

## CHAIRMAN'S REPORT YEAR END 2022

The RSYC Trust is the Club's own charity, which places young people at its centre.

*The charity was established in 2016 to promote the advancement of amateur sport, in particular the provision of facilities and equipment, including the awarding of grants to enable and encourage participation in sailing and associated activities for the benefit of the public in the south of England.*



To make such a wide remit more manageable, we have chosen to focus on providing on-the-water activities for disadvantaged young people, principally young carers in Hampshire. Our underlying objectives are education and wellbeing based: offering new skills, helping over 150 young carers each year to grow in confidence and resilience and improve their mental health and wellbeing by being active.

The charity, which is run by a small group of trustees, chaired by past Commodore Brian Hinde, meets regularly throughout the year to plan, and coordinate a broad programme of water sports and supporting activities, which take place in the school holidays from Easter through to September. These include instructor-led taster and training sessions leading to certification, activity days, national opportunities e.g., Tall Ships, and new in 2023, a regatta to mark the end of the summer season. We are also fortunate to have the active support of our patron Nigel Atkinson, HM Lord Lieutenant of Hampshire

### Young carer focus

Young carers are children and young people aged 8-19 who care for a family member with a long-term illness or disability; this could be a parent or sibling. The impact of being a young carer is profound as children as young as eight takes on the practical and emotional caring that most of us only take on as adults. Furthermore, this demanding role means that they are often not able to take part in after school activities and clubs and be carefree in the way we would want young people to

### Summer programme

Throughout the summer we offer a range of different activities to suit young people at all stages of confidence in and around the water. This year we ran four water activity days at Gins. These days were designed to give young people a well-earned break and greater confidence on the water. Activities included sailing, kayaking, paddleboarding, raft building, river trips and crabbing. The children all had an amazing time, and we cannot thank our happy band of over 40 amazing volunteers including members old and new and their friends for making these days so special!

We put a high premium on the concept of progression: we want to support young carers to be the best they can be. This means that we encourage them to develop their new skills and take nationally recognised proficiency qualifications. Many young carers who first joined us in 2018 have developed their sailing skills and moved on to the RYA Youth Sailing Scheme.

### Partners

We are pleased to work in partnership with two local sailing organisations, which provide the expert instructors and facilities: SWAC (Southampton Water Activities Centre) and Spinnaker Sailing Club (Ringwood). We also work closely with young carer organisations in Winchester, Romsey, the New Forest, and Southampton.

### Funding and sponsorship

At the beginning of the year, we were feeling despondent with little money left to support our activities but due to the hard work of the Trustees, especially Jan who has applied for a staggering number of grants. Margaret Roper's idea to ask for donations to celebrate volunteering for the King's Coronation celebration, the 50:50 club and our Duck Races we have raised just over £20,000. This has enabled us to provide over 170 courses and certificated courses to Young Carers including dinghy sailing, paddleboarding, Kayaking and windsurfing. Our funding also pays for equipment including protective head gear, buoyancy aid and wet suits.

Our biggest challenge now is to replace the aged two- and three-man dinghies at Gins. We would like to buy three RS Quests which could also be borrowed by members at the club to encourage families and friends to get on the water and try something different.

**RYSC TRUST ACCOUNT**  
**STATEMENT OF RECEIPTS AND PAYMENTS**  
**FOR THE YEAR ENDED 31st December 2022**

<b><u>INCOME</u></b>	<b>Restricted £</b>	<b>Unrestricted £</b>	<b>2022 £</b>
Grants	295	4,229	4,524
50/50 Club		1,538	1,538
Donations - Individual Donations		2,697	2,697
- Other Amazon Smile		539	539
Fundraising		1,399	1,399
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	295	10,402	10,697
<b><u>Payments</u></b>			
Grants payable			
Working Replacements	210	24	234
Fund Raising		1,389	1,389
Charitable activities		11,425	11,425
Overheads		180	180
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		13,017	13,227

### **Statement of Assets and Liabilities**

Current bank account balance as at 1/01/2021	£10,866.90
Current bank account balance as at 31/12//2022	£8,336.43

No other funds or capital items are held by the Trust and there are no debts, or funds owed or owing