Report and Financial Statements for Sixty-One

Year ended 31st December 2022





Charity No. 1159302

Structure, Governance and Management

Charitable Status

Sixty-One is a CIO (number 1159302) registered in November 2014.

The Charitable Objects

The objects for which the Charity is established are as follows:

The objects of the CIO are the relief of those in need or hardship in Bristol and the surrounding region and in particular prisoners, ex-prisoners and those who are at risk of entering the prison system by (in each case in ways which are consistent with principles of the Christian faith); providing and financing a mentoring service to assist such persons in developing skills to improve their conditions of life and to advance their education; and promoting and financing such other charitable activities as the charity trustees see fit in order to relieve such persons from hardship and to improve their conditions of life.

Trustees

The charity trustees meet at least four times a year to discuss and review the work of the charity. Any new trustees are identified by the remaining trustees. The Chairman of Trustees is responsible for the induction of any new trustee. New trustees are required to gain an awareness of trustees' responsibilities, the governing document, administrative procedures, and the history and ethos of the charity.

Risk Management

The trustees have reviewed the major risks and there are systems in place to manage those risks.

Reserves Policy

The Trustees aim to keep a minimum of 3 months' forecast expenditure in reserves at all times, with an aspiration to achieve 6 months' forecast. Reserves were healthy at the end of the year, at £106,901, which is slightly less than the anticipated expenditure for the first 6 months of 2023.

With Thanks

Sixty-One Partnership Charities

- Bristol Together
- Changing Tunes
- inHope (formerly Crisis Centre Ministries)
- DHI (Developing Health and Independence)
- Emmaus Bristol
- · Logos House
- Nilaari
- Prodigal Arts
- See Change (new name for Julian House in Bristol)

Sixty-One is particularly grateful for the financial support provided by the following people and Trusts:

- Albert Hunt Trust
- Annett Charitable Trust
- Archer Trust
- Barleycorn Trust
- Bishop Radford Trust
- · Bonhomie Unite Charity Society
- Burden Trust
- Burges Salmon Charitable Trust
- Carr-Gregory Trust
- Charles Hayward Foundation
- CMW Charitable Trust
- County Financial Charity Trust
- Davis Foundation
- Drapers
- Forrester Family Trust
- Four Winds Trust
- G W Cadbury Section Trust
- Haleon Trust
- Hedley Foundation
- Hoddell Charitable Trust
- Ian Askew Charitable Trust
- John & Susan Bowers Fund
- John James Bristol Foundation
- Keswick Enterprises Holdings Charitable Trust
- Lalonde Charitable Trust
- Lambury Charitable Trust
- Nani Huyu Charitable Trust
- Macfarlane Walker Trust
- Marsh Christian Trust
- Medlock Charitable Trust
- Merchant Venturers' Charity

- N Smith Charitable Settlement
- National Lottery
- Nether How Trust
- Noel Buxton Trust
- Paradigm Norton Trust
- Patrick Rowland Foundation
- Pixiella Trust
- Police Commissioners Community Action Fund
- Q Charitable Trust
- Quartet Fortuna Trust
- Rotary Club of Bristol Trust Fund
- Singer Foundation
- Sir John & Lady Heathcoat Amory's Charitable Trust
- Souter Charitable Trust
- St Paul's Mission House Trust
- Stephen Cockburn Charitable Trust
- Stevn Charitable Trust
- Temple Ecclesiastical
- Tew Trust
- Thornbury Lions Club Charitable Trust Fund
- Triodos Foundation
- Trusted Executive Charitable Foundation
- Vaughan's Mission House Charity
- Veale Wasbrough Charitable Trust
- Verdon-Smith Family Charitable Settlement
- National Committee of Women's World Day of Prayer

Charity Information

Patron

Marvin Rees

Trustees

Andrew Street (Chair)
Paul Tipler
Sandra Sykes
John Barnett
Andrew Wood
Luke Hunka
Folake Adekola (appointed May 2022)

Staff

Tim Snowdon Director (resigned February 2022)

Elizabeth Preece Chief Executive Officer (appointed February 2022)

Lindsay Jarman MentorMe Manager Esther Champion Project Liaison Officer

Isobel Collinson Project Liaison Officer (resigned May 2022)

Matthew Champion Project Liaison Officer

Alison Paginton Office Manager

Accountants

Burton Sweet Limited, The Clock Tower, 5 Farleigh Court, Old Weston Road, Flax Bourton, Bristol, BS48 1UR

Independent Examiner

Joshua Kingston ACA, Burton Sweet Limited, The Clock Tower, 5 Farleigh Court, Old Weston Road, Flax Bourton, Bristol, BS48 1UR

Bankers

Triodos Bank, Deanery Road, Bristol, BS1 5AS

Registered Office

Sixty-One c/o St Agnes Church Thomas Street St Paul's Bristol BS2 9LL

Telephone: 0117 403 7905 Email: <u>alisonp@sixty-one.org</u> Website: <u>www.sixty-one.org</u>

Trustees Report

Our Work:

Sixty-One helps people in, and who have left prison to lead meaningful crime-free lives. We do this by inspiring, enabling and supporting the local community to provide the relational and practical support needed by people leaving prison.

We run two of our own projects, MentorMe and the Christmas Gift Project, and work in partnership with local groups and businesses. Working in this way not only expands the scope of our support, but also creates a bridge between the prison gates and the community in which people leaving prison are expected to operate.

Most of our work is carried out in the Greater Bristol area, however, some of our partnership activity has developed beyond Bristol to prisons nationwide.

Our Projects:

1. **MentorMe** – Enables volunteer mentors to support prison-leavers. Our team of four core staff recruit, train and support mentors, as well as identifying suitable mentees. The team work closely with prisons, probation, hostels, charities, churches and the wider community. This is our largest project, supporting close to 100 prison-leavers.

MentorMe also organises celebration events three times a year for our mentors, mentees, and staff and local groups. These events help to build a sense of community and connection and are key for people leaving prison in overcoming social anxiety, building confidence and finding acceptance and belonging.

2. **The Christmas Gift Project** - With the support of 12 local churches, we enable up to 1,500 people in three local prisons to receive a bag of thoughtful Christmas gifts. Through the project we are also able to promote our other support services available to people in, and leaving prison.

Our partnerships:

- 1. We support four local churches that run mid-week Hubs, providing a community space for people who have left prison to meet together, share food, learn and volunteer.
- 2. We continue to work with Rupert Vernalls, founder of the highly acclaimed MBA Academy. Having made his MBA Empowerment Course available to people in, and who have left prison, Rupert is working with us on ways to expand the course's reach and depth within the prison network across the UK.
- 3. We enable and support a local pastor and leader from the black community to run a Constructive Masculinity course in HMP Bristol and in the community.
- 4. We develop partnerships with local churches, individuals and charities. In this way, we can connect, refer and advise people across a range of interventions such as housing, employment, education, arts, music, volunteering, mental health and addiction.

A year of transition

2022 has been a year of transition. As a country, we emerged from the last of the remaining Covid restrictions and resumed many of our in-person working practices and gatherings. As a charity, we also transitioned into a new phase of leadership, with our Director handing over to a new CEO in February 2022.

Post-Covid, we perhaps all now have a different understanding of what it feels like to be 'locked away' and a new appreciation of our freedoms and community. However, for people who have been in prison, finding community again on release often means starting over as many permanently lose touch with their social communities.

We know that long-term sustainability of a crime-free life requires becoming part of a community, rather than simply being placed within it. It is here that Sixty-One makes all the difference; circles of support and accountability, safe membership of positive social groups alongside educational access, employment, and suitable housing are all fundamental to desistance.¹

Having grown our work by over 30% during the pandemic, to ensure best practice and sustainability, our focus this past year has been to increase the depth of our support for people in and leaving prison, as well as for our mentors and volunteers.

Partnership remains key to all of our work, whether it be pairing a mentor and a mentee, partnering with churches to provide gifts to three local prisons, inspiring and enabling the local community to provide safe community spaces for prison-leavers, or linking arms with key leaders and individuals in business to best support people in and outside of prison.

We, the trustees and team, wish to recognise and thank not only all of our supporters, partners and volunteers for making this work possible but also the people who we mentor and support. They continue to show incredible courage and tenacity in living out a future that looks different from their past and demonstrating that, with the right support, change is possible.

During the course of 2022, we have achieved the following:

In prison

• We had referrals from 9 prisons: HMPs Bristol, Eastwood Park (women), Portland, Leyhill, Ashfield, Channings Wood, Parc, Guys Marsh, Warren Hill).

- We worked with 14 agencies and charities whilst seeking referrals.
- Our MentorMe team met with 79 serving prisoners holding 135 face-to-face meetings to identify suitable mentees to prepare them for their release.²
- We connected with nearly 1,600 serving prisoners over the year.
- The MBA Empowerment course is now available via DVD through prison educational departments, having been delivered in 30 prisons through Prison TV.

¹ Desistance, recovery, and justice capital: Putting it all together, Hazel Kemshall and Kieran McCartan HM Inspectorate of Probation Academic Insights 2022/10

² These figures are lower than the previous year, primarily due to being a member of staff down for 9 months of the year and another a staff member reducing their working hours by 25% for the last quarter of this year. Like many organisations, we experienced a challenging recruitment landscape in 2022.

 40 sessions on constructive masculinity were delivered to serving prisoners (engaging with 3-9 men on each course)

In the community

- Our volunteer mentors supported 83 different mentees across the year.³ Per staff member, this represents an increased caseload of 27.6% from last year.
- Only two (2.4%) of the 83 mentees we worked with last year were recalled / reoffended whilst meaningfully engaging with us, a 95.6% reduction compared to the national average.⁴
- Of mentoring relationships active at the end of the year, 70% have been meeting for more than a year, 23% between 3 and 12 months and 7% are less than three months. This is a very high engagement level for ex-prisoners.⁵
- Our volunteer mentors met with their mentees a combined total of 718 times.
- 27 mentees are now supported through long-term befriending by their ex-mentor, a 35% increase on last year.
- We ran 3 four-part mentor training courses that were attended by 32 people, a 23% increase on last year.
- By the end of 2022, we had increased our number of trained volunteer mentors available to 70.
- We started Zoom drop-in supervision sessions for mentors that run every 6 weeks.
- Just 10 mentors stopped mentoring in 2022 (50% because they moved out of the area).
- Our Hubs are run by 4 local churches: Hope Community Church, God's House International Centre, Fishponds Baptist Church, and, B&A Church.
- 2 ex-prisoners are involved with running a Hub.
- 4 Hubs provided over 170 mid-week contacts for 54 ex-prisoners.
- By the end of the year, all attendees at one Hub had found employment or gone on to further education.
- Over 1400 prisoners received a bag of Christmas presents through our Christmas gift project. The bags were funded by 13 churches.
- 205 people volunteered for Sixty-One.
- 17 churches supported our work practically and 20 with funding.
- We had speaking engagements with 9 churches.
- We provided bespoke training courses to Bristol Winter Night Shelter, Changing Lives, and three churches providing housing for ex-offenders through Hope into Action and Green Pastures to expand their knowledge and practice of mentoring and befriending.
- We hosted a specialist training course for mentors and partners in how to best support people on the autistic spectrum.

³ This figure is lower than the previous year, primarily due to being a member of staff down for 9 months of the year and another a staff member reducing their working hours by 25% for the last quarter of this year. Like many organisations, we experienced a challenging recruitment landscape in 2022.

⁴This is based on a national first-year reoffending rate of 55%, which reflects the cross-section of mentees we work with; this includes repeat offenders, offenders on short sentences and offenders with addiction issues.

⁵ These figures relate to all of our mentoring relationships active at the end of 2022.

- We began a new partnership with Shannon Trust to provide reading support for exoffenders in the community
- We became a referral partner for 2 Hope into Action Houses providing accommodation for ex-offenders.
- We are developing a partnership to better engage with BAME communities.

In 2023 we plan to:

- Explore areas of employment opportunity, in-work-mentoring and increase opportunities for community and connection for people with a conviction
- Develop a partnership to better engage with BAME communities
- Provide mentoring sessions to over 90 ex-prisoners
- Regularly visit two local prisons (HMPs Bristol and Eastwood Park) seeking mentees
- Receive referrals from other prisons, probation and other organisations
- Support over 20 ex-mentees with long-term befriending
- See less than 10% of mentees recalled / reoffend in the first year of release
- Run three, five-part mentoring training courses attended by over 30 new volunteers
- Start 30-40 new mentoring relationships
- Work with three local churches to develop housing support for mentees
- Develop better support for prisoners from African and Caribbean communities
- Increase awareness of neuro-diversity and how it affects offenders
- Explore a new literacy partnership (60% of offenders have literacy difficulties)
- See our partner hubs meeting 150 times and supporting 60 ex-prisoners
- Enable a leader from the black community to run a constructive masculinity course in HMP Bristol and the community
- Partner closely with other projects to ensure comprehensive support
- Help Rupert Vernalls further develop the MBA empowerment course
- Increase our income from community fundraising

Statement of Public Benefit

The trustees have complied with their legal duty under the Charities Act to have regard to the public benefit guidance published by the Charity Commission. High reoffending rates of prisoners in the UK remains one of society's most intractable problems (over 60% reoffend within two years), and this is continuing to have considerable negative impact, both social and financial, within families and communities.

Long-term mentoring of individuals as provided by the MentorMe programme, which starts from within the prison walls, through to successful reintegration into the community, is a highly effective model that can finally break this cycle (see outcomes above).

In addition, our wide-ranging contacts with the church network across the greater Bristol area allows us to be able to connect ex-prisoners with supportive communities that have been trained in how to work safely with them.

The independent National Audit Office estimates that reoffending costs the tax-payer £13 billion per year. Each prisoner who is sent back to jail costs the tax-payer around £65,000 in

their first year if police, court, benefit and prison costs are taken into account, and £35,000 in subsequent years.⁶

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed/constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed by order of the Trustees

Andrew Street, Chairman

Andrew Street

Date: Apr 20 2023

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⁶ This is based on a national first-year reoffending rate of 55%, which reflects the cross-section of mentees we work with; this includes repeat offenders, offenders on short sentences and offenders with addiction issues. It is based on a first-year reconviction cost of £65,000, which includes prison, police, probation, court and benefit costs. The commonly-quoted £35,000 cost of imprisoning a person just covers the direct prison costs.

SIXTY-ONE INDEPENDENT EXAMINER'S REPORT YEAR ENDED 31 DECEMBER 2022

Independent examiner's report to the trustees of Sixty-One

I report to the trustees on my examination of the accounts of Sixty-One (the Charity) for the year ended 31st December 2022.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Joshua Kingston

Joshua Kingston ACA Burton Sweet Limited The Clock Tower 5 Farleigh Court Old Weston Road Flax Bourton Bristol BS48 1UR

Date: Apr 20 2023

SIXTY-ONE
YEAR ENDED 31 DECEMBER 2022
RECEIPTS AND PAYMENTS ACCOUNT

RECEIPTS	General Funds £	Restricted Funds £	Restricted Christmas Gift Bag Funds £	Total Funds 2022 £	Total Funds 2021 £
Grants	99,700	76,527	10,000	186,227	129,030
Donations	36,783	6,205	11,615	54,603	43,406
Gift Aid Reclaim	994	121	375	1,490	935
Bank interest received	92		-	92	45
Misc	75	900	-	975	150
TOTAL RECEIPTS	137,644	83,753	21,990	243,387	173,566
PAYMENTS					
Costs of charitable activities					
Wages and other staff costs	25,917	125,848	10,334	162,099	158,128
Fundraising Consultant	5,427	12,663	-	18,090	-
Mentee/ Mentor costs	_	2,600	_	2,600	2,516
Event costs	226	528	-	754	835
Insurance	222	1,256	-	1,478	1,337
Office and telephone costs	226	671	-	897	908
Publishing and printing	85	127	-	212	340
Stationery & post	268	625	-	893	1,240
Bank charges	33	60	-	93	94
Rent	1,307	3,922	-	5,229	3,531
IT Consultancy	579	1,738	-	2,317	1,549
Equipment	551	1,653	-	2,204	1,650
Membership	142	214	-	356	468
Consultancy	4,540	- 0	-	4,540	639
Christmas Gift Packs	-	-	12,439	12,439	9,200
Accounting & Independent examination fees	335	409	_	744	702
Miscellaneous expenses	206	685	-	891	1,400
Shuttleworth Trust	- -0		-	-	280
TOTAL PAYMENTS	40,064	152,999	22,773	215,836	184,817
NET RECEIPTS/(PAYMENTS)	97,580	(69,246)	(783)	27,551	(11,251)
Transfers between funds	(70,029)	69,246	783	<u>.</u>	Ξ
Cash funds at 1 January 2022	79,350	-	-	79,350	90,601
Cash funds at 31 December 2022	106,901			106,901	79,350

SIXTY-ONE

AS AT 31 DECEMBER 2022

STATEMENT OF ASSETS AND LIABILITIES

		2022 £		2021 £
ash funds				
urrent account		106,901		79,350
	_	106,901	×-	79,350
her monetary assets ft Aid not yet claimed		77		_
t Alu not yet claimed		//		_
al Assets	=	106,978	=	79,350
pilities				
ruals		840		738
nt overpayment		3,000		E
al Liabilities	_	3,840	n= n=	738
SH RESERVES	2022 £		2021 £	
estricted funds				
ight forward	79,350		90,601	
receipts/(payments) for the year	97,580		24,726	
sfer between funds	(70,029)	106,901	(35,977)	79,350
ricted funds		100,301		73,330
ught forward	=		=	
receipts/(payments) for the year nsfer between funds	(70,029)		(35,977)	
sier between lunds	70,029	_	35,977	_
al cash reserves	-	106,901		79,350
ned on behalf of the trustees on	Apr 21 20		-	·
rdrew Street				
reet (Chair of Trustees)				