Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 December 2022

<u>for</u>

Pathways Care Farm

CUNNINGHAMS Number Sixty One Alexandra Road Lowestoft Suffolk NR32 1PL

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Report of the Trustees for the Year Ended 31 December 2022

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

To provide vulnerable people, those with learning difficulties, mental ill-health and dementia, the opportunity to engage in activities that will stimulate, educate and enable them to live a more fulfilled life, to know they are accepted and grow in confidence;

To promote and preserve well-being by the provision of day placements in an environment that will develop the service user's own skills and abilities to help maximise their potential;

To advance education about agriculture, horticulture, animal husbandry, the environment and the rural economy to appropriate levels of ability;

To encourage the participation of the local community in the service users' progression through volunteering and associated activities, enabling local people to contribute to the well-being of all;

To support the work through the creation of sustainable community enterprises.

Grant making

The charity does not make grants and has no investment programme other than in people.

Report of the Trustees for the Year Ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities (and sad moments)

New year

We kept finding things where they hadn't been left, then a rabbit disappeared. In February we installed a CCTV system! Sad but necessary.

Spring

Ginger, one our first guinea pigs and mother to triplets died. A sad loss. She was the reason we named Guinea pigs 'Stress busters'.

We started a new venture, working with Beccles Primary Academy. We teamed up with the school to build some raised beds and a small polytunnel to teach pupils who couldn't access the classroom how to grow, harvest and cook their own veg.

We also ran a course 'Learning and Growing Healthier Together'. It provided an opportunity for people who have either never worked or have been unemployed for some years to learn new skills, to socialise and to work as a team. The programme increased self-esteem and enabled participants to recognise their capability as individuals, focussing on what they can do and not on what they can't.

Easter

Rachel, a trained florist, ran a masterclass with farm workers and volunteers and they produced a stunning set of table displays.

David created a brilliant Easter Egg hunt for loads of families.

May

Constructed a 'Secret Garden' especially for people living with PTSD with help from enthusiastic teams of volunteers from the local McDonald's and started the Pathways Community Garden for local people who don't have a growing space to work together, make friends and share the produce.

Two of our farm workers took part in the 'Torch Relay' in the Festival of Suffolk 2022. Suffolk's contribution to the Queen's Platinum Jubilee celebrations.

Summer

Hay making, alpaca shearing and a lovely Ukrainian family came to stay in the farmhouse. Having escaped the war, we were able to host them.

Autumn

Sadly, due to the death of Queen Elizabeth, we had to cancel our 'Embracing Difference' conference and had to be rescheduled for 2023.

Started 'Warm Rooms' (developed by East Suffolk Council) to provide a safe and warm venue for people to visit to reduce energy costs at home and help reduce isolation during the coldest months. This led to interviews on BBC Radio Suffolk and then an episode of 'On my farm' for BBC Radio 4.

As avian flu is now an annual problem we built an aviary 'Peckingham Palace'.

Fundraising activities

We are very grateful to every individual and every organisation that has supported Pathways Care Farm through buying our produce, attending events and encouraging us with your generosity. We are also overwhelmed with the incredible service we receive daily from our dedicated and caring staff and volunteers. We could not exist without you.

Investment performance

In the past year the charity has been successful in applying for a number of grants, particularly Suffolk Community Foundation and East Suffolk Council.

Report of the Trustees for the Year Ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

Memories and milestones from 2022

Quotes from two farmworkers

"All the people here are very welcoming. I learn from them and I hope they also learn from me. They are all very positive and they offer to help me. Being here has made me learn - or re-learn - that everyone is an individual and each one has strengths and talents. We should all help one another."

"The main thing that makes this place so good is the people. We are a real team and we work together well. Also, I really like learning new things and building on my existing knowledge. The work is very varied".

Participant on 'Growing' course

"I really enjoyed the course. It gets me out, otherwise I'd be stuck inside, not communicating with people. I like coming to the farm. I look forward to it. I like the manual stuff. I like working with my hands. I've learned about healthy eating and healthy living. I can socialise with everyone. They listen to me. I'm not left out.

Sometimes my anxiety stops me from coming, I really hate that, but I feel better when

I do come. My ambition is to get a job but I need to be able to control my anxiety first."

FINANCIAL REVIEW

Reserves policy

The Trustees set the level of reserves to meet the Charity's needs and ensure that funds are not held unnecessarily.

The aim is to allow the charity to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The level of reserves are set to allow the charity to continue operating for a rolling 6 month period, based on the current budget forecast. This position is reviewed at least twice during the financial year.

FUTURE PLANS

There is a lot to do this year. After the success of 'Warm Room' and the atmosphere created in our main barn, we are planning to open the café in the Spring or early Summer.

Having already made a start on converting an old goat barn we are aiming to have a farm shop ready to sell the vegetables plus some arts and crafts and some woodwork items that are being so well produced in the workshop.

The courses we have been running over the last year or two have proved to be highly successful and we are keen to do more as well as develop the encouraging work we did this year with Primary Schoolchildren. We are in a unique position to be able to teach some core curriculum subjects whilst on the farm and enjoying the outdoors.

The rescheduled 'Embracing Difference' conference could be a benchmark for how the care industry works and how we collaborate for the benefit of the person being cared for.

An exciting time.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation and is controlled by its governing document, a Constitution. The charity is an unincorporated charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1159160

Report of the Trustees for the Year Ended 31 December 2022

Principal address

Leonard Drive Lowestoft Suffolk NR32 4WB

Trustees

Mr R W Foreman (Treasurer) Mr J Wicks (Chair) Mr S R Paylor Mr R J Youngs Mrs E J Brown

Independent Examiner

Mr G Hall
CUNNINGHAMS
Number Sixty One
Alexandra Road
Lowestoft
Suffolk
NR32 1PL

Approved by order of the board of trustees on 19 to 75 B 6023 and signed on its behalf by:

Mr R W Foreman - Trustee

Independent Examiner's Report to the Trustees of Pathways Care Farm

Independent examiner's report to the trustees of Pathways Care Farm

I report to the charity trustees on my examination of the accounts of Pathways Care Farm (the Trust) for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr G Hall

The Association of Chartered Certified Accountants

CUNNINGHAMS Number Sixty One Alexandra Road Lowestoft Suffolk

Sulloik

NR32 1PL

Date: 20 10 2023

Statement of Financial Activities for the Year Ended 31 December 2022

INCOME AND ENDOWMENTS FROM	Notes	Unrestricted fund £	Restricted fund £	31.12.22 Total funds £	31.12.21 Total funds £
Donations and legacies		19,350	39,782	59,132	97,039
Charitable activities Farming		155,417	-	155,417	147,139
Investment income Other income	2	477 2,511	-	477 2,511	9,432
Total		177,755	39,782	217,537	253,629
EXPENDITURE ON Charitable activities					
Fundraising		4,718	-	4,718	2,186
Farming		131,330	57,686	189,016	196,349
Corporate governance		1,456	-	1,456	2,220
Administrative costs		26,987	1,660	28,647	14,921
Financial costs		227	-	227	566
Total		164,718	59,346	224,064	216,242
NET INCOME/(EXPENDITURE)		13,037	(19,564)	(6,527)	37,387
RECONCILIATION OF FUNDS Total funds brought forward		368,463	35,349	403,812	366,425
TOTAL FUNDS CARRIED FORWARD		381,500	15,785	397,285	403,812

Balance Sheet 31 December 2022

FIXED ASSETS	Notes	Unrestricted fund £	Restricted fund £	31.12.22 Total funds £	31.12.21 Total funds £
Tangible assets	5	232,035	189,464	421,499	408,030
CURRENT ASSETS Cash at bank		154,478	10,462	164,940	189,394
CREDITORS Amounts falling due within one year	6	(5,013)	(9,725)	(14,738)	(11,007)
NET CURRENT ASSETS		149,465	737	150,202	178,387
TOTAL ASSETS LESS CURRENT LIABILITIES		381,500	190,201	571,701	586,417
CREDITORS Amounts falling due after more than one year	7	19	(174,416)	(174,416)	(182,605)
NET ASSETS		381,500	15,785	397,285	403,812
FUNDS Unrestricted funds Restricted funds	8			381,500 15,785	368,463 35,349
TOTAL FUNDS				397,285	403,812

Mr R J Youngs - Trustee

Notes to the Financial Statements for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property

- 20% on cost, 10% on cost, 2% on cost and 1% on cost

Plant and machinery

- 25% on cost, 20% on cost, 15% on reducing balance and 10%

on cost

Farming equipment - mechanical

- 15% on cost

Farming equipment - other

- 20% on cost and 10% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

2. INVESTMENT INCOME

	31.12.22	31.12.21
	£	£
Bank interest received	477	19

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.22	31.12.21
General staff	8	8

No employees received emoluments in excess of £60,000.

5. TANGIBLE FIXED ASSETS

	mprovements		
	Long	to	Plant and
	leasehold	property	machinery
	£	£	£
COST	£	L	L
COST			
At 1 January 2022	80,000	329,378	22,064
Additions		28,328	5,570
Disposals	-	-	-
At 31 December 2022	80,000	357,706	27,634
DEPRECIATION			
At 1 January 2022	2,803	40,028	945
Charge for year	800	12,588	2,793
Eliminated on disposal	000	12,500	2,775
Eminiated on disposar			_
At 31 December 2022	3,603	52,616	3,738
			
NET BOOK VALUE			
At 31 December 2022	76,397	305,090	23,896
	=======================================		
At 31 December 2021	77,197	289,350	21,119

Improvements

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

per .	TO A RECEIDED	THEFT ACCEDED	
		E FIXED ASSETS	- continued

J.	TANGIDEE TAKED ASSETS COMMING	Farming equipment - mechanical £	Farming equipment - other	Computer equipment £	Totals £
	COST				
	At 1 January 2022	36,097	15,846	4,870	488,255
	Additions	6,486	-	<u>~</u>	40,384
	Disposals	(5,000)	<u></u>		(5,000)
	At 31 December 2022	37,583	15,846	4,870	523,639
	DEPRECIATION				
	At 1 January 2022	23,466	11,454	1,527	80,223
	Charge for year	5,701	1,895	1,019	24,796
	Eliminated on disposal	(2,879)			(2,879)
	At 31 December 2022	26,288	13,349	2,546	102,140
	NET BOOK VALUE				
	At 31 December 2022	11,295	2,497	2,324	421,499
	At 31 December 2021	12,631	4,392	3,343	408,032
	Trade creditors Social security and other taxes Other creditors Accrued expenses Deferred capital grants			£ 1,117 2,746 - 1,150 9,725 - 14,738	£ 90 2,756 1,253 2,172 4,736 11,007
7.	CREDITORS: AMOUNTS FALLING DUE	AFTER MORE	THAN ONE Y	31.12.22	31.12.21
	Deferred capital grants			£ 174,416 ———	182,605 ———
8.	MOVEMENT IN FUNDS				
				Net	
			At 1.1.22	movement in funds £	At 31.12.22 £
	Unrestricted funds General fund		368,463	13,037	381,500
	Restricted funds Restricted fund		35,349	(19,564)	15,785
	TOTAL FUNDS		403,812	(6,527)	397,285

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

Unrestricted funds	Incoming resources	Resources expended £	Movement in funds £
General fund	177,755	(164,718)	13,037
Restricted funds Restricted fund	39,782	(59,346)	(19,564)
TOTAL FUNDS	217,537	(224,064) ====	(6,527)
Comparatives for movement in funds			
	At 1.1.21	Net movement in funds £	At 31.12.21 £
Unrestricted funds General fund	342,220	26,243	368,463
Restricted funds Restricted fund	24,205	11,144	35,349
TOTAL FUNDS	366,425	37,387	403,812
Comparative net movement in funds, included in the above are as	s follows:		
	Incoming resources £	Resources expended £	Movement in funds
Unrestricted funds General fund	180,935	(154,692)	26,243
Restricted funds Restricted fund	72,694	(61,550)	11,144
TOTAL FUNDS	253,629	(216,242)	37,387

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21	Net movement in funds £	At 31.12.22 £
Unrestricted funds General fund	342,220	39,280	381,500
Restricted funds Restricted fund	24,205	(8,420)	15,785
TOTAL FUNDS	366,425	30,860	397,285

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	358,690	(319,410)	39,280
Restricted funds Restricted fund	112,476	(120,896)	(8,420)
TOTAL FUNDS	471,166	(440,306) ====	30,860

Cash

The charity continues to look for new ways to support vulnerable people, and has been successful in raising funds for a number of initiatives and projects. Funds are held securely in the bank waiting for the projects to start, with funds being spent over the coming year.

Reserves

The overall reserves look high as they include the cost of the 99 year lease, and a lot of building work the charity has been doing since taking on the farm. The total in no way reflects the unrestricted funds available to utilise, it is a consequence of the accounting process which requires the lease improvement projects completed to be added as assets.

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

10. GRANTS

Donor	Purpose	Fund	£
East Suffolk Council	Mower, strimmer, secret garden	Restricted	6,266
TOTAL RE CAPITAL ITEMS			6,266
Leading Lives	Funding for converting hay barn to veg area	Restricted	3,000
East Suffolk Council	Wheelchair Access Path	Restricted	3,000
Norfolk County Council	Lift course 2nd instalment	Restricted	6,429
	Learning and Growing Healthier Together		
Groundwork UK TE	Course	Restricted	1,125
Norfolk County Council	Lift course 3rd instalment	Restricted	6,428
East Suffolk Council	Community Garden	Restricted	4,650
East Suffolk Council	Clover Court Visits	Restricted	2,520
Suffolk County Council	J. Muir	Restricted	3,600
Suffolk County Council	Lonely & Isolation Group	Restricted	2,400
East Suffolk Council	Warm Rooms Grant (cost of living)	Restricted	2,860
Suffolk Community Foundation	Project with Gunton Primary School	Restricted	2,000
Suffolk Community - Grant	Warm Rooms Grant (cost of living)	Restricted	1,770
TOTAL RE REVENUE ITEMS			39,782

TOTAL GRANTS INCOMING

46,048

Detailed Statement of Financial Activities for the Year Ended 31 December 2022

	for the Year Ended 31 December 2022		
		31.12.22	31.12.21
		£	£
INCOME AND ENDOWMENTS			
INCOME AND ENDOWMENTS			
Donations and legacies			
Donations		16,687	22,621
Gift aid		983	1,291
Grants		39,782	72,694
Gate donations		1,680	433
		59,132	97,039
		37,132	71,037
Investment income			
Bank interest received		477	19
Chanitable activities			
Charitable activities Service user fees		155,417	147,139
Service user rees		155,417	147,139
Other income			
Government Covid-19 grants		-	9,432
Other income		2,511	-
		2,511	9,432
Total incoming resources		217,537	253,629
EXPENDITURE			
Charitable activities		72.044	72.277
Wages		73,844 2,700	73,277 2,256
Social security Pensions		1,278	1,080
Farm maintenance		24,053	37,339
Livestock costs		4,948	2,880
Fundraising expenses		4,718	2,186
		111,541	119,018
Support costs			
Management			
Wages		60,247	57,814
Social security		3,357	3,199
Pensions		1,140	1,072
Rates and water		2,424	293
Insurance		4,849	4,346
Light and heat		11,595	5,507
Administration costs		5,354	1,682
Postage and stationery		594	193
Staff training		2,539	2,082
Travel and subsistence		1,292	818
		00.001	
		93,391	77,006

<u>Detailed Statement of Financial Activities</u> <u>for the Year Ended 31 December 2022</u>

	31.12.22 £	31.12.21 £
Management	2	2
Finance		
Bank charges	227	566
Depreciation		
Long leasehold	800	800
Improvements to property	5,267	7,555
Plant and machinery	2,302	424
Farming equipment - mechanical	4,653	5,415
Farming equipment - other	1,895	2,827
Computer equipment	411	411
Loss on sale of tangible fixed assets	2,121	
	17,449	17,432
Governance costs		
Accountancy and legal fees	1,456	2,220
Total resources expended	224,064	216,242
Net (expenditure)/income	(6,527)	37,387