#### **POSITIVELY UK**

# ANNUAL REPORT AND FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2022

**Charity Registration Number 1007685** 

Registered Company Number 02424032

AZETS AUDIT SERVICES Greytown House 221/227 High Street Orpington Kent BR6 0NZ

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#### **CHAIR'S FOREWARD**

It is almost impossible to sum up 2022 in a few short paragraphs. The year has been full of upheaval for so many of us, and not least for all those who participate in, for, and with Positively UK. These remain uncertain times. As COVID settled we faced new challenges. Monkeypox cases were detected, affecting some of us directly, and we saw discussions that for many of us were triggering and a reminder of the early HIV days that were filled with stigma, misinformation, fear, and prejudice. Political situations, both at home and internationally, make us frightened and uncertain about where our world is heading, not least seeing Russia's invasion into Ukraine happening so near to us here in the UK. The extremely hot and dry summer brough its own challenges. The decision to reverse access to safe abortion in the USA saw women's rights removed and were a stark reminder of how freedoms long fought for cannot be taken for granted. And we now face a tricky and difficult winter, with double digit inflation and concerns about the cost of living, many struggling to heat their homes and to afford to feed themselves and those they love and care for.

For all these things, and many more besides, it remains crucial that Positively UK is united in providing peer-led support, advocacy, and information to everyone living with HIV to effectively manage any aspect of their diagnosis, care, and life with HIV. It is also essential that we look after each other.

So much hard work has been undertaken by everyone in the past year, and I hope we can all take time to think about our colleagues and participants, and remember that not all activity, struggles, successes, or sadness, are necessarily visible. We all have so much going on in our lives, both above and below the surface, but I am most proud when we take time to listen, to understand each other better, and to unite to move forwards with shared vison at Positively UK.

Our fundraising efforts have been good and rewarded, and our balance sheet is strong, giving us some optimism as our projects are supported into 2023. This also means we have some resilience in changing economic times. We need to secure more long term funding streams into the future, and for this reason have agreed to recruit a Fundraiser to focus on this work.

Led by our CEO, we are reviewing our strategy for the next three years, and listening to a wide range of those involved with Positively UK to better develop this. The launch in planned for 2023 and I look forward to hearing further thoughts and views regarding our planned direction of travel.

We have had some changes in our Board, and new Trustees joining. A major focus for 2023 will be reinvigorating our work on Equality, Equity, Diversity, and Inclusion. Positively UK is open to all, and attracts passionate, dedicated, and diverse participants. It is so important that we continue to learn from each other to ensure that no one is left behind. This is a phrase often used for people with HIV, but is also highly relevant to our own organisations and networks. As a Board we want to listen to things that are going well, and to hear about things that could be improved.

Positively UK has worked hard to develop stronger links with the Fast Track City initiative, and undertaken stigma work, including starting the Empowerment Program to address Internalised stigma. We continue to collaborate across the HIV sector to ensure our programmes complement those offered by other providers, and that people with HIV have access to a range of services to suit their needs.

In terms of engagement, 984 people have accessed our one to one support, and over 200 have accessed our group support. Importantly, 384 new people living with HIV accessed Positively UK services, in addition to our existing user numbers of over 600. Gay men and women remain the majority of our participants but in addition we have seen over 120 heterosexual men, as well as 15 people identifying as trans and 4 identifying as gender queer or non-binary. In tremendously important work, that is likely to be even more essential across the winter, the Welfare and Benefit Project provided welfare advice and support to 250 people, and ensured they could access benefits to which they were entitles.

Many other successful events took place, including mixed online socials, and the restarting of gardening projects with Seeds and Seedlings. Our Youth Project, Positive Future, engaged with over 93 young people, and the youth peer lead residential created an opportunity for 6 isolated young people to explore issues around HIV, relationship and improving wellbeing. Twenty four people trained as HIV peer mentors, 9 people trained for the Scottish Refugee Council, and 6 trans people trained to provide trans community peer support for CliniQ. GROWS trained 30 women peer mentors specialised in issues around women with HIV and ageing.

#### **CHAIR'S FOREWARD**

Our research work continues, and both our posters, one on the experiences of older women with HIV (in partnership with Sophia Forum), and the second on experiences of racially minoritised communities during COVID-19 were commended at BHIVA Spring Conference 2022.

In addition to the successful Positively UK conference in the summer, we have several events coming up in the Autumn, including Bearded and Flushed, a celebration of the 35<sup>th</sup> anniversary of the founding of our predecessor organisation Positively Women, at the Royal Central School of Speech and Drama and, as every year, Positively UK will make a strong showing at the Red Run in East London.

In 2023 we will, as well as our ongoing work streams, also be reviewing whether our existing office premises are fit for purpose, and exploring options to support people to work more safely, and in more supported environments that better suit their needs.

As ever, I cannot thank everyone enough for their hard work, dedication, passion, and support, of both Positively UK, and of so many people living with HIV. If you have any thoughts, worries, comments, concerns, or ideas that you think I can help with, or should hear, please do let me know. When I have spoken to people in this past year what I hear overwhelmingly is a commitment to make things better for the people with HIV that we support. My challenge, with help from the Board and from the CEO and senior leadership team, is to ensure we find the practical ways to help support you in delivering this and, indeed, that we strive to do better also. Please don't hesitate to let me know of ways in which we can do this, or areas we should be focussing on.

Tristan Barber Chair of The Board of Trustees

Date: 15 November 2022

#### **2021/22 AT A GLANCE**

984 people accessed 1-2-1 support and over 235 people group support.

384 new people living with HIV accessing our services, in addition to 600 existing service users.

**300+ gay men** have accessed our peer support and 174 gay men have accessed specialised support, including groups, social events and workshops through the gay men's project.

**400+ women have accessed peer support through our services and 127 women** have received specialised support through the Women's project in the last year

120+ heterosexual men accessed 1-2-1 peer support, 25 group support

4 gender queer/non binary people accessed our services

15 trans (gender not as assigned at birth)

The Welfare and Benefit Project provided welfare advice and support to 250 people and secured 700k of benefits people were entitled to.

**Innovative Mixed Socials online engaged** 145 engaged with the online groups, and the online format remained popular even after lockdown as people readjusted to face to face events.

**Seeds & Seedlings –** gardening projects restarted, face to face sessions, both at Calthorpe and St Georges plus outings, and was accessed by over 60 people.

**Positive Future** our Youth Project engaged with over 93 young people. The youth peer lead residential – first gathering following lockdown - created an opportunity for 6 isolated young people to explore issues around HIV, relationship and improving wellbeing

**Peer mentor training** 24 people trained as HIV peer mentors including volunteers for NHS and other HIV organisations. 9 people trained for the Scottish Refugee Council to provide general peer support to refugees in their services. We also trained 6 trans people to provide trans community peer support for CliniQ.

GROWS trained 30 women peer mentors specialised in issues around women with HIV and ageing

Peer mentor comorbidities training was delivered to 91 peer mentors

2, 118 hours of 1-2-1 peer support and over 4,558 interventions were delivered by our case workers

Both our posters , one on the experiences of older women with HIV (in partnership with Sophia Forum) and the second on experiences of racially minoritised communities during COVID-19 were commended at **BHIVA Spring Conference 2022.** 

#### REPORT OF THE DIRECTORS

The Directors, who are also Trustees, present their Annual Report together with the Audited Financial Statements for the year ended 31 March 2022. The Directors have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK published on 16 July 2014 and updated by Bulletin 1 & 2.

#### **OUR PURPOSE AND ACTIVITIES**

#### Our Objects:

- To protect the health of people with HIV by the provision of support services to people who have HIV or any associated health condition.
- To advance education and research about health and particularly the health of those who have AIDS, HIV or any
  associated health condition.
- To provide community centred, advice and assistance for the benefit of people living with HIV or any associated health condition.

#### Our Vision: Positively UK's Vision:

Everyone living with HIV has access to effective peer support to increase their knowledge, confidence and connections, to improve their health and quality of life.

**Our Mission:** To share learning and solutions within HIV and across the health and social care sectors so that people living with HIV receive effective care and support, to achieve the best health and quality of life.

#### Our Actions:

- Providing specialist and peer support, advocacy and information
- Campaigning against discrimination
- Promoting positive attitudes and equitable access to health
- Increasing involvement, voice and visibility

#### **Our Values and Personality**

**Champions:** We stand up for the dignity and rights of anybody with or affected by HIV.

Supporters: We provide people living with HIV practical and emotional support to help l8ive a fulfilling life

free from isolation

Commitment: "We don't say, we act". We believe in the active involvement of people living with HIV in

developing and delivering services and policy.

Passionate: Nobody cares more or is more committed to developing a confident and positive future for

people living with or affected by HIV.

**Practical:** Our advice and support are practical and of immediate benefit. **Our Ambition:** Peer led support to all people living with HIV in the UK by 2025

#### **How We Achieve This:**

#### We have three interconnected person-centered aims to our strategy:

**Connections:** strengthening connections among people living with HIV by provision of peer support to enhance quality of life. Working in partnership with the NHS and voluntary sector to improve the access to good quality peer support. We provide a range of group work from recently diagnosed to groups for women, gay men, heterosexual men and women, LGBTQ+ communities, mixed groups, and people aged over 50 and youth.

**Knowledge:** improving knowledge by sharing accurate information, research and skills through participatory peer led trainings and workshops, so that people with HIV are fully equipped to manage HIV, ARVs, comorbidities and related social issues. Promoting peer research and collaborations with researchers and academic institutions.

#### REPORT OF THE DIRECTORS

**Confidence** increasing the confidence of people with HIV by challenging stigma, and providing opportunities to be meaningfully involved and influence key decision makers. We will create opportunities to develop a collective voice by hosting events such as the biennial Conference of People Living with HIV, our Changing Perceptions campaign and Catwalk4Power etc.

#### The role and contribution of volunteers

Positively UK is hugely indebted to our volunteers and their dedicated support during the COVID-19 crisis. While many volunteering opportunities were contested, our volunteers have supported people living with HIV through the peer mentoring program, facilitating group supports online, contributing to our social media and communication, providing meaningful feedback, fundraising and undertaking administrative roles. In 2021/2022, our volunteers have contributed 669 hours in total to the organization. If costed at our sessional work rate of £15 per hour, this equates to £10,035. We have also had a certified yoga instructor providing free yoga classes on line since lock down, at the commercial rate of £45 per hour his volunteering contribution is valued £840.

Positively UK acknowledges the support given to clients in the form of hardship grants from London Catalyst and THT Hardship Fund, and food deliveries from The Food Chain.

#### **Achievements and Performance**

Last year we set ourselves the following goals and delivered on them as follows:

#### Connections

We continued to pilot new projects and increase connections by:

- Over 900 peoples accessed support though our services with 2,181 hours of support in a very heterogeneous group
  of people
- The Youth Project, Positive Futures, recruited a new team and engaged with 93 young people
- The Seeds Project continued to support a very marginalized group of older people with HIV with 63 participants
- The Mixed Social, online group created to reduce isolation during the COVID-19 crisis, was accessed by 145
- The Women's Project provided specialized support to over 188 women
- The Gay Men's project provided specialized support to 174 men
- Fast Track Cities outreach project in collaboration with Chelsea & Westminster NHS Trust engaged with 117 new participants
- We continue a strong partnership with NHS through all our statutory contracts in Brent, Ealing, Tower Hamlet, Waltham Forest, Hackney, Newham and Camden and Islington
- The Welfare and Benefit Project provided advice and support to over 250 people and granted access to entitled benefits amounting £700k in total.
- **GROWS** trained 30 women peer mentors
- 98% of people with HIV accessing peer support stay engaged in their health care (sample survey form Fast Track Cities projects)

#### Knowledge

We support the widening of knowledge to promote informed choices by:

- We created new training modules for peer mentors around co-morbidities, stress, depression & anxiety and 91
   Peer Mentors were trained
- We delivered a Peer Support training based on our P100 model for Clinic Q and Refugee Council in Scotland
- GROWS developed a training manual to train peer mentors who are qualified to support older women with HIV through ageing and trained 30 peer mentors
- Contributed WHO toolkit for women with HIV on achieving Sexual & Reproductive Health & Rights to be launched 2022/23

#### REPORT OF THE DIRECTORS

#### Confidence

As part of our commitment to improve confidence, we aim to promote best quality of care for people living with HIV, and endorse the role of peer support and peer research to tackle HIV stigma.

- The Biannual Conference of People Living with HIV, had to be put on hold because of COVID-19. The
  conference has been rescheduled for June 2022
- We submitted evidence to the APPG on HIV and AIDS through our report about addressing the needs of black, Asian and minority ethnic communities in relation to HIV
- Working collaboratively with Patient Experience Research Centre, Imperial College, we co-produced research on "The Impact of COVID-19 on People with HIV" and developed guidelines and resources for co-production in research and training peer-researchers
- An abstract based on the survey on impact of COVID-19 on racially minoritised people living with HIV was commended among the best posters at the spring BHIVA conference
- **Growing Older Wiser and Stronger (GROWS)** project conducted a peer research on the needs of older women living with HIV and was commended for its abstract and oral presentation at BHIVA Conference
- Our 'Guidelines on Providing Peer Support in Clinical Settings' were launched during BHIVA spring conference.

#### **Public benefit statement**

We review our aims, objects and activities annually. This review looks at what we achieved and the outcomes of our work for the previous 12 months. The review considers the success of each key activity and the benefits they have brought to those groups of people we were set up to help. The review helps us to ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the Charity Commissions general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

All of our charitable activities focus on:

- To protect the health of people by the provision of support services to people who have HIV or any associated health conditions.
- To advance education and research about health and particularly the health of those who have HIV or any associated health condition, in the UK and abroad.
- To provide community-centered, advice and assistance for the benefit of people affected by HIV or any associated health condition.

All activities are undertaken to further our charitable purposes for the public benefit. Directors are satisfied that the charity meets the Charity Commission's guidelines with regard to delivering public benefit.

#### **FINANCIAL REVIEW**

With total income of £771,500 (2021: £909,874) and total expenditure of £710,118 (2021: £703,156), the Statement of Financial Activities shows a surplus on unrestricted activities of £25,897 for the year ended 31 March 2022 (2021: surplus £71,264) and on restricted activities of £35,485 (2021: surplus £136,454). The total surplus for the year is £61,382 (2021: surplus £206,718).

Total funds carried forward at 31 March 2022 were £490,188 (2021: £428,806), which was made up of unrestricted reserves of £167,859 (2021: £141,962) and restricted reserves of £322,329 (2021: £286,844).

Restricted income came through grants from Charitable Trusts and the National Community Lottery Fund. Additional grants were also received from the Henry Smith charity for core costs, National Lottery Community Fund for our Women's project and Youth project, Homerton Hospital charitable wing (for our Peer Navigator project)

Looking forward, statutory income along with project funding from charitable trusts and the National Lottery Community Fund continues to perform well. We have addressed the shortfall in income caused by the end of the Monument Trust support of Project100, by securing multi-year funding from Fast Track City Improvement Fund to support 3 new projects alongside a 3-year core funding grant from Henry Smith and further funding from GILEAD, ViiV, COVID-19 emergency funds and the LGBT Consortium through the LGBT Futures NET. We plan to address the reduction in corporate funding and statutory funding by creating a new fundraising position which will focus on growing our individual donors.

#### REPORT OF THE DIRECTORS

#### **FINANCIAL REVIEW - continued**

2022 Income: £771,500 (2021 - £909,874)

- In total income from charitable trusts stands at £149,886 (2021 £151,934).
- Income from statutory contracts stands at £391,844 (2021 £356,968)
- Total income from the National Lottery Community Fund now stands at £140,500 (2021 £231,186)
- Income from corporates, notably pharmaceuticals, to £71,182 (2021 £139,670) with grants from Gilead for Comorbidities Project, and ViiV support for groups and workshops. We also received sponsorship for our Biannual Conference by ViiV, GILEAD and MSD and Janssen.

#### **Investment Powers and Policy**

The Memorandum and Articles of Association authorises the Directors to make investments using the general funds of the charity. The Directors have the power to invest in any way that they see fit.

#### **Reserves Policy**

Positively UK aims to keep a minimum working balance of reserves equaling three to six months of operating costs, to cover future contractual liabilities, staff salaries and rent. The Directors consider that the Charity's reserves will enhance the services provided and provide financial security for the future. If at any time reserves fall below this target then any positive balance at the end of the financial year, which is not tied to a specific project or programme, will in principle be added to these reserves until they have reached the appropriate level. The target unrestricted funds the Directors wish to hold is £60,000 to £120,000 (2021: £60,000 to £90,000).

Our total unrestricted reserves on 31 March 2021 stood at £167,859 (2021 - £141,962) which included designated funds of £56,000 (2021 - £45,000) and unrestricted general reserves of £111,859 (2021 - £97,962).

#### **GOING CONCERN**

Positively UK's Board is aware of the uncertainties and challenges ahead in terms of funding landscape, but it is confident that Positively UK is in a good position to continue to operate and provide impactful services to our beneficiaries and fundraise successfully.

#### **FUTURE ACTIVITIES**

In line with our strategic vision, our activities over the coming year will support us in achieving the best physical, emotional and social wellbeing for people living with HIV across the UK. Because of COVID-19 crisis, most of those activities will be delivered online, and we will focus on those who are most vulnerable and isolated, as well as adapt our peer support model for online delivery.

#### Connections

In 2022/2023 We will continue to pilot new projects and deliver direct support to increase connections by:

- Actively reach out to all people living with HIV through the provision of online groups for women, gay men, young people, mixed group and people over 50
- Within our statutory contracts we will provide support to over 400 people with 90% of users reporting Improved quality of life
- Provide opportunity for social connections through our Mixed Social Groups
- Increase specialized support to older women with HIV through our GROWS Fast-Track Cities project
- We have designated funds to continue, Positively Women, to support at least 150 women a year
- Through our Youth Project we aim to support 100 young people a year transitioning to adult services and increase opportunities for social interactions including a residential training for young people and outreach at new clinics.
- Ensure that Peer support is available in all London Clinics and continue focusing on engaging with those most vulnerable to disengage from services
- Support 300+ people with HIV experiencing poverty through our Welfare & Benefits Project funded by Fast Track City Improvement Fund

#### REPORT OF THE DIRECTORS

#### Knowledge

In 2022/2023 we will continue working on our national reach by:

- Expand our online Project 100 training by developing new training modules on comorbidities and wellbeing
- Continue to train new peer mentors in London and provide supervision and professional development opportunities through specialized workshops
- Pilot Peer Support Trainings with other health and social conditions
- Develop GROWS train the trainers to increase sustainability to support women ageing with HIV in collaboration with Sophia Forum
- Continue working in partnership with academic institutions and NHS Trusts to strengthen peer research

#### Confidence

**In 2022/2023 will continue** to improve confidence by promoting the meaningful involvement of people living with HIV, disseminating evidence around effective peer support, and tackling HIV stigma.

- Continue to raise the profile of peer support through engaging with key agencies, such as NHS England, British HIV Association and Public Health England to promote good commissioning and integration of services.
- Deliver the National Conference of People Living with HIV (which was postponed due to COVID-19) and create a new Manifesto on quality of life for the new decade
- Work collaboratively with NAZ, Sophia Forum 4M to raise to voice and visibility of older women with HIV though Bearded & Flushed creative program
- Deliver our Empowerment Project in collaboration with Homerton Hospital and North Middlesex as part of Fast Track Cities Stigma program
- Celebrate our 35<sup>th</sup> anniversary with an event that highlights our unique contribution in the HIV response in the UK.

#### REPORT OF THE DIRECTORS

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### **Organisational Structure**

Positively UK (the word 'Limited' being omitted by licence from the Department of Trade) is registered under the Companies Act 2006 as a company limited by guarantee and not having a capital divided by shares. It is a registered charity constituted as a Limited Company under the Memorandum and Articles of Association.

#### **Recruitment and appointment of Directors**

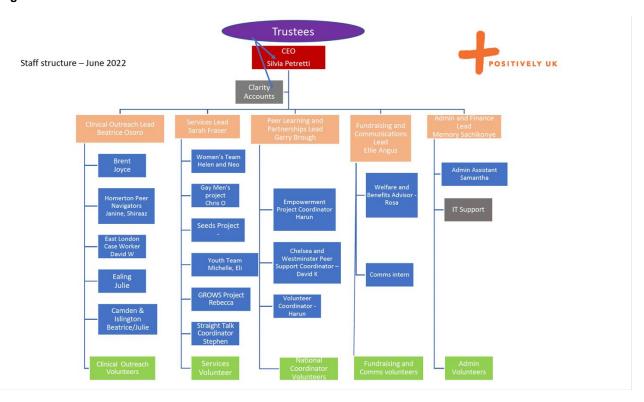
Positively UK's constitution states that 50% of the Board of Directors and the Chair of the Board should be living with HIV

We recruit Directors through advertisements on our website and through social media, partner organisations, via email and personal contacts. Efforts are made to identify and ensure that we have a good mix of skills on the Committee. People interested in becoming a Director are invited to submit a letter and CV to the Director and Chair of the Board, who then shortlist, interview and appoint suitable candidates. Occasionally a suitable candidate for the Committee is coopted during the year and appointed formally at the next Annual General Meeting.

#### Director induction and training

Each new Director goes through a formal induction programme which includes meetings with key staff and briefings on the key responsibilities of Directors, the vision, mission and strategic aims of the organization. Directors receive regular work updates from the various departments, as well as updates on relevant topics and current issues, both within the organization as well as the external environment.

#### Organisation



The Directors have delegated all day-to-day management to the Chief Executive, Silvia Petretti. The CEO is supported by the Leadership Team who are in turn responsible for service delivery within their areas (see organizational chart above).

Positively UK staff are committed to supporting people living with HIV achieve the best physical, emotional and social well-being. In line with our peer-led ethos, all front-line staff are people living with HIV, who understand the implications of living with the virus. All are fully trained in advice and guidance to help people self-manage their condition.

#### REPORT OF THE DIRECTORS

#### Related parties

We believe working together can best meet the needs of people living with HIV. We complement clinical care, with peer support integrated into HIV clinics at:

- Jefferies Wing, St. Mary's, Westminster
- 900 Youth Clinic, St Mary's, Westminster
- Homerton Hospital, Hackney
- Courtyard Clinic, St George's Hospital, Merton
- Harrison Wing, Guys & St Thomas, Southwark
- TEAM Clinic, Mortimer Market, Camden
- Caldecott Centre, Kings College Hospital, Lambeth
- Level 8 Clinic, Ealing Hospital, Ealing
- Ian Charleson Day Centre, Royal Free Hospital, Camden
- Northwick Park Gum Clinic (Brent)
- Brent Hub, Brent
- Kobler Centre, Chelsea & Westminster Hospital, Kensington & Chelsea
- 56 Dean Street, Chelsea & Westminster NHS Trust- Westminster
- 10 Hammersmith Broadway, Hammersmith
- · West Middlesex University Hospital, Hounslow

We are now providing an hybrid service which includes face -to-face outreach in some in clinics combined with virtual referrals for telephone and online support.

To ensure the voice of people living with HIV is heard amongst policy makers, staff at Positively UK are community members of NHS England's HIV forum and actively participate with the treatment advocates network UK-CAB. We also support and advise bodies such as NHIVNA, the Clinical Reference Group on HIV, we are on the London Fast Track City Leadership Group and our CEO is part of the World Health Organization Advisory Board on Women and HIV. Staff have presented at national and international conferences including BHIVA, NHIVNA, International AIDS Conference, The International Workshop on Women and HIV, The Fast-Track Cities Conference and EACS (European AIDS Conference).

This year we were also actively involved as a member of National Voices to ensure greater support across the NHS for people living with HIV and other long-term conditions.

We work collaboratively with a number or partners in the HIV sector and beyond, including: ClinicQ, Living Well, NAM AIDSmap, NAZ, National AIDS Trust, Food Chain, Sophia Forum, 4M, Sussex Beacon, George House Trust, Terence Higgins Trust, Metro Charity, Spectra, Royal Central School of Speech & Drama, Patient Experience Research Centre (PERC) – Imperial College, Salamander Trust, University College London (UCL)

#### Pay policy for senior staff

The benchmark for employee, including management, remuneration is the average of salaries paid in the sector. Positively UK maintains an overview of salaries across the voluntary sector, including HIV sector, to ensure it is competitive; and in assessing remuneration also considers the wider terms and conditions and benefits offered by Positively UK with our staff contracts.

Individual performance and remuneration are not linked: strong individual performance is rewarded by opportunities for further professional development and advancement such as training and personal development. Strong organizational performance and salary review for individuals demonstrating strong performance are linked. In a financial year where Positively UK's balance sheet has strengthened, an employee displaying strong performance will be considered for an increase in salary to ensure their remuneration is at or around the sector average. The performance of all employees is reviewed on an annual basis. The review is formal, recorded, and takes place every March.

#### Charitable and political donations

During the year the company made no political or charitable donations.

#### REPORT OF THE DIRECTORS

#### **Risk Management**

The Directors have overall responsibility for ensuring that the Charity has an appropriate system of controls, financial and otherwise. Risk assessments are carried out annually and reviewed by the Directors. Appropriate steps are taken to moderate and manage identified risks. The Directors are satisfied that, the Charity's internal controls comply with the guidelines issued by the Charities Commission, and that it complies with relevant laws and regulations.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Company Number: 02424032

Charity Number: 1007685

**Directors:** 

Amanda Amadokai (appointed 28 June 2022)

Tristan Barber (appointed 12 May 2021) – Chair of Trustees

Kevin Baker

William Daniel-Braham (resigned 11 May 2022)
Annette Browne (resigned 15 April 2021)
Pamela Jane Bruton (resigned February 2022)

Leasuwanna Griffith Robert James

Peter Oswaldt

Glyn Richard Corrine Squire Shema Tariq Treasurer

Company Secretary: Silvia Petretti

Senior Management Team: Silvia Petretti Chief Executive

Beatrice Osoro Clinical Outreach and Statutory Contracts Lead

Sarah Fraser Services Lead Memory Sachikonye Admin & Finance Lead

Garry Brough Peer Learning & Partnership Lead
Ellie Angus Fundraising and Communication Lead

Principal Address: St Marks Studios

14 Chillingworth Road London N7 8QJ

Independent Examiner: M A Wilkes FCA

Azets Audit Services Greytown House 221 – 227 High Street

Orpington Kent BR6 0NZ

Solicitors Farrer & Co,

66 Lincoln's Inn Fields London WC2A 3LH

Bankers NatWest Bank plc

P.O. Box 83 Tavistock House Tavistock Square London WC1H 9JA

#### REPORT OF THE DIRECTORS

#### **DIRECTORS' RESPONSIBILITIES STATEMENT**

The Directors (who are also trustees of Positively UK for the purposes of charity law) are responsible for preparing the Directors' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure for that period. In preparing these financial statements, the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The Directors are responsible for keeping adequate account records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors are responsible for maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The report of the directors has been prepared taking advantage of the small companies' exemption of section 415A of the Companies Act 2006.

This report was approved by the Board and signed on its behalf by:

Tristan Barber - Chair

Peter Oswaldt - Treasurer

Date: 15 November 2022

#### INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS

I report to the charity Directors on my examination of the accounts of the company for the year ended 31 March 2022 which are set out on pages 15 to 28.

#### Responsibilities and basis of report

As the charity Directors of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of The Institute of Chartered Accountant England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

#### M A Wilkes (FCA)

For and on behalf of Azets Audit Services Greytown House, 221/227 High Street Orpington, Kent, BR6 0NZ

Date: 25 November 2022

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

#### INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT

	Notes	Unrestricted funds	Restricted funds	Total 2022	Total 2021
		£	£	£	£
Income from:					
Donations	•	8,749	-	8,749	6,170
Charitable activities	2	225,444	527,968	753,412	881,854
Trading Activities	3	9,339	-	9,339	8,282
CJRS Grant			<u>-</u>		13,568
Total income		243,532	527,968	771,500	909,874
Expenditure on:		<del></del>			
Raising funds		17,913	-	17,913	26,752
Charitable activities		199,722	492,483	692,205	675,404
Total expenditure	4	217,635	492,483	710,118	703,156
Net movement in funds		25,897	35,485	61,382	206,718
Funds brought forward at 1 April 2021		141,962	286,844	428,806	222,088
Total funds carried forward at 31 March 2022		167,859	322,329	490,188	428,806

All of the charity's transactions are derived from continuing activities.

The Statement of Financial Activities includes all gains and losses recognised in the year

## COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

#### INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT

	Notes	Unrestricted funds	Restricted funds	Total 2021
		£	£	£
Income from:				
Donations Observed to a control of the control of t	•	6,170	040 440	6,170
Charitable activities	2 3	232,738	649,116	881,854
Trading Activities	3	8,282		8,282
CJRS Grant		13,568		13,568
Total income		260,758	649,116	909,874
Expenditure on:				
Raising funds		26,752	_	26,752
Charitable activities		162,742	513,662	675,404
Total expenditure	4	189,494	513,662	703,156
Net movement in funds		71,264	135,454	206,718
Funds brought forward at				
1 April 2020 (As restated)		70,698	151,390	222,088
Total funds carried forward at				
31 March 2021		141,962	286,844	428,806
OT MICHOLI EUL I				<del></del>

#### BALANCE SHEET AS AT 31 MARCH 2022

Company number: 02424032	Note		2022	20	021
	11010	£	£	£	£
Fixed Assets	10		538		672
Current Assets					
Debtors Cash at bank and in hand	11	144,413		216,701	
Cash at bank and in hand		375,774		248,874	
		520,187		465,575	
Creditors: amounts falling due within one year	12	(30,537)		(37,441)	
Net Current Assets		<del></del>	489,650	<del></del>	428,134
Net Assets			490,188		428,806
Represented by:					
Restricted funds Unrestricted funds:	13		322,329		286,844
Designated funds	14	56,000		45,000	
Unrestricted general fund		111,859		96,962	
			167,859		141,962
Total funds	15		490,188		428,806

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The Directors acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records which comply with Sections 386 and 387 of th Companies Act 2006 and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company  $\varepsilon$  at the end of each financial year and of its surplus or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies A 2006 relating to financial statements, so far as applicable to the charitable company.

Approved by the Board of Directors on 15 November 2022 and signed on their behalf by:

Tristan Barber Chair Peter Oswaldt Treasurer

#### STATEMENT OF CASH FLOWS AS AT 31 MARCH 2022

Notes	2023	2021
	£	£
16	126,900	121,332
	126,900	121,332
	126,900	121,332
	248,874	127,542
	375,774	248,874
	375,774	248,874
	375,774	248,874
		£ 126,900  126,900  126,900  248,874  375,774  375,774

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 1. ACCOUNTING POLICIES

#### a. Basis of preparation

Positively UK is a company limited by guarantee in the United Kingdom. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is given in the charity information on page 11 of these financial statements. The nature of the charity's operations and principal activities are set out on page 4.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom (FRS 102), the Charities Act 2011, UK Generally Accepted Practice as it applies from 1 January 2015 and the Charity SORP (FRS102) amended for Update Bulletin 1.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### b. Income

All income is included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and it is probable that the income will be received.

Voluntary income including donations and gifts are included in full in the SOFA when receivable.

The charity receives grants in respect of its activities. Income from grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received. A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

Other income includes income earned from rental and consultancy. Income is received in exchange for supplying services and is recognised when entitlement has occurred.

#### c. Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Costs of raising funds are those costs incurred in attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities
  and services for its beneficiaries. It includes both costs allocated directly to such activities and those
  costs of an indirect nature necessary to support them.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### d. Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

#### e. Funds accounting

Unrestricted general funds are funds which can be used in accordance with the charitable objects at the discretion of the Directors.

Designated funds comprise unrestricted funds that have been set aside by the Directors for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds that can only be used for particular restricted purposes within the objects of the charity. Restriction arises when specified by the donor or when funds are raised for particular restricted purposes. The Directors have designated certain funds for specific purposes. These are set out in note 15.

#### f. Tangible fixed assets

All assets costing over £1,500 are capitalised. Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment

- 20% reducing balance

#### g. Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### h. Going Concern

The financial statements have been prepared on a going concern basis as the Directors believe that no material uncertainties exist. The Directors have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

#### i. Judgements and key sources of estimation uncertainty

Accounting estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

#### Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are re-assessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 10 for the carrying amount of the property plant and equipment and note 1.f for the useful economic lives for each class of assets.

There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

2.	CHARITABLE ACTIVITIES		
۷.	CHARITABLE ACTIVITIES	2022	2021
		£	£
	Connections:		27 770
	Big Lottery Fund – Gay Men's Project Big Lottery Fund – Women's Project	- 45,194	37,778 61,819
	Big Lottery Fund – Youth Project	95,306	93,519
	Fast Track Cities GROWS	157,639	169,694
	Homerton University Hospital	37,499	32,460
	NHS Brent Teaching PCT	50,896	51,466
	Local Authority Contracts	96,184	98,684
	Merck Sharp & Dohme – Str8Talk	12,674	-
	City & Hackney Together – Covid-19 grant Smallwood Trust Peer Navigators	7,500	- 10.760
	City Bridge Trust Covid 19 Emergency Response	_	19,769 7,851
	Terrence Higgins Trust Hardship Grants	1,500	9,725
	Battersea Community Gardening Project	-	4,372
	Gilead Sciences (Seeds plus emergency)	-	62,000
	Wandsworth Oasis - Seeds	9,984	-
	ViiV Healthcare – Mixed Socials	10,352	-
	Other Income	1,690	2,096
		526,418	651,233
	Knowledge		
	Gilead Fellowship - Project 100 Legacy	745	20,000
	Gilead Sciences – Co-Morbidities Training	40,904	-
	Envision Pharma – Co-Morbidities Training	6,508	-
	NCLF – Project 100 Adaption	-	38,070
	CAF Recovery Grant Fund	15,263	-
	Fast Track Cities (Women and Ageing GROWS) Barrow Cadbury Trust – Project 100 Commodities	37,124	37,124 20,500
	LGBT Consortium LGBTQ Podcasts	- -	9,912
	London Community Response Fund Emergency		
	Support (Confidence funding)	-	4,137
	Partners for Health / Hospital Fund & London Catalyst - Evaluations	4,000	-
	Salamander Fund – WHO Women Toolkit	4,394	_
	ViiV Healthcare (training and workshops)		9,814
	London Covid-19 Response Fund - Project 100	_	15,108
	Adaption		
		108,938	154,665
	Confidence		
	Gilead Sciences conference	-	15,000
	Healthy London Partnership – FTC Stigma Fund	5,000	-
	NAZ – Bearded and Flushed	4,956	-
	Merck Sharp & Dohme - conference	-	25,356
	Janssen Fast Track Cities (Empowerment)	50,000	7,500
	The Henry Smith Charity (core funding)	58,100	28,100
		118,056	75,956
		753,412	881,854
		·	

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

<b>2021 £</b> 8,282
8,282
8,282
Total 2021 £
26,752
381,733
253,477
41,194
703,156

All costs are allocated between the expenditure categories noted above on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis, being, time spent.

During the year hardship grants were awarded totalling £2,630 to 35 clients (2021 : £9,125 to 77 clients).

5.	SUPPORT COSTS	2022 £	2021 £
	Premises costs	43,397	45,239
	Legal and professional fees	8,566	, 711
	Communication costs	12,013	12,068
	Information technology	3,261	4,741
	Insurance	2,486	2,617
	Staff costs and expenses and volunteer expenses	6,738	733
	Depreciation	135	168
	Other costs	8,269	7,805
	Accountancy support	11,805	9,765
	Provision against debtor balance	-	30,589
	Governance costs (Note 6)	4,860	5,134
		101,530	119,570
6.	GOVERNANCE COSTS	2022	2021
	Independent Evention to a	£	£
	Independent Examination	4,860	4,000
	Director's expenses	<u></u>	1,134
		4,860	5,134

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 7. DIRECTORS' REMUNERATION

None of the Directors received remuneration. No Directors received reimbursed expenses during the year (2021: None).

8.	STAFF COSTS	2022	2021
		£	£
	Wages and salaries	468,257	423,562
	Employer's National Insurance	38,787	32,755
	Pension cost	10,408	8,937
		517,452	465,254
	The average monthly number of employees, by		
	headcount, during the year was:	No.	No.
	Direct charitable activities	20	18
	Administration - Part time	1	1
		21	19

No employee earned emoluments, as defined for taxation purposes, amounting to over £60,000 in either year.

The key management personnel comprise of those listed on page 1. The total employments benefits (including employer pension contributions and employers NI) of key management personnel was £202,922 (2021: restated: £188,320). The increase reflects a change in hours and change in roles.

#### 9. RELATED PARTY TRANSACTIONS

In prior years there were salary overpayments including for members of key management personnel. The balances due at the year end are S Petretti - £14,195 (2021 - £23,635) and S Fraser - £nil (2021 - £3.147).

Those errors were independently investigated and found to be due to clerical error. Controls have been put into place to ensure they do not occur again. Provision against amounts due have been made in the financial statements so are not included in debtors (note 11). Part of the overpayment has been written off by the board as the errors were found to be due to a clerical error.

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

10.	TANGIBLE FIXED ASSETS		Fixtures & Fittings
			£
	COST At 1 April 2021		6,257
	At 31 March 2022		6,257
	<b>DEPRECIATION</b> At 1 April 2021 Charge for the year		5,585 134
	At 31 March 2022		5,719
	NET BOOK VALUE At 31 March 2022		538
	At 31 March 2021		672
11.	DEBTORS	2022 £	2021 £
	Amounts falling due within one year		
	Grant, contract and other income Other debtors	107,067 32,386	206,543 5,051
	Prepayment	4,960	5,107
		144,413	216,701
	A constant of Ware I and Green and G	2022 £	2021 £
	Amounts falling due after one year Other debtors	22,733	-
12.	CREDITORS	2022	2021
		£	£
	Taxation and social security	11,144	11,731
	Other creditors	6,181	6,476
	Accruals and deferred income	13,212	19,234
		30,537	37,441

13.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

£         £	. RESTRICTED FUNDS				
Peer Navigators         447         44,999         (45,446)         -           Project 100         70,858         -         -         70,858           Project 100 Legacy         11,376         745         -         12,121           Project 100 Adaptation         13,456         -         (13,456)         -           Youth Project         47,393         95,305         (84,243)         58,455           Groups & Workshops         8,430         -         (8,430)         -           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         -         (1,968)         -           Seeds         13,740         9,984         (12,192)         11,532           Self Care Toolkit         10,671         -         (10,671)         -           Changing Perception         8,794         -         (8,794)         -           Fast Track Cities - Chelsea and Westminster         24,962         81,825         (91,915)         14,872           Fast Track Cities - Welfare and Benefits         12,326         75,815         (58,445)         29,696           Fast Track Cities - Welfare and Ageing         8,709         37,124         (35,955) <th>2022</th> <th>Balance at 1.4.2021</th> <th>Income</th> <th>Expenditure</th> <th>Balance at 31.3.2022</th>	2022	Balance at 1.4.2021	Income	Expenditure	Balance at 31.3.2022
Project 100         70,858         -         -         70,858           Project 100 Legacy         11,376         745         -         12,121           Project 100 Adaptation         13,456         -         (13,456)         -           Youth Project         47,393         95,305         (84,243)         58,455           Groups & Workshops         8,430         -         (8,430)         -           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         -         (1,968)         -           Seeds         13,740         9,984         (12,192)         11,532           Self Care Toolkit         10,671         -         (10,671)         -           Changing Perception         8,794         -         (8,794)         -           Fast Track Cities - Chelsea and Westminster         24,962         81,825         (91,915)         14,872           Fast Track Cities - Welfare and Benefits         12,326         75,815         (58,445)         29,696           Fast Track Cities - Women and Ageing         8,709         37,124         (35,955)         9,878           Fast Track Cities - Women and Ageing         -         -		£	£	£	£
Project 100         70,858         -         -         70,858           Project 100 Legacy         11,376         745         -         12,121           Project 100 Adaptation         13,456         -         (13,456)         -           Youth Project         47,393         95,305         (84,243)         58,455           Groups & Workshops         8,430         -         (8,430)         -           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         -         (1,968)         -           Seeds         13,740         9,984         (12,192)         11,532           Self Care Toolkit         10,671         -         (10,671)         -           Changing Perception         8,794         -         (8,794)         -           Fast Track Cities - Chelsea and Westminster         24,962         81,825         (91,915)         14,872           Fast Track Cities - Welfare and Benefits         12,326         75,815         (58,445)         29,696           Fast Track Cities - Women and Ageing         8,709         37,124         (35,955)         9,878           Fast Track Cities - Women and Ageing         -         -	Peer Navigators	447	44,999	(45,446)	-
Project 100 Legacy         11,376         745         - 12,121           Project 100 Adaptation         13,456         - (13,456)         - 7           Youth Project         47,393         95,305         (84,243)         58,455           Groups & Workshops         8,430         - (8,430)         - (8,430)           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         - (1,968)		70,858	· -	-	70,858
Project 100 Adaptation         13,456         - (13,456)         -           Youth Project         47,393         95,305         (84,243)         58,455           Groups & Workshops         8,430         - (8,430)         -           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         - (1,968)         -           Seeds         13,740         9,984         (12,192)         11,532           Self Care Toolkit         10,671         - (10,671)         -           Changing Perception         8,794         - (8,794)         -           Fast Track Cities - Chelsea and Westminster         24,962         81,825         (91,915)         14,872           Fast Track Cities - Welfare and Benefits         12,326         75,815         (58,445)         29,696           Fast Track Cities - Welfare and Ageing         8,709         37,124         (35,955)         9,878           Fast Track Cities - Empowerment         - 50,000         - 50,000         - 50,000           Co-Morbidities         - 47,411         (27,480)         19,931           Bearded and Flushed         - 4,956         (4,956)         - 6           Evaluation projects         - 4,000 <td></td> <td>11,376</td> <td>745</td> <td>-</td> <td>12,121</td>		11,376	745	-	12,121
Youth Project         47,393         95,305         (84,243)         58,455           Groups & Workshops         8,430         - (8,430)         -           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         - (1,968)         -           Seeds         13,740         9,984         (12,192)         11,532           Self Care Toolkit         10,671         - (10,671)         -           Changing Perception         8,794         - (8,794)         -           Fast Track Cities - Chelsea and Westminster         24,962         81,825         (91,915)         14,872           Fast Track Cities - Welfare and Benefits         12,326         75,815         (58,445)         29,696           Fast Track Cities - Women and Ageing         8,709         37,124         (35,955)         9,878           Fast Track Cities - Empowerment         - 50,000         - 50,000         - 50,000         - 50,000           Co-Morbidities         - 47,411         (27,480)         19,931           Bearded and Flushed         - 4,956         (4,956)         - 50,000           Evaluation projects         - 4,000         (2,198)         1,802           ViiV Mixed Socials </td <td></td> <td>13,456</td> <td>-</td> <td>(13,456)</td> <td>_</td>		13,456	-	(13,456)	_
Groups & Workshops         8,430         - (8,430)         -           Women's Project         11,312         45,194         (55,970)         536           Gay Men         1,968         - (1,968)         -           Seeds         13,740         9,984         (12,192)         11,532           Self Care Toolkit         10,671         - (10,671)         -           Changing Perception         8,794         - (8,794)         -           Fast Track Cities - Chelsea and Westminster         24,962         81,825         (91,915)         14,872           Fast Track Cities - Welfare and Benefits         12,326         75,815         (58,445)         29,696           Fast Track Cities - Women and Ageing         8,709         37,124         (35,955)         9,878           Fast Track Cities - Empowerment         - 50,000         - 50,000         - 50,000         - 50,000           Co-Morbidities         - 47,411         (27,480)         19,931         19,931           Bearded and Flushed         - 4,956         (4,956)         - 44,956         - 4,956         (4,956)         - 4,956         - 4,956         - 4,956         - 4,956         - 4,956         - 4,956         - 4,956         - 4,956         - 4,956         - 4,956		•	95,305	(84,243)	58,455
Women's Project       11,312       45,194       (55,970)       536         Gay Men       1,968       - (1,968)       -         Seeds       13,740       9,984       (12,192)       11,532         Self Care Toolkit       10,671       - (10,671)       -         Changing Perception       8,794       - (8,794)       -         Fast Track Cities - Chelsea and Westminster       24,962       81,825       (91,915)       14,872         Fast Track Cities - Welfare and Benefits       12,326       75,815       (58,445)       29,696         Fast Track Cities - Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities - Empowerment       - 50,000       - 50,000       - 50,000         Co-Morbidities       - 47,411       (27,480)       19,931         Bearded and Flushed       - 4,956       (4,956)       - 4,966         Evaluation projects       - 4,000       (2,198)       1,802         ViiV Mixed Socials       - 10,352       (8,193)       2,159         MSD Str8Talk       - 12,674       (5,715)       6,959         WHO Women Toolkit       - 3,190       (2,630)       560         Battersea Community Garden       4,372       -	•	8,430	-	, , ,	_
Gay Men       1,968       - (1,968)       -         Seeds       13,740       9,984       (12,192)       11,532         Self Care Toolkit       10,671       - (10,671)       -         Changing Perception       8,794       - (8,794)       -         Fast Track Cities – Chelsea and Westminster       24,962       81,825       (91,915)       14,872         Fast Track Cities – Welfare and Benefits       12,326       75,815       (58,445)       29,696         Fast Track Cities – Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities – Empowerment       - 50,000       - 50,000       - 50,000         Co-Morbidities       - 47,411       (27,480)       19,931         Bearded and Flushed       - 4,956       (4,956)       - 49,966         Evaluation projects       - 4,000       (2,198)       1,802         ViiV Mixed Socials       - 10,352       (8,193)       2,159         MSD Str8Talk       - 12,674       (5,715)       6,959         WHO Women Toolkit       - 4,394       (4,394)       - 4,394         Small Grant Fund       - 3,190       (2,630)       560         Battersea Community Garden       4,372       - (3,872)		11,312	45,194	(55,970)	536
Seeds       13,740       9,984       (12,192)       11,532         Self Care Toolkit       10,671       - (10,671)       -         Changing Perception       8,794       - (8,794)       -         Fast Track Cities – Chelsea and Westminster       24,962       81,825       (91,915)       14,872         Fast Track Cities – Welfare and Benefits       12,326       75,815       (58,445)       29,696         Fast Track Cities – Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities – Empowerment       - 50,000       - 50,000       - 50,000         Co-Morbidities       - 47,411       (27,480)       19,931         Bearded and Flushed       - 4,956       (4,956)       - 4,956         Evaluation projects       - 4,000       (2,198)       1,802         ViiV Mixed Socials       - 10,352       (8,193)       2,159         MSD Str8Talk       - 12,674       (5,715)       6,959         MHO Women Toolkit       - 4,394       (4,394)       - 4,394         Small Grant Fund       - 3,190       (2,630)       560         Battersea Community Garden       4,372       - 3,470       - 3,470         Folicy Conference       32,470       - 3	•		· -		_
Self Care Toolkit       10,671       - (10,671)       -         Changing Perception       8,794       - (8,794)       -         Fast Track Cities – Chelsea and Westminster       24,962       81,825       (91,915)       14,872         Fast Track Cities – Welfare and Benefits       12,326       75,815       (58,445)       29,696         Fast Track Cities – Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities – Empowerment       - 50,000       - 50,000       - 50,000         Co-Morbidities       - 47,411       (27,480)       19,931         Bearded and Flushed       - 4,956       (4,956)       - 4,966         Evaluation projects       - 4,000       (2,198)       1,802         ViiV Mixed Socials       - 10,352       (8,193)       2,159         MSD Str8Talk       - 12,674       (5,715)       6,959         WHO Women Toolkit       - 4,394       (4,394)       - 4,394         Small Grant Fund       - 3,190       (2,630)       560         Battersea Community Garden       4,372       - (3,872)       500         Policy Conference       32,470       - (5,560)       - (5,560)	•	13,740	9,984		11,532
Changing Perception       8,794       - (8,794)       -         Fast Track Cities – Chelsea and Westminster       24,962       81,825       (91,915)       14,872         Fast Track Cities – Welfare and Benefits       12,326       75,815       (58,445)       29,696         Fast Track Cities – Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities – Empowerment       - 50,000       - 50,000       - 50,000         Co-Morbidities       - 47,411       (27,480)       19,931         Bearded and Flushed       - 47,411       (27,480)       19,931         Bearded and Flushed       - 4,956       (4,956)       - 4,931         Evaluation projects       - 4,000       (2,198)       1,802         ViiV Mixed Socials       - 10,352       (8,193)       2,159         MSD Str8Talk       - 12,674       (5,715)       6,959         WHO Women Toolkit       - 4,394       (4,394)       - 4,394         Small Grant Fund       - 3,190       (2,630)       560         Battersea Community Garden       4,372       - (3,872)       500         Policy Conference       32,470       - (5,560)       - (5,560)       - (5,560)	Self Care Toolkit	10,671	· -	(10,671)	-
Fast Track Cities – Chelsea and Westminster       24,962       81,825       (91,915)       14,872         Fast Track Cities – Welfare and Benefits       12,326       75,815       (58,445)       29,696         Fast Track Cities – Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities – Empowerment       -       50,000       -       50,000         Co-Morbidities       -       47,411       (27,480)       19,931         Bearded and Flushed       -       4,956       (4,956)       -         Evaluation projects       -       4,000       (2,198)       1,802         ViiV Mixed Socials       -       10,352       (8,193)       2,159         MSD Str8Talk       -       12,674       (5,715)       6,959         WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	Changing Perception	8,794	-	, , ,	-
Fast Track Cities – Women and Ageing       8,709       37,124       (35,955)       9,878         Fast Track Cities - Empowerment       -       50,000       -       50,000         Co-Morbidities       -       47,411       (27,480)       19,931         Bearded and Flushed       -       4,956       (4,956)       -         Evaluation projects       -       4,000       (2,198)       1,802         ViiV Mixed Socials       -       10,352       (8,193)       2,159         MSD Str8Talk       -       12,674       (5,715)       6,959         WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	Fast Track Cities – Chelsea and Westminster	24,962	81,825	(91,915)	14,872
Fast Track Cities - Empowerment - 50,000 - 50,000 Co-Morbidities - 47,411 (27,480) 19,931 Bearded and Flushed - 4,956 (4,956) - 4,000 (2,198) 1,802 ViiV Mixed Socials - 10,352 (8,193) 2,159 MSD Str8Talk - 12,674 (5,715) 6,959 WHO Women Toolkit - 4,394 (4,394) - 5mall Grant Fund - 3,190 (2,630) 560 Battersea Community Garden 4,372 - (3,872) 500 Policy Conference 32,470 - 32,470 LGBTQ Podcast 5,560 - (5,560)	Fast Track Cities - Welfare and Benefits	12,326	75,815	(58,445)	29,696
Fast Track Cities - Empowerment - 50,000 - 50,000 Co-Morbidities - 47,411 (27,480) 19,931 Bearded and Flushed - 4,956 (4,956) - 4,000 (2,198) 1,802 ViiV Mixed Socials - 10,352 (8,193) 2,159 MSD Str8Talk - 12,674 (5,715) 6,959 WHO Women Toolkit - 4,394 (4,394) - 5mall Grant Fund - 3,190 (2,630) 560 Battersea Community Garden 4,372 - (3,872) 500 Policy Conference 32,470 - 32,470 LGBTQ Podcast 5,560 - (5,560)	Fast Track Cities – Women and Ageing	8,709	37,124	(35,955)	9,878
Bearded and Flushed       -       4,956       (4,956)       -         Evaluation projects       -       4,000       (2,198)       1,802         ViiV Mixed Socials       -       10,352       (8,193)       2,159         MSD Str8Talk       -       12,674       (5,715)       6,959         WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -		-	50,000	-	50,000
Bearded and Flushed       -       4,956       (4,956)       -         Evaluation projects       -       4,000       (2,198)       1,802         ViiV Mixed Socials       -       10,352       (8,193)       2,159         MSD Str8Talk       -       12,674       (5,715)       6,959         WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	Co-Morbidities .	-	47,411	(27,480)	19,931
ViiV Mixed Socials       -       10,352       (8,193)       2,159         MSD Str8Talk       -       12,674       (5,715)       6,959         WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	Bearded and Flushed	-	4,956		-
MSD Str8Talk       -       12,674       (5,715)       6,959         WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	Evaluation projects	-	4,000	(2,198)	1,802
WHO Women Toolkit       -       4,394       (4,394)       -         Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	ViiV Mixed Socials	-	10,352	(8,193)	2,159
Small Grant Fund       -       3,190       (2,630)       560         Battersea Community Garden       4,372       -       (3,872)       500         Policy Conference       32,470       -       -       32,470         LGBTQ Podcast       5,560       -       (5,560)       -	MSD Str8Talk	-	12,674	(5,715)	6,959
Battersea Community Garden       4,372       - (3,872)       500         Policy Conference       32,470       32,470         LGBTQ Podcast       5,560       - (5,560)       -	WHO Women Toolkit	-	4,394	(4,394)	-
Policy Conference 32,470 - 32,470 LGBTQ Podcast 5,560 - (5,560) -	Small Grant Fund	-	3,190	(2,630)	560
Policy Conference 32,470 32,470 LGBTQ Podcast 5,560 - (5,560) -	Battersea Community Garden	4,372	-	(3,872)	500
		32,470	-	-	32,470
286,844 527,968 (492,483) 322,329		5,560	-	(5,560)	=
		286,844	527,968	(492,483)	322,329

Peer Navigators, clinical integration: specialised peer support embedded in clinical setting funded by Peer Navigators, clinical integration: specialised peer support embedded in clinical setting funded by Homerton NHS Trust via MAC AIDS Fun.

Project 100 Legacy: GILEAD fellowship funded project to support the national training of P100 peer mentors

Project 100 Adaptation: National Lottery fund to support the adaptation of our P100 peer mentoring training programme for online delivery.

Youth: Big Lottery Fund – Youth Project – Funding to support the engagement of two youth workers to lead our work with young people transitioning from paediatric to adult care.

Mixed Socials monthly groups and outing aimed at providing social connection and appropriate up to date information to mixed groups of people living with HIV with the aim to decrease isolation and enabling self-management.

Women's Project: Community Lottery Fund – For the employment of 2 part time women's workers and to provide one-to-one and group support for women living with HIV, supported by a team of trained volunteer peer mentors.

Gay Men: designated funds – For the employment of a gay men's worker and to provide one-to-one and group support for gay men living with HIV, supported by a team of trained volunteer peer mentors.

Seeds: A project to support people with HIV 50+ through outdoor activities and gardening funded by GILEAD. Welfare and Employment: Henry Smith Charity and MAC AIDS Fund – For the continuation of the Welfare Advice Service for people living with HIV and employment workshops ended in June 2019.

#### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

Self Care Toolkit is a workshop series to strengthen the skills and resilience of trained volunteers and support professional development.

Changing Perceptions is a development of the Positive Voices program in collaboration with Public Helath England and NAT to support people living with HIV to use Positive Voices Data to advocate for change.

Fast Track City- Three new projects have been funded: extending Peer Support to 4 clinics in collaboration with Chelsea and Westminster NHS Trust; addressing poverty with a pan London Welfare and Benefits support; and tackle the challenges older women with HIV face through: GROWS Women with HIV Growing Older Wiser and Stronger in collaboration with Sophia Forum.

Co-morbidities – funded by GILEAD to develop new training modules on health and wellbeing for peer mentors and train up to 100+ peer mentors.

Bearded and Flushed –a collaborative project with NAZ, Sophia Forum and 4 M, using creative writing to create awareness of issues faced by women with HIV during the menopause.

Evaluation Projects designated funds to evaluate new approaches to group work: Seeds, Mixed, services for gay men.

Str8t Talk Monthly social group (on line and face to face) aimed to engage with heterosexual community.

WHO Toolkit – Funded by WHO in collaboration with Salamander Trust - our CEO contributed to the development of a global toolkit to enable women with HIV to access their Sexual & Reproductive Health & Rights.

Small Grant Fund is a small Hardship payments schemes to support people with HIV who are destitute. People can have one off grants of £40.

Battersea Community Garden: funded by the London Community Fund supports the development of a community garden at the Courtyard Clinic at St Georges Hospital.

Policy Conference is the National Conference of People Living with HV which due to COVID-19 has been rescheduled for May 2021.

LGBTQ+ Podcast : funded by the LGBTQ+ consortium supported the development of 6 podcasts for the LGBTQ+ community.

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 13. RESTRICTED FUNDS (continued)

2021	Balance at 1.4.2020	Income	Expenditure	Balance at 31.3.2021
	£	£	£	£
Peer Navigators Project 100	- 70,858	52,229 -	(51,782) -	447 70,858
Project 100 Legacy Project 100 Adaptation	10,054	20,000 93,848	(18,678) (80,392)	11,376 13,456
Youth Project Groups & Workshops	10,464 8,430	93,519	(56,590)	47,393 8,430
Women's Project Gay Men	5,683	61,819 37,778	(56,190) (35,810)	11,312 1,968
Seeds Self Care Toolkit	6,837 13,771	27,000	(20,097) (3,100)	13,740 10,671
Changing Perception Fast Track Cities – Chelsea and	21,573	-	(12,779)	8,794
Westminster Fast Track Cities – Welfare and Benefits	-	99,676 70,018	(74,714) (57,692)	24,962 12,326
Fast Track Cities – Women and Ageing Small Grant Fund	1 250	37,124	(28,415)	8,709
Battersea Community Garden	1,250 -	11,821 4,372	(13,071) -	4,372
Policy Conference LGBTQ Podcast	2,470 -	30,000 9,912	(4,352)	32,470 5,560
	151,390	649,116	(513,662)	286,844

#### 14. DESIGNATED FUNDS

2022	Balance at 1.4.2021	New designations	Designations released	Balance at 31.3.2022
	£	£	£	£
Gay Men's Project Women's Project Rooms rental Evaluation	30,000 - 10,000 5,000	56,000 - -	(30,000) - (10,000) (5,000)	56,000 - -
	45,000	56,000	(45,000)	56,000

Gay Men's Project: 30k to support our services for gay men living with HIV, including group support and 1-2-1 casework, to provide information, advocacy, and referrals to gay men living with HIV

Women's Project: to support our core services for women living with HIV including group support, casework, advocacy and signposting.

Rooms Rental: 10k as we have downscaled our premises during lockdown we need to book external rooms to hold meetings and deliver services such as support groups, trainings and workshops

Evaluation 5k: to evaluate our services during lockdown, demonstrate our impact and support fundraising

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

#### 14. DESIGNATED FUNDS (continued)

2021	Balance at 1.4.2020	New designations	Designations released	Balance at 31.3.2021
	£	£	£	£
Gay Men's Project	-	30,000	-	30,000
Rooms rental	-	10,000	-	10,000
Evaluation	-	5,000	-	5,000
	-	45,000	-	45,000

#### 15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

2022	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	538	538
Current assets	322,329	197,858	520,187
Current liabilities	-	(30,537)	(30,537)
	322,329	167,859	490,188
2021			
	Restricted	Unrestricted	Total
	Funds	Funds	Funds
	£	£	£
Fixed assets	-	672	672
Current assets	286,844	178,731	465,575
Current liabilities	-	(37,441)	(37,441)
	286,844	141,962	428,806

#### 16. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure) / income for 31 March 2021	61,382	206,718
Depreciation	134	168
Decrease / (Increase) in debtors	72,288	(108,865)
Increase / (Decrease) in creditors	(6,904)	16,311
Net cash flow from operating activities	126,900	121,332

#### 17. COMPANY LIMITED BY GUARANTEE

The Charity is limited by guarantee and accordingly has no share capital. The liability guaranteed by each member is £10. At 31 March 2022 the membership was £10 (2021: £10).