Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2022

for

AIK SAATH

R A McLeod and Co Chartered Accountants 10 Portland Business Centre Manor House Lane Datchet Berkshire SL3 9EG

# Contents of the Financial Statements for the Year Ended 31 March 2022

|  | Page     |
|--|----------|
| Report of the Trustees                     | 1 to 6   |
| Independent Examiner's Report              | 7        |
| Statement of Financial Activities          | 8        |
| Balance Sheet                              | 9        |
| Notes to the Financial Statements          | 10 to 15 |
| Detailed Statement of Financial Activities | 16 to 17 |

i

#### Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

# **OBJECTIVES AND ACTIVITIES**

# **Objectives and Aims**

The charity's object and principal activity is to promote for the public benefit of the local community of Slough and it's surrounding areas, with a view to the preservation of public order the provision of services directed towards conflict resolutions for young people from different racial groups, who may become or have been involved in acts of nuisance, violence, vandalism, racial abuse and breach of the peace. In doing so help with personal development of young people and promote good relations between persons of different racial groups.

#### Report of the Trustees for the Year Ended 31 March 2022

#### **OBJECTIVES AND ACTIVITIES SIGNIFICANT ACTIVITIES**

#### Chair's Foreword

In recent years Covid challenged the organisation to develop new ways to support young people. Aik Saath has mostly resumed face to face contact which has developed relationships with additional vulnerable young people. This includes young carers and support for young people who attend hospitals and are the victims of violence. I feel the organisation has emerged from the pandemic stronger than ever before.

Despite recent times of uncertainty, whether created by political events or general economic conditions, funders have provided support for this great charity to continue. We want to thank commissioners and grant-making organisations for continuing to commit their funding and creating new opportunities for the organisation to make an impact.

One of the things I have been struck by, since taking on the role of Chair at Aik Saath, is the incredible esteem with which the organisation is viewed locally and therein lies a temptation to stick with a 'tried and tested' formula. However, with plans to re-brand next year, we have settled on a new identity for our organisation and early signs suggest it is going to be incredibly well-received. Our successful new brand recognises our ethos, and knows Aik Saath is not a place, it is a direction, a movement, and a way of working. We must constantly evolve and not stand still.

New ideas and innovations are impossible to bring to fruition without funding. As these accounts attest, the organisation remains in good financial health. Thank you to all the supporters who have worked with us to make new approaches possible. Just as these funders have supported Aik Saath with courage, we are determined to ensure the organisation is an outstanding advocate for the needs of young people. Aik Saath will challenge and where required, will disclose issues that may affect young people for them to get the care and support they need.

I am extremely humbled and proud of the work the team does every week, steered by our Chief Executive Officer. He has been helping lead the charity since it was in its infancy. It is my belief that under his guidance it will continue to go from strength to strength and as a result will achieve great outcomes for young people and along the way achieve more illustrious awards for the service they provide to society. I wish we could clone the organisation as I feel a few more Aik Saath's may be able to solve some of the woes of society in other areas of the country.

Finally, I feel I am, like the other trustees, part of something that can change young lives. As a great man once said, "Be the change you want to see in the world." (Mahatma Gandhi)

am

damie Hassan Chair of Trustees

## Chief Executive Officer's Report

#### INTRODUCTION

This year was characterised by a dynamic responsiveness to the roll out of the COVID-19 vaccine, Violence Against Women and Girls, and food poverty. Despite continued disruption due to localised outbreaks of Coronavirus, we were still able to deliver a truly comprehensive programme of training and activities for young people. The steadfast support our young carers programme provided young people and their families with during the pandemic was nationally recognised at the Children and Young People Now Awards. More locally, support for our work was manifested by the opportunity to meet Prince Edward, Earl of Wessex and Forfar, and a visit from Willie Hartley Russell, High Sherrif of Berkshire. We were also invited to present about our work to the American Women of Berkshire and Surrey and Slough Rotarians.

#### YOUNG VOLUNTEERS

Our young volunteers led a broad range of voluntary activities in 2021-2022. In addition to being involved in much of the training outlined below, they led clean ups of the Slough Arm of the Grand Union Canal and prepared a Christmas dinner for homeless people – this included collecting presents for our guests in their schools. Aik Saath volunteers in Burnham Grammar School, Ditton Park Academy, St Bernard's Catholic Grammar School, Windsor Girls School, Westgate School and Furze Platt Senior School led collections for the event.

During Interfaith Week two of our young volunteers, Louise and Ananya, led an online interfaith quiz – and endeavours like this led to the inclusion of Aik Saath in a new resource for schools from the Interfaith Network. The young volunteers also promoted peace in Wexham, by refreshing a mural that has adorned a wall there for many years. Our young volunteers also facilitated the delivery of a range of events, including one for the Wave of Light, a gathering for parents who have lost a child, and an international wrestling tournament in Windsor.

Our young volunteers used their collective voice to express their views on a range of matters this year. Prior to the UEFA European Championships, they released a statement on social media platforms, applauding the stance England players had taken against racism. Our young volunteers also shared their views at an event inspired by the life of Damilola Taylor – the Hope Hack took place at the Madejski Stadium, the home of Reading FC.

#### TRAINING

Our staff team undertook a range of training in 2021-2022, including supporting young people involved in criminal exploitation, motivational interviewing, and the role of the LADO in managing allegations against adults. All staff received Oliver MacGowan training in supporting autistic young people. As well as receiving training our team trained a diverse range of audiences on a range of topics:

#### Primary Schools

Staff and volunteers visited the newly opened Grove Academy to deliver a six-week cohesion programme to students in year 5. Godolphin Junior School also invited Aik Saath to deliver a six-week cohesion programme. As it coincided with the build up to the UEFA European Championship, the diverse heritage of the England team was used as a vehicle to explore key topics.

Further afield, Hannah Ball Primary School in High Wycombe invited us to deliver two programmes of training, both lasting six weeks. Littledown Special School invited us to deliver four programmes of training for six classes. We also delivered training for staff and students at Eton Dorney Independent Therapeutic School.

The Hive continues to innovate, bridging the divide between primary and secondary school, easing young people across this transition. Delivered at Langley Heritage Primary School, the project is currently delivered with students in year 5 and 6, with ambitions to move out into the community with a session for year 7s next year.

#### Secondary Schools

Slough and Eton C of E Business and Enterprise College invited Aik Saath to support two programmes of training in its Skills Unit, a part of the school dedicated to supporting students displaying challenging behaviours. Our young volunteers led workshops for students about to begin studying at Slough & Eton as part of their Summer School. Staff also delivered preventive sessions, raising awareness of the dangers of Criminal Exploitation. A day of workshops was also held on this topic at Ditton Park Academy and anti-knife crime sessions were delivered at St Crispin's School and The Bulmershe School, Wokingham.

Throughout the year, we worked with three cohorts of young people at Furze Platt Senior School, Maidenhead. The groups comprised of young people who had elected to complete a Duke of Edinburgh Award and were supported by Aik Saath to undertake social action projects in their community. Similarly, three classes at Eden Girls' School were supported to complete social action projects on a broad range of topics, including mental health and fundraising for development efforts in Palestine. Aik Saath also trained peer mentors at the school so that they are more able to support other students.

We continued our longstanding partnership with Lord Williams's School in Thame, leading INSET sessions for staff and workshops with pastoral staff and the Senior Leadership Team. Our enduring association with Herschel Grammar School also resumed, with staff and young volunteers delivering sessions to year 10 on community cohesion and training peer mentors at the school.

# Further Education and in the community

We continued our relationship with Bucks New University, training social work students on four occasions at various levels of study, and we continued to deliver sessions for other groups in the community, including the Volunteer Police Cadets

### YOUNG CARERS

This year, our young carers work was nationally recognised at the Children and Young People Now Awards. The project means a great deal to staff at Aik Saath and inspired our Training Lead, Rosa Hopkins to raise over a thousand pounds for the project by running the Brighton Marathon.

During term time, our two cohorts, 5-10s and 11-18s, met every week online to engage in a broad range of activities and met face-to-face during the holidays. Our holiday programme featured a range of activities, including a steel drum taster session, dance, barbecues and trips to Chessington and Thorpe Park. Other notable activities during the year included a family picnic, a social action project which involved the young carers gardening at an older people's home, and an arts project which paired our group with storyteller, Katy Cawkwell. Katy's work with Slough Young Carers culminated in the young people's stories being featured at a performance in The Curve, alongside a range of other groups. The young carers were also treated to trips to Windsor Castle and Jump In.

## OVERCOMING THE PANDEMIC

Our young volunteers played an immensely important part in local efforts to overcome the Coronavirus pandemic. At Salt Hill Vaccination Centre in June 2021, the Worshipful Mayor of Slough, Cllr Nazir recognised over sixty of our young volunteers for providing 2,778 hours of support. Shortly after, we further stepped up our efforts and the team took on four shifts per week at Vaccination Centres in Slough and Langley. Commenting on our volunteers' efforts Jamie Green, Centre Lead, said: "when Aik Saath's young volunteers started coming it meant there was one whole shift each week that I just didn't have to worry about. I took my first day off in 3 months when those guys arrived. They do everything an adult would do and have become part of the solution." The wider community was hugely supportive of our work and our young volunteers talked about their experiences at Slough's 50+ forum's AGM, for Slough's Community Champions group and on BBC Radio Berkshire.

In addition to work at the vaccination centre, we continued to promote the benefits of vaccination on social media. This was exemplified by our YouTube Live for the local Clinical Commissioning Group. Abdul Khawaja quizzed local Doctors on some of the myths that had been circulating about the vaccination process and its contents, with a view to reassuring the public about their concerns.

#### GLOBAL GRUB

A highlight of the year was the creation of Global Grub. This project began life as part of a session during Mental Health Awareness Week. We showed the young people the Five Ways to Wellbeing framework, as developed by the New Economics Foundation. It suggests if people engage in the five ways, they are more likely to have better mental health. We tested the young people's understanding of the framework by asking them to design a project which would help young people undertake as many of the ways as possible. The young people shared they would like to learn to cook food together from different cultures. Thankfully, the young people's idea was considered worthy of support by an NHS Innovation Fund, and it also coincided with the launch of Marcus Rashford's HAF Fund. We empowered the young people to lead every aspect of the project's development, and this resulted in the installation of a kitchen in the Queensmere Shopping Centre. A few short weeks after the young people shared their idea, Chef Kevin Mohammad began supporting us to teach the young people to cook. Last summer alone, over seventy young people took part. Since then, cooking activities have taken place in three further holiday periods.

#### VIOLENCE AGAINST WOMEN AND GIRLS

This year Violence Against Women and Girls (VAWG) came to the fore and Aik Saath was selected to make an impact on this vital issue by the Office of the Police and Crime Commissioner. In keeping with our ethos, we created a young people's steering group to lead our work in this area and they advocated the creation of a social media campaign. To ensure it was developed on a foundation of the latest research in this area, the young people were trained in understanding violence against women by leaders in their field, AVA - Against Violence & Abuse. The young people went on to film a professional clip for social media channels with local media company, Resource Productions. The clip has been viewed over 1,300 times and been met with widespread support.

Young people in the steering group also wanted to put their views to local decisionmakers and consequently, Aik Saath collaborated with Slough Youth Parliament to deliver a Young People's Question Time special, focussed on VAWG.

#### MENTAL HEALTH AND YOUNG HEALTH CHAMPIONS

Aik Saath continued to be the chosen provider of the Young Health Champions scheme for Frimley Clinical Commissioning Group (CCG). The young participants are trained in a Level 2 qualification, accredited by the Royal Society of Public Health, which involves secret shopping local services and delivering their own health improvement messages. With delivery coinciding with the final stages of lockdown, much of the programme was delivered outside – on one occasion in the snow! – making this cohort very memorable indeed.

Frimley CCG also tasked Aik Saath with the creation of a campaign piece to challenge parents' views of mental health. Consistent feedback from YHCs and other groups of young people had suggested parental views were impacting on young people's capacity to receive appropriate support when struggling with poor mental health. A poetry competition for young people was launched and in May, Letter to a Parent/Carer was released – a short film using the poem as the narrative.

Mental health and wellbeing was promoted in other ways, including via the training of two cohorts of young people in Mental Health First Aid. We were also invited to deliver an assembly at St Bernard's Catholic Grammar School, as part of their mental health awareness day.

#### HOSPITAL NAVIGATORS

During this year, our Hospital Navigator's Scheme has gone from strength to strength. Using staff and volunteers, the scheme ensures young people who present at the Emergency Department due to violence, substance misuse or mental health, are met not just by clinical staff, but a youth worker seeking to support them. In addition to the therapeutic effect a listening ear can have, there is a widely held view that in the Emergency Department, young people are at a reachable moment where they might be more open to changing the patters of behaviour which led to their presentation at the hospital. The project has been commissioned by Thames Valley Violence Reduction Unit and is the first of its kind at Wexham Park Hospital.

#### EMPOWORD

Our spoken word project, Empoword, continued to nurture poets and facilitate conversations across different parts of society. Nowhere was this more evident than Words with Numan. As the second lockdown continued to prevent people from gathering in real life, Numan gathered people together online to discuss a different topic each week via participants favourite words – be they in poetry form, books, songs, or films. Numan and Saleha also led workshops with young people attending the Langley Academy's summer school.

Dos Deek

Rob Deeks Chief Executive Officer Aik Saath - Together As One

## STRUCTURE, GOVERNANCE AND MANAGEMENT

# Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **Organisational structure**

The Board of Trustees must, as per the governing document, have at least 6 Trustees, and not more than 12, serving at anyone time.(unless otherwise determined by ordinary resolution).

#### Report of the Trustees for the Year Ended 31 March 2022

**REFERENCE AND ADMINISTRATIVE DETAILS Registered Company number** 04335784 (England and Wales)

# **Registered Charity number** 1090077

#### **Registered** office

29 Church Street Slough Berkshire SL1 1PL

#### Trustees

S Akram S Khan J Morgan J Hassan C Conlon H Ali A Hunt D Satwani (appointed 10.9.21)

#### **Company Secretary** R Deeks

#### **Independent Examiner**

R A McLeod and Co Chartered Accountants 10 Portland Business Centre Manor House Lane Datchet Berkshire SL3 9EG

Approved by order of the board of trustees on  $\frac{20}{12}$ ,  $\frac{22}{22}$ , and signed on its behalf by:

............ ..... J Hassan - Trustee

# Independent Examiner's Report to the Trustees of AIK SAATH

# Independent examiner's report to the trustees of AIK SAATH ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

## Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Robert McLeod FCA R A McLeod and Co Chartered Accountants 10 Portland Business Centre Manor House Lane Datchet Berkshire SL3 9EG 200 (100 120

Date:

## Statement of Financial Activities for the Year Ended 31 March 2022

|  | Notes  | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | 31.3.22<br>Total<br>funds<br>£ | 31.3.21<br>Total<br>funds<br>£ |
|--|--------|---------------------------|--------------------------|--------------------------------|--------------------------------|
| INCOME AND ENDOWMENTS FROM<br>Voluntary Income |        | 325,030                   | -                        | 325,030                        | 207,954                        |
| Other activities<br>Investment income          | 2<br>3 | 46,632<br><u>12</u>       |                          | 46,632<br>12                   | 134,324                        |
| Total  |        | 371,674                   | -                        | 371,674                        | 342,286                        |
| EXPENDITURE ON<br>Costs of generating funds    |        | 261,866                   | -                        | 261,866                        | 272,562                        |
| Other  |        | 11,218                    |                          | 11,218                         | 1,735                          |
| Total  |        | 273,084                   | -                        | 273,084                        | 274,297                        |
| NET INCOME                                     |        | 98,590                    | -                        | 98,590                         | 67,989                         |
| <b>RECONCILIATION OF FUNDS</b>                 |        |                           |                          |                                |                                |
| Total funds brought forward                    |        | 238,239                   |                          | 238,239                        | 170,250                        |
| TOTAL FUNDS CARRIED FORWARD                    |        | 336,829                   | -                        | 336,829                        | 238,239                        |

ļ

The notes form part of these financial statements

#### Balance Sheet 31 March 2022

| FIXED ASSETS                                     | Notes | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | 31.3.22<br>Total<br>funds<br>£ | 31.3.21<br>Total<br>funds<br>£ |
|--|-------|---------------------------|--------------------------|--------------------------------|--------------------------------|
| Tangible assets                                  | 12    | 26,981                    | -                        | 26,981                         | 5,207                          |
| CURRENT ASSETS                                   |       |                           |                          |                                |                                |
| Debtors<br>Cash at bank                          | 13    | 57,867<br>224,511         | 48,400                   | 57,867<br><u>272,911</u>       | 57,989<br><u>301,294</u>       |
|  |       | 282,378                   | 48,400                   | 330,778                        | 359,283                        |
| CREDITORS<br>Amounts falling due within one year | 14    | (20,930)                  |                          | (20.020)                       | (10( 051)                      |
| Through turning due within one year              | 1-1   | (20,950)                  | -                        | (20,930)                       | (126,251)                      |
| NET CURRENT ASSETS                               |       | 261,448                   | 48,400                   | 309,848                        | 233,032                        |
| TOTAL ASSETS LESS CURRENT<br>LIABILITIES         |       | 288,429                   | 48,400                   | 336,829                        | 238,239                        |
|  |       |                           | <u> </u>                 |                                | <u> </u>                       |
| NET ASSETS                                       |       | 288,429                   | 48,400                   | 336,829                        | 238,239                        |
| FUNDS  | 15    |                           |                          |                                |                                |
| Funds  |       |                           |                          | 336,829                        | 238,239                        |
| TOTAL FUNDS                                      |       |                           |                          | 336,829                        | 238,239                        |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on  $2\alpha/12/22$  and were signed on its behalf by:

Hassan - Trustee

The notes form part of these financial statements

#### Notes to the Financial Statements for the Year Ended 31 March 2022

### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

| Short leasehold       | - | 33% on cost             |
|-----------------------|---|-------------------------|
| Fixtures and fittings | - | 25% on reducing balance |
| Computer equipment    | - | 25% on reducing balance |

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### 2. OTHER ACTIVITIES

|                          | 31.3.22 | 31.3.21 |
|--------------------------|---------|---------|
|                          | £       | £       |
| Workshop & training fees | 46,632  | 134,324 |

#### Notes to the Financial Statements - continued for the Year Ended 31 March 2022

#### 3. INVESTMENT INCOME

4.

| Deposit account interest                                       | 31.3.22<br>£<br>12     | 31.3.21<br>£<br>8            |
|--|------------------------|------------------------------|
| NET INCOME/(EXPENDITURE)                                       |                        |                              |
| Net income/(expenditure) is stated after charging/(crediting): |                        |                              |
| Depreciation - owned assets                                    | 31.3.22<br>£<br>11,218 | 31.3.21<br>£<br><u>1,735</u> |

# 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### **Trustees'** expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

# 6. STAFF COSTS

ļ

The average monthly number of employees during the year was as follows:

| Full time<br>Sessional | 31.3.22<br>4<br>6 | 31.3.21<br>4<br><u>6</u> |
|------------------------|-------------------|--------------------------|
|                        | <u>    10    </u> | 10                       |

No employees received emoluments in excess of £60,000.

# 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| INCOME AND ENDOWMENTS FROM                  | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|---|---------------------------|--------------------------|---------------------|
| Voluntary Income                            | 170,604                   | 37,350                   | 207,954             |
| Other activities<br>Investment income       | 134,324                   | <u> </u>                 | 134,324             |
| Total                                       | 304,936                   | 37,350                   | 342,286             |
| EXPENDITURE ON<br>Costs of generating funds | 235,212                   | 37,350                   | 272,562             |
| Other                                       | 1,735                     |                          | 1,735               |
| Total                                       | 236,947                   | 37,350                   | 274,297             |
| NET INCOME                                  | 67,989                    |                          | 67,989              |

# Notes to the Financial Statements - continued for the Year Ended 31 March 2022

| 7. | COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued |                           |                          |                     |  |
|----|--|---------------------------|--------------------------|---------------------|--|
|    |  | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |  |
|    | <b>RECONCILIATION OF FUNDS</b>                                     |                           |                          |                     |  |
|    | Total funds brought forward  | 170,250                   | -                        | 170,250             |  |
|    |  |                           |                          |                     |  |
|    | TOTAL FUNDS CARRIED FORWARD  | 238,239                   | <u> </u>                 | 238,239             |  |

# 8. **RESTRICTED FUNDS INCOME**

No restricted funds received during the year

# 9. **RESTRICTED FUNDS EXPENDITURE**

£30,000 in restricted funds was spent during the year for the hospital navigator scheme. The fund had been brought forward from the previous year and has now been spent in full.

# 10. RESTRICTED FUNDS BALANCE SHEET

Restricted funds of £48,400 in respect of the Reach Out Project was brought forward from the previous year and carried forward to next year. This project was not delivered due to Covid.

# 11. RESTRICTED FUNDS OVER PAST TWO YEARS

Income from Restricted funds over the past two years were 2020: £80,787 and 2021: £78,400

# 12. TANGIBLE FIXED ASSETS

|                  | Short<br>leasehold<br>£ | Fixtures<br>and<br>fittings<br>£ | Computer<br>equipment<br>£ | Totals<br>£   |
|------------------|-------------------------|----------------------------------|----------------------------|---------------|
| COST             |                         |                                  |                            |               |
| At 1 April 2021  | -                       | 3,310                            | 11,660                     | 14,970        |
| Additions        | 20,036                  | 7,634                            | 5,322                      | 32,992        |
| At 31 March 2022 | 20,036                  | 10,944                           | 16,982                     | 47,962        |
| DEPRECIATION     |                         |                                  |                            |               |
| At 1 April 2021  | _                       | 2,637                            | 7 106                      | 0.762         |
| Charge for year  | 6,678                   |                                  | 7,126                      | 9,763         |
| Charge for year  | 0,078                   | 2,076                            | 2,464                      | <u>11,218</u> |
| At 31 March 2022 | 6,678                   | 4,713                            | 9,590                      | 20,981        |
|                  |                         |                                  |                            |               |
| NET BOOK VALUE   |                         |                                  |                            |               |
| At 31 March 2022 | <u>13,358</u>           | 6,231                            | 7,392                      | 26,981        |
| 4/ 01 14 1 0001  |                         |                                  |                            |               |
| At 31 March 2021 |                         | 673                              | 4,534                      | 5,207         |

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

## 13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| 10. | DEDIORS. AMOUNTS FALLING DUE WITHIN ONE TEAK   |         |         |
|-----|--|---------|---------|
|     |  | 31.3.22 | 31.3.21 |
|     |  | £       | £       |
|     | Trade debtors                                  | 52,495  | 51,236  |
|     | Rent deposit                                   | 2,296   | 2,296   |
|     | Prepayments and accrued income                 | 3,076   | 4,457   |
|     |  | 57,867  | 57,989  |
| 14. | CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR |         |         |
|     |  | 31.3.22 | 31.3.21 |
|     |  | £       | £       |
|     | Trade creditors                                | 12,492  | 8,514   |
|     | VAT  | 4,344   | 18,862  |
|     | Accruals and deferred income                   | 4,094   | 98,875  |
|     |  | 20,930  | 126,251 |

## 15. MOVEMENT IN FUNDS

i

|              | At 1.4.21<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.3.22<br>£ |
|--------------|----------------|----------------------------------|--------------------|
| General fund | 238,239        | 98,590                           | 336,829            |
|              |                |                                  |                    |
| TOTAL FUNDS  | 238,239        | 98,590                           | 336,829            |

Net movement in funds, included in the above are as follows:

|              | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|--------------|----------------------------|----------------------------|---------------------------|
| General fund | 371,674                    | (273,084)                  | 98,590                    |
|              | <u> </u>                   | <u> </u>                   |                           |
| TOTAL FUNDS  | 371,674                    | <u>(273,084</u> )          | 98,590                    |

## Comparatives for movement in funds

|              | At 1.4.20<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.3.21<br>£ |
|--------------|----------------|----------------------------------|--------------------|
| General fund | 170,250        | 67,989                           | 238,239            |
|              | ·              |                                  |                    |
| TOTAL FUNDS  | 170,250        | 67,989                           | 238,239            |

#### Notes to the Financial Statements - continued for the Year Ended 31 March 2022

# 15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

|              | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|--------------|----------------------------|----------------------------|---------------------------|
| General fund | 342,286                    | (274,297)                  | 67,989                    |
|              |                            |                            |                           |
| TOTAL FUNDS  | 342,286                    | <u>(274,297</u> )          | 67,989                    |

A current year 12 months and prior year 12 months combined position is as follows:

|              | At 1.4.20<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.3.22<br>£ |
|--------------|----------------|----------------------------------|--------------------|
| General fund | 170,250        | 166,579                          | 336,829            |
|              | <u> </u>       |                                  |                    |
| TOTAL FUNDS  | 170,250        | 166,579                          | 336,829            |

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|              | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|--------------|----------------------------|----------------------------|---------------------------|
| General fund | 713,960                    | (547,381)                  | 166,579                   |
|              |                            | <u> </u>                   |                           |
| TOTAL FUNDS  | 713,960                    | <u>(547,381</u> )          | 166,579                   |

# 16. OTHER FINANCIAL COMMITMENTS

į

ļ

The charity is committed to a lease period on their premises of 3 years, with an annual rent commitment of  $\pounds 10,000$  including service charge.

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

# 17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

# Detailed Statement of Financial Activities for the Year Ended 31 March 2022

| 31.3.22 | 31.3.21 |
|---------|---------|
| £       | £       |

### **INCOME AND ENDOWMENTS**

| Income<br>Voluntary income<br>Donations<br>Grants | 196,329<br>13,542<br>115,159 | 101,204<br>6,202<br>100,548 |
|---|------------------------------|-----------------------------|
|   | 325,030                      | 207,954                     |
| Other activities<br>Workshop & training fees      | 46,632                       | 134,324                     |
| Investment income<br>Deposit account interest     | 12                           | 8                           |
| Total incoming resources                          | 371,674                      | 342,286                     |

#### EXPENDITURE

| Costs of generating funds       |         |         |
|---------------------------------|---------|---------|
| Wages, employer's N.I & pension | 136,785 | 141,057 |
| Rent, rates, water & utilities  | 13,827  | 14,152  |
| Insurance                       | 1,294   | 1,294   |
| Legal & professional            | 3,538   | 753     |
| Telephone & internet            | 3,415   | 3,203   |
| Office administration costs     | 6,095   | 7,257   |
| Computer costs                  | 3,861   | 3,662   |
| Travelling                      | 2,729   | 823     |
| Entertainment                   | 510     | 375     |
| Canteen                         | 11,193  | 662     |
| Staff training                  | 1,625   | 1,667   |
| Sundry expenses                 | 1,973   | 396     |
| Activities & events             | 23,705  | 49,186  |
| Trainers fees                   | 42,471  | 46,448  |
| Marketing                       | 17      | 50      |
| Repairs and renewals            | 1,666   | 32      |
| Subscriptions                   | 110     | 269     |
| Bad debts                       | 5,000   | (785)   |
| Accountancy                     | 1,950   | 1,900   |
| Bank charges and interest       | 102     | 161     |
|                                 | 261,866 | 272,562 |

# Support costs

| Other                 |       |       |
|-----------------------|-------|-------|
| Short leasehold       | 6,678 | -     |
| Fixtures and fittings | 2,076 | 224   |
| Computer equipment    | 2,464 | 1,511 |

11,218 1,735

This page does not form part of the statutory financial statements

#### Detailed Statement of Financial Activities for the Year Ended 31 March 2022

|                          | 31.3.22<br>   | 31.3.21<br>£ |
|--------------------------|---------------|--------------|
| Total resources expended | 273,084       | 274,297      |
| Net income               | <u>98,590</u> | 67,989       |

This page does not form part of the statutory financial statements