

**WEST NORFOLK CARERS**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

# WEST NORFOLK CARERS

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

M Coleman  
L Bambridge  
T Gilder  
D Pulsford-Harris  
S Renwick

**Charity number**

1107546

**Principal address**

20 Thoresby College  
King's Lynn  
Norfolk  
PE30 1HX

**Independent examiner**

Mapus-Smith & Lemmon LLP  
48 King Street  
King's Lynn  
Norfolk  
PE30 1HE

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# WEST NORFOLK CARERS

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# **WEST NORFOLK CARERS**

## **TRUSTEES' REPORT**

***FOR THE YEAR ENDED 31 MARCH 2022***

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The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

### **Objectives and activities**

The main objective is the relief of sickness and the preservation of health to unpaid carers who are in need living in the Borough Council of King's Lynn and West Norfolk and parts of Fenland and Breckland District Council and its immediately surrounding areas.

West Norfolk Carers is dedicated to providing support to carers of all ages throughout West Norfolk and parts of Fenland and Breckland. We are an organisation providing services to improve the quality of life and develop understanding of the role of carers. West Norfolk Carers helps to address the needs of carers by reaching out and giving guidance and support in confidence.

The charity's trustees have complied with the duty in section 4 of the 2006 Charities Act to have due regard to guidance published by the Charity Commission.

West Norfolk Carers was established to represent and advocate the interests of thousands of carers living and working in West Norfolk. Many of them are working silently and all too often unsupported and yet fulfilling all sorts of personal caring tasks for relatives or friends, sometimes both.

# WEST NORFOLK CARERS

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

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### **Achievements and performance**

The last twelve months have yet again been challenging. The legacy of the SARS-CoV- (Covid 19) has been significant for those we support. Many Carers have been left feeling even more isolated and bereaved following the pandemic, with many of the young carers also feeling traumatised. Despite the easing of restrictions, carers are still fearful of going out, and their education has suffered. The charity has been required to adapt and deal with these issues alongside the growing pressures of delivering the day-to-day services of a busy and successful charity. In addition, we are mindful that the pressures of delivering a busy service with growing demand, together with dealing with the pandemic has also affected our dedicated team. We are proud that we have continued to deliver uninterrupted support to the over 4,000 carers currently on our database.

The Charity has had to address the issue of diminishing income together with increasing demand for support. This presents its own set of challenges. Notwithstanding this, our CEO has sought much-needed funds to maintain a working balance. This is an ongoing task and to address this we have updated both our funding plan and business plan to ensure we are fit for purpose as we move forward. We continue to implement new ways of working established at the height of the pandemic. Now, carers can contact by phone, text, FaceTime, Zoom Facebook, via our website and the whole range of social media, as well as in person at the office or home visit. Thus, ensuring that the services we offer are both flexible and easily accessible and carers still receive the support they require.

As noted earlier, despite dealing with changes, and the aftermath of Covid, the number of carers we are supporting has increased. Our work in GP practices and at the Queen Elizabeth Hospital continues to grow, as has our work supporting people who are experiencing social isolation. Indeed, because of the pandemic, social isolation has increased, and its impact has far-reaching effects on those we support. In particular, the impact on mental ill health has been significant, especially so for young carers. Our young carers support team have maintained a steady presence, and children most affected by the issues of caring and Covid19 have consistently received one to one support, to protect them from their situation worsening. As we are now very aware of the issues arising from the pandemic, it is part of our forward plan that key members of the team will undertake training to equip them to deal specifically with these issues. I am pleased to report that, despite changing pressures and growing demand for our services, no one has been unsupported. As with last year, carers have not been unscathed by their experiences and we at WNC have shared the tragedy of bereavement that has affected the families we are supporting. We continue to grieve for everyone who has lost someone at this time.

As Trustees, we continue to see an upward trajectory in demand for our services, and recognise that whilst budgets can be constrained, the need to increase support within our means remains our focus. We continue to be alert to the risk that this presents and support the CEO in her efforts to seek the funding we need to underpin our work. Despite this, the charity continues to give great value, and is respected by our partners and those we serve.

Looking to the future, we shall continue to seek novel ways of supporting families, adapting services to meet need and, importantly, to seek the funding required ensuring we continue offering a first class service supporting unpaid carers and their families.

### **Financial review**

Financially the organisation remains healthy, and although our budget is tight, we still meet our objectives. The Trustee Board have agreed a Reserves policy in line with the organisation objectives and this gives the charity between three and six months running costs should funding be seriously compromised in the future. The present level of reserves held is £108,471. This funding would be used for severance payments and winding up costs. The constitution states that any surplus would be either transferred to another charity with like objectives or paid back to the funding body.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# WEST NORFOLK CARERS

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

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### **Structure, governance and management**

The charity is governed by its Constitution dated 21 August 2003 (amended 29th July 2004). It was registered as a charity with the Charity Commission in January 2005.

The trustees who served during the year and up to the date of signature of the financial statements were:

M Coleman

J Ellis

(Resigned 24 March 2022)

L Bambridge

T Gilder

D Pulsford-Harris

S Renwick

All members are invited to nominate Trustees, together with nominations from the management team and the existing Trustees. Those nominated and appointed are elected at the first AGM following appointment.

The senior official to whom the day to day management of the charity is delegated by the charity trustees is Jane Evans.

The trustees' report was approved by the Board of Trustees.



M Coleman

**Trustee**

Date: 01.09.2022

# WEST NORFOLK CARERS

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF WEST NORFOLK CARERS

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I report to the trustees on my examination of the financial statements of West Norfolk Carers (the charity) for the year ended 31 March 2022.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Sharon Edwards, F.C.A.**

**For and on behalf of Mapus-Smith & Lemmon LLP**

48 King Street  
King's Lynn  
Norfolk  
PE30 1HE

Dated: 09/09/22

# WEST NORFOLK CARERS

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
Notes						
<b>Income and endowments from:</b>						
Donations and legacies	2	2,336	180,184	182,520	35,704	207,649
Interest receivable	3	19	-	19	51	51
Other income	4	6,752	11,930	18,682	3,243	3,243
<b>Total income</b>		<b>9,107</b>	<b>192,114</b>	<b>201,221</b>	<b>38,998</b>	<b>210,943</b>
<b>Expenditure on:</b>						
Charitable activities	5	42,859	184,437	227,296	12,077	184,231
<b>Net (outgoing)/incoming resources before transfers</b>		<b>(33,752)</b>	<b>7,677</b>	<b>(26,075)</b>	<b>26,921</b>	<b>(209)</b>
Gross transfers between funds		21,000	(21,000)	-	964	(964)
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		<b>(12,752)</b>	<b>(13,323)</b>	<b>(26,075)</b>	<b>27,885</b>	<b>(1,173)</b>
Fund balances at 1 April 2021		96,840	37,706	134,546	68,956	38,878
<b>Fund balances at 31 March 2022</b>		<b>84,088</b>	<b>24,383</b>	<b>108,471</b>	<b>96,841</b>	<b>37,705</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# WEST NORFOLK CARERS

## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Tangible assets	9		2,224		12,036
<b>Current assets</b>					
Debtors	10	844		653	
Cash at bank and in hand		109,188		125,457	
		<u>110,032</u>		<u>126,110</u>	
<b>Creditors: amounts falling due within one year</b>	11	<u>(3,785)</u>		<u>(3,600)</u>	
Net current assets			106,247		122,510
<b>Total assets less current liabilities</b>			<u>108,471</u>		<u>134,546</u>
<b>Income funds</b>					
Restricted funds	12		24,383		37,705
Unrestricted funds			84,088		96,841
			<u>108,471</u>		<u>134,546</u>

The financial statements were approved by the Trustees on 01.09.2022



M Coleman  
Trustee



L Bambridge  
Trustee

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Accounting policies

##### Charity information

West Norfolk Carers is a charity registered with the Charity Commission in England. The operational address is 20 Thoresby College, Queen Street, King's Lynn, Norfolk, PE30 1HX.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Covid 19 continues to have an impact on the fundraising ability of the Charity and it is anticipated that 2022/23 will continue to be challenging. It is difficult to know what impact this could have on the Charity finances in the longer term, however, a meticulous eye is always kept on the outgoings in order to extend the longevity of the organisation.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Expenditure

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that results in the payment being unavoidable.

Costs of generating funds are those costs incurred in trading activities that raise funds.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with the constitutional and statutory requirements.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and machinery	25% reducing balance basis
Motor vehicles	25% reducing balance basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 1 Accounting policies

(Continued)

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **1.10 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### **1.11 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022 £	2022 £	2022 £	2021 £	2021 £	2021 £
Donations and gifts	1,858	9,089	10,947	25,284	4,404	29,688
Grants and project fee management income	478	171,095	171,573	10,420	167,541	177,961
	<u>2,336</u>	<u>180,184</u>	<u>182,520</u>	<u>35,704</u>	<u>171,945</u>	<u>207,649</u>

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 2 Donations and legacies

(Continued)

#### Donations and gifts

Donations	1,858	9,089	10,947	22,878	3,214	26,092
Fund generation	-	-	-	2,406	30	2,436
Charitable activities	-	-	-	-	1,160	1,160
	<u>1,858</u>	<u>9,089</u>	<u>10,947</u>	<u>25,284</u>	<u>4,404</u>	<u>29,688</u>

#### Grants receivable for core activities

NHS Norfolk	-	31,172	31,172	-	37,172	37,172
KL YAC	-	-	-	-	1,500	1,500
BBC Children in Need	-	-	-	-	2,250	2,250
Social Prescribing	-	-	-	-	29,509	29,509
East Coast Communities	-	26,394	26,394	-	8,606	8,606
Carers Matter	-	30,300	30,300	-	28,000	28,000
Postcode Lottery	-	18,718	18,718	-	-	-
Time For Me	-	12,500	12,500	-	-	-
Multi Sport	-	2,120	2,120	-	-	-
BCKLWN	-	1,480	1,480	-	-	-
KFC	-	2,000	2,000	-	-	-
NCF	-	5,000	5,000	-	-	-
LILY Project	-	20,212	20,212	-	-	-
By Women For Women	-	21,199	21,199	-	-	-
Other	478	-	478	10,420	60,504	70,924
	<u>478</u>	<u>171,095</u>	<u>171,573</u>	<u>10,420</u>	<u>167,541</u>	<u>177,961</u>

### 3 Interest receivable

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Interest receivable	<u>19</u>	<u>51</u>

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 4 Other income

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2022 £	2022 £	2022 £	2021 £
Net gain on disposal of tangible fixed assets	-	11,930	11,930	-
Other income	6,752	-	6,752	3,243
	<u>6,752</u>	<u>11,930</u>	<u>18,682</u>	<u>3,243</u>

### 5 Charitable activities

	2022 £	2021 £
Staff costs	110,830	73,624
Grants paid	26,250	6,425
Other charitable expenditure	20,022	7,139
	<u>157,102</u>	<u>87,188</u>
Share of support costs (see note 6)	66,785	94,769
Share of governance costs (see note 6)	3,409	2,274
	<u>227,296</u>	<u>184,231</u>
<b>Analysis by fund</b>		
Unrestricted funds	42,859	12,077
Restricted funds	184,437	172,154
	<u>227,296</u>	<u>184,231</u>

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 6 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Staff costs	36,466	-	36,466	68,023	-	68,023
Depreciation	741	-	741	989	-	989
Operating lease charges	9,124	-	9,124	8,500	-	8,500
Staff training	1,337	-	1,337	257	-	257
Heating, electricity and insurance	1,984	-	1,984	2,122	-	2,122
Room hire	705	-	705	215	-	215
Travel (Staff and Carers)	6,771	-	6,771	2,591	-	2,591
Telephone and internet	3,175	-	3,175	2,815	-	2,815
Stationery, postage and photocopying	979	-	979	1,672	-	1,672
Computer costs	1,900	-	1,900	2,396	-	2,396
Membership	1,537	-	1,537	2,302	-	2,302
Professional, consultancy and financial management fees	1,110	-	1,110	2,214	-	2,214
General expenses	956	-	956	673	-	673
Legal and professional	-	1,135	1,135	-	-	-
Accountancy fees	-	2,274	2,274	-	2,274	2,274
	<u>66,785</u>	<u>3,409</u>	<u>70,194</u>	<u>94,769</u>	<u>2,274</u>	<u>97,043</u>
Analysed between Charitable activities	<u>66,785</u>	<u>3,409</u>	<u>70,194</u>	<u>94,769</u>	<u>2,274</u>	<u>97,043</u>

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Manager	1	1
Operations manager	1	1
Administration	1	1
Outreach	4	4
Young Carers Group	3	2
Total	<u>10</u>	<u>9</u>

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

<b>8</b>	<b>Employees</b>	<b>(Continued)</b>	
	<b>Employment costs</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	Wages and salaries	144,306	135,196
	Social security costs	1,837	4,466
	Other pension costs	1,153	1,985
		<u>147,296</u>	<u>141,647</u>
	There were no employees whose annual remuneration was more than £60,000.		
<b>9</b>	<b>Tangible fixed assets</b>		
		<b>Plant and Motor vehicles machinery</b>	<b>Total</b>
		<b>£</b>	<b>£</b>
	<b>Cost</b>		
	At 1 April 2021	30,412	51,912
	Disposals	-	(21,500)
		<u>30,412</u>	<u>30,412</u>
	At 31 March 2022		
	<b>Depreciation and impairment</b>		
	At 1 April 2021	27,447	39,877
	Depreciation charged in the year	741	741
	Eliminated in respect of disposals	-	(12,430)
		<u>28,188</u>	<u>28,188</u>
	At 31 March 2022		
	<b>Carrying amount</b>		
	At 31 March 2022	2,224	2,224
		<u>2,965</u>	<u>12,036</u>
	At 31 March 2021		
<b>10</b>	<b>Debtors</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
	<b>Amounts falling due within one year:</b>		
	Prepayments and accrued income	844	653

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 11 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	1,200	1,620
Accruals and deferred income	2,585	1,980
	<u>3,785</u>	<u>3,600</u>

#### 12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Young Carers	5,558	7,568	(7,995)	-	5,131
Hunstanton Carers Group	97	-	(97)	-	-
Tesco Community Carers	466	-	(466)	-	-
NHS/CCG Funding	1,743	31,172	(32,163)	-	752
Carers Trust Small Grants	651	1,023	(1,316)	-	358
KL YAC TL Activities	1,500	-	(1,500)	-	-
The People's Project - Camper VAN	9,071	11,929	-	(21,000)	-
Dementias Cafe's	336	-	(336)	-	-
Young Carers and Families	346	28,000	(28,237)	-	109
Youth Social Action	4,789	-	(4,789)	-	-
Flux Family	10,000	-	(4,000)	-	6,000
By Women For Women	3,149	21,199	(24,348)	-	-
East Coast Communities	-	26,394	(26,394)	-	-
The Headley Foundation	-	2,300	(2,300)	-	-
Postcode Lottery	-	18,718	(14,652)	-	4,066
Multi-Sport	-	2,120	(2,120)	-	-
Time for Me	-	12,709	(12,709)	-	-
BCKLWN Dementia Groups	-	1,771	(403)	-	1,368
KFC Add Hope Foundation	-	2,000	(400)	-	1,600
Fuel & Food Vouchers	-	5,000	-	-	5,000
LILY Project	-	20,212	(20,212)	-	-
	<u>37,706</u>	<u>192,114</u>	<u>(184,437)</u>	<u>(21,000)</u>	<u>24,383</u>

# WEST NORFOLK CARERS

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	2,224	-	2,224	2,965	9,071	12,036
Current assets/(liabilities)	81,864	24,383	106,247	93,876	28,634	122,510
	<u>84,088</u>	<u>24,383</u>	<u>108,471</u>	<u>96,841</u>	<u>37,705</u>	<u>134,546</u>

### 14 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	<u>2,125</u>	<u>2,125</u>

### 15 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).