



CHARITY COMMISSION
FOR ENGLAND AND WALES

Centred Horseplay

Reg No. 1167226
1167226

CC16a

Receipts and payments accounts

For the period from	01/06/2021	To	31/05/2022
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Big Lottery funding				-	10,000
Children in need				-	5,625
Toilet Block funding				-	2,500
Volunteer program				-	2,510
Fundraising / Donations				-	3,133
Part contribution to courses (various)	7,200			7,200	5,400
Bank Loan				-	10,000
Cotswold DC covid support				-	2,096
The Mills Equus Trust	15,000			15,000	-
High Sheriff fund		2,000		2,000	-
Arena Funding		9,591		9,591	-
Covid-19 - Job retention scheme	1,288			1,288	4,756
Sub total (Gross income for AR)	23,488	11,591	-	35,079	46,020
A2 Asset and investment sales, (see table).					
	-	-		-	
	-	-		-	-
Sub total	-	-	-	-	-
Total receipts	23,488	11,591	-	35,079	46,020
A3 Payments					
Course delivery		13,630		13,630	15,713
Paddock maintenance & rental				-	133
Charity insurance				-	448
Facility hire	1,420	3,830		5,250	4,986
Printing & Stationery				-	26
Travel Expenses	30			30	80
Bank charges				-	-
Refreshments	47			47	37
Accountancy				-	180
Horse costs	778	1,190		1,968	2,008
IT	86			86	110
Salary costs	7,923	2,215		10,138	9,339
Office Expenses and maintenance	409	357		766	936
Training & staff costs	911			911	-
Repayment of Loan	10,000			10,000	-
Sub total	21,604	21,222	-	42,826	33,996
A4 Asset and investment purchases, (see table)					
Arena		5,509		5,509	
Toilet Block				-	4,762
Sub total	-	5,509	-	5,509	4,762
Total payments	21,604	26,731	-	48,335	38,758
Net of receipts/(payments)	1,885	- 15,140	-	- 13,256	7,262
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,329	20,570	-	30,899	23,637
Cash funds this year end	12,214	5,430	-	17,644	30,899

Section B Statement of assets and liabilities at the end of the period

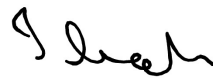
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	12,214	5,430	-
		-	-	-
		-	-	-
	Total cash funds	12,214	5,430	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Debtors	1,110	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Arena		5,509	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
	Payroll liabilities		672	
			-	
			-	
			-	

Selena George (Chairperson)



27/03/2023

Ian Leech



27/03/2023



The Trustees of Centered Horseplay
C/o Marie Longstaff
Stown Cottage
Crackstone
Near Minchinhampton
GL6 9BD

15th March 2023

Dear Trustees

Independent examiner's report to the charity trustees of Centered Horseplay

I report on the accounts of the Trust for the period ended 31 May 2022, which are set out on pages 1 and 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts in accordance with the general directions given by the Charity Commission.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.



Independent examiner's statement

I have completed my examination and have no concerns. No matter has come to my attention which:

- gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act;
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Dewbery-Lugg

Ashleigh Dewbery-Lugg FCCA

Director

On behalf of The Entrepreneurs Accountant (Ripple) Limited

Date: 15/03/2023

Centred Horseplay

Charity Number: 1167226

Trustees' Annual Report and Financial Statements for the Period 1st June 2021 to 31st May 2022

March 2023

Reference & Administration Details

Charity name: Centred Horseplay

Charity number: 1167226

Charity's operating address: Shadywell Farm, Middle Duntisbourne, Cirencester, GL7 7AR

Names of the Charity Trustees who managed the Charity during the report period.

	<i>Trustee Name</i>	<i>Office</i>	<i>Appointed</i>	<i>Retired</i>
1:	Selena George	Chairperson	19.05.2016	N/A
2:	Clare Beale	Treasurer	19.05.2016	N/A
3:	Ian Leech	Local Liaison	19.05.2016	N/A
3:	Melissa Harrison Porter	Safeguarding Officer	20.06.2017	(Resigned 24.03.2022)

Names & Addresses Bank and Advisors

	<i>Name</i>	<i>Address & Postcode</i>
Bank:	Lloyds Bank	25 Gresham Street, London EC2V 7HN
Independent Examiner:	Ashleigh Dewbery-Lugg	Ripple Consultancy Ltd, 5 Simmons Close, Street BA16 0NT

Names of Senior Staff with Delegated Responsibilities

	<i>Name</i>	<i>Role</i>
1:	Jacqueline Evans	Fundraising and Administration (Resigned 31.12.2021)
2:	Marie Longstaff	Fundraising and Administration

Structure, Governance & Management

Governing Document:

Constitution

How the Charity is Constituted:

Charitable Incorporated Organisation

Trustee Selection Methods:

Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regards to the skills, knowledge and experience needed for the effective administration of the CIO

Induction & Training of new Trustees:

Post Appointment Induction

CH provides appropriate induction for all staff and volunteers, including trustees. The induction provides training and information about CH's safeguarding and child protection policies and procedures.

CH provides support to individuals in a way that's appropriate for the role, confirms the conduct expected of staff and provides opportunities for a new member of staff or volunteer to discuss any issues or concerns about their role or responsibilities.

Safeguarding Training Levels

Staff, trustees and volunteers with minimal participant contact – CC Approved or in-house Level 1 training.

Staff, trustees and volunteers with occasional unsupervised participant contact – Level 2 training

Staff, trustees and volunteers with a high level of participant contact (e.g. Facilitators/SGO) – Level 3

Objectives & Activities

Objectives

The objectives of Centred Horseplay are to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Activities

Re-start Course – Our flagship course is usually delivered over 5 consecutive days with 1 to 1 facilitator support. We teach, rehearse and repeat key resilience skills in an intensive and challenging but fun way. All sessions take place in action with horses selected and trained to provide especially clear and easily observed feedback to participants guided by the facilitator. The course helps to develop positive habits through the following skills;

- Engagement – taking on new challenges and pushing limits, mindful of own confidence.
- Responsibility – for own thoughts, emotions and actions
- Calmness – developing a calmness habit and how to create calmness in difficult situations.
- Assertiveness – able to be calmly assertive, without aggression or upset.
- Realistic Analysis & Planning – think before acting, realistic assessment of situations and planning accordingly.
- Focus & Perseverance – working towards goals despite setbacks.
- Empathy – being aware other needs, offering care and support, feeling closely connected.
- Communication & Language – respectful communications and expression

Each participant has a reflective session with the facilitator looking at their progress in each skills-based area and if successful the participant receives a certificate.

Lighter Touch Sessions – We offer top-up and taster sessions, which are 1 to 1 and can provide a lead into the Re-Start course or a top-up for participants who have completed the main course and need a little extra help.

Non-Verbal Toolbox Training – A course designed for frontline professionals, parents and carers to learn how to engage and relate to difficult clients using non-verbal tools. We teach how to accurately assess emotional status, learn to read the body rather than listen to what is being said and use non-verbal strategies to help clients become calmer and make faster progress. During this period, we ran two well supported sessions with Family First and Edge of Care teams at Gloucestershire County Council.

Family Support

We continued our successful programme offering ReStart courses involving two or more members of the at-risk family attending courses at the same time which included two family ReStarts. During the Covid-19 restrictions more YP were accompanied by parents/carers which enabled us to share our Non-Verbal strategies with direct families and have encouraged more family involvement moving forward.

Achievements & Performance

Statutory Declaration

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Main Achievements for the Year

The services we provide are based predominately outside, and as such, the charity has historically closed over the winter months and reopened in April. In 2021, due to re-location and the need to complete work on the facilities, the charity re-opened in May 2022. The move was hugely beneficial for the charity and its participants, we now have sole use at Shadywell Farm enabling us to be 100% flexible around our participants' needs.

During the year we received donations and contributions towards courses amounting to £22,200.

Due to ongoing Covid-19 restrictions and a resignation of the former CEO, the charity re-opened later than expected in 2022, nevertheless, the charity ran 18 ReStarts including two families.

During the course we work on 8 core skills that are known to lead to better life choices. Post course reviews are conducted at 2 months by the person making the original referral and we ask that they do not refer to the original referral document when completing this review.

The ReStart addresses 8 core skills: Engagement (confidence as a learner); Taking Responsibility (owning emotions and behaviour); Calmness (in difficult situations); Assertiveness (accepting and setting boundaries appropriately); Realistic Analysis & Planning (think before you act); Focus & Perseverance (working towards goals despite setbacks); Relating to others/Empathy (constructive connections); Communication & Language (emotional literacy).

We are recording a 28% average overall gain across all the above 8 points of the skill star. The following intermediate outcomes are also measure at 2 months post course:

1. Education & Learning - 85% of participants show improvement.

Our programme has been shown to increase levels of engagement with education and/or training, we use an action learning process and the magic of the horse to get participants to engage. We are then able to teach them to become confident and effective learners in the horsemanship context.

2. Problem Behaviours - 88% show improvement.

Our activities train people how to be calm and focused even in difficult and pressured situations.

3. Improved Relationships - 92% show improvement.

Participants learn, first with a horse then one another how to read others and respond appropriately. This empathy in action creates better relationships.

4. Personal Identity - 86% show improvement.

Through the ethos learnt and practised with horses, our participants learn a greater sense of respect and self-esteem, fairness, politeness and begin to see themselves as good citizens.

- 93% of professionals attribute changes in their clients to attendance on our course.
- 43% of referrers 'Strongly' attribute this improvement to participation in our course.

Our work has a positive impact on creating stronger communities as our participants re-engage with family, friends, and society as a result of improved life skills. Our course works directly on mental health through teaching and rehearsing 8 fundamental skills required for resilience and wellbeing: Calmness, Assertiveness, Focus, Planning, Empathy, Communication, Responsibility and Confidence. As an aside, the course demands physical activity, often helping participants to make the link between physical activity and mental wellbeing.

The service we provide is truly innovative and it works. We know that 8 out of every 10 young people we work with WILL do better.

Financial Review

Financial Position

During the year the Charity received unrestricted donations and course contributions of £22,200, £1,288 from the Covid-19 Job retention scheme and restricted donations of £11,591 a total of £35,079.

Facilitation of the year's courses and course essential payments totalled £18,927. Horse costs were able to be reduced due to charity relocation over the winter months at £1,968. Staff training for new members totalled £941, essential maintenance costs were £5,509 and admin costs totalled £10,990.

The Charity also took out a bounce bank loan of £10,000 in 2020, which was paid back in full this year.

At the end of the financial year, the Charity held unrestricted funds of £12,214 and restricted funds of £5,430. The reserves will be used to fund future courses and admin expenses of the Charity.

Policy on Reserves

The Charity's reserve policy aims to hold funds equivalent to 10 courses (£5,000) at the start of the course year. It is the charity's policy not to hold courses if funds are forecast not to be available.

There are no deficits to report, and the trustees expect the charity continues as a going concern.

Statutory Notes to the Accounts

Details of Outstanding Guarantee Given by the CIO

None

Details of Any Outstanding Debt

None

Other Information

There are no funds held as custodian trustees on behalf of others.

Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees

Signature(s):



Full Name(s):

Selena George

Position(s):

Chairperson

Date:

27/03/2023

Independent Examiner's Report on the Accounts

The independent examiners report has been appended to the annual report.



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Parties involved with this document

Document processed	Party + Fingerprint
Tue, 28th Mar 2023 7:20:05 BST	Ms Selena George - Signer (92d1695f17536f107fe12ba226e685dc)
Wed, 29th Mar 2023 13:41:07 BST	Mr Ian Leech - Signer (343d112fcf94bdaa07baf4ff3ddd5cab)

Audit history log

Date	Action
Wed, 29th Mar 2023 13:41:10 BST	Mr Ian Leech viewed the envelope. (83.151.204.135)
Wed, 29th Mar 2023 13:41:07 BST	The envelope has been signed by all parties. (83.151.204.135)
Wed, 29th Mar 2023 13:41:07 BST	Mr Ian Leech signed the envelope. (83.151.204.135)
Wed, 29th Mar 2023 13:40:44 BST	Mr Ian Leech viewed the envelope. (83.151.204.135)
Wed, 29th Mar 2023 12:52:14 BST	Sent Mr Ian Leech a reminder to sign the document. (35.176.231.177)
Tue, 28th Mar 2023 7:20:08 BST	Ms Selena George viewed the envelope. (90.243.157.85)
Tue, 28th Mar 2023 7:20:06 BST	Document emailed to party email (13.42.5.202)
Tue, 28th Mar 2023 7:20:05 BST	Sent the envelope to Mr Ian Leech for signing. (90.243.157.85)
Tue, 28th Mar 2023 7:20:05 BST	Ms Selena George signed the envelope. (90.243.157.85)
Tue, 28th Mar 2023 7:19:35 BST	Ms Selena George viewed the envelope. (90.243.157.85)
Mon, 27th Mar 2023 15:54:36 BST	Document emailed to party email (3.8.150.34)
Mon, 27th Mar 2023 15:54:27 BST	Sent the envelope to Ms Selena George for signing. (13.40.43.160)
Mon, 27th Mar 2023 15:54:27 BST	Mr Ian Leech has been assigned to this envelope. (13.40.43.160)
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