

Company number: 07282497
Charity Number: 1144447

IMO Charity

Report and financial statements

For the year ended 31 March 2023

IMO Charity

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IMO CHARITY

ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2023



Foreword

The Trustees of IMO Charity (IMO) present the Annual Report and Financial Statements for the year ended 31 March 2023. They have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (FRS 102).

Reference and Administrative Details

The principal office of the charity is:

Unit 11 Business Development Centre
Eanam Wharf
Blackburn
Lancashire
BB1 5BL

Contact:

Stephen Jones, Chief Executive Officer
Mohammed T Sidat, Director of Operations

Charity Reg No: 1144447

Company Reg No: 07282497

Trustees

In the year ended 31 March 2023 the following people served as Trustees (T). For the purposes of company law the named Officers are also Directors as indicated:

Chairperson & Director (T)	Dr Qamar Khan
Secretary & Director (T)	Afshan Akhtar
Treasurer & Director (T)	Shahid Vali Patel
Non-Executive Director	Christine Seddon
Non-Executive Director	Michael Wedgeworth
Non-Executive Director	Stephen Jones (appointed 1st March 2023)

All of the Trustees were in post for the 12-month period to 31st March 2023 except where indicated.

Bank

HSBC
60 Church Street
Blackburn
Lancashire
BB1 5AS

Accountants

H&A Consultancy Services Ltd
Ground Floor Front
185 Audley Range
Blackburn
Lancashire
BB1 1TH

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Structure, Governance and Management

The Charity was established in 2006 as a community organisation and registered with the Charity Commission and Companies House on 14th June 2010. Its memorandum and articles were last amended by special resolution on 13th April 2021. The company members liability is limited to £10 and the governing document is the Memorandum and Articles of Association.

The Board of Trustees remain responsible for the overall governance, management and control of the charity. Day to day management is delegated to the Chief Executive Officer and Director of Operations who report to the Board, both at Board meetings and regularly through line management meetings.

Recruitment and Appointment of the Board of Trustees

In order to comply with the current Memorandum and Articles of Association a minimum of three Trustees must be appointed. There is no maximum stated. Prospective Trustees may approach the Board personally or may be recommended by a current member.

Further details of the recruitment process and responsibilities are available in the Memorandum and Articles of Association. The Board demonstrates a variety of skills and experience in keeping with the objectives of the charity and the need for expert governance. Skill requirements are monitored, and additional Trustees proactively sought if and when required.

Risk Management

The major risks to which the Charity is exposed have been identified and considered. They have been reviewed and systems established to mitigate those risks. The Trustees continue to review and identify risk and to respond accordingly using a managed approach.

Reserves Policy

It is the opinion of the Board of Directors at the IMO; it should hold financial reserves because:

- I. I. It requires protection against the ability to continue operating despite a significant delay in income streams;
- II. II. It requires protection should the IMO lose significant income/funding or have to cease its operations and fulfil contracted obligations;
- III. It requires protection against general business risks, fluctuations in income streams and unforeseen costs;
- IV. It may require funds to restructure or finance future growth and development.

The definition of financial reserve for this purpose is the amount of unrestricted reserves not invested in fixed assets.

The Board of Directors at IMO believe that an appropriate level of reserve for the IMO is £187,400 equivalent to 4 months' salary cost. This is reviewed annually.

An annual review of reserves will be carried out in order to:

- Current reserves held with current policy level
- Ensure the reserves level requirement continues to be appropriate after consideration of all financial risks and current/future plans
- Ensure current budgets and future financial plans remain consistent with the reserves policy

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Objectives and Activities

Our main aim is to work with and enable communities to improve their quality of life and enable them to become more resilient.

IMO's core values are:

- a) Passion for our work
- b) Respect for the people we serve and work with
- c) Accountability
- d) Teamwork
- e) Knowledge
- f) Action
- g) Equality and diversity

Income received by the Charity is accepted, held and administered for the purposes for which it was given.

The charity will act as a resource to support young people, women, families and other sections of the community by providing advice and assistance and organising programmes of physical, educational, well-being and other activities as a means of achieving the following:

- a) advancing in life and helping people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) advancing education;
- c) relieving unemployment;
- d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;
- e) To assist in the non-clinical treatment and care of persons suffering from mental or physical illness of any description, by the provision of education, practical advice and tailored support.

In order to support these objectives IMO offers a variety of activities, services and interventions for the community of Blackburn with Darwen. Its core purpose is to engage and support young people, their families, community and any entity which may impact upon those young people. IMO works to enable them to overcome the disadvantages and challenges that they may face to become the best version of themselves, to create aspiration and to support them in achieving their hopes and dreams.

The three core strands used to equip the community with the skills, motivation and resilience to achieve these goals are:

- Community Development and Resilience
- Education and Employability
- Health and Wellbeing

The Review of Charitable Activities includes further information relating to IMO's work.

Public Benefit

The Trustees have a duty to comply with Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit. The Trustees consider the aims, objectives and activities of the Charity and compare these with the achievements and outcomes of the various programmes. Furthermore, reviewing the benefits brought to the public the Charity seeks to help by implementing each key activity. The Trustees have referred to the Charity Commission's guidance on public benefit in undertaking the public benefit duty.

The Trustees can confirm that the Charity has fulfilled the public benefit requirement and that this requirement is strongly embedded within the policies and procedures of the organisation.

Trustees' Responsibility For The Financial Statements

The Board of Trustees is charged under charity and corporate law to prepare the Trustee's Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards, including FRS102.

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. Best practice includes:

- Selecting suitable accounting policies and applying them consistently
- Making judgements that are reasonable and prudent
- Stating whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures from those being disclosed and practice have been followed
- Preparing the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation
- Keeping proper accounting records which disclose with proper accuracy, at any time, the financial position of the Charity. They must also enable the Trustees to ensure that the financial statements comply with the requirements of the Charities Act 2011, the applicable Charities (accounts and reports) regulations and the provisions of the Memorandum and Articles of Association
- Safeguarding the assets of the Charity by taking reasonable steps in the prevention.

The Board of Trustees confirms that it has met the responsibilities accorded to it and complied with the requirements for preparing the accounts. The financial statements included in this report have been compiled from, and are in accordance with, the financial records maintained by the Charity.

Signed on behalf of the Board by:

A. Khan



Dr Qamar Khan
Chairperson & Director (T)

Afshan Akhtar
Secretary & Director (T)

Date: 19 December 2023

Chair Message

I am pleased to introduce our Annual Report for 22/23, as ever, a comprehensive overview of the remarkable work IMO has accomplished over the past year. This report reflects the inspiring commitment of our colleagues to make a positive difference in the lives of those who need it the most.

As I look back over the year, IMO has risen effectively and powerfully to the challenge bringing to the fore the issues in our community which are multifaceted. Educational and technological disadvantage, extreme anxiety, mental and physical health issues, food poverty and substance abuse are just a few of the challenge's children, young people and adults are having to cope with. IMO never ceases to be amazed by the creativity, commitment and generosity of our supporters and partners and IMO is so grateful to them all. What unites us is the ambition to do as much as possible to support children, young people and adults, vulnerable or severely disadvantaged individuals in our community who face challenges in their lives. Their courageous and inspiring journeys have united and inspired us all in facing and stepping up to help, support and make a real difference to their lives. The report is a testament to the dedication and commitment of our staff and volunteers to ensure that every person is supported with their multi-faceted challenges. It is both inspiring and humbling to see our charity's meaningful impact across the areas we work.

One of the key factors contributing to our success this year has been our dedication to collaboration. By forging strong partnerships with other charities, statutory partners, our communities and our clients, we can amplify our impact and achieve more sustainable outcomes. Collaborative efforts and partnership working with the Voluntary, Community, Faith and Social Enterprise Alliance, the National Health Service, the Integrated Care Board, alongside Local Authorities and more, has enabled shared learning and opportunities to pool resources, share knowledge, and implement innovative strategies that tackle complex challenges head-on. Together, we have been able to make a tangible difference in the lives of many people.

In line with our commitment to continuous improvement and innovation, IMO has entered into exciting partnerships with others for example Impetus to fundamentally examine and introduce new services to tackle long standing and life changing challenges for the most vulnerable in our community. By listening, promoting a genuine commitment to co-operation and closely observing the needs of our communities, we identify gaps in our services and develop dynamic solutions and provide tailored support responsive to the needs of the community we serve.

Despite the challenging funding environment, IMO has continued to grow in strength and mature as an organisation. With the support of our partners IMO has served its community with resilience, humour and humility. There appears to be little indication that these challenges will abate in the near future and IMO recognises that our responsibilities towards supporting the community will grow. Moving forward our actions must address the most urgent needs of the neediest and this may necessitate prioritising actions and looking at longer-term interventions. IMO continues to look for partnership opportunities and more efficient ways of working and reducing costs whilst improving the offering for our beneficiaries. IMO recognises the extremely challenging fundraising environment, however the knowledge that there are so many needy and disadvantaged individuals in our community will only inspire and drives us. The Board of trustees and the Executive team have carefully reflected on a response to these challenges and refreshed strategies.

IMO is extremely fortunate to have loyal and resilient volunteers, without whom we could not operate. My heartfelt thanks go out to them and to our dedicated staff who work tirelessly from within the community. I must not forget the part played by my fellow Trustees who are also volunteers and who help to make my job so much easier.

IMO CHARITY

REVIEW OF CHARITABLE ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023



On behalf of the charity, I would like to thank all our supporters for their efforts and contributions. It is humbling, awe-inspiring and so powerful to see the real difference we've made to the lives of our beneficiaries in these really challenging times. IMO is so grateful for the continued support which has and will enable us to change the lives across our community.

Qamar Khan

Chair

CEO Message

Welcome! It's a privilege for me to introduce IMO Charity's Annual Report for 2022/23.

Over the course of the last few years, we have faced several challenges as the country continues to recover from the COVID-19 pandemic and the increased cost of living, both of which affect those who access our services and our staff.

However, during this time, we have also had many successes and we have remained committed to our mission; that is of course testament to the hard work and dedication of our trustees, staff and volunteers.

This report provides a snapshot of some of these achievements, and a reminder of why we do what we do. I would like to thank our trustees, staff, volunteers and partners for continuing to strive to do more.

As you can see, over the last year we have extended our impact within our three strands, increased the volume and scale of our work, whilst also critically improving the quality of our services. This is evidenced by IMO Charity achieving reputable awards during the year.

As a new CEO, I remain immensely proud of the impact which IMO Charity continues to have, and I hope that in reading this report you can see just a small glimpse of what makes IMO Charity the unique and exciting organisation that it is.

Mohammed T Sidat MBE

Chief Executive Officer

Review of Charitable Activities 2023

Community Development & Resilience

The Community Development & Resilience strand at our organisation provides enriching activities for children and young adults, especially those from vulnerable areas. Our goal is to make a positive impact on the future generation. Over the past year, we have worked tirelessly to engage young people through projects and weekly sessions open to all. Across the various youth-focused initiatives run this past year, we have successfully reached over 2,223 participants. This engagement has been crucial for supporting these children and teens, as well as cultivating their skills and resilience. We remain dedicated to nurturing our community's youth.

The following are some of the projects included in the Community Development & Resilience strand:

1. Community Buddies
2. Madrassah Work
3. Targeted Community Physical Activity Programme
4. Youth Connect
5. Madrassah Cooking Project
6. Youth Offer

Youth Offer

IMO's Youth Offer is a provision for 5-16-year olds aiming to support young people with skills and knowledge to develop their self-confidence, resilience and team building. The groups are split according to age and sessions are held weekly where various enrichment activities are on offer.

Across the groups we have successfully been able to work with 344 young people over the past year. This year our Infant and Junior group have worked on the following skills: creativity, innovation, entrepreneurship, responsibility, teamwork, collaboration, problem solving and communication.

Our youth programs cultivated leadership and teamwork skills among participants through an exciting hands-on project. Each week, young people directly led plans for a family fun day event by brainstorming ideas for activities, merchandise, and pricing. This collaborative planning fostered creativity and responsibility.

On March 11th, their vision came to fruition with a highly successful community event attended by over 200 youth, parents, and families. Attendees enjoyed games, refreshments, activities, and time connecting with one another. Through their homemade crafts and treats, our young leaders raised an impressive £400 to support future program activities.

This youth-led initiative provided a rich learning experience in leadership, collaboration, and community engagement. Participants gained practical skills in planning, budgeting, and executing a large-scale event. Moving forward, we hope to implement more opportunities for youth to envision and spearhead projects amplifying their voices.

Youth Connect

This past year, our organisation ran a youth mental health program aimed at building resilience, knowledge, and life skills among participants. By incorporating relevant issues like social media pressures and risky behaviours, the initiative achieved key outcomes including:

1. Enhanced mental well-being attributes like confidence, resilience, and social skills
2. Increased ability to recognise mental health struggles and seek help when needed
3. Normalized peer discussions around mental health
4. Reduced involvement in behaviours that undermine wellness

REVIEW OF CHARITABLE ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023



Youth feedback showed they gained practical understanding of nurturing mental health despite everyday challenges. For instance, one young person limited social media use after recognising it as an unhealthy distraction.

Through tailored, engaging programming, this project successfully equipped 177 young people with knowledge and skills to support themselves and each other in maintaining mental wellness. We aim to continue delivering initiatives that provide relevant, impactful mental health promotion.

Holiday Activity Food (HAF)

This past year, our organisation provided engaging, growth-oriented programming for youth during school holidays. Our initiatives aimed to support participants' development through nutrition, activities, and an encouraging environment.

The main objectives of HAF were to ensure young people:

1. Eat healthily over the school holidays
2. Be active during the school holidays
3. Participate in engaging and enriching activities that support the development of resilience, character and well-being
4. Are safe and not socially isolated

Each day, youth received healthy, balanced meals and snacks to fuel their participation. Physical activities like sports and dance kept them active and modelled life-long fitness habits. Our trained staff facilitated sessions focused on building key life skills and self-reflection to foster a growth mindset.

By incorporating diverse hands-on experiences and group conversations, programming exposed youth to new perspectives. Our staff cultivated an inclusive, welcoming environment so all participants felt comfortable joining activities.

In total, we served over 692 youth last year through our holiday initiatives. Feedback showed parents and youth appreciated the opportunity to stay constructively engaged over the holidays. Participants formed new friendships and grew their confidence trying new activities.

Moving forward, we look forward to expanding our enriching holiday programming to support more youth in developing life skills, resilience, and healthy lifestyles. Our team remains committed to nurturing our young people all year-round.

Education & Employability

The Education & Employability (E&E) strand of our organisation provides a variety of courses and activities for adults aged 18 and older. Our goal is to support marginalised communities by tackling the obstacles they face through tailored programming. Over the past year, the E&E strand has offered programs to equip those needing skills for future jobs. This includes our Volunteering Academy and Multiply Programmes, as well as raising awareness and providing support around gambling addictions and the cost of living crisis. In the last year, we have aided over 2,825 participants across the 12 different projects within the E&E strand. This programming has been crucial for empowering these adults and setting them up for greater success.

The following are some of the projects included in the Education & Employability strand:

1. Multiply BWD
2. Multiply LCC
3. Conversation Club
4. Volunteering Academy
5. Energy Efficiency
6. Community Champions
7. Learn English
8. Employment Lab
9. Cooking 4 Health
10. Blood Pressure
11. Finance, Benefit and Debt Probation Programme
12. Solution

Multiply BWD & LCC

Multiply is a programme which is designed to support adults by embedding simple math skills and practical (functional) skills along with it. Participants had the opportunity to learn how maths can be applied with sewing and cooking.

This past year, our math enrichment programming for adult learners achieved the following outcomes:

1. Increased participation in non-qualification math courses. All participants enhanced practical math skills for everyday tasks like cooking, sewing, and measurements. This boosted confidence to continue developing numeracy abilities.
2. Improved understanding and application of math in daily life. Learners gained vital skills like using measurements, shapes, time, and temperature—building competency to utilise math regularly at home and work.
3. Progressed towards math qualifications. While no learners reached Level 2 this term, they are primed to advance by enrolling in the next session. The current course provided a strong foundation of basic numeracy and problem-solving abilities.
4. Reduced isolation through peer connections. Class solidarity and practice helped learners overcome math anxiety and build confidence.

By making the topic of maths engaging and demonstrating its relevance through practical activities, the courses increased adult numeracy, confidence, and ongoing learning for 166 participants. We look forward to supporting more adult learners in building essential, life-long math skills.

Solution

Our new Solution project is a support initiative targeting gambling addiction and financial hardship in underserved minority communities.

Through pop-up clinics in four high-need areas in Blackburn with Darwen, our bilingual advisor provided specialised 1:1 guidance to those suffering gambling harms and heightened financial stress. We are also looking to train 12 Community Ambassadors to deliver peer support and long-term impact.

Additionally, we raised awareness by conducting educational sessions at local schools, community centres, and places of worship. Multilingual outreach through ethnic media channels further spread information on risks, resources, and support.

In total, we assisted over 686 individuals through counselling, education, referrals, and community empowerment. Feedback showed our culturally-informed approach effectively built trust and met people's needs.

Moving forward, we are committed to sustaining this impactful program and exploring expansion to support more people out of gambling addiction, financial crisis, and isolation. Tackling these intersecting issues remains crucial to empowering minorities and restoring lives.

Health & Well-being

The Health & Well-being strand of our organisation provides programming for young people and adults centred on health and well-being issues. Our goal is to support the community by delivering sessions in various settings like community centres, places of worship and schools. These programmes are designed to raise awareness, provide support and build skills that increase confidence, resilience and empowerment among participants. In today's fast-paced, digital era, it is more crucial than ever that our community feels they have a support system and someone to talk to. The Health & Well-being strand strived to be that resource for over 3,495 people this year through our roster of workshops, counselling services, and educational initiatives. By promoting holistic well-being, we hope to uplift both individual lives and the strength of our entire community.

The following are some of the projects included in the Health & Well-being strand:

1. Women 4 Women
2. Diabetes Awareness
3. SPARK
4. Mental Health Champions
5. Changing Futures
6. Trust House Probation
7. Fibromyalgia Holistic Programme
8. ARAP
9. We are One

ARAP

Following on from our great work in 2022, we have continued to support Afghan families throughout 2023. The outcomes of the program are to meet the mental health and well-being needs of the Afghan refugees living at the bridging hotel, in particular the women and children; along with the integration, social and resettlement needs.

These needs have been met through the design of our bespoke programme, which works within IMO's 3 strands of Education & Employability, Health & Well-being and Community Development & Resilience, to empower, build confidence, increase self-esteem and develop skills. The activities are carefully planned to focus around addressing the anxiety, acute stress, trauma and PTSD which many of the individuals will be experiencing.

Working within the 5-ways to well-being and being sensitive/mindful to the culture, we are able to link the educational aspect to the practical learning required to transition in the UK and resettle successfully with the necessary tools required to adapt.

We have been able to provide 53 families and over 320 individuals with the tools and resources they need to rebuild their lives and resettle into their new environment. Guidance, advice, direction and motivation has helped them to work towards their long-term goals by focussing on the short-term, in the 'here and now'. All the adults on-site regularly attend the daily sessions and many have shown lower psychological distress since their arrival.

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Building awareness and facilitating the social integration, expectations & etiquettes has helped raise confidence in their resettlement journey and eased their stay at the hotel. IMO on-site positive impact has been recognised by the CEC and the Home Office. Our good practice has been observed and used as guidance for others to follow.

Diabetes Awareness

The Diabetes Awareness Project has empowered participants to support fellow community members who have struggled to gain confidence and assistance after being diagnosed with diabetes.

Through the program, women have been encouraged to prioritise their health, diet, and emotional well-being. The impact of achieving these goals has been enabling participants to focus on weight loss and exercise by making small, sustainable changes in their daily lives.

Participants have deeply engaged with the lessons and implemented positive dietary changes and some weight loss. Several have even formed a walking group for mutual support and accountability on a regular basis.

To accomplish these outcomes, IMO has collaborated closely with partner organisations like Minds Matter, NHS services, and the Wildlife Trust.

Working hand-in-hand has amplified the impact on participants and promoted stronger connections between the partner agencies. Together, we have been able to provide holistic support that empowered 360 women to take control of their health.

For example, one participant shared: *"There's so much to learn and know about diabetes, I am a carer for my mother in law who suffers with diabetes and she doesn't want to attend any groups. I found Sophia really kind and helpful, she has offered lots of support and advice that I can use to help my mother in law". This first-hand account highlights the wealth of knowledge gained through the program and how it equips participants to better care for loved ones as well.*

SPARK

The SPARK collaborative within Blackburn with Darwen aims to offer treatment and recovery services to those suffering with substance misuse.

Our Recovery Practitioners raised awareness and educated both adults and youth in the community about substance misuse - even seemingly small things like vapes and e-cigarettes - can make a huge impact.

Our practitioners have built strong ties and trust with children by leading sessions at local mosques. There, they advise and empower young people to avoid substances and manage peer pressure, helping them stay safe and healthy.

Giving young people strategies to handle tricky situations instils the confidence to say no, preventing them from starting down an unhealthy road of addiction.

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By collaborating with local agencies and authorities, we've raised greater awareness while forging stronger partnerships with services that provide practical and emotional support. Working together, we can guide community members away from substance misuse through education, early intervention, and access to care. The programme has engaged with a total of 2655 participants through one to one support, group activity engagements and local community awareness sessions.

Impact on our beneficiaries

In 2022, IMO took an important step to better understand and improve customer satisfaction by implementing standardised Customer Satisfaction Questionnaires. This initiative was enabled through a valuable partnership with the strategy team at Lloyds Bank.

Previously, with IMO's diverse array of projects, it was difficult to capture consistent feedback on the quality of service and impact on participant wellbeing. Early efforts involved tailored questionnaires for over 30 specific programs. However, through collaboration with Lloyds, IMO designed a unified questionnaire to gather feedback across all projects on key factors including:

1. Quality of service delivery
2. Staff professionalism and support
3. Participant improvements in skills, confidence, and employability
4. Overall satisfaction

This universal questionnaire was rolled out 9 months ago and has already provided invaluable insights. The results validate the high quality of IMO's staff and services, with participants reporting overwhelmingly positive experiences.

Standardised customer satisfaction tracking has addressed a key challenge for IMO. The questionnaire results equip us to continuously improve service delivery, demonstrate our impact to funders, and underscore our organisation's strengths. As we expand our programming, this will remain an essential tool for gathering participant feedback and ensuring excellence. Overall, the simplified satisfaction questionnaires have become an integral component of monitoring and maximising IMO's community impact.

Future Plans

New Hub

IMO is thrilled to announce plans to establish our own dedicated community Hub in Audley and Queens Park, Blackburn. This new space will allow IMO to significantly expand our activities and services to better serve local residents. The Audley Hub and Queens Park Hub will provide IMO with increased capacity to deliver a wider range of adult education, youth programs, social gatherings, and more. Central to our vision is creating welcoming spaces where people can drop in to connect with others in the community. The Audley Hub will feature meeting rooms for activities, a dedicated youth suite for engaging young people, and an open access area to facilitate intergenerational connections. Likewise, the Queens Park Hub will enable IMO to collaborate more closely with the children's centre to support families. Having our own hub will be a major milestone for increasing IMO's impact. We eagerly anticipate the day when our new centre is bustling with people of all ages learning, growing, and building a stronger community.

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New Strategy

This past year, IMO recognised the need to evolve our strategic approach to deepen impact within disadvantaged communities across East Lancashire. We developed a new strategy centred on thoroughly understanding the ecosystem of service providers, identifying barriers facing our beneficiaries, and designing targeted, community-led programs to drive change.

Strategic focal points include improving outcomes in health, education, social connection, and employability for underserved groups. To enable this refined strategy, IMO has established new organisational goals to guide our growth. These goals focus on expanding funding and community impact, strengthening our brand, supporting team development, and boosting organisational capacity.

Within the charitable sector, revisiting strategy is crucial to maintain relevance, particularly as community needs shift. IMO's updated strategic roadmap will ensure we make the greatest possible difference through clarity of purpose, priorities, and processes. We aim to create systemic change in close collaboration with partners and communities.

The new strategy lays the foundation for IMO to deliver our most transformative community impact yet. We are thrilled to pursue this renewed vision and further empower disadvantaged people across East Lancashire. Impactful strategies require regular re-evaluation, and IMO's evolved approach strongly positions us to increase our community benefit.

New programmes

Youth Employment Programme

We were excited to start a partnership with Impetus in 2023, with the aim of developing a transformational youth employment programme for young people in Blackburn. In 2024, we are aiming to pilot this programme, which will centre on mentoring, family engagement and exposure to practical experience, so young people can gain financial independence and become agents of change.

Ethnic Minority Probation Work

This will facilitate the reintegration of people on probation through evidence-based interventions such as addiction treatment, education, and community partnership.

Diabetes & Mental Health Programme

To address the interconnectedness of physical and mental health, our Diabetes & Mental Health Programme will take an innovative holistic approach to care. Supported by research from Diabetes UK, integrated treatment models improve outcomes and quality of life for those living with diabetes and emotional health challenges.

We eagerly anticipate the launch of these transformative initiatives in 2023 and their measurable impact on individual lives and the community.

IMO CHARITY

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF IMO CHARITY

I report on the accounts of the company for the year ended 31 March 2023.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Institute of Financial Accountants.

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ismail Mulla AFA
H&A Consultancy Services Ltd
Ground Floor Front
185 Audley Range
Blackburn
Lancashire
BB1 1TH

Dated: 19 December 2023

IMO CHARITY

STATEMENT OF FINANCIAL ACTIVITIES (Including Income & Expenditure Account) FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
INCOMING RESOURCES					
<i>Incoming resources from charitable activities</i>					
Audit and other education	2	457,496	508,298	965,794	828,145
Total incoming resources		<u>457,496</u>	<u>508,298</u>	<u>965,794</u>	<u>828,145</u>
RESOURCES EXPENDED					
<i>Charitable activities</i>					
Adult and other education	3	399,880	472,696	872,576	689,258
Total Resources expended		<u>399,880</u>	<u>472,696</u>	<u>872,576</u>	<u>689,258</u>
Net Income/(loss) for the year	5	57,616	35,602	93,218	138,887
Transfer between funds	6	3,671	(3,671)	-	-
Movement in funds		<u>61,287</u>	<u>31,932</u>	<u>93,218</u>	<u>138,887</u>
<i>Reconciliation of funds</i>					
Total funds brought forward		556,357	71,424	627,781	488,894
Total funds carried forward		<u>617,644</u>	<u>103,355</u>	<u>720,999</u>	<u>627,781</u>

There are no gains or losses other than those recognised in the Statement of Financial Activities.
All incoming resources and resources expended are derived from continuing activities

The notes on following pages form part of these accounts.

IMO CHARITY

BALANCE SHEET

AS AT 31 MARCH 2023

Company number: 07282497

	Note	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Current Assets					
Debtors	8	32,013	-	32,013	32,250
Cash at bank and in hand		604,997	103,355	708,352	596,787
		<u>637,010</u>	<u>103,355</u>	<u>740,365</u>	<u>629,037</u>
Creditors					
Amounts falling due within one year	9	<u>(19,367)</u>	<u>-</u>	<u>(19,367)</u>	<u>(1,257)</u>
Net Current Assets		<u>617,644</u>	<u>103,355</u>	<u>720,999</u>	<u>627,781</u>
Funds					
Restricted funds	6	-	103,355	103,355	71,424
Unrestricted funds	6	617,644	-	617,644	556,357
		<u>617,644</u>	<u>103,355</u>	<u>720,999</u>	<u>627,781</u>

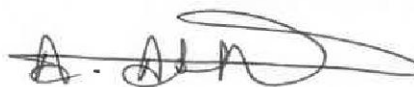
The financial statements were approved by the board of trustees on 19 December 2023 and signed on their behalf by:

Q-Khan

Dr Qamar Khan

Director

Afshan Akhtar



Director

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Principles of accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2011.

Grants Received

Grants, including grants for the purchase of fixed assets, are apportioned to the Statement of Financial Activities in the year to which they relate.

Incoming Resources

Donations and legacies and other forms of voluntary income are recognised in full on the Statement of Financial Activities when notification of entitlement is received and the amount receivable can be measured with sufficient reliability.

Resources expended

Resources expended are recognised in the period which they are incurred. Resources expended include attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs by the charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities.

- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accountancy fees and costs linked to the strategic management of the charity.

- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource.

Restricted funds

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund.

Unrestricted funds

Unrestricted funds are donations and other income received or generated for the objects of the Charity without further specified.

Cashflow statement

No cashflow statement is prepared for the current year as the Charity qualifies for the small entity exemption.

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
2 Incoming Resources				
Community Support	286,527	23,386	309,913	522,738
Education & Employability	42,000	339,916	381,916	140,377
Health & Wellbeing	128,969	144,996	273,965	165,030
	<u>457,496</u>	<u>508,298</u>	<u>965,794</u>	<u>828,145</u>
3 Resources Expended				
Course fees, consultancy costs and wages	241,351	416,660	658,010	469,362
Materials and equipment	67,032	32,029	99,061	148,162
Accountancy fees	720	-	720	500
Subscriptions	1,168	113	1,281	652
Marketing	24,475	3,322	27,796	16,443
Premises costs and venue hire	56,753	12,228	68,981	47,689
Printing, postage and stationery	666	818	1,484	576
Events, Travelling and catering costs	7,603	7,518	15,121	5,843
Sundries	113	8	121	30
Total Costs	<u>399,880</u>	<u>472,696</u>	<u>872,576</u>	<u>689,258</u>

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

4 Taxation on surplus ordinary activities

As the company is a registered charity no provision has been made for taxation.

5 Net income for the year

is stated after charging rent of £23,646 (2022 - £5,837)

6 Transfer between funds and fund balances

	Funds As at 1 April 2022 £	Income £	Expenditure	Transfers	Funds As at 31 March 2023 £
Unrestricted Funds:					
General Fund	165,357	136,636	136,856	72,226	237,363
Designated Funds	391,000	320,860	263,024	(68,555)	380,281
	<u>556,357</u>	<u>457,496</u>	<u>399,880</u>	<u>3,671</u>	<u>617,644</u>
Restricted Funds:					
Garfield	1,350	-	-	(1,350)	-
WEA - Move On	(14,284)	14,216	-	78	(0)
CAF Learn English	17,236	1,299	10,537	-	7,998
CAF Women 4 Women	17,231	1,299	21,398	-	(2,868)
CAF Young Minds	17,231	1,299	8,243	-	10,287
Invest in Youth	(3,367)	13,205	9,205	(633)	1
Cooking for Health	15,545	-	5,386	-	10,159
Trusthouse	8,708	32,500	40,866	(342)	-
Wheelely Good - Bikeability	11,784	8,644	19,975	(453)	-
BeGambleAware - Solution	-	44,881	45,495	-	(614)
Climate Change Socia Action - BBCIN	-	4,800	89	-	4,711
Islamic Relief SEND	-	23,386	-	-	23,386
Employment Impetus	-	30,000	-	-	30,000
Energy Redress	-	71,283	70,427	(855)	-
Finance, Benefit & Debt	-	86,089	87,115	-	(1,026)
Multiply BwD	-	11,074	15,656	-	(4,582)
Multiply LCC	-	24,151	18,557	-	5,594
Refresh- Targeted Physical activity program	-	16,380	16,265	(115)	0
Substance Abuse (SPARK)	-	73,791	72,809	-	982
Volunteering college	-	50,000	30,672	-	19,328
	<u>71,424</u>	<u>508,297</u>	<u>472,696</u>	<u>(3,671)</u>	<u>103,355</u>

7 Employees

Average number of employees during the period

2023	2022
26	18

8 Debtors

	2023 £	2022 £
Blackburn with Darwen BC (unrestricted)	6,550	24,750
UCLAN (unrestricted)	-	5,600
Calico Group (restricted)	12,298	-
Wise Group (restricted)	13,165	-
Other Debtors - Staff advance	-	1,900
	<u>32,013</u>	<u>32,250</u>

9 Creditors: Amounts falling due within one year

	2023 £	2022 £
Accruals	720	500
Payroll related	2,557	1,264
Trade Creditors	(605)	(507)
Advanced funds	16,695	-
	<u>19,367</u>	<u>1,257</u>

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

10 Guarantees

Every member of the Company undertakes to contribute to the assets of the Company in the event of the same being wound up during the time they are a member, or within one year afterwards, for the payments of the debts and liabilities of the Company contracted before the time at which they cease to be a member and the costs, charges and expenses of winding up the same, and for the adjustments of the rights of the contributions among themselves such amount as may be required not exceeding ten pounds.

11 Trustees' Remuneration and Related Party Transactions

The Trustees received no remuneration or reimbursement of expenses during the year and there were no other related party transactions.

12 Trustees' Remuneration and Related Party Transactions

There is no ultimate controlling party.

