



One to One (Enfield)

(A Company limited by guarantee)

Report and Financial Statements

Year ending 31 March 2023

Charity number 1061507

Company number: 3324923 (England & Wales)



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Organisational Information

Charity number: 1061507
Company number: 3324923
Registered Office: 2 Farm Road, London, N21 3JA
Bankers: Barclays - Lower Edmonton Branch East London Group, PO Box2403, London N18 2BY

Board of Trustees

Chair: Paul Lehrian

Trustees and Directors: Richard Armstrong
Louise Collins (Resigned 30 November 2022)
Victor Chanaryn
Elizabeth Johnstone Taoushanis
Raymond Godfrey Luke (Resigned 21 June 2022)
Faye Medcalf
Patricia Ekech

Treasurer: Micheal Alan Wells

Company Secretary: Andrew Harrington (appointed 1 December 2022)
Lesley Walls (Resigned 30 November 2022)

Key Management Personnel:

Joint Chief Executive Officers: Fiona Jackson
Andrew Harrington

One to One (Enfield) Report of the Trustees for the Year Ending 31 March 2023

Trustees Report

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)

Objectives and Activities

The charity's objects, desired outcomes and related activities are:

Objective 1

To assist and relieve people with learning difficulties living in Enfield (in the interests of social welfare) to become active members of the community.

Objective 2

To educate the public as to the difficulties encountered by people with learning difficulties and the advantages of integrating such people into the general community.

Community Projects April 2022 – March 2023

Our community projects in the year 2022 – 2023 were developed to ensure delivery of the above objectives and we are grateful to

- The Big Lottery
- Lloyds Foundation
- People's Health Trust
- London Borough of Enfield
- North Central London Health
- City Bridge
- Enfield Voluntary Action

In addition, our small army of volunteers and committed staff have ensured that all projects have delivered successfully at a time of great change within the charity.

Support People to Speak Out - Funded by the Big Lottery Community Fund

We hosted the Enfield Learning Difficulties and Autism Council. These are elected representatives speaking up on behalf of their peers and work with the council on matters related to disability awareness training, transport, housing, and care.

This project is funded by a grant from the National Lottery Community Fund.

The LDAC met monthly and by the end of March 2023 were able to meet in person. Councilors continued their representation on local and London wide meetings. For example, Transport for London, Learning Disability Partnership Board, Hate Crime, and Safeguarding. Councilors in addition were being represented on the London Ambulance Service group.

Support People to be More Independent - Funded by Lloyds Foundation

The aims of this project were:

- Peer support to increase confidence in beneficiaries' ability to take control of their lives.
- Outreach and support to people who live with family carers helping them move to independent living.
- Beneficiaries gain accredited qualifications designed to help them to live longer, make informed choices and move towards more independent lifestyles and support one another.

Within this project we ran monthly independent living peer support groups with the aim of keeping people safe and independent.

We have worked with a range of partner organisations included the Enfield Integrated Learning Disability Service, Enfield Disability Advice. Carers Centre, Enfield Connections. Our work has empowered our members to have their voice and concerns raised.

Support People to Get Out and About - Funded by City Bridge Trust

Our Community Inclusion work is made up of a variety of projects all with the aim of ensuring that our members can be actively involved in community life. The City Bridge Trust project Let's Get Out and About is all about inclusion in arts and culture, digital empowerment and development of communication and branding of the charity. The project is led by a steering group comprising of 12 members.

Activities within this contract included:

- Weekly Choir
- Quiz nights / Pub catch ups.
- A Christmas party.
- Weekly Chat and Relax Group
- Trips
- Digital Empowerment individual and group sessions
- Delivery of a newsletter



Let's Make Enfield Autism Friendly and Develop a Peer Support Hub - Funded by NCL and LBE

The funding to deliver a peer support hub changed in January 2023. The previous joint funded model ceased in December 2022, and we found ourselves in a situation whereby we the LBE continued their funding, however it was not match funded by NCL.

Our model therefore changed to a greater emphasis on group peer support after an initial individual session for all autistic adults that were referred to the hub.

The new contract started in November 2022 to deliver peer support and to offer social opportunities and support for autistic adults in the Borough.

The aim was to bring together Autistic people , carers, service providers and health & social welfare professionals to work together to help Enfield to become Autism Friendly.

During summer 2022 we ran an extremely successful conference online with the theme of gender and diversity within our autistic community.

In addition, we provided training to GPs and social care staff.

Health and Well Being - Funded by EVA

We delivered a hybrid programme model through to March 2023.

This programme was designed to reduce health inequalities and improve both physical and mental health.

Money Matters - Funded by EVA

We delivered a series of sessions in order to enable our members to be able to budget more effectively and reduce the likelihood of debt.

Let's Get Involved/ Lets be In the know - Funded by Peoples Health Trust

The project started in April 2021 and funding was for 2 years. Hence funding for this project ended in March 2023

Over the 2 years the project funded

Weekly Meetings for Chat and Relax in order to ensure that members kept connected and could provide peer support to one another

A WhatsApp Groups to aid communication that included 56 members.

Monthly meetings with guest speakers, exercise sessions to improve health and well being, particularly Zumba and exercise to music, death café sessions which moved to ' That's my life ' sessions .



Structure, Governance and Management

Keep One-to-One Open and Well Run

Leadership, Governance, Risk Management, Safeguarding and ensuring that we keep to our charitable aims. We have a strong Board and good plans.

Trustee Board

We reviewed our Board in 2022, supported by funding from Lloyds Foundation. This has led us to commence a new structure of Governance. We have Board that has places for 12 Directors/Trustees, these are voted for at our annual general meetings. We aim for 60% of the Board to have lived experience.

Our Board is supported by our staff and volunteers to consult with our members and make sure that we are doing what our members want and need us to do.

The Board signs off the annual plan and instructs our Chief Executive to find funds to do the work.

Membership Voice

We will commence in 2023 setting up a new committee that reports to the Board. This committee will have members as representatives who will work on developing the annual plan and review / support existing project delivery. Our Chair will led this committee with the support of the general manager.

Legal Obligations

Andrew Harrington is our Company Secretary. He ensures Companies House and Charity Commission Returns are up to date.

The Board is updated and discuss any issues that are affected by laws e.g., Employment Law, Health & Safety etc.

Managing Risk and Adult Safeguarding

The Board recognises that the organisation faces a range of risks. There are risks to individuals, for example, service users, volunteer members, the public and our staff; and there are risks to our organisation.

Laura Lucas joined the Board as a safeguarding advisor in 2023, replacing Raymond Luke who stepped down from being a Trustee leading on Safeguarding and Risk Management. Fiona Jackson, CEO, oversees all operational safeguarding.

Reserves Policy

The Directors have agreed a reserves policy, and this includes setting a level of Designated Fund, which is reviewed annually. Our aim was for Unrestricted Funds to have a minimum of three months and a maximum of five months at any one time. This was achieved throughout the year.



Volunteers

We thank all our volunteers for their commitment and support. Volunteers are recruited from our community, our membership, and by open advertising to the wider public.

We provide support and supervision to all volunteers to help them achieve their volunteering goals.

We work with the Local Authority to promote and support the Volunteers Recognition scheme.

Staffing

We employ a small team to run the office, support members in their events, and engage in activities.



Statement of Trustees Responsibilities and Corporate Governance

The charity trustees (who are also the directors of One to One (Enfield) for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.
-

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statement may differ from legislation in other jurisdictions.

Statement as to the disclosure to our auditors

In so far as the trustees are aware at the time of approving our trustees' annual report:

- there is no relevant information, being information needed by the auditor in connection with preparing their report, of which the charity's auditor is unaware, and
- the trustees, having made enquiries of fellow directors and the charity's auditor that they ought to have individually taken, have each taken all steps that he/she is obliged to take as a director in order to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

By order of the Board of Trustees

.....
Michael Alan Wells (Treasurer)

.....
Date

Independent Examiner's Report to the Trustees of One to One (Enfield)

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023

Responsibilities and Basis of Report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act ; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Maya Kemp
Keepabook Ltd
40 Cicero Crescent
Fairfields
Milton Keynes
MK11 4AU

16th December 2023

One to One (Enfield) Statement of Financial Activities for the Year Ending 31 March 2023

		Unrestricted Funds	Restricted Funds	Designated Funds	Total Funds 2023	Total Funds 2022
	Note	£	£	£	£	£
Income And Endowments						
From:						
Donations and Legacies	2	5,147	-	-	5,147	8,422
Charitable Activities	3	-	208,930	-	208,930	181,736
Other Trading Activities		-	-	-	-	-
Investments	4	192	-	-	192	30
Other		7,956	-	-	7,956	-
Total Income		13,295	208,930	-	222,225	190,188
Expenditure On:						
Charitable Activities	5	56,923	210,119	-	266,412	175,331
Other		-	-	-	-	650
Total Expenditure		56,923	210,119	-	266,412	175,981
Net Income/(Expenditure)		(42,998)	(1,189)	-	(44,187)	14,207
Net Movement in Funds		(42,998)	(1,189)	-	(44,187)	14,207
Reconciliation of Funds:						
Total Funds Brought Forward		65,516	96,370	37	161,923	147,716
Total Funds Carried Forward		22,518	95,181	37	117,736	161,923

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure amounts above relate to continuing activities.

The notes on pages 13-18 form part of these financial statements.

One to One (Enfield) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Current Assets:			
Debtors	7	-	10,688
Cash at Bank and in Hand		137,796	154,056
Total Current Assets		137,796	164,744
Liabilities:			
Creditors: Amounts Falling Due Within One Year	8	(20,060)	(2,821)
Net Current Assets		117,736	161,923
Total Net Assets or Liabilities		117,736	161,923
The Funds of the Charity:			
Restricted Income Funds	9	95,181	96,370
Unrestricted Funds	9	22,518	65,516
Designated Funds		37	37
Total Charity Funds		117,736	161,923

The Trustees have prepared these accounts in accordance with section 398 of the Companies Act 2006 and section 138 of the Charities Act 2011. These accounts are prepared in accordance with the special provision of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 13-18 form part of these financial statements.

.....

Michael Alan Wells

Treasurer

.....

Fiona Jackson

CEO on behalf of the Trustees

Approved by on.....

Notes to the Accounts

1. Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 issued in February 2016, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

One to One (Enfield) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Preparation of the Accounts on a Going Concern Basis

One to One (Enfield) has reported a deficit of £(44,187) for the year. The trustees are of the view that the immediate future of the Trust for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The trustees remain in regular contact with the local authority and other funders to secure their on-going support.

Income Recognition

Income is recognised when the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service is deferred until the criteria for income recognition are met.

Donated Services and Facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised for more information about their contribution refer to the Trustees' annual report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to

obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest Receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the Trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Charity's work or for specific projects being undertaken by the Charity.

Expenditure and Irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- Costs of raising funds comprise all costs attributed to the fundraising activities undertaken, including support costs.
- Expenditure on charitable activities includes the costs information and support events and other educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible Fixed Assets

Tangible fixed assets are recorded at cost, including incidental costs of acquiring the asset.

Depreciation is provided so as to write off the cost of the fixed asset, less its estimated residual value, over their expected useful lives.

All assets costing more than £500 are capitalised.

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent for 5% of employees' gross salary. These are charged in the SOFA as incurred.

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2. Income from Donations and Legacies

Income from donations and legacies was £5,147 (2022: £8,422) all of which was unrestricted.

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Grants				
Jack Petchey Achievers	-	-	-	500
Access to Work	-	-	-	3,813
HMRC Covid Retention Scheme	-	-	-	1,557
Arnold Clark	-	-	-	1000
Donations	5,147	-	5,147	1,552
Total	5,147	-	5,147	8,422

3. Income from Charitable Activities

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Grants				
Big Lottery Fund	-	43,285	43,285	45,414
Enfield Voluntary Action	-	7,000	7,000	12,000
Lloyds Bank Foundation	-	34,700	34,700	32,533
People's Health Trust	-	22,814	22,814	20,914
City Bridge Trust	-	29,881	29,881	37,500
LB Enfield – Autism Contract	-	71,250	71,250	33,375
Total	-	208,930	208,930	181,736

In 2022 all income was restricted.

4. Income from Investments

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Bank Interest Receivable	192	-	192	30
Total	192	-	192	30

In 2022 £30 was unrestricted income.

5. Analysis of Expenditure on Charitable Activities

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Charitable Activities	54,493	210,119	264,612	173,063
Governance Costs	1,800	-	1,800	2,268
Total	56,923	210,119	266,412	175,331

6. Governance Costs

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Independent Examination	1,800	-	1,800	2,268
Total	1,800	-	1,800	2,268

7. Other Expenditure

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Grant Returned	-	-	-	500
Companies House Penalty	-	-	-	150
Total	-	-	-	650

8. Trustee Expenses

Trustee expenses totalled £330 for 2023 (2022: nil)

9. Debtors

	2023	2022
	£	£
Trade Debtors	-	10,688
	-	10,688

10. Creditors: Amounts Falling Due Within One Year

	2023	2022
	£	£
Trade Creditors	9,840	-
Other Creditors	5,740	142
Accruals	2,680	2,679
	18,260	2,821

11. Analysis of Net Assets Between Funds

	2023 Unrestricted Funds	2023 Restricted Funds	2023 Designated Funds	2023 Total Funds
	£	£		£
Current Assets	25,198	110,761	37	135,996
Current Liabilities	(2,680)	(15,580)		(18,260)
Total	22,518	95,181	37	117,736

	2022 Unrestricted Funds	2022 Restricted Funds	2022 Designated Funds	2022 Total Funds
	£	£		£
Current Assets	68,337	96,370	37	164,744
Current Liabilities	(2,821)	-		(2,821)
Total	65,516	96,370	37	161,923

12. Related Parties

One to One (Enfield) is a user led organisation and the majority of the Management Committee are users of the service. The User Directors act in accordance with the Charity Commissions guidelines for user led organisations and receive no preferential treatment in terms of receipt of services.

13. Lease Commitments

On 1 February 2023 One to One (Enfield) signed a lease on offices at 2 Farm Road, Winchmore Hill. Total rentals payable under operating leases:

	Land and Buildings	2023 Total	2022 Total
	£	£	£
Payable During the Year	12,252	12,252	-
Future Minimum Lease Payments Due			
Not Later Than 1 Year			
Later Than 1 Year and Not Later Than 5 Years			5,160
Total Payments	12,252	12,252	5,160

14. Contingent Liabilities

The charity operates a stakeholder pension scheme making contributions into the personal pension schemes of staff members. One such scheme has a deficit of £37 as at 30 September 2019 which would crystallise if the organisation withdraws from the scheme