Charity Registration Number: 1005148

Pennywell Neighbourhood Centre

Unaudited Financial Statements

For the year ended 31 March 2022

Index

Year Ended 31 March 2022

Contents	Pages
Officers and Professional Advisers	1
Trustees' Report	2 - 7
Independent Examiner's Report	8
Unaudited Statement of Financial Activities	9
Unaudited Balance Sheet	10
Notes to the Unaudited Financial Statements	11 - 20

Officers and Professional Advisers

Registered Office and Operational

Address

Pennywell Neighbourhood Centre

Pennywell Shopping Centre

Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley Jane Caldwell

Chief Executive

Gary Brooks

Management Committee Members

Julie Hanly

Denise Haley Jane Caldwell

dwell

Beverley Bulmer

Sue Foster Peter Lovegrove Esdaile Boyling

Leanne Moore Kevin Doran

David Thompson

(appointed 21st November 2022)

(resigned 11th July 2022)

Independent Examiner

A. M. Henshaw FCCA,

Torgersens

Somerford Buildings Norfolk Street Sunderland SR1 1EE

Bankers

Co-operative Bank plc 5/6 Fawcett Street

Sunderland Tyne and Wear SR1 1RF

Trustees' Report

Year Ended 31 March 2022

The trustees present their report together with the financial statements for the year ended 31 March 2022.

Reference and Administrative Information

Charity Name:-

Pennywell Neighbourhood Centre

Charity Registration Number:-

1005148

Registered Office and Operational

Address

Pennywell Neighbourhood Centre Pennywell Shopping Centre

Portsmouth Road Sunderland Tyne and Wear SR4 9AS

Custodian Trustees

Denise Haley Jane Caldwell

Management Committee Members

Julie Hanly Denise Haley

Jan Caldwell

(resigned 11th July 2022)

Beverley Bulmer

Sue Foster

Peter Lovegrove Esdaile Boyling

Leanne Moore Kevin Doran

Kevin Doran

David Thompson

(appointed 21st November 2022)

Structure, Governance and Management

The organisation has existed since 1989, and its objects and regulations are regulated by a trust deed under which the Charity is constituted as an unincorporated association. It has been registered as a charity [No. 1005148] since October 1991. The constitution states that its objects are:

"In the interests of social welfare to provide for the benefit of the inhabitants of the Pennywell estate and neighbouring environs in Sunderland in the county of Tyne and Wear [hereinafter called "the area of benefit"] a neighbourhood centre and to promote therein and in the area of benefit, facilities and activities so as to relieve poverty, advance education and improve the conditions of life for the said inhabitants."

Recruitment and Appointment of the Management Committee

The management committee members are also the trustees of the Charity. All members, save co-optees, are elected at the AGM. One of the key strengths of the organisation is that it is firmly rooted in the community and is led by local people. The make-up of the Committee reflects this, with a majority of eight places being allocated to local residents with full membership of the Association. Usually, a number of these members seek to maintain their involvement for more than one year which gives continuity and stability to the Committee. New members are recruited by advertising around the area and by promoting the opportunity amongst Centre users. A further two places are open to nominated representatives of locally based organisations with which the Centre has strong working links, and a final two places are for associate members who are nominated staff representatives from PNC and the in-house Primary Care team.

Trustees' Report

Year Ended 31 March 2022

Trustee Induction and Training

Most of the Committee members are familiar with the practical work of the Centre as they either are existing or past users of Centre services or have links to partner organisations. In addition to this, trustees receive induction training focusing on the constitution, the role of the Committee and its officers, and the need for DBS clearances. A rolling programme of policy and procedure review ensures that the trustees have an opportunity to familiarise themselves in detail with the running of the organisation and statutory responsibilities. Trustees are also encouraged to take part in training opportunities that are available at the Centre and within the wider voluntary sector network.

Risk Management

The Management Committee has identified the major risks to which the Charity is exposed and has ensured that there are a range of systems and procedures in place to address them. These are subject to regular review, and include:

- significant external risks to funding, which have been addressed through a business plan and regular budget review
- internal control risks which are minimised through financial and operational procedures
- policies and procedures to ensure compliance with health and safety requirements and standards
- protection of children and vulnerable adults addressed by obtaining enhanced CRB clearances for trustees, staff, and volunteers, working to Ofsted standards, having relevant protection and recruitment policies and procedures, and providing a programme of staff training.

The Centre receives support and insurance relating to personnel and employment matters as well as health and safety from Black Mountain (formerly known as The Compliance Group) until 2023. This has proved invaluable in dealing with a number of issues.

Organisational Structure

The Charity has a Management Committee comprised of up to twelve members as described earlier. It also has the capacity to appoint up to four co-optees, and these would normally be individuals who can bring specific areas of expertise or who are representatives of organisations with whom the Centre wishes to strengthen its links.

The day to day running of the Centre is delegated to a paid staff team which is headed up by the Chief Executive. All staff work within teams that are lead by line managers. Staff receive monthly supervision, and attend regular staff and team meetings. Most staff attend bespoke training that supports professional development.

Related Parties

The Charity has close links with Together for Children Sunderland and the Iris Learning Trust to ensure that opportunities for professional development and guidance on standards are accessed.

Public Benefit Statement

The trustees have had regard to the Charity's Commission guidance on their legal duty on public benefit, and are satisfied that the charity delivers public benefit; and due regard is paid to the guidance on public benefit when deciding on what new projects the charity should undertake.

Mission Statement

"To improve the lives of our community through health and well-being services."

The need we address and why this is important

In Pennywell, widespread and chronic poverty has led to a significantly higher than average occurrence of the following 4 challenges:

- 1. Poor physical health
- 2. Poor mental health
- 3. Isolation and loneliness
- 4. Improving the ability to live independent

Trustees' Report

Year Ended 31 March 2022

All of the above are related and represent multiple issues for many people. Poverty lies at the root of unhealthy lifestyle choices, [for example, lack of exercise, smoking and drinking too much, living on junk food, etc]. These factors lead in turn to emergent physical and mental health issues such as poor general fitness, alcohol dependency and depression. The result of these challenges can include increased withdrawal from engagement in the community, growing social isolation and loneliness. Left unaddressed, this situation will often trigger a downwards spiral of increased substance use, reinforced social isolation and chronic illness. Many in our community have lived this way for decades – ultimately resulting for a high proportion in life changing illness [cardio vascular issues, long term depression, higher levels of life threatening issues such as heart disease, cancer, etc). In short, many of Pennywell's residents are locked into a self-reinforcing cycle of economic deprivation, physical ill-health, declining mental health, increasing social isolation and reduced personal resilience.

COVID-19 has amplified and exacerbated all of the above problems. For example, amongst our vulnerable clients we have identified a post-covid reluctance to re-engage with society – and this reinforces isolation and sedentary habits both of which accelerate a decline in mental and physical health (from the already low base, described).

EVIDENCE RE: THE NEEDS WE DESCRIBE:

- A) In 2020, we commissioned Dr. Mark Wetherell from Northumbria University to undertake a needs analysis amongst local people. Assessing the health, wellbeing and functioning of a sample of 41 individuals, Dr. Wetherell found that:
- 1) Older people in Pennywell were more likely than the wider older population to struggle with daily living tasks and were more dependent on others as a result. Dr. Wetherell concluded that, in Pennywell, "in the main, levels of function are low and dependency levels are high".
- 2) Pennywell residents reported almost twice the level of chronic stress than did the population at large.
- 3) Across a wide age range, Pennywell residents report role limitations caused by physical or emotional factors that are significantly worse than average. The evaluated group also scored very poorly (when compared against the general population) in terms of general health, physical functioning, emotional wellbeing and social functioning.
- B) In a consultation with 21 project users in July 2021, 100% stated that they believed that attending our Community Education Sessions in the future would help to lower their stress; 96% stated that the courses would help them with their anxiety; the same percentage confirmed that their confidence would be helped. 60% stated that they valued the social opportunities afforded by our activities.

Activities

Our purpose is to support the most vulnerable in our community to break the cycle described above, help them to adopt healthier life habits and so improve their mental, physical and emotional health in the long term. Given the need to target resources, we design our programmes to supporting specific groups of vulnerable people, for example older people, often living alone or otherwise socially isolated, people with learning disabilities, families living in poverty and young people.

Currently we provide:

- 1) HEALTH AND SELF CARE EDUCATION (including things like Next Steps in Cookery and Seasonal Cooking [supporting kitchen confidence, cooking skills and nutritional knowledge]; Sit and Be Fit and 'Yoga' [focusing on physical fitness, flexibility and improved mental health through mindfulness]; Down Memory Lane [focusing on social interaction]).
- 2) A GARDENING CLUB; This gives users a sense of challenge, purpose and achievement. It provides physical activity, fresh air and comradeship. The activities are inherently mindful, absorbing and calming and they keep people moving.

Trustees' Report

Year Ended 31 March 2022

- 3) An ARTS PROJECT (including Textiles, Card Crafts, [helping to maintain manual dexterity] and Singing [this addresses social isolation, addresses loneliness and has been proven to improve both mental and physical health]).
- 4) Peer Mentor volunteers help to design and deliver the programme. This gives them opportunities to meet their neighbours, increase their social interaction and build new relationships. This leads to reduced feelings of loneliness and isolation and improved emotional and mental well-being for the Peer Mentors and contributes to improved nutrition, fitness and emotional health for the wider group.
- 5) Partnership activities with other local charities, such as Pennywell Community Cenre and North East Dementia Care joint events and activities (e.g. Christmas celebration, school holiday activities).
- 6) BREAKOUT PROGRAMME: Our programme of activities and visits for children aged up to eleven and their parents during the school holidays is aimed at building a sense of community identity and improving the quality of life of hard pressed families.

Strategic Goals

The 4 strategic goals for the organisation set out in our business plan for this period are:

1. Widen participation through developing existing services and creating new ones

We aim to expand the range and delivery activities of all our services to increase the number of people we can help, to help attract new funding and to raise our profile within the area. This will include creating brand new services alongside existing services.

Funding and Income Generation

Our key areas of service delivery until 2022 remain the Health and Well-Being Skills Programme and landlord activities. The key challenge for them both is the continuation of funding. A funding strategy for the organisation in general and in particular the Health and Well-Being Skills Programme is fundamental to its long-term success and the ability of the organisation to deliver activities essential to local residents and those who travel in to the area to access our services.

3. Good Governance

We also need to maintain good governance of the organisation through the introduction of new local management committee members, allowing long-term committee members the opportunity to move on and making sure all committee members have the information they need to make decisions. We need to have a strategy in place for recruitment and selection of new committee members.

4. Marketing and Promotion

Finally, we need to develop and adopt a marketing strategy that includes plans for improving our website, increasing our social media presence and making sure everyone who would benefit from our services knows about our services.

Achievements and Performance

Health and Well-Being Programme

After over a year of disruption due to COVID-19, in-house delivery for this programme started again in mid-April 2021.

Trustees' Report

Year Ended 31 March 2022

During the course of this year we have offered activities that promote healthy living, the acquisition of life skills, independence and engagement with neighbours. Our projects are designed around sessional programmes. These vary based on the needs and the expressed wishes of our users and are described in more detail above.

Our programme places a strong emphasis upon celebrating achievement and ensuring that the gains our service users make are recognised by their families and the wider community. At our annual learners' celebration event, learners were presented with certificates and prizes by the chair of Pennywell Neighbourhood Centre in front of their peers.

In early 2022 we were awarded 3 years of funding for this project from the National Lottery Community Fund.

GP Service

Pennywell Medical Centre which has been based within our building since it opened in 1999. The new delivery provider (Sunderland GP Alliance) has been delivering from our building since 2016 but this will end in May 2022 when they relocate the service elsewhere. We will continue to work with the in-house primary care team engaging with patients both old and young through co-hosted themed health promotion days until that date.

North East Dementia Care

They are a new tenant that we have found to replace Pennywell Medical Centre. They will be signing a lease until 2032. They offer day care support to people living with Dementia in Sunderland and the surrounding areas. Day care includes; stimulating activities, hot lunch and transport. We look forward to developing a strong working partnership with them over the next 10 years.

Breakout

Our summer holiday programme of activities for local families and children up to the age of eleven was put on hold in March 2020, due to the COVID-19 pandemic. Due to several factors this programme of activities was delayed again until summer 2023.

Marketing

Our website, www.pennywellnc.org was updated in 2022 to reflect our new tenants and return to face to face activities.

Financial Review

Against a continuing background of reduced funding across the country as a whole with the end of funding programmes, the cutting of funding from government, the impact of the COVID-19 pandemic and increased pressures on grant funders, the Centre's main priorities have been to address shortfalls in core funding, and to try to secure the sustainability of its key services by looking at our income generation strategies.

Principal Funding Sources

With regard to the core funds the Centre has been fortunate in receiving further support from NHS Sunderland Clinical Commissioning Group and will continue to do so until March 2025. Taken together with rental income from Pennywell Medical Centre, this means we have been able to meet our core costs for the year.

The main source of funding for our service delivery and to support and expand the work of the centre came from a number of different sources. We received significant funding from the Community Foundation, Ballinger Charitable Trust, Trusthouse Charitable Foundation, Awards For All, Greggs Foundation, Evan Cornish Foundation, Postcode Neighbourhood Trust.

Also, smaller grants and in kind donations have also made a huge impact. This year we benefited from continued funding from the Joseph Strong Frazer Trust, small grants from the John & Barbara Sadler and Jeanette Henderson Fund, Rothley Trust and support from other small fundraising activities.

We also accessed funding from the government's furlough scheme.

Trustees' Report

Year Ended 31 March 2022

Investment Policy

Currently no reserves are invested and this will continue to be reviewed annually.

Reserves Policy

The Management Committee has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be approximately 6 months of running costs - which currently equates to roughly £100,000. At this level the Management Committee feel they would be able to continue the current activities of the charity in the event of a significant drop in funding until lost funding could be replaced or alternative business plans drawn up.

Plans for Future Periods

The organisation will continue working closely with Mark Butcher Associates to obtain alternative sources of funding to make sure the organisation is sustainable in the long term.

Other funding and sources of income will include rental of office space to other organisations and more advertising of the space will be required.

Joint working initiatives with North East Dementia Care and other local organisations will continue to be explored and built in to future delivery models and funding requirements.

Members of the Management Committee

The members of the Management Committee who are the trustees of the Charity, and who served during the year and up to the date of this report are listed at the beginning of this report.

Statement of the Management Committee's Responsibilities for Financial Statements.

The Charities Act 2011 requires the Management Committee to keep proper records of accounts with respect to the affairs of the charity, and prepare statements of account for each accounting period consisting of a statement of financial activities and a balance sheet. The Management Committee are also responsible for safeguarding the charity's assets, and hence for taking reasonable steps for the prevention and detection of error, fraud, and other irregularities.

In preparing the financial statements the Management Committee are expected to:

- Select suitable accounting policies and apply them consistently, making judgements and estimates that are reasonable and prudent;
- Following the recommendations of the Charity Commission and of the accounting profession with regard to the form and content of the financial statements or to disclose and explain any departures therefrom; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue to meet its objectives.

Examiner

The examiner, Mrs A. M. Henshaw of Torgersens, will be proposed for re-appointment at the Annual General Meeting.

This report was approved by the trustees on Signed on behalf of the trustees by

Vame Esopue Ball

Date 13/12/2022

Independent Examiner's Report to the Trustees of

Pennywell Neighbourhood Centre

Year Ended 31 March 2022

I report on the financial statements of the Charity for the year ended 31 March 2022 which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 ("The Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- to state whether any particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

A. M. Henshaw FCCA

Sllenh

Torgersens

Chartered Accountants

Somerford Buildings

Norfolk Street

Sunderland

SR1 1EE

Date: 20/12/22

Unaudited Statement of Financial Activities

Year Ended 31 March 2022

Income and Expenditure	Note	Unrestricted Funds £	Restricted Funds	Total Funds 2022 £	Total Funds 2021 £
Income					
Income from generated funds		20 (01	55.047	07.020	134,512
Donations and legacies	2a	32,691	55,247	87,938 27,600	27,600
Income from investment	2b	27,600	-	90,378	127,858
Income from charitable activities	3	90,378	-	90,576	127,656
Total income		150,669	55,247	205,916	289,970
Expenditure Expenditure on charitable activities	4	(156,724)	(60,199)	(216,923)	(218,009)
Total expenditure	·	(156,724)	(60,199)	(216,923)	(218,009)
Net income/(expenditure)		(6,055)	(4,952)	(11,007)	71,961
Transfers Transfers between funds	14	(16,877)	16,877	-	-
Net movements on funds		(22,932)	11,925	(11,007)	71,961
Total funds brought forward		411,114	35,771	446,885	374,924
Total funds carried forward		388,182	47,696	435,878	446,885

The notes on pages 11 to 20 form part of these unaudited financial statements

Unaudited Balance Sheet

As at 31 March 2022

	Note	2022 £	2022 £	2021 £	2021 £
Fixed Assets					
Tangible assets Investments	8 9		255,130		268,691
Investments	9		I		1
			255,131		268,692
Current Assets					
Debtors Cash at bank and in hand	10	111,251		18,602	
Cash at bank and in haild		171,094		212,568	
Total current assets		282,345		231,170	
Liabilities					
Creditors: Amounts falling due within one year	11	47,322		<u>52,977</u>	
Net current assets			235,023		178,193
Creditors : Amounts falling due after one year	12		54,276		-
Total net assets			435,878		446,885
Unrestricted funds	13				
General fund		133,052		142,423	
Designated funds		255,130	388,182	268,691	411,114
Restricted funds					
Revenue	14		47,696		35,771
			435,878		446,885

These unaudited financial statements were approved by members of the committee on the 13/12/2022 and are signed on their behalf by:

Trustee

Name Essaie BoyhnG

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

1 Accounting Policies

Basis of Preparation

These unaudited financial statements have been prepared under the historical cost convention and in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) issued in January 2015 (SORP 2015)
- ii) the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
- iii) the Charities Act 2011.

The unaudited financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these unaudited financial statements are rounded to the nearest \pounds .

Going Concern

There are no material uncertainties about the charity's ability to continue.

Consolidation

In the opinion of the trustees the charity and its subsidiary undertakings comprise a small group.

The charity has taken advantage of the exemptions from preparing consolidated financial statements as specified under paragraph 139(2) of the Charities Act 2011.

Fund Accounting

Funds held by the charity are used for:

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objectives.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are funds which are to be used for specific purposes as laid down by the donor or by specific terms of the appeal under which the funds are raised. Expenditure which meets these criteria is charged to the fund, with a fair allocation of management and support costs.

Donations and Legacies

Donations and legacies are recognised in the Statement of Financial Activities when they are received.

Grants Receivable

All grant income is recognised on the receivable basis. Grants relating to core costs are shown under Income from Generated Funds, whilst grants receivable to specific activities or projects are shown under Income from Charitable Activities.

In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

When income from the grant is received that has time-related conditions attached and the charity is not entitled to spend that income in advance of its budgeted year(s) without the further prior approval of the grant-maker then the grant is deferred.

Income from Investments

Bank interest is included in the Statement of Financial Activities on the accruals basis.

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

1 Accounting Policies (continued)

Leased Assets

The company acts as a lessor of its land and buildings. Rentals received under these operating leases are recognised as income on a straight-line basis over the lease term.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. All direct costs have been attributed to one of the specific activities as set out in note 4 to these unaudited financial statements,

Support costs included in expenditure are allocated in specific activities on the basis set out in note 4 in these unaudited financial statements.

Fixed Assets

All fixed assets are initially recorded at cost. The trustees have agreed to capitalise assets of more than £300; any assets below £300 will be included as expenditure in the statement of financial activities.

Donated assets are capitalised at their market value, as estimated by the trustees, when they are received. The corresponding credit is included within donations and legacies under Income from Generated Funds.

Depreciation

Depreciation is calculated to write off the cost, less estimated residual value, of tangible fixed assets over their estimated useful lives. The annual depreciation rates and methods used are as follows:-

Buildings Furniture, fixtures and fittings 2% straight line

15% reducing balance

Office and general equipment

15% & 25% reducing balance

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities on a straight-line basis over the period of the lease.

Pension Costs

The charity operates a defined contribution pension scheme for employees. The annual contributions payable are charged to the SOFA.

Financial Instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

2a	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Grants Receivable	£	£	£	£
	Sunderland Teaching CCG	-	-	-	54,276
	The Hadrian's Trust	=	-	-	1,000
	Garfield Weston	-	-	-	10,000
	Ballinger Trust	-	9,797	9,797	500
	The Community Foundation	5,041	10,000	15,041	20,546
	Big Lottery Fund	· -	10,000	10,000	21,190
	Leathersellers Charitable Fund	-	-	-	1,000
	Sir James Knott Trust	_	-	-	5,000
	CAF	_	-	-	3,000
	Tesco Bags of Help	_	-	-	500
	Percey Hedley 1990 Trust	_	-	-	500
	Joseph Strong Frazer Trust	-	-	-	1,000
	Bernica Foundation	-	=	-	5,000
	The Bailey Thomas Charitable Fund	-	-	-	3,000
	The Edward Gostling Fundation	-	-	-	5,000
	Barbour Foundation	-	-	-	3,000
	Trusthouse	-	7,500	7,500	-
	Greggs Foundation	18,850	-	18,850	-
	The Evan Conrish Foundation	4,000	-	4,000	-
	Postcode Neighbourhood Lottery		7,950	7,950	-
	Sunderland CC	4,000	· <u>-</u>	4,000	_
	Rukba Independent Age Grant		10,000	10,000	_
	Rothley Trust	800	, <u>-</u>	800	_
		32,691	55,247	87,938	134,512

The income from donations and legacies for the charity was £87,938 (2021: £134,512) of which £32,691 was unrestricted (2021: £96,276) and £55,247 restricted (2021: £38,236).

2ъ	Income from Investments	Unrestricted Funds £	Restricted Funds	Total Funds 2022 £	Total Funds 2021 £
	PNC recharge	-	-	-	-
	Rent - Pennywell Medical Centre	27,600	-	27,600	27,600
		27,600		27,600	27,600

The income from investment for the charity was £27,600 (2021: £27,600) which was unrestricted in the current and previous year.

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

3	Income from Charitable Activities	T T	.	Total	
		Unrestricted	Restricted	Funds	Total Funds
		Funds	Funds	2022	2021
	TT - C - N - 1	£	£	£	£
	User Contributions	8,252	-	8,252	407
	Pennywell Medical Centre – running costs	42,825	_	42,825	29,041
	Business Rates Grant	_	-	-	25,000
	Release of redundancy provision	24,822	-	24,822	,
	Job Retention Scheme	14,479	=	14,479	73,410
		90,378		90,378	127,858

The income from charitable activities for the charity was £90,378 (2021: £127,858) of which £90,378 was unrestricted (2021: £127,451) and £nil was restricted (2021: £407).

Statement of Financial Activities

Year Ended 31 March 2022

Total Expenditure	Basis of	Health and	Other Activities	Total 2022	Total 2021
	аносацов	Family Support	£	£022	2021 £
Costs directly allocated to activities		-			
Wages & Salaries	Direct	54,595	11,819	66,414	66,841
Equipment	Direct	-	15	15	-
Rates & Water	Direct	-	1,129	1,129	486
Light & Heat	Direct	-	8,060	8,060	5,962
Insurance	Direct	-	955	955	827
Repairs & Renewals	Direct	732	14,168	14,900	5,661
Programme Costs	Direct	4,872	180	5,052	2,198
Travel	Direct	· -	-		**
Printing, Postage & Stationery	Direct	-	_	-	-
Cleaning	Direct	**	844	844	433
Telephone	Direct	-	_	-	-
Miscellaneous Costs	Direct		153	153	153
Staff Development	Direct	**	-		
Depreciation	Direct	-	-	-	-
Legal & Professional Fees	Direct	-	-	-	-
Support costs allocated to activities					
Wages & Salaries	i	57,323	-	57,323	57,550
Wages Support Costs	1	**	-	*	24,879
Equipment	1 .	1,216	-	1,216	549
Rates & Water	1	1,769	-	1,769	486
Light & Heat	1	8,061	_	8,061	5,963
Insurance	1	5,153	-	5,153	4,676
Repairs & Renewals	1	11,658		11,658	5,780
Programme Costs	1	1,490	-	1,490	254
Travel	1	46	н	46	-
Printing, Postage & Stationery	1	695	-	695	121
Cleaning	1	1,328	-	1,328	788
Telephone	1	1,647	-	1,647	1,324
Miscellaneous Costs	1	1,005	-	1,005	326
Staff Development	1	100	-	100	
Bank charges and interest	1	-	-	-	-
Accountancy fees	1	4,380	-	4,380	4,032
Legal & Professional Fees	1	12,998	-	12,998	12,890
Profit/(loss) on Disposal	1	(4,483)		(4,483)	
Depreciation	1	15,015		15,015	15,830
		179,600	37,323	216,923	218,009

Other activities comprise direct costs in relation to Pennywell Medical Centre.

The expenditure on charitable activities for the charity was £216,923 (2021: £218,009) of which £156,724 was unrestricted (2021: £160,634) and £60,199 was restricted (2021: £57,375).

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

5	Staff Costs	Total	Total
		Funds	Funds
		2022	2021
	Staff costs were as follows:	£	£
	Wages and salaries	113,150	114,599
	Social security costs	4,900	5,259
	Pension costs	5,688	4,533
		123.738	124.391

No employee received in excess of £ 60,000 during the current or preceding year.

The key management personnel of the charity comprise the trustees, the chief executive, and the community education project co-ordinator. The total employee benefits of the key management personnel of the charity were £74,917 (2021: £73,579).

The average monthly number of employees during the year was as follows:

Direct project workers	2	2
Management and administration		11

6 Trustees Remuneration

Trustees received no remuneration and were reimbursed £nil (2021: £nil) for travel expenses during the year.

7 Taxation

The charity considers its activities to be exempt from corporation tax by virtue of Section 466 of the Corporation Taxes Act 2010.

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

Tangible Fixe	d Assets		Buildings	Furniture, fixtures & fittings	Office & general equipment	Total
Cost			£	£	£	£
At 1 April 202	1		704,814	83,523	48,836	837,173
Additions			-	-	1,750	1,750
Disposals			-		(25,419)	(25,419)
At 31 March 2	022		704,814	83,523	25,167	813,504
Depreciation			477.010	44.044	47 000	560 400
At 1 April 202			477,210	44,244	47,028 801	
Charge for the	year		8,319	5,895		15,015 (25,123
Disposals			-	-	(23,123)	(23,123
At 31 March 2	022		485,529	50,139	22,706	558,374
Net Book Val	ue					
At 31 March 2	022		<u>219,285</u>	33,384	<u>2,461</u>	<u>255,130</u>
At 31 March 2	021		<u>227,604</u>	<u>39,279</u>	<u>1,808</u>	<u>268,691</u>
Fixed Asset In	ivestments					
						in group ertakings f
Cost At 1 April 202	1 to 31 March 2022	,				1
Net Book Vale At 31 March 2					,	1
At 31 March 2	021					
The charity ho	lds 20% or more of	the issued sha	re capital of the con	panies listed l	pelow:	
	of inc	Country corporation	Shareholding	Proportion helo		Nature of business
Subsidiary un	dertakings				Provision of	f nremises
PNC Services	Limited	England	Ordinary Shares	100%	6 managemer	
Aggregate Ca	pital & Reserves					2021 f
PNC Services	Limited					3,182
Profit/(Loss)	for the Year					
,						

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

10.	Debtors					
10.	Dentors				2022	2021
					£	2021 £
	Trade debtors				81,414	-
	Other debtors				6,394	7,025
	Prepayments & accrued incom	ie			23,443	11,577
					111,251	18,602
11.	Creditors: Amounts falling d	lue within one year				
					2022	2021
	m 1 W				£	£
	Trade creditors				5,153	2,102
	Other creditors				9,625	16,919
	Accruals & deferred grant inco	ome			32,544	33,956
12.	Creditors: Amounts falling d	ue after year			47,322	52,977
	ū.	·			2022 £	2021 £
	Deferred grant income				54,276	-
					54,276	
13.	Unrestricted Funds					
					Transfers	At 31
		At 1 April	_		between	March
		2021	Income	Expenditure	between funds	March 2022
	PNC Fund	2021 £	£	£	between funds £	March 2022 £
	PNC Fund	2021		-	between funds	March 2022
	Designated Funds	2021 £	£ 107,844	£ (<u>104,264)</u>	between funds £ (12,951)	March 2022 £
	Designated Funds PMC Fund	2021 £ 142,423	£	£ (104,264) (37,445)	between funds £ (12,951)	March 2022 £ 133,052
	Designated Funds	2021 £	£ 107,844	£ (<u>104,264)</u>	between funds £ (12,951)	March 2022 £
	Designated Funds PMC Fund Capital Fund	2021 £ 142,423	£ 107,844	£ (104,264) (37,445)	between funds £ (12,951)	March 2022 £ 133,052
	Designated Funds PMC Fund	2021 £ 142,423 268,691	107,844 42,825	£ (104,264) (37,445) (15,015)	between funds £ (12,951) (5,380) 1,454	March 2022 £ 133,052
	Designated Funds PMC Fund Capital Fund Total Unrestricted	2021 £ 142,423 268,691 268,691 411,114	£ 107,844 42,825 42,825	£ (104,264) (37,445) (15,015) (52,460)	between funds £ (12,951) (5,380) 1,454 (3,926)	March 2022 £ 133,052 255,130
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds	2021 £ 142,423 268,691 268,691 411,114 ent in previous year	£ 107,844 42,825 42,825	£ (104,264) (37,445) (15,015) (52,460) (156,724)	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers	March 2022 £ 133,052 255,130 255,130 388,182 At 31
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds	2021 £ 142,423 268,691 268,691 411,114 ent in previous year	42,825 - 42,825 - 150,669	£ (104,264) (37,445) (15,015) (52,460) (156,724)	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020	£ 107,844 42,825 42,825 150,669 Income	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020 £	£ 107,844 42,825 42,825 150,669 Income £	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure £	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds £	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021 £
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020	£ 107,844 42,825 42,825 150,669 Income	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement PNC Fund Designated Funds	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020 £	£ 107,844 42,825 42,825 150,669 Income £	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure £	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds £	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021 £
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement PNC Fund Designated Funds PMC Fund	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020 £ 36,524	£ 107,844 42,825 42,825 150,669 Income £	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure £ (119,619) (25,184)	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds £ 3,232 (3,857)	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021 £ 142,423
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement PNC Fund Designated Funds	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020 £	£ 107,844 42,825 42,825 150,669 Income £ 222,286	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure £ (119,619)	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds £ 3,232	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021 £
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement PNC Fund Designated Funds PMC Fund Capital Fund	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020 £ 36,524	£ 107,844 42,825 42,825 150,669 Income £ 222,286	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure £ (119,619) (25,184)	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds £ 3,232 (3,857) 625	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021 £ 142,423
	Designated Funds PMC Fund Capital Fund Total Unrestricted Funds Unrestricted Funds – movement PNC Fund Designated Funds PMC Fund	2021 £ 142,423 268,691 268,691 411,114 ent in previous year At 1 April 2020 £ 36,524	107,844 42,825 42,825 150,669 Income £ 222,286 29,041	£ (104,264) (37,445) (15,015) (52,460) (156,724) Expenditure £ (119,619) (25,184) (15,831)	between funds £ (12,951) (5,380) 1,454 (3,926) (16,877) Transfers between funds £ 3,232 (3,857)	March 2022 £ 133,052 255,130 255,130 388,182 At 31 March 2021 £ 142,423

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

13. Unrestricted Funds (continued)

Purpose	s of	Design	ated	Funds
---------	------	--------	------	-------

PMC Fund

This represents funds received from Pennywell Medical Centre in lieu of premises costs incurred by themselves that are paid for by the

charity.

Capital Fund

This represents the net book value of tangible fixed assets. Transfers

are in respect of capital expenditure.

14	Restricted Funds	At 1 April 2021 £	Income £	Expenditure £	Fransfers between Funds £	At 31 March 2022 £
Reve	nue Funds					10.104
	Breakout	10,928	-	(732)	-	10,196
	PNC	-	37,500	-	-	37,500
	Family Support – Adult	24,843	17,747	(59,467)	16,877	-
	Total Restricted Funds	35,771	55,247	(60,199)	<u>16,877</u>	47,696
	Restricted Funds – movement in p					At 31
		At		between		AUJI
					between	March
		1 April 2020	Income	Expenditure	between Funds	March 2021
		1 April	Income £	Expenditure £		
	Revenue Funds	1 April 2020		-	Funds	2021 £
	Revenue Funds Breakout	1 April 2020		-	Funds	2021
		1 April 2020 £		-	Funds	2021 £
	Breakout Family Support	1 April 2020 £ 10,928	£	£	Funds	2021 £ 10,928

Notes to the Unaudited Financial Statements

Year Ended 31 March 2022

14 Restricted Funds (continued)

Purposes of Restricted Funds

Breakout

This represents funds received to provide parents and children aged 5

to 11 with a programme of school holiday activities.

Family Support

This represents funds received towards the costs of providing support to families and parents in the community and work with men and women around confidence building and stress management.

15 Analysis of Net Assets Between Funds

	Unrest	Restricted		
	PNC	Designated	Funds	Total
	£	£	£	£
Tangible fixed assets	-	255,130	-	255,130
Investments	1	-	· · · · · · · · · · · · · · · · · · ·	1
Debtors & prepayments	111,251	-	_	111,251
Cash at bank	123,398	-	47,696	171,094
Creditors	(101,598)	-	-	(101,598)
	133,052	255,130	47,696	435,878

Analysis of Net Assets Between Funds - prior year

	Unrestricted Funds		Restricted	
	PNC	Designated	Funds	Total
	£	£	£	£
Tangible fixed assets	-	268,691	_	268,691
Investments	1	-	-	1
Debtors & prepayments	18,602	-	-	18,602
Cash at bank	176,797	-	35,771	212,568
Creditors	(52,977)	-	-	(52,977)
	142,423	268,691	_35,771	446,885