

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1	April	2021		31	March

## Section A Reference and administration details

<b>Charity name</b>	Viva Gymnastics Club
<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1187339
<b>Charity's principal address</b>	John Pounds Centre
	23 Queen Street
	Portsmouth
<b>Postcode</b>	PO1 3HN

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Charlotte Vella	Chair		Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."
2	Georgina Lane			
3	Diane Fryer			

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Charlotte Vella	
Georgina Lane	
Diane Fryer	

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

Charlotte Vella
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## Section B Structure, governance and management

## Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Per 10.1 of Viva Gymnastic Club's constitution: "Apart from the first charity trustees, every trustee must be appointed [for a term of [three] years] by a resolution passed at a properly convened meeting of the charity trustees."

## Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

The charitable objective of Viva Gymnastics Club is the advancement of amateur sport which promotes health by involving physical or mental skill or exertion and which is undertaken on an amateur basis.

### Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The main activity undertaken by Viva Gymnastics Club for the public benefit is the running of gymnastics classes for children in the Portsmouth area, including provision for gymnasts with a variety of disabilities and additional needs.

The club's gymnastics classes are intended to benefit participants by providing physical exercise and mental stimulation and enabling skill-building. Gymnasts with disabilities and additional needs have often found themselves excluded from the sport of gymnastics, but it is the aim of Viva Gymnastics Club to ensure that disabilities are not a barrier to participation.

All trustees of Viva Gymnastics Club confirm that they have regard to the Charity Commission's public benefit guides PB1, PB2 and PB3 when making decisions, exercising any powers or duties and carrying out activities to which they are relevant.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

Viva Gymnastics Club faced significant challenges during the financial year 2021-22 due to the continuing COVID-19 global pandemic. Unable to hold any face-to-face gymnastics classes during the first part of 2021 the charity faced losing income and being unable to pay the ongoing costs that still required payment during that period, such as club and coach insurances, coaching costs, safeguarding checks, system fees and banking charges, etc. The Head Coach had to defer payment of her wages until such time as the Club regained financial stability.

When gatherings were allowed outdoors the charity had implemented a programme of outdoor gym classes to enable gymnasts to interact with each other for social interaction and physical and mental exercise.

Once indoor gatherings were permitted in 2021 classes could be held in the gym again but with heavy restrictions and a much reduced member number per class. This impacted on the income stream of the charity and also the way gymnasts had to move about the gym. As no physical contact was allowed this impacted how the gymnasts could be coached.

In the early part of the financial year the charity was able to increase inclusivity when Cliffdale School (a local school for pupils with special educational needs, disabilities and autism) began participating in gym classes run by Viva Gymnastics Club.

In 2021 Sport England had given a grant of £4,500 to enable the purchase of gymnastics equipment. The sum of £3,605 had been spent on purchasing equipment in the financial year 2020-21 and the remaining £895 has been used to purchase further equipment during financial year 2021-22.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The charity's reserve funds are reinvested into the club by way of purchasing gymnastics equipment, buying fundraising supplies, funding coaching courses and covering the charity's running costs.

### Details of any funds materially in deficit

None.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of funds are members' fees, including individual gymnast bookings, charity group booking and school group bookings, and additional fundraising undertaken by the club, such as grant applications for projects, general fundraising events, competitions, occasional sale of 'tuck shop' items and sales of club kit.

All purchases made for the charity are in support of the charity's aims and to enable the charity to operate. The charity purchases new gymnastics equipment so that all gymnasts can access equipment and learn skills, including those gymnasts with physical disabilities and additional needs. For example, soft play and sensory equipment is purchased for those gymnasts with sensory needs, whilst accessibility aids are purchased to make the gymnastics equipment accessible to those gymnasts with physical disabilities.

## Section F Other optional information

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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Vella

Position (eg Secretary, Chair, etc)

Chair

28.1.2023



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Viva Gymnastics Club

No (if any)  
1187339

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01-Apr-21

To

Period end date  
31-Mar-22

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Bank interest on deposit accounts	-	-	-	-	-
Donations and grants	-	-	-	-	-
Membership subscriptions and fundraising fees	112,428	-	-	112,428	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	112,428	-	-	112,428	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	112,428	-	-	112,428	-
<b>A3 Payments</b>					
Advertising	775	-	-	775	-
Badges, certificates, medals/competition costs	822	-	-	822	-
Bank interest and charges	90	-	-	90	-
Clothing and materials	1,691	-	-	1,691	-
Coaching courses	1,720	-	-	1,720	-
Coaching insurance	508	-	-	508	-
Contract services (self-employed)	3,143	-	-	3,143	-
Cost of fundraising events	1,724	-	-	1,724	-
Equipment hire	6,000	-	-	6,000	-
Equipment insurance	307	-	-	307	-
First aid supplies/courses, PPE	871	-	-	871	-
Members' subscription refunds	229	-	-	229	-
Motor and travel	796	-	-	796	-
Printing, postage, stationery and computer supplies	259	-	-	259	-
Rent: hire of rooms/gyms	22,463	-	-	22,463	-
Safeguarding checks/courses	165	-	-	165	-
Software, cloud storage, web, email	538	-	-	538	-
Sundry supplies	106	-	-	106	-
Wages, salaries, NI and pensions	62,771	-	-	62,771	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	104,978	-	-	104,978	-
<b>A4 Asset and investment purchases. (see table)</b>					
Furniture for storage	53	-	-	53	-
Gymnastics equipment	2,320	-	-	2,320	-
Sensory equipment	182	-	-	182	-
<b>Sub total</b>	2,555	-	-	2,555	-
<b>Total payments</b>	107,533	-	-	107,533	-
<b>Net of receipts/(payments)</b>	4,895	-	-	4,895	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	4,895	-	-	4,895	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current bank account	3,874	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3,874</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Retained assets at 31.3.22	Unrestricted	6,006	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Diane Fryer	28.1.23	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Viva Gymnastics Club

On accounts for the year  
ended

31.3.2022

Charity no  
(if any)

1187339

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

30th January 2023

Name:

Neil Maton

Relevant professional  
qualification(s) or body  
(if any):

Barrister, LLB (Hons) BCL (Oxon)

Address:

College Chambers

19 Carlton Crescent

Southampton, SO15 2ET

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**