



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: 30 December 2021 To: 29 December 2022

Charity name: Adults with Hemi CIO

Charity registration number: 1194809

Objectives and Activities

| | SORP reference | |
|--|--------------------|---|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | The object of the CIO is to relieve the needs of individuals with cerebral palsy and / or hemiplegia and their families by providing information, advice, support and recreational leisure activities. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | An online support group which facilitates peer support to over 450 adults with hemiplegia or cerebral palsy hemiplegia. This year, we gained a further 13 members. Planning also began for additional activities, including an in-person event supported by a programme of virtual events. |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | The trustees have had regard to guidance issued by the Commission on public benefit. |

Achievements and Performance

| | | |
|---|-----------|--|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | The support group has continued to facilitate peer support to adults with hemiplegia. 13 more people have joined our online support group this year. This demonstrates slow, but steady, growth. The support group is vital in connecting individuals with hemiplegia who have no other means of peer advice and support. Members have said that they continue to find the group valuable but that they would welcome, if possible, an in-person presence. The trustees continued to make plans for an in-person event. The trustees appointed Ellie Martin to join them to support the strategic development of the charity. Ellie brings a strong strategic |
|---|-----------|--|

| | | |
|--|--|--|
| | | background from her work at the Department for Culture, Media and Sport. |
|--|--|--|

Financial Review

| | | |
|--|-----------|--|
| Review of the charity's financial position at the end of the period | Para 1.21 | <p>Given that the charity is in its infancy, finances are strong closing the year with £121 compared with £167 at the end of last year.</p> <p>All liabilities at year end have been paid. The webhosting is a rolling contract but as this is paid monthly and all monthly instalments for the year were paid before year end, the trustees understand that this does not count as a liability on the year.</p> <p>The charity also prepared its first grant application to 'The Fore' to support our development. Unfortunately, this application was unsuccessful. We will keep trying to diversify the charity's income.</p> |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | Reserves are set at £72 to be able to meet webhosting costs. |
| Amount of reserves held | Para 1.22 | £72 |
| Reasons for holding zero reserves | Para 1.22 | Not applicable. |
| Details of fund materially in deficit | Para 1.24 | No funds are materially in deficit. |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | There is no uncertainty with regards to the charity continuing as a going concern. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|-----------|---|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | Donations |
| A description of the principal risks facing the charity | Para 1.46 | That donations do not continue and that we are unsuccessful at identifying or securing grant funding. |

Structure, Governance and Management

| | | |
|---|-----------|---|
| Type of governing document | Para 1.25 | Foundation Constitution. |
| How is the charity constituted? | Para 1.25 | Charitable Incorporated Organisation. |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | <p>The founding trustees were recruited ex-officio prior to incorporation.</p> <p>New trustees will be appointed in accordance with CC30 – 'Finding New Trustees' issued by the Commission.</p> |

Reference and Administrative details

| | |
|-----------------------------|---|
| Charity name | Adults with Hemi CIO |
| Other name the charity uses | Adults with Hemi |
| Registered charity number | 1194809 |
| Charity's principal address | 52 Nightingale Drive, Weymouth, DT3 5SU |

Names of charity trustees who manage the charity

| Trustee Name | Office (if any) | Dates acted (if not for whole year) |
|--------------------|-----------------|-------------------------------------|
| Daniel Easterbrook | Chair | |
| Emma Noon | | Until 29 November 2022 |
| Thomas McNally | | Until 15 September 2022 |
| Ellie Martin | | From 8 January 2022 |
| | | |
| | | |

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | |
|-----------|--------------------|
| Signature | <i>DC</i> |
| Name | Daniel Easterbrook |
| Position | Chair |
| Date | 27/10/2023 |



Receipts and payments accounts

CC16a

For the period
from

30 December 2021

To

29 December 2022

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations | 89 | - | - | 89 | 45 |
| Funds Transferred on Incorporation | - | - | - | - | 219 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total (Gross income for AR) | 89 | - | - | 89 | 264 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 89 | - | - | 89 | 264 |
| A3 Payments | | | | | |
| Transaction Fees | 22 | - | - | 22 | 9 |
| Digital Costs | 84 | - | - | 84 | - |
| Recruitment | 29 | - | - | 29 | 10 |
| Administrative Costs | - | - | - | - | 78 |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | 135 | - | - | 135 | 97 |
| A4 Asset and investment purchases, (see table) | | | | | |
| None | - | - | - | - | - |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total payments | 135 | - | - | 135 | 97 |
| Net of receipts/(payments) | - 46 | - | - | - 46 | 167 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 167 | - | - | 167 | - |
| Cash funds this year end | 121 | - | - | 121 | 167 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---------------------------------|---|------------------------------------|----------------------------------|---------------------------------|
| B1 Cash funds | Cash Funds at Year End | 121 | - | - |
| | | - | - | - |
| | | - | - | - |
| | | - | - | - |
| | Total cash funds | 121 | - | - |
| | (agree balances with receipts and payments account (s)) | OK | OK | OK |
| | | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
| B2 Other monetary assets | None | - | - | - |
| | | | | |

| | | | |
|--|---|---|---|
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|----------------------|---------|-----------------------------|-----------------|--------------------------|
| B3 Investment assets | None | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which asset belongs | Cost (optional) | Current value (optional) |
|--|---------|-----------------------------|-----------------|--------------------------|
| B4 Assets retained for the charity's own use | None | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |
| | | | - | - |

| | Details | Fund to which liability relates | Amount due (optional) | When due (optional) |
|----------------|---------|---------------------------------|-----------------------|---------------------|
| B5 Liabilities | None | | - | |
| | | | - | |
| | | | - | |
| | | | - | |
| | | | - | |

Signed by the chair on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|--------------------|------------------|
|  | DANIEL EASTERBROOK | 27/10/2023 |