



Brent, Ealing & Harrow

London North West Healthcare Charity

Enhancing the lives of our patients and staff

Annual Review 2021-2022

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Who we are

London North West Healthcare Charity is the official dedicated charity for London North West University Healthcare NHS Trust, generating vital funds for Northwick Park, Central Middlesex and Ealing Hospitals and local community services in Brent, Ealing and Harrow.

Our charity is here to help NHS staff provide the highest standard of healthcare for our patients, by funding medical research, innovation, new facilities and the most advanced technology above and beyond what is achievable through standard NHS funding.



A message from our team

In April 2021, Covid-19 was still quite a serious concern across the country, however LNWH Charity looked forward with optimism, determined to continue its main goal of enhancing both the patient and staff experience on all three hospital sites.

The pandemic gave the charity the opportunity to demonstrate, that team effort can really make a difference both within the charity and other areas at LNWH NHS Trust. We recognised that residents in Brent, Harrow and Ealing, friends or family members of patients could see the great work conducted by staff and that they were inspired to contribute to improving conditions for patients and staff alike.

LNWH charity makes every effort to communicate and stay connected to people who wish to show their support through donations. The charity ensures that the wishes of donors are respected as far as possible and that they are included in the process of whatever project is receiving funding. Any funding commitment from the charity is taken extremely seriously, to ensure that money is channelled in the most appropriate way to provide help where it is most needed.

David Jenkins – Charity Director, London North West



LNWH charity continued to fund many areas within the Trust such as the Children's Centre, where major refurbishment was completed to make children feel more comfortable whilst receiving treatment on hospital site.

The Arthritis Centre received reclining chairs for patients which was funded by LNWH charity. The chairs offer a source of comfort to patients who have appointments in the Centre for long periods of time.

We offer a special note of thanks to all those individuals who go the extra mile to ensure that the charity's work benefits the patient and staff at our hospital sites in the way that it should.

In October 2021, LNWH hosted its first ever virtual half marathon. The response to this fundraising event was very positive, as many of our participants were staff members with some Senior Executives thrown in for good measure. Funds from this fundraising activity were donated to the reminiscent room with the dementia services at Northwick Park Hospital site.

Our Christmas Jumper Day in December 2021, added to the Christmas spirit around the Trust, giving staff a little light relief from the heavy demands of their work. The charity also funded the Christmas gifts that were given to patients on the wards at LNWH NHS Trust.

Health & Wellbeing team collaboration, write some funding/assistance content here. Where the charity has worked hand in hand with the team.

Continue reading this publication to find out more about LNWH charity's drive to really add something to the staff and patients experience at Northwick Park, Ealing and Central Middlesex hospital sites.

Finally, we can never thank all the people who fundraise, volunteer, donate on the charity's behalf enough. LNWH charity knows it can count on numerous supporters to help it grow and develop even more and provide support to patients and staff in the Trust where it is most needed.

We offer a special note of thanks to all those individuals who go the extra mile to ensure that the charity's work benefits the patient and staff at our hospital sites in the way that it should. LNWH charity greatly appreciates how you have helped us to create a better environment for patients where they can feel more at ease whilst receiving the best treatment possible at the LNWH NHS Trust.

10 ~.

David Jenkins

Wendy George



Our Corporate Trustee board and members of the Charitable Fund Committee refer to the Charity Commission's general guidance on public benefit, when considering what projects to undertake. This is to ensure that the projects are in line with our charitable aims and objectives.

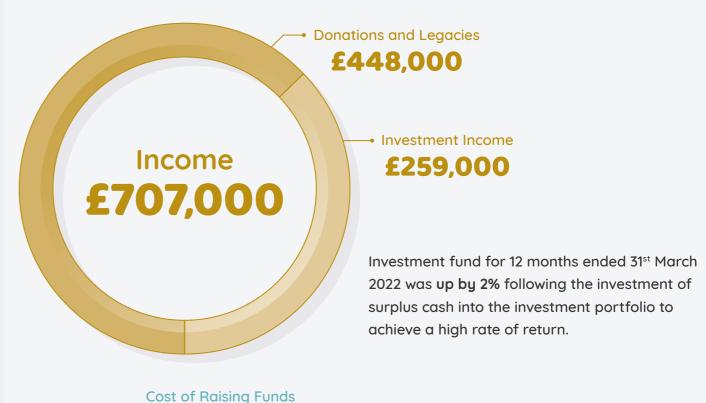
The charity's public benefit in 2021/22 can be noted through the funding of £813,000, which made a significant difference to our staff at the three hospital sites. The sum of £813,000 was spent notably on the charity's contribution to the refurbishment of the Paediatric Outpatients Department and the Children's Theatre Recovery Unit at Northwick Park Hospital and funding other patient environment upgrades in Northwick and Ealing Hospitals. We supported staff welfare provisions to help create a better work environment for the staff at LNWH NHS Trust. By funding cultural events such as Black History Month in October 2021 and wellbeing and staff morale boosting events such as the Virgin Global Challenge in July 2021, LNWH Trust WOW Board campaign and national awareness days such as the National Back Care

Week. During this period our charity financed staff training to keep healthcare professionals informed on the latest techniques and we organised our first virtual marathon in October 2021 to raise funds for a creation of Dementia Friendly Room at Northwick Park Hospital.

London North West University Healthcare NHS Trust has an equal opportunities policy which applies to the charity. The charity exists to serve all members of the general public regardless of their ethnicity, religion, disability, colour, race, sex and sexual orientation. London North West Healthcare Charitable Fund is committed to working in partnership with London North West University Healthcare NHS Trust as an addition to the service that they provide. The Charity acts within the guidelines and policies of London North West University Healthcare NHS Trust, to maximise the benefit to the general public. The Charity has achieved this by the donations received by you, our donors, and supporters.

Our Impact Report aims to show how our charity has made a real difference to our community.

Our Financial Performance



£103,000



* excluding charity adminstration support

Total Charity expenditure

£107,000

£16,000

£41,000

£104,000

£49,000

£97,000

£399,000

£813,000

The cost of raising funds totalled £103,000 (2020/21 £91,000) for the year ending 31 March 2022 and as a gesture of goodwill, the annual renumeration cost of the substantive fundraising staff was waived by the Trust 2021/22. The overall costs attributed to this category included investment management fees, the annual cost of an interim Senior Communications Office post, the cost of the website maintenance and organisation membership fees to regulatory organisations.

Charitable Activities in 2021/22 totalled £824,000 include support costs (2020/21 £874,000) which includes £399,000, representing the value of community service charitable funds held and transferred as a grant to Central London Community Health NHS Trust and Central North West London NHS Trusts following the transfer of Paediatric and Palliative Care Community Services to the NHS Trusts.

The expenditure of £8,000 relates to the VAT for 2020/21 audit fees (£1,000), audit fees for 2021/22 totaling £6,000, (£5,000 plus £1,000) VAT and outstanding refunds of £1,000 pertaining to courses LNWH Charity no longer partakes in the administration of.

The support costs are apportioned across each area of activity and are included in the expenditure categories totals.

Unrestricted Funds

The unrestricted funds are the general funds with no restriction on how they should be spent. LNWH Charity's unrestricted fund balance as at 31st March 2022 is £3,173m. The balance of the charity's reserves is included in the total balance of the charity's unrestricted funds.

Restricted Funds

Restricted funds as at 31 March 2022 is £5,706m, these are held for specific purposes and are used to support a variety of wards and departments.



£824,000
Total of Charitable
Activities in 2021-22



£3,173m

Total balance of unrestricted funds



£5,706m
Total balance of restricted funds

LNWH Charity 2021/22 charitable activities

LNWH Charity is the official hospital charity for London North West University Healthcare Trust. Our mission is to fund innovative projects that will enhance the patient and staff experience. We also aim to provide cutting – edge technology and medical research.

Makeover for LNWH NHS Trust's new modular Children's Centre Units

LNWH Charity was asked to support a new, child-friendly, fun, and aesthetically pleasing look for the LNWH NHS Trust Children's Centres at Northwick Park Hospital and Ealing Hospital. The LNWH NHS Trust capital projects, were given charity revenue expenditure totalling £97,000 to fund the decoration and installation of colourful wall murals in Children's Theatre Recovery, Outpatients and Waiting Rooms 1 and 2.



"The refurbishments of these areas in the children's centre really help to keep young patients calm and relaxed when they attend their appointments.

"In particular the illustrations have really helped to create a child friendly atmosphere."

Jackie Waldon, Matron of Paediatrics

Colour brightens up Children's Units

Children's Unit - Northwick Park Hospital

In July 2021, Kay Larkin, Former Divisional Head of Nursing approached LNWH charity for funding the decoration and installation of colourful wall illustrations within the unit. Her vision was to have each room within the unit have a different theme.

The Rainbow Ward at Northwick Park Hospital was opened in September 2021. The children's ward is a new modular build, has a Day Care Paediatric section within the unit, eight paediatric assessment rooms and a Paediatric Oncology Shared Care Unit Suite.

Children and young people aged from birth up until their 16th birthday are accommodated at Rainbow Ward and they come for elective day care procedures, investigations, diagnostic testing, and cancer treatment.

The revenue funding provided by LNWH Charity has transformed the Trust's usual standard magnolia painted colour walls into a child friendly, comforting and reassuring environment for patients and their families.

"Rainbow Ward is very child-friendly and engaging and the children really like the surroundings."

Wilhelmina Johnson, Ward Manager, Paediatric Day Care Unit "The wall art is very good for distracting children when they come in for a procedure or short stay and it's important that we make children feel as comfortable as possible in a hospital environment."

"I would like to thank LNWH Charity for their contribution to Rainbow Ward."

Kay Larkin, Former Divisional Head of Nursing, Children's Services at LNWH NHS Trust





Children's Unit - Ealing Hospital

The new modular build Children's Unit at Ealing Hospital was completed in December 2020 but the refurbishments are due to be finished in the summer months of 2022. The children's unit at the Ealing Hospital site consists of a paediatric day care unit and paediatric out – patients' clinic and caters for babies and children up to the age of 16. Additionally, children up to the age of 18 with special needs such as autism, development delay or those in care are also accommodated.

LNWH Charity revenue funding will enable the replication of wall design technique used at the Children's Centre at Northwick Park Hospital at the Ealing Hospital Children's Unit.
The colourful wall designs will start from the beginning of the Unit and continue throughout.
Providing a relaxed and welcoming atmosphere for children and their carers visiting the unit.

Additional to the aesthetic enhancements, LNWH Charity purchased play equipment. The play equipment helps to keep older children in a ward, calm and relaxed as much as possible in between having treatments.

Shrena Vishram and her two-year-old daughter; referral from Colindale

First visit to the children's unit, at Ealing Hospital and her daughter is actually a referral from Colindale. Shrena said that they both felt so comfortable and that her daughter pointed at a picture when they arrived and knew that this was a different environment, in comparison to the rest of the hospital. Shrena added that her daughter was learning the different colours in the rainbow spectrum and played a coloured guessing game. According to Shrena, the unit is also an uplifting environment for parents and it's very pleasant. Shrena likes the ceiling design which features blue skies and clouds and she is really pleased that she did not have to bring toys to the unit, in order to keep her daughter occupied before the appointment was due to take place.

"The Glamour Walls have made a significant and positive difference to the children's unit and generally the environment is inviting and child friendly.

"All these features would not have been possible without the funding received from our hospital charity."

Seema Fernandes, Senior Staff Nurse, Children's Unit, Ealing Hospital

Simon Njordge - Parent

Simon visited the Ealing children's unit with his two children and one of them had an appointment. He commented that the unit is a good environment, it's modern, colourful and the children feel comfortable. Simon has also been a patient in the past at Ealing hospital and said that he was happy with care that he received.

Teliyha Bennett - Healthcare Assistant, Ealing Children's Unit

Teliyha Bennett has been a Healthcare Assistant for 10 years and previously worked at Wexham Park Hospital. She has been at this children's unit for three years. At Wexham she worked in A & E and as a Ward Clerk. She got a taste of working in healthcare through working in Admin and was encouraged to study nursing by a member of staff. Teliyha says that she works in a good team, they all work well together, show respect to each other and that their skills are utilised. They are encouraged to improve their ability and skills. She also states that the wall decorations are a good distraction tool for children particularly when it comes to blood testing. Teliyha also says that parents really notice the colourful illustrations around the children's unit.



Patient welfare

LNWH Charity first ever virtual half marathon

Last October, LNWH Charity organised its first ever virtual half marathon with over 30 members of staff participating.

Virtual half marathon participants raised more than £3,500 for the reminiscent room within Dementia Services at Northwick Park Hospital Site. The funding helped create an environment where patients with dementia, could revisit the past and think of happy memories. The work on the reminiscent room is now completed and has been officially opened in May 2022.

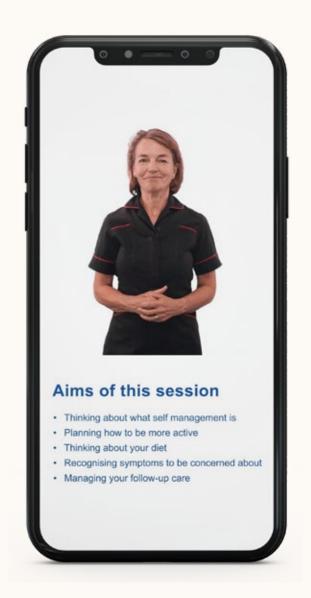
Dementia services gets charity funding through London Bridges Walk

The Charity has partnered with the Griffin Institute, St Mark's Foundation, Hillingdon Hospital Charities and Red Lion Pouch Support to host the London Bridges Walk in June 2022. Participants completed the walk on the charity's behalf and raised funds to improve the patient environment within the dementia services at Northwick Park Hospital.

Raising more funds for the dementia services helps with the effort to complete more improvements and convert more elderly care ward dayrooms into reminiscent dwellings from 1940's, 50's and 60's era.

LNWH charity funding helps cancer patients access end of treatment information

The charity part funded Health and Wellbeing videos for all our cancer patients to watch at the end of treatment. The video replaces the pre-Covid pandemic face to face events which LNWH NHS Trust Cancer Services run every month. This visual technique allows patients to access the same information remotely.



LNWH Charity funds help restore Ealing Faith rooms

The faith rooms at Ealing Hospital were underfunded for several years and in desperate need of some modernisation.

Prior to refurbishment work, people had to walk through the multi faith prayer room to gain access to the chapel, which made them feel like they were intruding on those who were praying or seeking some quiet time.

Reverend Julia Bevis-Knowles, Ealing Hospital Chaplin, remarked:

- "The Faith Rooms were looking really run down, so Reverend David Byrne and myself came up with some ideas for improvement, to make the Faith Rooms more welcoming and comfortable for the staff and patients who need to use them."
- "Reverend David Byrne and Revered Julia Bevis-Knowles approached LNWH charity to provide funding to replace the furniture

"The refurbishment and renovations have really transformed the Faith Rooms and people have commented on how beautiful those areas look. The refurbishment is also really appreciated by the staff as they feel that the chapel and prayer spaces are light, clean, peaceful, calm and welcoming."

Reverend Julia Bevis-Knowles

in the chapel at Ealing Faith Rooms and the money enabled an Altar table, decorative Lectern, Credance table and a St Cuthbert's professional chair to be purchased."

"As well as the new furniture, the Faith Rooms now have a new door and corridor system, so that people can enter the chapel without disturbing others. The whole area now has new wooden flooring and the walls have been painted in a light colour, creating an even more open and calm environment."

Lead Chaplain, Reverend Dave Byrne, commented:

- "It's really important that we create a comfortable atmosphere for staff and patients in the prayer rooms and the funding received from LNWH charity has enabled this to happen."
- "I would like to thank the charity for making the refurbishment possible."





LNWH Charity funding adds cheer and comfort to patients and family members

Since the last improvements made to the Meadow House Hospice, which LNWH Charity funded for a number of years, the garden is a less formal setting for patients and families where they can chat to each other, rest and relax.

Meadow House Hospice has a new path allowing wheelchair bound patients to use the garden and benefit from what it has to offer. Wheelchair users are now able to enjoy a different sensory experience, because they can touch and smell the flowers. Before the new pathway existed, the garden was inaccessible to wheelchair users.

LNWH Charity have funded the purchase and installation of a television in each patient room in the Hospice, so patients can enjoy freeview entertainment. Approximately 500 people including patients, carers and family members have benefitted from garden, new awnings for side rooms and television sets funded by LNWH Charity in 2021/22.

Meadow House Hospice will be applying for further charitable funding next year to update the furniture in the Conservatories.

I would just like to say a huge thank you to everyone for the care and compassion she received whilst she was with you. We can't express our gratitude and appreciation enough."

Comment from a former patient's family

Ward and department refurbishment

Making patients more comfortable

LNWH Charity funding has made it possible for the Arthritis Centre at Northwick Park Hospital, to be furnished with brand new reclining chairs and tables, to help day care patients feel more comfortable whilst receiving their treatments.

The Arthritis Centre sees on average 15 patients a day, ranging from young adults to elderly. Patients stay about six hours in the centre and it's really important that they feel comfortable as possible, whilst receiving pre-meds and sleeping during their appointment time.

"The chairs we had before were too old, didn't recline and stopped working. We also had problems with the footrest and brakes not working. Our patients are limited in their movement and now we can use the remote on the reclining chairs to improve their mobility."

Dona Gunasekera, Clinical Nurse Manager



Charity and family sofa funding offers respite and comfort

Jenner Ward is a cardiology ward on the Northwick Park Hospital site. LNWH Charity and Priya Pandy and her family provided the funds for sofa to be kept on the ward. The sofa was to act as a memory to Priya grandma who had received treatment for her heart condition.

The sofa was placed in the patient and relatives room and is somewhere comfortable for the patients to sit, if they want to watch some television or if they want some quiet time away from the noise of a ward.

"The sofa has also been an item where relatives can sit with staff and have difficult conversations, possibly about loved ones who have passed away.

"We are very grateful for the money that was donated so that we could buy the sofa for our patients and their families."

Rachel Butler, Cardiology Matron,
Jenner Ward and Coronary Care Unit.

New display screen in Multi Faith prayer room shares information with staff

The Multi Faith prayer room at Northwick Park Hospital, now has a display screen to share information with Trust staff.

The display screen eliminates the need for leaflets or posters to be left in the prayer room area and assists with upholding health and safety and infection control.

"About 150 to 200 staff use the prayer room at this hospital site and it's helpful that we have the display screen to keep them updated on information about the prayer room.

"The display screen has just been installed so we will think more about how to make use of it fully in the next few weeks."

Abdi Yussuf, Language and Interpreting Lead at Northwick Park Hospital, said:

Staff welfare

LNWH Charity and BMR Foundation sponsor the Virgin Pulse Go Challenge 2021

In May 2021, approximately 692 members of LNWH NHS Trust staff participated in the Virgin Pulse Go Challenge 2021, an event that promotes fitness, health and wellbeing.

After three tough months of competition the team that came out on top was A & E Team Makisig who walked a total of 15,462,154 steps!

This event was also funded by the BMR Foundation who provide grants with a particular focus on Mental Health, the Arts and any particular request by a Trustee. BMR Foundations' Charity registration number: 1139904.

The Virgin Pulse Go Challenge ended in July 2021 and feedback from staff who participated indicated the following:





after taking part.

Go Challenge.



87% of the staff who participated improved at least one nutritional habit after participating.



71% of the staff who participated are more active after taking part in the challenge.

Black History Month 2021

Every year the Organisational Development team out the Black History Month programme together for the Trust. The programme supports the Trust's aim of promoting Equality and Diversity and to improve the overall staff and patient experience.

Black History Month programme consisted mainly of virtual events and some physical activities delivered in a Covid-19 safe manner.

LNWH Charity provided a grant for speakers at the event, as LNWH Charity considered the programme was a suitable vehicle to promote equality and diversity.



"The Trust's Black

68% of LNWUH Trust employees are from BME backgrounds

History Month programme provides interactive, historical, educational, health and wellbeing promotional activities, that ae open to every member of staff. We are extremely grateful to LNWH Charity for their financial support, which enabled us to deliver last year's black history month programme."

Samantha Banton, Chair of Trust BME Network

Charity financially backs staff awareness week

Evelyn Otunbade, Moving and Handling Adviser at the Trust, applied for a charity funding grant to be able to offer staff more at the Back Care Awareness Week, compared to previous events.

With financial support from LNWH charity, the event in 2021 was able to focus on health and wellbeing, as well as offering hospital employees back massages, instead of just handouts.

LNWH Charity understands the importance of LNWH Staff maintaining their health and wellbeina.

"LNWH Charity funding enabled me to go further with mu goals for Back Care Week as I was able to order items such as ergomonic mouse wrists, mouse rests and massage sets including oils. Staff worked incredibly hard particularly during the pandemic period and they deserve to enjoy the freebies available as part of the campaign week."

Evelyn Otunbade, Moving and Handling Adviser at the Trust

Clinical and Health Service Research

LNWH Charity continued to provide support to Regional Rehabilitation 5 Year Research Study.

Two members of staff were committed to a five-year programme for a clinical and health research project in rehabilitation, based in the Regional Hyper Acute Rehabilitation Unit at Northwick Park Hospital site.

The clinical and health research project in rehabilitation commenced in 2017 and it due end of financial year 2022/23.

Research programme outputs will deliver:

- A UK-wide database for the rehabilitation service audit.
- The introduction of a registry for patients who have prolonged disorders of consciousness.
- Key research findings that will be disseminated through publication in peer - reviewed journals, lecture and conference abstracts.
- Research finding being implemented through policy service development, including further development of integrated care pathways and national clinical guidelines.



Training and Education

Charity funding leads to infection control improvement

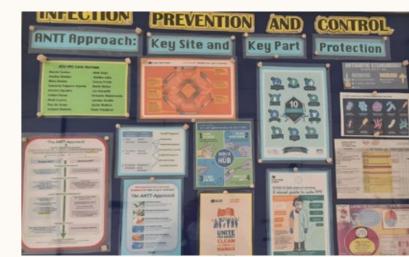
LNWH Charity funds paid for five nurses and one registrar to attend a Aseptic Non-Touch Technique (ANTT) course, in March 2022. There were issues with infection control and the Critical Care team at Northwick Park Hospital decided that something had to be done.

The course that the staff members attended wasn't funded locally so that's why the Charity had to be approached instead.

The six staff members successfully completed the course and went on to become super trainers all three hospital sites for LNWH NHS Trust.

"LNWH Charity funding has enabled us to improve our practices reduce the level of infections in our unit. Now we are benchmarking well with the other Intensive Therapy Unit's at the Trust."

Isatu Kargbo, Head of Nursing, Critical Care





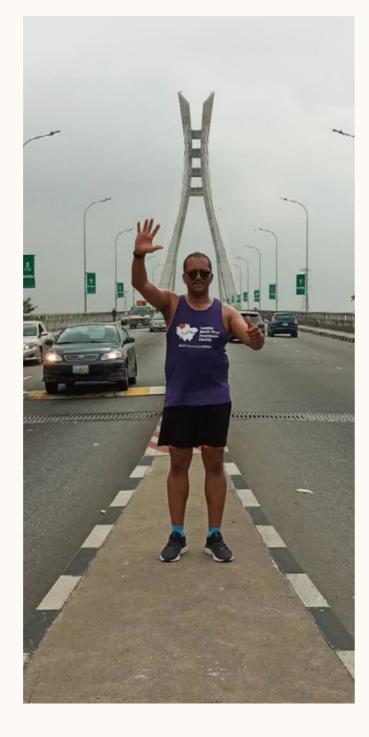
Fundraising 2021/22

Consultant runs and raises funds for Endometriosis Team

Mr Stewart Disu, Consultant Gynaecologist and Obstetrician at Northwick Park Hospital, braved the tropical temperatures in Lagos, Nigeria, to complete a 5 Kilometer run on Sunday 27th March 2022 and raise funds for his Endometriosis team.

Prior to this race, Mr Disu had never completed in a 5 Kilometer run in the tropics and has only done a few months of preparation for it. The sponsorship money raised from the run is enabling the Endometriosis Team to keep up to date with research projects and new developments in Endometriosis.

Endometriosis is a condition where tissue similar to the lining of the womb begins to grow in other areas, such as the ovaries and fallopian tubes. Endometriosis can affect women irrespective of age.



"It has been great to use the 5 Kilometer run as an opportunity to raise the profile of Endometriosis. I am extremely happy that I was able to encourage people to sponsor me and generate money towards highlighting the importance of the condition and enabling further work in this area."

Mr Stewart Disu



Pamela Singh steps up 26.2 miles for LNWH Charity

In Spring 2021, Seventy-seven-year-old Pamela Singh walked 26.2 miles to raise funds and say a huge thank you to staff at Northwick Park & St. Mark's Hospital.

It was the care that she received at the Orthopaedic Department at Northwick Park Hospital and her own GP practice in Harrow that motivated her to take on the fundraising walk activity.

"The staff have been amazing.
Dr Kevin Flinson and their team
are very special people. Their
passion and determination to
give the best care to their
patients are evident in every
little thing they do."

Pamela Singh

The 26.2 mile marathon walk was no small feat as Mrs Singh was working on recovering from some mobility difficulties after she broke her leg while helping a friend in 2015, but fitness is a way of life for Mrs Singh, who prefers regular swims and Tai Chi classes to keep fit and healthy.

At LNWH Charity, we celebrate the amazing fundraising efforts of generous people like Mrs Singh to provide our lifesaving services to the most critically ill patients and look after the well-being of our treasured NHS staff.

Brent, Ealing & Harrow our p

STOP

Upcoming events



LNWH Charity Public Lottery

LNWH Charity and Hillingdon Hospital Charity are working together to bring a public lottery to their respective Trusts, LNWH NHS Trust and The Hillingdon Hospitals NHS Foundation Trust.

The introduction of a Public Lottery will help the Charity to raise vital funds to fund projects around the Trust.

The day-to-day administration and licensing will be managed by third party provider,
Hospice Lottery Partnership. Hospice Lottery
Partnership run a public lottery for five
hospices in North - West London and they
have a proven track record of success in other
hospital trusts.

The public lottery is due to be rolled in 2022/23. All player data collected as a result of the introduction of the public lottery, will be in accordance with GDPR and owned by the Charity.



Fibroscan Machine improves chronic liver disease care

LNWH Charity in conjunction with St Marks
Foundation charity will be funding the purchase
of a Fibroscan machine in the coming year
which will transform the way that patients
receive treatment for liver diseases.

"The fibroscan machine is making a significant difference to the way that treatment is delivered to patients with liver concerns.
Encouraging people to adopt a healthy lifestyle and promote liver health is an extremely important professional goal."

Dr Laith Al-Rubaiy, Gastroenterologist and Hepatologist Consultant

Patients takes on fundraising walk to thank hospitals for care and support

On Tuesday 1 June 2021, Thorpe Bay resident, May Hamilton, marked her 82nd birthday by commencing a fundraising walk, to raise funds for Northwick Park Hospital, St Mark's Hospital and Southend University Hospital NHS Foundation Trust.

May walked the equivalent distance between Southend University Hospital NHS Foundation Trust, Northwick Park and St Mark's Hospital, 49 miles, raising an impressive £3,921 to say thank you for all the care that she has received at all three hospital sites.

May suffers from Fibromyalgia, a long-term condition that causes pain all over the body, Irritable Bowel Syndrome and post-traumatic stress. She has been receiving treatment at all three hospital sites for several years.

All three hospital sites received £1,307 each from the fundraising walk as per May's request.

"My initial fundraising target was £3,000 and I was confident that I could reach £1,000 and then I could see that it was possible to raise even more money than that. I was absolutely amazed that I was able to exceed my fundraising target of £3,000."

May Hamilton

BANK

ONE THOUSAND, THREE HUNDRED & SEVEN POUNDS -

metrobankonline.co.uk





Staff excellence awards

Staff Excellence Awards is about recognising staff excellence and commitment across LNWH NHS Trust. Our charity fully acknowledges, that all Trust staff work extremely hard to make the wards and other areas of the Trust, function and perform at the highest level. There is also the recognition that our incredible hospital staff are constantly focussed on improving patient care.

LNWH Charity supported the Staff Excellence Awards and ceremony event in July 2022. Winner categories included:



Divisional Awards Emergency and Ambulatory



Integrated Clinical Services



Quality & Improvement



Team of the Year Award

Looking ahead: Our goals for the future

In terms of funding, a change in direction for London North West University Healthcare NHS Trust can also lead to different direction for LNWH Charity.

The charity is even more mindful in its approach to committing its reserves to particular projects, particularly when changes happen, like efficiency reviews and major capital projects.

Charity activity is strongly influenced by the generosity demonstrated by donors.



Defining

the operational aspect of delivering the Charity's fundraising and marketing strategy.



Supporting

the Trust's Clinical Strategy; an integral part of the Charity.



Showing

the social impact achieved by the charity.



Offering

a business plan which outlines project specific campaigns and appeals that are motivated by organisational needs.



Proving

the Charity's financial stability and providing a revised reserves policy for the Charity.



Implementing

an annual expenditure plan for the charity.



Fundraising Strategy

The Charity's profile was raised significantly during the pandemic and we have worked tirelessly over the last year maintaining a high external and prominent role.

At the same time, we have put a significant effort into supporting as many staff as possible throughout the Trust, to ensure that our internal profile remains high and there's an increased level of staff awareness of what the charity does.

As time moves on and we develop our 'anchor' presence in the community, we will start to work with external stakeholders to not only raise our profile further but also to broaden the reach and scope of the LNWH Charity's work.

LNWH Charity's fundraising activity needs to be strengthened to support new activities and since 2021, we have been planning changes to our strategy and activities to ensure that we are able to produce the results, that will enable us to achieve a greater reach. Planned changes does include a greater focus on developing our community presence and using that as a



platform for greater penetration into schools, colleges, businesses, faith groups and other local organisations.

At the same time, the Charity has been developing plans to streamline requests for funding and ensuring that the structure of the funds that we hold is optimised, for best supporting both the Trust's and the surrounding community's work.

LNWH Charity is delighted to welcome Sofia Sheikh, the new Head of Fundraising, who will be instrumental in supporting the Charity with its fundraising strategy going forward. Sofia's role will heavily involve helping the charity to stay on track and reach its main objective; to make a significant difference to the patient and staff experience at all three of our hospital sites.

Our structure, governance and management

Reference and administrative details

On 1 April 2015, London North West Healthcare Charitable Fund No. 1083634, was placed on the Central Register of Charities.

London North West Healthcare Charitable
Fund had a total of 225 funds on 31 March 2022.
Details of the kinds of funds held are displayed in the notes to accounts. The material funds are disclosed separately.

London North West University Healthcare NHS
Trust is the corporate trustee of London North
West Healthcare Charitable Fund.

London North West University Healthcare NHS
Trust Board is responsible for ensuring that
London North West University Healthcare NHS
Trust fulfils its duties as the Corporate Trustee.

The Board for the London North West University Healthcare NHS Trust is listed here:

Chair Directors

Sir Amyas Morse (to 31/03/22)

Matthew Swindells (from 01/04/22)

Chief Executive

Chris Bown (to 13/02/22)

Pippa Nightingale MBE (from 14/02/22)

Non-Executive Directors

Janet Rubin (Vice Chair)

Professor Desmond Johnston

Dr Vineta Bhalla

Neville Manuel

David Moss

Andrew van Doorn

Dr Syed Mohinuddin

Executive Directors

Simon Crawford, Director of Strategy and Deputy Chief Executive

Dr Martin Kuper, Chief Medical Officer (to 31/08/21)

Lisa Knight MBE, Chief Nurse

Dr Jon Baker, Chief Medical Officer (interim from 01/09/21), substantive (from 29/03/22)

Claire Gore, Director of HR and Organisational Development (to 05/06/22)

Phillip Spivey, Acting Director of HR and Organisational Development (from 06/06/22)

Mark Trumper, Director of Estates and Facilities (to 31/01/22)

David Searle, Director of Corporate Affairs

Ellis Pullinger, Chief Operating Officer (to 27/03/22)

James Walter, Chief Operating Officer (from 28/03/22)

Jonathan Reid, Chief Financial Officer

Associated Non-Executive Directors

Kingsley Peter

Huda As'ad

Principle Office
Charitable Fund Office Level 7,
Finance Department,
London North West University
Healthcare NHS Trust,
Northwick Park & St Mark's Hospital,
Watford Road,
Harrow,
Middlesex, HA1 3UJ

Professional Advisors

Banker

Lloyds Bank 286 Station Road Harrow Middlesex HA1 3EB

Solicitor

Hempsons LLP 100 Wood Street London EC2V 7AN

Auditor

KPMG LLP
10th Floor West
15 Canada Square
Canada Wharf
E14 5GL

Investment Managers

CCLA Investment Management Limited
COIF Charity Funds
85 Queen Victoria Street
London EC4V 4ET

Policies and procedures

Fundraising

No professional fundraisers or commercial participators are used by London North West Healthcare Charitable Fund to organise fundraising activities on its behalf. There have been no complaints regarding its fundraising activities in 2021/22.

London North West Healthcare Charitable Fund is registered with the Fundraising Regulator and follows the independent regulator's Code of Fundraising Practice for the United Kingdom. This is to make sure that fundraising remains respectful, open, honest and accountable to the public and the Charity Commission of England and Wales' guidelines. Failing to comply with fundraising standards will mean that the Charity will be reported to the Fundraising Regulator.

No direct marketing activities are currently undertaken by London North West Healthcare Charitable Fund. If necessary, the fundraising team will carry out these activities to ensure that the Charity is not unreasonably intrusive.

Safeguarding

A Safeguarding Children's and Adult policy have been implemented by London North West University Healthcare NHS Trust (LNWH NHS Trust). All LNWH NHS Trust employed staff must have mandatory safeguarding children and adults training, to ensure that they are aware of their part in protecting vulnerable people and the wider public, through preventing, identifying and responding to abuse and exploitation.

Staff employed by the charity have undergone LNWH NHS Trust's training on safeguarding adults and children. Also, the London North West Healthcare Charitable Fund has introduced several additional safeguarding policies that relate to the Charity's activities.

General Data Protection Regulation (GDPR) Policy

Our GDPR policy outlines our donors' rights in relation to their personal data being held by the Charity. As a charity we collect, process, and handle the data in a fair, lawful and transparent manner. The Charity must get written consent from the individual donor, in order to make contact about direct marketing. It is the Charity's policy to not collect more personal data about someone than would reasonably be needed, for the particular purposes it was collected for.

Privacy policy

The London North West Healthcare Charitable Fund Privacy Policy includes the charity website's Cookie policy, which tells people about the personal data the Charity might collect and use in relation to its fundraising activities. The privacy policy also gives information about the legal basis on which we process personal data, how long we hold it for and users' legal rights.

Data Protection Impact Assessment for the Charity and fundraising activities

Data Protection Impact Assessment (DPIA) is a tool that is used to identify the best way for organisations to comply with their data protection obligations and meet individuals' expectations of privacy.

London North West Healthcare Charitable Fund DPIA policy will help the Charity to:
Assess and lower any privacy risks that may arise in relation to the fundraising and charitable projects that involve the processing of personal data relating to identifiable individuals: and Assist the Charity to produce more efficient and effective processes for hand ling personal data regarding these projects.

LNWH Charity website terms and conditions

London North West Healthcare Charitable Fund's website has the terms and conditions for the access and use of funds.

Data retention policy

The data retention policy for the London
North West Healthcare Charitable Fund has
been developed and makes sure that all the
Charity's business or operational information in
connection with its fundraising activity is kept
only as long as it is needed.

Risk Management

LNWH Charity has adopted a framework under which risks are identified and monitored. The Charity conducts a formal risk assessment through a risk register.

The risk register is a review of the Charity's existing and proposed operational, governance and management, financial, legal and regulatory activities. This ensures thatnew risks are spotted and existing risks are revised or removed, if no longer applicable.

The Trust Board acts on behalf of the corporate trustee, delegates the Charity's biggest strategic and operational risks review to London North West Healthcare Charitable Fund Committee. However, the Trust Board has overall responsibility for the Charity's risk register.

Fundraising

Best practice, charity law and government policy and regulations are thought to be a major reputational risk that can result in a breach of trust or loss of registration. The risk is mitigated by implementing fundraising policies and procedures including GDPR policy and data protection policy, having audited accounts procedure, handing in audited

accounts reporting to the Charity Commission promptly, reviewing and updating the Charity's literature, website and membership to NHS Charities Together which provides additional updates on policy changes.

Investment Returns

Extra income is generated from investing cash balance, and the loss of investment income is thought to be a huge financial risk. The risk is mitigated by the Charity's investments being monitored on a regular basis so that trends can be detected and identified. Expert Investment Management consultants offer regular advice and they attend Charitable Fund Committee meetings frequently, to advise on the current status for the Charity's investments.

Grant distribution framework

All internal grant application is submitted to London North West Hospital Charitable Fund Office for consideration. London North West Hospital Charitable Fund Committee is responsible for reviewing propose grant applications over the value of £25,000.

External grants from London North West
Hospital Charitable Fund to other NHS Trust
charities are facilitated when a service
provision at London North West Hospital
University Healthcare NHS Trust move to
another Trust in its entirety and the charitable
fund accounts for the service is transfer to the
receiving organisation in the form a grant and
is subject to the agreement of all the Trust
Boards involved.

Reserves policy

The current reserves policy for London North West Healthcare Charitable Fund, specifies that London North West University Healthcare NHS Trust, on behalf of the Corporate Trustee, will ensure that the unrestricted free reserves help the Charity to run efficiently and meet the requirements of its beneficiaries. The balance of charity's free reserves is the total balance of Charity's unrestricted funds.

London North West Healthcare Charitable
Fund's current free reserves are appropriate:

- To avoid the necessity of knowing which fixed assets are held for Charity's use, and to provide a pool from which funds can be directed to specifics projects.
- Cover the cost of fundraising staff.
- In the event of financial losses, cover any losses incurred by the funds; plus an extra 20% of those losses to show any future probability of increased volatility on investments. The Charitable Fund Committee will review the Charity's reserves policy in line with the business plan for the London North West Healthcare Charitable Fund. Reserves are being used to fund select grant projects.

The charity's free reserves came to £1.199m by 31 March 2022. The current level of reserves is sufficient to cover the areas indicated.

Investment policy and performance

As per London North West Healthcare
 Charitable Fund's governing documents and
 Trust Deed, the corporate trustee, London
 North West University Healthcare NHS Trust

Board, has the authority to invest in stocks, shares, investments and property in the UK, as deemed appropriate. A professional investment management company is handling investment matters on behalf of London North West University Healthcare NHS Trust Board.

- Invest within acceptable risk and to protect the values of the portfolio (in real terms) over time.
- Achieve a growing annual income in the long term.
- London North West Healthcare Charitable
 Fund has a discretionary fund arrangement
 where an investment management
 company manages the portfolio with
 complete discretion, with a duty of care and
 within acceptable risk, under the Charity's
 investment objectives.
- The Charity's investments are held in an ethical investment unit fund, designed for charities who wish to have a more extensive approach to ethical investments. The investment units focus on delivering income with long-term capital growth.
- As at 31 March 2022 the revaluation of the charity's investments produced a gain of £628,000.
- Over the past 12 months to 31st March 2022 our charity's ethical investment fund return 11.83% underperformed the comparator by 0.16%. The charity's deposit fund held within the investment portfolio performance revealed a return of 0.09% the comparative benchmark is 0.14%. Our investment managers, CCLA Investment Management reports have suggested a path of higher interest in the coming year at a gradual pace and an eventual peak in the rate which will be well below the prevailing current rate of inflation of 10%. The world economy has continued to recover at slow pace and is

hindered by weakened consumer confidence, rising consumer prices, supply chain issues and war in Ukraine and has produce a difficult last quarter in the financial year and the Ethical Investment Fund reached a low point in early March 2022 and a reduction in the gains accumulated in the previous months during 2021/22.

 The objectives of the LNWH Charity's investment portfolio is to achieve real longterm growth in capital values and a rising income from a portfolio managed with a clear risk control framework.

 The current capital allocation of the charity's investment portfolio is as follows:

Charity Portfolio Capital Allocations (%)

Ethical Investment Fund	93.66
Deposit Account	6.34
Total Investments	100.00



Trustees' responsibilities statement

The trustees produce the Trustees' Annual Report and the financial statements in accordance with the applicable law and regulations.

The Charities Act 2011 requires the trustees to produce financial statements for every financial year. The trustees must produce the financial statements in accordance with the United Kingdom's Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law), including FRS 102 the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland.

Trustees are not supposed to approve the financial statements unless they are happy that they give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period.

In order to prepare these financial statements, trustees must:

 Select appropriate accounting policies and then apply them consistently.

- Follow the methods and principles in the Charities SORP (FRS 102).
- Make judgements and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is not right to think that the charity will continue in business.

It is the responsibility of the trustees to maintain adequate accounting records sufficient to demonstrate an explain the Charity's transactions and disclose, with reasonable accuracy, that the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

Trustees are also responsible for safeguarding the assets of the Charity and also for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Trustees
On behalf of the Corporate Trustee

M. Ewindells

Matthew Swindells

Chair of London North West University Healthcare NHS Trust 20/01/2023

Independent auditor's report to the Corporate Trustee of LNWUH Charitable Fund

Opinion

We have audited the financial statements of London North West University Healthcare Charitable Fund ("the charity") for the year ended 31 March 2022 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and related notes, including the accounting policies in note 1.

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with UK accounting standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We have been appointed as auditor under section 149 of the Charities Act 2011 (or its predecessors) and report in accordance with regulations made under section 154 of that Act.

We conducted our audit in accordance with International Standards on Auditing (UK) ("ISAs (UK)") and applicable law. Our

responsibilities are described below. We have fulfilled our ethical responsibilities under, and are independent of the charity in accordance with, UK ethical requirements including the FRC Ethical Standard. We believe that the audit evidence we have obtained is a sufficient and appropriate basis for our opinion.

Going concern

The trustee has prepared the financial statements on the going concern basis as they do not intend to liquidate the charity or to cease its operations, and as they have concluded that the charity's financial position means that this is realistic. They have also concluded that there are no material uncertainties that could have cast significant doubt over its ability to continue as a going concern for at least a year from the date of approval of the financial statements ("the going concern period").

In our evaluation of the trustee's conclusions, we considered the inherent risks to the charity's business model and analysed how those risks might affect the charity's financial resources or ability to continue operations over the going concern period.

Our conclusions based on this work:

- we consider that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate;
- we have not identified, and concur with the trustee's assessment that there is not, a material uncertainty related to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for the going concern period.

However, as we cannot predict all future events or conditions and as subsequent events may result in outcomes that are inconsistent with judgements that were reasonable at the time they were made, the above conclusions are not a guarantee that the charity will continue in operation.

Fraud and breaches of laws and regulations – ability to detect

Identifying and responding to risks of material misstatement due to fraud

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustee, other management and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Charitable Funds Committee minutes.
- Using analytical procedures to identify any unusual or unexpected relationships.

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because there is minimal complexity in revenue recognition or incentives for management to seek to manipulate revenue as commitments are not made in advance of funding being available.

We did not identify any additional fraud risks.

We performed procedures including identifying journal entries to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts, unusual cash account combinations, journals posted with no description, journals with specific description, journals posted on the weekend and material post year end journals.

Identifying and responding to risks of material misstatement related to compliance with laws and regulations

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, through discussion with the trustee and other management (as required by auditing standards), and discussed with the trustee and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably.

The Charity is subject to laws and regulations that directly affect the financial statements including financial reporting legislation (including related charities legislation), and we assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items.

Whilst the Charity is subject to many other laws and regulations, we did not identify any others where the consequences of non-compliance alone could have a material effect on amounts or disclosures in the financial statements.

Auditing standards limit the required audit procedures to identify non-compliance with these laws and regulations to enquiry of the trustee and other management and inspection of regulatory and legal correspondence, if any. Therefore if a breach of operational regulations is not disclosed to us or evident from relevant correspondence, an audit will not detect that breach.

Context of the ability of the audit to detect fraud or breaches of law or regulation

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

Other information

The trustee is responsible for the other information, which comprises the Trustee's Annual Report. Our opinion on the financial statements does not cover the other information and, accordingly, we do not express an audit opinion or, except as explicitly stated below, any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether, based on our financial statements audit work, the information therein is materially misstated or inconsistent with the financial statements or our audit knowledge. We are required to report to you if:

- based solely on that work, we have identified material misstatements in the other information; or
- in our opinion, the information given in the Trustee's Annual Report is inconsistent in any material respect with the financial statements.

We have nothing to report in these respects.

Matters on which we are required to report by exception

Under the Charities Act 2011 we are required to report to you if, in our opinion:

- the charity has not kept sufficient accounting records; or
- the financial statements are not in agreement with the accounting records; or

 we have not received all the information and explanations we require for our audit.

We have nothing to report in these respects.

Trustees' responsibilities

As explained more fully in their statement set out on page 43, the trustee is responsible for: the preparation of financial statements which give a true and fair view; such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error; assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and using the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

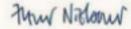
Auditor's responsibilities

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue our opinion in an auditor's report. Reasonable assurance is a high level of assurance, but does not guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

A fuller description of our responsibilities is provided on the FRC's website at www.frc.org.uk/auditorsresponsibilities

The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the charity's trustee as a body, in accordance with section 149 of the Charities Act 2011 (or its predecessors) and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustee, as a body, for our audit work, for this report, or for the opinions we have formed.



Fleur Nieboer

for and on behalf of KPMG LLP, Statutory Auditor

Chartered Accountants

KPMG LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

15 Canada Square, Canary Wharf, London, E14 5GL

Date

26/01/2023

Statement of Trustees' responsibilities in respect of the Trustees' annual report and the financial statements

Under charity law, the trustees are responsible for preparing a Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

The trustees are required to prepare the financial statements in accordance with UK Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that period.

In preparing these financial statements, generally accepted accounting practice entails that the trustees:

 select suitable accounting policies and then apply them consistently;

- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting
 Standards and the Statement of
 Recommended Practice have been followed,
 subject to any material departures disclosed
 and explained in the financial statements;
- state whether the financial statements comply with the trust deed [and rules], subject to any material departures disclosed and explained in the financial statements;
- assess the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and
- use the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

The trustees are required to act in accordance with the trust deed [and the rules] of the charity, within the framework of trust law. They are responsible for keeping accounting records which are sufficient to show and explain the charity's transactions and disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by them under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. They are responsible for

such internal control as they Determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the financial and other information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Statement of Financial Activities as at 31 March 2022

	Note ref.	Unrestricted Funds	Restricted Funds £000	Total Funds 2021-22 £000	Total Funds 2020-21 £000
Income from:					
Donations and Legacies	3.1	164	284	448	1659
Investments	12.1	66	193	259	254
Total Income		230	477	707	1,913
Expenditure on:					
Raising funds:					
Investment management costs	4	8	23	31	30
Fundraising costs	4	16	56	72	61
Sub total-raising funds	4	24	79	103	91
Expenditure on charitable activities:					
Research and Clinical Support		-	110	110	95
Medical Equipment Purchases		-	17	17	145
Staff Training and Education		5	37	42	57
Staff Welfare and Amenities		73	34	107	379
Patients Welfare and Amenities		-	50	50	80
Contribution to Building Costs		-	99	99	16
Grants Awarded		164	235	399	0
Sub total of charitable activities		242	582	824	772
Expenditure on other	6	2	6	8	11
Total Expenditure		268	667	935	874
Net gains on investments	11.1	159	469	628	1,242
Net income		121	279	400	2,281
Transfers between funds	9	-	-	-	-
Net movement in funds		121	279	400	2,281
Reconciliation of funds:					
Total funds brought forward at 31 March 2021		3,052	5,427	8,479	6,198
Total funds carried forward at 31 March 2022		3,173	5,706	8,879	8,479

The Notes 1 to 19 form part of this set of financial statements.

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

Balance Sheet as at 31 March 2022

	Note ref.	Total Funds 2022 £000	Total at 31 March 2021 £000
Fixed Assets:			
Common Investment Fund Units		8,018	7,390
Total fixed assets	11.1	8,018	7,390
Current Assets:			
Debtors	13.1	302	215
Cash held by investment managers		542	119
Cash at bank and in hand	13.2	77	881
Total current assets		921	1,215
Liabilities:			
Creditors: Amounts falling due within one year	14.1	(60)	(126)
Net current assets or liabilities		861	1,089
Total net assets		8,879	8,479
Funds of the charity:			
Restricted income funds	16.1	5,706	5,427
Unrestricted funds	16.2	3,173	3,052
Total charity funds		8,879	8,479

The Notes 1 to 19 form part of this set of financial statements.

The financial statements were approved by the Corporate Trustee and signed on their behalf

Jonathan Reid

Chief Financial Officer

20/01/2023

Statement of Cash Flow as at 31 March 2022

	Note ref.	Total Funds 2022 £000	Total at 31 March 2021 £000
Net cash (used in) operating activities	17.1	(640)	466
Dividends and Interest from Investments		259	254
Net cash (used in) investing activities		259	254
Debtors			
Increase (decrease) in cash and cash equivalents in the year	-	(381)	720
Cash and cash equivalents at the beginning of the year	17.2	1,000	280
Total cash and cash equivalents at the end of the year	17.2	619	1,000

The Notes 1 to 19 form part of this set of financial statements.

Notes to the accounts as at 31 March 2022: Accounting Policies

1.

1.1 Accounting Convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice Accounting and Reporting FRS102, effective 1st January 2019 and the Charities Act 2011 and under historical cost accounting convention modified to include the revaluation of investment property and managed investments.

The charity constitutes a public benefit as defined by FRS102.

The financial statements are presented in sterling.

The statements have also been prepared in accordance with applicable United Kingdom accounting standards.

1.2 Incoming Resources

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of the amount and date of receipt.

In the event that a donation is subject to certain conditions before he charity is entitled to the funds, the income is deferred and not recognised until those conditions are fully met.

b) Investment Income

Investment income includes dividends and interest from investments. Interest is recognised normally upon notification of the interest paid.

Dividends are recognised once the dividend has been declared and notification of the received of the dividend due from our investment advisor.

c) Legacies

Legacies are accounted for as incoming resources once the receipt of the legacy becomes certain once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfiled.

1.3 Resources Expended

The funds held on trust accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

The following policies address expenditure:

a) Charitable Activities

Costs of charitable activities comprise all costs incurred in pursuit of the charitable objects of the charity.

The charitable activities costs include direct and apportionment of support costs as shown in note 7.

b) Trustees and Connected Persons Transactions

The Trustees and Connected Persons
Transactions, note 19, records the material
transactions undertaken between LNWH
Charitable Fund, trustees and other NHS
organisations.

Details of the transfer are shown in note 18.

c) Allocation of Support Costs

Support Costs have been allocated to the charitable activities. Where the costs are shared between two or more charitable activities the support costs have been apportioned between categories.

Support Costs include financial administration costs which represents expenditure incurred in the management of the charity assets.

d) Cost of Generating Funds

The cost of generating funds are the costs associated with generating income for the funds held on trust.

Investment Management Fees

Investment fees costs represents costs incurred in relation to the management of fixed investments.

Fundraising Costs

Fundraising costs is represented by associated fundraising cost in respect of establishing the charity's marketing.

Salary costs for fundraising team of three Fundraising Managers was waived by London North West Healthcare University NHS Trust in financial year 2021/22.

The associated costs include statutory audit and policy and procedure advice from professional bodies and organisations.

1.4 Funds Structure

Where there is a restriction on the purpose to which a fund may be put the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

1.5 Fixed Assets

Investment fixed assets are shown at market value.

The gains and losses arising from the revaluation are can be found in the Statement of Financial Activities.

1.6 Unrealised Gains and Losses on Investments

Unrealised gains and losses on investments are calculated as the difference between the opening market value as at 1st April 2021 and the market value of investments as at 31 March 2022.

1.7 Pooling Scheme

An official pooling scheme is operated for investments relating to the following funds:

London North West Healthcare Charitable Fund
Central Middlesex Hospital Charitable Fund
Northwick Park Hospital General Charitable Fund
Heartbeat 2000
Respiratory and Research Fund
London North West Healthcare Expendable
Common Investment Fund
St Marks Hospital
Northwick Park Hospital-Older People Services Fund
Ealing Hospital Charitable Fund
Childrens Centre Fund
Margaret Emily Tristram Bequest

The Scheme was registered with the Charity Commission on 23/11/00 updated following the charity merger on 1st April 2015.

1.8 Taxation

As a registered charity, London North West Healthcare Charitable Fund is exempt from taxation of its income and gains falling within Section 505 Income and Corporation Taxes Act 1988 or section 256 Taxation of Chargeable. Gains Act 1992, to the extent that these are expended on it's charitable objects.

No tax charge has thus arisen in the year.

1.9 Going Concern

Following a review of London North West Healthcare Charitable Fund Reserves, committed expenditure and income forecast, from a period of at least one year from the approval of the financial statements.

London North West University Healthcare NHS Trust, Corporate Trustee, have reasonable expectation that including the current event such as the COVID 19 pandemic.

London West Healthcare Charitable Fund has adequate resources to continue in operational existence for the foreseable future.

London North West Healthcare Charitable Fund adopt the going concern basis in preparing its financial statements.

1.10 Significant Judgement and Estimates In the course of preparing these financial statements no significant judgements and estimates have been made.

2. Prior year comparatives by type of fund

The SOFA provides prior year comparatives by type of fund in total; this note provides prior period comparatives for the Statement of Financial Activities and Balance Sheet for each of the fund types the London North West Healthcare Charitable Fund manages.

2.1 Unrestricted funds-Statement of Financial Activity for the year end 31 March 2022

	2022 £000	2021 £000
Income from:		
Donation and Legacies	164	1,368
Investment Income	66	48
Total Incoming resources	230	1,416
Expenditure on:		
Cost of raising funds	(24)	(16)
Charitable Activities	(242)	(540)
Other-Governance	(2)	(1)
Total expenditure	(268)	(557)
Net gains/(losses)on investments	159	233
Net income/(expenditure)	(38)	859
Transfers between funds	-	184
Net movement in funds	121	1,276
Reconciliation of funds:		
Total Funds brought forward	3,052	1,776
Total funds carried forward at 31 March 2022	3,173	3,052

2.2 Unrestricted Fund - Balance Sheet as at 31 March 2022

	2022 £000	2021 £000
Fixed Assets:		
Common Investment Fund Units	2,884	2,587
Total fixed assets	2,884	2,587
Current Assets:		
Debtors	69	35
Cash held by investment managers	195	32
Cash at bank and in hand	28	462
Total current assets	292	529
Liabilities:		
Creditors: Amounts falling due within one year	(3)	(64)
Net current assets / (liabilities)	289	465
Total net assets or liabilities for unrestricted funds	3,173	3,052
Total unrestricted funds	3,173	3,052

2.3 Restricted funds - Statement of Financial Activity for the year ended 31 March 2022

	2022 £000	2021 £000
Income from:		
Donation and Legacies	284	291
Investment Income	193	206
Total Incoming resources	477	497
Expenditure on:		
Cost of raising funds	(79)	(75)
Charitable Activities	(582)	(232)
Other-Governance	(6)	(10)
Total expenditure	(667)	(317)
Net gains/(losses)on investments	469	1,009
Net income/(expenditure)	(190)	180
Transfers between funds	-	(184)
Net movement in funds	279	1,005
Reconciliation of funds:		
Total Funds brought forward	5,427	4,422
Total funds carried forward at 31 March 2022	5,706	5,427

2.4 Restricted funds - Balance Sheet as at 31 March 2022

	2022 £000	2021 £000
Fixed Assets:		
Common Investment Fund Units	5,134	4,803
Total fixed assets	5,134	4,803
Current Assets:		
Debtors	233	180
Cash held by investment managers	347	87
Cash at bank and in hand	49	419
Total current assets	629	686
Liabilities:		
Creditors: Amounts falling due within one year	(57)	(62)
Net current assets / (liabilities)	572	624
Total net assets or liabilities for unrestricted funds	5,706	5,427
Total restricted funds	5,706	5,427

3.

3.1 Donations and Legacies

3.1 Donations and Legacies	Unrestricted Funds £000	Restricted Funds £000	Total 2021-22 £000	Total 2020-21 £000
Donations and Legacies	164	284	448	1,659
Total	164	284	448	1,659

Legacy income is only included where receipt is reasonably certain and the amount is known with certainity, or the legacy has been received.

4. Expenditure on raising funds

	Total Costs £000	Total Costs £000
Investment Management Costs	31	30
Fundraising Costs	72	61
Total	103	91

5. Support Costs

The Support Costs note 6.1. does not include staff salaries for 2021/22. The Support Costs include associated costs for statutory audit and policy and procedure advice from professional bodies and organisations.

The total number employees employed by London North West University Healthcare NHS Trust to administer the charity is four.

London North West Healthcare University NHS
Trust who employs individuals to administer the
charity have in a goodwill gesture waived the
staff costs for financial 2021/22

6. Analysis of Support Costs

6.1 Apportioment of Support Costs

Apportionment of Support Costs across Charitable Activities fund movements	Research and Clinical Support £000	Medical Equipment Purchases £000	Staff Training and Education £000	Staff Welfare and Amenities £000		Costs	Grants Awarded £000	Total Allocated £000
Policy and Procedural Advice Costs	3	1	1	3	1	2	0	11
Total	3	1	1	3	1	2	0	11

7. Analysis of Expenditure on Charitable Activities

	Activities Undertaken £000	Support Costs £000	Total 2021-22 £000	Total 2020-21 £000
Research and Clinical Support	107	3	110	95
Medical Equipment Purchases	16	1	17	145
Staff Training and Education	41	1	42	57
Staff Welfare and Amenities	104	3	107	379
Patients Welfare and Amenities	49	1	50	80
Contribution to Building Costs	97	2	99	16
Grants Awarded	399	0	399	0
Total	813	11	824	772

7.1. Analysis of Grants

Grants Awarded	2021-22 £000	2021-22 £000	2020-21 £000
Grants awarded were as follows:			
Grants External from LNWH Charitable Fund			
CLCH NHS Trust	227	227	0
CNWL NHS Trust	172	172	0
Total	399	399	0

8. Changes in Resources Available for Charity

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2021-22 £000	Total Funds 2020-21 £000
Net movement in funds for the year	121	279	400	2,281
Total	121	279	400	2,281

9. Transfer Between Funds

Transfer From Fund	£000 To Fund	Amount £000	Amount £000
Various	Various		-
	-	-	-
Total	0	0	-

10. Auditor's Remuneration

The auditor's renumeration costs of £5,000 plus VAT (2021: £5,000), are included in other expenditure and is related soley to the audit with no other additional work undertaken.

11. Fixed Asset Investments

11.1 Movement in fixed asset investments

	2022 Total £000	2021 Total £000
Market Value brought forward	7,509	6,267
Add: additions to investment at cost	800	0
Less disposals at carrying value	(377)	0
Net losses/gains on revaluation	628	1,242
Market Value at 31st March	8,560	7,509
Historical Cost at 31 March	4,322	4,322

11.2 Fixed asset investments	2022 Total Held in the UK £000	2021 Total Held in the UK £000
Investments in Common Investment Fund	8,018	7,390
Cash Held as part of the investment portfolio	542	119
Total	8,560	7,509

12. Total Gross Income from Investments and Cash on Deposit

12.1 Income from Investments

	2022 Total Held in the UK £000	2022 Total £000	2021 Total £000
Investments in Common Investment Fund	259	259	254
Total	259	259	254

13. Analysis of Current Assets

13.1 Analysis of Debtors

	2022 Total £000	2021 Total £000
Other Debtors	302	215
Total	302	215

13.2 Cash at bank and in hand

	2022 Total £000	2021 Total £000
Cash at bank and in hand	77	881
Cash held by investment managers	542	119
Total	619	1000

14. Analysis of Current Liabilities and Long Term Creditors

14.1 Analysis of Creditors

	2022 Total £000	2021 Total £000
Trade Creditors	22	48
Amounts owed to London North West University Healthcare NHS Trust	9	67
Other Creditors	29	11
Total	60	126

15. Analysis of principal SoFA components for previous reporting period

15.1 Analysis of principal SoFA component 2020/21

	Unrestricted	Restricted	London North West Healthcare Charitable Fund Total
	£000	£000	£000
Total Income	1,416	497	1,913
Total Expenditure	(557)	(317)	(874)
Net income/(expenditure)	859	180	1,039
Other Gains/(losses)	233	1,009	1,242
Transfer Between Funds	184	(184)	-
Net movement in funds	1,276	1,005	2,281
Total Funds brought forward	1,776	4,422	6,198
Total Funds carried forward	3,052	5,427	8,479

15.2 Analysis of net assets as at 1st April 2021

	Unrestricted	Restricted	1 st April 2021 London North West Healthcare Charitable Fund
	£000	£000	£000
Common Investment Fund Units	2,307	5,083	7,390
Debtors	56	159	215
Cash held by investment managers	43	76	119
Cash at bank and in hand	701	180	881
Creditors	(55)	(71)	(126)
Net Assets	3,052	5,427	8,479
Represented by:			
Unrestricted Funds			3,052
Restricted Funds			5,427
Total Funds			8,479

16. Analysis of Charitable Funds

16.1 Restricted Funds

	Balance 31 st March 2021	Incoming Resources	Resources Expended	Transfers	Gains and Losses	Balance 31 March 2022
	£000	£000	£000	£000	£000	£000
A. Meadow House Hospice	1,053	276	(131)	-	90	1,288
B. Children Centre Fund	306	14	(105)	-	28	243
C. Regional Rehab Unit	188	6	(40)	-	16	170
D. Arthritis Centre Fund	89	3	(8)	-	8	92
E. Cancer Support Trust	195	11	(9)	-	17	214
Others (203)	3,596	167	(374)	-	310	3,699
Total	5,427	477	(667)	0	469	5,706

16.2 Unrestricted Funds

	Balance 31 st March 2021	Incoming Resources	Resources Expended	Transfers	Gains and Losses	Balance 31 March 2022
	£000	£000	£000	£000	£000	£000
A. Covid 19 Appeal Fund	446	19	(50)	-	38	453
B. Northwick Park Hospital General Fund	323	126	(33)	-	28	444
Others (6)	2,283	85	(185)	-	93	2,276
Total	3,052	230	(268)	0	159	3,173

16.3. Detail of Material funds-Restricted

Name of Fund	Description of the nature and purpose of each fund
A. Meadow House Hospice	To support and promote patient welfare
B. Childrens Centre Fund	To raise funds for the Childrens Centre
C. Regional Rehab Unit	General RRU Fund (General/Staff Education and Training).
D. Arthritis Centre Fund	Departmental Fund to support Arthritis clinical service
E. Cancer Support Trust	To build, equip and maintain the Northwick Park Hospital Cancer Unit.

16.4. Detail of Material funds-Unrestricted

Name of Fund	Description of the nature and purpose of each fund
A. Covid 19 Appeal Fund	To support staff health and wellbeing
B. Northwick Park Hospital General Fund	To provide services and amenities for Northwick Park Hospital.

Following subsequent NHS Trust mergers London North West Healthcare Charity Fund Charity received unrestricted funds for each of the merged Trusts.

The unrestricted funds received are not restricted to any particular charitable purpose.

There is no specific donor request on record for the unrestricted funds held.

All the unrestricted funds have remained within the original fund accounts and have been used to fund charitable activities that have met the aims and objectives of the charity.

17. Notes to Cash Flow Statement

17.1 Reconciliation of net movement in funds to net cash flow from operating activities

	31 st March 2022 £000	31 st March 2021 £000
Net Income/Expenditure	400	2,281
Deduct: Gains on Investments	(628)	(1,242)
Deduct: Dividends and Interest from investments	(259)	(254)
(Increase) in Debtors	(87)	(199)
Increase/ (Decrease) in Creditors	(66)	(120)
Total	(640)	466

17.2 Analysis of cash and cash equivalents

Total Cash and Cash Equivalents	619	1000
Cash held by investment managers	542	119
Cash in hand and at Bank	77	881
	2022 £000	2021 £000
17.2 Analysis of cash and cash equivalents	31st March	31st March

18. Trustee and Connected Persons Transactions

During the year none of the Trust Board or members of key management staff have undertaken any material transactions with London North West Healthcare Charitable Fund. London North West University Healthcare NHS repaid LNWH Charitable Fund £182,891, the waived charity staff costs related to financial year 2021/22.

Capital and Revenue Payments

The charitable trust has made revenue and capital payments to the London North West University Healthcare NHS Trust to the value of £419,594.

See note 18.2, There has been no other payments and transactions between London North West Healthcare Charitable Fund and the above mentioned NHS Trust.

18.1 Trust Board Renumeration

No expense or remuneration has been received in the year by members of the London North West University Healthcare NHS Trust Board in respect of activities related to the charitable fund (2021:£nil).

18.2 Transactions with Trustees or connected persons

Name of party involved, a description of the transaction and description of nature of the of the relationship.	Amount 2021-22 £	Amount 2020-21 £
London North West University Healthcare NHS Trust recharges to London North West Healthcare Charitable Fund	419,594	501,621
London North West Healthcare Charitable Fund repayment from London North West University Healthcare NHS Trust	182,891	0
		501.404
Total	602,485	501,621
Name of party involved, a description of the transaction and description of nature of the of the relationship. Balance Owed to London North West University Healthcare NHS Trust	Amount 2021-22 £ 9,437	Amount 2020-21 £
Name of party involved, a description of the transaction and description of nature of the of the relationship.	Amount 2021-22 £	Amount 2020-21 £

19. Trustee indemnity insurance Trustee indemnity insurance was not obtained

Trustee indemnity insurance was not obtained.

Thank You!

LNWH Charity says a huge thanks to every donor and supporter for their generous contributions. We really appreciate you helping us to significantly enhance the patient and staff experience, at all three of our hospital sites.





Healthcare Charity

Brent, Ealing & Harrow

Enhancing the lives of our patients and staff

North West

London

If you would like to know more about our work, the impact we have made, and how our funding has been utilised, you can view our achievements at Inwhcharity.org.uk or contact the fundraising team on 020 8869 3367.

- @LnwhCharity
- www.facebook.com/LNWHC
- ◆ Inwhcharity.org.uk

Some photos used in the publication were taken before masks and social distancing were a requirement in the healthcare setting.