



Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	Bath House, 6-8 Bath Street, Bristol, BS1 6HL
Correspondence Address	6-8 Bath Street, Bristol, BS1 6HL
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	John Heesakkers, 3 year term began 09/09/22
Treasurer appointed	Steven Schraffordt-Koops, 3 year term began 09/09/22
Trustees appointed 2022	Elisabetta Costantini, 3 year term began 09/09/22
Trustees appointed 2021	Frankie Bates, 3 year term began 20/10/2021
Trustees appointed 2020	Marcus Drake (reappointed for a 3 year term), Lori Birder, Manjula Annappa, Enrico Finazzi Agro (3 year term)
Trustee term renewed 2022	Philip Van Kerrebroeck
Trustee terms concluded 2022	David Castro Diaz
Company Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiner	M Bracher of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Daniel Snowdon	Executive Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time (left employment 28 January 2022)
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Robert Lewis	Video Editor / Post Production Assistant (left employment 24 February 2022)
Mairead Corbet	Projects and Events Coordinator (from 28 th March 2022)
Jennifer Ellis	Projects and Events Manager
Tracy Griffin	Administrator and Membership Secretary – part time
Sarah Ashworth	Bookkeeper - self-employed
Sarah Waters	Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell (Deceased)	Patrick Bates	Pieter Donker (Deceased)
Peter Gammelgaard (Deceased)	Eric Glen	Axel Ingelman-Sundberg (Deceased)
Guus Kramer	David Rowan (Deceased)	Paul Abrams
Walter Artibani	Jacques Corcos	Jo Laycock
Sender Herschorn	Karl-Erik Andersson	Adrian Wagg
Linda Cardozo	Ted Arnold	Sherif Mourad
Jerzy Gajewski	Helmut Madersbacher	Alan Wein
David Castro Diaz		

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2022 were to hold a successful annual meeting in Vienna, to maintain the ICS membership at circa 3,000 members, to review and implement a revised investment strategy, to run a governance review with an external consultant, and to support the launch and establishment of the two new ICS open-access journals, Continence and Continence Reports.

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS Live, webinars, increasing content on ICS TV to provide e-learning, and the continued update and production of ICS standardisation reports and other key educational publications. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in the region of 1,500 - 2,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet four times a year (twice in person and twice virtually) and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- [Setting pay and remuneration of key management personnel through an annual performance review and formal consideration of a cost of living increase.](#)
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership (for first terms of office).

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The Directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

ICS Committees 2022

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years. Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared

to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Steven Schraffordt-Koops). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities. Please note the further comment on reserves in the financial review section on page 14.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. This was particularly felt during 2020 and 2021 due to the COVID-19 pandemic. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to host every other annual meeting in Europe. This continent offers the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- To host a successful Annual Scientific Meeting resulting in a surplus, and a high quality educational event which will continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To launch two open-access journals under the ownership of ICS.
- To set up and develop new strategic partnerships with individuals and organisations.

- To maintain the ICS membership at 3,000 or more members.
- To enable more accessible educational content for our global membership.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The ICS continued to be challenged by the residual effects of the COVID-19 pandemic which gave some uncertainty to the optimal format for the annual meeting, scheduled to be held in September in Vienna. The Board acted decisively in agreeing that ICS 2022 should be a hybrid meeting (a first for ICS). This allowed for both in-person and online presence and was judged to offer the maximum flexibility for international ICS delegates in an uncertain year.

The Board's decision was prudent as even by September it was clear that the world had not fully recovered from the pandemic, with some groups and countries less able or willing to travel internationally. It is anticipated that 2023 will offer more opportunity for delegates to travel to the ICS annual meeting.

ICS recorded 2,859 members for 2022 (2023: 3,145). This reduction is estimated to be primarily due to ICS ceasing its long-term journal subscription with Neurourology & Urodynamics. The two new ICS-owned journals (Continence, and Continence Reports) are now being established. It is anticipated that as the journals grow in stature that ICS member numbers will recover. The Board is also planning to launch new initiatives to both retain ICS members and bring in new members.

In financial terms the charity closed the year with a deficit position, whereby expenditure in the year was in excess of income. This was largely due to the low surplus received from the annual meeting. This is attributed due 2022 being a transitional year as the pandemic draws to a close and the residual effects are still present. The hybrid format of the meeting, while successful on a technical level and in providing access for all, was judged to be less appropriate for a niche conference like ICS runs. The Board agreed that it is important for the ICS community to attend in person in order to network, connect and provide the optimal conditions for education and learning. ICS 2023 will return to an in-person meeting format.

Achievements and Performance

ICS Annual Scientific Meeting 2022

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 52nd Annual Meeting of the ICS was hosted as a hybrid event for the first time in the history of ICS. The meeting was attended by 1,400 delegates: 1047 in-person and 353 Online. diversity of delegates, with over 60 countries represented, proved the international appeal of ICS meetings. The total numbers were impacted by ongoing restrictions to travel for some countries and due to challenges in taking training leave due to backlogs caused by the pandemic.

The Scientific Committee continued the strategy of providing programme 'tracks' to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Helmut Madersbacher (Meeting Chair), Elisabeth Udier, Wilhelm Hübner and Barbara Bodner-Adler (Local Scientific Programme Chairs), Engelbert Hanzel (LOC Chair) and the whole ICS 2022 local organising committee for their dedicated efforts and commitment. Evaluation scores were highly positive in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

New ICS journals

After significant negotiations and preparation, the Board were proud to launch ICS' first fully owned journals in the form of Continence and Continence Reports. The Editors of the journals were respectively, Lori Birder, and Sajjad Rahnema'i. The journals will be open-access format to support the new model of journals, and to support the ICS's charitable goal to grow and share continence education globally.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered 4 fellowships covering Urodynamics, Neurourology, Clinical and Research. Grants were awarded to fellows from Colombia, Taiwan, Belgium and India.

Educational Courses 2022

During 2022 ICS was able to offer faculty to several educational events around the world using online platforms.

Educational Courses held in 2022 are outlined below.

Course	Date	Location	Speakers
33rd Annual Forum Urodynamicum	March	Aachen, Netherlands	Prof Sakineh Hajebrahimi and Prof David Castro-Diaz
Iranian Association of Urology	May	Online	Hashim Hashim, Philipp Van Kerrebroeck, Kari Tikkinen
5th Functional Urologic Surgery Course	May	Turkey	David Castro Diaz, Sherif Mourad, Alex Digesu, Emre Huri and Tufan Tarcn.
Scandinavian Association of Urology (NUF) Bi-Annual Meeting	June	Helsinki, Finland	Marcus Drake
INUS (moved from 2021)	June	Innsbruck, Austria	David Castro-Diaz, Emmanuel Chartier-Kastler and Rizwan Hamid
Continence 2022	June	Sao Paulo	Marcus Drake (UK) & Peter Gilling (New Zealand)
IUGA	June	Austin, Texas	Rebecca Rogers

Congresso Nazionale SIUD 2022	June	Verona, Italy	SALVADOR ARLANDIS
XVII Paulista Congress of Urology - Sociedade Brasileira de Urologia (SBU)	Sept	Sao Paulo	Stefania Musco & Vincent Tse
SIUD meets ICS	Sept	Florence	David Castro Diaz, Enrico Finazzi Agrò Emmanuel Chartier-Kastler, Dick Janssen, Philip Van Kerrebroeck and Montserrat Espuña
The Annual Scientific Meeting of Indonesian Urological Association (ASMIUA)	Sept	Indonesia	Anna Padoa, Rhonda Kotarinos & Marisa Clifton
2nd Annual Meeting of the Mexican Society of Urogenital Sciences (Sociedad Mexicana de Ciencias Urogenitales AC)	Oct	Tlaxcala, Mexico	Matthew O Fraser
ALAPP 2022 Annual Congress	Oct	Finland	Christian Cobreros, Tufan Tarcan, Cristina Carboni and Gustavo Garrido.
3rd Oman Urological Society Conference	Oct	Oman	David Castro-Diaz
Italian Urogynecological Association (AIUG) Annual Meeting	Oct	Naples, Italy	David Castro-Diaz
PACS & EUSC	Oct	Dubai	Dudley Robinson, KD Sievert and Bary Berghmans
2022 7th Annual Meeting Society for Pelvic Research	Dec	North Carolina, USA	Dr. Marianna Alperin, MD MS

ICS Membership

The ICS recorded 2,859 members for 2022 (2021: 3,145). The Board did not increase the membership fee for 2022. The ICS strives to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2022 and some notable achievements are highlighted.

The full annual reports of each committee are available at [ICS Documents](#). The below are a selection of ICS committee achievements.

Children and Young Adults Committee

The Coloplast Fellowships were awarded, with the three host centres; in London, the Netherlands and Italy.

Project updates:

- Terminology paper for Adolescent Transition: One section has been completed and the second is well on the way to completion.
- Recommendations for clean intermittent catheterisation – paper complete and approved by Wellspect.
- Bowel pathology in the Adolescent – written and nearing completion.

Developing World Committee

- Systematic review completed, led by Sakineh Hajebrahimi, about “Prevalence of urinary incontinence in developing countries”.
- ICS speakers attend the national meeting of developing countries.

The ICS Fistula Course is very popular among our membership and the international community interested in fistula and urinary incontinence in developing countries. The course attracts many trainees from different countries to join the 3-day training course which is a real hands-on workshop. The 10th Course will take place in March 2023.

Education Committee

- Created excellent ICS 2022 workshop programme & Early Career Session, designed in response to the recent tragic suicide of one of our most promising young members.
- Streamlined evaluation of educational content for workshops using new surveys
- ICS TV and online presence continues to blossom.
- Brand new podcast initiative already had 13,000 downloads.
- Started scheduling optional monthly meetings & mandatory quarterly meetings - allow for more timely response, more input from the entire committee and a venue for office to get things done efficiently.

Ethics Committee

- Yahir Santiago-Lastra lead efforts to update and reconceptualize the Ethics Committee Website. Future work will include adding an Ethics Community Section to the microsite where ICS members can raise ethical questions/concerns to the committee.

- Committee members Tamara Dickinson, Ina Elving, Yahir Santiago-Lastra, and Anne Suskind filmed a new video at ICS Vienna to promote the 2023 ICS Ethics Abstract Award.
- The committee voted to select the ICS Ethics Abstract Award for ICS Vienna 2022 to two participants, splitting the award to 250 Euros each.

Neurourology Promotion Committee

Continuing projects:

- 'Recommendations for IC and underdevelopment countries paper'
- MOOCS
- NUGI

Courses/ collaborative workshops during 2022:

- Lecture at Annual meeting of International Neurourology Society Jun 2022 in Innsbruck
- Tabriz Functional urology. Tabriz, Iran Aug 2022
- NUPC workshop at the annual ICS meeting in Sept 2022

The above took place as part of the 2022/2023 plan to hold 3-4 collaborative workshops with international societies.

Nursing Committee

- Joanne Dean spearheaded the Nursing Forum and workshop at ICS Vienna 2022.
- Committee focused on marketing including increasing nursing exposure with scheduled mailers.
- Committee Partnership Project: Podcast titled "Abstracts: Demystifying the process for nursing and physiotherapist success" created by Nursing and Physiotherapy Committees with hopes of more collaborative ventures in the future
- ICS Bowel Diary project completed

Current ongoing projects:

- Food and Fluids Intervention for Urinary and Faecal Incontinence
- LUTS/PFD Terminology Document

Physiotherapy Committee

- Marie-Pierre Cyr and Heidi Moosdorff-Steinhauser led the organisation of the Physiotherapy Forum 2022, did a great job despite dealing with a hybrid model and with many ICS transitions.
- Reviewing the APTA Academy of Pelvic Health course endorsement. APTA has not fully updated their terminology. This review has led to the committee looking at this process in general.

Scientific Committee

The number of abstracts received was an increase on the previous two years (although this remains lower than in the pre Covid era). We again extended the deadline by an extra week, which resulted in an increase in abstracts from 584 to 695, plus 61 Video abstracts.

We had the lowest abstract rejection rate this year which reflects the hard work over the year to make the process easier to comply with, and a final check asking the authors to review the abstract as it will appear, with a reminder of the rules.

Once again, the standard and uniformity of abstract marking continues to improve, and this was obvious on reviewing scoring from individual scorers. There continues to be a greater use of the entire score scale and a pleasing trend towards a Gaussian distribution. We invited the editorial board of Continence and Continence Reports to assist with the abstract reviewing and are grateful for their assistance.

Standardisation Steering Committee

- ICS Glossary: An online collation of 2068 terms/descriptors as of August 2022 (in 2021: 1455) from all ICS documents back to the year 2000, initiated by Bernie Haylen. Ongoing project with Bernie who also wishes to support the project in the future.
- Rebranding of ICS Wiki as ICS Terminology Discussion: with the online access provided by the Glossary. This is under the leadership of Sajjad Rahnama'i and Sarah Haag.
- Published papers:
 - ICS IUGA Joint Report on the Terminology for Female Obstetric Trauma (WG 20)
 - ICS Report on the Terminology for Sexual Health in Men with Lower Urinary Tract and Pelvic Floor Dysfunction (WG 22)
- Work continuing on six other reports. Introducing a new, streamlined process for ICS translations with web-based language translator using AI-technology. Pilot project complete with accuracy of content at approximately 99%.

The committee continue to work on updates to the ICS Glossary; an online collation of terms/descriptors from all ICS documents back to 2000. Features include: (i) access to all recent and past references for each term; (ii) instant copying of each reference; (iii) instant download of all reference documents; (iv) instant contribution to more extensive feedback via ICS Terminology Discussion; (v) instant short feedback to ICS Office. This provides the ultimate facility for terminology accessibility, exclusive to ICS.

Urodynamics Committee

- Ongoing teaching module 'Urodynamics in Patients with Myelomeningocele'. Paper is in the writing process.
- 3 New Assignments: UDS in Neobladder, Urethral Pressure Profilometry and Sensation (Urodynamic techniques - Advanced) Reporting during Cytometry (Member survey)
- ICS-validated Urodynamic Courses: renewal of three applications.
- Ongoing projects: The Urodynamics Book Project and Assessment of the Quality of the Urodynamic Charts.
- 2 Urodynamic workshops, not included in ICS 2022 programme, run as online courses after the annual meeting

Information Technology Department – Development Projects (2022)

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the “work smarter” ethos to everything we do at ICS.

Covid-19 Global Pandemic

Coming out of the lockdowns and travel restrictions in 2022, decisions for holding the meeting were deferred to the latest possible date to give maximum decision-making freedom to the Board. At the start of the year Austria where the Annual Meeting was planned was still in lockdown with severe

travel restrictions. By May this had opened up giving the green light for the first physical annual meeting since 2019 Gothenburg. With global effects still in effect in different regions, the decision was taken to have a hybrid meeting combining a physical in-person event with online streaming and delegate interaction.

Staff Changes

Avicia Burchill left in 2021, with her responsibilities for the annual meeting programme and education committee taken on by the IT Director. Rob Lewis left the team in Jan 2022, with a reduction in technical manpower and video content production responsibilities shared by the technical team.

ICS Office

A few months before the Annual meeting we were informed by our landlord that they were selling the building and ICS needed to move out of 19 Portland Square. This had a huge impact, requiring the IT team to migrate all on-premises IT infrastructure to the cloud and dismantle our servers and the ICS Studio and move out into storage and our staff back to remote working. This coincided with the busiest time of year in the run up to ICS 2022. Our previous projects migrating office and telephony systems to the cloud for remote working during Covid put us in good stead but migrating the remaining core systems in a short time frame was challenging. All corporate IT systems were successfully migrated to the cloud on schedule with the last day in the office the 21 September.

ICS 2022 Hybrid Meeting

With many delegates still unable to travel to ICS 2022 Vienna, a sophisticated hybrid meeting format was planned, with both online delegates and presenters as well as the in-person meeting in Vienna. This demanded new systems to support both online access to streamed content for delegates via the ICS website and remote presentations shown in the session halls to in-person delegates and also streamed to online delegates. Interactive feedback from online delegates was also required to allow them to ask questions during Q&A as well as the audience in the hall. ICS technical team streamed the entire event with multiple cameras and presentation feeds in each of the session halls.

ICS 2022 Hybrid Registration

Implement new per session registration API for real time workshop and goldpass sales / authentication for online delegate access.

ICS 2022 Education Committee Meeting (29 April & 1 May, Online)

Submission, Review, Programme Construction, Publication of Workshops for ICS 2022.

ICS 2022 Online Presentation Confirmation System

Allow presenters to confirm and change the status of their presentations from in-person to virtual zoom presentation.

ICS 2022 Scientific Committee Meeting (4-5 May, Online)

Hosted the 2-day ICS Scientific Committee Programme construction meeting, selecting the best abstracts for the ICS 2022 scientific programme. Submission, Review, Programme Construction, Publication of Abstracts for ICS 2022.

ICS Global Continence Network

A next generation, easily searchable database of worldwide continence organisations connecting our members with patients and professional societies. Members can easily register their local societies to appear on the website. Replaced legacy sitelinks system with the new “Global Continence Network” AngularJS platform.

Microsoft Azure “Front Door”

Securing the ICS website from increased hacking and bot attacks. Research system set up on the Azure “Front Door” platform, which was very effective, however the cost was prohibitive. Alternative measures were developed to reduce our exposure.

Workshop Submission changes 2022 for EC

Changes to the Workshop Submission Platform to assist the Education Committee to improve the information submitted and enhance the quality of review.

International Consultation on Incontinence - ICI7 Publication

Coordinated and managed the workflow of ICI7 chapter manuscripts to final typesetting, publication and sales. With 23 chapters from 22 committees and 226 authors this was a massive project published both as an ebook and print on demand in 21 volumes.

Google AngularJS → Angular, Next Generation ICS Platform / UX / Interface “Project Sonic”

With end of life of the Google AngularJS javascript programming language, a new “Angular” Design is planned for the latest evolution of the programming language. New Angular / Materials / Bootstrap interface for next gen apps for the ICS website. Initial research was completed.

ICS Podcasts 2022

Following the successful launch of ICS Podcasts, Season 2 was completed with the "Urodynamics Under the Lens" series of podcasts sponsored by Laborie.

ICS Masterclass

ICS Masterclass Webinar "Contemporary Management of Stress Incontinence" was held on 11 June 2022 with 16 Speakers, 4.5 hours live stream. This was a premiere event with paying delegates - ICS handled marketing and online registration for the event as well as hosting the webinar.

ICS Live

This popular format had numerous live streamed episodes covering a range of topics throughout the year by a range of global experts in the field.

Promotional Videos

Many promotional videos were produced in 2022 for our different marketing channels for ICS 2022 and ICS 2023 highlighting all aspects of the scientific programme, future meetings and abstract and workshop submission.

Zettle Payments

An alternative payment processor Zettle was integrated to allow payment links to be sent to members as an alternative to PayPal.

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £235,807 (2021: net outgoing funds of £20,100) with closing consolidated funds of £944,728 (2021: £1,180,535).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £567,119 (2021: £309,491), membership fees £209,327 (2021: £237,710), royalty income totalling £2,562 (2021: £56,060), donations of £31,565 (2021: £29,615), Educational activities totalling £4,564 (2021: £1,121) and interest from Investments of £381 (2021: £31)

With this funding the Charity has been able to finance: the staffing and technical costs of hosting the virtual meeting, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of 2,859 and support for the two ICS journals. The majority of award costs were covered by an educational grant received from Pfizer.

The total loss of the trading subsidiary was £22,464 (2021: profit of £14,696).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £263,513 (2021: £162,200), Annual Meeting expenditure £447,556 (2021: £294,794) and Publication and Membership £309,857 (2021: £202,950).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 29 March 2024), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The updated four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2022	2021	2020	2019	2018
Sponsorship & exhibition	448,618	324,141	312,172	486,948	640,194
Registrations	464,622	183,695	118,088	774,086	601,770
Other income	86,521	15,589	673	116,298	80,442
Total income	999,761	523,425	430,933	1,377,332	1,322,406
Total expenditure	971,650	391,073	401,367	1,114,308	1,243,573
Surplus/(Deficit)	28,111	132,352	29,566	263,024	78,833
Surplus of which Conticom received including Scientific Services Fee	31,034	298,592	218,009	395,734	190,627

The variation in costs/expenditure for 2022 is due to the requirement for ICS to record a significant proportion of meeting registrations and costs in order to qualify for the Austrian VAT reduction.

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio fell by 3.88% in 2022, a loss of £30,399, which has been declared in the accounts as net losses on investments (2021: gain of £5,816).

£381 was received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2022 (2021: £31).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - Calculations are to be based on estimated future combined operating costs for the next two years.
 - These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £603,383 for 2023 and £619,254 for 2024, giving a total of £1,222,637 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,322,637 as at 31.12.2022.

As of 31st December 2022, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£944,728** (2021: £1,180,535); therefore below the level of reserves required by £377,909. The trading subsidiary continued to support the Charity in meeting its objectives.

The trustees acknowledge for 2022 the Charity will be under its reserve policy, which in part is due to the legacy of the COVID years. The Board is bringing in measures to increase current income and provide new income. The current reserves policy will be reviewed by the Board and amended if this is the agreement. In the interim all costs will be restrained. Costs and activities of the ICS will be reviewed steadily in line with ICS strategy and objectives.

Plans for Future Periods

ICS Annual Meeting 2023

Annual Meeting Chair: Magdy Hassouna

Local Scientific Programme Chairs: Jerzy Gajewski, Nucelio Lemos

The 53rd Annual Meeting of the ICS will take place at the Metro Toronto Convention Centre in Toronto, Canada. This will be the first solely in-person ICS annual meeting since ICS 2019 in Gothenburg.

Future Meetings

ICS 2024: Madrid, Spain. Honorary Meeting Chair: Pedro Hernandez. Co- Honorary Meeting Chair: Carmen Gonzalez Enguita

ICS 2025: Destination decision pending

ICS 2026: Maastricht, Netherlands. Honorary Meeting Chair: Gommert Van Koeveringe

ICS 2027: Florence, Italy. Honorary Meeting Chair: Enrico Finazzi Agro

ICS Strategic Plan

The Board will review and update the ICS strategic goals in order to direct ICS resources to the most important areas of work for the financial sustainability of the charity, and in order to achieve societal goals for the charity's mission to deliver public benefit.

Governance review

The Board will commission an external review of governance within ICS. Priority actions will be addressed in year, with a plan developed to implement the wider recommendations.

ICS Journals

The Board will expand on actions to establish and grow the ICS journals. An application will be submitted for PubMed accreditation of the journals. An important milestone for the journals.

ICS Standards 2022/2023



The successful ICS Standards, a comprehensive e-publication bringing together many of the major initiatives of the ICS, publication will be reviewed and updated for 2023. This will ensure that core ICS publications are collated and easier accessible, therefore disseminating the important information more readily.

ICS COMMITTEES

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents:

- ICS Report on the Terminology for Male Anorectal Dysfunction (WG 14)
- Terminology Discussions project

The committee are also continuing with the translation project for the ICS reports and glossary using a web-based language translator. This will considerably speed up the process of translating ICS reports.

Education Committee

The Education Committee will continue to focus on developing Masterclasses during 2023 and onwards. Another priority being the set-up of new observerships, funded by industry partners. As part of the observerships focus, the committee plan to review host centres.

Information Technology Department – Future Plans (for 2023)

ICI 7 Book Sales

Launch the ICI7 Book with promotions and sales facilitated by the ICS website ecommerce and digital download platforms. Upgrade shop to allow differential pricing for members on products.

Home Page Revamp

New designs and layouts for key ICS.ORG / ICS Members / ICS 2023 homepages to give direct navigation to essential actions and enhance the user experience for members and delegates.

Committee Member Renewal / Disclosure Reminder Automation

Automate emails sent at the start of the year to committee members for membership renewal and online conflict of interest disclosures to comply with committee membership Bylaws. This will reduce the administration overhead significantly.

Visa Invitation Automation

Create an online platform to allow abstract authors/delegates to download an invitation letter as PDF on behalf of ICS to enable them to make early Visa applications to ICS 2023 (Canadian visas can take a long time).

Google Analytics GA4

With Google's Universal Analytics retiring in September 2023 ICS plans to migrate to the new GA4 platform. This essential tool gives information on usage of the ICS website identifying opportunities, measuring goals and performance of the ICS website. The new platform promises better understanding of our users and is essential to migrate before the current platform goes offline.

ShortUrls Admin



New generation editor to allow staff to manage shortcut urls to redirect from short friendly urls to deep links in the website.

Memory Cache Admin

New generation website for memory cache administration so staff can investigate content stored in memory cache on the website and remove keys – high performance search to cope with vast increase in use of this system.

YouTube to Vimeo Automation

New backend automation processes to automatically download all ICS TV videos from our YouTube channel, reupload them to our Vimeo channel and also to our new cloud-based corporate storage for archival backup of all ICS content and intellectual property.

WorldPay Alternative Payment Processor

With card fraud increasing globally and additional banking security making taking card payments ever more challenging, implementing a new alternative payment processor will assist members who require an alternative method for card payment.

Contact Us

Reviewing the options to contact ICS to make it easier for members to contact the person directly without everything going to a global mailbox address. This will cut down the administration required and put members in touch with the right person directly.

Late Breaking Abstracts

New processes to allow the very latest high impact research to be presented at the annual meeting after the normal on-time abstract process.

Online Education

New series of ICS Masterclass, ICS Live and ICS Podcasts to cover the latest hot topics in Continence.

Approved by the Trustees and signed on their behalf by:

Steven Schraffordt-Koops

Treasurer

Date

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns, other than the matter set out below, and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matthew Bracher FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts Bristol Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date:

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022

		Unrestricted Year ended 31.12.22	Restricted Year ended 31.12.22	Total Year ended 31.12.22	Unrestricted Year ended 31.12.21	Restricted Year ended 31.12.21	Total Year ended 31.12.21
	Notes	£	£	£	£	£	£
Income from:							
Donations and legacies	2	15,352	16,213	31,565	15,135	14,480	29,615
Investments	3	381	-	381	31	-	31
<i>Charitable activities:</i>							
Annual meeting	5	512,128	-	512,128	-	-	-
Distribution from trading subsidiary							
Subscription and royalties	4	211,889	-	211,889	293,770	-	293,770
Educational activities	6	4,564	-	4,564	1,121	-	1,121
Total income		744,314	16,213	760,527	310,057	14,480	324,537
Expenditure on:							
<i>Charitable activities:</i>							
Educational activities	7	255,349	8,164	263,513	145,823	16,377	162,200
Publication and membership	7	309,857	-	309,857	202,950	-	202,950
Annual meeting	7	370,101	-	370,101			
Total expenditure		935,307	8,164	943,471	348,773	16,377	365,150
Net gain/(losses) on investments	14	(30,399)	-	(30,399)	5,816	-	5,816
Net income/(expenditure) and movement in funds		(221,392)	8,049	(213,343)	(32,900)	(1,897)	(34,797)
Reconciliation of funds:							
Fund balances brought forward		1,183,416	9,173	1,192,589	1,216,316	11,070	1,227,386
Fund balances carried forward		962,024	17,222	979,246	1,183,416	9,173	1,192,589

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022

		Unrestricted Year ended 31.12.22	Restricted Year ended 31.12.22	Total Year ended 31.12.22	Unrestricted Year ended 31.12.21	Restricted Year ended 31.12.21	Total Year ended 31.12.21
		£	£	£	£	£	£
Income from:							
Donations and legacies	2	15,352	16,213	31,565	15,135	14,480	29,615
Investments	3	381	-	381	31	-	31
<i>Charitable activities:</i>							
Annual meeting and trading	5	567,119	-	567,119	309,491	-	309,491
Subscription and royalties	4	211,889	-	211,889	293,770	-	293,770
Educational activities	6	4,564	-	4,564	1,121	-	1,121
Total income		799,305	16,213	815,518	619,548	14,480	634,028
Expenditure on:							
<i>Charitable activities:</i>							
Educational activities	7	255,349	8,164	263,513	145,823	16,377	162,200
Publication and membership	7	309,857	-	309,857	202,950	-	202,950
Annual meeting	7	447,556	-	447,556	294,794	-	294,794
Total expenditure		1,012,762	8,164	1,020,926	643,567	16,377	659,944
Net gains/(losses) on investments	14	(30,399)	-	(30,399)	5,816	-	5,816
Net income/(expenditure) and movement in funds		(243,856)	8,049	(235,807)	(18,203)	(1,897)	(20,100)
Reconciliation of funds:							
Fund balances brought forward		1,171,362	9,173	1,180,535	1,189,565	11,070	1,200,635
Fund balances carried forward		927,506	17,222	944,728	1,171,362	9,173	1,180,535

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2022

		<u>2022</u>		<u>2021</u>	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		1,399		1,554
Investments	14		<u>754,014</u>		<u>784,412</u>
			755,413		<u>785,966</u>
CURRENT ASSETS:					
Debtors	15	99,335		205,337	
Cash at bank and in hand		<u>174,143</u>		<u>295,883</u>	
		273,478		501,220	
CREDITORS: Amounts falling due within one year	16	<u>(49,645)</u>		<u>(94,597)</u>	
NET CURRENT ASSETS:			<u>223,833</u>		<u>406,623</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>979,246</u>		<u><u>1,192,589</u></u>
FUNDS:					
Unrestricted funds	18		962,024		1,183,416
Restricted funds	18		<u>17,222</u>		<u>9,173</u>
			<u>979,246</u>		<u><u>1,192,589</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on and were signed on their behalf by:

Dr S Schraffordt Koops - TREASURER

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2022

		<u>2022</u>		<u>2021</u>	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		1,399		1,554
Tangible assets	13		5,578		3,951
Investments	14		754,013		784,412
			<u>760,990</u>		<u>789,917</u>
CURRENT ASSETS:					
Debtors	15	37,885		208,322	
Cash at bank and in hand		<u>221,898</u>		<u>313,665</u>	
		259,783		521,987	
CREDITORS: Amounts falling due within one year	16	<u>(76,045)</u>		<u>(131,369)</u>	
NET CURRENT ASSETS:			<u>183,738</u>		<u>390,618</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u>944,728</u>		<u>1,180,535</u>
FUNDS:					
Unrestricted funds	19		927,506		1,171,362
Restricted funds	19		<u>17,222</u>		<u>9,173</u>
			<u>944,728</u>		<u>1,180,535</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

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Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY

**STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR
ENDING 31 DECEMBER 2022**

	Notes	Charity 2022 £	Charity 2021 £	Group 2022 £	Group 2021 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	(122,121)	(84,168)	(86,467)	(123,047)
Cash flows from investing activities:					
Interest income		381	31	381	31
Purchase of property, plant and equipment		-	-	(5,681)	(528)
Disposal of property, plant and equipment		-	-	-	-
Purchase of investments		-	-	-	-
Net cash provided by (used in) investing activities		381	31	(5,300)	(497)
Change in cash and cash equivalents in the reporting period	2	(121,740)	(84,137)	(91,767)	(123,544)
Cash and cash equivalents at the beginning of the reporting period		295,883	380,020	313,665	437,209
Cash and cash equivalents at the end of the reporting period		174,143	295,883	221,898	313,665

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2022 £	Charity 2021 £	Group 2022 £	Group 2021 £
Net movement in funds	(213,343)	(34,797)	(235,807)	(20,100)
Add back depreciation/amortisation charge	155	155	4,209	6,807
Deduct interest income shown in investing activities	(381)	(31)	(381)	(31)
Deduct/add net (gain)/loss on investments	30,399	(5,816)	30,399	(5,816)
Decrease (increase) in debtors	106,001	(78,947)	170,437	(138,983)
Increase (decrease) in creditors	(44,952)	35,268	(55,324)	35,076
Net cash (used)/gained in/from operating activities	(122,121)	(84,168)	(86,467)	(123,047)

THE INTERNATIONAL CONTINENCE SOCIETY

**STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR
ENDING 31 DECEMBER 2022**

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.22 £	Cash flow £	At 31.12.22 £
Net cash			
Cash at bank and in hand	<u>295,883</u>	<u>(121,740)</u>	<u>174,143</u>
	<u>295,883</u>	<u>(121,740)</u>	<u>174,143</u>

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.22 £	Cash flow £	At 31.12.22 £
Net cash			
Cash at bank and in hand	<u>313,665</u>	<u>(91,767)</u>	<u>221,898</u>
	<u>313,665</u>	<u>(91,767)</u>	<u>221,898</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES - continued

(d) Investment assets

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) Expenditure

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) Intangible Assets

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) Tangible Fixed Assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings	-25% on cost
-----------------------	--------------

Computer equipment	-33% on reducing balance
--------------------	--------------------------

(h) Foreign Currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) Pension costs

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES - continued

(l) **Financial Instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) **Short term liquid investments and cash**

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
Other donors	120	10	120	10
Grants – Pfizer grant	16,213	14,480	16,213	14,480
Grants, including EU Tech Project	15,232	15,125	15,232	15,125
	<u>31,565</u>	<u>29,615</u>	<u>31,565</u>	<u>29,615</u>

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
Interest receivable	381	31	381	31
	<u>381</u>	<u>31</u>	<u>381</u>	<u>31</u>

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2022	2021
	£	£
Subscription Income:		
Deferred balance brought forward	3,922	8,670
Membership income received during the year	212,530	232,962
Deferred balance carried forward	(7,125)	(3,922)
	<u>209,327</u>	<u>237,710</u>
Royalty income on subscriptions	<u>2,562</u>	<u>56,060</u>
	<u>211,889</u>	<u>293,770</u>

5. ANNUAL MEETING

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
Annual meeting income	512,128	-	512,128	-
	<u>512,128</u>	<u>-</u>	<u>512,128</u>	<u>-</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

6. INCOME FROM EDUCATIONAL ACTIVITIES

	Charity & Group	
	2022	2021
	£	£
Other income	4,564	1,121
	<u>4,564</u>	<u>1,121</u>

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	Publication & Membership	Annual meeting	Total 2022	Total 2021
	£	£	£	£	£
Annual meeting expenses	-	-	370,101	370,101	-
Journal and other membership costs	-	1,131	-	1,131	45,718
Travel and subsistence costs	1,444	1,444	-	2,888	-
Advertising and promotional events	179	-	-	179	146
Publication committee costs	8,500	-	-	8,500	26
Education committee costs	-	-	-	-	9,841
Awards, grants and fellowships	10,664	-	-	10,664	16,329
Educational activity costs	1,053	-	-	1,053	-
Printing and postage costs	303	303	-	606	48
Staff costs	168,710	234,321	-	403,031	213,614
Finance costs	3,561	3,561	-	7,122	10,658
Foreign exchange loss/(gain)	-	-	-	-	(596)
Trustees' board costs	3,345	3,345	-	6,690	-
Support costs (see note 8)	27,204	27,203	-	54,407	27,126
Governance costs (see note 8)	38,550	38,549	-	77,099	42,240
Charity total	<u>263,513</u>	<u>309,857</u>	<u>370,101</u>	<u>943,471</u>	<u>365,150</u>
Annual meeting expenses	-	-	77,455	77,455	294,794
Books and merchandising	-	-	-	-	-
Group total	<u>263,513</u>	<u>309,857</u>	<u>447,556</u>	<u>1,020,926</u>	<u>659,944</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Publication & Activities		Charity & Group	
	Costs	Membership Costs	Total 2022	Total 2021
	£	£	£	£
Support costs:				
Phone	6,488	6,487	12,975	11,209
Insurance	512	512	1,024	968
Rent, rates, light and heat	7,043	7,042	14,085	9,418
Sundry	13,084	13,084	26,168	5,376
Amortisation	77	78	155	155
	<u>27,204</u>	<u>27,203</u>	<u>54,407</u>	<u>27,126</u>
Governance costs:				
Trustees' board costs	87	86	173	-
Indemnity insurance	135	134	269	268
Staff costs	25,861	25,862	51,723	24,528
Independent examiner's fee (see note 11)	5,400	5,400	10,800	6,600
Legal and professional	7,067	7,067	14,134	10,844
	<u>38,550</u>	<u>38,549</u>	<u>77,099</u>	<u>42,240</u>

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2021: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2022	2021	2022	2021
	Number	Number	£	£
Travel and meeting expenses	11	1	4,020	2,251

10. STAFF COSTS

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
Wages and salaries	364,651	193,715	364,651	387,430
National insurance contributions	38,666	19,571	38,666	39,142
Pension contributions	46,817	24,856	46,817	49,712
Recruitment and training	4,620	-	4,620	-
	<u>454,754</u>	<u>238,142</u>	<u>454,754</u>	<u>476,284</u>

Two employees earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

10. STAFF COSTS - continued

The average monthly number of employees during the year were as follows:

	Charity		Group	
	2022	2021	2022	2021
	Number	Number	Number	Number
Governance	4.7	0.3	4.7	0.3
Educational activities	3.7	1.79	3.7	1.95
Publication and membership	0.6	2.09	0.6	2.25
Meeting co-ordinators	-	-	-	4.18
	<u>9</u>	<u>4.18</u>	<u>9</u>	<u>8.68</u>

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £190,030 (2021: £179,536).

11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
For independent examination	2,550	1,680	2,550	1,680
For accounting services	4,650	3,120	7,450	7,120
For preparation of consolidated accounts	2,750	1,800	2,750	1,800
For general advice, meetings & other services	850	-	850	-
	<u>10,800</u>	<u>6,600</u>	<u>13,600</u>	<u>10,600</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2022	3,106	3,106
At 31 December 2022	<u>3,106</u>	<u>3,106</u>
AMORTISATION		
At 1 January 2022	1,552	1,552
Charge for year	155	155
At 31 December 2022	<u>1,707</u>	<u>1,707</u>
NET BOOK VALUE		
At 31 December 2022	<u>1,399</u>	<u>1,399</u>
At 31 December 2021	<u>1,554</u>	<u>1,554</u>

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Total £
COST:			
At 1 January 2022	13,052	59,921	72,973
Additions	-	5,681	5,681
Disposals	-	(4,360)	(4,360)
At 31 December 2022	<u>13,052</u>	<u>61,242</u>	<u>74,294</u>
DEPRECIATION			
At 1 January 2022	11,791	57,231	69,022
Charge for year	515	3,539	4,054
Eliminated on disposal	-	(4,360)	(4,360)
At 31 December 2022	<u>12,306</u>	<u>56,410</u>	<u>68,716</u>
NET BOOK VALUE:			
At 31 December 2022	<u>746</u>	<u>4,832</u>	<u>5,578</u>
At 31 December 2021	<u>1,261</u>	<u>2,690</u>	<u>3,951</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

14. CHARITY FIXED ASSET INVESTMENTS

	£	
COST OR VALUATION:		
At 1 January 2022		784,412
Increase in market value of investments		(30,399)
At 31 December 2022		<u>754,013</u>
NET BOOK VALUE:		
At 31 December 2022		<u>754,013</u>
At 31 December 2021		<u>784,412</u>
	2022	2021
	£	£
Listed investments	754,013	784,411
Unlisted investments	<u>1</u>	<u>1</u>
Total investments	<u>754,014</u>	<u>784,412</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Company number: 03687688

Country of incorporation: England & Wales

Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2022	2021
	£	£
Aggregate capital and reserves	(34,518)	(12,054)
Profit/(loss) for the year	<u>(22,464)</u>	<u>14,696</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	54,889
Trading income	<u>-</u>
	54,889
Cost of sales	(18,604)
Gross profit	36,285
Other income	102
Administrative expenses	<u>(51,495)</u>
Operating profit/(loss)	(15,108)
Finance costs and depreciation	<u>(7,356)</u>
Net income/(expenditure)	(22,464)
Retained profit for the year	(22,464)
Retained profit brought forward	(12,054)
Retained profit/(loss)carried forward	<u>(34,518)</u>
Assets	55,403
Liabilities	(89,921)

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
Trade debtors	57	-	57	129,431
Prepayments and accrued income	33,543	64,127	35,614	78,891
Amounts due from group undertaking	63,521	141,210	-	-
Other debtors	2,214	-	2,214	-
	<u>99,335</u>	<u>205,337</u>	<u>37,885</u>	<u>208,322</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2022	2021	2022	2021
	£	£	£	£
Trade creditors	1,388	45,875	2,269	46,685
Other creditors	-	-	2,404	2,181
Social security and other taxes	15,633	-	15,633	14,765
Accruals and deferred income	32,624	48,722	55,630	66,742
VAT	-	-	109	996
	<u>49,645</u>	<u>94,597</u>	<u>76,045</u>	<u>131,369</u>

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £Nil (2021 - £6,575).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £Nil (2021 - £13,149).

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

18. STATEMENT OF FUNDS

	At 01 January 2022 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2022 £
Unrestricted funds:					
General fund	1,183,416	744,314	(935,307)	(30,399)	962,024
Total unrestricted funds	1,183,416	744,314	(935,307)	(30,399)	962,024
Restricted funds:					
Laborie Fellowship fund	8	-	1,830	-	1,838
Continence Promotion Committee fund	7,824	-	-	-	7,824
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	841	16,213	(9,994)	-	7,060
Total restricted funds	9,173	16,213	(8,164)	-	17,222
Total charity funds	1,192,589	760,527	(943,471)	-	979,246
Subsidiary funds (unrestricted)	(12,054)	54,991	(77,455)	-	(34,518)
Intercompany adjustment	-	-	-	-	-
Total consolidated funds	1,180,535	815,518	(1,020,926)	(30,399)	944,728

STATEMENT OF FUNDS - comparatives

	At 01 January 2021 £	Income £	Expenditure £	Losses on Investments £	At 31 December 2021 £
Unrestricted funds:					
General fund	1,216,316	310,057	(348,773)	5,816	1,183,416
Total unrestricted funds	1,216,316	310,057	(348,773)	5,816	1,183,416
Restricted funds:					
Laborie Fellowship fund	8	-	-	-	8
Continence Promotion Committee fund	7,824	-	-	-	7,824
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	2,738	14,480	(16,377)	-	841
Total restricted funds	11,070	14,480	(16,377)	-	9,173
Total charity funds	1,227,386	324,537	(365,150)	5,816	1,192,589
Subsidiary funds (unrestricted)	(26,751)	309,491	(294,794)	-	(12,054)
Intercompany adjustment	-	-	-	-	-
Total consolidated funds	1,200,635	634,028	(659,944)	5,816	1,180,535

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

18. STATEMENT OF FUNDS - continued

General fund (unrestricted)

This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)

The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)

This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)

This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)

This fund relates to a grant received during the year to support the Fistula repair course held in Sudan.

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY

**Fund Balances at 31 December 2022
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	755,413	755,413
Current assets	25,386	248,092	273,478
Current liabilities	(8,164)	(41,481)	(49,645)
Total Net Assets	<u>17,222</u>	<u>962,024</u>	<u>979,246</u>

GROUP

**Fund Balances at 31 December 2022
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	760,990	760,990
Current assets	25,386	234,397	259,783
Current liabilities	(8,164)	(67,881)	(76,045)
Total Net Assets	<u>17,222</u>	<u>927,506</u>	<u>944,728</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	-	785,966	785,966
Current assets	25,550	475,670	501,220
Current liabilities	(16,377)	(78,220)	(94,597)
Total Net Assets	<u>9,173</u>	<u>1,183,416</u>	<u>1,192,589</u>
<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2021 are represented by:			
Fixed assets	-	789,917	789,917
Current assets	25,550	496,437	521,987
Current liabilities	(16,377)	(114,992)	(131,369)
Total Net Assets	<u>9,173</u>	<u>1,171,362</u>	<u>1,180,535</u>

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £46,816 (2021: £49,712) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2021 - £Nil) as at 31 December 2022.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2021 - £Nil) as at 31 December 2022.