



SAFE

SUPPORTING ASPERGER FAMILIES IN ESSEX

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

Charity registration number 1188739

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

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S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

Legal and Administrative

Charity Number:

1188739

Date of Registration:

24th March 2020

Trustees:

D Norman (Chairman)

S Evennett (Secretary)

T Rennie (Treasurer) (co-opted March 2022)

K Bancroft

P Neale

F Potter

C P Sorrell

N Spalding

Registered Address:

43 Buttercup Way,

Southminster,

Essex,

CM0 7RY

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

SAFE Annual Review of Activities

SAFE provides support for individuals with Asperger Syndrome (AS) or families with a member with AS throughout the County of Essex including the Unitary Boroughs of Southend-on-Sea and Thurrock.

Membership:

The SAFE membership stood at 89 families representing 102 people with AS. Approximately 73% of those with AS were in the 18+ age group and 29% live in the unitary authorities of Southend-on-Sea or Thurrock.

Members are provided practical, emotional, and information-based support at these regular meetings. Members also enjoy monthly SAFE Newsletters and ad hoc emails specifically geared to pass on relevant items of interest to adults with AS and families.

SAFE advocates for the needs of people with AS both at local and national levels. SAFE has representatives on the local authority Autism Partnership Boards in Essex and Unitary Authorities. Monthly newsletters are produced for its members with vital information about its activities and other services on offer for our community group.

Ongoing activities and projects:

SAFE has moved back to offering activities face-to-face and has also retained some Zoom meetings as requested. The SAFE Executive regularly meets via Zoom.

Projects that continued during this year included:

SAFE STUFF - Lyann Kennedy became the group's new Project Co-ordinator from August 2021 and organised 22 activities during the school year. The project continues to be extremely beneficial to many SAFE members and their children. Since September 2021, 113 children and 103 parents have taken part in various activities. SAFE STUFF remains vital for several families and helped to engage young children and their families during a stressful year caused by lockdowns and disruption of regular routines caused by the pandemic.

The SAFE South Youth Club has begun to function with good attendance during 2021/22. A weekend away at Skreens Park has been planned for June 2022.

The Alpha Sigma Delta (ASD) group for girls up to 18 years and parents moved to a new venue, Time & Space in Battlesbridge and met on the 1st and 3rd Thursday of each month. It saw increasing numbers of participants with roughly 24 members attending each session. The venue offers opportunities to split the group in to two separate areas and this proved entirely beneficial. ASD also met on Zoom on other Thursdays.

SAFE SPA (Social Participation for Adults) met on the 2nd and 4th Tuesday of each month in Southend and on other Tuesdays virtually via Zoom with a core number of adults attending every session.

The SAFE Women's Group also met weekly via Zoom and on one Friday per month in Southend.

The Spouses Group were also not able to meet in person; members keep in touch by email and through Social Media platforms.

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

TRUSTEE ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022

SAFE 18+ is a new group launched to meet the needs of young people wishing to meet others in a safe and non-judgmental place. It was held monthly at a cafe in Southend and saw up to 25 young people attending at any one time.

SAFE's regular support group meetings for parents of children and for parents and adult members aged 18+ with Asperger Syndrome (ASAP - Asperger Syndrome Adults & Parents was unable to meet in person but offered a Zoom meeting twice each month. Additionally, the Chelmsford Friendship Club, formed by a group of ASAP members, kept in touch with members via social media and Zoom.

Website and advocacy

SAFE's presence on Facebook continues and it continues to post details and articles concerning autism without a learning disability; there are 1266 people regularly 'following' the SAFE Facebook page.

Fundraising

The Trustees would like to thank our volunteers who have helped to run our activities and, also our generous donors, charitable bodies and corporate organisation who have given us the resources to enable us to provide the activities for our members. Funders during the past year include:

Essex Community Foundation
Essex Police/Home Office (Covid Relief)
Fowler, Smith Jones Charitable Trust
Ground Works Company
Hamptons
Masons
National Lottery Covid Fund
Rosca Trust
Sir Alistair & Patricia Stewart Fund
Southend Emergency Fund

Future Development

During 2021/22, SAFE consolidated its Executive and was pleased to be joined by Tim Rennie who has taken on the role of treasurer. We possess the key skills to provide good governance practices. Trustees continue to review the effectiveness of the services SAFE provides and whether there is potential for further development or changes. One particular activity we hope to re-introduce is an ASAP group meeting in Chelmsford.

SAFE has begun to returned to offering face to face support meetings and social activities for members and the Executive will review whether there is unmet need for members and seek funding to initiate or continue activities and advocate for the needs of people with AS.

Tim Rennie

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

| | Notes | Unrestricted Funds £ | Restricted Funds £ | 2022 Total £ |
|--|-------|----------------------------|--------------------------|--------------------|
| Incoming resources | | | | |
| Donations and legacies | 2 | 2,774 | - | 2,774 |
| Charitable activities | 3 | 2,076 | 18,595 | 20,671 |
| Total incoming resources | | 4,850 | 18,595 | 23,445 |
| Resources expended | | | | |
| Charitable activities | 4 | 12,845 | 12,430 | 25,275 |
| Expenditure on raising funds | 5 | 464 | - | 464 |
| Total resources expended | | 13,309 | 12,430 | 25,739 |
| Net incoming (outgoing) resources | | (8,459) | 6,165 | (2,294) |
| Transfer between funds | | (1,391) | 1,391 | - |
| Net movement in funds | | (9,850) | 7,556 | (2,294) |
| Total funds brought forward | | 17,662 | 7,074 | 24,736 |
| Total funds carried forward | | 7,812 | 14,630 | 22,442 |

Notes on pages 6 to 9 form an integral part of these financial statements.

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

**BALANCE SHEET
AS AT 31 MARCH 2022**

| | Notes | 2022 £ |
|---|-------|----------------------|
| Fixed assets | | |
| Tangible assets | 6 | 483 |
| Current assets | | |
| Cash at bank and in hand | | <u>21,959</u> |
| Creditors: amounts falling due within one year | | - |
| Net current assets/(liabilities) | | <u>22,442</u> |
| Net assets | | <u><u>22,442</u></u> |
| Funds of the charity | | |
| Restricted funds | | 4,458 |
| Unrestricted funds | | <u>17,984</u> |
| Total funds | | <u><u>22,442</u></u> |

Approved by the trustees on 10/08/2022 and signed on their behalf by:



TIM RENNIE (Treasurer)

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

1.1 Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2011.

S.A.F.E. Essex (Supporting Asperger Families in Essex) constitutes a public benefit entity as defined by FRS 102.

Cash Flow

The financial statements do not include a cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1 "Cash flow statements".

1.2 Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either; the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed as material.

Donated services or facilities are recognised when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the Friends is not recognised and refer to the Trustees' Annual Report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain these services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

1.3 Expenditure recognition

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefit will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity.

1.4 Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected life as follows:

Equipment -11 years

1.5 Fund accounting

Funds held by the charity are:

Unrestricted general funds:

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds:

These are funds that can only be used for particular restricted purposes within the objects of the Charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.6 Merger

S.A.F.E Essex (Supporting Asperger Families in Essex) registered as a CIO in March 2020. In April 2020 the charity merged with S.A.F.E Essex (Supporting Asperger Families in Essex), charity number 1095075, in which month the operations, assets and liabilities of £10,882 were transferred to the Charity with no consideration paid. The assets and liabilities were included in incoming resources at their fair values at date of transfer. There has been no material fair value adjustments from book value.

2. Donations and legacies

Donations
Grants

| | Unrestricted | Restricted | 2022 |
|--|---------------------|-------------------|--------------|
| | £ | £ | £ |
| | 1,774 | - | 1,774 |
| | 1,000 | - | 1,000 |
| | <u>2,774</u> | <u>-</u> | <u>2,774</u> |

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

| Charitable activities | Unrestricted | Restricted | 2022 |
|------------------------------|---------------------|-------------------|---------------|
| | £ | £ | £ |
| Membership fees | 2,076 | - | 2,076 |
| Grants | - | 18,595 | 18,595 |
| | 2,076 | 18,595 | 20,671 |

| Costs of charitable activities | Unrestricted | Restricted | 2022 |
|---------------------------------------|---------------------|-------------------|---------------|
| | £ | £ | £ |
| ASAP | 136 | - | 136 |
| SAFE SPA | 2,633 | - | 2,633 |
| Safe Womens Group | 2,086 | - | 2,086 |
| Spouses Group | 136 | - | 136 |
| SAFE STUFF (Activities) | - | 1,378 | 1,378 |
| SAFE STUFF (Facilitator Costs) | - | 1,334 | 1,334 |
| SAFE STUFF PLUS | - | 1,679 | 1,679 |
| Girls and Parents Group (ASD) | - | 3,246 | 3,246 |
| Hub Club 2 C | - | 1,902 | 1,902 |
| Face to Face | 5,181 | - | 5,181 |
| Achievement Awards | - | 2,891 | 2,891 |
| Advocacy | 176 | - | 176 |
| Admin (Ins., Post, Tel.) | 606 | - | 606 |
| Trustees/ Committee Expenditure | 230 | - | 230 |
| Volunteer Education & Training | 762 | - | 762 |
| Development | - | - | - |
| Misc. Expenses | 777 | - | 777 |
| Depreciation | 122 | - | 122 |
| | 12,845 | 12,430 | 25,275 |

Governance costs:

| | | | |
|-----------------------|---------------|---------------|---------------|
| Audit and accountancy | - | - | - |
| | - | - | - |
| | 12,845 | 12,430 | 25,275 |

| Expenditure on raising funds | Unrestricted | Restricted | 2022 |
|-------------------------------------|---------------------|-------------------|-------------|
| | £ | £ | £ |
| Fundraising costs | 464 | - | 464 |
| | 464 | - | 464 |

S.A.F.E. ESSEX (SUPPORTING ASPERGER FAMILIES IN ESSEX)

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

6. Tangible fixed assets

| | Equipment |
|------------------------------|-------------------|
| | £ |
| Cost | |
| As at 1st April 2021 | 1,350 |
| Additions | - |
| As at 31st March 2022 | <u>1,350</u> |
| Depreciation | |
| As at 1st April 2021 | 745 |
| Charge for the year | 122 |
| As at 31st March 2022 | <u>867</u> |
| Net book value | |
| As at 31st March 2022 | <u><u>483</u></u> |
| As at 31st March 2021 | <u><u>605</u></u> |

7. Fund analysis

| | Balance as at 01/04/2021 | Income | Expenditure | Transfers | Balance as at 31/03/2022 |
|-------------------------------|-----------------------------|---------------|-----------------|--------------|-----------------------------|
| | £ | £ | £ | £ | £ |
| Restricted funds | | | | | |
| SAFE SPA | - | 3,800 | (2,633) | - | 1,167 |
| SAFE STUFF (Activities) Costs | - | 3,000 | (2,712) | (288) | - |
| Girls and Parents Group (ASD) | 2,667 | - | (3,246) | 579 | - |
| Hub Club 1 S | - | - | (679) | 679 | - |
| Hub Club 2 C | - | - | (1,223) | 1,223 | - |
| Safe Stuff Plus (SAFE South) | - | - | (1,679) | 1,679 | - |
| Safe Women's Group | - | - | (2,086) | 2,086 | - |
| Face to Face | - | 3,125 | (5,181) | 2,056 | - |
| ASAP | - | 250 | (136) | - | 114 |
| Spouses Group | - | - | (136) | 136 | - |
| Andrea - Southend Work | - | 7,920 | - | (6,759) | 1,161 |
| Achievement Awards | 4,407 | 500 | (2,891) | - | 2,016 |
| Total Restricted Funds | <u>7,074</u> | <u>18,595</u> | <u>(22,602)</u> | <u>1,391</u> | <u>4,458</u> |
| Unrestricted Funds | 17,662 | 4,850 | (3,137) | (1,391) | 17,984 |
| Total Funds | <u>24,736</u> | <u>23,445</u> | <u>(25,739)</u> | <u>-</u> | <u>22,442</u> |