REGISTERED COMPANY NUMBER: 04596198 (England and Wales) REGISTERED CHARITY NUMBER: 1128643

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2023

for

Dance Blast

Golden Valley Accountancy Limited Unit 4 Westwood Industrial Estate Pontrilas Herefordshire HR2 0EL Contents of the Financial Statements for the Year Ended 31 March 2023

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Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives

To advance education for the public benefit by the promotion and teaching of the arts, in particular but not exclusively the art of dance.

To provide and assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age or economic or social circumstances or for the public at large with the object of improving their conditions of life.

OBJECTIVES AND ACTIVITIES

Activities

In planning our activities for the year we kept in mind the Charity Commission guidance on public benefit at our trustee meetings.

The main objectives and activities for the year continued to focus on providing opportunities in the community for people of all ages and abilities to experience and participate in arts activities, predominately dance activities. The strategies employed to assist the charity to meet these objectives included the following:

Regular Classes:

Dance Blast provided the following range of regular activities at The Dance Centre in Abergavenny and in outreach sessions in Chepstow and Monmouth for all ages and abilities.

11 weekly open access dance classes for children from 3yrs to 18. Creative and Street Dance.

3 weekly dance classes for disabled young people aged 5 plus and 13 plus.

6 weekly Aerial classes for young people 8 yrs plus

9 weekly Dance and Fitness classes for Adult: Street Dance, Zumba, Dance Fit, Floorwork, Yoga & Ballroom.

1 Aerial class for adults

A weekly Tea Dance for older disabled adults and those living with Dementia

4 weekly dance classes for disabled adults

An average of 300 participants per week took part in these open access weekly sessions

In addition to these regular classes our dancers enjoyed additional workshops provided and funded by Northern School of Contemporary Dance & Richard Chappell Dance Company

Holiday classes:

Dance Blast provided 2 weeks of Holiday activities in Dance and Aerial Circus in the Summer of 2022

Accessibility & Inclusion:

Disability Access: We continue to provide dance and aerial circus sessions in our programme that are particularly suitable for disabled participants with additional support in the room.

We endeavour to provide adequate support for any participants with additional needs to join in our open access classes. In particular by using adult volunteers and our more experienced youth dancers in supporting roles.

We continue to offer a Zoom option on 3 of our danceability classes for participants who are unable to come into the studio.

Older participants: Dance Blast provides fitness classes particularly suitable for active older adults as well as a weekly class for older disabled adults and people living with Dementia. We work in partnership with 4 individual care homes in the area who transport dancers to The Dance Centre for classes. During 2022/23 Dance Blast provided a Floorwork class particularly aimed at older people as a fun activity to promote fitness but also to help prevent future falls amongst participants.

Boys Dance: In the Autumn of 2022, recognising how difficult it can be for a young man to join a class of predominately young women dancers, Dance Blast reintroduced a 'Boys only' dance class to our timetable. This class is led by male dancers to inspire boys to dance.

OBJECTIVES AND ACTIVITIES

Performance Companies:

MYDC: As with other organisations in our field, we have yet to recover fully from the effects COVID has had on our participant numbers. In 2022/2023 Monmouthshire Youth Dance Company consisted of one class of 12 young people aged between 10 and 13 yrs. Due to the young age of our dancers, MYDC has no dancers training with National Dance Company of Wales Associates this year. MYDC supports and nurtures young, talented dancers in the Monmouthshire area. It provides opportunities for young dancers with an interest in contemporary dance to develop key dance and performance skills through weekly sessions, master classes and performance possibilities. MYDC continues to work with Kim Noble as their regular choreographer.

MCDC: MCDC is well established now as the sister company to MYDC. MCDC meets regularly at our Abergavenny base with 12 regular participants. Our 3 Chepstow based members join us in Abergavenny for special projects when the cost of transport is available. Sarah Rogers, Artistic Director, Ransack Dance company joined us as our MCDC choreographer in the Autumn of 2022.

MYCC: In the Autumn of 2022, Dance Blast launched Monmouthshire Youth Circus Company. A performance company for our most experienced young aerialists aged 11 plus to build their confidence and learn the skills required to create good quality contemporary circus. This new company performed their first piece 'Otter' using Aerial skills, movement and text at the Dance Centre in February 2023 for a sharing of the 3 companies' current work.

Circus City: Members of MYCC were fortunate to take part in the Circus City residential youth weekend in Swansea, January 2023. This involved staying on site in a circus setting with other youth circus groups from across Wales, while enjoying a range of circus workshops from circus professionals in a variety of disciplines. The company performed excerpts of 'Otter' in a full-sized circus tent.

Re-Ignite project: Dance Blast was fortunate to receive further funding from the Arts Council of Wales for a yearlong project. We returned to CultVR in June 2023 for a performance by MYDC and MCDC. Both companies enjoyed working together to create 'Crash Landing' with Gary & Pel Dance Theatre company, a combination of Dance Theatre and film. In addition to this MYDC performed 'All Aboard' choreographed by the company with Kim Nobel and commissioned Faye Stoeser to choreograph 'Timekeeper'. MCDC commissioned Elle Lewis to choreograph 'Clearings'. This was the first time MCDC has worked with a dance practitioner who indentifies as a disabled artist.

As in previous years, the participants in this project were directly involved in the selection process for the commissioned artists from shortlisting to audition and final selection.

This grant also included funds to launch and develop our new circus company MYCC.

Other performance opportunities:

All Dance and Aerial Classes across the timetable were given the opportunity to perform to family and friends in informal, Christmas showings at The Dance Centre and in outreach venues.

As was the case last year, The Borough Theatre was unavailable for Dance Blast's Summer Showcase. Investigations were made into other Theatres further afield. These were either not suitably accessible for our disabled dancers or not cost effective. As a result, several performances of mixed Aerial and Dance were shown at The Dance Centre over the last two weeks of the Summer term.

Future is Us project:

OBJECTIVES AND ACTIVITIES

Dance Blast worked in partnership with The Borough Theatre and Melville Centre for the Arts to deliver 'The Future is Us-A seat at The Table' project funded by The UK Government Community Renewal Fund. This project was devised to enable the young people of Abergavenny to have their say using a variety of artforms, including dance. It culminated in an outdoor performance in Linda Vista gardens.

Abergavenny Arts festival:

MYDC performed 'Timekeeper' at The Melville Centre for the Arts for Abergavenny Arts festival.

Events

Dance Blast used the ACW Night Out Scheme to host The Little Prince by Protein Theatre Company in March 2023.

FINANCIAL REVIEW

Principal funding sources

As expected, Dance Blast received a further cut in funding for our main funder Monmouthshire County Council.

We again received project funding form Arts Council of Wales for our youth and disability programmes, through the Re-ignite project.

2 new weekly hires of the building have increased our regular annual income by £2000 pa

Further smaller grants were secured from Tesco, Waitrose and Magic grants to support our disability programme and holiday projects.

Dance Blast received funding for the UK Government Community Renewal fund for its role in The Future is Us Project.

Adding these additional funds to our income from regular participants and hires, Dance Blast is therefore in a sustainable position for the coming year.

Reserves policy

Dance Blast had no formal reserve policy in the year 2022-2023. However, a new reserve policy was agreed in July 2023 committing to build and maintain a reserve amounting to 3 months of core costs.

Report of the Trustees for the Year Ended 31 March 2023

FUTURE PLANS

Regular classes: The continued delivery of a wide range of open access dance classes The continues delivery of open access Aerial Circus

Greenman Festival: Dance Blast was commissioned by Greenman Trust to produce the evening show for the Back of Beyond Stage at Greenman Festival in August 2023. The project was timetabled to start in April 2023 and will involve both MYDC & MYCC performing alongside students from Circomedia and professional artists. It will be co-directed by Kim Noble and Elle Kate.

Danceability development: To continue to develop the organisation's Disability Dance programme. Including working in partnership with 'Sparkle' to provide dance for disabled young people in their youth club

Older People: To continue Dance Blast's provision for older people and develop outreach to local care homes to engage those older people who are unable to travel.

To raise funds for and deliver a youth and disability development commissioning project that includes our new youth circus company for the first time.

To secure a stable funding base.

To seek performances opportunities for MCDC and MYDC.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee incorporated on 20th November 2002 and registered as charity on 18 March 2009. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles, are known as members of the management board. Under the requirements of the Memorandum and Articles of Association people with relevant knowledge, expertise and interest in the company are invited to become member of the management board.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Board: Dance Blast's management board consists of four voting members and a non-voting secretary. The board meets quarterly and is responsible for the strategic direction and policies of the charity. New board members are issued with an induction pack which includes:

- Articles of Association
- Responsibilities of trustees
- Latest statutory accounts
- Latest annual report
- Information on recent projects
- Most recent quarterly report

- Welcome letter (which includes frequency of meetings details)

Board members are encouraged to attend Dance Blast activities to see the work in action.

The board is responsible for ensuring that the company director continues to develop their skills and working practices in line with good practice.

Induction and training of new trustees

Staff: Dance Blast has 3 salaried members of staff. A full-time Company Director, part time Artistic Director and part-time cleaner.

The Company Director is responsible for:-

- Ensuring that the charity delivers the services specified
- Ensuring that the financial requirements are met
- The Artistic Director is responsible for:-
- Ensuring that the strategic direction of the organisation is carried out
- The Artistic Direction of the organisation

Danceblast recruits Freelance artists to deliver our programme of activities

Volunteers: We currently have: 13 volunteers. 10 young people and 3 adults. Volunteering an average of of 20 hrs per week.

Related parties

In so far as is complimentary to the charity's objectives, the charity is guided by both local and national policy. The company works in partnership with many local organisations and charities with similar objectives.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 04596198 (England and Wales)

Registered Charity number 1128643

Registered office

The Dance Centre Pen Y Pound Abergavenny Monmouthshire NP7 5UD

Dance Blast

Report of the Trustees for the Year Ended 31 March 2023

Trustees

C A Brown S Caswell S Weston Ms M Thorne

Company Secretary Ms S Carlson

Independent Examiner

Golden Valley Accountancy Limited Unit 4 Westwood Industrial Estate Pontrilas Herefordshire HR2 0EL

Approved by order of the board of trustees on 22 December 2023 and signed on its behalf by:

S Weston - Trustee

Independent examiner's report to the trustees of Dance Blast ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Golden Valley Accountancy Limited

Golden Valley Accountancy Limited Unit 4 Westwood Industrial Estate Pontrilas Herefordshire HR2 0EL

22 December 2023

Dance Blast

<u>Statement of Financial Activities</u> for the Year Ended 31 March 2023

Notes INCOME AND ENDOWMENTS FROM Donations and classes	Unrestricted fund £ 69,013	Restricted fund £	31.3.23 Total funds £ 69,013	31.3.22 Total funds £ 41,568
Charitable activities Dance Activities Grants	- 25,520	47,020	47,020 25,520	45,539 32,904
Total	94,533	47,020	141,553	120,011
EXPENDITURE ON Charitable activities Dance Activities Other Other	80,421 13,561 53	38,097	118,518 13,561 53	70,911 42,685 62
Total	94,035		132,132	113,658
Total				
NET INCOME	498	8,923	9,421	6,353
RECONCILIATION OF FUNDS Total funds brought forward	(27,269)	58,273	31,004	24,651
TOTAL FUNDS CARRIED FORWARD	(26,771)	67,196	40,425	31,004

Balance Sheet 31 March 2023

FIXED ASSETS	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
Tangible assets	6	300	-	300	353
CURRENT ASSETS Debtors Cash in hand	7	(1,841)	67,196	65,355	2,432 55,589
		(1,841)	67,196	65,355	58,021
CREDITORS Amounts falling due within one year NET CURRENT ASSETS/(LIABILITIE	8 E S)	(25,230) (27,071)	67,196	(25,230) 40,125	(27,370) 30,651
TOTAL ASSETS LESS CURRENT LIABILITIES		(26,771)	67,196	40,425	31,004
NET ASSETS		(26,771)	67,196	40,425	31,004
FUNDS Unrestricted funds Restricted funds	9			(26,771) 67,196	(27,269) 58,273
TOTAL FUNDS				40,425	31,004

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Dance Blast

Balance Sheet - continued 31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22 December 2023 and were signed on its behalf by:

S Weston - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23 f	31.3.22 £
Depreciation - owned assets	53	62

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Trustees	4	4
Employees	3	1
	7	5

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and classes	41,568	-	41,568
Charitable activities Dance Activities	-	45,539	45,539
Grants	32,904	-	32,904
Total	74,472	45,539	120,011
EXPENDITURE ON Charitable activities Dance Activities	70,911	-	70,911
Other	13,406	29,279	42,685
Other	62	-	62

continued...

5.	COMPARATIVES FOR THE STATE	MENT OF FINAN	CIAL ACTIVI	TIES - contin	ued
			Unrestricted fund £	Restricted fund £	Total funds £
	Total		84,379	29,279	113,658
	NET INCOME/(EXPENDITURE)		(9,907)	16,260	6,353
	RECONCILIATION OF FUNDS Total funds brought forward		(17,362)	42,013	24,651
	TOTAL FUNDS CARRIED FORWARD		(27,269)	58,273	31,004
6.	TANGIBLE FIXED ASSETS				
		Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
	COST				
	At 1 April 2022 and 31 March 2023	31,666	80	3,623	35,369
	DEPRECIATION At 1 April 2022 Charge for year	31,666 -	64 2	3,286 51	35,016 53
	At 31 March 2023	31,666	66	3,337	35,069
	NET BOOK VALUE				
	At 31 March 2023	-	14	286	300
	At 31 March 2022	-	16	337	353

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR 31.3.23 31.3.22 £ £ Prepayments and accrued income 2,432 -____ ____ _____ 8. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR** 31.3.23 31.3.22 £ £ Trade creditors 6,380 Accruals and deferred income 25,230 20,990 25,230 27,370 ____

9. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds General fund	(27,269)	498	(26,771)
Restricted funds General Fund	58,273	8,923	67,196
TOTAL FUNDS	31,004	9,421	40,425

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	94,533	(94,035)	498
Restricted funds General Fund	47,020	(38,097)	8,923
TOTAL FUNDS	141,553	(132,132)	9,421

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds General fund	(17,362)	(9,907)	(27,269)
Restricted funds General Fund	42,013	16,260	58,273
TOTAL FUNDS	24,651	6,353	31,004

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	74,472	(84,379)	(9,907)
Restricted funds General Fund	45,539	(29,279)	16,260
TOTAL FUNDS	120,011	(113,658)	6,353

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds General fund	(17,362)	(9,409)	(26,771)
Restricted funds General Fund	42,013	25,183	67,196
TOTAL FUNDS	24,651	15,774	40,425

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	169,005	(178,414)	(9,409)
Restricted funds General Fund	92,559	(67,376)	25,183
TOTAL FUNDS	261,564	(245,790)	15,774

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Dance Blast

Detailed Statement of Financial Activities for the Year Ended 31 March 2023	31.3.23	31.3.22
	£	£
INCOME AND ENDOWMENTS		
Donations and classes		
Donations Admissions	1,901 67,112	34 41,534
	69,013	41,568
Charitable activities		
Grants	72,540	78,443
Total incoming resources	141,553	120,011
EXPENDITURE		
Charitable activities		
Wages	48,976	42,161
Social security Rates and water	1,500	970 4 975
Insurance	5,155 3,092	4,275 2,756
Telephone	2,869	650
Postage and stationery	339	890
Advertising	-	379
Sundries	3,703	3,851
Exceptional items	24,184	29,279
	89,818	85,211
Other		
Depreciation of tangible fixed assets	53	62
Support costs Management		
Wages	35,250	19,295
Rates and water	200	400
	35,450	19,695
Finance Bank charges	(36)	3
Information technology Repairs and renewals	1,828	7,697

This page does not form part of the statutory financial statements

Detailed Statement of Financial Activities		
for the Year Ended 31 March 2023		
	31.3.23 £	31.3.22 £
Information technology		
Other		
Sundries	3,789	-
Governance costs		
Accountancy and legal fees	1,230	990
Total resources expended	122 122	112 650
Total resources expended	132,132	113,658
Net income	9,421	6,353

This page does not form part of the statutory financial statements