Company registration number: 02114849

Charity registration number: 700956

HELIX ARTS LIMITED

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

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Reference and Administrative Details

Key Management Personnel Cheryl Gavin, Director

Registered Office 2nd Floor

51 Bedford Street North Shields Tyne and Wear NE29 0AT

The charity is incorporated in England & Wales.

Company Registration Number 02114849

700956 **Charity Registration Number**

A Shaw, Chair **Trustees**

M S Steggles

M Todman (resigned 31 December 2021)

Mr A T M Shiel, Treasurer

S Woods M Buckley C Lawrence

O Vickers (appointed 1 June 2021)

Independent Examiner Simon Brown BA ACA DChA

Azets Audit Services Bulman House Regent Centre Gosforth

Newcastle upon Tyne

NE3 3LS

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2022.

Structure, governance and management

Nature of governing document

Helix Arts Limited is a registered charity with the Charity Commission in England. It is governed by its Memorandum and Articles of Association, which were adopted on January 2004. During 2018/19 the Trustees carried out a governance review and new Articles of Association were adopted in May 2019.

Recruitment and appointment of trustees

Helix Arts Limited has a maximum Board membership of twenty. All Board Members, who are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, are appointed by the charitable company in a ordinary board meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustees are recruited and selected by the Board through both an open process whereby the opportunity is advertised and expressions of interest received. Potential shortlisted Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made by the full Board of Trustees.

Related Parties

None of the Trustees receive remuneration or other benefit from their work with the charity.

Organisational structure

The day to day running of the charitable company is the responsibility of the Director and they report to the Trustees, who are responsible for policy making. The Chair of the Board of Trustees oversees the Director. The Trustees meet a minimum of four times per year. An additional financial sub-group meets quarterly in advance of the board meetings with additional monthly financial reporting.

Objectives and activities

Objects and aims

Helix Arts' charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people of the northern area.

Helix Arts has had regard to the Charity Commission's guidance on public benefit.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North of England including Tyne and Wear, Northumberland, County Durham and Teesside.

Trustees' Report

The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to participation in the arts including, but not limited to, children and young people at risk, unemployed adults and employed people on low incomes, people living in deprived neighbourhoods, people with special educational needs, people in contact with the criminal justice system and people with poor health. The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

Each year we typically provide over 600 sessions of arts activity to participants who include children and young people at risk, under 25s with learning disabilities, people facing ill health - particularly older people facing social isolation and at risk of falling, as well as those living in a residential care home - children and families affected by the criminal justice system, and people living and working within deprived communities who are often on low incomes or unemployed.

Participant numbers in each session range from 3 to 35, depending upon the nature of the group, with an average group size being 12 participants.

We work with a range of partner organisations within the public, private and third sector. In 21/22 we deepened our footprint across North Tyneside in particular, providing targeted relief for our most local communities.

Our activity is accessible by participants regardless of any protected characteristics.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity uses a professional fundraiser to raise funds when appropriate. Receipt and use of any monies raised directly from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

This report is produced at a time of unprecedented strain on the nation, on our arts and cultural sector and particularly on Helix Arts' beneficiaries and the communities we exist to serve.

Resources are currently constrained and plans understandably under review, however Helix Arts has never been needed so much. Helix Arts is proud of what it has achieved for and with beneficiary communities over the last year.

Helix Arts has done what it does best - connected with communities and artists - creating social agency and motivating local neighbourhoods at the grass roots across the North East region.

Trustees' Report

Achievement and Performance

2021/22 was a year which saw Helix Arts not only continue to grow during the ongoing COVID-19 crisis but also to develop new programme strategies and strands. Most notable developments were our leading the delivery of Better Connect - an arts on prescription provision for North Tyneside - and beginning to deliver Real Voice - a youth music programme based in 3 towns in Northumberland. Our growth and development was underpinned by a continually expanding partnership base.

Quality, access and excellence drove our practice. We began improving how we collect and report impact data to evidence our work with artists and community members. Co-design remained central to how we work. Widening participation, ambition, and ongoing improvement meant we were able to support creative journeys by helping participants explore and share what change means to them. Our effective use of community spaces together with skilled artists meant we co-produced excellent work with communities, building trust and accessibility by being inclusive.

We worked with 6,873 people in 601 sessions, employing 74 new, emerging and experienced artists from the North East. Much of our work benefitted priority groups and people facing multiple disadvantages.

In 2021/22, 74% of our work took place in Levelling Up For Culture Places with 56% in North Tyneside. We strategically supported the borough's Cultural Strategy, Health Inequalities Strategy, Culture Health and Wellbeing Action Plan, Heritage- and Culture-led Regeneration priorities, and by acting as VCSE representative on the Statutory Health and Wellbeing Board. The Director is the Chair of North Tyneside's Cultural Education Partnership. We also began employing a Cultural Education Partnership coordinator to develop our work with Children and Young People in the borough.

In collaboration with the Board of Trustees and the staff team, the Director was able to develop a new Business Plan and Strategy Map which secured funding from Arts Council England for an extended period of one year which will also will be used as the basis for the forthcoming National Portfolio Organisation application which will take place in early 2022.

We also implemented a new website and enhanced IT and comms systems during the year.

We ended the year in a very healthy position, with an ambitious and high-performing team, strong Board, excellent relationships with ACE and other key stakeholders, a robust business plan, and healthy financial reserves.

Trustees' Report

Activity programme

Make it Happen

A capacity building programme for community volunteers to develop confidence and social agency. Creative Producers and sector specialists share expertise and knowledge to encourage and enable non-specialists to deliver their own arts programmes within their local communities. Partners include Gateshead Cultural Services, Sunderland Deaf Club, Edberts House, Sunderland Culture, Well Newcastle Gateshead and associated venues and partners.

A capacity building programme for community volunteers to develop confidence and social agency. Creative Producers and sector specialists share expertise and knowledge to encourage and enable non-specialists to deliver their own arts programmes within their local communities. Partners include Gateshead Cultural Services, Sunderland Deaf Club, Edberts House, Sunderland Culture, Well Newcastle Gateshead and associated venues and partners.

MIH provides a dedicated strand for artists and producers working in the community to be trained and mentored. Artists deliver their own projects in their neighbourhoods across Gateshead and Sunderland. This led to numerous projects including; Writers Who Care, Watch this Space (Youth projects), Marianna's Song, Loose Connections, Flow, Mini Pride, with regional carers organisations, Big Local Gateshead.

Artsmark Partner

Helix Arts are a recognised Artsmark Partner. This is an Arts Council England endorsed network of arts and cultural organisations who support schools and education settings on their Artsmark journey to embed arts and culture across the curriculum. New models have been tested with local high schools to ensure high quality arts is accessible to young people in low socio economic places specifically.

Arts Award

Helix Arts is an Arts Award Centre and pledges to accredit our work with young peoples as part of the shared mission to support young people who want to deepen their engagement with the arts, build creative and leadership skills and achieve a national qualification.

Helix Arts offers an embedded Arts Award offer on all young peoples' projects, across all award levels from Discover to Gold, awarded by Trinity College London.

Artists' network

A relaxed gathering of artists living and working in the region, network events provide opportunities for creatives to share creative ideas and explore potential collaborations.

Front and Centre

As part of a 3-year audience development programme with Xtrax 'Without Walls' network, Helix Arts focus on audience development for the Mouth of the Tyne festival in collaboration with North Tyneside Council. Front and Centre aims to break down barriers for the most marginalised residents, targeting diverse communities, refugees, people with disabilities and young people at risk. This programme aims to create a young people's takeover team for the 2022 outdoor festival programme.

Inspiring Futures - Avant Guard

Inspiring Futures is a national partnership programme of organisations working in arts and criminal justice. Supported by the Paul Hamlyn Foundation it seeks to advance our understanding about how and why arts interventions affect the lives of people in the criminal justice system, and to explore how their positive effects can be optimised to enable a step-change in arts and criminal justice practice.

Trustees' Report

The programme addresses long-term inequalities and broaden access to the arts for people in the criminal justice system now and in the future. This involves research from the Institute of Criminology, Cambridge University who embed a participative research culture throughout.

Inspiring Futures is a 'community' of good practice that offers professional development opportunities, fosters talent, enables peer reflection and develops online platforms, workshops, and networking events.

Our strand of this work in HMP Northumberland paused and pivoted during this year. We did collaborate with actor, director, writer Craig Conway to cement the foundations for 'Avant-Guard'. Creative experiences will ensure participants' voices will be heard and mind-sets challenge to further a wider community understanding of the lives within the criminal justice system.

Better Connect

In early 2021 Helix Arts initiated and led Better Connect. Better Connect is supported by the Thriving Communities Fund, which aims to improve and increase social prescribing community activities by bringing together place-based partnerships of local voluntary, community, faith and social enterprise projects. Our alliance partners focused on improving the health and wellbeing of diverse carers.

This is part of a National Agency for Social Prescribing 'Thriving Communities' programme which brought partners together to plan and deliver community activities involving partners from the arts, heritage, creativity and culture, sport, nature, financial wellbeing, community advice and the wider voluntary, community, faith and social enterprise sector. It aimed to develop better relationships with social prescribing links works, partnerships with VCSE organisations and ensure access to provision for residents in North Tyneside.

Better Connect is a suite of cultural and creative opportunities that explores ways to make the resourcing of social prescribing activities more sustainable over time.

This involves prioritising carers across North Tyneside with borough wide partners. These include:

- Age UK North Tyneside
- Family Gateway
- First Contact Clinical
- Helix Arts
- Meadow Well Connected
- North Shields, Primary Care Network
- North Tyneside Arts Studio
- North Tyneside Carers Centre
- North Tyneside Council (NTC)
- Tyne Health
- Tyne and Wear Archives and Museums
- VODA

Trustees' Report

Louder - Rape Crisis

Louder was a co-produced programme with young people in North Tyneside working with participants from Phoenix Detached Youth Project and YMCA North Shields.

Louder originated as a creative peer education programme to engage young people in conversations surrounding sexual assault and domestic abuse. Louder developed into a series of films created by young people with Artist and Director Liv Hunt, with support of staff and volunteers from the project partners.

These films will comprise of a resource pack available to schools and youth settings to challenge assumptions around sexual and domestic violence for young people aged 14 - 18.

Space to Connect

Together Again, a Spaces to Connect project funded by the Coop Foundation.

Together Again gave people space to explore their connection with their towns, North Shields and Wallsend. Residents shared their hopes and vision for the high streets and town centres. Artists Jay Sykes, Alizon Bennet and Sofia Barton ran a wide range of exciting creative experiences.

Each creative experience provided worked with a different group of residents including families and children, those that lived in North Shields and Wallsend town centres and the communities of Walking With and Wallsend Customer First Centre. These creative experiences also provided unique artistic products and artwork which culminated in a series of projections. Lighting up the streets of North Shields with images of the artwork as an exhibition of participants' views.

Covid Stories

'Covid Stories' began as a VODA led event for North Tyneside Council in November 2021. It offered an opportunity for residents to be heard and listened to.

Helix Arts led a series of conversations and creative workshops which captured local residents' experiences of living through this time. The community shared their life experiences during the Covid pandemic. A team of artists facilitated the day resulting in the creation of multiple artworks which were exhibited to new local audiences in customer first centres across the borough ensuring the wider community can experience the artworks.

'Covid Stories' serves as a lasting reminder of our collective experiences in North Tyneside.

Heritage Action Zone

Members of North Tyneside's voluntary and community sector have been working with local artists to unearth and share fascinating stories of life on Howard Street in North Shields. The work is being delivered as part of the wider High Street Heritage Action Zone (HAZ) project which forms part of North Tyneside Council's ambitious master plan to transform North Shields town centre and riverside.

As part of a heritage consortia, we began delivery of one of three Make It Happen volunteer programmes that will support and empower individuals and community groups to work alongside professional artists to co-produce arts and cultural events inspired by the heritage of our Heritage Action Zone.

Trustees' Report

Story of Place

Story of Place is a commission by Wallsend Children's Community, Save the Children. Story of Place' aims to improve Wallsend families' lives.

Through our Story of Place we aimed to improve families' lives throughout Wallsend. We did this by exploring collaborative story gathering. An intergenerational community-led narrative based approach with Wallsend families and children and young people to influence systemic inequality commissioned by Save the Children.

Originally planned for April - July 21 it resulted in an elongated project due to ongoing Covid challenges local circumstances. Training took place with local 'community champions' and professionals including family entrepreneurs from the Family Gateway to collect stories of residents about their Covid experiences.

3 artist in residencies working across three partner schools; Western Community Primary School, Carville Primary School and Beacon Hill School (S/END Sixth Form) which supported understanding of children and young people's resilience though artist residencies.

The stories that were shared give new insights into the challenges families face and awareness of systems that need to change.

It will culminate with an exhibition of works at Segedunum Museum and Roman Fort as part of a partnership formed with Tyne and Wear Museum with 153 exhibition days reaching an estimated physical 3000- 5000 visitors and digital viewers 250-300 audience members.

Mindful Map

Through autumn 2021 young adults aged 16-25 worked with lead artist Tommy Anderson to design and create a new wellbeing trail for Chopwell Wood, that responded to the aftermath of COVID-19 on the community's mental health.

Consultation with members of the community took place through an open workshop in the wood. Following this, young adults from Youth Focus NE and the Blaydon Inclusive Group took part in creative workshops with Tommy, writer Kate Fox and animator Sheryl Jenkins to co-produce artwork for the trail.

The 4km route, named Tranquil Trail, takes visitors through different parts of Chopwell Wood, encouraging connection with nature. The trail will be in place for 12 months from March 2022.

Real Voice

Real Voice is an inclusive and exciting two-year youth music project for Northumberland. Working across three satellite sites in Ashington, Prudhoe and Cramlington, young people have had the opportunity to develop new music skills, increase self-esteem and have fun.

Open to young people aged 11-18 years old from Northumberland, the young people have co-designed an inclusive music programme based on their unique needs and interests. With the aim of prevention and reduction of offending. Real Voice has allowed participants to amplify their voice through music and tell the local community about what matters to them.

Trustees' Report

A River

A River was a community art project at Edberts House – Pattinson House. We worked with people from the Old Fold and Nest estates in Gateshead to co-create a large format digital mural in the garden at Pattinson House that remembered the past, celebrated the present and imagined new futures.

Summer of Fun

Summer of Fun was a collaborative programme in which Helix Arts, Active Future and 5 schools from across Wallsend and Howden provided a summer activities programme.

Almost 1000 young people took part in different arts workshops ran by established artists to help them get creative, have some food and make new friends.

Summer of Fun was a great way for children and young people from Wallsend and Howdon to spend their holidays.

During the year the charitable company received in-kind contributions totalling £NS has to insert towards its charitable activities. These in-kind contributions comprised staff time and equipment use.

Covid-19 pandemic has raised a number of challenges and creative opportunities. This has continued to lead to a number of adaptations to the business and programme to best meet the needs of our beneficiaries and workforce. This has also brought about opportunities for new delivery models.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate. Covid-19 risk and other crises are reviewed in line with general business continuity.

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Financial review

Policy on reserves

At the end of 2021/22 total unrestricted reserves stood at £206,463 and the restricted reserves at £34,438. It is anticipated that the majority of the restricted reserves will be spent during the 2022/23 financial year as we continue to deliver a number of on-going projects.

Free Reserves, which are defined by the Charity Commission as Unrestricted Reserves, excluding fixed assets and any designations, amounted to £206,251. This broadly equates to 9 months of total expenditure.

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that in order to provide a reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity, a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve. The charitable company have set a reserves policy and this is reviewed annually.

Trustees' Report

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the Trustees see fit.

Key Management Personnel

The Board, who give their time freely with no trustee remuneration in the year, have considered the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the Board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The Trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board then review and agree any uplift to remuneration, following the advice of a small group to whom the Board delegates the task of examining the relevant information to inform the recommendations made.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- Changes and reductions in public and voluntary sector funding
- Competition from other, particularly larger, arts organisations
- Cash flow
- Covid-19 pandemic

All of these risks are addressed within the current strategic Business Plan, which is reviewed annually by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- We are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity.
- We will continue to work closely with other arts and community organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with.
- We continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact.
- We will continue to work closely with other arts organisations in the region and beyond. We are developing and deepening our collaborations with non-arts voluntary organisations.

Plans for future periods

Helix Arts is continuing to increase the ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income through;

Trustees' Report

- Diversifying our offer
- Exploring new markets
- Maintaining and strengthening relationships with existing partners
- Forging new partnerships, locally and nationally
- Building our profile, particularly online

We will continue to provide activity that enables our participants to build confidence, increase their motivation and learn new skills, leading to improved health and wellbeing and the opening up of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support core activity.

Statement of Trustees' Responsibilities

The Trustees (who are also the directors of Helix Arts Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees' Report

Independent Examiner

Independent Examiners will be reviewed and appointed in a Board Meeting.

Small companies provision statement

The annual report was approved by the Trustees of the charity on 26/09/2022..... and signed on its behalf by:

Alison Shaw 26 Sep 2022 07:49:31 BST (UTC +1)

A Shaw Trustee

Independent Examiner's Report to the trustees of Helix Arts Limited ("the Company")

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Helix Arts Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Azets Audit Services, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of Helix Arts Limited as required by section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Brown BA ACA DChA
Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

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Azets Audit Services is a trading name of Azets Audit Services Limited.

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments	from:				
Donations and legacies	3	168,317	-	168,317	143,400
Charitable activities	4	-	218,202	218,202	120,569
Investment income	5	490		490	644
Total Income		168,807	218,202	387,009	264,613
Expenditure on:					
Charitable activities	6	(99,800)	(217,941)	(317,741)	(183,110)
Total Expenditure		(99,800)	(217,941)	(317,741)	(183,110)
Net income		69,007	261	69,268	81,503
Net movement in funds		69,007	261	69,268	81,503
Reconciliation of funds					
Total funds brought forward		137,456	34,177	171,633	90,130
Total funds carried forward	19	206,463	34,438	240,901	171,633

All of the charity's activities derive from continuing operations during the above two periods.

Comparative Statement of Financial Activities for the Year Ended 31 March 2021

(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	143,400	-	143,400
Charitable activities	4	-	120,569	120,569
Investment income	5	644	-	644
Total income		144,044	120,569	264,613
Expenditure on:				
Charitable activities	6	(90,361)	(92,749)	(183,110)
Total expenditure		(90,361)	(92,749)	(183,110)
Net income		53,683	27,820	81,503
Net movement in funds		53,683	27,820	81,503
Reconciliation of funds				
Total funds brought forward		83,773	6,357	90,130
Total funds carried forward	19	137,456	34,177	171,633

(Registration number: 02114849) Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	13	212	-
Current assets			
Debtors	14	18,913	6,600
Cash at bank and in hand	15	309,247	229,713
		328,160	236,313
Creditors: Amounts falling due within one year	16	(87,471)	(64,680)
Net current assets		240,689	171,633
Net assets		240,901	171,633
Funds of the charity:			
Restricted		34,438	34,177
Unrestricted income funds			
Unrestricted		206,463	137,456
Total funds	19	240,901	171,633

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 14 to 31 were approved by the Trustees, and authorised for issue on 26/09/2022.... and signed on their behalf by:

Alison Shaw 26 Sep 2022 07:49:31 BST (UTC +1)

A Shaw Trustee

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the Trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: 2nd Floor, 51 Bedford Street, North Shields, Tyne and Wear, NE29 0AT

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The functional currency of the charity is sterling.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to not include a cash flow statement in these financial statements.

Exemption from preparing group accounts

The financial statements contain information about Helix Arts Limited as an individual company and do not contain consolidated financial information as the parent of a group.

The charity is exempt under section 400 of the Companies Act 2006 from the requirement to prepare consolidated financial statements as it and its subsidiary undertakings are included by full consolidation in the consolidated financial statements of its parent, .

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Notes to the Financial Statements for the Year Ended 31 March 2022

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at it's fair value unless it's fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Notes to the Financial Statements for the Year Ended 31 March 2022

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class

Depreciation method and rate 20% straight line

Furniture and equipment

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value. where monies are placed or deposited in bonds of more than 90 days they remain classified within cash and cash equivalents.

Notes to the Financial Statements for the Year Ended 31 March 2022

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the Trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Hire purchase and finance leases

Rental applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Notes to the Financial Statements for the Year Ended 31 March 2022

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;				
Donations	135,732	-	135,732	122,785
Grants, including capital grants;				
Government grants - CJRS	-	-	-	5,940
Consultancy fees	-	-	-	9,250
Donated services and facilities	32,585		32,585	5,425
Total for 2022	168,317		168,317	143,400
Total for 2021	143,400		143,400	

	2022 £	2021 £
ACE North East - NPO Grant	110,335	110,335
Shroder Trust	-	4,000
Lloyds Foundation	-	8,450
Miscellaneous donations	820	-
Gateshead College	14,577	-
Willian Trust	10,000	
	135,732	122,785

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Restricted funds £	Total 2022 £
Charitable activities	218,202	218,202
	Restricted funds £	Total 2021 £
Charitable activities	120,569	120,569
	2022	2021
Restricted Funds	£	£
Arts Council England	2,893	27,214
Big Lottery Fund	27,724	35,349
Lloyds Bank Foundation	-	4,728
Youth Music Foundation	37,438	-
Co-op Foundation	11,045	-
The Witham	2,500	2,500
Well Newcastle Gateshead Art Fund	590	-
Rape Crisis NE	10,000	10,539
YMCA North Shields	-	500
NHS CCG	-	5,000
NCJAA	8,458	6,204
NPCC	2,000	2,500
Arts Council	36,000	26,035
Artsmark	1,500	-
CBNE	6,000	-
Community Foundation	5,000	-
Covid Cafe	5,000	-
HAF	12,375	-
Heart of Care	1,000	-
Heritage Action Zone	9,215	-
Wallsend CC	11,500	-
Without Walls	2,650	-
WNG	15,371	-
Celebrating Age	9,943	
	218,202	120,569

Notes to the Financial Statements for the Year Ended 31 March 2022

5 Investment income

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Interest receivable and similar income;				
Interest receivable on bank deposits	490		490	644
Total for 2021	644		644	

6 Expenditure on charitable activities

	Unrestricted			
Education of the general public	General £	Restricted £	Total 2022 £	Total 2021 £
in the arts	54,020	217,941	271,961	138,991
Support costs	45,780		45,780	44,119
	99,800	217,941	317,741	183,110
	Activity undertaken directly £	Activity support costs	2022 £	2021 £
Education of the general public in the arts	25,935	41,730	67,665	178,835
Governance costs		4,050	4,050	4,275
	25,935	45,780	71,715	183,110

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Analysis of governance and support costs

Raising funds expenditure

Support costs allocated to charitable activities

••	Finance costs £	Support costs £	Total 2022 £	Total 2021 £
Rent and service charges	-	10,402	10,402	13,543
Insurance	-	2,540	2,540	2,650
Travelling	-	1,156	1,156	1,021
Printing, postage and stationary	-	832	832	284
Telephone	-	6,379	6,379	8,980
Professional fees	-	905	905	5,938
Marketing	-	4,411	4,411	805
Repairs and maintenance	-	-	-	30
Staff training	-	1,285	1,285	110
Sundries	-	922	922	185
Governance costs	4,050	-	4,050	4,275
Programme Development	-	-	-	515
Temporary Staff	-	6,534	6,534	1,000
ICT	<u> </u>	6,364	6,364	4,783
	4,050	41,730	45,780	44,119

Governance costs

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	2,500	2,500	2,500
Other fees paid to examiners	1,550	1,550	1,550
Trustees remuneration and expenses			225
	4,050	4,050	4,275

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022	2021 £
	£	
Depreciation of fixed assets	7	393
Land and Buildings operating lease	10,250	10,250

9 Trustees remuneration and expenses

No Trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	134,598	104,673
Social security costs	6,173	5,001
Pension costs	7,356	5,804
	148,127	115,478

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022	2021
	No	No
Management staff	2	2
Office staff	6	2
	8	4

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £68,774 (2021 - £55,974).

Notes to the Financial Statements for the Year Ended 31 March 2022

11 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	2,500	2,500
Other fees to examiners All other services	1,550_	1,550

12 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

13 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	14,107	14,107
Additions	219	219
At 31 March 2022	14,326	14,326
Depreciation		
At 1 April 2021	14,107	14,107
Charge for the year	7	7
At 31 March 2022	14,114	14,114
Net book value		
At 31 March 2022	212	212
At 31 March 2021		
14 Debtors		
	2022	2021
	£	£
Trade debtors	6,110	3,875
Prepayments	2,860	2,725
Accrued income	9,943	
<u> </u>	18,913	6,600

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	269,247	229,713
Short-term deposits	40,000	_
	309,247	229,713
16 Creditors: amounts falling due within one year		
	2022 £	2021 £
Trade creditors	14,367	9,858
Other taxation and social security	2,784	2,122
Other creditors	171	941
Accruals	4,052	4,381
Deferred income	66,097	47,378
	87,471	64,680
	2022 £	2021 £
Deferred income at 1 April 2021	47,378	27,019
Resources deferred in the period	66,097	47,378
Amounts released from previous periods	(47,378)	(27,019)
Deferred income at year end	66,097	47,378

17 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £7,356 (2021 - £5,804).

Contributions totalling $\pounds Nil$ (2021 - $\pounds 769$) were payable to the scheme at the end of the year and are included in creditors.

18 Commitments

Other financial commitments

The total amount of other financial commitments not provided in the financial statements was £2,304 (2021 - £7,747).

Notes to the Financial Statements for the Year Ended 31 March 2022

19 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General				
General funds	137,456	168,807	(99,800)	206,463
Restricted funds				
ACE - (Celebrating Age)	698	9,943	(10,250)	391
ACE - (Common Connections)	26,035	2,893	(28,928)	-
Big Lottery - (MIH)	, -	27,724	(32,101)	(4,377)
Co-op Foundation - Space to		,	, ,	,
Connect	-	11,045	(11,045)	-
The Witham - (Dance for Older				
People)	-	2,500	(2,500)	-
NCJAA - (Inspiring Futures)	-	8,458	(7,626)	832
Rape Crisis NE - (Louder)	6,944	10,000	(16,944)	-
YMCA - (Healthy Habits)	500	-	(500)	-
ACE - (Better Connect)	-	36,000	(30,883)	5,117
Artsmark	-	1,500	(1,500)	-
Community Foundation -				
(YYART 2)	-	5,000	(5,000)	-
CBNE - (LCEP)	-	6,000	-	6,000
Covid Cafe	-	5,000	(3,291)	1,709
HAF - (Summer of Fun)	-	12,375	(12,375)	-
Heart of Care	-	1,000	(1,000)	-
Pattinsons House - (Garden				
Project)	-	2,000	(2,000)	-
Heratige Action Zone - (HAZ)	-	9,215	(5,544)	3,671
MIH - (Y2 Edberts House)	-	590	(1,421)	(831)
Wallsend CC - (Story of Place)	-	11,500	(8,108)	3,392
WNG - (Mindfull Maps)	-	15,371	(12,981)	2,390
Without Walls - (Mouth of the				
Tyne)	-	2,650	(2,650)	-
Youth Music - (Real Voice)		37,438	(21,294)	16,144
Total restricted funds	34,177	218,202	(217,941)	34,438
Total funds	171,633	387,009	(317,741)	240,901

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

General funds - 'free reserves' after allowing for designated funds.

Restricted funds - comprise of income to be used for specific purposes.

Arts Council England - Celebrating Age

A dance programme for over 65's, following on from FOYF which also incorporates a training programme MDH.

Arts Council England - Common Connetions (Loneliness Project)

A programme of activities designed to provide relief to those most at risk of loneliness as a result of Covid-19.

Big Lottery - M.I.H.

A modular training programme for community volunteers and support workers to deliver their own arts programmes within their communities.

Lloyds Bank Foundation - Enable

Developing the role that arts volunteers can bring to our practice both in terms of building capacity, improving quality and offering fresh pathways to employability in the creative sectors.

NCJAA - Inspiring Futures

Inspiring Futures is a ground-breaking artistic programme in prisons and the community led by the National Criminal Justice Arts Alliance and funded by Paul Hamlyn Foundation.

NHS - You; Your Art

A pilot programme of arts activities that has been promoting wellbeing and resilience for residents in North Tyneside suffering from poor mental health.

NPCC - We still got the Beat

Supported young people of different ages and abilities in Northumberland to co-create music during the Coronavirus pandemic lockdown.

Rape Crisis NE

A performing arts project for young people exploring exploitation and abuse within relationships, particularly during Covid-19 in partnership with Rape Crisis and supported by Children North East.

Better Connect

Better Connect is supported by the Thriving Communities Fund, which aims to improve and increase social prescribing community activities by bringing together place-based partnerships of local voluntary, community, faith and social enterprise projects.

Space to Connect

Together Again gave people space to explore their connection with their towns, North Shields and Wallsend. Residents shared their hopes and vision for the high streets and town centres. Artists Jay Sykes, Alizon Bennet and Sofia Barton ran a wide range of exciting creative experiences.

Covid Stories

'Covid Stories' began as a VODA led event for North Tyneside Council in November 2021. It offered an opportunity for residents to be heard and listened to.

Notes to the Financial Statements for the Year Ended 31 March 2022

Heritage Action Zone

Members of North Tyneside's voluntary and community sector have been working with local artists to unearth and share fascinating stories of life on Howard Street in North Shields.

Story of Place

Story of Place is a commission by Wallsend Children's Community, Save the Children. Story of Place' aims to improve Wallsend families' lives.

Mindful Map

Through autumn 2021 young adults aged 16-25 worked with lead artist Tommy Anderson to design and create a new wellbeing trail for Chopwell Wood, that responded to the aftermath of COVID-19 on the community's mental health.

Real Voice

Real Voice is an inclusive and exciting two-year youth music project for Northumberland. Working across three satellite sites in Ashington, Prudhoe and Cramlington, young people have had the opportunity to develop new music skills, increase self-esteem and have fun.

A River

A River was a community art project at Edberts House - Pattinson House. We worked with people from the Old Fold and Nest estates in Gateshead to co-create a large format digital mural in the garden at Pattinson House.

Summer of Fun

Summer of Fun was a collaborative programme in which Helix Arts, Active Future and 5 schools from across Wallsend and Howden provided a summer activities programme.

20 Analysis of net assets between funds

	Unrestricted		
	General £	Restricted £	Total funds at 31 March 2022 £
Tangible fixed assets	212	-	212
Net current assets/(liabilities)	206,251	34,438	240,689
Total net assets	206,463	34,438	240,901
	Unrestricted		
	General	Restricted	Total funds at 31 March 2021
	£	£	£
Net current assets/(liabilities)	137,456	34,177	171,633

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Analysis of net funds

	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	229,713	39,534	269,247
Current asset investments		40,000	40,000
Net funds	229,713	79,534	309,247
	At 1 April 2020 £	Financing cash flows £	At 31 March 2021 £
Cash at bank and in hand	125,672	104,041	229,713
Net funds	125,672	104,041	229,713

22 Related party transactions

During the year the charity made the following related party transactions:

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work.

During the year, Helix Arts Limited received £158,228 (2021: £166,167) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2021 - £Nil).