

REGISTERED COMPANY NUMBER: 03298755 (England and Wales)
REGISTERED CHARITY NUMBER: 1064180

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31ST MARCH 2022
FOR
RELATE CHESHIRE AND MERSEYSIDE**

Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

	Page
Reference and Administration Details	1
Chair's Report	2
Report of the Trustees	3 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10 to 11
Notes to the Financial Statements	12 to 20
Detailed Statement of Financial Activities	21 to 22

RELATE CHESHIRE AND MERSEYSIDE

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31ST MARCH 2022

Registered Company Number

03298755 (England and Wales)

Registered Charity Number

1064180

Registered Office

1st Floor
151 Dale Street
Liverpool
L2 2AH

Trustees

K Bliss
L Knight (resigned 31st July 2021)
D G Clark (appointed 8th July 2021)
J L Bliss (resigned 25th November 2021)
G J Seddon
H M Price
E Cook (appointed 8th July 2021)
C Whitehead (appointed 8th July 2021)
C Cunniffe (appointed 8th July 2021)

Treasurer

Chair

Chair

Company Secretary

H Barrett (resigned 14th April 2022)

Independent Examiner

Mark Sunter FCA
Institute of Chartered Accountants in England and Wales
Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

**CHAIR'S REPORT
FOR THE YEAR ENDED 31ST MARCH 2022**

Welcome to Relate Cheshire & Merseyside's Annual Report for 2021-22

This year has continued to be a challenging environment in which to deliver our services. However, thanks to the decisions taken by the Trustees in the recent past during the early stages of the pandemic, together with the amazing supportive behaviour of all our staff, we have been able to continue our work, albeit in a different way. I suspect that many people may have thought that the pandemic would not last as long as it did, nor have the impact on our lives that became necessary. We have continued to deliver services to those in need whilst limiting the impact of the virus on our workforce and the wider community. As a result, as we come out of the terrible two years, we now deliver our services using web-based and telephone counselling. We know that this solution is not right for all those who want to engage with us and we are working upon some pilots that will provide the traditional face-to-face counselling that some people both prefer and need.

Despite all this, we have managed to achieve a small surplus and can see a sound financial plan for 2022-23. I would like to pay tribute to our staff who have demonstrated outstanding commitment, professionalism, and dedication by continuing to provide high-quality services in the most difficult of circumstances requiring flexibility and responsiveness. Supporting all this activity, the Board of Trustees has continued to provide strategic support and guidance and their experience and input has been invaluable.



D G Clark
Chair

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2022**

The Trustees who are also Directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Our Vision

A future where healthy relationships are actively promoted as the heart of a thriving society.

Our Mission

To make expert information and support for healthy relationships available to everyone.

We deliver services across Cheshire, Merseyside & Greater Manchester. Our work supports people to develop and maintain healthy, happy relationships, and we provide a range of relationship support services including:

Relationship Counselling

Relationship counselling is for couples and individuals, straight or gay, who want some help with their relationship. From the small worries to life changing upheavals and heartaches, we know that relationships are the most important things in our lives – our help can make a massive difference.

Sex Therapy

Relate sex therapy is a special type of counselling that helps couples and individuals facing difficulties in their sex lives.

Family Counselling

Relate counselling helps families who are struggling to understand where things might have gone wrong for them and to take steps to sort out problems.

Young People's Counselling

Relate's young people's service supports the wellbeing of young people through confidential counselling in schools and other locations.

In addition to our core counselling services we deliver targeted counselling and group-work projects under contract. A current example is our counselling service for vulnerable parents delivered across Family Well-being Centres in Sefton. Our clinical team is also able to offer supervision and training courses in a wide range of settings.

Public Benefit

Our Trustees and staff work together to draw up our strategy and business plan, taking account throughout the process of the Charity Commission's guidance on public benefit. Later sections of the report illustrate progress made during the year, but we draw particular attention under this heading to:

- Our bursary scheme enabling those on benefits or low incomes to access counselling.
- Subsidised counselling sessions including discounted appointments for young people's counselling.
- Ongoing work to gather feedback from clients and measure the difference we make to their lives and relationships.

OBJECTIVES AND ACTIVITIES (CONTINUED)

Relationships

For most of us, our relationships are what matters most, and they are fundamental to our wellbeing:

- The Office for National Statistics Measuring Well-being programme has established that relationships are important in our everyday lives and are central to our wellbeing.¹
- There is an unequivocal association between couple relationship breakdown and adult mental and physical ill health.²
- Adults in healthy relationships live longer, report fewer health problems, and use health services less.²
- People with strong relationships are 50% more likely to survive life-threatening illness than people with weaker ones.²
- People in good quality marriages have lower blood pressure compared to those in poorer quality marriages.²
- There are strong associations between couple relationship breakdown and poor child outcomes including poverty, physical and psychological ill health, lower educational achievement, substance misuse, and behavioural problems, which for some children extend into social and economic disadvantage later in life.³

Relationships are changing, increasing the need for relationship support:

- Fewer people are getting married and are doing so later.⁴
- Cohabitation is the fastest growing family formation and carries greater risk of breakdown than marriage.⁵
- The number of families involving step relationships is growing.⁵
- 42% of marriages are ending in divorce.⁶
- Divorce rates are falling for most age groups but are increasing for the over 60s.⁶
- More people are experiencing loneliness, lack of intimacy, poor work / life balance and financial worries.⁷
- The UK has the highest levels of lone parenting and family breakdown in the developed world and relationships are under increasing pressure – relationship breakdown costs the UK economy £46 billion each year.⁸
- 48% of all children born today will see the breakdown of their parents' relationship.⁹

We know that relationship support is needed. Relate research has found that nearly 3 million people in the UK are in distressed relationships; 1.4 million families at breaking point.¹⁰

And we know that relationship support works. It has been proven to improve relationship quality, parenting skills, and health and well-being, and to reduce conflict, separation and stress. And an evaluation of relationship support services commissioned by the Department for Education demonstrated that through the prevention of relationship breakdown, Relate couple counselling work delivers an estimated £11.40 of benefit for every £1 spent on it.¹¹

We also know that for many of those that need help with their relationships, the cost of paying for counselling is unaffordable, demonstrating the importance of making available subsidised and/or free services to ensure accessibility. 41% of Relate website users on lower household incomes said that they had sought relationship counselling but either didn't go ahead or dropped out early because of the cost.¹²

Our Work and the Difference it Makes

We deliver high-quality, evidence-based services that tackle issues including distressed relationships, domestic abuse, separation and divorce, mental health / emotional well-being, and troubled / priority families. In the wake of Covid-19 we have continued to run our services exclusively online, supporting relationships via video, email and phone. We are proud that our work has continued to change the lives of the people of Cheshire, Merseyside and Greater Manchester at a time when it has been needed more than ever.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2022**

OBJECTIVES AND ACTIVITIES (CONTINUED)

Our Work and the Difference it Makes (Continued)

Clients in 2021-22 reported that:

- At the start of counselling, 78% felt communication issues were very relevant and 48% said their presenting issues were affecting them every day.
- 83% described their situation as better or much better than when they originally came for counselling.
- 86% would be likely or very likely to recommend Relate to others.
- 95% of respondents rated the service they received from Relate Cheshire and Merseyside as 6 or above out of 10 and 31% rated the service as 10 out of 10.

Some comments made by clients include:

- *I am in a much better place after having counselling sessions. I feel able to cope better and I understand now how to do what I want to do and put myself first for a change.*
- *I would urge anyone who is dealing with stress, depression or marital issues to seek out counselling. Relate offers affordable and professional services.*
- *My counsellor was very supportive and approachable, they made me feel comfortable discussing things that aren't easy to talk about. A credit to your service.*
- *The therapist was fantastic. Understood my issues, spent time reflecting back and I never once felt judged.*

Outcomes of our work with vulnerable parents in Family Well-being Centres include:

- Improved wellness and emotional functioning
The Warwick-Edinburgh Mental Wellbeing Scale is used measure mental well-being at the start and end of counselling. The average score on this scale for people in England is 49.91¹³. The average score for those entering the service is well below the national average at 38. Results show that this has risen to 52.4 by the end of the intervention, a marked improvement taking the average score for those receiving support well above the national average.
- Improved communication with relationships (75%)
- Increased confidence in co-parenting (63%).
- Healthy relationships (100%).

ACHIEVEMENT AND PERFORMANCE

Prior to the pandemic, Trustees undertook a strategic review of the charity and identified the following goals as our 3 highest priorities for the period 2019-24:

- Make relationship support available to everyone who needs it across Cheshire, Merseyside and Greater Manchester.
- Achieve a sustainable financial model for our core counselling service, providing a secure base from which we can identify additional funds to support new developments and areas of work.
- Increase our social impact by reaching more vulnerable groups and through greater collaboration with other agencies.

During 2021/22 we continued to work remotely and deliver services digitally across Cheshire, Merseyside and Greater Manchester.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Relate Cheshire & Merseyside is a charity and a company limited by guarantee. It is governed by its Articles of Association. Members vote to elect Trustees on to an Executive Committee. The Executive or Board of Trustees meets 4 times per year. Vacancies are advertised as they arise and on appointment new Trustees are provided with a comprehensive induction. Ongoing training is also made available. The Chair leads a board appraisal process every two years.

Day to day responsibility is delegated to the Chief Executive, who is responsible to the Trustees and works closely with the Chair and Treasurer. Relate Cheshire & Merseyside is a member organisation of the national Relate Federation and following allocation of the territory of Greater Manchester by Relate National in two stages in 2018 and 2019, now also operates under the trading name Relate Greater Manchester.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place. Looking ahead, the Trustees are aware of the following significant risks and will be carrying out a review of the charity's risk register in due course:

- Insufficiently robust arrangements to ensure effective contract management and performance
- ICT arrangements supporting operations and service delivery prove to be inadequate
- Arrangements for disaster / recovery planning are inappropriate
- Relate Cheshire & Merseyside is not financially viable in the long-term

FINANCIAL REVIEW

Reserves Policy

The Trustees believe that the minimum level of reserves held by the charity should be sufficient to cover the cost of unplanned closure associated with the charity's business model and financial forecasts. Liabilities are reviewed annually to ensure that this is the case and that the level of reserves held is sufficient to enable an orderly closure if it ever becomes necessary, minimising any adverse impact on beneficiaries and staff.

Investment Policy

The Trustees aim to keep the minimum level of reserve funds identified within the reserves policy above invested in a high interest account or fixed term bond.

Principal Income Sources

Relate Cheshire & Merseyside's main source of income is payments and contributions from counselling clients. Some work is also carried out under contract, Halton Borough Council continues to provide support in the form of a grant, and a number of other grants and donations are received.

FUTURE PLANS

Trustees remain focused on continued provision of services in the aftermath of Covid-19 and are pleased to have set a budget for 2022-23 with a small surplus of c. £10k. Whilst planning continues for a substantive return to delivery of face-to-face services, there remains uncertainty as to the exact make-up of service delivery in the future.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2022**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP and FRS 102;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

ON BEHALF OF THE BOARD:



D G Clark
Chair and Trustee

Date: 24th November 2022

¹Measuring National Well-being: Our Relationships, Office for National Statistics, 2015.

²The Best Medicine: The Importance of Relationships for Health and Well-being, Relate and New Philanthropy Capital, 2015.

³Impact of Family Breakdown on Children's Well Being, Thomas Coram Research Unit, 2009.

⁴Marriages in England and Wales: 2015, Office for National Statistics.

⁵Families & Households in the UK: 2016, Office for National Statistics.

⁶Divorces in England & Wales: 2017, Office for National Statistics.

⁷The Way We Are Now: The State of the UK's Relationships, Relate, Relationships Scotland and Marriage Care, 2017.

⁸Counting the Cost of Family Failure – 2016 Update, Relationships Foundation.

⁹Family Breakdown in the UK, Benson, 2010.

¹⁰Relationship Distress Monitor, Relate, 2016.

¹¹Relationship Support Interventions Evaluation, Department for Education, 2014.

¹²Invest in Relationships, Relate and BACP, 2018.

¹³Health Survey for England 2016: Well-being and Mental Health, Health and Social Care Information Centre, December 2017.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
RELATE CHESHIRE AND MERSEYSIDE**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Sunter FCA
Institute of Chartered Accountants in England and Wales
Ainsworths Limited
Charter House
Stansfield Street
Nelson
Lancashire
BB9 9XY

Date: 24th November 2022

RELATE CHESHIRE AND MERSEYSIDE

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2022

		31.3.22 Unrestricted funds £	31.3.21 Total funds £
INCOME FROM	Notes		
Donations and legacies	2	6,684	2,290
Charitable activities	4		
Counselling and training		356,537	436,958
Investment income	3	<u>512</u>	<u>585</u>
Total		363,733	439,833
 EXPENDITURE ON			
Raising funds	5	-	12,833
Charitable activities	6		
Counselling and training		<u>342,094</u>	<u>419,811</u>
Total		342,094	432,644
 NET INCOME		21,639	7,189
 RECONCILIATION OF FUNDS			
Total funds brought forward		<u>68,352</u>	<u>61,163</u>
 TOTAL FUNDS CARRIED FORWARD		<u>89,991</u>	<u>68,352</u>

The notes form part of these financial statements

RELATE CHESHIRE AND MERSEYSIDE

BALANCE SHEET
AT 31ST MARCH 2022

		31.3.22 Unrestricted funds £	31.3.21 Total funds £
FIXED ASSETS	Notes		
Tangible assets	13	4,460	7,267
CURRENT ASSETS			
Debtors	14	59,964	16,231
Cash at bank		<u>130,992</u>	<u>166,784</u>
		190,956	183,015
CREDITORS			
Amounts falling due within one year	15	(65,425)	(51,941)
NET CURRENT ASSETS		<u>125,531</u>	<u>131,074</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		129,991	138,341
CREDITORS			
Amounts falling due after more than one year	16	40,000	69,989
NET ASSETS		<u>89,991</u>	<u>68,352</u>
FUNDS	17		
Unrestricted funds:			
General fund		89,623	64,384
Designated fund		<u>368</u>	<u>3,968</u>
		89,991	68,352
TOTAL FUNDS		<u>89,991</u>	<u>68,352</u>

The notes form part of these financial statements

RELATE CHESHIRE AND MERSEYSIDE

**BALANCE SHEET - CONTINUED
AT 31ST MARCH 2022**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 24/11/22 and were signed on its behalf by:



K Bliss - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES

Basis of Preparing the Financial Statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Critical Accounting Judgements and Key Sources of Estimation Uncertainty

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. The following specific policies are applied to particular categories of income:

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Clothing and other items donated for resale through the charity's shop are included as income within other trading activities when they are sold.

Investment income is included when receivable.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions, it is recognised as earned (as related goods or services are provided). Grant income included in this category provides funding to support performance activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

On occasions where the charity receives assistance in the form of donated facilities, and the benefit is quantifiable and material, an appropriate amount is included in income and an equivalent amount as expenditure under the relevant heading. The value of services provided by volunteers has not been included in these accounts.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES - continued**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible Fixed Assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost and 20% on reducing balance
Computer equipment	- 20% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension Costs and Other Post-retirement Benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	31.3.22	31.3.21
	£	£
Donations and gifts	<u>6,684</u>	<u>2,290</u>

3. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Deposit account interest	<u>512</u>	<u>585</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.22 £	31.3.21 £
Client contributions	Counselling and training	339,372	262,641
Grants	Counselling and training	<u>17,165</u>	<u>174,317</u>
		<u>356,537</u>	<u>436,958</u>

Grants received, included in the above, are as follows:

	31.3.22 £	31.3.21 £
Halton Borough Council	9,000	9,000
Job Retention Scheme Grants	8,165	80,669
Local Council Covid Grants	-	40,000
First Ark	-	10,000
LCR Cares	-	10,000
TNL Community Fund	-	9,998
Social Investment Business	-	9,900
LCVS CIF	-	3,000
Anne Duchess of Westminster	-	<u>1,750</u>
	<u>17,165</u>	<u>174,317</u>

5. RAISING FUNDS

Other Trading Activities

	31.3.22 £	31.3.21 £
Operating charity shops	-	12,833
Staff costs	-	-
Staging fundraising events	-	-
	<u>-</u>	<u>12,833</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8) £	Support costs (See note 9) £	Totals £
Counselling and training	<u>323,197</u>	<u>18,897</u>	<u>342,094</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	31.3.22	31.3.21
	£	£
Staff costs	299,780	321,768
Premises costs	(2,074)	37,631
Other running costs	11,112	17,858
Practitioner expenses	184	680
Training	2,575	3,206
ICT	11,335	16,775
Admin expenses	60	44
Supervisor expenses	-	386
Management expenses	225	297
	<u>323,197</u>	<u>398,645</u>

8. SUPPORT COSTS

	Other	Governance	Totals
	£	costs	£
	£	£	£
Counselling and training	<u>1,352</u>	<u>17,545</u>	<u>18,897</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	1,352	1,018
Loan interest	-	1,963
	<u>1,352</u>	<u>2,981</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no Trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

Trustees' Expenses

There were no Trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022

11. STAFF COSTS

	31.3.22	31.3.21
	£	£
Wages and salaries	285,982	308,021
Social security costs	10,300	10,401
Other pension costs	<u>3,498</u>	<u>3,346</u>
	<u>299,780</u>	<u>321,768</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Counselling	17	21
Counselling support	4	4
Management	<u>2</u>	<u>3</u>
	<u>23</u>	<u>28</u>

No employees received emoluments in excess of £60,000.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME FROM	
Donations and legacies	2,290
Charitable activities	
Counselling and training	436,958
Investment income	<u>585</u>
Total	439,833
EXPENDITURE ON	
Charitable activities	
Counselling and training	<u>432,644</u>
Total	<u>432,644</u>
NET INCOME	7,189
RECONCILIATION OF FUNDS	
Total funds brought forward	61,163
TOTAL FUNDS CARRIED FORWARD	<u>68,352</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022

13. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 st April 2021	22,000	34,306	56,306
Additions	-	-	-
Disposals	-	(1,455)	(1,455)
At 31 st March 2022	<u>22,000</u>	<u>32,851</u>	<u>54,851</u>
DEPRECIATION			
At 1 st April 2021	21,863	27,176	49,039
Charge for year	25	1,327	1,352
Eliminated on disposal	-	-	-
At 31 st March 2022	<u>21,888</u>	<u>28,503</u>	<u>50,391</u>
NET BOOK VALUE			
At 31 st March 2022	<u>112</u>	<u>4,348</u>	<u>4,460</u>
At 31 st March 2021	<u>137</u>	<u>7,130</u>	<u>7,267</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade debtors	51,485	10,502
Prepayments and accrued income	<u>8,479</u>	<u>5,729</u>
	<u>59,964</u>	<u>16,231</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade creditors	15,388	18,994
Social security and other taxes	2,866	4,361
Accruals and deferred income	37,171	18,904
Other loan	<u>10,000</u>	<u>9,682</u>
	<u>65,425</u>	<u>51,941</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022

16. CREDITORS: AMOUNTS FALLING DUE AFTER ONE YEAR

	31.3.22 £	31.3.21 £
Other loan	<u>40,000</u>	<u>69,989</u>
	<u>40,000</u>	<u>69,989</u>

17. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	64,384	25,239	89,623
Designated fund	<u>3,968</u>	<u>(3,600)</u>	<u>368</u>
	68,352	21,639	89,991
TOTAL FUNDS	<u>68,352</u>	<u>21,639</u>	<u>89,991</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	359,733	(334,494)	25,239
Designated fund	<u>4,000</u>	<u>(7,600)</u>	<u>(3,600)</u>
	363,733	(342,094)	21,639
TOTAL FUNDS	<u>363,733</u>	<u>(342,094)</u>	<u>21,639</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022

17. MOVEMENT IN FUNDS – continued

Comparatives for Movement in Funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	60,275	4,109	64,384
Designated fund	<u>888</u>	<u>3,080</u>	<u>3,968</u>
	61,163	7,189	68,352
TOTAL FUNDS	<u>61,163</u>	<u>7,189</u>	<u>68,352</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	431,833	(427,724)	4,109
Designated fund	<u>8,000</u>	<u>(4,920)</u>	<u>3,080</u>
	439,833	(432,644)	7,189
TOTAL FUNDS	<u>439,833</u>	<u>(432,644)</u>	<u>7,189</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	60,275	29,348	89,623
Designated fund	<u>888</u>	<u>(520)</u>	<u>368</u>
TOTAL FUNDS	<u>61,163</u>	<u>28,828</u>	<u>89,991</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2022**17. MOVEMENT IN FUNDS – continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	791,566	(762,218)	29,348
Designated fund	12,000	(12,520)	(520)
	<hr/>	<hr/>	<hr/>
	803,566	(774,738)	28,828
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>803,566</u>	<u>(774,738)</u>	<u>28,828</u>

The Trustees have established a designated fund within the reserves to support the bursary scheme for counselling clients on low incomes or in exceptional financial circumstances.

18. PENSION COMMITMENTS

During the year ended 31st March 2022 the charge to the statement of financial activities in respect of defined contribution schemes was £3,498 (2021: £3,346). The amount owed at the end of the financial year was £Nil (2021: £Nil).

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2022.

20. COMPANY LIMITED BY GUARANTEE

Relate Cheshire and Merseyside is incorporated under the Companies Act as a company limited by guarantee. The liability of the members is limited to £1.

RELATE CHESHIRE AND MERSEYSIDE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022

	31.3.22 £	31.3.21 £
INCOME		
Donations and legacies		
Donations and gifts	6,684	2,290
Other trading activities		
Fundraising events	-	-
Shop income	-	-
	-	-
Investment income		
Deposit account interest	512	585
Charitable activities		
Client contributions	339,372	262,641
Grants	17,165	174,317
	356,537	436,958
Total incoming resources	363,733	439,833
EXPENDITURE		
Other trading activities		
Operating charity shops	-	12,833
Wages	-	-
Staging fundraising events	-	-
	-	12,833
Charitable activities		
Wages	285,982	308,021
Social security	10,300	10,401
Pensions	3,498	3,346
Premises costs	(2,074)	37,631
Other running costs	11,112	17,858
Practitioner expenses	184	680
Training	2,575	3,206
ICT	11,335	16,775
Admin expenses	60	44
Supervisor expenses	-	386
Management expenses	225	297
Carried forward	323,197	398,645

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RELATE CHESHIRE AND MERSEYSIDE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022

	31.3.22 £	31.3.21 £
Support costs		
Other		
Fixtures and fittings	1,352	1,018
Loan interest	-	1,963
Governance costs		
Relate - central fees	15,810	12,634
Independent examiner's fee	1,620	1,620
Professional fees	115	3,931
	<u>18,897</u>	<u>21,166</u>
Total resources expended	342,094	432,644
	<hr/>	<hr/>
Net income	<u>21,639</u>	<u>7,189</u>

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