## Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2021

for

The Haven Project

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# Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

### Objectives and aims

Our aim is to enable individuals with Personality Disorder and/or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

### Significant activities

We currently have 164 registered clients and have intermittent needs-based contact with 10 carers. We are planning to re-open for registration - Covid permitting by tackling our waiting list. In additions we have regular contact with 5-12 people who visit the Colchester and Clacton Crisis Café for support in resilience groups During most of 2020 this work was carried out mainly by phone. We have also been doing in-reach virtually at the local mental health unit to prepare for discharge - Here we saw between 2-5 individuals each week. This work is growing. Geographically we serve the Colchester and Tendring areas-corresponding to those who reside within the CO post code.

The Haven has tried throughout the Covid restrictive period deliver that same kind or services that we provided before but with modifications. During 2020 we started doing our recovery groups online on ZOOM and our 1:1 were done over the phone as was our out-reach. We managed to provide 3 recovery groups per week on Zoom and two with limited numbers when restrictions were lifted a little in the summer of 2020.

We have not been providing placements for new students during the pandemic but one who was finishing her placement stayed on and helped with the remote groups. She is now a P/T staff member, as from February 2021.

Our calls have remained largely the same at 4,491, but the group number are understandable lower We had 313 attendances at Zoom and 111 in live groups (July 2020- November only (as lock-down prevented further face-to-face activities) 1:1 have been kept up with 743 1:1 contacts having been conducted on the phone. Out-reach contacts reached 229 calls made (albeit by phone).

### Public benefit

During the pandemic we contributed much to keeping our clients stable at a time when anxiety was rising, and the flux of change was taking a significant toll on people's mental health generally and very much so for our client group. We have been able to keep our clients as safe as possible and keep most of them out of hospital and A&E.

Our support on the phone has been invaluable to many as have the groups we have been able to run. Their wellbeing has been sufficient to stay afloat at an exceedingly difficult time.

### **Future Plans**

At the end of the year, we were in a position to develop more consistent plans to work with the Trust and reach more vulnerable people living with the diagnosis. These plans have included a trialing of extra support call for CMHT clients and in-reach at Ardleigh in-patient ward. We are hoping to combine the tracked benefits from these initiative into a more structures plan. During 2020 the Crisis café at Clacton and Colchester also started up with our resilience work developing gradually from telephone contact to live groups as restrictions eased.

### **Funding**

We are currently starting to negotiate with the Big Lottery for another, a third, three year grant but on a smaller scale as we upscale income from more sustainable sources as indicated above. In the first quarter of 2021 we hired a fundraiser on an hoc basis and she successfully secured a covid recovery grant of £20,000 from Essex Community Foundation charging only 5%. We are looking at further grant funding from Lloyds and Henry Smith foundation in the forth coming year. New more consistent plans are being developed with the Trust.

Report of the Trustees for the Year Ended 31 March 2021

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The Charity is controlled by its governing document a deed of trust, and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020.

### Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. the company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 23.5.01 (updated 2020).

## Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We continue to attract more diversity onto the board. We have a new member as of early 2021. We are trying out new routes to attract competent and enthusiastic individuals for the post.

### REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

### Registered Charity number

1169747

### Registered office

10 St Peters Court Middleborough Colchester Essex CO1 1WD

### Trustees

Ms K Magee N J Tweed A J L Milner J Stone M Rozier (appointed 15.8.20)

### Independent Examiner

JTF Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 13 December 2021 and signed on its behalf by:

L Milner - Trustee

## Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



P J T Frost
FCCA
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

15 December 2021

# Statement of Financial Activities for the Year Ended 31 March 2021

INCOME AND ENDOWMENTS FROM Donations and legacies	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £ 10,013	31.3.20 Total funds £ 19,989
Charitable activities  Maximising the recovery of people diagnosed with personality disorder		164,500	-	164,500	123,162
Other trading activities Investment income Other income	2 3	5,038 70 -	- - -	5,038 70 -	11,411 594 90
Total		179,621	-	179,621	155,246
EXPENDITURE ON Raising funds		-	-	-	1,768
Charitable activities  Maximising the recovery of people diagnosed with personality disorder		129,717	4,615	134,332	157,997
Total		129,717	4,615	134,332	159,765
NET INCOME/(EXPENDITURE)		49,904	(4,615)	45,289	(4,519)
RECONCILIATION OF FUNDS					
Total funds brought forward		47,521	4,907	52,428	56,947
TOTAL FUNDS CARRIED FORWARD		97,425	292	97,717	52,428

The notes form part of these financial statements

## Balance Sheet 31 March 2021

FIXED ASSETS	Notes	Unrestricted funds £	Restricted funds	31.3.21 Total funds £	31.3.20 Total funds £
Tangible assets	8	5,243	-	5,243	4,859
CURRENT ASSETS Debtors Cash at bank and in hand	9	8,667 89,905	292	8,667 90,197	9 <b>,0</b> 63 49,550
		98,572	292	98,864	58,613
CREDITORS Amounts falling due within one year	10	(6,390)	-	(6,390)	(11,044)
NET CURRENT ASSETS		92,182	292	92,474	47,569
TOTAL ASSETS LESS CURRENT LIABILITIES		97,425	292	97,717	52,428
NET ASSETS		97,425	292	97,717	52,428
FUNDS Unrestricted funds Restricted funds	12			97,425 292	47,521 4,907
TOTAL FUNDS				97,717	52,428

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued 31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13 December 2021 and were signed on its behalf by:

A J L Milner - Trustee

The notes form part of these financial statements

### 1. ACCOUNTING POLICIES

### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment

- 25% on cost

Office equipment

- 25% on cost

### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2.	OTHER TRADING ACTIVITIES		
		31.3.21 £	31.3.20 £
	Fundraising events	953	11,411
	Services provided	4,085	
		5,038	11,411
3.	INVESTMENT INCOME		
		31.3.21	31.3.20
		£	£
	Bank interest receivable	70	594
4.	NET INCOME/(EXPENDITURE)		
	Net income/(expenditure) is stated after charging/(crediting):		
		31.3.21	31.3.20
		£	£
	Depreciation - owned assets	2,526	1,820
	Other operating leases	17,000	17,000

### 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

### 6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	2	2
	7	7
	<u>v.a.</u>	

No employees received emoluments in excess of £60,000.

	Unrestricted	Restricted	Total
	funds	funds	funds
INCOME AND ENDOWMENTS FROM	£	£	£
Donations and legacies	19,989	-	19,989
Charitable activities			
Maximising the recovery of people diagnosed			
with personality disorder	112,750	10,412	123,162
Other trading activities	11,411		
Investment income	11,411 594	- 0.33	11,411 594
Other income	90	- 43.5	90
Total	144,834	10,412	155,246
EXPENDITURE ON			
Raising funds	1,768	- 45	1,768
Charitable activities			
Maximising the recovery of people diagnosed			
with personality disorder	152,779	5,218	157,997
Total	154,547	5,218	159,765
NET INCOME/(EXPENDITURE)	(0.712)		
NET INCOME/(EAFENDITURE)	(9,713)	5,194	(4,519)
Transfers between funds	5,617	(5,617)	_
Net movement in funds	(4,096)	(423)	(4,519
RECONCILIATION OF FUNDS			
Total funds brought forward	51,617	5,330	56,947
TOTAL FUNDS CARRIED FORWARD	47,521	4,907	52,428

8.	TANGIBLE FIXED ASSETS			
		Equipment £	Office equipment £	Totals £
	COST	~	£	L
	At 1 April 2020	241	13,419	13,660
	Additions		2,910	2,910
	At 31 March 2021	241	16,329	16,570
	DEPRECIATION			
	At 1 April 2020	241	8,560	8,801
	Charge for year	-	2,526	2,526
	At 31 March 2021	241	11,086	11,327
	NET BOOK VALUE			
	At 31 March 2021	-	5,243	5,243
	At 31 March 2020		4,859	4,859
9.	DEPTODS, AMOUNTS EALLING DUE WITHIN ONE VEHICLE	575 - T.C. (1984) - 1783) -		
9.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEA	R	31.3.21	31.3.20
			£	51.5.20 £
	Trade debtors		4,265	
	Prepayments and accrued income		4,402	9,063
			8,667	9,063
10.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YE	EAR		
			31.3.21	31.3.20
	or to the		£	£
	Trade creditors Social security and other taxes		586	5,229
	Other creditors		1,498	1,375
	Accruals and deferred income		57 4 240	1,421
	Activals and describe medific		4,249	3,019
			6,390	11,044

12.

11.	LEASING	AGREEMENTS
II.	LILASHAU	ACTREBINES

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21 £ 17,000 2,833 ———————————————————————————————————	31.3.20 £ 2,833 
	Net	
At 1.4.20 £	movement in funds £	At 31.3.21 £
45 501	40.004	a
47,521	49,904	97,425
	_	292
4,615	(4,615)	<del>-</del>
4,907	(4,615)	292
52,428	45,289	97,717
Incoming resources	Resources expended	Movement in funds
£	£	£
179,621	(129,717)	49,904
-	(4,615)	(4,615)
179,621	(134,332)	45,289
	£ 47,521  292 4,615  4,907  52,428  Incoming resources £ 179,621	# 17,000

## 12. MOVEMENT IN FUNDS - continued

## Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds General fund	51,617	(9,713)	5,617	47,521
Restricted funds		,	,	,
Awards for All Grant	1,580	(1,288)	_	292
Essex Community Foundation	3,750	(3,750)	-	_
Lloyds Foundation Enable Grant		10,232	(5,617)	4,615
	5,330	5,194	(5,617)	4,907
TOTAL FUNDS	56,947	(4,519)		52,428

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	144,834	(154,547)	(9,713)
Restricted funds			
Awards for All Grant	-	(1,288)	(1,288)
Essex Community Foundation	=	(3,750)	(3,750)
Lloyds Foundation Enable Grant	10,412	(180)	10,232
	10,412	(5,218)	5,194
TOTAL FUNDS	155,246	(159,765)	(4,519)

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

The Lloyds Foundation Enable Grant is in respect of a grant received to pay for an IT upgrade and quality assurance of the organisation's governance and overall structure.

The Essex Community Foundation fund and the Tudor Trust fund were in respect of grants received towards the salary of therapeutic support workers.

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

## 13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

# Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	10,013	19,989
Other trading activities		
Fundraising events Services provided	953 4,085	11,411 -
	5,038	11,411
Investment income Bank interest receivable	70	594
Charitable activities Grants		
Grants	164,500	123,162
Other income		
Acquired on conversion to charity	- 분 - 항	90
Total incoming resources	179,621	155,246
EXPENDITURE		
Other trading activities Fundraising costs	-	1,768
Charitable activities		
Wages	42,619	52,205
Social security	672	1,790
Pensions Other operating leases	2,574	3,773
Other operating leases Rates and water	11,333 1,227	11,333 1,375
Insurance	3,135	4,047
Light and heat	2,831	2,147
Communications	2,769	3,455
Postage and stationery	557	1,522
Sundries Service user activities	268	957 967
Training	812	967 1,924
IT support services	3,788	1,966
Cleaning	576	608
Office consumables	183	972
Office supplies	89	329 154
Agency workers Carried forward	73,433	154 89,524

This page does not form part of the statutory financial statements

# Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21	31.3.20
Charitable activities	£	£
Brought forward	#2 422	AA -4 :
Property service charge	73,433 1,086	89,524 1,499
Repairs and maintenance	475	1,499
Supervision	410	520
Travel	66	1,271
Dues and subscriptions	35	35
Equipment Office	- 1호 발	1
Office	2,526	1,075
	78,031	94,609
Support costs		
Management		
Wages	42,730	47,806
Social security Pensions	491	1,766
Other operating leases	3,323	3,360
Rates and water	5,667	5,667
Light and heat	613	521
Property service charge	1,415 543	1,074 749
	54,782	60,943
Finance		
Bank charges	117	177
Computer equipment	-	744
	117	921
Governance costs		
Accountancy fees	780	1,020
Payroll administration	504	504
Other professional fees	118	_
	1,402	1,524
Total resources expended	134,332	159,765
Net income/(expenditure)	45,289	(4,519)

This page does not form part of the statutory financial statements