



Trustees' Annual Report for the period

		Period start date				Period end date	
From	1st	Month June	Year 2021	To	Day 31st	Month May	Year 2022

Section A Reference and administration details

Charity name

Bereaved Children Support York

Other names charity is known by

BCSY

Registered charity number (if any)

1171422

Charity's principal address

1 Dealtry Avenue

Wigginton

York

Postcode

YO32 2FJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Cole	Chair		Board of Trustees
2	Lisa Curtis	Treasurer		Board of Trustees
3	Yvonne Methley			Board of Trustees
4	Angela White			Board of Trustees
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (31/01/2017)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To preserve and protect the physical and mental health of children, young people and their families living in the York area, who have experienced bereavement or loss by the provision of counselling and support and recreation and leisure time activities provided in the interest of social welfare designed to improve their conditions of life

To advance the education of the public in the subject of the affects of bereavement and loss on children and young people.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Run a monthly peer support drop-in group

This enables bereaved children, young people and families living in the York area to come together and explore their feelings through play, creativity and peer support by meeting others who have had a similar experience, with the aim of improving their emotional well-being.

Individual therapeutic support

One-to-one therapeutic support is provided by bereavement practitioners to those children and young people who need additional specialised and individual help to better cope with the impact of grief on their lives.

Recreational activities

The organisation of recreational activities offers the opportunity for bereaved children, young people and families to meet in an even more relaxed and informal way than the drop-in sessions. This is often a good introduction to the charity and the services we provide.

These have previously included activities such as trampolining, theatre trips, music concerts, football sessions and circus skills workshops, but have been curtailed this year due to restrictions caused by the Covid 19 pandemic.

Parents fortnightly coffee

This provides an opportunity for the parents and carers of bereaved children and young people to meet each other without their children being present to seek, offer and gain mutual support about the issues faced by their children and them as parents.

The trustees have had regard to the guidance issued by the charity commission to ensure that all activities are provided for the public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We are delighted to continue to receive the design expertise of local businessman Richard Playford on a voluntary basis in relation to the creation and maintenance of the charities website and publicity material.

Most of the refreshments provided at the drop-in sessions are donated by some trustees and other supporters as part of their contribution to the running of the charity as well as occasional donations from some local businesses.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Monthly peer support drop-in sessions

The sessions were in-person, but the effects of the Covid 19 pandemic continued. The government restrictions meant that even when we were able to meet in person it was with limited numbers and social distancing in place. We were relieved when the restrictions were gradually eased and we could begin doing interactive activities again, so that by Easter we were able to get the children working together in teams again.

Individual therapeutic support

The one-to-one therapeutic support is for those children and young people who need more specialist support to help them be better able to cope with the impact of grief on their lives. The sessions continued to be a mixture of video/telephone calls and in-person (sometimes outside) sessions due to the government restrictions in response to the ongoing Covid 19 pandemic. This continued to cause some disruption and delays to the service as it wasn't always appropriate to carry out sessions virtually. We were relieved when the practitioners could start meeting the children indoors and face-to face again.

We appointed an additional part-time practitioner in June.

43 children have been referred in the past 12 months

Parents/carers fortnightly coffee

This service was still a combination of virtual and in-person meetings and the attendees were delighted when they could start meeting together again.

This group continues to be well attended and very much valued by participants. It enables good conversations to be had and relationships built allowing for emotional support to be shared. There is no cost to the charity for these sessions.

Website and publicity

The website continues to be maintained and publicity materials produced on a voluntary basis by supporter Richard Playford.

Other collaborations and donations

The global pandemic continued to curtail many of our plans and for much of the year we were working within the limitations of government restrictions. However, we were able to begin some activities again, including two theatre trips, the first supporting one of our young people in a performance of the Wizard of Oz and the second was a dramatisation of The Missing Peace, a book written by one of our supporters about loss and grief.

We continue to be fortunate to benefit from the fundraising of others. One of our families raised over £1700 with a sponsored bike ride in Scotland, over £3000 was raised by a local school (Acomb Primary) through a sponsored Active Minutes initiative, over £1000 was raised from a raffle held at Bishopthorpe Festival and £1000 was raised by a Londis store with a raffle at Christmas.

We won £500 from the Asda green token scheme and Tesco donated some chocolate eggs at Easter.

We also benefited from some of our supporter's creative talents with one making and selling decorative bottles and another selling her Halloween baked goods raising a combined total of £418.

We also received a donation of especially made cupcakes for our birthday celebration in May.

Future plans for the year ahead

We are hoping to recruit an additional part-time bereavement practitioner to help with the ongoing delays to our therapeutic support service caused by the pandemic restrictions and high demand.

Also, the venue we currently use for the drop-in sessions, Oaken Grove Community Centre, is due to undergo significant building work, therefore we shall be moving to our temporary home of Haxby Scout Hut until at least September 2022.

Section E Financial review

Brief statement of the charity's policy on reserves

The trustees have set a level equivalent to approximately 6 months of operating costs (£12,000) for the organisation as a desired level of reserves.

This fund is a contingency in the event of a sudden reduction in income, in order to protect the future operation of the organisation from the effects of any unforeseen variations in its income and expenditure.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Finance

Following such an amazing year for income generated in 2020-21 the amount received this year has returned to more moderate levels. However, last years income has provided security to cover outgoings going forward as our services begin to return to pre-pandemic levels.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s) Joanne Cole

Position (eg Secretary, Chair, etc) Chair of Trustees

Date

27/03/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Bereaved Children Support York
1171422

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Receipts and payments accounts

For the period from	Period start date 01/06/2021	To	Period end date 31/05/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising by individuals	4,111	-	-	4,111	9,035
Fundraising by groups/organisations	7,238	-	-	7,238	3,018
The Missing Peace	3,832	-	-	3,832	4,081
Donations from businesses	356	-	-	356	10,460
Donations from individuals	1,649	-	-	1,649	1,043
Grant for Bish Fest	600	-	-	600	-
Funds for concert venue hire	245	-	-	245	-
Other fundraising		-	-	-	19,825
Sub total (Gross income for AR)	18,031	-	-	18,031	47,462
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,031	-	-	18,031	47,462

A3 Payments

Therapeutic support sessions	10,494	-	-	10,494	6,414
Creative supplies	299	-	-	299	363
Recreational activities/entertainment	265	-	-	265	382
Venue hire (Drop-in sessions)	550	-	-	550	250
Insurance	63	-	-	63	63
Books and resources	84	1	-	84	34

DBS check	52	-	-	52	-
Bish Fest	425	-	-	425	-
Concert venue hire	245	-	-	245	-
Sub total	12,477	-	-	12,477	7,506
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	12,477	-	-	12,477	7,506
Net of receipts/(payments)	5,554	-	-	5,554	39,956
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	57,532	-	-	57,532	10,813
Cash funds this year end	63,086	-	-	63,086	50,769

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in current account	63,086	-	-
		-	-	-
		-	-	-
	Total cash funds	63,086	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the			-	-

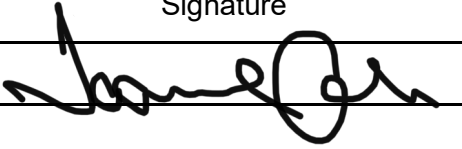
charity's own use

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Joanne Cole	27/03/2923