

REGISTERED COMPANY NUMBER: 08290412 (England and Wales)  
REGISTERED CHARITY NUMBER: 1151105

Report of the Trustees and  
Financial Statements for the Year Ended  
31 March 2023 for  
Health and Hope UK

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Health and Hope UK  
Year Ended 31 March 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

## REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Company number** 08290412 (England and Wales)

**Registered Charity number** 1151105

### Registered Office

62 Heronsgate Road  
Rickmansworth  
Hertfordshire  
WD3 5NX

### Principal Address

62 Heronsgate Road  
Rickmansworth  
Hertfordshire  
WD3 5NX

### Trustees

James C E Gardner	Lawyer
Alan Gray (Treasurer)	Accountant & INGO professional
Emma Watson	Management consultant
Timothy Creber (Chair)	Business professional
Edmund Ong	Doctor
Alexa Murray	Business professional
Peter Harlock	Business & INGO professional
Thomas Walsh	Charity Management (appointed January 2023)

### Independent examiner

Simon Lewcock FCCA  
Windsor Lodge  
Millfield Road  
Hounslow  
TW4 5PN

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a company limited by guarantee, as defined by the Companies Act 2006.

### Risk Management

The trustees have reviewed the risks to which the charity is exposed and have ensured that appropriate controls are in place to provide reasonable assurance against fraud and error.

## OBJECTS AND ACTIVITIES

Health & Hope UK (HHUK) was registered as a UK Charity in March 2013. The objects of the charity are:

- (1) For the public benefit of people in the regions of South and South-East Asia, Health & Hope UK aims to relieve poverty and advance health, education and the Christian faith; and
- (2) Promote the efficiency and effectiveness of charities through technical support and by the provision of advice and training in good governance, structure and fundraising for our partners.
- (3) Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the Charities and trustee investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008.

HHUK has fulfilled its objects this year by working through a growing network of local partners to bring humanitarian relief, health care, education, hope and development to the poorest people in remote areas of Western Myanmar. Our vision is to see lives transformed and communities that are thriving and self-developed.

The programmes supported by HHUK during 2022-2023 year reflect the significant shift in operational context due to the military coup in Myanmar on 1<sup>st</sup> February 2021. As noted in our previous annual report, our long-standing implementing partner, Health & Hope Myanmar (HHM), was forced to close all normal operations and evacuate the country in the weeks following the coup.

Despite this significant challenge to our work, we have been able to pivot our work in response to the growing humanitarian needs, whilst maintaining some of our longer-term education and health projects. Outlined in more detail below, our programmes in 2022-23 focused on the following areas:

- **Humanitarian relief:** To deliver humanitarian aid through local partners including food relief, shelter and non-food item provision, health and medical care, and livelihood initiatives.
- **Health:** To improve maternal health outcomes through mobile health surveillance.
- **Education:** To increase the number of skilled people who are empowered and trained to take the lead in community development initiatives.
- **Capacity building:** To build organisational, technical and leadership capacity of our partners.

In order to strengthen the effectiveness of field-based work, HHUK provides support to partners in the following areas:

- Strategy and governance
- Finance and administration
- Training and development
- Monitoring and evaluation
- Fundraising
- Marketing and communications

## Fundraising Standards & Regulations

HHUK is dedicated to ensuring we comply with all relevant fundraising standards and regulations. HHUK is registered with the Fundraising Regulator and is committed to adhering to both the Fundraising Promise and to the Fundraising Code of Practice.

Our fundraising activities involve encouraging individual donations and gifts in wills, running small events for donors to engage with our work, as well as working with corporate and statutory funders. We do not use direct marketing techniques which could unfairly target vulnerable people or contravene their right to privacy.

We do not engage with external contractors for fundraising, except for research purposes, which are conducted in compliance with current Data Protection regulations. Staff are familiar with our Fundraising Procedures Policy, which includes procedures on how to protect vulnerable people.

The Health & Hope website outlines our complaints policy for the public and explains how an individual can submit a complaint. We received no complaints in the last financial year.

## **ACHIEVEMENT AND PERFORMANCE**

### **Overview:**

Our activity in 2022-23 has continued to be dominated by the impact of the military coup on February 1<sup>st</sup> 2021. At that time our longstanding in-country partner, Health & Hope Myanmar (HHM), was forced to shut down in-country operations and evacuate for their own safety. Given the sudden urgency of humanitarian need, we changed our planned activity to developing new partnerships and implementing a relief programme in the border areas of Western Myanmar.

There is now an unprecedented political, socio-economic, human rights and humanitarian crisis across the country. Conflict in Myanmar including Chin State where we worked until the crisis began has resulted in thousands of people fleeing their homes and villages, without any preparation, often relying solely on external support. It is estimated that over 1.4 million people are now displaced from their homes<sup>1</sup>, and this is projected to increase to 2.3 million by the end of 2023.<sup>2</sup> Many have fled due to airstrikes on civilian populations, active conflict on the ground, and risk of arrest, torture, and murder. 17.6 million people are estimated to be in humanitarian need; 4.5 million with severe needs, predominantly in conflict-affected rural areas<sup>3</sup>. Tens of thousands have fled to the Thai-Burma border and over 50,000 who have crossed the western border into India<sup>4</sup>.

In this context, we have positioned ourselves to provide urgently needed humanitarian support in the border areas while continuing our long-term education and health work. Our strategy (see below) has been to continue this humanitarian support while aiming to develop new strategic partnerships to enable us to work in Myanmar and eventually continue our long-term development aims and objectives in health, education and community development. Our programmes and achievements are outlined in more detail below.

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<sup>1</sup> UNHCR Myanmar Emergency Overview 23.03.2023

<sup>2</sup> UNOCHA Myanmar Humanitarian Needs Overview, January 2023

<sup>3</sup> Ibid.

<sup>4</sup> UNHCR Myanmar Emergency Overview 23.03.2023.

As noted below our income for the year reflected the change in operational priorities and fundraising for the emergency relief work undertaken. We received income from institutional donors, trusts, churches and individuals to resource this work. We have developed a fruitful relationship with a new large institutional donor who has been very supportive of our context and who has been instrumental in enabling us to implement a large-scale humanitarian relief programme in Chin State itself.

A key area of growth for Health & Hope UK has been the development of partnerships with whom we are working, principally to implement humanitarian relief work at this point. In 2021 we developed a partnership with the Ferrando Integrated Womens Development Centre (FIWDC) which has been vital for the continuation of our humanitarian work in the border areas and our health work.

Our working strategy was reviewed in late 2022 and priorities were identified as:

1. Supporting the delivery of humanitarian aid to Chin nationals
2. Aiming to transition from short-term relief to longer-term development programmes as soon as practically possible in the areas of health, education, food security and livelihood support
3. Building the organisational, technical and leadership capacity of our implementing partners
4. Developing and diversifying our partnerships and resource base

It is recognised that this is a short-term strategy and periodic review (every six months) is planned by the trustees. The operational plan for 2023-24 was developed from these strategic priorities. We are planning a long-term strategic review of Health & Hope with our main implementing partner Health & Hope Myanmar in May 2023. This will aim to develop an overarching strategy for 2024-2028, recognising that the situation in Myanmar is unlikely to improve in the short term.

Through the challenges of the year the HHUK team continued to provide support and capacity-building opportunities for our partners in-country with an emphasis on technical training, project planning, and safeguarding/protection training. Using videoconferencing facilities we engaged supporters through online events, providing key updates regarding our work and providing opportunities for supporters to interact directly with the Health & Hope Myanmar team.

Despite the ongoing crisis, operational changes and challenges, we remain as committed as ever to our mission of serving the most vulnerable people of Myanmar.

## **PROGRAMME REPORTS**

### **Humanitarian relief work – New Dawn**

The New Dawn project was established to meet the desperate need of Myanmar nationals fleeing the violence perpetrated by the military, particularly in Chin State. This project which was launched in July 2021 initially in 10 locations has since expanded to 20 targeted villages. Given the dynamic nature of the situation, the project was designed to be flexible in approach while maintaining a robust reporting mechanism to ensure all donor reporting and regulatory requirements were met and to ensure the project continues to meet most urgent needs.

Target areas were selected based on level of need, primarily working in locations close to the India/Myanmar border where many displaced people had temporarily located. Most of the communities in which we have worked had already been providing limited support to vulnerable and marginalised people. Our support has been focused on equipping and empowering the local host communities to extend their existing support to these people in a structured way, through the formation of local Welcoming Committees, and providing a series of essential grants aimed to both relieve immediate pressure, as well as integrate them within the local communities. Grants were issued based on the presentation of need, given that some people had fled their

homes with little or no possessions. This adaptive approach has further enabled the support provided to be individualised to person, household and location.

The support provided through New Dawn included:

- **Shelter and essential household grants** including mosquito nets, bedding and cooking equipment. Shelter provision ranged from developing large-scale dwellings to house 100 people to smaller grants to build accommodation for a household (typically about 6 people). In more recent months, additional shelter materials have been provided to enable repairs, modifications and extensions to existing structures to provide more privacy and dignity.
- **Food, health and hygiene grants** to support vulnerable and marginalised groups, and to relieve the short-term burden on local communities. The food grants typically provided a food parcel with enough for one month including rice, daal, oil, salt and sugar. Health and hygiene grants included items such as soap, washing powder, sanitary products, toothbrushes and toothpaste.
- **Medical assistance** to those suffering from sickness or injury. This ranged from simple medication for common illnesses and injury through to the treatment of complex conditions requiring referral for hospital admission.
- **Promoting independent living**, self-sufficiency, and contributions to the local economy through livelihood grants. This is a vital part of the 'early recovery' model of humanitarian relief. These grants enabled the purchase of small livestock (e.g., chickens and pigs), provision of tools or equipment to help skilled workers (e.g., sewing machines, carpentry tools) or seeds and other inputs to enable small-scale farming (e.g., ginger or chillies farming).
- **Education support** – refugee children have been granted permission to attend local schools, but many have been prevented from accessing this due to a lack of money for uniforms, stationery and books. Children unable to access school because of this were identified and provided with materials to enable them to attend school.

From project launch to March 2023, the following numbers of grants had been issued to individuals:

• Shelter grants	2,348
• Household items	2,846
• Food grants	33,213
• Health and hygiene grants	12,496
• Medical grants	3,041
• Livelihood grants	314
• Education grants	510

The project has been delivered through two of our implementing partners. A monitoring framework is in place to measure activity and outputs, and evaluation surveys are carried out every six months not only to evaluate the change that had been achieved through the project activity but also to enable the design of project activities going forward to ensure prioritisation of greatest needs. Evaluation surveys also include an assessment of children's nutritional status and an assessment of shelter/WASH facilities against recognised international standards (Sphere). These evaluations led to a focus on improving the quality of some latrines in late 2022. Training in Sphere standards was given to implementing partners (see below).

The most recent survey in December 2022 gave consistent feedback (from 409 respondents) that food, health care and livelihood support were the priority needs of refugee communities. As such, project activity was adapted and budgets modified around these needs, while also ensuring funds were available to provide, for example, repairs and upgrades to shelters which are regularly needed.

A recent livelihood grant evaluation survey (conducted in January 2023) from 64 grant recipients across nine locations found that chicken farming has been the usual grant choice by recipients (84%) vs pig farming (12%) and tailoring (3%). Of the grant recipients interviewed, 86% of recipients have been able to generate an income; the remainder mostly needed more time. 34% of respondents stated they were generating between 26-50% of their overall income from this project; 28% between 51-75% and 17% generating 76-100% of their income. The grants must therefore be seen as a supplement to overall household income rather than a sole source (which confirms expectations). 65% of recipients stated the grant had been helpful in gaining some degree of independence.

The nature of the conflict in Myanmar has meant that the number of displaced people is gradually increasing, with the conflict worsening in the northwest of the country. It is likely that it is going to be a long time before there is sufficient confidence for people to return home permanently.

Financial support for New Dawn has been generated through grants from institutional donors, trusts and individual donations regular giving and two specific appeals in June and December 2022. While we continue to seek funding for this project, we will need to scale activity according to available funds.

The focus of the project over the coming months will be to continue to adapt to local needs and aim to reduce the level of financial support needed by enabling people to raise an income (through household income generation) and more sustainable food provision. We will continue to balance providing for immediate needs whilst empowering local people to use their own resources. This, and the availability of funds, will inevitably see a shift in the project activity in scale and scope over the coming months.

### **Humanitarian relief work – Chin Relief Project**

The goal of the Chin Relief Project is to enable the survival and support of displaced and conflict-affected populations following the coup. This is being achieved through the provision of humanitarian relief and health care to displaced populations caught up in the crisis. We are working closely with Health & Hope Myanmar and with a network of nine sub-partners who are based locally and physically in each project area in Chin State and the Sagaing Region to provide the appropriate targeted interventions. Each sub-partner carried out a baseline review of the most urgent needs in their local area and proposed



appropriate project activities that are most suitable for the context and within their capacity and experience.

Health & Hope work together as HHUK/HHM to remotely oversee the project from HHUK/HHM's virtual offices. Travel restrictions and security concerns mean that visiting the sub-partners and their activity is not possible.

We are using a two-phase approach, with sub-partners delivering interventions from December 2022-March 2023, and based on local feedback and responses, designing Phase 2 activities for delivery between April and June 2023. This adaptive management approach is deliberately planned to enable Phase 2 activities to be responsive and tailored to local needs as observed by and reported to sub-partners. Even in the first few months of 2023 the situation in Northwest Myanmar has deteriorated with targeted attacks in Chin State and the imposition of martial law in many townships across Myanmar.

The main activities of the project are delivering humanitarian relief supplies across the following areas:

- **Food** – to support IDPs and those staying in conflict-affected communities to reduce the burden on host communities. These food supplies consist of, for example, rice, oil, and beans.
- **Shelter** – provision of tarpaulin and other materials for temporary shelters.
- **Hygiene** - soap, menstrual products, toothpaste/toothbrushes.
- **Health care** – basic medication provision, first aid and community health education.
- **Medical clinics** – mobile and static clinics staffed by trained clinicians.
- **Unconditional cash grants** – determined by the Minimum Expenditure Basket calculated by the implementing sub-partner. Given the urgency of the response required, cash grants have been used by sub-partners who have prior experience in managing this modality rather than undertaking to train all sub-partners in the use of cash grants. This is an area where learning could be shared across sub-partners in the future.
- **Non-Food Items (NFIs)** – provision of essential household items such as blankets, mosquito nets, and buckets as determined by local need and capacity of the sub-partner.
- **WASH** – latrines and materials for improving water supply to temporary camps.

A focus on vulnerable groups was emphasised to all the sub-partners, including female-headed households, persons with disabilities, older persons, children, youth, pregnant and lactating women (PLW), people with pre-existing health problems, women and girls, and large households/dependents.

A set of bespoke finance procedures and MEAL framework was developed for the Chin Relief Project, translated into Burmese and sub-partners were provided with an individual project briefing prior to project launch. Below is a combined summary of all activity for all 8 sub-partners who have completed Phase 1.

- 125 camps/conflict-affected villages visited with support
- 3,300 cash grants distributed
- 2,964 patient consultations including malnutrition screening for 216 children
- 25 fixed clinics and 11 mobile clinics supported with medication
- Non-Food Item distribution:
  - 1,005 people supported with menstrual products
  - 988 blankets distributed

Health and Hope UK  
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- 150 mosquito nets distributed
- 788 households provided with soap
- 350 buckets & showers distributed
- 12,566 individuals supported with food
- 165 households with shelter items (825 people)
- 509 First Aid Kits distributed
- 32 toilets constructed serving 800 people
- 116 community briefings conducted
- 4/9 sub-partners with PSEA (Prevention of Sexual Exploitation and Abuse) reporting mechanisms in place

**Total number of people supported through Phase 1 is 25,069.**

As noted above, the enduring and worsening conflict, particularly in the northwest of the country, means that humanitarian relief and health care will continue to be a priority for much of the coming financial year.

We will be implementing Phase 2 in April 2023 which will continue until June 2023, and there is the potential for additional funding from our donor for a further Phase in late 2023.

## **Education**

The outcomes for our education projects are for young people from remote rural communities in Western Myanmar to experience improved educational prospects, long-term socio-economic well-being and to proactively contribute towards the development of their local communities.

Prior to the military coup, two projects were in operation to achieve these outcomes (Freedom to Education Programme, and Education For All). Sadly, insecurity forced the closure of the latter project.

### **Freedom to Education Project (FEP)**

This project aims to:

- Improve access to higher education opportunities
- Enable students to attend a quality education institution (compared to local availability)
- Create opportunities for young people to apply their learning for the benefit of their local communities

FEP is run by HHM and supported by HHUK. It aims to identify young people who carry a vision for the long-term benefit of their people. Those selected for the project are offered the opportunity to pursue higher education, at pre-university or undergraduate level. In addition to tuition fees, HHUK issues a scholarship grant to cover accommodation costs, whilst practically providing study guidance, ongoing pastoral care, and additional language tuition where required. Over 130 students have been supported through the FEP scheme to date.

Historically this project has created a virtuous circle, to the benefit of the students, local communities, and Health & Hope. The returning FEP graduates who come back to work in the villages are an inspiration for younger generations of students as they take on leadership roles whilst also being able to speak fluent English. They return with a real desire to serve their communities and will continue to play a critical role in the country's future. It is our aim that this virtuous circle will continue despite the challenges facing the country currently.

A review of FEP was conducted between July-December 2022 in response to strategic questions raised by HHUK Trustees which sought to assess progress against original project outcomes. While limited in scope due to available resources and poor response to surveys, it was concluded that FEP:

- Should remain a priority given the educational context in Myanmar and given our vision and mission as an organisation.
- Provides a good service for students, although improvements need to be made to operational practice.
- Needs to prioritise where support is directed to maximise effectiveness.

This financial year we supported over 40 students through higher secondary and tertiary education. We have maintained a focus on higher secondary education through the intake of 20 additional students in Year 11 this year. The need for a cohort of Myanmar nationals with higher education with a heart and vision for their communities is particularly acute given the challenges outlined above. Young people are also particularly vulnerable to recruitment by resistance militia groups.

Students apply through a formal application process including clear assessment criteria and an interview. Successful students study in different locations, and are selected according to availability of appropriate education institutions and courses for their chosen course of study. In addition to the academic input at college, students also receive mentoring, pastoral support and language tuition provided by HHM staff. Further, students are encouraged by HHM support staff to engage in sports and community activities.

At their most recent examinations, four science students supported by the FEP programme gained the highest marks in their college, with the highest marks in mathematics, chemistry, computer science and physics. All Year 11 science students passed their exams, which given the challenges faced is an extraordinary achievement.

Given the huge needs faced due to lack of resources and insecurity, we are working to raise funds for further intakes of students at both higher secondary and tertiary education. We are also working in partnership with Prospect Burma to seek resources for this work.

## **Health**

The outcome for HHUK health programmes is for remote rural communities in Western Myanmar to experience a decreased incidence of disease and an improvement in health and well-being. In previous years, health programmes had been a very significant part of our work but sadly were closed in 2021 due to insecurity. Given our new network of partnerships we have been able to support emergency care healthcare needs as noted in the Chin Relief Project and New Dawn reports above.

### **Mobile health and maternal ultrasound**

Government investment in health care in Myanmar has historically been the lowest of any country monitored by the World Health Organisation. Health indicators in Chin State are low even by the standards of Myanmar, in part due to the remoteness of many villages and the paucity of good roads. These factors hinder access to medical expertise, and serious health conditions are often not treated in a timely manner.

To improve maternal health outcomes, HHUK has been partnering with a research team from Cornell University, New York, to establish mobile health surveillance and implement the use of mobile ultrasound. This work was meant to be implemented in Chin State in 2021 but relocated to Mizoram State in India due to the insecurity caused by the military coup. Similar issues of healthcare accessibility and a physically challenging geographical environment are faced in Mizoram, meaning that the overall project aims remain valid.

The partnership has since transitioned to Columbia University with the principal investigator now based there. One of the main initial aims of the project (to train local healthcare workers in the use of mobile ultrasound) has had to change due to Indian legislation surrounding the use of mobile ultrasound. The project is therefore being redesigned while maintaining the overall project aim of improving maternal health outcomes in vulnerable groups. A series of interventions in line with WHO best practice is being designed. Monthly surveys have been undertaken by the HHM health team/FIWDC as part of planned activity, monitoring the health of pregnant women and maintaining the health surveillance activity pending further approvals needed for project implementation in this area. Our health team works in conjunction with the local Chief Medical Officer and have run a series of mobile medical clinics in 9 locations.

HHUK has supported the implementation of this project with HHM, assisting with survey design and technical issues (e.g., in the use of the mobile application).

### **Capacity building**

The aim of our capacity-building work is for local partners to be self-sustaining with leadership, strategy, finance, and operations. This has been identified as a strategic priority for Health & Hope UK and our working with partners. The HHUK's Executive Director worked with HHM's CEO on a training needs assessment for HHM staff and the following was delivered in the financial year 2022-23. (Part of this training was delivered in partnership with one of Health & Hope's long-term partners, Mission East):

#### **Leadership training**

A bespoke leadership training and coaching programme has been delivered to the HHM Senior Management Team. Individual coaching was provided to two members of the SMT.

#### **Technical training**

This included the following areas:

- Project Management – the HHUK team provided training to the HHM team in the use of the project management approach PDPro.
- Finance training - Four members of the HHM team were supported to attend online training in finance management completing the course 'FMDPro' - Finance Management for Development and Humanitarian Professionals. The finance team also attended four days of online training in the use of QuickBooks provided by Mission East partners.
- Sphere training – relevant members of HHM and other partners attended a short series of training in the Sphere Standards (internationally recognised humanitarian standards).

#### **Safeguarding and protection**

- All HHUK/HHM staff attended safeguarding training over two sessions.
- Relevant HHM/HHUK staff also attended training provided by our donor in cross-cutting themes

including Prevention of Sexual Exploitation and Abuse, Community Feedback Mechanisms, inclusion and diversity, and emergency preparedness.

- Direct training provided by HHUK or designated trainers was also supplemented by training provided by Mission East in areas such as project proposal writing, logframes, use of digital survey tools, and reporting.

### **Partnerships**

Diversifying our partnerships base has been a strategic priority this financial year given the challenges faced by our historic implementing partner HHM. This partnership development work has been primarily in response to a lack of capacity for HHM to deliver projects on the ground in Myanmar.

Through direct HHM known contacts, and through referrals, we have been able to develop a network of nine new partners in Myanmar. At this point, these partnerships have been formed principally for the purpose of implementing the Chin Relief Project. This model of operating is new for HHM but has provided the means of implementing project work at a much larger scale than previously. This will undoubtedly be a key part of our operating model going forward.

To facilitate the development of partnerships with appropriate due diligence checks in place, we have developed a partnerships policy for use with all our implementing partners.

We have continued to partner with a number of other NGOs including Prospect Burma, and Mission East.

### **Patronage**

We have continued to enjoy the patronage of HRH the former Prince of Wales who provided, along with his office, a variety of support during the financial year. While a review of His Majesty's charitable patronages is under review, we very much hope that this will continue for Health & Hope UK. Some of the HHUK staff and Trustees were invited to attend a reception at Buckingham Palace in February 2023 where HHUK's Executive Director was able to have a short conversation with King Charles about the current plight of Myanmar citizens.

### **Fundraising and communications**

The appointment of a full-time Senior Partnerships and Communications manager has been vital to ensure the continued engagement of our supporters through a year of on-going change to historic programmes and operational practice. We have been able to increase our communications output through email and printed news and launched a Key Partnerships Programme for mid and major-level donors with a bespoke package of support.

The development of a fundraising strategy and related Key Performance Indicators has enabled further planning of specific fundraising and communications activities in the UK. This has enabled us to engage with different supporter groups within the very tight constraints of communications. Our social media channels remain closed given the security concerns for our HHM partners and the sensitivity of the work that is being implemented. The safety of our partners is paramount, and we work hard to ensure that remains so despite their operational challenges.

We have continued to hold termly online events with good engagement from our network of supporters, with approximately 50 delegates at each event. We have increased our engagement with churches across the UK with our 'Church Partnership Scheme' being implemented this year.

We are marking our 10<sup>th</sup> anniversary of registration as a UK charity in 2023 with a series of events around the UK with the aim of maintaining engagement with current supporters and to further build upon our supporter network. Events have been held in Jersey, Cornwall and Gateshead thus far with good attendance and commitment to our work from key supporters.

We produced a summer newsletter and annual impact Report which was circulated to over 300 households in June 2022 and October 2022 respectively.

Fundraising has continued across our range of donors including individual supporters, churches, trusts, and institutional donors. Two appeals were held in 2022 for our relief work which raised a combined total of £73,107.

### **Policy development**

A review cycle of our suite of policies and procedures was developed by the HHUK Executive Director and is currently in implementation. New policies developed this year include 'Prevention of Sexual Exploitation and Abuse' and 'Partnership Principles – a due diligence framework'.

### **Risk management**

HHUK has a risk management policy in place and risk register which is reviewed monthly. High-level residual risks are presented to the Board of Trustees at each meeting.

### **HHUK staffing**

A new Programme Officer has been appointed in March 2023 to replace an outgoing member of staff who left in October 2022.

### **Trustee Board**

The Board met five times in 2022-23. A new Board member was appointed in January 2023. The trustees will continue to review the Board membership and seek to recruit appropriately skilled and experienced individuals to govern our work.

## Finances

Our income (£732,667) exceeded the previous year's income (£609,126). This represents significant unanticipated donations from institutional donors, individual supporters and trusts in response to the humanitarian crisis. HHUK has historically enjoyed the support of a relatively small number of very committed individual donors who have faithfully continued to support our work through the past two years of significant change.

Our unrestricted expenditure in 2022-23 was 85% against budget, primarily due to staffing not being at usual levels. This has left unrestricted general fund at £181, 276 going into the new financial year which reflects the need to remain flexible at this time of operational uncertainty.

The trustees review the levels of unrestricted funding regularly and continue to have a designated fund for relief work in the coming financial year given the increase in project activity while maintaining an appropriate level of operational reserves.

## Future developments

HHUK will continue in its mission to serve the poor and vulnerable despite the operational challenges faced on the ground. Tragically, the situation in Myanmar looks set to continue, with grim predictions of continued humanitarian need. Our response to urgent needs created by the coup will continue as the crisis deepens across the country. One of our strategic priorities is to transition from relief to longer-term development work, particularly in health. Given this, a workshop is planned for May 2023 with the aim to develop an overarching strategy for 2024-2028. This will inform our operational planning and focus on raising support for specific projects.

Through all the challenges we will continue to pursue our vision to see lives transformed and communities that are thriving and self-developed in the poorest rural areas of Myanmar.

Approved by order of the board of trustees on 19/06/2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'Tim Creber', written in a cursive style.

Tim Creber – Chair of Trustees

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Independent Examiners Report to the Trustees of Health and Hope UK

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I report on the accounts for the year ended 31 March 2023 set out on pages 16-21.

**Respective responsibilities of trustees and examiner**

The charity's trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required. Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants (ACCA), which is one of the listed bodies.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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24th July 2023



Statement of Financial Activities (Including Income and Expenditure account)

	Notes	Unrestricted fund	Restricted funds	31.3.23 Total funds	31.3.22 Total funds
<b>INCOME</b>					
<b>Income from generated funds</b>					
Donations and legacies		201,300	531,182	732,482	609,126
Investment income		185	-	185	16
<b>Total income</b>	3	<u>201,485</u>	<u>531,182</u>	<u>732,667</u>	<u>609,142</u>
<b>EXPENDITURE</b>					
<b>Cost of generating funds</b>					
Costs of generating voluntary income	4	59,178	-	59,178	29,820
<b>Charitable activities</b>					
Health		3,974	39,796	43,770	13,183
Education		13,227	132,440	145,667	93,913
Food security		43,937	439,945	483,882	320,292
Capacity building & training		23,641	12,364	36,005	44,172
<b>Other expenditure</b>		<u>24,726</u>	<u>1,448</u>	<u>26,174</u>	<u>15,437</u>
<b>Total expenditure</b>		<u>168,683</u>	<u>625,993</u>	<u>794,676</u>	<u>516,817</u>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>					
		32,802	(94,811)	(62,009)	92,325
<b>Gross transfers between funds</b>		<u>(30,000)</u>	<u>30,000</u>	<u>-</u>	<u>-</u>
<b>NET MOVEMENT IN FUNDS</b>		<u>2,802</u>	<u>(64,811)</u>	<u>(62,009)</u>	<u>92,325</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		228,473	128,683	357,156	264,831
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>

The notes form part of these financial statements

Health and Hope UK  
Year Ended 31 March 2023

Balance Sheet

				31.3.23	31.3.22
	Notes	Unrestricted fund	Restricted funds	Total funds	Total funds
<b>CURRENT ASSETS</b>					
Debtors	7	4,124	-	4,124	5,401
Cash at bank and in hand		<u>227,151</u>	<u>63,872</u>	<u>291,023</u>	<u>388,829</u>
		231,275	63,872	295,147	394,230
<b>CREDITORS</b>					
Amounts falling due within one year	8	-	-	-	(37,074)
<b>NET CURRENT ASSETS</b>		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		231,275	63,872	295,147	357,156
<b>NET ASSETS</b>		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>
<b>FUNDS</b>					
Unrestricted funds: General fund	9	181,275	-	181,275	148,473
Unrestricted funds: Designated funds	10	50,000	-	50,000	80,000
Restricted funds	9	-	63,872	63,872	128,683
<b>TOTAL FUNDS</b>		<u>231,275</u>	<u>63,872</u>	<u>295,147</u>	<u>357,156</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard 102 SORP 2015.

The financial statements were approved by the board of trustees on 19/06/2023 and signed on its behalf by:



T R Creber - Chair



A D Gray - Treasurer

The notes form part of these financial statements

Notes to the Financial Statements

## 1 ACCOUNTING POLICIES

### Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard 102, the Charities Act 2011 and the Companies Act 2006.

### Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income, the amount can be quantified with reasonable accuracy and it is probable the income will be received.

### Expenditure

Expenditure is accounted for on an accruals basis and have been classified under heading that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### Taxation

The charity is exempt from corporation tax on its charitable activities

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## 2 FINANCIAL RESERVES POLICY

The trustees seek to hold an amount in reserve equal to or greater than six months running costs. This policy is reviewed on an annual basis.

## 3 INCOME

	Unrestricted	Restricted	Total Year ended 31.3.23	Total Year ended 31.3.22
	£	£	£	£
<b>Donations and legacies</b>				
Donations and Gifts	190,890	531,182	722,072	593,466
Gift Aid	10,410	-	10,410	15,660
	<u>201,300</u>	<u>531,182</u>	<u>732,482</u>	<u>609,126</u>
<b>Investment Income</b>				
Deposit account interest			<u>185</u>	<u>16</u>

Notes to the Financial Statements - continued

**4 COSTS OF GENERATING VOLUNTARY INCOME**

	Year ended	Year ended
	31.3.23	31.3.22
	£	£
Resources, Postage and stationery	496	8
Promotional materials, film and media	1,888	198
Staff costs including consultancy	56,794	29,434
Website redesign	-	180
	<u>59,178</u>	<u>29,820</u>

**5 TRUSTEES' REMUNERATION AND BENEFITS**

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023

**6 STAFF COSTS**

	Year ended	Year ended
	31.3.23	31.3.22
	£	£
Wages and salaries	94,983	71,917
Pension and Social security costs	8,013	5,444
	<u>102,996</u>	<u>77,361</u>

The average monthly number of employees (2.5 full time equivalent) during the year was:

Administrative	3	3
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No employees received emoluments in excess of £60,000

**7 DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23	31.3.22
	£	£
Donations and Gift Aid	4,124	5,401
Other Debtors	59,315	59,315
Bad debt provision	(59,315)	(59,315)
	<u>4,124</u>	<u>5,401</u>

**8 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23	31.3.22
	£	£
Charitable remittances	-	35,725
Other creditors	-	1,349
	<u>-</u>	<u>37,074</u>

Notes to the Financial Statements - continued

**9 MOVEMENT IN FUNDS**

	<b>1.4.22</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfer of funds</b>	<b>31.3.23</b>
	<b>£</b>	<b>£</b>	<b>£</b>		<b>£</b>
<b>Unrestricted funds: General fund</b>	228,473	201,485	168,683	(30,000)	231,275
<b>Restricted funds</b>					
Community-led Healthcare	60	15,030	-		15,090
Traditional Birth Attendants training	4,786	-	-		4,786
Clinic	8,411	-	-		8,411
Relief fund (including HEF)	67,790	379,198	421,911		25,077
Sustainable agriculture		15,231	15,231		-
MUMM	4,574	22,443	39,542		(12,525)
Further Education project	13,876	81,425	131,594	59,326	23,033
Education for All	29,186	143	3	(29,326)	-
HH Myanmar Operational costs		3,900	3,900		-
Capacity Building		12,364	12,364		-
UK overheads		1,448	1,448		-
<b>TOTAL FUNDS</b>	<b>357,156</b>	<b>732,667</b>	<b>794,676</b>	<b>-</b>	<b>295,147</b>

Funds for the MUMM have been delayed but are anticipated to be received shortly to cover the negative fund balance.

**10 Designated Funds**

Allocated to the following programmes to enable increased scope and scale of activity in the forthcoming financial year:

	<b>31.3.23</b>	<b>31.3.22</b>
	<b>£</b>	<b>£</b>
Education	-	30,000
Relief	50,000	50,000
<b>TOTAL</b>	<b>50,000</b>	<b>80,000</b>

**11 Related party transactions**

There were no related party transactions during the year