

# Annual Review 2022-2023



## **Contents**

Who we are	3
A message from our team	4
Our four priorities	6
Our annual review	7
Our financial performance 2022/23	8
LNWH Charity 2022/23 charitable activities	10
Patient welfare	10
Ward and department enhancements	13
Staff welfare	14
Training and education	17
Fundraising 2022/23	17
Upcoming events	19
Grant commitments 2022/23	20
Looking ahead: our goals for the future	22

Fundraising strategy	23
Working with our partners	24
Our structure, governance and management	25
Professional advisors	26
Policies and procedures	27
Trustees' responsibilities statement	31
Statement of Trustees' responsibilities in respect of the	
Trustees' annual report and the financial statements	32
Independent auditor's report to the Corporate Trustee	
of LNWH Charity	34
Annual accounts, figures and notes to the accounts	39
Thank you	64



### Who we are

London North West Healthcare (LNWH) Charity is the official dedicated charity for London North West University Healthcare (LNWH) NHS Trust, generating funds for Central Middlesex, Ealing and Northwick Park Hospitals and local community services in Brent, Ealing and Harrow.

Our charity supports LNWH NHS Trust staff in delivering exceptional healthcare by funding equipment, medical research, innovation, advanced technology, and facilities that would not normally be funded by the NHS.















## A message from our team

#### 2022 saw the start of a change of focus for LNWH Charity.

Whilst always happy to consider any area of the Trust to support, we started looking at bigger, infrastructural projects to fund. This has meant that while we still help where we can with appropriate smaller initiatives, we now deliberately seek out major funding opportunities. The reason for that is simple: our primary function is to improve the patient experience and we believe that involvement in bigger projects achieves that.

A great example of this is the Northwick and Ealing Outreach Network (NEON) project. This is a programme to help tackle health inequality in young patients admitted to adult wards. It involves youth workers from local charities visiting all 16 to 24-year-olds admitted to an adult ward in our Trust and advocating for them during and after their hospital stay. This is a ground-breaking

project that the charity was happy to fully fund for its' first year.

We regularly now attend capital planning and transformation team meetings to help us identify potential projects to explore in their planning phase, to allow us to assess suitability for Charity involvement earlier than we may have in the past.

Our primary focus as a Charity is to fulfil our objectives. Fundraising allows us to do this, and we were delighted to welcome Sofia Sheikh to our team as Head of Fundraising this year. Sofia brings a wealth of health-related and NHS fundraising experience and will be actively looking for additional staff to boost our fundraising capacity. To optimise our work activities, we have invested in a new fundraising and finance system, which will

ensure we have the best tools available to be as effective as we can be.

Additionally, we have become more involved in our staff wellbeing because our belief is that staff who are better looked after, and who have more support, provide better care for our patients. It is undeniable that COVID had a huge impact across the NHS and the continuing knock-on effects are well documented. We have agreed a three-year funding package for the Trust Wellbeing team to allow them to look after our staff, so they are better able to look after our patients.

LNWH charity makes every effort to communicate and stay connected to people who wish to show their support through donations. The charity ensures that the wishes of donors are respected as far as possible and that they are included in the process of whatever project is receiving funding. Any funding commitment from the charity is taken extremely seriously, to ensure that money is channelled in the most appropriate way to provide help where it is most needed.

Continue reading our report to find out more about LNWH Charity's drive to really add something to staff and patient experience at Central Middlesex, Ealing and Northwick Park Hospitals and our community sites.

Finally, we can never thank all the people who fundraise, volunteer, donate on the charity's behalf enough. We know we can count on numerous supporters to help us grow and develop even more and provide support to patients and staff in the Trust where it is most needed.

We greatly appreciate how you have helped us to create a better environment for patients where they can feel more at ease whilst receiving the best treatment possible at the LNWH NHS Trust.

66

We offer special thanks to all those individuals who go the extra mile to ensure that the Charity's work benefits patients and staff at our hospital and community sites in the way that it should.

22

David Jenkins - Charity Director, London North West Charity Healthcare NHS Trust **Wendy George** – Head of Charitable Funds Sofia Sheikh - Head of Fundraising





## Our four priorities



#### Improving patient and staff experience

- Better patient and visitor care and experience
- Transforming the hospital environment
- Promoting equality and diversity



#### **Equipment and facilities**

• Innovative equipment that enhances services or patient care



#### Training and education

- Staff training or specialist training for staff that would not normally be funded by the NHS but where there is evidence of need
- Innovative teaching projects



#### Research and innovation

- Quality improvement/innovation projects
- Research into the cause of diseases or disabilities and possible cures
- Transformation: better ways of working



### **Our Annual Review**

When our Corporate Trustee board and members of the Charitable Fund Committee decide on which projects to pursue, they refer to the Charity Commission's general guidance on public benefit. We aim to ensure that all projects supported by LNWH Charity aligns with our charitable aims and objectives.

During 2022/23, the charity successfully funded charitable activities worth £369,000. The funding had a significant impact on staff at our three hospital sites and community sites and demonstrated the public benefit of the charity.

This year, the highlights of LNWH Charity funding activities includes helping two vulnerable groups – younger and older people. We provided funding to support the Northwick and Ealing Outreach Network (NEON) project to assist young people undergoing clinical care and the Happiness Programme for patients with dementia.

The primary aim of the NEON project is to tackle health inequality in 16 to 24-year olds admitted to adult wards at Northwick Park and Ealing Hospitals. More details about the Neon project are featured on page 10.

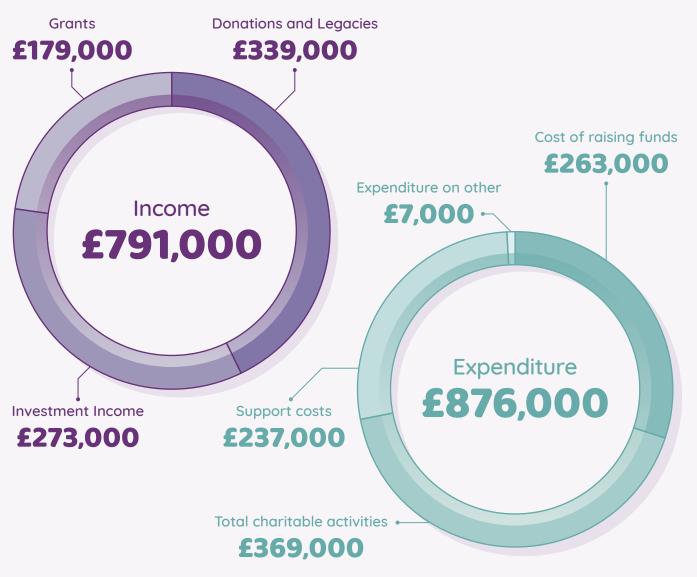
The Happiness Programme is a cuttingedge activity service that blends interactive, sensory light technology with a structured and guided training and support programme for patients who have dementia. This technology provides physical, cognitive, and social stimulation to keep users engaged and entertained. More details about the Happiness Programme are featured on page 12. We funded various staff welfare initiatives in 2022/23, including another year of the popular Virgin Global Challenge to help staff improve their physical health, mental health, and nutrition. We were the primary sponsor of the Trust's 2022 annual staff excellence awards that recognises and celebrates staff achievements and the fantastic work they do.

LNWH NHS Trust has an equal opportunities policy which applies to the charity. LNWH Charity serves all members of the public regardless of ethnicity, religion, disability, colour, race, sex, and sexual orientation. We are committed to working in partnership with LNWH NHS Trust as an addition to their services. Our charity operates by the guidelines and policies of LNWH NHS Trust to ensure maximum benefits to patients and visitors.

We are very proud to have achieved our goals, thanks to our generous supporters and donors.

Our Annual Report aims to demonstrate our charity's tangible impact on the community.

## Our Financial Performance



#### **Charitable Activities Breakdown**

Research and clinical support	£94,000
Medical equipment	£67,000
Staff training and education	£27,000
Staff welfare and amenities	£123,000
Patients welfare and amenities	£27,000
Grants awarded	£31,000
Total Charity expenditure*	£369,000

<sup>\*</sup> excluding support costs

The cost of raising funds totalled £263,000 (2021/22 £103,00) for the year ending 31 March 2023. The cost attributed to the category includes investment management fees, the annual cost of fundraising staff and interim Senior Communications Officer post, the charity's website maintenance and organisation membership fees to regulatory organisations.

Charitable activities in 2022/23 totalled £606,000, including support costs (2021/22 £824,000).

Other expenditure of £7,000 relates to audit fees for 2022/23 (£6,000 plus £1,000 VAT).

The support costs are apportioned across each activity area and included in the expenditure categories totals.

#### **Unrestricted funds**

Unrestricted funds are the general funds with no restriction on how they should be spent. LNWH Charity's unrestricted fund balance as of 31 March 2023 is £2,955million. The charity's total unrestricted funds include its reserve balance.

#### **Restricted funds**

As of 31 March 2023, the restricted funds total £5,443million and are designated for specific purposes to support various wards and departments.





£606,000

Total charitable activities, including support costs



£2,955m

Total balance of unrestricted funds



£5,433m

Total balance of restricted funds



## LNWH Charity 2022/23 charitable activities

#### Patient welfare

We're proud to have been asked to fund some extraordinary projects, that have helped improve experiences for patients and staff.

#### Neon shines a light on our young patients

Thanks to support from LNWH Charity, the Northwick and Ealing Outreach Network (NEON) launched in March this year. Since then, more than 620 young people have been offered youth worker support.

NEON is a youth worker pilot service at Northwick Park and Ealing hospitals, that aims to tackle health inequity in 16 to 24-year-old patients admitted to adult wards. Adolescent patients are often overlooked in healthcare, often falling between the gaps of paediatric and adult services.

Significant unmet needs have been found in this group which the youth workers have been able to uncover and tackle.





#### **Meet the NEON youth workers**



**Zara Khan** works in Ealing Hospital. Her background is in mental health, working with children and young people aged 5 to 18 as a mental health practitioner.

"Working with young people, I have seen how 16 to 24-year-olds do not often get the support they need and the NEON project addresses this issue and bridges the gap between physical health and mental health."



**Sandra Absolam** works at Northwick Park Hospital. Her background is with supporting women who have experienced domestic abuse and mentoring vulnerable young girls from ages 8 to 24 who may be at risk of sexual exploitation and recruitment into gangs.

"The NEON project represents how important it is that young people have a platform and are able to have a voice to get the support they need."



Watch their short video on Youtube



**Benada Cane** works at Northwick Park Hospital. Before starting as a youth worker with NEON, she worked in mainstream and special needs schools.

"Through this project young people can access services that are already available which can make a big difference in their lives."



## LNWH Charity funding brings bedside entertainment to elderly patients

The Happiness Programme, funded by LNWH Charity, brings bedside entertainment to elderly patients at Ealing Hospital in the form of a mobile interactive light show cast onto their beds.

The light projection games, which include popping bubbles, playing the piano and colouring in pictures, is designed to improve the wellbeing of people living with dementia and other cognitive conditions.





"The majority of people coming into hospital are elderly and around a quarter will have dementia. It is important we try and keep these patients stimulated and that can be challenging given how busy nurses are.

"It is lovely to see how some of the patients reacted to the games and it brings a welcome splash of colour to the wards."

Alex Lukjaniec, matron for older people and dementia services



#### Ward and department enhancements



#### Bladder scanner changes lives

When Pulse Finder volunteer Leslie Gotts spent time on Crick ward at Northwick Park Hospital as a patient, he wanted to give something back for the excellent care he received. He raised an amazing £9,500 for a new bladder scanner, and LNWH Charity stepped in to order the equipment and made sure it was on the ward as soon as possible. This portable ultrasound device provides a virtual 3D image of the bladder and helps to quickly diagnose bladder problems.

#### Hospice patients plug into pain-free world of virtual reality

Meadow House Hospice is using virtual reality technology to help its patients manage anxiety and pain, which was funded by LNWH Charity.

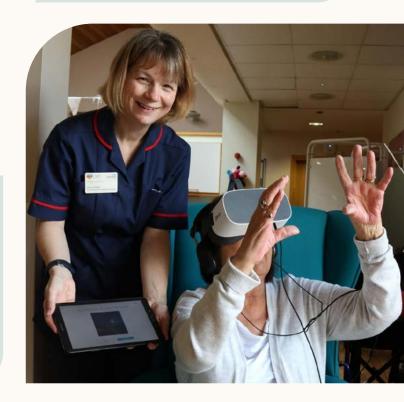
The service provides specialist palliative care and support to patients and their families in the boroughs of Ealing and Hounslow.

It has been popular with both in-house and day patients offering ten seven-minute virtual reality (VR) experiences including outer space, underwater and wildlife adventures.

"I've been into space today,
walked with penguins in the
Arctic and seen the Great Wall
of China and the Egyptian
Pyramids. It's fantastic!"

"It is primarily a distraction tool to help manage pain, relieves anxiety and aids relaxation and breathing."

Jennifer Draper, nurse





#### Staff welfare

#### Virgin Pulse Go Challenge

The challenge, to virtually walk around the world, was a huge success and saw hundreds of staff getting involved, with the support of LNWH Charity.

After a gruelling three months, the winners, team Special Ops, walked an amazing 10,136,600 steps!



"VP GO is a wellbeing challenge that harnesses the power of friendly, team-based competition to build healthy habits and drive collaboration across teams and the organisation. It combines daily wellbeing content, games playing, and personalisation of health goals that equips participants with the knowledge, tools and support needed to build new healthy habits.

"Participants were provided with various holistic mini challenges with extra bits of motivation throughout their journey, and some extra fun to keep them going."

Victoria Manning, health and wellbeing lead



**78%** of those who took part felt happier or increased social

connections



96%

of those who took part improved their physical activity levels



92%

of those who took part felt more aware of their overall health after joining the challenge



60%

of those who took part improved their ability to cope with stress



82%

of those who took part felt motivated to continue working on their health and wellbeing



#### **Wow boards**

2021 saw the launch of Wow boards across LNWH NHS Trust. Funded by LNWH Charity it was an opportunity for staff to showcase their fantastic achievements.

After its huge success and fantastic display of creativity, Wow boards returned in 2023 across the Trust, once again with the support of LNWH Charity.

Staff had the opportunity to refresh their boards with a celebration of transformation, innovation, positive patient stories, engagement with colleagues, or simply a personal goal they achieved that made them say "WOW, I did that".

Three winning boards were chosen from each of our hospital sites, which showed joint creativity and ingenuity, whilst supporting LNWH NHS Trust's vision of Quality at our HEART – whether through improving quality and equity of care, employment or support services, or building high-quality partnerships.









#### **Spreading Christmas cheer**

Spending time in hospital is never easy, but it's even harder when you're away from your loved ones at certain times of the year. And for LNWH Trust staff who must work at Christmas, it's exactly the same.

So, to say thank you, LNWH Charity teamed up with the amazing Health and Wellbeing team, to distribute mince pies and satsumas, along with their regular tea, coffee and snack treats. They certainly cheered everyone up.





#### **Staff Excellence Awards**

LNWH Charity are proud to be one of the sponsors of this annual awards ceremony. The 7<sup>th</sup> event, which hosted 600 guests, was held in July last year at Wembley Stadium.

The ceremony showcases and celebrates the vital work that staff do every day across our services and LNWH NHS Trust received almost 400 nominations from grateful patients, family members and colleagues.

Winners in 14 categories were announced on the night, including Fundraiser of the Year, Unsung Hero, Volunteer of the Year, Team of the Year and Lifetime Achievement.

This is the main staff recognition awards event for LNWH NHS Trust, and it has grown in popularity over the years with feedback from previous attendees being overwhelmingly positive.

#### Training and education

the training and education needs of LNWH NHS Trust by sponsoring over 30 staff to attend conferences and external courses so they can update their skills.

These were at no additional cost to LNWH NHS Trust's revenue budget.

The additional training helps staff to improve their skills the quality of care they provide to patients.



#### Fundraising 2022/23

#### Breast centre gala triumph

Krystel Copeland, assistant general manager for breast services was the main driver behind setting up a new breast service covering northwest London which tests and treats patients at one location and often during a single visit.

She set up a trust fund for the unit to focus on the needs of cancer survivors that are treated by LNWH NHS Trust. The launch of the centre was celebrated at a successful gala event last year, organised by Krystel, which raised an amazing £10,000!

Krystel also won a Fundraiser of the Year award at the staff excellence awards ceremony, for her commitment and dedication to fundraising for the centre.

LNWH Charity funded the event and facilitated the purchase of gala tickets.





#### Half marathon challenge

Kiran Sharma, a cognitive behavioural psychotherapist, raised an amazing £4,000 for Meadow House Hospice, when she ran her first ever Ealing half marathon recently.

"I took up exercise using the couch to 5K NHS app following some health issues and found that I loved running. It was a personal challenge for me, and I was determined to complete the half marathon to say thank you to everyone at Meadow House for the care they gave to my mother and for supporting myself and my sister. I still can't believe that I actually completed it."

Kiran Sharma





## Upcoming events

#### Transforming innovation

LNWH charity is delighted to commit £1 million towards big strategic initiatives in LNWH NHS Trust to improve the quality and equity of care, quality as an employer or support the broader health of our communities.

Staff are the heartbeat of LNWH NHS Trust so the best ideas will come from them about how this investment can help place quality at the heart of everything they do.

LNWH Trust has supported a process to hear their big ideas at the same time and then run a poll to hear about what we should prioritise.

Staff contributions will also guide future fundraising efforts, because we know there are far more brilliant ideas than this initial funding can cover. So, we look forward to hearing some great ideas.

This is an incredible opportunity to shape the future of LNWH NHS Trust and LNWH Charity are pleased to support the many projects to come.



"We are really excited by this commitment and joint working.

Our new strategy was built on staff engagement with over 2,000 individual contributions. We are looking forward to hearing ideas and seeing the benefits from this investment."

James Biggin-Lamming, director of strategy and transformation

## Grant commitments 2022/23

As of 31 March 2023, LNWH Charity has grant commitments to LNWH NHS Trust and a few of the material-approved grant commitments are highlighted below:

## Rheumatology seminar room revamp

In tribute to a retired colleague, Dr Andrew Keat, who sadly died last year, but was instrumental in raising funds to set up an arthritis centre of excellence, LNWH Charity were pleased to fund upgrade work to a teaching seminar room. The room is used for teaching doctors, medical students and LNWH NHS Trust staff and was in need of a makeover.

It has been given a new lick of paint, blinds and broken chairs have been replaced, much needed air conditioning has been installed, and old carpet updated with hard wearing vinyl. The room is now a welcoming and comfortable environment and will be renamed the Dr Andrew Keat seminar room in his honour.

## Purple Butterfly improves end of life care

When LNWH Charity were asked to support improving end of life care for patients at LNWH NHS Trust, we didn't think twice.

We funded Purple Butterfly symbols to display on wards to indicate that the death of a person is expected in the next few days or hours, to ensure that their privacy, dignity and comfort is respected.

The symbol acts as a visual aid to:

- Instil an atmosphere of quiet where people are respectful
- Ensure staff, patients and visitors are considerate in their activity (including the

- use of phones)
- Be prepared to encounter people who are grieving or who are distressed.



Alongside this initiative, our voluntary service recruited Butterfly volunteers to offer comfort to patients who are coming to the end of their life and don't have any family of friends to be with them. LNWH charity funded Butterfly volunteer lunches, the production of information leaflets for staff and families and the purchase of comfort packs and butterfly boxes for wards and chair beds/Z beds for relatives.



## Improving care for sickle cell patients

With funding received from LNWH Charity, Dr Layan Allawi set about improving the care of sickle cell patients by producing a bespoke training video. The video is now used to address the lack of knowledge and awareness about the disease amongst healthcare professionals.

It also addresses the sad story of Tyrone
Airey, who sadly died, when he didn't receive
the right treatment when he came into
hospital with a sickle cell crisis, and what
we have learned from the mistakes that
were made.



You can watch the video here

#### Keeping patients safe

Keeping infections to a minimum is imperative in hospitals, but how can we help patients to understand how important it is? With such a huge ethnically diverse population, Dr Gopal Rao, consultant microbiologist had a brainwave.

With LNWH Charity funding, he arranged for several most popular patient information leaflets to be translated into the most common languages in our Boroughs. From the importance of hand washing to the signs to look out for Norovirus and Flu, staff can now print these leaflets for patients in a variety of languages to make sure they can help keep themselves safe.



Grant commitments typically have a one-year deadline, but the charity may need to reassess the deadline due to unforeseen circumstances.

The grant commitments are not reported as liabilities on the balance sheet as of 31 March 2023.





**Implementing** 

## Looking ahead

#### Our goals for the future

Where funding is concerned, a change in direction for LNWH NHS Trust can also lead to a different approach for LNWH Charity.

The charity carefully commits reserves to specific projects, especially during changes like efficiency reviews and capital projects.

The generosity demonstrated by donors strongly influences LNWH Charity's activity.



## Fundraising strategy

Our fundraising strategy for next year is focused on increasing our donor base, diversifying our revenue streams, and improving our donor stewardship. To achieve these goals, we will be hiring a full-time fundraising officer.

The fundraising officer will develop and implement our fundraising plan, manage our donor relationships, and oversee our fundraising events. They will also work closely with our head of fundraising and wider LNWH NHS Trust team to ensure that our fundraising efforts are aligned with 'Our Way Forward' the LNWH NHS Trust strategy.

In addition to hiring a fundraising officer, we will also be implementing the following strategies:



## Increasing our online fundraising presence

by working closely with our newly appointed communications

manager. We will be investing in our website and social media platforms to make it easier for people to donate to LNWH Charity online.



## Developing new donor acquisition channels

We will be exploring new ways to reach potential donors, such

as through direct mail, email marketing, and social media advertising. We will also be working to strengthen our relationships with community partners and foundations.



## Improving our donor stewardship

We will develop a more comprehensive donor

stewardship plan to ensure we are thanking and engaging with our donors regularly.
Using our new donor management database, we can better track and manage our donor relationships.

We believe that these strategies will help us to achieve our fundraising goals for next year and beyond. We are excited to have a fulltime fundraising officer on our team, and we are confident that they will help us take our fundraising efforts to the next level.



## Working with our partners



#### **NHS Charities Together**

NHS Charities Together is a network of more than 250 charities that support NHS staff and emergency volunteers, enabling them to carry out their vital, life-saving work. LNWH Charity is a member of NHS Charities Together and can therefore apply for grants to support our great work.

#### **Development grant**

NHS Charities Together launched a development grant programme in 2022. This programme is available to member charities to support capacity building and enable them to become more robust in delivering their objectives.

We applied for funding to recruit a communications manager and £30,000 was approved in January 2023 to fund their first-year appointment. The postholder will build the foundation of LNWH charity's communications and raise their profile.

#### NHS Charities Together Stage 3 Recovery Grant Award

The Stage 3 Recovery Grant Award to support the long recovery of the NHS from COVID-19 was launched by NHS Charities Together in September 2020. The award amount was based on the number of staff at the NHS Trusts served by each member charity.

In November 2022, our application for £149,442 was approved and this funding will be used to recruit a head of staff engagement and wellbeing at LNWH NHS Trust for two years. The postholder will provide strategic

direction for the new health and wellbeing service, with the goal of creating a workplace where staff feel healthy, happy, and well.





## Our structure, governance and management

On 1 April 2015, LNWH Charity Fund No. 1083634 was placed on the Central Register of Charities.

LNWH Charity had 225 funds on 31 March 2023. Details of the kinds of funds held are displayed in the notes to accounts. The material funds are disclosed separately.

LNWH NHS Trust is the corporate trustee of LNWH Charity.

LNWH NHS Trust Board is responsible for ensuring that LNWH NHS Trust fulfils its duties as the Corporate Trustee.

## Executive director appointments 2022-23

Chief People Officer **Tracey Connage** joined the board on 12 September 2022. She replaced Phil Spivey, who left the board on 11 September 2022, having been acting in the position following the departure of Claire Gore in June.

## Non-Executive director appointments 2022-23

**Robert Alexander** 

**Ajay Mehta** 

Sim Scavazza

**Simon Morris** 

## Associate non-executive director appointment 2022-23

Huda As'ad

The Board for LNWH NHS Trust is listed here:

Chair

**Matthew Swindells** 

#### **Chief Executive Officer**

Pippa Nightingale MBE



#### **Non-Executive Directors**

Janet Rubin MBE (Vice Chair)

**Professor Desmond Johnston** 

Dr Vineta Bhalla (until 21 February 2023)

Andrew van Doorn (until 31 August 2022)

Neville Manuel (until 31 August 2022)

**David Moss** 

**Dr Syed Mohinuddin** 

Robert Alexander (from 1 September 2022)

Ajay Mehta (from 1 September 2022)

Sim Scavazza (from 1 September 2022)

Simon Morris (from 1 September 2022)

## Associate Non-Executive Directors

Kingsley Peter (until 31 August 2022)

Huda As'ad (until 31 August 2022)

**Huda As'ad** (from 1 September 2022 under the North West London Acute Provider Collaborative governance arrangements)

#### **Executive Directors**

**Simon Crawford**, Deputy Chief Executive Officer and Director of Strategy

Dr Jon Baker, Chief Medical Officer

Lisa Knight MBE, Chief Nurse

James Walters, Chief Operating Officer

Jonathan Reid, Chief Financial Officer

Claire Gore, Director of HR and Organisational Development (until 5 June 2022)

Phil Spivey, Interim Chief People Officer (until 11 September 2022)

**Tracey Connage**, Chief People Officer (from 12 September 2022)

David Searle, Director of Corporate Affairs

#### Principle office

Charitable Fund Office Level 7, Finance Department,

London North West University Healthcare

NHS Trust,

Northwick Park & St Mark's Hospital,

Watford Road,

Harrow,

Middlesex, HA1 3UJ

#### **Professional advisors**

Banker Lloyds Bank 286 Station Road Harrow Middlesex HA1 3EB Solicitor
Hempsons LLP
100 Wood Street
London
EC2V 7AN

Auditor
KPMG LLP
15 Canada Square
Canada Wharf
E14 5GL

Investment Managers
CCLA Investment
Management Limited
COIF Charity Funds
85 Queen Victoria Street
London EC4V 4ET



#### Policies and procedures

#### **Fundraising**

LNWH Charity does not use any professional fundraisers or commercial participators to organise fundraising activities on its behalf. There have been no complaints regarding its fundraising activities in 2022/23.

LNWH Charity is registered with the Fundraising Regulator and follows the independent regulator's Code of Fundraising Practice for the United Kingdom. This ensures that fundraising is respectful, honest, accountable, and open to the public and complies with Charity Commission of England and Wales guidelines. Failure to comply with fundraising standards results in LNWH Charity being reported to the Fundraising Regulator.

LNWH Charity currently undertakes no direct marketing activities. If necessary, the fundraising team will carry out these activities to ensure LNWH Charity is not unreasonably intrusive.

#### Safeguarding

LNWH NHS Trust has implemented a policy for Safeguarding Children and Adults. All LNWH NHS Trust staff must have mandatory safeguarding children and adults training to ensure they are aware of their part in protecting vulnerable people and the wider public through preventing, identifying, and responding to abuse and exploitation.

Staff employed by LNWH charity have undergone LNWH NHS Trust's training on safeguarding adults and children. Also, LNWH Charity has introduced several additional safeguarding policies related to our activities.

#### General Data Protection Regulation (GDPR) Policy

Our GDPR policy outlines our donors' rights regarding their data being held by LNWH Charity. As a charity, we collect, process, and handle the data fairly, legally, and transparently. We must get written consent from individual donors to make contact about direct marketing.

LNWH Charity's policy is not to collect more personal data about someone than would reasonably be needed for the purposes for which it was collected.

#### **Privacy policy**

LNWH Charity's Privacy Policy includes the charity website's Cookie Policy, which tells people about the personal data we might collect and use for fundraising activities. The privacy policy also gives information about the legal basis for processing personal data, how long we hold it, and users' legal rights.



## Data Protection Impact Assessment for LNWH charity and fundraising activities

The Data Protection Impact Assessment (DPIA) is a tool used to help organisations comply with data protection laws and meet the privacy expectations of individuals.

LNWH Charity's DPIA policy helps us to assess and lower any privacy risks that may arise about fundraising and charitable projects that involve the processing of personal data relating to identifiable individuals and assists us in producing efficient and effective processes for handling personal data regarding these projects.

## LNWH Charity's website terms and conditions

Terms and conditions for the access and use of funds is available on our website.

#### **Data Retention policy**

Our data retention policy ensures that all our business or operational information concerning its fundraising activity is kept only if needed.

#### Risk management

We identify and monitor risks through a formal risk assessment using a risk register. The risk register reviews our existing and proposed operational, governance and management, financial, legal, and regulatory activities. This ensures that new risks are identified. Existing risks are reviewed and eliminated if they are no longer relevant.

LNWH NHS Trust board acts on behalf of the corporate trustee and delegates LNWH Charity's most significant strategic and operational risks review to the LNWH Charitable Fund Committee.

However, LNWH NHS Trust Board is responsible for LNWH Charity's risk register.

#### **Fundraising**

Best practice, charity law, government policy, and regulations are considered significant reputational risks that can result in a breach of trust or loss of registration. The risk is mitigated by implementing policies and procedures, such as GDPR and data protection policies, auditing accounts, promptly reporting to the Charity Commission, and updating the literature, website, and membership to NHS Charities Together for policy changes.

#### Investment returns

Extra income is generated from investing cash balance, and the loss of investment income is considered a huge financial risk. The risk is mitigated by our investments being monitored regularly to detect and identify trends. Expert investment management consultants offer regular advice and frequently attend LNWH Charitable Fund Committee meetings to advise on the status of our investments.



#### **Grant distribution framework**

All internal grant applications are submitted to the LNWH Charity office for consideration. Each application is assessed, and all grant recipients must submit an end-of-grant report. Most grants are completed within a year, and a review is undertaken for more extended periods.

The LNWH Charitable Fund Committee is responsible for reviewing proposed grant applications over the value of £25,000.

External grants from LNWH Charity can be to other NHS Trust charities facilitated when a service provision at LNWH NHS Trust moves to another Trust. The charitable fund accounts for the service are transferred to the receiving organisation as a grant. They are subject to the agreement of all the Trust Boards involved.

#### **Reserves policy**

The current reserves policy for LNWH Charity specifies that LNWH NHS Trust, on behalf of the Corporate Trustee, will ensure that the unrestricted free reserves help us to run

efficiently and meet the requirements of its beneficiaries.

The charity's free reserves balance represents the total of its unrestricted funds.

LNWH Charity's current free reserves are appropriate:

- To avoid the necessity of knowing which fixed assets are held for LNWH Charity's use and to provide a pool from which funds can be directed to specific projects
- To cover the cost of LNWH Charity staff
- In the event of financial losses, cover any losses incurred by the funds, plus an extra 20%, to show any future probability of increased volatility on investments.

The LNWH Charitable Fund Committee will review the LNWH Charity's reserves policy in accordance with an agreed business plan for LNWH Charity. Reserves are being used to fund select grant projects.

As of 31 March 2023, the charity's free reserves amounted to £2.955million. The current level of reserves is sufficient to cover the areas indicated.

## Investment Policy and performance

As per LNWH Charity's governing documents and Trust Deed, the corporate trustee, LNWH NHS Trust, the board has the authority to invest in stocks, shares, investments, and property in the UK, as deemed appropriate.

A professional investment management company is handling investment matters on behalf of LNWH NHS Trust Board.

- They will invest within acceptable risk and protect the values of the portfolio (in real terms) over time
- They will achieve a growing annual income in the long term
- LNWH Charity has a discretionary fund arrangement where an investment management company manages the portfolio with complete discretion, with a duty of care and within acceptable risk under LNWH Charity's investment objectives.

Our investment managers, CCLA Investment Management, multi-asset portfolio, offers high-quality, sustainable, long-term returns.



LNWH Charity investments are held in an Ethical Investment Unit Fund designed for charities who wish to have a more extensive approach to ethical investments.

The investment units focus on delivering income with long-term capital growth.

As of 31 March 2023, the revaluation of the charity's investments produced a loss of £396,000.

Over the past 12 months, to 31 March 2023, our charity's ethical investment fund returned -2.00% compared to the comparator return of -3.97%.

The charity's deposit fund within the investment portfolio performance revealed a return of 2.05% compared to the comparative benchmark of 2.25%.

CCLA Investment Management has advised the charity that interest rates will continue to rise in 2023/24. This will result in an increase in the fund's deposit accounts yield in the coming year. However, it is important to note that these rates will remain below the inflation rate, and the eventual peak in the rate will also be below the current prevailing inflation rate.

In the financial year 2022/23, the portfolio valuation has been negatively impacted by the deteriorating global growth and inflation outlook. Elevated inflation and expectations of future interest rate increases resulted in a volatile year for equities. The Ethical Investment Fund experienced a decrease in value during the last quarter of the financial year, with a low point in March 2023.

CCLA Investment Management is alert to changing market conditions and actively responds. This active management helps CCLA Investment Management maintain focus on the charity's portfolio objectives, and they consistently manage the charity's portfolio to mitigate risks and prioritise long-term returns.

LNWH Charity's investment portfolio has increased in value during the first quarter of 2023/24.

The objectives of LNWH Charity's investment portfolio are to achieve real long-term growth in capital values and a rising income from a portfolio, managed with a clear risk control framework.

The current capital allocation of the charity's investment portfolio is as follows:

#### **Charity Portfolio Capital Allocations (%)**

Total investment	100.00
Deposit account	5.59
Ethical Investment Fund	94.41



## Trustees' responsibilities statement

The trustees produce the Trustees' Annual Report and the financial statements in accordance with laws and regulations.

The Charities Act 2011 requires the trustees to produce financial statements for every financial year. The trustees must produce the financial statements in accordance with the United Kingdom's Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law), including FRS 102, the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland.

Trustees are not supposed to approve the financial statements unless they are happy that they give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period.

In order to prepare these financial statements, trustees must:

- Select appropriate accounting policies and then apply them consistently
- Follow the methods and principles in the Charities SORP (FRS 102)
- Make judgements and accounting estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is not right to think that the charity will continue in business.

It is the responsibility of the trustees to maintain adequate accounting records sufficient to demonstrate and explain the Charity's transactions and disclose, with reasonable accuracy, that the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

Trustees are also responsible for safeguarding the assets of the Charity and also for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By Order of the Trustees
On behalf of the Corporate Trustee

M. Swindells

**Matthew Swindells** 

Joint Chair, North West London Acute Hospitals 12/12/2023



# Statement of Trustees' responsibilities in respect of the Trustees' annual report and the financial statements

Under charity law, the trustees are responsible for preparing a Trustees' Annual Report and the financial statements in accordance with applicable laws and regulations.

The trustees are required to prepare the financial statements in accordance with UK Accounting Standards, including FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland.

The financial statements are required by law to give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that period.

In preparing these financial statements, generally accepted accounting practice entails that the trustees:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards and the Statement of Recommended Practices have been followed, subject to any material departures disclosed and explained in the financial statements.
- State whether the financial statements comply with the trust deed (and rules), subject to any material departures disclosed and explained in the financial statements
- Assess the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and
- Use the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations or have no realistic alternative but to do so.

The trustees are required to act in accordance with the trust deed (and the rules) of the charity within the framework of trust law.

They are responsible for keeping accounting records which are sufficient to show and explain the charity's transactions and disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by them under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision.

They are responsible for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error and have general responsibility for taking such steps as are reasonably open to them to safeguard the



assets of the charity and to prevent and detect fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the financial and other information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



## Independent auditor's report to the Corporate Trustee of LNWH Charity

#### **Opinion**

We have audited the financial statements of London North West Healthcare Charitable Fund ("the charity") for the year ended 31 March 2023 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and related notes, including the accounting policies in note 1.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with UK accounting standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland, and

 have been prepared in accordance with the requirements of the Charities Act 2011.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) ("ISAs (UK)") and applicable law. Our responsibilities are described below. We have fulfilled our ethical responsibilities under, and are independent of the charitable company in accordance with, UK ethical requirements including the FRC Ethical Standard. We believe that the audit evidence we have obtained is a sufficient and appropriate basis for our opinion.

#### Going concern

The corporate trustee has prepared the financial statements on the going concern basis as they do not intend to liquidate the charity or to cease its operations, and as they have concluded that the charity's financial position means that this is realistic. They have also concluded that there are no material uncertainties that could have cast significant doubt over its ability to continue as a going concern for at least a year from the date of approval of the financial statements ("the going concern period").

In our evaluation of the corporate trustee's conclusions, we considered the inherent risks to the charity's business model and analysed how those risks might affect the charitable company's financial resources or ability to continue operations over the going concern period.



#### Our conclusions based on this work:

- we consider that the corporate trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate;
- we have not identified, and concur with the corporate trustee's assessment that there is not, a material uncertainty related to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for the going concern period.

However, as we cannot predict all future events or conditions and as subsequent events may result in outcomes that are inconsistent with judgements that were reasonable at the time they were made, the above conclusions are not a guarantee that the charitable company will continue in operation.

#### Fraud and breaches of laws and regulations - ability to detect

## Identifying and responding to risks of material misstatement due to fraud

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of management and inspection of policy documentation as to the charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Trustee meeting minutes.
- Using analytical procedures to identify any unusual or unexpected relationships.

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because of the nature of the income received by the charity.

Within the charities sector, auditors also consider the risk that material misstatements due to fraudulent financial reporting may arise from the manipulation of expenditure recognition. Due to the nature of the expenditure recognised by the Charity, we rebutted this risk.

We performed procedures including:

 Identifying journal entries to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.



#### Identifying and responding to risks of material misstatement due to noncompliance with laws and regulations

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general sector experience and through discussion with the directors and other management (as required by auditing standards), from inspection of the Charity's regulatory and legal correspondence and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

The potential effect of these laws and regulations on the financial statements varies considerably. Whilst the Charity is subject to many laws and regulations, we did not identify any where the consequences of non-compliance alone could have a material effect on amounts or disclosures in the financial statements.

## Context of the ability of the audit to detect fraud or breaches of law or regulation

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed noncompliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

#### Other information

The corporate trustees are responsible for the other information, which comprises the Trustee's Annual Report. Our opinion on the financial statements does not cover the other information and, accordingly, we do not express an audit opinion or, except as explicitly stated below, any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether, based on our financial statements audit work, the information therein is materially misstated or inconsistent with the financial statements or our audit knowledge. Based solely on that work:

- we have not identified material misstatements in the other information;
- in our opinion the information given in the Trustee's Annual Report is consistent with the financial statements; and
- in our opinion those reports have been prepared in accordance with the Charities Act 2011.



# Matters on which we are required to report by exception

Under the Charities Act 2011 we are required to report to you if, in our opinion:

- the charity has not kept adequate accounting records or returns adequate for our audit or have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or we have not received all the information and explanations we require for our audit. We have nothing to report in these respects.

# Corporate Trustee's responsibilities

As explained more fully in their statement set out on page 32, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view; such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error; assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and using the going concern basis of accounting unless they either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

## **Auditor's responsibilities**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue our opinion in an auditor's report. Reasonable assurance is a high level of assurance, but does not guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

A fuller description of our responsibilities is provided on the FRC's website at <a href="https://www.frc.org.uk/auditorsresponsibilities">www.frc.org.uk/auditorsresponsibilities</a>.



# The purpose of our audit work and to whom we owe our responsibilities

This report is made solely to the charity's members, as a body, in accordance with section 144 of the Charities Act 2011 (or its predecessors) and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.



Fleur Nieboer
for and on behalf of KPMG LLP, Statutory Auditor
Chartered Accountants
KPMG LLP
15 Canada Square,
Canary Wharf,
London,
E14 5GL

**13 December 2023** 



# Annual accounts, figures and notes to the accounts

## Statement of Financial Activities as at 31 March 2023

	Note ref.	Unrestricted Funds	Restricted Funds	<b>Total Funds 2022-23</b> £000	<b>Total Funds 2021-22</b> £000
Income from:					
Donations and Legacies	3.1	107	232	339	448
Investments	12.1	70	203	273	259
Grants Receivable	3.2	-	179	179	_
Total Income		177	614	791	707
Expenditure on:					
Raising funds:					
Investment management costs	4	8	23	31	31
Fundraising costs	4	56	176	232	72
Sub total-raising funds	4	64	199	263	103
Expenditure on charitable activities:					
Research and Clinical Support		18	135	153	110
Medical Equipment Purchases		18	92	110	17
Staff Training and Education		-	44	44	42
Staff Welfare and Amenities		60	142	202	107
Patients Welfare and Amenities		-	43	43	50
Contribution to Building Costs		-	-	0	99
Grants Awarded		54	-	54	399
Sub total of charitable activities		150	456	606	824

(continued on the next page)



(continued from previous page)

Expenditure on other	6	2	5	7	8
Total Expenditure		216	660	876	935
Net gains/(losses) on investments	11.1	(101)	(295)	(396)	628
Transfers between funds	9	(78)	78	-	-
Net movement in funds		(218)	(263)	(481)	400
Reconciliation of funds:					
Total funds brought forward at 31 March 2022		3,173	5,706	8,879	8,479
Total funds carried forward at 31 March 2023		2,955	5,443	8,398	8,879

The Notes 1 to 19 form part of this set of financial statements.

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.



## Balance Sheet as at 31 March 2023

	Note ref.	Total Funds 2023 £000	<b>Total at 31 March 2022</b> £000
Fixed Assets:		2000	2000
Common Investment Fund Units		7,622	8,018
Total fixed assets	11.1	7,622	8,018
Current Assets:			
Debtors	13.1	477	302
Cash held by investment managers		450	542
Cash at bank and in hand	13.2	356	77
Total current assets		1,283	921
Liabilities:			
Creditors: Amounts falling due within one year	14.1	(507)	(60)
Net current assets or liabilities		776	861
Total net assets		8,398	8,879
Funds of the charity:			
Restricted income funds	16.1	5,443	5,706
Unrestricted funds	16.2	2,955	3,173
Total charity funds		8,398	8,879

The Notes 1 to 19 form part of this set of financial statements.

The financial statements were approved by the Corporate Trustee and signed on their behalf

Jonathan Reid, Chief Financial Officer, 12/12/2023



## Statement of Cash Flow as at 31 March 2023

	Note ref.	Total Funds 2023 £000	<b>Total at 31 March 2022</b> £000
Net cash (used in) operating activities	17.1	(86)	(640)
Purchase of Investments		0	0
Dividends and Interest from Investments		273	259
Proceeds from the sale of Investments		0	0
Net cash (used in) investing activities		273	259
Increase (decrease) in cash and cash equivalents in the year		187	(381)
Cash and cash equivalents at the beginning of the year	17.2	619	1000
Total cash and cash equivalents at the end of the year	17.2	806	619

The Notes 1 to 19 form part of this set of financial statements.



# Notes to the Accounts as at 31 March 2023: Accounting Policies

## Note 1

#### 1.1 Accounting Convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice Accounting and Reporting FRS102, effective 1st January 2019 and the Charities Act 2011 and under historical cost accounting convention modified to include the revaluation of investment property and managed investments.

The charity constitutes a public benefit as defined by FRS102.

The financial statements are presented in sterling.

The statements have also been prepared in accordance with applicable United Kingdom accounting standards.

#### 1.2 Incoming Resources

All income is recognised once the charity has entitlement to the income. It is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of the amount and date of receipt.

In the event that a donation is subject to certain conditions before he charity is entitled to the funds, the income is deferred and not recognised until those conditions are fully met.

#### b) Investment Income

Investment income includes dividends and interest from investments. Interest is recognised normally upon notification of the interest paid.

Dividends are recognised once the dividend has been declared and notification of the received of the dividend due from our investment advisor.

#### c) Legacies

Legacies are accounted for as incoming resources once the receipt of the legacy becomes certain once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfiled.



#### 1.3 Resources Expended

The funds held on trust accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

The following policies address expenditure:

#### a) Charitable Activities

Costs of charitable activities comprise all costs incurred in pursuit of the charitable objects of the charity.

The charitable activities costs include direct and apportionment of support costs as shown in note 7.

## b) Trustees and Connected Persons Transactions

The Trustees and Connected Persons
Transactions, note 19, records the material
transactions undertaken between LNWH
Charitable Fund, trustees and other NHS
organisations.

Details of the transfer are shown in note 18.

#### c) Allocation of Support Costs

Support Costs have been allocated to the charitable activities. Where the costs are shared between two or more charitable activities the support costs have been apportioned between categories.

Support Costs include financial administration costs which represents expenditure incurred in the management of the charity assets.

#### d) Cost of Generating Funds

The cost of generating funds are the costs associated with generating income for the funds held on trust.

### **Investment Management Fees**

Investment fees costs represents costs incurred in relation to the management of fixed investments.

## **Fundraising Costs**

Fundraising costs is represented by associated fundraising cost in respect of establishing the charity's marketing. Salary costs for fundraising team of three

Fundraising Managers was waived by London North West Healthcare University NHS Trust in financial year 2022/23.

The associated costs include statutory audit and policy and procedure advice from professional bodies and organisations.

#### 1.4 Funds Structure

Where there is a restriction on the purpose to which a fund may be put the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

#### 1.5 Fixed Assets

Investment fixed assets are shown at market value.

The gains and losses arising from the revaluation are can be found in the Statement of Financial Activities.



## 1.6 Unrealised Gains and Losses on Investments

Unrealised gains and losses on investments are calculated as the difference between the opening market value as at 1st April 2022 and the market value of investments as at 31 March 2023.

#### 1.7 Pooling Scheme

An official pooling scheme is operated for investments relating to the following funds:

- London North West Healthcare Charitable Fund
- Central Middlesex Hospital Charitable Fund
- Northwick Park Hospital General Charitable Fund
- Heartbeat 2000
- Respiratory and Research Fund
- London North West Healthcare Expendable Common Investment Fund
- St Marks Hospital
- Northwick Park Hospital -Older People Services Fund
- Ealing Hospital Charitable Fund
- Childrens Centre Fund
- Margaret Emily Tristram Bequest

The Scheme was registered with the Charity Commission on 23/11/00 updated following the charity merger on 1st April 2015.

#### 1.8 Taxation

As a registered charity, London North West Healthcare Charitable Fund is exempt from taxation of its income and gains falling within Section 505 Income and Corporation Taxes Act 1988 or section 256 Taxation of Chargeable Gains Act 1992, to the extent that these are expended on it's charitable objects.

No tax charge has thus arisen in the year.

#### 1.9 Going Concern

Following a review of London North West Healthcare Charitable Fund Reserves, committed expenditure and income forecast, from a period of at least one year from the approval of the financial statements.

London West Healthcare Charitable Fund has adequate resources to continue in operational existence for the foreseable future. London North West Healthcare Charitable Fund adopt the going concern basis in preparing its financial statements.

1.10 Significant Judgement and Estimates In the course of preparing these financial statements no significant judgements and estimates have been made.

#### 1.11 Grant Commitments

The London North West Healthcare
Charitable Fund provides grant funding to
the London North West University Healthcare
NHS Trust to support the delivery of care
to patients and service users in line with
our charitable objectives.

A grant commitment is recognised when London North West Healthcare Charitable Fund has expressed its intention to award a grant.

As at 31 March 2023, the London North West Charitable Fund have grant commitments to London North West University Healthcare NHS Trust totalling to £135,274.



## London North West Healthcare Charitable Fund Grant Commitments 2022/23

Grant Commitment 2022/23	Grant Commitment Time frame	<b>Conditions of Grant Commitment</b>	Grant Commitment funded by
Microbiology and Infection Control Translation of Patient Information Leaflets	One year Commitment	None	Microbiology Fund
Learning and Organisational Development Backcare Week	One year Commitment	None	Unrestricted Fund
Pallative Care Purple Butterfly Project	One year Commitment	None	Unrestricted Fund
Rheumatology Seminar Room	One year Commitment	None	Arthritis Fund
Clinical Genetics-Decipher Database Research Project	One year Commitment	None	Unrestricted Fund
Older People and Dementia Happiness Programme	One year Commitment	None	Unrestricted Fund
Sickle Cell-Simulation Training (Film production)	One year Commitment	None	Sickle Cell Fund
Staff Welfare WOW Board Competition	One year Commitment	None	Unrestricted Fund
Oral and Maxillofacial Surgery Othodontic Study Day	One year Commitment	None	Dental Fund

Grant commitments are typically given a one-year timeframe for completion, but unforeseen circumstances may arise that necessitate the charity to re-evaluate the grant commitment timeline.

The grant commitments of £135,274 are not reported as liabilities on the balance sheet dated 31st March 2023.



# Prior year comparatives by type of fund

The SOFA provides prior year comparatives by type of fund in total; this note provides prior period comparatives for the Statement of Financial Activities and Balance Sheet for each of the fund types the London North West Healthcare Charitable Fund manages.

## 2.1 Unrestricted funds - Statement of Financial Activity for the year end 31 March 2023

2023	2022
£000	£000
107	164
70	66
177	230
(64)	(24)
(150)	(242)
(2)	(2)
(216)	(268)
(101)	159
(39)	(38)
(78)	-
(218)	121
3,173	3,052
2,955	3,173
	£000  107  70  177  (64) (150) (2) (216) (101) (39) (78) (218)



### 2.2 Unrestricted Fund - Balance Sheet as at 31 March 2023

	<b>2023</b> £000	<b>2022</b> £000
Fixed Assets:		
Common Investment Fund Units	2,668	2,884
Total fixed assets	2,668	2,884
Current Assets:		
Debtors	70	69
Cash held by investment managers	162	195
Cash at bank and in hand	196	28
Total current assets	428	292
Liabilities:		
Creditors: Amounts falling due within one year	(141)	(3)
Net current assets / (liabilities)	287	289
Total net assets or liabilities for unrestricted funds	2,955	3,173
Total unrestricted funds	2,955	3,173

## 2.3 Restricted funds - Statement of Financial Activity for the year ended 31 March 2023

Tor the gear ended 31 March 2023	2023	2022
	£000	£000
Income from:		
Donation and Legacies	232	284
Investment Income	203	193
Grants Receivable	179	-
Total Incoming resources	614	477
Expenditure on:		
Cost of raising funds	(199)	(79)
Charitable Activities	(456)	(582)
Other - Governance	(5)	(6)
Total expenditure	(660)	(667)
Net gains/(losses) on investments	(295)	469
Net income/(expenditure)	(46)	(190)
Transfers between funds	78	-
Net movement in funds	(263)	279
Reconciliation of funds:		
Total Funds brought forward	5,706	5,427
Total funds carried forward at 31 March 2023	5,443	5,706



## 2.4 Restricted funds - Balance Sheet as at 31 March 2023

2023	2022
£000	£000
4,954	5,134
4,954	5,134
407	233
288	347
160	49
855	629
(366)	(57)
489	572
5,443	5,706
5,443	5,706
	£000  4,954  4,954  407  288  160  855  (366)  489  5,443



## 3.1 Donations and Legacies

	Unrestricted Funds £000	Restricted Funds £000	<b>Total 2022-23</b> £000	<b>Total 2021-22</b> £000
Donations and Legacies	107	232	339	448
Total	107	232	339	448

Legacy income is only included where receipt is reasonably certain and the amount is known with certainity, or the legacy has been received.

### 3.2 Grants Receivable

	Unrestricted Funds £000	Restricted Funds £000	<b>Total 2022-23</b> £000	<b>Total 2021-22</b> £000
Grants Receiveable	-	179	179	-
NHS Charities Together Grant Stage 3 and Charity Development Grant	-	-	-	<u>-</u>
Total	-	179	179	-



## Expenditure on raising funds

	Total Costs 2023 £000	Total Costs 2022 £000
Investment Management Costs	31	31
Fundraising Costs	232	72
Total	263	103

## Note 5

## Support Costs

The staff costs are included in Support Cost note 6.1. London North West Healthcare University NHS Trust employs individuals to administer the charity. The staff costs are accounted for on an accrual basis, and are recharged from London North West University Healthcare NHS Trust.

The total number of employees employed by London North West University Healthcare NHS Trust to administer the charity is four. The support costs include an element of employer pension contribution to the NHS superannuation scheme which is being paid by London North West University Healthcare NHS Trust.

The number of total employees who earned more that £60,000 during the year was one. The key management personnel Head of Charitable Fund 2022/23 renumeration totalled £65,262, excluding employees on-costs.



## Analysis of Support Costs

## **6.1 Apportionment of Support Costs**

Apportionment of Support Costs across Charitable Activities fund movements	Research and Clinical Support	Medical Equipment Purchases	Staff Training and Education	Staff Welfare and Amenities	Patients Welfare and Amenities	Contribution to Building Costs	Grants Awarded	Total Allocated
	000£	£000	£000	£000	£000	£000	£000	£000
Support Costs	59	44	17	80	16	0	21	237
Total	59	44	17	80	16	0	21	237

## Note 7

## Analysis of Expenditure on Charitable Activities

	Activities Undertaken £000	Support Costs £000	<b>Total 2022-23</b> £000	<b>Total 2021-22</b> £000
Research and Clinical Support	94	59	153	110
Medical Equipment Purchases	67	44	111	17
Staff Training and Education	27	17	44	42
Staff Welfare and Amenities	123	80	203	107
Patients Welfare and Amenities	27	16	43	50
Contribution to Building Costs	0	0	0	99
Grants Awarded	31	21	52	399
Total	369	237	606	824



## 7.1 Analysis of Grants

Grants Awarded	<b>2022-23</b> £000	<b>2022-23</b> £000	<b>2021-22</b> £000
Grants awarded were as follows:			
Grants External from LNWH Charitable Fund			
Neon Project			
-Plias Resettlement	54	54	399
-Ignite Youth Trust			
Total	54	54	399

## Note 8

## Changes in Resources Available for Charity

	Unrestricted Funds £000	Restricted Funds £000	<b>Total Funds 2022-23</b> £000	<b>Total Funds 2021-22</b> £000
Net movement in funds for the year	(218)	(263)	(481)	400
Total	(218)	(263)	(481)	400



## Transfer Between Funds

	Transfer	Transfer	Amount	Amount
	From Fund £000	To Fund	£000	£000
General Fund	(78)	Various	78	-
Total	(78)		78	-

## Note 10

## Auditor's Remuneration

The auditor's renumeration costs of £5,700 plus VAT (2022: £5,000), are included in other expenditure and is related soley to the audit with no other additional work undertaken.



## Fixed Asset Investments

## 11.1 Movement in fixed asset investments

	<b>2023 Total</b> £000	<b>2022 Total</b> £000
Market Value brought forward	8,560	7,509
Add: additions to investment at cost	8	800
Less disposals at carrying value	(100)	(377)
Net losses/gains on revaluation	(396)	628
Market Value at 31st March	8,072	8,560
Historical Cost at 31st March	4,322	4,322

## 11.2 Fixed asset investments

	2023 Total Held in the UK $\pounds000$	<b>2022 Total Held in the UK</b> £000
Investments in Common Investment Fund	7,622	8,018
Cash Held as part of the investment portfolio	450	542
Total	8,072	8,560



## Total Gross Income from Investments and Cash on Deposit

### 12.1 Income from Investments

	2023 Total Held in the UK	2023 Total	2022 Total
	£000	£000	£000
Investments in Common Investment Fund	273	273	259
Total	273	273	259

## Note 13

## Analysis of Current Assets

## 13.1 Analysis of Debtors

	2023 Total	2022 Total
	£000	£000
Other Debtors	477	302
Total	477	302



### 13.2 Cash at bank and in hand

	<b>2023 Total</b> £000	<b>2022 Total</b> £000
Cash at bank and in hand	356	77
Cash held by investment managers	450	542
Total	806	619

## Note 14

## Analysis of Current Liabilities and Long Term Creditors

## **14.1** Analysis of Creditors

	<b>2023 Total</b> £000	<b>2022 Total</b> £000
Trade Creditors	7	22
Amounts owed to London North West University Healthcare NHS Trust	422	9
Other Creditors	78	29
Total	507	60



## Analysis of principal SoFA components for previous reporting period

## 15.1 Analysis of principal SoFA component 2021/22

	Unrestricted	Restricted	London North West Healthcare Charitable Fund Total
	£000	£000	£000
Total Income	230	477	707
Total Expenditure	(268)	(667)	(935)
Net income/(expenditure)	(38)	(190)	(228)
Other Gains/(losses)	159	469	628
Transfer Between Funds	-	-	<u>-</u>
Net movement in funds	121	279	400
Total Funds brought forward	3,052	5,427	8,479
Total Funds carried forward	3,173	5,706	8,879



## 15.2 Analysis of net assets as at 1st April 2022

	Unrestricted	Restricted	1st April 2022 London North West Healthcare Charitable Fund	
	£000	£000	£000	
Common Investment Fund Units	2,884	5,134	8,018	
Debtors	69	233	302	
Cash held by investment managers	195	347	542	
Cash at bank and in hand	28	49	77	
Creditors	(3)	(57)	(60)	
Net Assets	3,173	5,706	8,879	
Represented by:				
Unrestricted Funds			3,173	
Restricted Funds			5,706	
Total Funds			8,879	



## Analysis of Charitable Funds

## 16.1 Restricted Funds

	Balance 31st March 2022 £000	Incoming Resources £000	Resources Expended £000	Transfers	Gains and Losses £000	Balance 31st March 2023 £000
		2000		2000		2000
A. Meadow House Hospice	1,288	201	(192)	=	(68)	1,229
B. Children Centre Fund	243	10	(20)	-	(13)	220
C. Regional Rehab Unit	170	6	(29)	-	(8)	139
D. Arthritis Centre Fund	92	4	(6)	-	(5)	85
E. Cancer Support Trust	214	10	(14)	-	(11)	199
Others (212)	3,699	383	(399)	78	(190)	3,571
Total	5,706	614	(660)	78	(295)	5,443

## 16.2 Unrestricted Funds

	Balance 31st March 2022 £000	Incoming Resources £000	Resources Expended £000	Transfers £000	Gains and Losses £000	Balance 31st March 2023 £000
A. Covid 19 Appeal Fund	453	16	(73)	-	(23)	373
B. Northwick Park Hospital General Fund	444	45	(40)	(78)	(22)	349
Others (6)	2,276	116	(103)		(56)	2,233
Total	3,173	177	(216)	(78)	(101)	2,955



#### 16.3 Detail of Material funds-Restricted

Name of Fund	Description of the nature and purpose of each fund
A. Meadow House Hospice	To support and promote patient welfare
B. Childrens Centre Fund	To raise funds for the Childrens Centre
C. Regional Rehab Unit	General RRU Fund (General/Staff Education and Training)
D. Arthritis Centre Fund	Departmental Fund to support Arthritis clinical service
E. Cancer Support Trust	To build, equip and maintain the Northwick Park Hospital Cancer Unit

#### 16.4 Detail of Material funds-Unrestricted

Name of Fund	Description of the nature and purpose of each fund
A. Covid 19 Appeal Fund	To support staff health and wellbeing
B. Northwick Park Hospital General Fund	To provide services and amenities for Northwick Park Hospital

Following subsequent NHS Trust mergers London North West Healthcare Charity Fund received unrestricted funds for each of the merged Trusts.

The unrestricted funds received are not restricted to any particular charitable purpose.

There is no specific donor request on record for the unrestricted funds held.

All the unrestricted funds have remained witihin the original fund accounts and have been used to fund charitable activities that have met the aims and objectives of the charity.



## Notes to Cash Flow Statement

## 17.1 Reconciliation of net movement in funds to net cash flow from operating activities

	<b>31</b> st <b>March 2023</b> £000	<b>31</b> st <b>March 2022</b> £000
Not become /Fynanditure		400
Net Income/Expenditure	(481)	
Add: Losses on Investments	396	(628)
Deduct: Dividends and Interest from investments	(273)	(259)
Increase in Debtors	(175)	(87)
Increase/(Decrease) in Creditors	447	(66)
Total	(86)	(640)

## 17.2 Analysis of cash and cash equivalents

	<b>31st March 2023</b> £000	<b>31</b> st <b>March 2022</b> £000
Cash in hand and at Bank	356	77
Cash held by investment managers	450	542
Total Cash and Cash Equivalents	806	619



## Notes to Cash Flow Statement

During the year none of the Trust Board or members of key management staff have undertaken any material transactions with London North West Healthcare Charitable Fund.

#### **Capital and Revenue Payments**

The charitable trust has made revenue and capital payments to the London North West University Healthcare NHS Trust to the value of £143,984.

See note 18.2, there has been no other payments and transactions between London North West Healthcare Charitable Fund and the above mentioned NHS Trust.

#### 18.1 Trust Board Renumeration

No expense or remuneration has been received in the year by members of the London North West University Healthcare NHS Trust Board in respect of activities related to the charitable fund (2022:£nil)

#### 18.2 Trustee and Connected Persons Transactions

Name of party involved, a description of the transaction and description of nature of the relationship.	Amount 2022-23 000£	Amount 2021-22 000£
London North West University Healthcare NHS Trust recharges to London North West Healthcare Charitable Fund	143,984	419,594
London North West Healthcare Charitable Fund repayment from London North West University Healthcare NHS Trust	0	182,891
Total	143,984	602,485
Name of party involved, a description of the transaction and description of nature of the relationship.	Amount 2022-23 000£	Amount 2021-22 000£
Balance Owed to London North West University Healthcare NHS Trust	422,321	9,437
Balance Owed to London North West Healthcare Charitable Fund	297,758	297,758
Total	720,079	307,195

## Note 19

## Trustee indemnity insurance

Trustee indemnity insurance was not obtained.



# Thank You!

We say a huge thanks to every donor and supporter for your generous contributions.

We really appreciate you helping us to significantly enhance the experiences of patients and staff at all three of our hospitals and community sites.



If you would like to know more about our work, the impact we have made, and how our funding has been utilised, you can view our achievements at Inwhcharity.org.uk or contact the fundraising team on 020 8869 3367.

- @LnwhCharity
- www.facebook.com/LNWHC
- Inwhcharity.org.uk