



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	May	2022		30	April	2023

### Section A Reference and administration details

Charity name	The Hardy Group
Other names charity is known by	
Registered charity number (if any)	1169563
Charity's principal address	7 Gleneagles Close
	Mickleover
	Derby
	Postcode DE3 9YB

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr David Roberts	Chair		
2	Mrs Susan Atherton	Secretary		
3	Mr Bernard Crowther	Membership Secretary	Retired 20/4/23	
4	Mr Thomas Muldoon	Treasurer		
5	Mrs Sarah Greaves	Membership Secretary	From 20/4/23	
6				
7				
8				
9				
10				
11				
12				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
NONE	

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
NONE		

#### Name of chief executive or names of senior staff members (Optional information)

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### Section B Structure, governance and management

## Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

**Constitution**

How the charity is constituted  
(eg. trust, association, company)

**Charitable Incorporated Organisation (CIO)**

Trustee selection methods  
(eg. appointed by, elected by)

**Appointed by majority of existing trustees**

## Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Our charity sits as one of a number of voluntary sector providers alongside the commissioned service providers supporting people living with dementia in Derby and Derbyshire.

We have a wide range of policies, notably:

- Fit and proper persons declarations and eligibility declarations for trustees
- Health and Safety
- Safeguarding
- Equal opportunities
- Data protection
- A range of policies around volunteer recruitment, working and management within our group

We have working relationships with local Dementia Support providers and Carers organisations as well as with the memory support service.

Our biggest risks to continuing our work are slowdown in funding and insufficient team members (volunteers or trustees) to safely support our activities. We have been successful with grants in the past but for some years now have been currently funded exclusively by donations.

## Summary of the objects of the charity set out in its governing document

To build a supportive inclusive community to facilitate people with dementia, carers and past carers to live well with the condition by:

- Organising social and physical activities designed to hold back the symptoms of dementia. In line with expert medical opinion, staying mentally and physically active will help to improve their wellbeing.
- Providing a platform for them to network, socialise and build self-confidence so avoiding social isolation and loneliness with its accompanying risk of depression.

## Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity provides a range of social and information activities. Regular social meetings and information is provided by guest speakers, our website and our newsletter.

We hold large, very well attended social gatherings twice a month with entertainment and activities to help motivate our members to face up to their difficulties. In addition we have regular, highly subsidised excursions to places of interest. These are always very popular.

These activities are designed to avoid social isolation and to keep our members physically and mentally active in order to enable the members to live well with dementia.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Our charity relies totally on the work of volunteers. We have a Volunteer Policy and recruitment and induction procedures. All our volunteers are DBS checked every three years and have training appropriate to their volunteer role.

**Summary of the main achievements of the charity during the year**

- Membership continues to recover following the Pandemic. Members leave due to increased infirmity or escalating care needs which prevent them attending our groups. Additionally people pass away and the carers, whilst still welcome, don't always choose to continue to take part in our activities. These losses are counterbalanced by actively promoting our group at sessions run by the local health and social care sector, and along with word of mouth and through our website, we are growing the numbers of people we support.
- Monthly social meetings and excursions are fully reinstated although there is a drop off in attendance on our days out, possibly due to a loss of confidence as a result of the pandemic. We are actively rebuilding attendance numbers. Our bimonthly social meetings remain hugely popular.
- We continue to develop the activity offering at our social meetings which now includes seated musical exercise, seated yoga and musical entertainment from professional performers.
- Our credibility is well established in the wider community so that we are continually approached by other service providers who wish to attend our meetings to promote what they offer, by researchers seeking support for their work from our members and by commissioners consulting on the design of new services or seeking feedback on the performance of existing ones.
- The continuing excellent feedback we get from our members, visitors and from other providers in the dementia community, has enabled us to continue to attract significant donations. We remain in a strong financial position and we have not had to apply for any new grants in the last year. Our current finances ensure financial stability for the next 24 months at least.
- We actively encourage other groups to build on our success by imitating what we do to a greater or lesser extent, and when possible, we will support those new groups to get established.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

We aim to hold an amount equivalent to a minimum 6 months average running costs in reserve to give sufficient time to seek alternative sources of funds, should our agreed funding plan fall short for some reason (eg. a fall off in donations and grant applications denied).

### Grant applications denied). Details of any funds materially in deficit

No funds are in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principal sources of funds have been grants from such bodies as the National Lottery Awards for All Scheme.

Additionally we make representations to organisations with a view to attracting donations. This has been very successful to date.

Thanks to our members we also get individual fundraising efforts, donations and bequests.

We also have monthly small scale fundraising activities.

Our expenditure pays for coach hire and entrance fees for our excursions as well as room hire, refreshments and entertainers fees for our monthly social meeting

Our only financial investment is to place a proportion of our funds in an interest paying account which is currently under review.

## Section F

## Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr David Roberts	Mr Thomas Muldoon
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date		



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
The Hardy Group 1169563 No (if any)  
1169563

## Receipts and payments accounts

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For the period from 01-May-22 To 30-Apr-23

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations and legacies	8,016	-	-	8,016	5,611
Charitable activities	-	2,635	-	2,635	730
Fundraising and miscellaneous income	3,167	-	-	3,167	2,076
Membership subscriptions	990	-	-	990	806
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>12,173</b>	<b>2,635</b>	<b>-</b>	<b>14,808</b>	<b>9,222</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>12,173</b>	<b>2,635</b>	<b>-</b>	<b>14,808</b>	<b>9,222</b>
<b>A3 Payments</b>					
Charitable activities	-	10,394	-	10,394	1,795
Raising funds	96	-	-	96	146
Other expenditure	4,122	-	-	4,122	2,244
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>4,218</b>	<b>10,394</b>	<b>-</b>	<b>14,612</b>	<b>4,185</b>
<b>A4 Asset and investment purchases (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>4,218</b>	<b>10,394</b>	<b>-</b>	<b>14,612</b>	<b>4,185</b>
<b>Net of receipts/(payments)</b>	<b>7,955</b>	<b>(7,759)</b>	<b>-</b>	<b>196</b>	<b>5,037</b>
<b>A5 Transfers between funds</b>	<b>(7,759.00)</b>	<b>7,759</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>27,407</b>	<b>-</b>	<b>-</b>	<b>27,407</b>	<b>22,370</b>
<b>Cash funds this year end</b>	<b>27,603</b>	<b>-</b>	<b>-</b>	<b>27,603</b>	<b>27,407</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at bank and in hand	27,603	-	-
	Deposit account	-	-	-
		-	-	-
	<b>Total cash funds</b>	27,603	-	-
(agree balances with receipts and payments account(s))				

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
Dr David Roberts	Dr David Roberts	14-Mar-23
Mr Thomas Muldoon	Mr Thomas Muldoon	14-Mar-23