

Registered Charity Number: 1086340

**GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022**

GARNANT FAMILY CENTRE
CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022

Contents

	Page
Report of the Trustees	2 - 7
Report of the Independent Examiner	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 - 13

GARNANT FAMILY CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2022

The trustees present their report with the financial statements of the charity for the year ended 5 April 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed and, the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number	1086340
Registered Office	25 Maes Y Bedol Garnant Ammanford Carmarthenshire SA18 2EP
Trustees	Councillor Kevin Madge - Chair Councillor Pauline Barker - Treasurer Rob Venus – Safeguarding Catrin Morris - Secretary
Advisory	Christina Jenkins - Plant Dewi
Bankers	Barclays Bank plc Ammanford Carmarthenshire
Independent Examiners	Rimmer & May Chartered Accountants 19 Murray Street Llanelli Carmarthenshire SA15 1AQ

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Garnant Family Centre is a charity governed by a constitution as adopted 21st September 2000. It is registered as a charity with the Charity Commission.

The aims and objects of the charity are "1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills. 2. The provision of facilities for recreation and other leisure time activities in the interests of social welfare with a view to improving conditions of life."

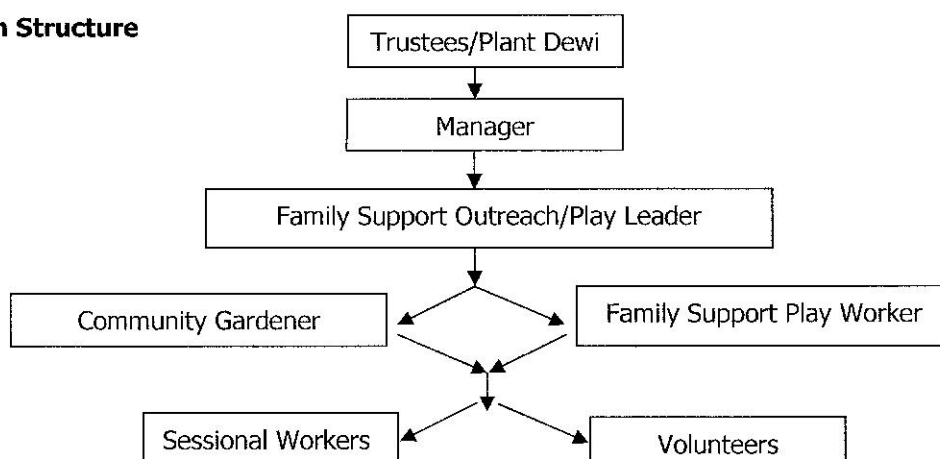
Appointment of Trustees

Trustees are appointed as set out in the Constitution of the charity. Professionals and service users within the community, who have a personal interest in the charity, are invited to join the management committee. Committee members can also be co-opted when appropriate.

Trustee Induction and Training

As part of induction all trustees are DBS checked and shown the relevant documentation regarding the running of the Family Centre.

Organisation Structure



Trustees are consulted on all aspects of accounting, policies and procedures and involved in the decision making regarding the day-to-day running of the Centre. The manager is responsible for keeping order of files, office work and overseeing all other day-to-day activities at the Centre.

Related Parties

Plant Dewi are appointed by the Family Centre Management Committee to manage and advise the Family Centre manager.

Risk Management

The trustees have carried out a review of the major risks to the organisation and believe that the level of reserves aimed for in the reserves policy below is sufficient to cover adverse conditions that the organisation may face. In addition the organisation has in place financial, personnel and health and safety controls to limit the likelihood and impact of risks. All activities and events are risk assessed prior to commencement. Appropriate DBS checks are done of all staff and volunteers. The trustees will actively monitor risk and review their policies at least annually.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

Financial risks have been reviewed and procedures put in place accordingly. A reserves policy has been established in line with the identified risks and is stated on page 6.

OBJECTIVES AND ACTIVITIES

The constitution states the two objects as

1. The preservation and protection of health and the relief of distress within family relationships by the provision of a resource and advice centre and by the education of the public in good parenting skills.
2. The provision of facilities for recreation and other leisure time activities for and in the interests of social welfare with a view to improving conditions of life.

The charity works in partnership with parents and carers. It empowers them in order to better cope with family life and therefore gives their children a better start in life.

The Aims of the Family Centre is to ensure children:-

- Have a flying start in life.
- Have a range of education and learning opportunities.
- Enjoy the best possible health, free from abuse.
- Have access to play, leisure and cultural activities.
- Are listened to and respected and have their identity recognised.
- Have a safe home and community.
- Are not disadvantaged by poverty.

The objectives for the next year are to continue to:-

- Provide a safe, warm, and welcoming environment.
- Provide access to high quality play experiences to support children's learning and development.
- Offer training and support to families.
- Provide access to information on parenting so parents can make informed choices.
- Provide opportunities to go on trips and participate in events.
- Provide open-door policy where everyone is welcomed.
- Continue outreach work to identify isolated families.
- Continue to provide courses, workshops, play activities for parents and their children to do together.
- Continue to involve and engage families and the community, in the Community Garden and spending more time outdoors.
- Continue with the development of the bumps to babies' group, baby massage and toddler group.
- To promote the health and wellbeing of the whole family through all the sessions facilitated by Family Centre Staff.
- To work with other agencies to promote positive outcomes and to empower families to feel part of the local community.
- To continue adapting services in response to the pandemic that continue to meet the above objectives

The changes that parents have fed back are that they have felt less socially isolated through participating in the groups we've facilitated such as Baby Massage, Bumps to Babies and our Toddler Group which have given them reassurance about their parenting through both peer and staff support. Through consultation, questionnaires and verbal feedback parents have reported how much they and their children have looked forward to attending sessions Families have enjoyed returning to the community garden and having face to face contact with the staff and other families, they have spoken about how lovely it is for the children to be able explore and play in the garden and the difference it has made to share their experiences of the pandemic with other families.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

The Family Centre staff provide a safe quality service and an opportunity to access information and other services that families may require in order to meet their individual needs. We offer a space to parents and children, to provide shared memories and to help relieve the stress and anxiety that comes through bringing up children. Through questionnaires and evaluation forms parents have told us that through attending the Family Centre, whether online or face to face, their families have:-

- Improved support networks.
- Improved skills on positive parenting.
- Improved relationships.
- Improved resilience.
- Increased confidence and self-esteem.
- Increased access to community resources.

ACHIEVEMENT AND PERFORMANCE

Garnant Family Centre has targeted and worked with numerous deprived families with pre and primary school aged children. These families had already faced many difficulties before the pandemic and their experiences of the pandemic then exacerbated some of the issues families dealt with and now these families are also having to deal with the cost of living crisis. Garnant Family Centre provides a non-judgemental space at the Family Centre, whether online, by phone, delivering activity packs, in other venues, or at the Community Garden, offering a wide range of support, participation and opportunities for both parents and children. For adults we provide access to online parenting courses, provided phone and face to face support, made referrals to other agencies, signposted parents to food banks, financial support and provided support through JAFF and TAF.

When restrictions were eased, staff delivered socially distanced weekly outdoor activities in our community garden and in the local park, while continuing to offer online sessions, delivering a blended service in line with Welsh Assembly Government guidance. Staff have worked with other organisations such as the National Botanic Gardens of Wales and Initiative for Conservation to provide families with sessions in bug hunting and developing skills in using tools such as saws and drills. In the Family Centre's Community Garden our Outreach Gardener has facilitated gardening activities with families and the Family Support Worker has provided sessions where toddlers and parents cook together. In the garden children got to use the mud kitchen and do lots of outdoor play activities based on using natural resources

Over the year baby massage sessions continued online attracting new parents and providing time for parents when they can just focus on their child. Families reported back to staff that they had made a difference by reducing isolation and helping parents gain skills in baby massage, plus a greater understanding of child development. Staff also supported breastfeeding mums during the Baby Massage sessions.

Activity Packs have allowed us to provide families with information on child development, as the activities are targeted at the children's age. We have provided kitchen science activities in our after school Crazy Kitchen Science Group for older children allowing them to attain skills in prediction and to feel confident in creating their own experiments.

We have continued to work with Flying Start through delivering Baby Massage and Language and Play sessions both outdoors and online. We have worked with Actif Play and Mentor Bro Dinefwr on providing active play sessions during the holidays. We have worked with the generic health visitor to support families and the Flying Start Health Visitor informs and refers families to our sessions. Through key working a TAF and contributing to a TAF, staff have worked with Homestart, and the TAF team.

Throughout the pandemic we have continued to offer parenting advice, emotional support and also referred to other health professionals with any concerns.

GARNANT FAMILY CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 5 APRIL 2022 Cont'd

We regularly monitor and evaluate our service, through feedback forms, questionnaires, suggestion boxes, and consultations to ensure that our aims and objectives are meeting our family's expectations and needs, and that we are providing the best possible service.

PUBLIC BENEFIT

The public benefit through having a service that provides families with children aged 0 - 4 (0 - 11 during school holidays) with free access to a wide variety of play activities, free accredited training courses and parenting skills, free trips and events, and an open-door policy promoting equal opportunities for all families. The Centre also works closely with other like-minded organisations and is therefore able to signpost families in need to other professionals. In providing this service we preserve and protect health and relieve stress within family relationships.

FINANCIAL REVIEW

Reserves Policy

The trustees reviewed the charity's needs for reserves in line with the guidance issued by the Charity Commission. The greatest area of risk to the effectiveness of the charity is loss of grant income as has happened at the beginning of this financial year to Garnant Family Centre, like many charities that have been affected by the pandemic. The trustees feel that, given their responsibilities to both the paid workers and the families who benefit from the services, a reserve of 3 – 4 months running costs (currently equivalent to between £14,675 and £19,567) should be held. This will allow the scheme to function for this period whilst additional funding is raised. The current level of reserves is £24,808. This level of reserves has been determined taking into account the fact that income is heavily dependent on grant income at present, the extent of protective measures (such as insurance), commitments it has to staff, and other obligations under agreements with third parties. The reserves policy is reviewed annually.

GARNANT FAMILY CENTRE**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 5 APRIL 2022 Cont'd****STATEMENT OF TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources including the income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the Provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This Report was approved by the Trustees on 19.1.2023 and signed on its behalf by

P. A. Bore

GARNANT FAMILY CENTRE

**REPORT OF THE INDEPENDENT EXAMINER
FOR THE YEAR ENDED 5 APRIL 2022**

Independent examiner's report to the Trustees of Garnant Family Centre

I report on the accounts of the Charity for the year ended 5 April 2022, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit and is eligible for independent examination, it is my responsibility to:

- to examine the accounts under section 145 of the Charities 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E Truman FCA
Rimmer and May
Chartered Accountants
19 Murray Street
Llanelli
Carmarthenshire
SA15 1AQ

Date:

GARNANT FAMILY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 5 APRIL 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Receipts					
Gifts, donations and legacies		-	-	-	60
Grants	2	-	42,403	42,403	97,248
Activities for gen funds		-	-	-	-
Investment income		1	-	1	6
Utility refund		139	-	139	-
Incoming resources – other		50	-	50	-
Total receipts		<u>190</u>	<u>42,403</u>	<u>42,593</u>	<u>97,314</u>
Payments					
Charitable activities					
Activities and trips		-	3,722	3,722	17
Arts and crafts		-	2,565	2,565	1,778
Rental of hall		-	1,870	1,870	-
Play equipment		-	3,698	3,698	-
External canopy		-	10,553	10,553	-
Notice boards		-	3,148	3,148	-
Charity underspend returned		-	5,973	5,973	-
DBS checks		-	60	60	-
Garden equipment & maintenance		-	1,436	1,436	-
Building Regulation		-	-	-	111
Housekeeping		-	71	71	-
Kitchen equipment		-	-	-	130
Maintenance		-	856	856	1,075
Office supplies		-	1,576	1,576	178
Petty cash		-	-	-	158
Health & Safety		-	977	977	108
Computer equipment		-	820	820	1,666
Lunch club		-	29	29	-
Salaries, tax and NIC	3	-	35,629	35,629	33,125
Computer costs		-	448	448	194
Telephone		-	840	840	749
Toys		-	1,427	1,427	224
Training for trustees		-	41	41	-
Training for staff and volunteers		-	1,802	1,802	109
Travel for staff and volunteers		-	147	147	165
Utilities		139	1,031	1,170	728
Professional fees		-	450	450	-
Total charitable payments		139	79,169	79,308	40,515
Governance costs	4	-	7,903	7,903	6,285
Total payments		<u>139</u>	<u>87,072</u>	<u>87,211</u>	<u>46,800</u>
Net Income/(Deficit)		51	(44,669)	(44,618)	50,514
B/Fwd previous year end		22,764	64,262	87,026	36,512
Transfer between funds		1,993	(1,993)	-	-
C/Fwd current year end		<u>24,808</u>	<u>17,600</u>	<u>42,408</u>	<u>87,026</u>

GARNANT FAMILY CENTRE

BALANCE SHEET
AS AT 5 APRIL 2022

Note	2022	2021
	£	£
Current assets		
Cash at bank and in hand		
Barclays Current Account	35,183	79,801
Barclays Tracker	5,833	5,833
Barclays Premium Account	1,360	1,360
Petty cash	<u>32</u>	<u>32</u>
Total cash at bank and in hand	42,408	87,026
Current liabilities		
Accounts payable		
Accounts payable	-	-
Total accounts payable		
	<u>42,408</u>	<u>87,026</u>
Net Assets		
Fund Breakdown		
Unrestricted funds	24,808	22,764
Restricted funds	<u>17,600</u>	<u>64,262</u>
Total Funds	<u>42,408</u>	<u>87,026</u>

Signed by one of the Trustees on behalf of the Trustees Paul BarkePrint Name PAULINE BARKEDate 19. 1. 2023

GARNANT FAMILY CENTRE**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022****1. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared on a receipts and payments basis on a consistent basis.

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when the charity receives the resources.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has received the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for as a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**GARNANT FAMILY CENTRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022 Cont'd**

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when received.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as paid by the charity.

Governance costs

This includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or charity matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

2. RESTRICTED INCOME

Restricted funds are received for a specific purpose within the objects of the charity and must be accounted for separately. All income has therefore been shown as restricted where the donor has stated that the income can only be used for a specified purpose or where it has been raised through an appeal for a specified purpose. Fund movements were as follows:

Fund	B/F	Income/ Additions	Expenditure	Funds Transfer	C/F
	£	£	£	£	£
Big Lottery	1,017	-	(19)	-	998
Children in Need	5,973	-	(5,973)	-	-
Comic Relief	131	-	-	(131)	-
Flying Start	1,356	-	(1,356)	-	-
William Brownhill	697	-	(34)	-	663
St Davids of the Diocesan	96	-	-	(96)	-
Tesco	721	-	-	(721)	-
Families First	2,719	14,000	(16,781)	62	-
Garfield Weston	1,815	-	(1,752)	-	63
Covid-19 Resilliance Award	2,526	-	(2,139)	-	387
Awards for All	10,574	-	(6,687)	-	3,887
Wales Recover and Respond	5,000	-	(5,013)	13	-
Time to Shine	931	-	-	(931)	-
Waterloo Foundation	9,914	-	(4,953)	-	4,961
Voluntary Sector – VSRF	19,092	-	(19,075)	-	17
Neighbourly	400	-	(500)	100	-
Cwmaman Town Council	1,300	-	(1,300)	-	-
Postcode lottery	-	16,284	(9,897)	-	6,387
Oakdale	-	500	(263)	-	237
CC19	-	1,544	(1,544)	-	-
CDF	-	1,632	(1,532)	(100)	-
MYD	-	8,443	(8,254)	(189)	-
	<u>64,262</u>	<u>42,403</u>	<u>(87,072)</u>	<u>(1,993)</u>	<u>17,600</u>

GARNANT FAMILY CENTRE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 5 APRIL 2022**3. SALARY AND WAGES**

£

Total staff costs comprised:

Wages and salaries (including employers NI & pension) 35,629**Total staff costs** **35,629**

Payroll DBS and recruitment costs totalled £60

The average monthly number of employees in the year was 2

No employees received emoluments of more than £60,000

4. GOVERNANCE COSTS

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or charity matters.

There was no trustee remuneration.

Governance costs were as follows:

	£
Independent Examination	528
Insurance	2,154
Consultancy and advice	5,221
Membership fees	-
Total	<u>7,903</u>