 02758481

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 MARCH 2022

	£	2022 £	£	2021 £
Net cash used in operating activities				
Net income/(expenditure)	69,110		34,638	
Depreciation	3,796		3,395	
Increase/(decrease) in creditors	4,912		(371)	
(Increase)/decrease in debtors	15,116		(12,605)	
		92,934		25,057
Cash flows from investing activities				
Purchase of tangible fixed assets	(1,214)		(10,184)	
		(1,214)		(10,184)
Increase in cash		91,720		14,873
Cash and cash equivalents at the beginning of the year		919,227		904,354
Cash and cash equivalents at the end of the year		1,010,947		919,227

Analysis of net cash:

	1 April 2021 £	Cash flow £	31 March 2022 £
Cash at bank and in hand	919,227	91,720	1,010,947

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED (LIMITED BY GUARANTEE) NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Statutory information

The Carers Centre for Brighton & Hove Limited is a charitable company, limited by guaranteed, registered in England and Wales. The charitable company's registered number and registered office address can be found on the Legal and Administrative Information page.

2 Accounting policies

2.1 Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) – Charities SORP (FRS102) and the Companies Act 2006.

The Carers Centre for Brighton & Hove Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

There are no material uncertainties about The Carers Centre for Brighton & Hove Limited's ability as a going concern. This conclusion takes into account any known financial effect of Covid-19.

2.2 Income

All income is recognised in the Statement of Financial Activities once the charity has gained entitlement to the income and the amounts can be quantified with sufficient reliability. The following specific policies are applied to particular categories of income:

Donations, grants and gifts are included in full in the Statement of Financial Activities once receivable.

Contract income is recognised as the charity becomes entitled to the contract income (i.e. over the term of the contract).

Investment income is recognised in the financial statements when receivable.

2.3 Expenditure

Expenditure is recognised on an accruals basis when a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is included within the item of expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in pursuit of its charitable objectives. It includes both direct costs and support costs relating to such activities. Support costs, including salaries, are apportioned on the basis of the time involved on the activity.

Governance costs include those costs associated with meeting the statutory requirements of the charity and include its audit fees and costs linked to strategic management of the charity. These costs are included in support costs under the Charities SORP (FRS 102).

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Accounting policies (continued)

2.4 Fixed assets

Fixed assets are recognised at historic cost less accumulated depreciation. Depreciation rates are as follows:

Fixtures and fittings	33% on cost
Computer equipment	33% on cost

2.5 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments. The Trustees seek to use short and medium term deposits where possible to maximise the return on monies held at the bank and to manage cash flow.

2.7 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

2.8 Leasing and hire purchase commitments

Rentals payable under operating leases are charged against income on a straight line basis over the period of the lease.

2.9 Pensions

Retirement benefits to employees of the entity are provided by a defined contribution scheme. The assets of the scheme are held separately from those of the entity.

The contributions made in relation to the defined contribution scheme are charged in the accounts as they become payable in accordance with the rules of the scheme.

2.10 Fund accounting

Restricted funds are subject to specific conditions by funders as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are available for use at the discretion of the trustees for the specific purposes as set out by the trustees.

2.11 Taxation

The company is a registered charity (number: 1015728). All of the charity's income falls within the exemptions set out in part 11 of the Corporation Tax Act 2010.

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

3 Donations, grants and gifts

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Donations	3,681	1,580	5,261	2,672
Grants	-	24,903	24,903	28,209
	<u>3,681</u>	<u>26,483</u>	<u>30,164</u>	<u>30,881</u>

4 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Contract income	639,806	408	640,214	586,497

5 Total expenditure

	Staff costs £	Other costs £	Total 2022 £	Total 2021 £
Charitable activities				
Activities undertaken directly	307,621	240,640	548,261	530,833
Other costs (note 6)	<u>43,925</u>	<u>11,467</u>	<u>55,392</u>	<u>55,821</u>
Total	<u>351,546</u>	<u>252,107</u>	<u>603,653</u>	<u>586,654</u>

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

6 Other costs

	Total	Total
	2022	2021
	£	£
Staff costs	43,925	43,673
Governance costs (Note 7)	11,467	12,148
	55,392	55,821

7 Governance costs

	Total	Total
	2022	2021
	£	£
Independent examiners' fee	3,960	3,840
Accountancy	7,494	8,295
Companies House filing fees	13	13
	11,467	12,148

8 Trustees

During the year, and in the previous year, no trustees were reimbursed for expenses.

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Statement of financial activities comparative funds – year ended 31 March 2021

	Unrestricted funds £	Restricted funds £	Designated funds £	Total 2021 £	Total 2020 £
Income from:					
Donations, grants and gifts	1,672	29,209	-	30,881	39,646
Charitable activities	586,497	-	-	586,497	577,119
Investment income - Interest received	3,914	-	-	3,914	3,315
Total income	592,083	29,209	-	621,292	620,080
Expenditure on:					
Charitable activities					
Activities undertaken directly	448,724	36,684	45,425	530,833	522,278
Other costs	47,519	1,680	6,622	55,821	54,997
Total expenditure	496,243	38,364	52,047	586,654	577,275
Net income/(expenditure)	95,840	(9,155)	(52,047)	34,638	42,805
Transfer between funds	(33,965)	421	33,544	-	-
Net movement in funds	61,875	(8,734)	(18,503)	34,638	42,805
Fund balances at 1 April 2020	434,188	124,176	342,103	900,467	857,662
Fund balances at 31 March 2021	496,063	115,442	323,600	935,105	900,467

10 Employees

Number of employees

The average number of employees during the year was 19 (2021: 19).

Employment costs	2022 £	2021 £
Wages and salaries	323,352	328,643
Social security costs	20,610	19,500
Other pension costs	7,584	6,400
	351,546	354,543

Total employee benefits for key management personnel of the charity in the year amounted to £43,925 (2021: £43,673).

There were no employees with emoluments above £60,000 during the year (2021: none).

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

11	Fixed Assets	Fixtures and Fittings	Computer Equipment	Total
	Cost			
	At 1 April 2021	5,119	58,042	63,161
	Additions in the year	-	1,214	1,214
	At 31 March 2022	<u>5,119</u>	<u>59,256</u>	<u>64,375</u>
	Depreciation			
	At 1 April 2021	5,119	51,253	56,372
	Depreciation charge in the year	-	3,796	3,796
	At 31 March 2022	<u>5,119</u>	<u>55,049</u>	<u>60,168</u>
	Net Book Value			
	At 31 March 2022	<u>-</u>	<u>4,207</u>	<u>4,207</u>
	At 31 March 2021	<u>-</u>	<u>6,789</u>	<u>6,789</u>
12	Debtors		2022	2021
			£	£
	Trade debtors		5,906	22,830
	Other debtors		5,125	5,125
	Prepayments and accrued income		6,892	5,083
			<u>17,923</u>	<u>33,038</u>
13	Creditors: amounts falling due within one year		2022	2021
			£	£
	Trade creditors		7,007	5,766
	Taxes and social security costs		5,741	4,818
	Accruals and deferred income		16,114	13,365
			<u>28,862</u>	<u>23,949</u>

FOR THE YEAR ENDED 31 MARCH 2022

At the balance sheet date £Nil (2021: £Nil) was owed in respect of contributions to schemes.

15 Share capital & control

16 Restricted funds

Movement in funds				
Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
£	£	£		£
-	21,891	(18,107)	-	3,784
21,231	-	-	-	21,231
93,457	5,000	(11,257)	-	87,200
754	-	-	(754)	-
<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
115,442	26,891	(29,364)	(754)	112,215

Caravan – This fund was created to provide resources for the Caravan event which was originally planned to be held in the year ending 31 March 2019. As the event has been indefinitely cancelled, trustees have resolved to unrestrict the funds.

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

17 Other funds

	Movement in funds				
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Unrestricted funds	496,063	645,872	(532,224)	(24,801)	584,910
Designated fund – Infrastructure	15,000	-	(6,535)	-	8,465
Designated fund - Repairs	30,570	-	(1,945)	-	28,625
Designated fund – Young Carers Services	105,000	-	(33,585)	33,585	105,000
Designated fund – Carer Engagement Work	8,030	-	-	(8,030)	-
Designated fund – Closure contingency	165,000	-	-	-	165,000
	<u>819,663</u>	<u>645,872</u>	<u>(574,372)</u>	<u>754</u>	<u>892,000</u>

The designated funds for infrastructure and repairs were established enable the charity to fund such expenditure in the future.

The designated funds for Young carer's services and closure contingency were all established during the prior year.

18 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2022 £
Fund balances at 31 March 2022 are represented by:				
Fixed Assets	-	4,207	-	4,207
Current assets	613,772	302,883	112,215	1,028,870
Creditors: amounts falling due within one year	(28,862)	-	-	(28,862)
	<u>584,910</u>	<u>307,090</u>	<u>112,215</u>	<u>1,004,215</u>

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Fund balances at 31 March 2021 are represented by:				
Fixed Assets	-	6,789	-	6,789
Current assets	520,012	316,811	115,442	952,265
Creditors: amounts falling due within one year	(23,949)	-	-	(23,949)
	<u>496,063</u>	<u>323,600</u>	<u>115,442</u>	<u>935,105</u>

THE CARERS CENTRE FOR BRIGHTON & HOVE LIMITED
(LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

19 Commitments under operating leases

At 31 March 2022 the company had total commitments under non-cancellable operating leases as follows:

	Land and buildings	
	2022	2021
	£	£
Expiry date:		
Within one year	21,500	10,250
1-5 years	76,146	-
	<u>97,646</u>	<u>10,250</u>
	Other	
	2022	2021
	£	£
Expiry date:		
Within one year	2,146	3,072
1-5 years	5,364	768
	<u>7,510</u>	<u>3,840</u>

Included within the Statement of Financial Activities are operating lease payments of £23,106 (2021: £23,898).

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