

REGISTERED COMPANY NUMBER: 06468412 (England and Wales)
REGISTERED CHARITY NUMBER: 1123842

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

FOR

MENTAL HEALTH MATTERS WALES LTD

Bevan Buckland LLP
Chartered Accountants
And Statutory Auditors
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

MENTAL HEALTH MATTERS WALES LTD

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FOR THE YEAR ENDED 31 MARCH 2022**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our charity's purpose as set out in the company's memorandum of association are to 'promote the mental and emotional health and well-being of the public through the provision of information, advocacy, training and support'.

Significant activities

Our main activities and who we try to help are described in the following pages. All our charitable activities focus on the promotion of the mental and emotional health and well-being of the public and are undertaken to further our charitable purposes for the public benefit.

The charity carries out these objectives by:

- Providing various services throughout Wales which supports adult wellbeing and supports those with mental health related issues/problems which include wellbeing hubs, telephone befriending & support and peer support groups which include eating disorders, self-harm and LGBTQI+
- Providing advocacy services across Wales for adults suffering mental health issues/problems, those who lack capacity, older people with mental health problems and/or dementia and those eligible in relation to the Social Services and Wellbeing (Wales) Act 2014, and a commitment to raising awareness of advocacy.
- Providing counselling and training services (including workshops) for adults suffering mild to moderate mental health problems.
- Providing cognitive impairment services to support those who have cognitive impairment and their carers both within hospital settings and the community.

The Trustees confirm they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

**REPORT OF THE TRUSTEES
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OBJECTIVES AND ACTIVITIES

Who used and benefited from our services?

Our objects and funding limit the services we provide to those resident in Wales. Specific funding requirements limit those we can support, for example, the Independent Mental Capacity Advocacy (IMCA) Service is limited to accepting instruction from medical and social services sources and by very specific eligibility criteria, and the Independent Professional Advocacy (IPA) service is restricted to only those who meet the criteria within the Social Services and Wellbeing (Wales) Act 2014.

The IMCA service is delivered across the Hywel Dda and Swansea Bay University Health Board footprint areas; these footprints cover the local authority areas of Neath Port Talbot, Swansea, Carmarthenshire, Pembrokeshire and Ceredigion. The IPA service is delivered across the Bridgend, Neath Port Talbot and Swansea Local Authority footprint.

We are also restricted in the provision of some services because of the geographical area specified by funders, for example, wellbeing hubs, wellbeing retreat, self-harm self-help project, and information service are restricted to the Bridgend County Borough footprint area. We are generally unrestricted in where we deliver counselling, training and education, unless this is specifically commissioned.

The impact of our work goes far beyond those we help directly, this may include reducing the distress experienced by their families and friends of people with mental or emotional health issues as well as reducing the impact upon front line and secondary mental health or related services.

The main areas of charitable activities are:

- Wellbeing hubs (drop-in centres)
- Out of hours Wellbeing Retreat (crisis support)
- Independent Mental Capacity Advocacy (IMCA)
- Deprivation of Liberty (Paid Relevant Persons Representative)
- Counselling
- Youth Eating Disorder support
- Information services
- Community Advocacy service (mental health)
- Independent Professional Advocacy (IPA)
- Cognitive impairment/Dementia Wellbeing Activity Support
- Peer support groups

OBJECTIVES AND ACTIVITIES

Significant activities

- SHARE - Self-harm- self-help information and peer support groups
- SORTED- Eating disorder information and peer support groups
- LBGTQI+ information and peer support groups
- Community Liaison Support
- Training, education and public awareness
- Lobbying and campaigning
- Disclosure and Barring Service (DBS Cymru)

Volunteers

Volunteers always play an invaluable part in supporting MHM Wales to deliver its services, however; during 2021-2022 volunteer support has been an exceedingly invaluable role in ensuring the services, including the additional services delivered by MHM Wales. We are fully aware without volunteers we would not be able to deliver such a comprehensive range of services which help us to meet the diverse needs of people who access them. Volunteers are greatly appreciated by the Trustees (who are themselves volunteers) our staff and beneficiaries. We would like to recognise each individual who has given their time and experience freely during this financial reporting year.

In terms of the real value and contribution, it is impossible to cost the difference volunteers make to the delivery of our services.

The impact of Covid-19 on achieving our objectives

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

OBJECTIVES AND ACTIVITIES

The ongoing Covid-19 pandemic, and the measures taken in response to it in the UK, meant we needed to continue looking at new ways of delivering out services during 2021. We sought to ensure the safety and wellbeing of our staff, volunteers and others we work with during this time through a number of measures; which involved continued remote and hybrid working through utilising video conferencing soft (Teams, WhatsApp, and ZOOM) and through providing telephone support. During 2021-22 with the relaxation of COVID restrictions we were able to reopen some of our face to face services following government guidelines and through making services appointment/registration only to ensure social distancing measures could be adhered to.

MHM Wales has continued to see increases in those requiring support throughout 2021-2022 and continued Welsh Government COVID-19 response funding and Health Board funding helped the charity to deliver a wide range of additional support services within hospital and community setting, these services included providing additional online peer support groups for self-harm support and providing wellbeing activity support within the Ysbyty'r Seren "field hospital" and additional advocacy support services supporting those affected by COVID-19. Some of these services ended on the 31st March 2022, whilst some were still funded up to September 2022.

As a result of the additional funding made available through different sources, we were able to not only sustain our essential work and achieve our objectives for the year, but were also able to deliver a wide variety of additional services to those needing support due to the COVID-19 pandemic and subsequent economic downturn caused by the pandemic.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Wellbeing Hubs

Due to the COVID-19 Pandemic and lockdowns during 2020-2021 which meant the charity was unable to deliver our core Wellbeing hubs at Nolton Church hall in Bridgend, Halo Leisure Centre in Maesteg, Cefn Glas Community Centre and the YMCA in Porthcawl a review of these services took place during 2021-22 and the review and new way of delivering wellbeing services meant we were able to utilise our premises in Quarella Road to provide services in Bridgend. We also left the leisure centre in Maesteg and opened a hub in Ogmere Vale to support the Ogmere vale community where a number of suicides take place. The Porthcawl venues has now reopened. The Community Services team which delivers the wellbeing hubs now also provide activities within the community, these include walking group and gardening groups.

The reopening of the wellbeing hubs after the COVID-19 lockdown ended required pre-booking to attend to ensure social distancing could be adhered to, further removal of restrictions finally meant our "open door" policy which means no referral is required for someone to attend could be re-introduced, the hubs are Service User led in that activities, etc. are dictated by attendees and not staff and can be accessed by anyone and provide a meeting place to enable social activities, networking, befriending, support, refreshments and information on mental health promotion and mental health issues, this information is also available for carers..

Due to the pandemic, we were unable to continue the Friends of Coity project which provides an independent listening service so patients can share their experiences of Coity Clinic, however; we hope to restart this service during the latter part of 2022.

Wellbeing Retreat

The wellbeing retreat opened on the 18 December 2020 and is an adult (18+) "out of hours" service. Its purpose is to provide a homely non-clinical environment which is safe, welcoming, and calm and relaxed to support those with mental health problems who are experiencing social distress, for example; anxiety, depression, loneliness, isolation, domestic, family, relationship issues, carer's responsibilities, stresses and other issues which may also be affecting their mental health and mental wellbeing.

Access to the Retreat is by appointment only through a referral process. Referral can only be accepted if they are received from professional health, social services or social care staff from either statutory services or third sector organisation. The Retreat does not currently accept self-referrals.

The Retreat's support delivery is non-clinical and focusses on a holistic person centred community-based and socially-inclusive approach. The service supports individuals to forge connections with other mental health and community groups/members to help aid their recovery and to improve their environmental, physical emotional needs. This is achieved by providing 1-2-1 support which engage individuals whilst focussing on not only on their immediate distress but also the causes.

Independent Mental Capacity Advocacy (IMCA)

We continue to deliver the IMCA service across the Health Board footprints of both Hywel Dda University Health Board and Swansea Bay University Health Board.

The IMCA service provides statutory advocacy under the Mental Capacity Act 2005 and provides support to those over 16 years of age who lack capacity (in closely defined areas) and are un-befriended (no family or friend who can speak on their behalf). The Health Boards' footprint areas cover the local authority areas of Carmarthenshire, Pembrokeshire, Ceredigion, Neath Port Talbot and Swansea. Due to Health Board Boundary changes in April 2019 we no longer provide the IMCA service in the Bridgend County Borough as this area now comes under Cwm Taff Morgannwg University Health Board.

Paid Relevant Person's Representative Service (PRPR)

MHM Wales Paid Relevant Person's Representatives are qualified advocates who have specialist knowledge of the Mental Capacity Act and Deprivation of Liberty Safeguards legislation who support people who lack capacity throughout Mid Wales, South Wales, South East Wales and South West Wales.

The Paid Representative's role includes:

- Visiting the person deprived of their liberty on a regular basis.

**REPORT OF THE TRUSTEES
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- Supporting the person to understand their DoLS authorisation and how it affects them.
- Assisting the person to exercise their rights should they wish to do so.
- Ensuring any conditions attached to the authorisation are met and dealt with in a timely fashion.
- Call for a review of the authorisation where necessary, challenge the authorisation through local means where possible or ultimately support the individual to have access to the Court of Protection.

Our Paid Relevant Person's Representatives are independent from the care home or hospital as well as the Local Authority, Health Board and Supervisory Body / DoLS team.

Information

The organisation provides an information service for people who have mental health issues, carers and providers. The information worker provides information sessions at a range of different venues, including the wellbeing centres, supermarkets business venues and the psychiatric unit at the Princess of Wales hospital, and responds to individual requests for information.

The information worker continues to develop the website www.grapevines.info which provides information on mental health and wellbeing services within the Bridgend area and also updates our Facebook page ([Facebook.com/mhmwales](https://www.facebook.com/mhmwales)) which now has over 55,000 likes and followers.

SHARE - Self-harm Self-help Peer Support Group

The self-harm self-help peer support group is funded by the charities free reserves. The peer support group originated from the Big Lottery Fund "Community Voice" initiative which commenced on 1 April 2013. The aim of the original service was to increase the voice of citizens and especially those who are most marginalised in local policy and planning processes.

In Partnership with New Horizons Mental Health (based in Aberdare) we received Welsh Government funding to expand the service into Rhondda Cynon Taff up to the 31 March 2022.

Bridgend Community Mental Health Advocacy (CAS)

The Community Mental Health Advocacy Service and Mental health and Wellbeing Advocacy works with people living in the Bridgend County who experience mental health related issues to have their voice heard and acted upon when dealing with primary and secondary health and social care providers. CAS is funded through free reserves and CAS provides advocacy support to those which fall outside the remit of the Mental Health and Wellbeing Advocacy and also the Community Mental Health Advocacy service which is commissioned by the Health Board with another agency.

COVID-19 Advocacy support for Bridgend, Neath Port Talbot and Swansea.

During 2020 the Welsh Government provided funding in relation to their COVID-19 response grants and we were able to procure additional funding to provide an advocacy service covering Bridgend, Neath Port Talbot and Swansea. This advocacy service supports those who have been affected by the pandemic, during the period September 2021 to March 2022 the service supported over 150 individuals affected by the COVID-19 Pandemic.

SORTED - Eating Disorder Self-help Peer Support Group

SORTED is the name for the eating disorder self-help group run by MHM Wales in the Bridgend Borough which provides a Peer-2-Peer support to people with all types of eating disorders including their carers, families and friends.

Working in partnership with the Botanic Gardens in Carmarthenshire we received funding to deliver a SORTED support group at their venue and also developed a "RAG" group within Trinity St. David's University.

SORTED offers an opportunity to meet people who may be in a similar situation in a safe and confidential space. People support each other by sharing experiences, thoughts, successes and problems or by simply listening. These groups do not offer treatment, therapy or counselling and cannot diagnose or make medical referrals.

The peer support group is run by MHM Wales volunteers who use their skills, knowledge and expertise through offering support and information. We receive no funding and rely solely on donations and the generosity of the public to be able to continue delivering the group.

The peer support group has taken place over ZOOM video conferencing app over the 2020-2021 period due to the COVID-19 Pandemic.

LBGTQI+ Peer Support Group

Our LBGTQI+ peer support group unfortunately ended during 2021-22 as many of those who attended face to face were not interested in the group being held over ZOOM, we hope to relaunch the peer support groups as a face to face group in the latter part of 2022.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Training

During 2021-2022 MHM Wales provided 200 free Mental Health First Aid places to those who live or work in the Bridgend, Neath Port Talbot, Swansea and Newport area

The Mental Health First Aid course content aims to help create stronger, more resilient individuals, communities, and workplaces by:

- Raising awareness of mental health issues in the community and the workplace.
- Teaching people how to spot the early signs of mental ill health & provide early intervention first aid for others.
- Teaching people to better take care of their own wellbeing.
- Helping organisations to effectively embed mental health first aid into their policies, procedures, and systems.

Talking Connections (Counselling service)

Our Talking Connections counselling service continues to be delivered online as many people prefer this, however; face to face counselling has restarted in venues in Bridgend and North Wales, Our counsellor's use a variety of different video conferencing software methods to ensure sessions could continue to take place to provide low cost (donation) counselling to those who are unable to access counselling through statutory services due to their waiting times or do not wish to receive counselling in the areas where they reside,

Counselling can help clients to express their feelings, to clarify their thoughts and to understand themselves better. It assists clients to identify choices and to make changes in their life so that they can manage them more effectively.

Wellbeing Activity Support (Cognitive Impairment)

Our Wellbeing Activity Support (Cognitive Support) delivered in St. David's hospital in Cardiff continued to be provided ensuring much needed therapeutic support to patients. Patients are those who no longer need active medical treatment but whose additional needs delayed them leaving hospital. The ward predominantly receives patients with dementia, cognitive impairment or other complex needs and to help support patients in maintaining as normal life as possible while waiting for transfer from hospital. Our Wellbeing Activity Support service provide a range of stimulating and engaging activities for patients to take part in.

Activities include regular music sessions where patients can sing and play instruments, take part in arts and crafts, exercise and tea parties to enhance their social interactions during their stay and encourage normal sleep patterns at night.

The service has evolved during 2021-22 to also include an "hospital to home" community liaison support service which provides support within the hospital and at the person home for a number of weeks after discharge to help the person make connections within their community to socialise and provide additional support for them at home.

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FOR THE YEAR ENDED 31 MARCH 2022**

Independent Professional Advocacy (IPA)

The Social Services and Well-being (Wales) Act 2014 place a requirement on Local Authorities to commission Advocacy. The Act came into force in April 2016 and this changed the way local councils in Wales provide social care and support. The Act required Local Authorities to consider whether an individual may have a need for Independent Professional Advocacy (IPA) at every step of their journey through the social services system, including at their first point of contact.

The Part 10; Code of Practice on Advocacy ("the Code") states within Para 47:

"Local authorities must arrange for the provision of an Independent Professional Advocate when a person can only overcome the barrier(s) to participating fully in the assessment, care and support planning, review and safeguarding processes with assistance from an appropriate individual, but there is no appropriate individual available"

This service continued to be delivered during 2021-2022 through staff working in a hybrid manner working remotely through using telephone and video conferencing software and meeting face to face. MHM Wales provides the mental health and general IPA service within Bridgend and the general/specialist in Swansea and Neath Port Talbot.

Ysbyty'r Seren "field hospital"

Ysbyty'r Seren was setup as field hospital by Cwm Taf Morgannwg Health Board in response to the COVID-19 Pandemic and was used to support patients who were recovering from the effects of COVID-19 to free up critical care beds in the main hospitals. MHM Wales provided wellbeing activating support within Ysbyty'r Seren on a similar basis to that provided within St. David's in Cardiff, the staff also supported patients to keep contact with their loved ones who were unable to visit by utilising "tablets" to undertake video calls. This service is due to end in May 2022 when the field hospital finally closes.

Youth Eating Disorder Support Service

This is a new service which started in December 2021 and works with children and young people who have an eating disorder who may be waiting for an assessment on their condition or have been referred to the service by the children and adolescent mental health services (CAMHS) for Rhondda Cynon Taff.

Disclosure and Barring Service (DBS Cymru)

DBS Cymru is the name of our umbrella service we provide on behalf the Disclosure and Barring Service (DBS) to facilitate standard and enhanced DBS checks for volunteers as well as businesses and the self-employed. Any surplus income generated by DBS Cymru helps to support the primary aims of MHM Wales by providing income to deliver existing services which no funding is received and allows the development and implementation of new services which help support our primary aims.

During the 2021-22 financial year period we processed 703 applications. DBS Cymru continued to service and maintain the steady existing loyal customer base as well as facilitating to a number of new clients we welcomed during the reporting period.

Volunteer Service

Volunteers provide support at the wellbeing centres, counselling service, SHARE and SORTED peer support groups and provide additional aspects to the work the community services team is able to provide. Our volunteers raise the quality and impact of services undertaken in these settings and volunteers come from a wide range of age groups and backgrounds and include people who have been beneficiaries of our services.

Volunteers play a vital part in delivering quality services. All volunteers bring different qualities and skills which in turn all allow MHM Wales to continue providing a high standard of support and various activities which would not be possible considering the overall costs (approximately £39,000) which would be involved if the organisation were to employ people to deliver these services and projects.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

Reserves policy

The total income of £1,408,548 (2021: 1,269,347) was spent on direct charitable expenditure totalling £1,204,277 (2021: £964,77). A surplus of £204,271 (2021: surplus of £304,569).

The Statement of Financial Activities reflects the income and expenditure incurred by Mental Health Matters Wales Ltd in carrying out its role in respect of its objectives. The total funds at 31 March 2022 were £1,588,651 (2021: £1,384,380), with £1,588,651 (2021: £1,384,380) being designated and restricted.

The Board has set out the charity's reserve policy to enable trustees to be in proper financial control of the organisation and meet its legal obligations. The reserve policy is a product of the charity's strategic planning, budgeting and risk management process. This policy is non static and is reviewed on an annual basis by the Board of Trustees.

The Board has set the reserves policy based on the following:-

- Contingency planning-critical costs
- Reserves to meet the medium term strategic plan
- Reserves to match any capital spend
- Any remaining reserves represents the 'true free reserves' of the charity

By reviewing the reserves policy annually the Board will review the organisation's financial circumstances and operational environment and ensure the level of reserves is monitored as part of the budget and financial reporting process.

FUTURE PLANS

The charity aims to continue to offer the full range of services it currently offers and expand its operations.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The executive committee is made up of the trustees. Members of the executive committee are elected at each Annual General Meeting from nominations received from the members, and serve for three years, after which period they may put themselves forward for re-appointment. Officer posts are elected annually.

The executive committee must consist of a minimum of three members, with no more than three members due for re-appointment in any one year. The Secretary is appointed by the executive committee and is currently the Chief Executive Officer (Richard Jones).

The executive committee meets regularly, every two months. A financial sub-committee is responsible for overseeing the financial operations of the charity. A personnel sub-committee oversees all matters relating to human resources and the development and review of policies. Both sub-committees report directly to the full board meetings.

The executive committee may make co-options during the year, but such persons must be elected at the next Annual General Meeting following to continue beyond it.

A trustee shall cease to hold office if they become disqualified, are absent from meetings for a qualifying period, notifies the trustees of their wish to resign, ceases to be a member, or fails to declare an interest in a contract of the charity.

Organisational structure

Senior management team:

Mr Richard Jones Chief Executive Officer
Mrs Michaela Moore Director

Day to day management of the organisation is delegated to the Chief Executive Officer as stated above. The adoption of aims and objectives or strategies to achieve them, and of policies and procedures are matters for the executive committee, as is the responsibility for ensuring compliance with various legal and regulatory obligations of the organisation and of the Trustees.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

At the time of writing this report we are at the beginning of a worldwide pandemic which has seen the Government of the UK place movement restriction upon the whole country. The effect of these restrictions will undoubtedly have an effect on the mental health and wellbeing of many people which will be affected by what is being called "the lockdown". We envisage demand for our services will increase greatly over the following year.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06468412 (England and Wales)

Registered Charity number

1123842

Registered office

Union Offices
Quarella Road
Bridgend
Mid Glamorgan
CF31 1JW

Trustees

S A Hawas Quality Manager
R I Jamil Consultant
Ms P Nolan Family Support Worker
Ms D Patel Paralegal
R Young Lecturer
Ms P Connett-White Carer (resigned 7.11.22)
Mrs N E Silcox (appointed 8.7.22)
J C Spanswick County Borough Councillor

Company Secretary

R Jones

Auditors

Bevan Buckland LLP
Chartered Accountants
And Statutory Auditors
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mental Health Matters Wales Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Bevan Buckland LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 20 December 2022 and signed on its behalf by:

R Young - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD

Opinion

We have audited the financial statements of Mental Health Matters Wales Ltd (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the Financial Statements, whether due to fraud or error, and then, design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

We discussed our audit independence complying with the Revised Ethical Standard 2019 with the engagement team members whilst planning the audit and continually monitored our independence throughout the process.

Identifying and assessing potential risks related to irregularities.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- enquiring of management, including obtaining and reviewing supporting documentation, concerning the company's policies and procedures relating to:

- identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
- internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;

- discussing among the engagement team how and where fraud might occur in the Financial Statements and any potential indicators of fraud. As part of this discussion, we identified potential for fraud in the following areas:

- Revenue Recognition

- obtaining an understanding of the legal and regulatory frameworks that the company operates in, focusing on those laws and regulations that had a direct effect on the Financial Statements or that had a fundamental effect on the operations of the Group. The key laws and regulations we considered in this context included the UK Companies Act and relevant tax legislation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Jones (Senior Statutory Auditor)
for and on behalf of Bevan Buckland LLP
Chartered Accountants
And Statutory Auditors
Ground Floor Cardigan House
Castle Court
Swansea Enterprise Park
Swansea
SA7 9LA

22 December 2022

MENTAL HEALTH MATTERS WALES LTD

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Advocacy Services		760,443	-	760,443	552,958
Befriending		18,308	-	18,308	23,507
Community Services Support		495,629	-	495,629	588,849
DBS Cymru		17,402	-	17,402	29,678
Other		1,879	-	1,879	11,778
Grants		15,742	-	15,742	3,766
Peer Support Group		-	-	-	9,679
COVID-19 Support		99,144	-	99,144	48,415
Investment income	2	<u>1</u>	-	<u>1</u>	<u>717</u>
Total		<u>1,408,548</u>	-	<u>1,408,548</u>	<u>1,269,347</u>
EXPENDITURE ON					
Charitable activities					
	4				
Advocacy Services		493,057	-	493,057	429,151
Befriending		10,457	-	10,457	36,784
Community Services Support		505,834	-	505,834	351,125
DBS Cymru		5,025	-	5,025	27,147
Other		147,576	-	147,576	89,379
Grants		11,817	-	11,817	4,502
Peer Support Group		2,402	-	2,402	6,496
COVID-19 Support		28,109	-	28,109	20,194
Total		<u>1,204,277</u>	-	<u>1,204,277</u>	<u>964,778</u>
NET INCOME		204,271	-	204,271	304,569
RECONCILIATION OF FUNDS					
Total funds brought forward		1,384,380	-	1,384,380	1,079,811
TOTAL FUNDS CARRIED FORWARD		<u>1,588,651</u>	-	<u>1,588,651</u>	<u>1,384,380</u>

The notes form part of these financial statements

MENTAL HEALTH MATTERS WALES LTD (REGISTERED NUMBER: 06468412)

**BALANCE SHEET
31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	10	319,746	-	319,746	327,913
CURRENT ASSETS					
Debtors	11	246,093	-	246,093	141,731
Cash at bank and in hand		<u>1,077,480</u>	-	<u>1,077,480</u>	<u>962,478</u>
		1,323,573	-	1,323,573	1,104,209
CREDITORS					
Amounts falling due within one year	12	(54,668)	-	(54,668)	(47,742)
NET CURRENT ASSETS					
		<u>1,268,905</u>	-	<u>1,268,905</u>	<u>1,056,467</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		1,588,651	-	1,588,651	1,384,380
NET ASSETS					
FUNDS	13	<u>1,588,651</u>	-	<u>1,588,651</u>	<u>1,384,380</u>
Unrestricted funds				<u>1,588,651</u>	<u>1,384,380</u>
TOTAL FUNDS				<u>1,588,651</u>	<u>1,384,380</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 December 2022 and were signed on its behalf by:

R Young - Trustee

MENTAL HEALTH MATTERS WALES LTD

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	<u>115,001</u>	<u>243,139</u>
Net cash provided by operating activities		<u>115,001</u>	<u>243,139</u>
Cash flows from investing activities			
Interest received		<u>1</u>	<u>717</u>
Net cash provided by Investing activities		<u>1</u>	<u>717</u>
Change in cash and cash equivalents in the reporting period			
		115,002	243,856
Cash and cash equivalents at the beginning of the reporting period		<u>962,478</u>	<u>718,622</u>
Cash and cash equivalents at the end of the reporting period		<u>1,077,480</u>	<u>962,478</u>

The notes form part of these financial statements

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Net Income for the reporting period (as per the Statement of Financial Activities)	204,271	304,569
Adjustments for:		
Depreciation charges	8,168	8,168
Interest received	(1)	(717)
Increase in debtors	(104,362)	(64,534)
Increase/(decrease) in creditors	6,925	(4,347)
Net cash provided by operations	<u>115,001</u>	<u>243,139</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21	Cash flow	At 31.3.22
	£	£	£
Net cash			
Cash at bank and in hand	962,478	115,002	1,077,480
	<u>962,478</u>	<u>115,002</u>	<u>1,077,480</u>
Total	<u>962,478</u>	<u>115,002</u>	<u>1,077,480</u>

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from advocacy and DBS services is recognised when the charity has entitlement to the monies, and it is probable that the income will be received and the amount can be measured reliably.

Income from donations and fundraising is recognised when the respective income is received.

Income from government and other grants, and as a result of service level agreements is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probably that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities, both costs directly attributable and indirect support costs.

Allocation and apportionment of costs

Costs have been allocated as far as possible between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly. Others have been apportioned based on the estimated usage of the resource.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 15% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the report of the trustees.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Government grants

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the useful life of the asset. Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Hire purchase and Leasing agreements

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is shorter.

The interest element of these obligations is charged to profit or loss over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Employee benefits

The charity provides a range of benefits to employees, paid holiday arrangements and defined benefit and defined contribution pension plans.

Short term benefits

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

Functional and Presentational currency

The functional and presentational currency is £ sterling.

Going Concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

2. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	<u>1</u>	<u>717</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022	2021
		£	£
Grants	Advocacy Services	63,746	35,728
Other Income	Advocacy Services	553	-
PRPR income	Advocacy Services	272,616	165,554
SLA	Advocacy Services	423,528	351,676
Grants	Befriending	18,308	23,507
Grants	Community Services Support	69,088	12,112
Other income	Community Services Support	8,884	13,797
Donations	Community Services Support	3,383	13,381
SLA	Community Services Support	414,274	549,559
Other income	DBS Cymru	17,402	29,678
Other income	Other	-	225
Donations	Other	1,879	11,553
Grants	Grants	14,992	3,766
Donations	Grants	750	-
Grants	Peer Support Group	-	8,751
Donations	Peer Support Group	-	928
Grants	COVID-19 Support	99,144	48,415
		<u>1,408,547</u>	<u>1,268,630</u>

	Grants	Other	PRPR	Donat-ions	SLA	Total
£	£	£	£			
Advocacy Services	63,746	553	258,415	-	423,528	746,242
Community Services Support	69,088	8,884	-	3,383	414,274	495,629
Befriending	18,308	-	-	-	-	18,308
DBS Cymru	-	17,402	-	-	-	17,402
Other	-	14,201	-	1,879	-	16,080
Grants	14,992	-	-	750	-	15,742
Covid-19 Support	99,144	-	-	-	-	99,144
	<u>265,278</u>	<u>41,040</u>	<u>258,415</u>	<u>6,012</u>	<u>837,802</u>	<u>1,408,547</u>

Grants received, included in the above, are as follows:

	2022	2021
£	£	
Talking Connections	15,647	-
Job Retention Scheme		7,202
Advocacy South Wales	54,625	
BAVO Grant	3,341	
Covid-19 Response	107,345	79,986
ICF	16,372	12,833
Therapeutic Support Service	49,640	
Befriending: Moving on Project	18,308	23,507
National Lottery		8,751
	<u>265,278</u>	<u>132,279</u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Advocacy Services	336,135	156,922	493,057
Befriending	10,262	195	10,457
Community Services Support	472,446	33,388	505,834
DBS Cymru	4,934	91	5,025
Other	64,316	83,260	147,576
Grants	9,609	2,208	11,817
Peer Support Group	1,443	959	2,402
COVID-19 Support	27,857	252	28,109
	<u>927,002</u>	<u>277,275</u>	<u>1,204,277</u>

5. SUPPORT COSTS

	Management £	Support costs £	Totals £
Advocacy Services	156,485	437	156,922
Befriending	195	-	195
Community Services Support	27,470	5,918	33,388
DBS Cymru	91	-	91
Other	69,689	13,571	83,260
Grants	2,168	40	2,208
Peer Support Group	959	-	959
COVID-19 Support	212	40	252
	<u>257,269</u>	<u>20,006</u>	<u>277,275</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Auditors' remuneration	5,897	5,460
Auditors' remuneration for non audit work	3,245	3,005
Depreciation - owned assets	<u>8,167</u>	<u>8,168</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

8. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	1,051,843	832,527
	<u>1,051,843</u>	<u>832,527</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Direct employees	42	34
Administrative staff	6	4
	<u>48</u>	<u>38</u>

No employees received emoluments in excess of £60,000.

The key management personnel received £127,451 (2021: 127,739) in remuneration in the year.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Advocacy Services	552,958	-	552,958
Befriending	23,507	-	23,507
Community Services Support	588,849	-	588,849
DBS Cymru	29,678	-	29,678
Other	11,778	-	11,778
Grants	3,766	-	3,766
Peer Support Group	9,679	-	9,679
COVID-19 Support	48,415	-	48,415
Investment income	717	-	717
Total	<u>1,269,347</u>	<u>-</u>	<u>1,269,347</u>
EXPENDITURE ON			
Charitable activities			
Advocacy Services	429,151	-	429,151
Befriending	36,784	-	36,784
Community Services Support	351,125	-	351,125
DBS Cymru	27,147	-	27,147
Other	89,379	-	89,379
Grants	4,502	-	4,502
Peer Support Group	6,496	-	6,496
COVID-19 Support	20,194	-	20,194
Total	<u>964,778</u>	<u>-</u>	<u>964,778</u>
NET INCOME	304,569	-	304,569
Transfers between funds	19,155	(19,155)	-
Net movement in funds	<u>323,724</u>	<u>(19,155)</u>	<u>304,569</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	1,060,656	19,155	1,079,811

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued			
	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>1,384,380</u>	<u>-</u>	<u>1,384,380</u>
10. TANGIBLE FIXED ASSETS			
	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2021 and 31 March 2022	<u>396,730</u>	<u>33,800</u>	<u>430,530</u>
DEPRECIATION			
At 1 April 2021	69,168	33,449	102,617
Charge for year	7,934	233	8,167
At 31 March 2022	<u>77,102</u>	<u>33,682</u>	<u>110,784</u>
NET BOOK VALUE			
At 31 March 2022	<u>319,628</u>	<u>118</u>	<u>319,746</u>
At 31 March 2021	<u>327,562</u>	<u>351</u>	<u>327,913</u>
11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		2022	2021
		£	£
Trade debtors		27,996	13,280
Other debtors		1,264	1,039
Grants receivable		213,344	124,357
Prepayments		3,489	3,055
		<u>246,093</u>	<u>141,731</u>
12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
		2022	2021
		£	£
Trade creditors		9,714	12,833
Social security and other taxes		13,224	-
Accrued expenses		31,730	34,909
		<u>54,668</u>	<u>47,742</u>

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

13. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
PRPR/ Advocacy services	399,199	186,330	(585,529)	-
DBS income	8,298	12,377	(20,675)	-
General fund	81,375	29,977	(91,939)	19,413
Designated Capital Fund	327,913	(8,167)	-	319,746
Critical Costs	294,787	-	602,000	896,787
Better Together Project	-	892	(892)	-
Integrated Care Fund	4,910	11,450	-	16,360
Therapeutic Support Service	191,637	(90,292)	-	101,345
Wellbeing Services	53,237	42,049	(95,286)	-
Covid Response	23,024	19,655	(42,679)	-
Designated New Property	-	-	165,000	165,000
Designated Improvements to New Property	-	-	20,000	20,000
Designated Committed Projects	-	-	50,000	50,000
	<u>1,384,380</u>	<u>204,271</u>	<u>-</u>	<u>1,588,651</u>
TOTAL FUNDS	<u>1,384,380</u>	<u>204,271</u>	<u>-</u>	<u>1,588,651</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
PRPR/ Advocacy services	728,226	(541,896)	186,330
DBS income	17,402	(5,025)	12,377
General fund	164,465	(134,488)	29,977
Designated Capital Fund	1	(8,168)	(8,167)
Better Together Project	3,341	(2,449)	892
Integrated Care Fund	35,430	(23,980)	11,450
Therapeutic Support Service	158,120	(248,412)	(90,292)
Wellbeing Services	194,219	(152,170)	42,049
Covid Response	107,344	(87,689)	19,655
	<u>1,408,548</u>	<u>(1,204,277)</u>	<u>204,271</u>
TOTAL FUNDS	<u>1,408,548</u>	<u>(1,204,277)</u>	<u>204,271</u>

MENTAL HEALTH MATTERS WALES LTD

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
PRPR/ Advocacy services	337,709	61,222	268	399,199
DBS income	5,767	2,531	-	8,298
General fund	30,048	41,138	10,189	81,375
Designated Capital Fund	336,081	(8,168)	-	327,913
Critical Costs	294,787	-	-	294,787
Better Together Project	10,769	(11,137)	368	-
Integrated Care Fund	1,904	(5,324)	8,330	4,910
Therapeutic Support Service	43,591	148,046	-	191,637
Wellbeing Services	-	53,237	-	53,237
Covid Response	-	23,024	-	23,024
	<u>1,060,656</u>	<u>304,569</u>	<u>19,155</u>	<u>1,384,380</u>
Restricted funds				
Community Cafe	8,737	-	(8,737)	-
Integrated Care Fund (ICF)	5,216	-	(5,216)	-
Cwm Taf Morgannwg UHB	5,202	-	(5,202)	-
	<u>19,155</u>	<u>-</u>	<u>(19,155)</u>	<u>-</u>
TOTAL FUNDS	<u>1,079,811</u>	<u>304,569</u>	<u>-</u>	<u>1,384,380</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
PRPR/ Advocacy services	540,282	(479,060)	61,222
DBS income	29,678	(27,147)	2,531
General fund	159,956	(118,818)	41,138
Designated Capital Fund	-	(8,168)	(8,168)
Better Together Project	-	(11,137)	(11,137)
Integrated Care Fund	36,340	(41,664)	(5,324)
Therapeutic Support Service	336,007	(187,961)	148,046
Wellbeing Services	110,150	(56,913)	53,237
Covid Response	56,934	(33,910)	23,024
	<u>1,269,347</u>	<u>(964,778)</u>	<u>304,569</u>
TOTAL FUNDS	<u>1,269,347</u>	<u>(964,778)</u>	<u>304,569</u>

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
PRPR/ Advocacy services	337,709	247,552	(585,261)	-
DBS income	5,767	14,908	(20,675)	-
General fund	30,048	71,115	(81,750)	19,413
Designated Capital Fund	336,081	(16,335)	-	319,746
Critical Costs	294,787	-	602,000	896,787
Better Together Project	10,769	(10,245)	(524)	-
Integrated Care Fund	1,904	6,126	8,330	16,360
Therapeutic Support Service	43,591	57,754	-	101,345
Wellbeing Services	-	95,286	(95,286)	-
Covid Response	-	42,679	(42,679)	-
Designated New Property	-	-	165,000	165,000
Designated Improvements to New Property	-	-	20,000	20,000
Designated Committed Projects	-	-	50,000	50,000
	<u>1,060,656</u>	<u>508,840</u>	<u>19,155</u>	<u>1,588,651</u>
Restricted funds				
Community Cafe	8,737	-	(8,737)	-
Integrated Care Fund (ICF)	5,216	-	(5,216)	-
Cwm Taf Morgannwg UHB	5,202	-	(5,202)	-
	<u>19,155</u>	<u>-</u>	<u>(19,155)</u>	<u>-</u>
TOTAL FUNDS	<u>1,079,811</u>	<u>508,840</u>	<u>-</u>	<u>1,588,651</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
PRPR/ Advocacy services	1,268,508	(1,020,956)	247,552
DBS income	47,080	(32,172)	14,908
General fund	324,421	(253,306)	71,115
Designated Capital Fund	1	(16,336)	(16,335)
Better Together Project	3,341	(13,586)	(10,245)
Integrated Care Fund	71,770	(65,644)	6,126
Therapeutic Support Service	494,127	(436,373)	57,754
Wellbeing Services	304,369	(209,083)	95,286
Covid Response	164,278	(121,599)	42,679
	<u>2,677,895</u>	<u>(2,169,055)</u>	<u>508,840</u>
TOTAL FUNDS	<u>2,677,895</u>	<u>(2,169,055)</u>	<u>508,840</u>

Transfers

The board made the decision to fund projects where funding had ceased out of core funds.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

13. MOVEMENT IN FUNDS - continued

Funds

Unrestricted funds

Unrestricted funds can be deployed in any way the charity sees fit, apart from designated reserves which are set aside for use in the designated projects. During the year the Board took the decision to partially fund several projects from these reserves.

PRPR Service

Paid Relevant Persons Representative (PRPR) - The service is undertaken by advocate with extensive knowledge of the MCA and DoLS legislation.

Supervisory Bodies for Health Boards and Local Authorities refer to the PRPR Service when there is no family member available or the family member is deemed not appropriate to be the Relevant Persons Representative (RPR).

The PRPR represent and support the relevant person in all matters relating to the deprivation of liberty safeguards, including, if appropriate, triggering a review, using an organisation's complaints procedures on the person's behalf or making an application to the Court of Protection. The services is available across Wales.

Better Together Project

Better together offers intergenerational activity sessions for people living with memory loss difficulties/dementia through the setting up and holding small localised groups creating opportunities to share stories and experiences with the overall goal of having those attending making friendships, sharing experiences, gain an understanding of memory loss difficulties/dementia and realising others may face similar issues as themselves.

DBS Cymru

Disclosure and Barring Service he Disclosure and Barring Service (DBS) was established in 2012 and carries out the functions previously undertaken by the Criminal Records Bureau (CRB) and the Independent Safeguarding Authority (ISA). DBS Cymru help to prevent unsuitable people from working with vulnerable groups, including children. The service is available to companies and who may require a DBS check for their staff or required by self-employed individual to show those who purchase their services.

Community Services

Our Community Services team provided a number of "outreach" wellbeing hubs and services (walking groups, etc.) throughout the borough of Bridgend. The service is open access available to anyone living or working in the Bridgend Borough. The services focuses on promoting mental health and wellbeing of the population of Bridgend and a variety of activities are undertaken at the wellbeing hubs ranging from anxiety and depressions courses to arts and crafts. Wellbeing hubs are held in Porthcawl, Bridgend and Ogmore Vale.

Covid Response and Advocacy Services

The COVID response advocacy service is delivered by fully trained and qualified advocates and is funded by the Welsh Governments COVID-19 Response funding which is designed to support those affected by COVID-19 and the subsequent lockdowns which took place. The services only qualifying criteria is that the person requiring advocacy support due to the effects of COVID upon their mental health and wellbeing. The service is delivered across Bridgend, Neath Port Talbot and Swansea Local Authority footprints.

Wellbeing Serlves

The Wellbeing Retreat is an out of hour's service which is delivered four days a week from our office in Quarella Road. The service is referral only and referrals are provided by statutory service providers (health, local authority, probation, police, etc.) and third sector partners.

The service supports individuals referred who may have mental health related issues and also may be suffering from social distress caused by a variety of issues.

WAC Service

Wellbeing Hub based in St. David's Hospital in Cardiff providing support to those with cognitive impairment who are medically fit but unable to leave hospital due to a range of different issues

MENTAL HEALTH MATTERS WALES LTD

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

15. ULTIMATE CONTROLLING PARTY

The charity is controlled by its Trustees.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.