

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31 December 2022

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

LESOTHO RUGBY

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for the Year Ended 31 December 2022



Contents

1	Reference and Administration Details.....	3
1.1	Charity Name & Registration.....	3
1.2	Charity's Address.....	3
1.3	Names of the Trustees Who Manage the Charity.....	3
1.4	Names of Advisors & Senior Members of Staff.....	3
1.5	Bank.....	3
2	Structure, Governance & Management.....	3
2.1	Type of Governing Document.....	3
2.2	Charitable Objects.....	3
2.3	Trustee Selection Methods.....	4
3	Activities.....	4
3.1	Statutory Declaration.....	4
4	Achievements & Performance.....	4
4.1	Outputs and Outcomes for the Charity's Beneficiaries.....	4
4.2	How the Public Have Benefitted.....	5
4.3	Contributing to Activities Run by Other Organisations.....	5
4.4	Trustee Development.....	5
5	Financial Review.....	5
5.1	Details of Any Funds Materially in Deficit.....	5
5.2	Policy on Reserves.....	6
5.3	Principal Sources of Funding and Outgoings.....	6
5.4	Remuneration of Trustees.....	6
5.5	Financial Status.....	6
5.6	Statutory Statements on Liabilities.....	6
6	Statement of Financial Activity.....	7
6.1	Receipts & Payments Accounts for the Financial Year Ended 31-Dec-22	7
6.2	Notes to the Accounts.....	9

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1 Reference and Administration Details

1.1 Charity Name & Registration

Lesotho Rugby Academy

The charity is a Charitable Incorporated Organisation, registration no: 1188458, registered with the Charity Commission on 10 March 2020.

The charity is registered with HM Revenue & Customs

1.2 Charity's Address

35 High Street
Ascott-under-Wychwood
Oxfordshire
OX7 6AW
e-mail: dan.c.aylward@gmail.com
website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA
PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449
Luxembourg

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, ie: where the Trustees are the only Members of the charity.

2.2 Charitable Objects

As defined in Lesotho Rugby Academy's Constitution (Governing Document):
The object of Lesotho Rugby Academy is to act as a resource for young people living in Lesotho by providing assistance, training and grants and organising

programmes of physical, educational and other activities, in particular but not exclusively through sessions devoted to the sport of rugby, as a means of:

- a) Advancing in life and helping young people by developing their skills, capacities, capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

2.3 Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

The end of September 2022 saw the completion of the successful, 2-year 'National Scale Up Project' which was predominantly funded by the UKAID Small Charities Challenge Fund. The Lesotho Rugby Academy team in Lesotho (LRA-L) was responsible for delivery whilst Lesotho Rugby Academy UK registered charity (LRA-UK) provided match funding.

The programme enabled the LRA-L to scale up its pilot programme and deliver to a larger number of schools and learners across the country. Based on outcome and output level assessment, the project has achieved what was initially intended and has significantly exceeded expectations in some parts. During the grant period (October 2020 –September 2022) we achieved:

- 108 schools vs. target of 80.
- 8500 learners vs. target of 5000.
- 130 teachers vs. target of 40.

All participating schools demonstrated a better understanding of key messages, and 97% of respondents interviewed reported broader positive impacts in the classroom.

Teachers were surveyed on their perceptions of programme impacts against 14 dimensions of effective learning. These dimensions mirror the key pillars of teamwork and communication of the programme. All teachers responding to the survey reported positive impacts on dimensions of effective learning

- 'Contributing to discussions' (86%),
- 'Working collaboratively with others' (81%),
- 'Confidence to ask questions' (71%),
- 'Giving support to others' (71%),
- The lowest results were in 'Remembering information' (38%).

An independent evaluation of the programme concluded that "the project has presented positive impacts on the social and academic welfare of participating students.... while others have generally also improved in academic performance.... "

2022 saw Lesotho Rugby Academy operating for a full and uninterrupted year as the Covid-19 pandemic receded. In 2022:

- Coaches delivered introduction to rugby and life skills training at 64 schools in Lesotho
- 4,164 children participated, of which 50% were girls.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho, providing an opportunity for children to participate in sporting activities whilst also learning important life skills. Throughout this time the programme taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle. Overall 4,164 children participated across 64 schools.

All schools which participated in the programme demonstrated an improved understanding amongst children of important aspects of healthy and responsible lifestyles.

4.3 Contributing to Activities Run by Other Organisations

Lesotho Rugby Academy contributes funding to other organisations in order to aid delivery of our programme. For 2022, as in 2021, our main delivery partner was Dolen Cymru (Charity registration number: 1143448), who provide programme management oversight in Lesotho. Dolen Cymru manages the finances for the programme (including transfer of funds to Lesotho and disbursement on a monthly basis), monitors the programme – including through its in-country staff, promotes the programme amongst potential sponsors and provides additional governance reassurance thanks to its established ABC, safeguarding, whistleblowing and expenses policies. It establishes linkages between schools in Lesotho and the UK which the rugby programme 'piggybacks'. It also provides some capacity building to the delivery team.

Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2023, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves equal to at least one year of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

Fundraising in 2022 decreased to £4,323 (2021: £5,104) as a result of lower donations in the year, as well as a grant of £500 received in the prior year which did not recur in 2022. Lesotho Rugby Academy continues to work to achieve a sustainable funding base and in 2022, all of our funding came from small charitable donations.

Expenses for 2022 increased to £11,267 (2021: £5,604). This was as a result of the programme running uninterrupted by Covid-19 in 2022. Expenses represent costs in Lesotho on the day-to-day running of the programme.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial Status

Though modest, Lesotho Rugby Academy's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least the next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);

- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,

A handwritten signature in black ink, appearing to read 'Andrew Barton', written in a cursive style.

Andrew Barton (Trustee)

30/10/2023

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-22

6.1.1 Receipts & Payments

	Current Financial Year, Jan'22-Dec'22			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
A1 - RECEIPTS				
Voluntary Income	4,323		4,323	5,104
Charitable Income	0		0	500
Other Receipts	0		0	0
	<u>4,323</u>	<u>0</u>	<u>4,323</u>	<u>5,604</u>
A1 - ASSETS & INVESTMENTS				
Sale of Investments	0		0	0
Sale of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	4,323	0	4,323	5,604
A3 - PAYMENTS				
Generating Funds	-48		-48	-31
Charitable Activities	-11,219		-11,219	-1,000
Support Costs	0		0	0
Other Payments	0		0	0
	<u>-11,267</u>	<u>0</u>	<u>-11,267</u>	<u>-1,031</u>
A4 - ASSETS & INVESTMENTS				
Purchase of Investments	0		0	0
Purchase of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-11,267	0	-11,267	-1,031
NET OF RECEIPTS-PAYMENTS	-6,944	0	-6,944	4,573
A5 - Transfers Between Funds	0	0	0	0
NET AFTER TRANSFERS	-6,944	0	-6,944	4,573

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Jan'22-Dec'22			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
Actual Funds Brought Forward	46,631	-	46,631	42,058
Movement After Transfers	-6,944	0	-6,944	4,573
Total Funds Carried Forward	39,687	0	39,687	46,631

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 01-Jan-2022	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-22
Cash at Bank & in Hand					
Bank, Current Account	35,595	2,430	-11,219	0	26,806
PayPal Account	11,036	1,893	-48	0	12,881
Actual Cash Assets	46,631	4,323	-11,267	0	39,687
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	46,631				39,687

	As at 31-Dec-22			Last Year
	General Funds £	Restricted Funds £	Total £	Total £
B1 - Cash Assets				
General Fund	39,687		39,687	46,631
Net Payments in Advance	0		0	0
Designated Funds	0		0	0
Total Unrestricted Funds			39,687	46,631
Restricted Funds				
None		0		0
Total Restricted Funds			0	0
Total Cash Funds			39,687	46,631
B2 - Money Owed to the Charity {Other Monetary Assets}			0	0
B5 - Money Owed by the Charity {Liabilities}			0	0
Net Cash Assets			39,687	46,631
B3 - Investment assets	0	0	0	0
B4 - Assets retained for charity's own use.	0	0	0	0
Total Current Funds			39,687	46,631
Total Funds (net of liabilities)			39,687	46,631

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Andrew Barton (Trustee)

30/10/2023

6.2 Notes to the Accounts

- a) **Accounting Policies**
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) **Reimbursement of Out-of-Pocket Expenses**
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) **Salaries & Professional Fees**
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) **Fixed Assets**
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) **Creditors & Debtors**
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) **Rounding Discrepancies**
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.