

The Jamie Devaney Memorial Fund

Annual Report and Accounts

31 December 2022

UK Registered Charity Number 1151236



The Jamie Devaney Memorial Fund

UK Registered Charity Number 1151236

Year ending 31 December 2022

Annual Report

Reference and Administrative Information

The Charity Trustees during 2022 were -

Reverend Hugh Burgess (Chair)

Ewan Wilkinson (Chief Executive Officer)

Avril Devaney MBE

Jim Devaney

John Taylor (Treasurer)

Jacqueline Marsland

Linda Shuttleworth

The principal office of the Charity is -

St Mary The Virgin Church

Halkyn

Clwyd

CH8 8BU

Bankers

The Charity's Bankers are Lloyds Bank (Sort code - 77-51-04; Account - 10917168)

HMR&C Registration

In accordance with Schedule 6 Paragraph 1 of the Finance Act 2010, The Jamie Devaney Memorial Fund is a charity for tax purposes and its HMR&C charity reference is EW01070.

Independent Examiner

The Report of the Independent Examiner, Richard George Shanks of Manchester, is included at page 9 of these Accounts.

Report of the Trustees for the year ended 31 December 2022

The Trustees present their Annual Report and Accounts of the Charity for the year.

The Accounts comply with the Charity's trust deed and have been prepared in accordance with the accounting policies set out in Note 1 to these Accounts.

Structure, Governance and Management

The Charity was originally constituted as a small charity on 20 October 2012. A charitable trust was formally created by way of a deed of trust on 5 February 2013 and the Charity entered the UK Register of Charities (registered number 1151236) on 14 March 2013.

New Trustees are appointed by the existing Trustees and serve for three years after which they may put themselves forward for re-appointment. The trust deed provides for a minimum of 5 Trustees.

The day to day management of the Charity is delegated by the Trustees to the Chief Executive Officer.

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Objectives and Activities

Background

The Jamie Devaney Memorial Fund (Jamie's Fund) was founded in memory of Jamie Devaney who died in 2011 after falling ill while on a family holiday and fund raising trip in Uganda. He was only four years old, but during those years Jamie brought immense pleasure to his family and everyone else who was fortunate enough to know him.

Mental illness tends to be neglected compared to physical illnesses in Uganda. People with severe mental illness are often misunderstood and badly treated and the great majority have no hope of receiving appropriate treatment.

Uganda has a population of over 46 million and few mental health specialists; one for every 100,000 people. As one of the world's poorest countries, funding isn't available. Here in the UK, we spend over £300 every year per head of population on mental health. In Uganda the equivalent figure is less than 10p and so illnesses such as schizophrenia, severe depression and epilepsy, remain undiagnosed and untreated. Those with mental illnesses are often restrained and ostracised, due to lack of understanding, education and treatment in their communities.

We have expanded our work from an initial base of 3 hospitals (Kisiizi, Bwindi and Kagando) in the rural south west of Uganda to 25 hospitals across the whole country and we are seeing life changing outcomes. Many patients are treated in their own community, without the need for repeated lengthy and costly journeys to hospital outpatient clinics. Working with small, private not-for-profit hospitals, we support Psychiatric Clinical Officers (PCOs) and nurses to deliver mental healthcare and enable them to take services out into rural communities. We also train them to tutor their colleagues in the basics of diagnosis and treatment of mental illness.

Charity Objects

To relieve suffering from mental health conditions in Uganda irrespective of race, religion, creed, sexual orientation, age or gender. The Charity collaborates with mental health staff and their hospitals to improve access to better care and treatment for people with mental illness or epilepsy. We do this by supporting training, including that developed by the World Health Organisation, to hospitals and communities and by supporting aspects of mental health service delivery.

Public Benefit

In accordance with the Charities Act 2006 and to demonstrate public benefit, the Charity through its activities follows the guiding principles of clear and identifiable benefits in relation to its objects and its beneficiaries, the Ugandan public.

Achievements and Performance

2022 saw a significant improvement over the previous two years (Covid pandemic impact) in our ability to progress our charitable aspirations for mental health in Uganda. In Ugandan hospitals whilst the challenges of the Covid years did not disappear overnight, a new challenge emerged in the form of the Ebola outbreak. Fortunately this was less severe than anticipated and our partner hospitals were generally able to persevere with their mental health work. As can be seen below and in our Financial Review they were therefore able to help us fully deliver on our charitable objectives. The Ugandan environment still has many challenges though which makes the work and achievements of our mental health partners on the ground both commendable and very encouraging to us. We were able to resume direct contact with our friends and partners in Uganda with Trustees visiting in February 2022 and further visits are planned for 2023.

The strategy that we follow basically comprises four stages and our achievements in 2022 against these are detailed below:

Initially we seek to identify what provisions for mental health care are being made in a hospital and whether there is capacity and enthusiasm in the senior management team to develop mental health care services. This assessment normally takes place during an 'on the ground' visit by Trustees.

Having established that there is sufficient capacity and interest the second stage of our strategy is to organise the mhGAP 'Train the Trainer' workshops in Kampala ideally for two clinical staff from each hospital. mhGAP is a World Health Organisation (WHO) programme designed to raise the level of awareness of non-specialist clinical staff, i.e. those without specialist psychiatric training and to develop their skills in diagnosing and managing these illnesses. Previously we had funded several 'Train the Trainer' courses at Butabika Hospital, Kampala with staff from nearly 30 hospitals attending. The participants on these courses have in turn provided the leadership for local mhGAP workshops in 2022. (continued on page 4)

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Achievements and Performance (continued)

Stage three of our strategy requires the trainers to go back to their communities and hospitals and organise 5 day local mhGAP workshops for their fellow non-specialist health workers in the hospital or related health centres. We recommend that these workshops are facilitated by both local trainers and those from hospitals further afield, supported where possible with experienced trainers from Butabika. It has been encouraging to see mutual support networks develop between different hospitals. This facilitates idea sharing and reduces the sense of isolation some psychiatric staff experience. A further element at this stage of our strategy is to encourage these support networks by funding Continuing Professional Development (CPD) workshops. Since many of the trained mental health staff have had no professional development since they completed their original training, perhaps ten years ago, this education is an important opportunity. Due to the pandemic we were unable to organise a CPD workshop in 2022 but plan to do so in 2023. However, we did commission a Suicide Prevention Workshop to provide partner hospitals with learning and the chance to network.

As the majority of local mhGAP workshops that we had encouraged and planned for had already taken place, we only funded 6 such workshops in 2022 compared with 19 in the previous year. 176 health staff were trained across nearly 750 training days which brought the cumulative total of health staff trained in mhGAP under our initiative to nearly 1,000 across 4,900 training days. Feedback from all the workshops was very encouraging and they were much appreciated.

The final part of our strategy involves working with each hospital to see if they can establish a mental health service which is able to reach out into the local community by way of clinics and community meetings. As part of this we have continued to roll out our Community Leaders Sensitisation courses. Based on the local mhGAP workshops, these are one day mental health awareness sessions for those actively involved in local communities such as teachers, police and religious leaders. Courses are run by local hospital staff who have previously attended mhGAP workshops. They are a very useful additional tool towards the achievement of our objectives. During 2022 we supported the running of 9 of these courses with over 285 attendees in 7 different locations. This brought our cumulative total of attendees to 900 across 18 partner hospitals.

During the year projects to deliver mental health services and awareness into rural areas run by Bwindi and Mukono Hospitals continued to run successfully with our support. Enabling psychiatric nurses to travel to villages or patients' homes lessens the difficulty faced by patients in getting the care they need and reduces the costs of travel and hospital care that can often deter patients and their families from seeking care whilst also helping to keep families and communities together. We agreed to support Benedictine Eye Hospital, Tororo in developing their plans for a community based mental health rehabilitation programme. We funded two motor cycles with protective clothing along with mhGAP and CLS training, £9,086, to kick start this initiative. We also agreed to support Lubaga Hospital, Kampala further develop their community based mental health programme by funding 6 month's supply of drugs, £2,892, needed to start up an outreach project, through the generosity of a donor. Other charitable donations included funding a Clinical Psychiatrist post and maintenance costs for the mental health service motor cycle at Kagando Hospital throughout 2022 and the renovation of an old building to create a mental health clinic space at St Paul's Health Centre IV, Kaseese. Apart from the latter all the aforementioned projects are underpinned by a signed Memorandum of Understanding (MOU) between the Charity and the local hospital who are required to report patient numbers and progress in order that we can monitor results and achievements.

Our project for sponsoring health staff to train as Psychiatric Clinical Officers (PCOs) continued more smoothly in 2022 following the disruptions to classes caused by the Covid pandemic in previous years. We are sponsoring 7 trainees one each from the following hospitals. Benedict Medical Centre, Ibanda, Kumi, Mukono, Nkozi, Ruharo and St Stephens Mpererwe. While 5 are on the 3 year DipCP - PCO course, 2 are on a shorter 2 year equivalent. The students have sent us their examination results and so we can see that all are progressing well and are on track to graduate over the course of the next 12 months. The students have the full support of their local hospital management team and there is a commitment from the hospitals to develop their mental health services utilising the leadership that these newly trained PCOs will provide. Early in 2023 the first of our trainees, Amuron Scholastica graduated and returned to Kumi Hospital. We are currently working with her and local management in developing an outreach mental health service. We anticipate a further 3 trainees graduating before mid 2023 with the final 3 doing the same by the end of the year. For all our trainees these have been challenging times and we wish them continued success. Finally, work continues on research papers evaluating the methodology we are employing to expand mental health services across Uganda and we anticipate in due course that these will be published in peer review journals.

Financial Review

A steady income from donations and fund raising over the last two years has enabled Jamie's Fund once again to donate the significant amount of £76,893 (2021 £83,500) to charitable activities in Uganda in 2022. We commend our partners in Uganda for continuing to overcome challenging circumstances in order to help us deliver our charitable objectives.

Building on mhGAP 'Train the Trainer' courses from previous years, we initiated and funded 6 local mhGAP workshops in Uganda which equates to nearly 750 training days at a cost of £19,299. 176 health staff developed skills and furthered their awareness of mental health disorders at a cost of £110 per trainee.

In addition we funded 9 one day Community Leaders' Sensitisation courses at 7 different hospital locations at a cost of £5,962. A total of 285 community leaders attended these sessions at a cost of around £21 per participant.

By way of comparison in 2021 we had supported 19 local mhGAP workshops (492 trainees) and 19 Community Leaders' Sensitisation courses (611 participants). That we ran more courses last year than in 2022 not only reflects the delaying impact of the Covid pandemic in 2020 on our plans but also more charity funding put towards the development of community mental health projects at hospitals demonstrating the capability and enthusiasm to successfully provide such services in their localities. New projects were commenced at Benedictine Eye Hospital, Lubaga Hospital and St Paul's HC 1V whilst we continued our support for mental health services from previous years to hospitals at Kisiizi, Bwindi, Mukono and Kagando. Note 2 on page 7 of these Accounts shows the funds spent at each Hospital. (continued on page 5)

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Financial Review (continued)

As detailed in Achievements and Performance above, during 2022 we sponsored 7 trainee PCOs. Our total outlay on school and support fees for these during the year was £12,071.

In December we funded a Suicide Prevention Workshop in Kampala which was attended by 35 mental health staff from those hospitals with which we have had most involvement. Funding provided for this amounted to £3,805 and the course was very well received by those attending. We also continued with our research work which is aimed at documenting the successes that we have achieved for the benefit of those that may follow us.

Gross income for the year was £50,995 which included donations of £15,800 from Drs E & M Wilkinson, £6,100 from Miss A McCarter, £1,834 from Hopleys Solicitors, £1,300 from Mr R King, £1,100 from Mr and Mrs C Martin, £1,000 from Mr N Owen. Our main fund raising event of the year was the Gin Evening which raised just over £5,000. A huge thank you to all who participated and donated.

We would also like to thank those members of local churches who continue their monthly support for our PCO training initiative and we are very grateful to all who donate personally or raise funds in other ways and especially to the members of St Mary's Church, Halkyn and Heswall URC, Wirral for their continuing support of Jamie's Fund.

Reserves Policy

The Trustees acknowledge that the Charity should retain sufficient reserves to manage continuity and to minimise the risk of projects being jeopardised by a fall in income or adverse exchange rate movements. It is recognised that to ensure the ongoing financial security of the Charity and to enable it to meet its broader objectives, reserves of the higher of £15,000 or 3 months average income are necessary.

Future Plans

The Covid virus and the associated prolonged lockdowns, together with the increase in the oil prices have had a marked impact on different aspects of life in Uganda. Life is returning to some sort of normality and we are discussing with a number of hospitals about holding additional local mhGAP workshops. They are, either aware that many of the staff that they trained originally have moved to new roles, or recognise the benefit of having had staff trained before and would like to train some more. We are keen to encourage this where appropriate.

We also expect to receive further proposals from partner hospitals to hold more community sensitisation workshops in order to further address the stigma and fear of mental ill health in the communities. Many people are still not aware that mental ill health can be effectively treated at hospitals, but rather attend the traditional healers or churches.

We were unable to hold the continuing professional development (CPD) workshop for the mental health trained staff last year due to travel restrictions. We had planned to run this annually as we believe this workshop is of considerable value to these staff as it enables knowledge and experience to be shared first hand, strengthens contacts and creates networks. At the last one that we facilitated, one female nurse said that this was the first professional development she had received since she qualified, ten years ago. The Trustees plan to facilitate another CPD workshop in September 2023, while also having a programme of visits then to our more active partners.

In February/March 2023 two of the Trustees will visit many of our partner hospitals and offices in Uganda to encourage ongoing mental health service developments and to discuss other possible initiatives and developments. Information obtained from the visit will help us develop the Charity's plans for the coming year.

Approved by the Board of Trustees and signed on their behalf by the Reverend Hugh Burgess, Chair

Signature:



Date: July 5 2023

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Statement of Financial Activities for the year ending 31 December 2022

	2021 Restricted Funds £s	2021 Unrestricted Funds £s	2021 Total Funds £s	2022 Restricted Funds £s	2022 Unrestricted Funds £s	2022 Total Funds £s
Income						
Donations	0	17,967	17,967	0	38,433	38,433
Fund raising	0	14,870	14,870	0	5,069	5,069
Interest income	0	8	8	0	2	2
Gift aid	0	5,890	5,890	0	7,491	7,491
Total Income	0	38,735	38,735	0	50,995	50,995
Expenditure						
Charitable activities	0	83,500	83,500	0	76,893	76,893
Fund raising	0	114	114	0	193	193
Administration and support costs	0	238	238	0	242	242
Total Expenditure	0	83,852	83,852	0	77,328	77,328
Net Income (Expenditure) for the year	0	-45,117	-45,117	0	-26,333	-26,333
Total Funds Brought Forward	0	90,215	90,215	0	45,098	45,098
Total Funds Carried Forward	0	45,098	45,098	0	18,765	18,765

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Balance Sheet as at 31 December 2022

		Restricted Funds at 31/12/2021 £s	Unrestricted Funds at 31/12/2021 £s	Total Funds at 31/12/2021 £s			Restricted Funds at 31/12/2022 £s	Unrestricted Funds at 31/12/2022 £s	Total Funds at 31/12/2022 £s
Current Assets									
Debtors and Prepayments									
	Fundraising and Donations	0	155	155			0	3,050	3,050
	Gift Aid Recoverable	0	794	794			0	1,098	1,098
	Prepayments	0	0	0			0	1,345	1,345
Bank	Current Account	0	39,003	39,003			0	16,338	16,338
	Notice Account (32 days)	0	10,020	10,020			0	0	0
Total Current Assets		0	49,972	49,972			0	21,831	21,831
Creditors									
	Amounts falling due within one year	0	4,874	4,874			0	3,066	3,066
Net Current Assets		0	45,098	45,098			0	18,765	18,765
Funds of the Charity		0	45,098	45,098			0	18,765	18,765

The Notes on page 8 form part of these Accounts

Approved by the Board of Trustees and signed on their behalf by the Reverend Hugh Burgess, Chair

Signature:



Date:

July 5 2023

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Notes to the Accounts

1 Accounting Policies

1.1 Accounting Convention

The accounts have been prepared in accordance with, the Statement of Recommended Practice (SORP): Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) issued on 16 July 2014, the Charities Act 2011 and UK Generally Accepted Practice.

1.2 Income

All income is included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- a) entitlement - arises where income is receivable or the charity's right to that income becomes legally enforceable,
- b) certainty - when there is reasonable certainty that the income will be received,
- c) measurement - when the monetary value of the income can be measured with sufficient reliability.

1.3 Expenditure

The accounts have been prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

1.4 Fixed Assets

The Charity holds no tangible or intangible fixed assets.

1.5 Restricted Funds

Such funds are to be applied for specified purposes within the wider objects of the Charity. The Charity currently has no restricted funds.

2 Analysis of Expenditure on Charitable Activities

£19,299 mhGAP training workshops.
£12,071 PCO training sponsorships.
£5,962 Community Leaders' Sensitisation courses.
£3,805 Suicide prevention training.
£3,421 Mental health legacy research projects.
£2,274 Mental health patient support.
£2,000 Mental health building maintenance - Kisiizi Hospital.
£71 Bank charges for the transfer of funds to Uganda.

Community mental health projects -
£9,086 - Benedictine Eye Hospital.
£7,322 - Bwindi Hospital.
£3,023 - Kagando Hospital.
£2,892 - Lubaga Hospital.
£2,503 - St Paul's HC IV Kaseese.
£2,407 - Mukono Hospital.
£757 - Kumi Hospital.

3 Administration and Support Costs

£242 is the annual premium paid for employers' liability, products liability and public liability insurances.

4 Analysis of Debtors and Prepayments

Debtors comprise a donation for the suicide prevention training course of £3,050 received on 24 January 2023 along with £1,098 due from HMRC for Gift Aid on 2022 donations to be recovered from HMRC in 2023. Prepayments comprise funding sent in December 2022 to Rushoroza, £705 and Rushere, £640 Hospitals for Community Leaders' Sensitisation courses to be run in 2023.

5 Analysis of Creditors

Creditors comprise £3,023 paid to Kagando Hospital on 15 February 2023 in respect of PCO salary and motorcycle maintenance costs for 2022 along with a final accrual of £43 paid on 19 January 2023 in respect of the suicide prevention training course.

6 Trustee Remuneration and Expenses

All Trustees give of their time freely and no Trustee remuneration or expenses were paid in the year. The Trustees visit Uganda at their own expense. Any change to this policy would be assessed on a case by case ex gratia basis and be duly recognised in the accounts.

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Independent Examiner's Report to the Trustees of The Jamie Devaney Memorial Fund.

Respective responsibilities of Trustees and examiner -

The Charity's Trustees are responsible for the preparation of the Accounts. The Charity's Trustees consider that an audit is not required for this year (under Section 144 of the Charities Act 2011 ('the Charities Act')) and that an independent examination is needed. It is my responsibility to:

- examine the Accounts under Section 145 of the Charities Act,
- follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act,
- state whether particular matters have come to my attention.

Basis of independent examiner's report -

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the Accounts presented with those records. It also includes consideration of any unusual items or disclosures in the Accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the Accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement -

In connection with my examination, no matter has come to my attention:

- 1) - which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Signed:



Date: July 7 2023

Name: Richard George Shanks
Manchester