COMPANY REGISTRATION NUMBER: 07245570 CHARITY REGISTRATION NUMBER: 1144814

Forces in the Community
Company Limited by Guarantee
Unaudited Financial Statements
For the year ended
31 August 2022

Company Limited by Guarantee

Financial Statements

Year ended 31 August 2022

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Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 August 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 August 2022.

Reference and administrative details

Registered charity name

Forces in the Community

Charity registration number

1144814

Company registration number 07245570

Principal office and registered 2 Cross Street

Beeston

office

Nottingham NG9 2NX

The trustees

Mr M l'Anson Mrs T E Harvey

Independent examiner

Nuvo Accountancy Ltd

Chartered Certified Accountants

550 Valley Road

Basford Nottingham NG5 1JJ

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 6 May 2010 and registered as a charity on 28 November 2011. The company was established under a memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1 per member.

Objectives and activities

Objectives

The company's objectives are the relief of unemployment and financial hardship and the advancement of education and training for the benefit of those who are serving or have served in the Armed Forces.

Activities

The charity hosted several seminars during the reporting year.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 August 2022

Achievements and performance

Being an integral part of the local community is central to Forces in the Community's identity.

We provide immediate help to those in need but also support people in addressing the underlying cause. Working with organisations within Nottinghamshire enhance the services and support offered to clients, but also increase the likelihood of success.

During the past year we:

Have maintained and diversified our support to veterans who are experiencing mental health difficulties. We have referred 47 veterans to the NHS and other providers and delivered over 300 hours of counselling support..

Continue to experience engagement with an average of 8 clients per week.

Financial review

The company's incoming funds were entirely unrestricted during the year and have been used both to generate further funds and to cover the costs of running the charity.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 9th June 2023 and signed on behalf of the board of trustees by:

Mrs T E Harvey Trustee

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Forces in the Community

Year ended 31 August 2022

I report to the trustees on my examination of the financial statements of Forces in the Community ('the charity') for the year ended 31 August 2022.

Responsibilities and basis of report

The trustees (Who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination has been requested by the Trustees. I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Certified Accountants in England and Wales (ICAEW).

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2. the financial statements do not accord with those records; or

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- 3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nuvo Accountancy Ltd

Chartered Certified Accountants

Independent Examiner

550 Valley Road Basford Nottingham NG5 1JJ

9th June 2023

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 August 2022

		20 Unrestricted	2021	
	Note	funds	Total funds	Total funds £
Income and endowments Donations and legacies Charitable activities Investment income Other income	5 6 7 8	19,986 6,129 1 1,680	19,986 6,129 1 1,680	62,013 5,006 - 25,640
Total income		27,796	27,796	92,659
Expenditure Expenditure on raising funds: Costs of raising donations and legacies Expenditure on charitable activities	9 10	(1,769) 54,852	(1,769) 54,852	(2,960) 64,522
Total expenditure		53,083	53,083	61,562
Net income and net movement in funds		(25,287)	(25,287)	31,097
Reconciliation of funds Total funds brought forward		34,538	34,538	3,441
Total funds carried forward		9,251	9,251	34,538

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Company Limited by Guarantee

Statement of Financial Position

31 August 2022

Fixed assets Tangible fixed assets	Note 16	2022 £ 5,980	2021 £ 2,070
Current assets Debtors Cash at bank and in hand	17	5,668 5,668	4,180 43,530 47,710
Creditors: amounts falling due within one year Net current assets Total assets less current liabilities Net assets	18	2,397 3,271 9,251 9,251	15,242 32,468 34,538 34,538
Funds of the charity Unrestricted funds Total charity funds	21	9,251	34,538 3 <u>4,538</u>

For the year ending 31 August 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 9th June 2023, and are signed on behalf of the board by:

Mrs T E Harvey

Trustee

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 August 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 2 Cross Street, Beeston, Nottingham, NG9 2NX.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Disclosure exemptions

The entity satisfies the criteria of being a qualifying entity as defined in FRS 102.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

3. Accounting policies (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the
 contracted service. This is classified as unrestricted funds unless there is a contractual
 requirement for it to be spent on a particular purpose and returned if unspent, in which case
 it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking
 activities that further its charitable aims for the benefit of its beneficiaries, including those
 support costs and costs relating to the governance of the charity apportioned to charitable
 activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

3. Accounting policies (continued)

Intangible assets

Intangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated amortisation and impairment losses. Any intangible assets carried at revalued amounts, are recorded at the fair value at the date of revaluation, as determined by reference to an active market, less any subsequent accumulated amortisation and subsequent accumulated impairment losses.

Intangible assets acquired as part of a business combination are only recognised separately from goodwill when they arise from contractual or other legal rights, are separable, the expected future economic benefits are probable and the cost or value can be measured reliably.

Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful life of that asset as follows:

Website - 25% straight line

If there is an indication that there has been a significant change in amortisation rate, useful life or residual value of an intangible asset, the amortisation is revised prospectively to reflect the new estimates.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings - 25% straight line Equipment - 25% straight line

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

3. Accounting policies (continued)

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Short term debtors and creditors with no stated interest rate are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account.

4. Limited by guarantee

The company is limited by guarantee and has no issued share capital. In the event of the company being wound up every member undertakes to contribute to the assets of the company such sums as may be required not exceeding £1.

5. Donations and legacies

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Donations Donations Cronto	5,719	5,719	697	697
Grants Grants receivable	14,267	14,267	61,316	61,316
	19,986	19,986	62,013	62,013

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

6.	Charitable activities				
		Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
	Sale of goods/services as part of direct charitable activities	6,129	6,129	5,006	5,006
7.	Investment income				
	Bank interest receivable	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
_		-	Singaporal And		Indiana in
8.	Other income				
		Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
	JRS grants	1,680	1,680	25,640	25,640
9.	Costs of raising donations and legaci	es			
	Coate of valaina denotions and leveling	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
	Costs of raising donations and legacies - Donations Costs of raising donations and legacies	831	831	200	200
	- Room hire	(2,600)	(2,600)	(3,160)	(3,160)
		(1,769)	(1,769)	(2,960)	(2,960)
10.	Expenditure on charitable activities by	y activity type	•		
	Staff training	Activities undertaken directly \$ £ 3,533	Support costs £	Total funds 2022 £ 3,533	Total fund 2021 £ 3,827
	Governance costs	3,533	51,319 51,319	51,319	60,695 64,522

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

11.	Net income		
	Net income is stated after charging/(crediting):	2022	2021
	Depreciation of tangible fixed assets	£ 2,341	£ 779 —
12.	Independent examination fees		
	Face payable to the independent exeminer for:	2022 £	2021 £
	Fees payable to the independent examiner for: Independent examination of the financial statements	1,200	1,200

13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	20,174	34,144
Social security costs	_	
Other employee benefits	1,542	156
	21,716	34,300
		Entryl

The average head count of employees during the year was 1 (2021: 2). The average number of full-time equivalent employees during the year is analysed as follows:

	2022	2021
	No.	No.
Number of staff	1	2
	termina de la companya della companya della companya de la companya de la companya della company	Secretary of the Control of the Cont

No employee received employee benefits of more than £60,000 during the year (2021: £Nil).

14. Trustee remuneration and expenses

No trustees received a salary during the year.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

15.	Intan	gible	assets
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13.	ilitaligible assets			
			D	evelopment costs £
	Cost At 1 September 2021 and 31 August 2022			6,700
	Amortisation At 1 September 2021 and 31 August 2022			6,700
	Carrying amount At 31 August 2022			
	At 31 August 2021			_
16.	Tangible fixed assets			
	Cont	Fixtures and fittings	Equipment £	Total £
	Cost At 1 September 2021 Additions	6,270 –	5,403 6,250	11,673 6,250
	At 31 August 2022	6,270	11,653	17,923
	Depreciation At 1 September 2021 Charge for the year	6,196 37	3,406 2,304	9,602 2,341
	At 31 August 2022	6,233	5,710	11,943
	Carrying amount At 31 August 2022	37	5,943	5,980
	At 31 August 2021	73	1,997	2,070
17.	Debtors			
	Prepayments and accrued income Other debtors		2022 £ 	2021 £ 2,500 1,680 4,180

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

18	Creditors: amounts	falling	due	within	one v	ear
10.	Cicultois, amounts	iaiiiiiy	uue	AAIfiiiii	OHE A	Cai

	2022	2021
	£	£
Trade creditors	_	999
Accruals and deferred income	1,214	13,573
Social security and other taxes	1,183	670
	0.007	45.040
	2,397	15,242

19. Deferred income

	2022	2021
	£	£
Amount deferred in year	_	12,294

20. Government grants

The amounts recognised in the financial statements for government grants are as follows:

•		2022 £	2021 £
Recognised in creditors:			
Deferred government grants due within one year		_	12,294
		-	

21. Analysis of charitable funds

Unrestricted funds

omestricted fames	At 1 September		3	At 31 August 20
	2021 £	Income £	Expenditure £	22 £
General funds	34,538	27,796	(53,083)	9,251
	At			At
	1 September			31 August 20
	2020	Income	Expenditure	21
	£	£	£	£
General funds	3,441	92,659	(61,562)	34,538

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 August 2022

22. Analysis of net assets between funds

		Total Funds
	Funds	2022
T - 11 " - 1 1	£	£
Tangible fixed assets	5,980	5,980
Current assets	5,668	5,668
Creditors less than 1 year	(2,397)	(2,397)
Net assets	9,251	9,251
	9.10	
	Unrestricted	Total Funds
	Unrestricted Funds	Total Funds 2021
Tangible fixed assets	Funds	2021
Tangible fixed assets Current assets	Funds £	2021 £
	Funds £ 2,070	2021 £ 2,070
Current assets	Funds £ 2,070 47,710	2021 £ 2,070 47,710