

Report of the Trustees and
Audited Financial Statements for the Year Ended 31 March 2022
for
Mushkil Aasaan Limited
(A Company Limited by Guarantee)

Mushkil Aasaan Limited
(A company limited by guarantee)

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for the Year Ended 31 March 2022

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Mushkil Aasaan Limited
(A company limited by guarantee)

Reference and Administrative Details
for the Year Ended 31 March 2022

TRUSTEES	Mrs. Shaheen Farhat Mrs. Khalida Mehal Mrs. Habib Lateef
COMPANY SECRETARY	Mrs. Naseem Aboobaker
REGISTERED OFFICE	220-222 Upper Tooting Road London SW17 7EW
REGISTERED COMPANY NUMBER	3810948 (England and Wales)
REGISTERED CHARITY NUMBER	1080666
INDEPENDENT AUDITOR	Nasir Mahmud FCA Chartered Accountant Falcon House 257 Burlington Road New Malden Surrey KT3 4NE

The trustees present their strategic report for the year ended 31 March 2022

REVIEW OF BUSINESS

As we emerged from the Pandemic there was a great sense of apathy, fear, and grief amongst the Communities we serve and our Careworkers and Service Users. Whilst families grieved for losses of loved ones across the world, there was a heightened sense of uncertainty in a backdrop of unprecedented and exceptionally complex challenges. We found elders suffering from isolation and health conditions but also a marked increase in Dementia. Parents of young children were exhausted with home-schooling and keeping them active. Unemployment, housing, and financial pressures had taken the toll on relationships resulting in increased Domestic Violence and challenges to Mental Wellbeing.

Careworkers continued to provide the invaluable Personal Care Service as Key Workers, but as was the case nationally, staff recruitment and retention became an issue with people not wanting to work in this field.

Throughout the pandemic Mushkil Aasaan mobilized and re-organized, to maximize upon our limited resources, within a more focused manner to outreaching remotely to those in greatest need while addressing and managing the panic and fear being expressed in the communities about the well-being of their elderly, those living in intergenerational households or residential care.

We operated a constantly available helpline to provide a safety net for the vulnerable families and elderly, in our communities that we serve. This was cushioned by delivering outreach support services to our Elderly experiencing social isolation by providing daily hot meals, assistance with shopping and collecting prescriptions.

Another key service was maintaining family links with their loved ones in hospital through the Chaplaincy Service, while directly supporting bereaved families. Several Volunteers have trained with the Spiritual Centre at St Georges Hospital as part of the Chaplaincy Team to visit and support patients in the Wards.

During the Pandemic, in thinking of a way to be in touch remotely with all, we set up a Spiritual Support Group for the Community and Service Users and Volunteers on WhatsApp.

Careworkers continued to provide the invaluable Personal Care Service as Key Workers and were supported by motivational quotes and prayers on caring for humanity. They were kept up to date with Government Guidance on Infection Control, Donning and Doffing PPE, Social Distancing, Testing and then Vaccinations. To alleviate hesitancy in vaccinating videos were sent on webinars on discussions by Faith Leaders. Careworkers always knew they could always communicate their concerns and fears to us.

For the Community at large and especially for those who were extremely vulnerable and isolated, we organized a daily hot meal to be delivered with the support of the local mosque and coordinated a pool of Volunteers to deliver prescriptions and shopping at the doorstep. For those grieving for their loved ones dying in hospital we liaised with the Chaplaincy Service in the hospital who visited the patient and facilitated the contact with family members on Zoom. This was very consoling for them at the delicate time of when loved ones were passing away.

The WhatsApp Group was a lifeline for Service Users and their families in keeping them informed but more for the spiritual support with some of these methods:

- Motivational videos from faith leaders were shared from all over the world
- Videos on healthier eating and exercise, and traditional and herbal therapies on managing symptoms.

- Other clips and videos were shared on social distancing and sanitizing and isolating to those with extended family households
- Little exercise of sharing good moments whereby everyone got to share their best moments/jokes/funny stories/experiences with the group of people
- Soothing Islamic Nasheed (poems/songs)
- Joint prayers for people who have lost their loved ones around the world.

This exercise was extremely therapeutic in giving:

- A perspective of a world-wide pandemic
- Keeping informed in all aspects
- Exploring the purpose of life as an ultimate goal to the afterlife.
- Everyone took turns in sharing their losses and grief and how were they coping with their losses.
- What lesson was learnt from it and how to remember the loved one (remembering the special moments with them).
- Sharing their experiences on what was helping them to overcome their emotions.

PRINCIPAL RISKS AND UNCERTAINTIES

The reduced annual grant of £45,468 from the Wandsworth Council caters for the over-subscribed Service Level Agreement. Spot-Purchase of our Specialist Domiciliary Services is the Charity's main source of income.

The Trustees are conscious of the reliance on the grant and tentative spot-purchased Domiciliary Care income and the importance to reduce dependency through sustainable and creative initiatives, while increasing revenue and control costs within models of best value.

The unit cost has remained considerably reduced to remain competitive in the market position. Adherence to regulatory requirements and challenges of Covid 19 have resulted in a reduction in earned income to break-even point and raises credible concerns for costings of all subsidised services and future development visions.

As with all entities, no future is assured and an element of risk looms over the future of the Charity. The economic climate and changing patterns of delivery has its own impact on Social Services commissioning. In comparison to last year there has been a sustained level of income generated through the spot-purchasing of Domiciliary Care.

FUTURE PROSPECTS

Possible Future Opportunities

The Charity's future direction and existing sustainability is influenced by its grant funding and spot-purchase commissioning.

Current strategic planning explores a range of approaches encompassing better outcomes for our service users and carers as set out in our vision and values.

- With our renewed NHS AQP Pan London Provider Status there is scope to venture into surrounding boroughs to provide these much-needed services. To develop an End-of-Life Care Service in Croydon whilst promoting Carework as a viable profession and providing appropriate training.

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Strategic Report
for the Year Ended 31 March 2022

- To remain alert on newer opportunities such as the Government Agenda on Integrated Services.
- To co-produce culturally sensitive Psychological Services and Programmes of Health and Wellbeing in Co-production with Wandsworth Community Empowerment Network and statutory services.
- To develop an Intergenerational Supported Housing Scheme Project at our site, 5 North Drive. The very initial process for this venture in a conservation area has commenced with the engagement of an architectural company for a feasibility study and an initial Pre-App meeting.
- Plans are currently in place for the Charity to formalise as a registered Social Housing Provider, a much requested and an unmet need for our elderly who are desiring to downsizing. Also, a stated preference to residential care, recalling what happened in the pandemic to many of the elderly in carehomes. Our planned intergenerational purpose-built project remains a work in progress.

This report was approved by the Board on 30th December 2022 signed on its behalf by



Mrs. Shaheen Farhat - Trustee

The trustees who are also directors of Mushkil Aasaan Limited for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Mushkil Aasaan is a Registered Charity (No 1080666) and a Company Limited by Guarantee (No 3810948). Its objectives are expressed in the Memorandum of Association. Its Trustees are supported by a Board of Management and two Patrons. The Trustees have had regard to the Charity Commission's guidance on public benefit.

The Trustees, who are also Directors for the purposes of Company Law and who served during the year and up to the date of this report are set out on page 1. All Trustees and Directors collectively monitor and ensure delivery of its charitable objectives and strategic direction, while upholding the Charity's values. They have responsibility for ensuring good practice, effective governance and management, accurate and transparent financial management and reporting.

Furthermore, they ensure that the Charity complies with relevant laws and requirements of regulatory bodies, such as Care Quality Commission and NHS. They desire that Mushkil Aasaan remains successful and can continue to serve its diverse community as intended.

The priority of our organisation remains, to seek to recruit and appoint new board members / trustees while expanding the skill bank of our organisation through formal training relevant to the Charity needs with clear procedures on roles and responsibilities as trustees.

Key Objectives of the Charity are:

- To provide care, support, education and training for individuals and families and their carers.
- To provide support to people affected by poverty, sickness, family breakdown and social exclusion.
- To develop the capacity and skills of members of socially and/or economically disadvantaged communities to help identify and meet their needs and enable them to participate more fully in society.
- To support people in accessing legal advice and other professional advice and support.
- To provide a service responsive to assessed needs, with equal access to all, regardless of sex, race, income, social class, or other socio-demographic factors.

The Charity's future direction and existing sustainability is influenced by its grant funding and spot-purchase commissioning. Current strategic planning explores a range of approaches encompassing better outcomes for our service users and carers as set out in our vision and values.

Report of the trustees
for the Year Ended 31 March 2022

With our NHS AQP Pan London Provider Status there is scope to venture into surrounding boroughs to provide these much-needed services. To develop an End-of-Life Care Service in Croydon whilst promoting Care work as a viable profession and providing appropriate training. To remain alert on newer opportunities such as the Government Agenda on Integrated Services.

To co-produce culturally sensitive Psychological Services and Programs of Health and Wellbeing in Co-production with Wandsworth Community Empowerment Network and statutory services.

To develop an Intergenerational Supported Housing Scheme Project at our site, 5 North Drive. The very initial process for this venture in a conservation area has commenced with the engagement of an architectural company in the process of a feasibility study and an initial Pre-App meeting.

Plans are currently in place for the Charity to formalize as a registered Social Housing Provider, a much requested and an unmet need for our elderly who are desiring to downsizing. Also, a stated preference to residential care, recalling what happened in the pandemic to many of the elderly in Care homes. Our planned intergenerational purpose-built project remains a work in progress.

Risk Assessment

The reduced annual grant of £45,468 from the Wandsworth Council caters for the over-subscribed Service Level Agreement. Spot-Purchase of our Specialist Domiciliary Services is the Charity's main source of income.

The Trustees are conscious of the reliance on the grant and tentative spot-purchased Domiciliary Care income and the importance to reduce dependency through sustainable and creative initiatives, while increasing revenue and control costs within models of best value.

The unit cost has remained considerably reduced to remain competitive in the market position. Adherence to regulatory requirements and challenges of Covid 19 have resulted in a reduction in earned income to break-even point and raises credible concerns for costings of all subsidized services and future development visions.

As with all entities, no future is assured and an element of risk looms over the future of the Charity. The economic climate and changing patterns of delivery has its own impact on Social Services commissioning with the added impact of Covid 19. In comparison to last year there has been a sustained level of income generated through the spot-purchasing of Domiciliary Care.

RISK	MITIGATION
Financial performance and resilience	Ensure standard accountancy procedures are followed and accounts managed on a regular basis
Protecting the Charity's assets	Ensure information relating to assets are up to date and reviews take place regularly
Poor data integrity and governance including (GDPR)	Ensure data processing is carried out according to statutory requirements along with regular audits
Regulatory and Reputation al risks	Ensure all compliance standards are known and regular audits take place during the year, especially CQC
Staff Wellbeing	Ensure regular 121s are held with all staff by line managers and appropriate policies are in place for training and development

Reserves Policy

In view of the risks identified, the Trustees consider it prudent to hold unrestricted free reserves to cover approximately 6 months running costs. For the year ended, this amounted to approximately £500,000.

Any additional unrestricted free reserves have been designated for an identified Supported Housing Project and to enhance the existing services provided as and when deemed necessary

Objectives and activities and Achievements and performance

We remain committed to supporting our communities that enhances their overall wellbeing, through lifestyle choices and our shared activities, not least serving women and children who have no recourse to public funding or are experiencing Domestic Violence.

Our popular Counselling, Advocacy, and Therapeutic Services remain over-subscribed from across the Statutory and Voluntary sector, along with self-referrals and amongst Co-professionals. This unique and holistic model of multiple Therapeutic and Counselling techniques offers management of crises and emotional distress. It aims to explore, enhance, and promote the inner strengths and resources of the individual towards a greater well-being, personal empowerment, and focus. This can further involve Crisis Intervention and Family Mediation and Conciliation and Practical Support in countering domestic violence, family breakdown, homelessness, child protection, elder abuse, racial harassment, and discrimination.

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Report of the trustees
for the Year Ended 31 March 2022

Added value to this is appropriate practical assistance and advocacy in accessing welfare rights, housing, social care and community networks, career development, good health and well-being initiatives. The 'added value' of this service was much recognized this year with being inundated with referrals from GP Social Prescribing Services. To facilitate this Service further we have been privileged to have the Services of a legal firm onsite weekly courtesy of Farrani Taylors.

Accordingly, there was a notable increase in assisting welfare rights claimants, domestic violence victims, and mental health concerns, along with homelessness. Our Counselling and Advocacy Service was over-subscribed with "Children In Need" and family relationships becoming very stressed in a climate of financial uncertainties, unemployment and family breakdown and bereavement. Added to the existing caseload, there were 283 new clients in the year, of which 52 were Social Prescribing referrals from GP practices requiring intense advocacy, crisis and counselling support.

A range of Support Groups instigated by the imperative needs of the diverse Communities, give the Centre a real sense of vibrancy and value throughout the week, for a whole range of activities, including family and community celebrations, discussions, and debate across a range of organisations and topics.

Our Elderly Women's Weekly Support Group continues and is a popular activity at our Centre. Apart from a weekly lunch together which incorporates well-women seminars and fitness activities, it further helps to promote their overall well-being when they voice their concerns and a voice on social issues.

A group of young professional women and working mothers continue to meet at the Centre on Monday evenings, with a focus on self-support. It remains an important forum for helping them gain greater confidence and understanding of positive Parenting through their shared experiences of their growing children's needs.

Post Covid highlighted a great need for women to combat isolation and mental and physical health needs. To this end Wandsworth Enable Social Prescribing granted funding to run Weight Management and Wellbeing Groups. The programme of activities organized by Mushkil Aasaan proved very popular both for Asian women and Somali women. It not only addressed the physical aspects of weight management and cultural healthy meals but also health checks and discussions on conditions like Diabetes, Heart Disease, Cancer et. Most importantly, it provided a platform for discussion on mental health conditions like depression/anxiety and dementia and parenting issues in countering gang culture and knife crime.

The year commenced on a positive note with a very successful Ramadan and Easter Playscheme for Children and their families under the DFE funded Holiday Activities and Food Programme (HAF). The aim of the programme was to provide free stimulating activities and promote nutritious meals to children in a Covid safe environment.

Mushkil Aasaan's programme has been well received and appraised by the Local Authority. This has now become a common feature in the year with an Easter, Summer and Winter playscheme moving onto another seasonal year. It gives us great pleasure to welcome children and their families, especially those with Special Needs who would not normally venture out.

We now have an independent provider delivering Nursery provision at the Zakia Family Centre. This also addresses the objective of providing a service to Children in Need while delivering unmet childcare needs for mothers who want to maximize upon the opportunities within the employment market to raising the economic base of the family. We have kept two places in reserve for children whose family are facing a personal crisis in which they have a need for short-term nursery provision, as part of our Charitable purposes.

The land at the Community Garden at North Drive is used by the local Tooting Transition Project as part of an organic ecology project in which they involve those who are committed to the cause. As usual, the annual event of the Foodival organized by the team was very successful in demonstrating the use of the produce from the Garden. There has been gradual progress towards a Pre-App feasibility study in ascertaining a Planning approval to develop the site into a Sheltered Housing Scheme with a community Garden and facilities for children to create an intergenerational model of living experience.

Sustainability, Social Responsibility and Public Impact

Mushkil Aasaan continues to promote a strong citizenship-based culture of involvement and social responsibility through a range of activities and forums. We continue to strengthen our support networks and links within the wider diverse communities of South London. The importance of developing a shared understanding and cooperation between statutory and secular communities cannot be emphasized enough. Consultancy to Co-professionals and Community representation to statutory services remains a key objective in highlighting unmet needs.

Mushkil Aasaan continues to build its links and support networks with the statutory and voluntary sector and the wider diverse communities of South London which was overwhelmingly evident at its Covid Support.

IIP notes that 'Mushkil Aasaan has a very friendly, positive culture and people throughout the organisation enjoy working there and appear to be loyal and dedicated.

As ever, much of our accomplishments this year could not have been achieved without the continued dedication, and commitment of our Careworkers, Volunteers, Trustees, Management Board and Office-Based Support Team.

The daily complexities and challenges of coordinating an effective ongoing development Project such as Mushkil Aasaan remains for the most part in the hands of Naseem Aboobaker our Project Director and Bernadette Khan our Consultant Social Worker, both of whom work tirelessly beyond the call of duty for the Communities we serve.

To name but a few accomplishments in the year were:
More than 93, 925 hours of Domiciliary Care throughout the year. At least 30 hours per week of face to face and remote Counselling, Casework and Advocacy Support. Over 50 hours weekly of Volunteering and Crisis Support. At least 500 Users weekly of Support Groups and Centre Activities, Seminars and Events will resume as reopening plans are underway post-Covid.

We remain passionate about our work and support to the families and communities we serve. Our success lies in our ethos of our commitment to address unmet needs with a holistic model of support that promotes best value.

Across a spectrum of very complex and unmet needs, our early interventionist practice model of assessment and support reduces the call later costlier statutory services.

This model of delivery must make significant and huge saving for the local authority and indeed the public purse, while reducing inequalities.

Our Support Groups, Volunteering and Career Development impact on reducing isolation, promoting well-being and reducing dependency on welfare rights.

Furthermore, our Domiciliary Care Services empower the elderly to remain in their homes and reduce the demands on hospitalisation and other statutory health and social care services.

Financial review

The charity made a net surplus of £353,385 during the year. At the balance sheet date, total unrestricted funds amounted to £7,986,151, including a net revaluation reserve of £948,600 and a deficit of £30,734 on restricted funds.

Employee involvement

Supporting, identifying, nurturing, and providing the opportunities for people to be empowered and to improve themselves is fundamental to the culture of Mushkil Aasaan. Most staff are extremely proud of the organisation, their visibility in the community and the support that is given to the families and communities in the area.

We operate within a culture which supports collaborative working and strong intra-team support. The job shadowing, paired working, training sessions and the informal weekly visits to the office enable this to take place. In addition, people are encouraged to discuss their individual needs and to share and support their team members.

Career development amongst our staff remains an organisational key objective. The central focus of our recruitment, retention and practices is promoting and empowering those who seek such opportunities. This manifests itself in continuing to provide inclusive employment opportunities for male and female Careworkers and Volunteers. The open and transparent leadership of the office team and senior staff sets a positive tone for aspiring leaders and managers throughout the organisation.

There is a considerable amount of training opportunities in this year including both face to face and online. Recent ongoing key training requirement has been related to COVID-19 and Infection Control, Handwashing, Donning and Doffing PPE. Remote online opportunities during the pandemic offered more accessible training on essential topics such as Care Certificate, Level 2 and 3 in Manual Handling, Dementia, End of Life, Skin Care, Depression and Anxiety, and Palliative Care. Management Training has included Care Planning, Covid 19 and Domiciliary Care, Food Hygiene, and Spiritual Support and Psychological Therapies.

Statement as to disclosure of information to auditors

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditors are unaware; and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Mushkil Aasaan Limited (A company limited by guarantee) for the purposes of company Law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources,

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Report of the Trustees
for the Year Ended 31 March 2022

including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

select suitable accounting policies and then apply them consistently. observe the methods and principles in the Charity SORP.
make judgements and estimates that are reasonable and prudent.

prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

there is no relevant audit information of which the charitable company's auditor is unaware; and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

AUDITOR

The auditor, Nasir Mahmud FCA, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 30th December 2022 and signed on the board's behalf by:



Mrs. Shaheen Farhat - Trustee

Report of the Independent Auditor to the Members of
Mushkil Aasaan Limited
(A company limited by guarantee)

Opinion

I have audited the financial statements of Mushkil Aasaan Limited (A company limited by guarantee) (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In my opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

I conducted my audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. My responsibilities under those standards are further described in the Auditor responsibilities for the audit of the financial statements section of my report. I am independent of the charitable company in accordance with the ethical requirements that are relevant to my audit of the financial statements in the UK, including the FRC's Ethical Standard, and I have fulfilled my other ethical responsibilities in accordance with these requirements. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my opinion.

Conclusions relating to going concern

I have nothing to report in respect of the following matters in relation to which the ISAs (UK) require me to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and my Report of the Independent Auditor thereon.

My opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in my report, I do not express any form of assurance conclusion thereon.

In connection with my audit of the financial statements, my responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or my knowledge obtained in the audit or otherwise appears to be materially misstated. If I identify such material inconsistencies or apparent material misstatements, I am required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work I have performed, I conclude that there is a material misstatement of this other information, I am required to report that fact. I have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In my opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which I am required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, I have not identified material misstatements in the Report of the Trustees.

I have nothing to report in respect of the following matters where the Companies Act 2006 requires me to report to you if, in my opinion:

- adequate accounting records have not been kept or returns adequate for my audit have not been received from branches not visited by me; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- I have not received all the information and explanations I require for my audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

My responsibilities for the audit of the financial statements

My objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditor that includes my opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. I design procedures in line with my responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which my procedures are capable of detecting irregularities, including fraud is detailed below:

" Enquiry of management, those charged with governance and the entity's solicitors (or in-house legal team) around actual and potential litigation and claims.

" Enquiry of entity staff in tax and compliance functions to identify any instances of non-compliance with laws and regulations.

Report of the Independent Auditor to the Members of
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" Reviewing minutes of meetings of those charged with governance.
" Reviewing internal audit reports.

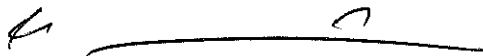
" Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

" Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.

A further description of my responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of my Report of the Independent Auditor.

Use of my report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. My audit work has been undertaken so that I might state to the charitable company's members those matters I am required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for my audit work, for this report, or for the opinions I have formed.



Nasir Mahmud FCA (Senior Statutory auditor)

For and on behalf of

Nasir Mahmud FCA
Chartered Accountant
Falcon House
257 Burlington Road
New Malden
Surrey
KT3 4NE

Date: 30 December 2022

Mushkil Aasaan Limited
(A company limited by guarantee)

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	53,474	45,468	98,942	131,117
Other trading activities	3	1,641,642	-	1,641,642	1,361,244
Investment income	4	<u>184,233</u>	<u>-</u>	<u>184,233</u>	<u>182,754</u>
Total		1,879,349	45,468	1,924,817	1,675,115
EXPENDITURE ON					
Raising funds	5	27,382	-	27,382	69,622
Charitable activities					
Spot Purchases	6	1,100,883	-	1,100,883	942,813
Charitable activity		396,340	46,027	442,367	428,072
Governance costs		<u>17,000</u>	<u>-</u>	<u>17,000</u>	<u>17,000</u>
Total		1,541,605	46,027	1,587,632	1,457,506
Net gains on investments		<u>16,200</u>	<u>-</u>	<u>16,200</u>	<u>40,500</u>
NET INCOME/(EXPENDITURE)		353,944	(559)	353,385	258,108
RECONCILIATION OF FUNDS					
Total funds brought forward		7,632,207	(30,175)	7,602,032	7,343,924
TOTAL FUNDS CARRIED FORWARD		<u>7,986,151</u>	<u>(30,734)</u>	<u>7,955,417</u>	<u>7,602,032</u>

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Balance Sheet
31 March 2022

	Notes	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS			
Tangible assets	12	495,269	507,094
Investment property	13	<u>4,270,000</u>	<u>4,250,000</u>
		4,765,269	4,757,094
CURRENT ASSETS			
Debtors	14	317,643	271,840
Cash at bank and in hand		<u>3,307,019</u>	<u>2,987,764</u>
		3,624,662	3,259,604
CREDITORS			
Amounts falling due within one year	15	(212,214)	(196,166)
		<u>3,412,448</u>	<u>3,063,438</u>
NET CURRENT ASSETS/ (LIABILITIES)			
		8,177,717	7,820,532
TOTAL ASSETS LESS CURRENT LIABILITIES			
PROVISIONS FOR LIABILITIES	16	(222,300)	(218,500)
		<u>7,955,417</u>	<u>7,602,032</u>
NET ASSETS			
FUNDS	17		
Unrestricted funds:			
General fund		7,037,551	6,699,807
Revaluation Reserve		<u>948,600</u>	<u>932,400</u>
		7,986,151	7,632,207
Restricted funds:			
Restricted Fund		<u>(30,734)</u>	<u>(30,175)</u>
TOTAL FUNDS		<u>7,955,417</u>	<u>7,602,032</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30th December 2022 and were signed on its behalf by:

Mrs. Shaheen Farhat - Trustee

Mushkil Aasaan Limited
(A company limited by guarantee)

Cash Flow Statement
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
Cash flows from operating activities			
Cash generated from operations	1	322,002	312,568
Interest paid		(2,992)	(2,104)
		<hr/>	<hr/>
Net cash provided by operating activities		<u>319,010</u>	<u>310,464</u>
 Cash flows from investing activities			
Purchase of tangible fixed assets			
Interest received		246	1,279
Repayment of loan		<hr/>	<hr/>
Net cash provided by investing activities		<u>246</u>	<u>1,279</u>
		<hr/>	<hr/>
Change in cash and cash equivalents in the reporting period		319,256	311,743
Cash and cash equivalents at the beginning of the reporting period		<u>2,987,763</u>	<u>2,676,020</u>
		<hr/>	<hr/>
Cash and cash equivalents at the end of the reporting period		<u><u>3,307,019</u></u>	<u><u>2,987,763</u></u>

Notes to the Cash Flow Statement
for the Year Ended 31 March 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.22	31.3.21
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	353,385	258,108
Adjustments for:		
Depreciation charges	11,825	13,870
(Gains) / Losses on investments	(16,200)	(40,500)
Interest received	(246)	(1,279)
Interest paid	2,992	2,104
Decrease/(increase) in debtors	(45,802)	54,410
Increase/(decrease) in creditors	16,048	25,855
Net cash provided by operations	322,002	312,568

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21	Cash flow	At 31.3.22
	£	£	£
Net cash			
Cash at bank and in hand	2,987,763	319,256	3,307,019
	2,987,763	319,256	3,307,019
Total	2,987,763	319,256	3,307,019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic.

c benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property - Straight line over fifty years

Fixtures and fittings- 25% Straight line

Investment property

Investment property is shown at most recent valuation. Any aggregate surplus or deficit arising from changes in fair value is recognised in the Statement of Financial Activities.

Taxation

The charity is exempt from corporation tax on its charitable activities. However, it is subject to income tax on net rental income, and capital gains tax on any capital gains.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

2. DONATIONS AND LEGACIES

	31.3.22	31.3.21
	£	£
Grants	96,342	122,495
Receipts under Job Retention Scheme	<u>2,600</u>	<u>8,622</u>
	<u>98,942</u>	<u>131,117</u>

This is further analysed as:

Unrestricted:

Social Prescribing	6,000	
Covid Infection Control Grant	44,874	77,027

Receipts under Job Retention Scheme	<u>2,600</u>	<u>8,622</u>
	<u>53,474</u>	<u>85,649</u>

Restricted:

Wandsworth Borough Council	<u>45,468</u>	<u>45,468</u>
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3. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Spot purchase services	<u>1,641,642</u>	<u>1,361,244</u>

4. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Rents received	183,987	181,475
Deposit account interest	<u>246</u>	<u>1,279</u>
	<u>184,233</u>	<u>182,754</u>

5. RAISING FUNDS

Other trading activities

	31.3.22	31.3.21
	£	£
Bad debts	<u>(20,075)</u>	<u>22,336</u>

Investment management costs

	31.3.22	31.3.21
	£	£
Professional fees	-	-
Property repairs	19,870	19,485
Tax on rental income	<u>27,587</u>	<u>27,801</u>
	<u>47,457</u>	<u>47,286</u>

Aggregate amounts	<u>27,382</u>	<u>69,622</u>
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Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Direct Costs
	2022	2021
	£	£
Spot Purchases	1,100,883	942,813
Charitable activity	442,367	428,071
Governance costs	<u>17,000</u>	<u>17,000</u>
	<u>1,560,250</u>	<u>1,387,884</u>

7. NET INCOME/ (EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	11,824	13,870
Fees payable for the audit of the financial statements	<u>7,300</u>	<u>7,300</u>
	<u>19,124</u>	<u>21,170</u>

8. AUDITOR'S REMUNERATION

	2022 £	2021 £
Fees payable to Nasir Mahmud		
Fees payable for the audit of the financial statements	7,300	7,300
Fees payable to the company's auditor and its associates for other services:		
Other non-audit services	9,700	9,700

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

10. STAFF COSTS

	31.3.22	31.3.21
	£	£
Wages and salaries	1,251,584	1,114,050
Social security costs	68,809	58,953
Other pension costs	<u>18,285</u>	<u>14,972</u>
	<u>1,338,678</u>	<u>1,187,975</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Care Services	157	120
Administration	<u>07</u>	<u>09</u>
Total	<u>129</u>	<u>129</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	31.3.22	31.3.21
£70,001 - £80,000	<u>1</u>	<u>1</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	85,649	45,468	131,117
Other trading activities	1,361,244	-	1,361,244
Investment income	<u>182,754</u>	<u>-</u>	<u>182,754</u>
Total	1,629,647	45,468	1,675,115
EXPENDITURE ON			
Raising funds	69,622	-	69,622
Charitable activities			
Spot Purchases	942,813	-	942,813
Charitable activity	380,679	47,393	428,072
Governance costs	<u>17,000</u>	<u>-</u>	<u>17,000</u>
Total	1,410,114	47,393	1,457,506
Net gains on investments	<u>40,500</u>	<u>-</u>	<u>40,500</u>
NET INCOME/ (EXPENDITURE)	260,033	(1,925)	258,108
RECONCILIATION OF FUNDS			
Total funds brought forward	7,372,174	(28,250)	7,343,924
TOTAL FUNDS CARRIED FORWARD	<u>7,632,207</u>	<u>(30,175)</u>	<u>7,602,032</u>

12. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2021 and 31 March 2022	710,534	18,529	729,063
DEPRECIATION			
At 1 April 2021	207,407	14,562	221,969
Charge for year	<u>10,063</u>	<u>1,762</u>	<u>11,825</u>
At 31 March 2022	217,470	16,324	233,794
NET BOOK VALUE			
At 31 March 2022	<u>493,064</u>	<u>2,205</u>	<u>495,269</u>
At 31 March 2021	<u>503,127</u>	<u>3,967</u>	<u>507,094</u>

Included in cost or valuation of land and buildings is freehold land of £175,000 (2021 - £175,000) which is not depreciated.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

13. INVESTMENT PROPERTY

£

FAIR VALUE

At 1 April 2021	4,882,757
Revaluation	<u>20,000</u>

At 31 March 2022	4,902,757
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AMORTISATION

At 1 April 2021 and 31 March 2022	<u>632,757</u>
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NET BOOK VALUE

At 31 March 2022	<u><u>4,270,000</u></u>
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At 31 March 2021	<u><u>4,250,000</u></u>
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14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

31.3.22	31.3.21
£	£

Trade debtors	180,321	217,338
Provision for bad debts	(79,334)	(99,409)
Prepayments and accrued income	<u>216,656</u>	<u>153,911</u>
	<u><u>317,643</u></u>	<u><u>271,840</u></u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

31.3.22	31.3.21
£	£

Tax	27,587	27,801
Social security and other taxes	44,020	33,136
Other creditors	49,935	49,146
Accruals and deferred income	<u>90,672</u>	<u>86,083</u>
	<u><u>212,214</u></u>	<u><u>196,166</u></u>

16. PROVISIONS FOR LIABILITIES

31.3.22	31.3.21
£	£

Deferred tax	<u><u>222,300</u></u>	<u><u>218,500</u></u>
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Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

17. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	6,699,807	337,744	7,037,551
Revaluation Reserve	<u>932,400</u>	<u>16,200</u>	<u>948,600</u>
	7,632,207	353,944	7,985,151
Restricted funds			
Restricted Fund	<u>(30,175)</u>	<u>(559)</u>	<u>(30,734)</u>
TOTAL FUNDS	<u>7,602,032</u>	<u>353,385</u>	<u>7,955,417</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	1,879,349	(1,541,605)	-	337,744
Revaluation Reserve	<u>-</u>	<u>-</u>	<u>16,200</u>	<u>16,200</u>
	1,879,349	(1,541,605)	16,200	353,944
Restricted funds				
Restricted Fund	<u>45,468</u>	<u>(46,027)</u>	<u>-</u>	<u>(559)</u>
TOTAL FUNDS	<u>1,924,817</u>	<u>(1,587,632)</u>	<u>16,200</u>	<u>353,385</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	6,480,274	219,533	6,699,807
Revaluation Reserve	<u>891,900</u>	<u>40,500</u>	<u>932,400</u>
	7,372,174	260,033	7,632,207
Restricted funds			
Restricted Fund	<u>(28,250)</u>	<u>(1,925)</u>	<u>(30,175)</u>
TOTAL FUNDS	<u>7,343,924</u>	<u>258,108</u>	<u>7,602,032</u>

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,629,647	(1,410,114)	219,533
Restricted funds			
Restricted Fund	45,468	(47,393)	(1,925)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	1,675,115	(1,457,507)	217,608

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

19. POST BALANCE SHEET EVENT

Mushkil Aasaan continues to operate without a formal service level agreement for providing homecare services. The contract was not renewed by the Wandsworth Borough Council.

Mushkil Aasaan Limited
(A company limited by guarantee)

Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	96,342	122,495
Donated services and facilities	<u>2,600</u>	<u>8,622</u>
	98,942	131,117
Other trading activities		
Spot purchase services	1,641,642	1,361,244
Investment income		
Rents received	183,987	181,475
Deposit account interest	<u>246</u>	<u>1,279</u>
	<u>184,233</u>	<u>182,754</u>
Total incoming resources	1,924,817	1,675,115
EXPENDITURE		
Other trading activities		
Bad debts	(20,075)	22,336
Investment management costs		
Professional fees	-	-
Property repairs	19,870	19,485
Tax on rental income	<u>27,587</u>	<u>27,801</u>
	47,457	69,622
Charitable activities		
Wages	1,251,584	1,114,050
Social security	68,809	58,953
Pensions	18,285	14,972
Rates and water	12,661	8,480
Insurance	41,246	41,393
Light and heat	8,579	7,111
Telephone	5,270	7,244
Postage and stationery	6,659	8,124
Sundries	10,454	21,205
Travelling	2,450	1,074
Audit	7,300	7,300
Accountancy	22,404	24,018
Consultancy fees	18,200	20,020
Professional fees	43,749	32,931
Repairs and maintenance	8,499	3,036
Community care	19,285	2,000
Freehold property	10,063	10,700
Fixtures and fittings	1,762	3,170
Bank interest	2,992	2,104
Bank loan interest	<u>-</u>	<u>-</u>
	<u>1,560,251</u>	<u>1,387,885</u>
Total resources expended	1,607,708	1,457,507
Net income	<u><u>317,109</u></u>	<u><u>217,608</u></u>