REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022 FOR

RELATE NORTHAMPTONSHIRE

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Charity is a company limited by guarantee and is governed by its Memorandum and Articles of Association adopted on the 26th March 2003. Relate Northamptonshire is a constituent of the national organisation, Relate Ltd. The Executive / Management Committee are the governing body of Relate Northamptonshire. The Committee meets four times a year on a quarterly basis to formulate and agree policy. Where necessary, local sub-committees are also formed for specific projects and trustees undertake delegated responsibilities to ensure that we maximise the effectiveness and efficiency of the Centre. All trustees of Relate Northamptonshire give their time voluntarily and receive no benefits from the Charity.

Statement of Trustees' Responsibility

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing the financial statements, Trustees have:

- Selected suitable accounting policies and then applied them consistently
- Made judgements and estimates that are reasonable and prudent
- Stated whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements
- Prepared the financial statements on the going concerns basis

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES Objectives and Activities

Each year the Trustees review the Charity's objectives and activities and confirm that they have referred to the guidance contained in the Charity Commissions General Guidance on Public Benefit when carrying out this review and in planning future activities.

National research shows that relationship breakdown costs the UK economy over £40billion each year and furthermore that stable relationships make a huge contribution to people's overall health and well-being. At times of difficulty, support is often necessary, for example, the birth of a child, relationship problems, bereavement, stress at work or retirement from work. Relate offers a complete range of professional, high quality services that support children, young people, adults and families through transitional periods of life and at times of difficulty and support clients to address them before they turn into something which threatens relational breakdown.

Relate is the UK's largest provider of relationship counselling and is the first source of help when people face relationship difficulties. Every year, Relate helps more than 1 million people of all ages and this work is carried out by a network of centres in England, Wales and Northern Ireland, through a mix of face to face and online support. As an organisation, we aim to be a preventative service in respect of relationship breakdown, as well as being an organisation which people can turn to in times of crisis. Ultimately, relationships will fare better if people have the skills to see potential problems early on and address them before they turn into something which threatens relational breakdown.

Founded in 1959, Relate Northamptonshire is an independent, registered charity and a member of the national Relate Federation. We continue to support the emotional well-being of the citizens of Northamptonshire by providing counselling, therapy and advice to around 1000 adults, children and young people through the delivery of almost 4000 hours of therapeutic support each year. Our services include:

- Adult relationship counselling for couples and individuals
- Family counselling
- Counselling for children & young people
- Sex therapy
- Staff Counselling (known as Employee Assist)
- Support for those experiencing domestic violence

Although our activities fall under the above core services, counselling and support takes the shape of many guises including work/life balance problems, stress management, bereavement, anxiety and depression and support for victims of domestic abuse.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Review of activities

For the year up until 31 March 2022, Relate Northamptonshire continued to receive valuable assistance from a wide range of external funders that enabled us to deliver valuable services to those in need. We are grateful to all those who supported Relate Northamptonshire and we would like to acknowledge our thanks to the following funders:

- Albert Hunt Trust
- Mental Health Northants Coalition (MHNC)
- National Lottery Community (Covid-19 Response)
- Northamptonshire Healthcare NHS Foundation
- Timson Benevolent Trust

Despite the ongoing support from such organisations, Relate Northamptonshire has been operating in a very difficult and challenging environment. The decline in the level of activity reflected number of counselling sessions delivered by Relate Northamptonshire during 2021/22 compared to the two previous years:

Service	2021/22	2020/21	2019/20
Family Counselling	10	41	143
Individual Counselling	568	805	164
Initial Assessment	149	200	452
Individual Structured			
Interview	-	2	8
Sex Therapy	-	76	41
Relationship Counselling	183	646	1,593
Young Persons Counselling	25	124	139
Totals	935	1,894	2,540

Our staff team

Following the departure of the previous CEO, Carolyn Benjamin, a new CEO, Christina Ryan, joined Relate Northamptonshire in November 2021. Christina ensured that the Trustees were well advised on all technical matters facing the organisation and was responsible for implementing the Trustee's decisions on a day to day basis.

Relate Northamptonshire's team of highly trained counsellors and administration and support staff continued to adapt their working practices to maintain service to clients through new delivery channels in the aftermath of the Covid 19 pandemic.

On behalf of the Board of Trustees, I express our thanks and appreciation to Christina for her leadership, to our team of practitioners for the excellent counselling they deliver and to the administration and accounts team for their hard work to support throughout what has been an extremely challenging year.

FINANCIAL REVIEW

Financial position

Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period.

Total incoming resources of £181,507 were lower than the previous year (2021: £207,784) and the charity made a deficit of £40,078 (2021: £19,726 surplus).

At the year end the charity presents a strong balance sheet, with total assets of £738,556 (2021: £773,738).

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

Reserves policy

The Directors and Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should not fall below £50,000 or exceed £200,000. The Management Committee will review the level of reserves at six monthly intervals.

At the year end, total funds amounted to £665,959 (2021: £706,037) of which £663,095 were unrestricted (2021: £696,181). After exclusion of those funds committed or invested in tangible fixed assets, at the balance sheet date, the charity had free reserves of £34,345 (2021: £79,160).

STRUCTURE, GOVERNANCE AND MANAGEMENT Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The board of trustees identify further skills required and seek to appoint new members to strengthen the board and where necessary to replace any member who decides not to seek re-appointment. New appointments are considered and agreed by all trustees at a meeting of the board. New trustees are invited to attend a trustee meeting prior to appointment. Following appointment new trustees are inducted into the charity.

Risk management

Trustees are responsible for the management of the risks faced by the Charity. Detailed consideration of the major risks to the charity were reviewed by Trustees and classified under the following headings:

- Funding
- Assets
- Resources Management
- Services and Practice
- Governance

The major risks to which Relate Northamptonshire is exposed were evaluated under the headings of likelihood and impact and appropriate measures established to mitigate those risks. The task of managing and monitoring identified risks is delegated to the CEO or her management team and supported by the Trustees.

Independent Examiners

The examiners appointed for financial year 2021/22 annual review are DNG Dove Naish LLP.

Kev Messages for 2022-23

In the early part of 2022, the Trustees of Relate Northamptonshire held a meeting with the Chair and Chief Executive of Relate (the national charity) to discuss the future of the Centre. The Trustees were concerned that the Centre was losing money and wanted to explore options to avoid having to close. It was clear that there were only two options open to the Trustees of Relate Northamptonshire: to close the Centre or to transfer into the national charity.

The Trustees of Relate Northamptonshire commissioned Grant Thornton to prepare a report on the future of the Centre. The report's conclusion was that the transfer of the Centre into the national charity, Relate, as a going concern provided the best option in terms of overall expected surplus.

At their meeting on 22 March 2022, the Board of Trustees of Relate Northamptonshire voted that in furtherance of their charitable objects they would pursue transferring the Centre into Relate.

Following a thorough due diligence exercise, the Board of Relate Northamptonshire and the Board of Relate met separately on 9 May 2022 and resolved to proceed with the merger of Relate Northamptonshire into Relate. On 20 May 2022, authorised representatives of the each Boards signed the Transfer Agreement and the transfer completed later that day.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

REFERENCE AND ADMINISTRATIVE DETAILS Registered Company number

04712486 (England and Wales)

Registered Charity number

1098399

Registered office

St Giles House 76 St Giles Street Northampton Northamptonshire NN1 1JW

Trustees

J Brame (resigned 27/5/22) M Smith P Dugmore (resigned 27/5/22) R Attwood M Pound S Robinson (resigned 27/5/22) L Ward (resigned 7/6/21)

Independent Examiner

DNG Dove Naish LLP Chartered Accountants Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

R Attwood - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF-RELATE NORTHAMPTONSHIRE

Independent examiner's report to the trustees of Relate Northamptonshire ('the Company')-

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.-

Responsibilities and basis of report-

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').-

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.—

Independent examiner's statement-

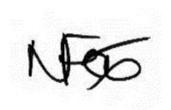
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:–

- 1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or-
- the accounts do not accord with those records; or-
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or-
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).—

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.-

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our independent examination work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA DNG Dove Naish LLP Chartered Accountants Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ

Date: 2 February 2023

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

INCOME AND ENDOWMENTS FROM Donations and legacies	Notes 3	Unrestricted funds £ 4,583	Restricted funds £	2022 Total funds £ 4,583	2021 Total funds £ 870
Charitable activities Counselling Employee Assist		45,699 21,155	93,450 -	139,149 21,155	176,049 14,235
Other income		16,620		16,620	16,630
Total		88,057	93,450	181,507	207,784
EXPENDITURE ON Charitable activities Counselling NET INCOME/(EXPENDITURE)		119,827 (31,770)	101,758 (8,308)	221,585 (40,078)	188,058 19,726
Transfers between funds	16	(1,316)	1,316	-	
Net movement in funds		(33,086)	(6,992)	(40,078)	19,726
RECONCILIATION OF FUNDS					
Total funds brought forward		696,181	9,856	706,037	686,311
TOTAL FUNDS CARRIED FORWARD		663,095	2,864	665,959	706,037

STATEMENT OF FINANCIAL POSITION 31 MARCH 2022

FIXED ASSETS Tangible assets	Notes 10	Unrestricted funds £ 674,257	Restricted funds £	2022 Total funds £ 677,121	2021 Total funds £ 676,553
CURRENT ASSETS Debtors Cash at bank and in hand	11	17,128 44,307	- -	17,128 44,307	21,664 75,521
		61,435	-	61,435	97,185
CREDITORS Amounts falling due within one year	12	(27,090)	-	(27,090)	(15,081)
NET CURRENT ASSETS		34,345	<u>-</u>	34,345	82,104
TOTAL ASSETS LESS CURRENT LIABILITIES		708,602	2,864	711,466	758,657
CREDITORS Amounts falling due after more than one	year 13	(45,507)	-	(45,507)	(52,620)
NET ASSETS		663,095	2,864	665,959	706,037
FUNDS Unrestricted funds Restricted funds	16			663,095 2,864	696,181 9,856
TOTAL FUNDS				665,959	706,037

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

STATEMENT OF FINANCIAL POSITION - continued 31 MARCH 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on311.1.2.3.................. and were signed on its behalf by:

R Attwood - Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. LEGAL FORM

The charity is a company limited by guarantee registered in England and Wales. Its registered office and charity number is as shown on page 4.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of these financial statements is British Pound Sterling (£).

Going concern

As explained in the Trustees Report, on 20 May 2022 the charity was merged with Relate. The charity continues to operate within the national charity, therefore these accounts are prepared on the going concern basis.

Critical accounting judgements and key sources of estimation uncertainty

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

2. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Depreciation is not charged on the freehold buildings as the residual value is considered to be not less than the carrying value.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into. Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

3.	DONATIONS AND LEGAC	CIES			2022	2021
	Donations				£ 4,583	£ 870
4.	INCOME FROM CHARITA	BLE ACTIVITIES			2022	2024
	Grants and contracts Grants and contracts	Activity Counselling Employee Assist			2022 £ 139,149 21,155	2021 £ 176,049
					160,304	190,284
	Grants received, included i	n the above, are as follows:			2022	2021
	Client Contributions - Indivi Client Contributions - Corp Sudborough Foundation Big Lottery Fund				£ 42,108 21,155	£ 34,699 13,227 5,000 40,495
	Manna House Northampton Municipal Ch Edward Gosling Foundatio				93,450 - -	55,824 1,500 10,000
	Northamptonshire Healthca COVID-19 Grants				780 2,811	29,539
					160,304	190,284
5.	SUPPORT COSTS					
		Manageme £	ent	Finance £	Governance costs £	Totals £
	Counselling	<u>27,313</u>		<u>593</u>	3,650	31,556
	Support costs, included in t	he above, are as follows:				
	Management				2022	2021 Total
	Hire of plant and machinery Rent, rates and service cha Insurance Light and heat Telephone Postage and stationery Advertising Bad Debts Depreciation of tangible an assets	arge			Counselling £ 699 11,343 2,444 418 3,242 422 4,403 - 2,809	activities £ 390 11,273 1,556 2,373 5,006 428 59 60
	Carried forward				25,780	23,673

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

5. SUPPORT COSTS - continued

Management - continued

	2022	2021 Total
	Counselling £	activities £
Brought forward	25,780 446	23,673
Loss on sale of tangible fixed assets Mortgage interest	1,087	1,150
	27,313	24,823
Finance		
	2022	2021 Total
	Counselling £	activities £
Bank charges	<u>593</u>	1,237
Governance costs		
	2022	2021 Total
	Counselling £	activities £
Accountancy fees	3,600	1,861
Legal fees	50	_
	3,650	1,861

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	2,809	2,528
Hire of plant and machinery	699	390
Deficit on disposal of fixed assets	446	-
·		

7. TRUSTEES' REMUNERATION AND BENEFITS

No Trustees received remuneration during the year. Last year one Trustee, D Melville was paid £27 for her role as a counsellor. This is in accordance with the articles of association and she was not remunerated for her services as a Trustee.

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

7. TRUSTEES' REMUNERATION AND BENEFITS - continued

Trustees' expenses

During the year no trustees were paid (2021: £Nil) in respect of expenses.

8. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	173,992	143,947
Social security costs	4,484	3,154
Other pension costs	2,118	1,863
	<u>180,594</u>	148,964

The average monthly number of employees during the year was as follows:

Employees	2022 21	2021 17
Trustees	6	8
	27	<u>25</u>

No employees received emoluments in excess of £60,000.

Remuneration paid to key management personnel amounted to £40,224 (2021: £49,076).

9. NET INCOME/EXPENDITURE

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Independent Examiner's remuneration for examination	1,450	1,320
Independent Examiner's remuneration for other services	470	420

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

10.	TANGIBLE FIXED ASSETS		Fishumaa	
		Freehold property £	Fixtures and fittings £	Totals £
	COST			
	At 1 April 2021	668,963	42,346	711,309
	Additions	-	3,822	3,822
	Disposals		<u>(714</u>)	(714)
	At 31 March 2022	668,963	45,454	714,417
	DEPRECIATION			
	At 1 April 2021	-	34,756	34,756
	Charge for year	-	2,809	2,809
	Eliminated on disposal		(269)	(269)
	At 31 March 2022	-	37,296	37,296
	NET BOOK VALUE			
	At 31 March 2022	668,963	<u>8,158</u>	677,121
	At 31 March 2021	668,963	7,590	676,553
	No depreciation is charged on the cost of the Charity's trustees the estimated economic residual value of the profinancial statements.			

11	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Other debtors Prepayments	2022 £ 16,695 433	2021 £ 18,923 2,741
		17,128	21,664
12.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2022	2021
		£	£
	Bank loans and overdrafts (see note 14)	6,892	6,892
	Trade creditors	1,835	2,852
	Social security and other taxes	2,700	1,824
	Other creditors	1,833	1,833
	Deferred income	11,970	-
	Accrued expenses	1,860	1,680
		27,090	15,081

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

13.	CREDITORS: AMOUNTS FALLING DUE A	FTER MORE	THAN ONE YEA	AR 2022	2021
	Bank loans (see note 14)			£ 45,507	£ 52,620
14.	LOANS				
	An analysis of the maturity of loans is given	below:			
				2022 £	2021 £
	Amounts falling due within one year on dema Bank loans	and:		6,892	6,892
	Amounts falling due between two and five ye Bank loans - 2-5 years	ears:		27,568	27,568
	Amounts falling due in more than five years:				
	Repayable by instalments: Bank loans more 5 yr by instal			17,939	25,052
15.	SECURED DEBTS				
	The following secured debts are included wi	thin creditors:			
				2022 £	2021 £
	Bank loans			52,399	59,512
	The bank loan is secured on the freehold property.				
16.	MOVEMENT IN FUNDS		Net	Transfers	
		At 1/4/21 £	movement in funds £	between funds £	At 31/3/22 £
	Unrestricted funds General Fund	696,181	(31,770)	(1,316)	663,095
	Restricted funds	000	(000)		
	Big Lottery Fund Manna House	920 <u>8,936</u>	(920) <u>(7,388</u>)	1,31 <u>6</u>	2,864
		9,856	(8,308)	<u>1,316</u>	2,864
	TOTAL FUNDS	706,037	(40,078)		665,959

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

		Incoming resources	Resources expended £	Movement in funds £
Unrestricted funds General Fund		88,057	(119,827)	(31,770)
Restricted funds Big Lottery Fund Manna House		93,450	(920) (100,838)	(920) (7,388)
		93,450	(101,758)	(8,308)
TOTAL FUNDS		181,507	<u>(221,585</u>)	(40,078)
Comparatives for movement in funds				
	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds General Fund		movement in funds	between funds	31/3/21
	£	movement in funds £	between funds £	31/3/21 £

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended £	Movement in funds £
Unrestricted funds			
General Fund	96,465	(72,582)	23,883
Restricted funds		(5.000)	(222)
The Sudborough Foundation	5,000	(5,899)	(899)
Big Lottery Fund	40,495	(39,575)	920
The Pixel Fund	-	(3,238)	(3,238)
Northampton and District Mind	-	(79)	(79)
Manna House	55,824	(55,825)	`(1)
Edward Gosling	10,000	(10,860)	(860)
-			
	111,319	<u>(115,476</u>)	(4,157)
TOTAL FUNDS	207,784	<u>(188,058</u>)	19,726

The Northampton and District Mind grant was for delivery of counselling sessions to people living in Northamptonshire and referred by a NHS Mental Health Navigator.

The Big Lottery Fund was for COVID-19 relief.

The Pixel Fund was for delivery of counselling sessions to young people.

The Sudborough Foundation grant was for delivery of counselling sessions to adults living in Northamptonshire.

The Manna House grant was for delivery of counselling sessions.

The Edward Gosling Fund was for delivery of counselling sessions and the adapted phoneline service.

Transfers between funds

Transfers from the general to restricted funds represent overspends on restricted funds.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2022 or 31st March 2021 other than those disclosed in note 7.

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

18. POST BALANCE SHEET EVENTS

Following a thorough due diligence exercise, the Board of Relate Northamptonshire and the Board of Relate met separately on 9 May 2022 and resolved to proceed with the merger of Relate Northamptonshire into Relate. On 20 May 2022, authorised representatives of the each Boards signed the Transfer Agreement and the transfer completed later that day.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS	L	L
Donations and legacies Donations	4,583	870
Charitable activities Grants and contracts	160,304	190,284
Other income Rent	16,620	16,630
Total incoming resources	181,507	207,784
EXPENDITURE		
Charitable activities Trustees' salaries Wages Social security Pensions Sundries Staff training Repairs and maintenance	173,992 4,484 2,118 2,282 500 6,653	27 143,920 3,154 1,863 1,772 1,610 7,791
	190,029	160,137
Support costs Management Hire of plant and machinery Rent, rates and service charge Insurance Light and heat Telephone Postage and stationery Advertising Bad Debts	699 11,343 2,444 418 3,242 422 4,403	390 11,273 1,556 2,373 5,006 428 59 60
Depreciation of plant & machinery Loss on sale of tangible fixed assets	2,809 446	2,528
Mortgage interest	1,087	1,150
	27,313	24,823
Finance Bank charges	593	1,237
Governance costs Accountancy fees Legal fees	3,600 50	1,861
	3,650	1,861

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 <u>£</u>	2021 £
Total resources expended	221,585	188,058
Net (expenditure)/income	(40,078)	19,726