

# **1175556 FORGOTTEN VETERANS UK (FVUK)**

## **ANNUAL REPORT**

### **NOVEMBER 2017 - NOVEMBER 2018**

#### **Background**

Forgotten Veterans UK was started by Gary Weaving, a former soldier. He was let down by the welfare and health systems when medically discharged from the Army following injuries sustained in Afghanistan which had a severe impact on his physical and mental state. His intention for FVUK was to try and put in place measures whereby if service people experienced problems as he had, there would be a charity to support them, and Forgotten Veterans UK came into being.

Forgotten Veterans UK was established and recognised as a Charity on 3<sup>rd</sup> November 2017 by the Charity Commission of England and Wales and awarded the Charity Registration Number 1175556.

This is the first Annual Report for Forgotten Veterans UK (FVUK)

#### **Operation**

What FVUK offers is direct support to any Veteran or family of a Veteran who may be experiencing difficulties for whatever reason and requests assistance. The Charity also receives referrals for support from other charities.

In the view of the Trustees, FVUK is totally unique in the way they operate and the way they conduct themselves, in supporting Veterans throughout the UK, on a daily basis. Many important things have been achieved over this reporting period for both FVUK and the Veteran community. The influence FVUK has had, in many of these changes, has not gone unnoticed and has brought about real change to many areas of Veteran support.

The cornerstone to the Charity has always been to support Veterans in need and their families at a time of crisis, often through no fault of their own to assist them to move through this crisis period. This direct support is provided by the FVUK Buddy Team. Spread throughout the UK with members in various parts of England, Scotland, Wales and NI, the Team is made up from a group of individuals with a range of military and civilian backgrounds. They offer online or telephone support to referrals and can provide advice, signposting and direct support when required.

#### **Nov 2017 - Nov 2018**

Throughout this reporting period the social media membership has grown to over 12,000 followers on the Face book group and 9,000 on Twitter. And, as a consequence of this growth, the workload by the Buddy Team

has increased. It is no exaggeration that the Buddy Team Manager and dedicated and experienced team are constantly dealing with referrals both from individuals and other agencies and charities. The work of supporting those in need is literally non-stop. The Buddy Team dealt with over 150 different referrals in this reporting period. Of these cases at least half required some form of financial input from FVUK to assist with food and/or utility payments. FVUK also purchased white goods and furniture for Veterans which included beds and mattresses, sofas, cookers, fridge freezers, a washing machine and a lot of various items of clothing including assisting with school uniforms. The Team also assisted with transport and travel costs. They gave support and offered a befriending service to over 30 referrals and advised on housing, benefits, employment and health related issues. A full financial breakdown is further in this Report.

During this reporting period FVUK extended its remit by setting up a mobile phone bank where followers of the charity were invited to send in unwanted mobile phones which would be passed out to veterans without any form of communication to assist them in getting back in touch with friends and family. By the end of the reporting period FVUK sent out 4 smart phones with SIM cards and credit, to Veterans.

The main difference between FVUK and some of the larger charities is that FVUK are a first-to-aid service, the support is instant. The Team deal with an issue there and then which is often within hours of receiving a referral. This can be critical particularly if there are any potential self harming concerns, and the Buddy Team and Management have dealt with some of these this period and reached a successful outcome in all cases.

Much of this reporting period was spent in the development of a project that had been agreed at the Trustee and Management Meeting in February 2018; the plan to develop and open a Retreat for Veterans. And in November 2018 FVUK opened the Basha Project, a specialist retreat at Fort Cumberland, Portsmouth, designed for Veterans to come and stay and get some much needed R&R. This is one of the first of its kind in the UK and now FVUK have established one, they are planning more around the Country. If nothing else it gives Veterans an opportunity to be in amongst fellow like minded Veterans but also with access to specialist support in a number of areas.

Also in November 2018, FVUK marked the Centenary of the Armistice in a truly unique way. FVUK produced a book, For Your Tomorrow - 100 Years of War Poetry. This is not just a book of poems but a historical account of the Great War, told in part through poetry written at the time of the war, with detailed biographies of all the poets at the same time recounting specific historical events alongside images caught at the time of the fighting.

During this reporting period some members of the FVUK Management along with representatives from some other small charities visited

Westminster and had a successful meeting. Following this, FVUK has established good contacts and are now working closely, with others, to try to bring about Government-led change to the way Veterans are treated in general but also promoting changes to the way health services approach the subjects of mental health and PTSD in the Veteran community. This is real progress and will be ongoing in 2019.

## Finance Statement

An overview of the financial breakdown of all income and expenditure for Forgotten Veterans UK is listed below following an independent audit if the account carried out over the period of February to August 2018.

Reporting Period 3 <sup>rd</sup> November 2017 - 2 <sup>nd</sup> November 2018						
Account balance at start of period		£3,855.01				
Account balance at end of period		£6,871.33				
Income						
		Donations	Grants	Sales	Total	
		£17,705	£14,038	£6,926	£38,669	
Expenditure						
Direct Veteran Support *	Merchan dise	FVUK Retrea t	Admin	Lottery Grant **	Other ***	Total
£12,034	£4,909	£7,912	£1,081	£8,753	£848	£35,537

\* Direct Veteran Support included assistance with food vouchers, travel, equipment, utilities and housing costs etc

\*\* Lottery Grant is part of the grants, but with stipulations of how the money is spent.

\*\*\* Other includes expenses and networking costs

The accounts were audited by an external auditor.

All the staff at FVUK including Trustees, Managers, Admin Team, Buddy Team and others are all Volunteers giving up their time and effort to support Veterans in need. No one is paid for what they do for FVUK.

FVUK are Changing the World for Veterans, through Selfless Commitment to Others.



## Receipts and payments accounts

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For the period from	Period start date 11/3/2017	To	Period end date 11/2/2018
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	17,705	-	-	17,705	-
Grants	14,038	-	-	14,038	-
Sales	6,926	-	-	6,926	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	38,669	-	-	38,669	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	38,669	-	-	38,669	-
<b>A3 Payments</b>					
Direct Veteran Support	12,034	-	-	12,034	-
Merchandise	4,909	-	-	4,909	-
FVUK Retreat	7,912	-	-	7,912	-
Administration	1,081	-	-	1,081	-
Lottery Grant Expenditure	8,753	-	-	8,753	-
Other	848	-	-	848	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	35,537	-	-	35,537	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	35,537	-	-	35,537	-
<b>Net of receipts/(payments)</b>	3,132	-	-	3,132	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	3,132	-	-	3,132	-

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank	6,871	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	6,871	-	-
	(agree balances with receipts and payments account(s))		OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

### B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

### B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

### B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Tony Roberts	TONY ROBERTS	6/7/2023

**Forgotten Veterans UK Charity Number 1175556**

In Accordance with your instructions, I have compiled these audited financial statements in order to fulfil your statutory responsibilities, from the Accounting records and information and explanations supplied

Mrs E J Jones  
41 Woods Row Court  
Carmarthen  
SA31 1BY

Date : 27.11.2021